

The Danish Swimming Federation is pleased to invite you to take part in

The Nordic Age Group Championships 2012

- Date and place:** The championships will take place from July 7th to July 8th in Copenhagen, Denmark.
- Venue:** Bellaahøj Svømmestadion <http://kubik.kk.dk/bellaahojbad>
indoor pool 8 x 50 m. Omega electronic timekeeping.
- The address of the swimming pool is: Bellaahøjvej 1-3, 2700 Brønshøj
- Age groups:** **Girls 13-14 years (-98, -99) / Boys 15-16 years (-96, -97)**
- Invited Nations:** Sweden, Finland, Norway, Iceland, Faroe Islands, Estonia and Denmark.
- The competition**
- Session 1: Saturday July 7th at 10.00
Session 2: Saturday July 7th at 16.00
Session 3: Sunday July 8th at 10.00
- Warm-up starts 1.5 hour before the start of each session.
Each nation may enter 2 swimmers in each individual event and one team in relay events. It is possible to train in the competition pool on Friday 6th of July from 15.00-20.00
- Technical meeting:** The technical meeting will be held at the swimming pool on Friday 6th at 17.00.
Changes to entries can be made until one hour before each session.
- Entries:** Attached you will find the preliminary and final entry forms.
- Please return your entries to the Danish Swimming Federation, 3520 Farum. Fax: +45 4439 4460 or email: mak@svoem.dk.
- | | |
|--|--|
| Preliminary entry/booking | April 16th |
| Reservation payment 50% | April 23rd (invoice) |
| Final entry/booking/entry by name | June 6th |
| Final payment | June 14th (invoice) |

Accommodation:

Accommodation will be arranged at Bellahøj Vandrerhjem: <http://www.danhostel.dk/bellahoej>. The address is: Herbergvejen 8, 2700 Brønshøj. The youth hostel is situated just on the outskirts of Copenhagen.

The package includes accommodation for two days (Friday to Sunday). Dinner on Friday evening, breakfast, lunch and dinner on Saturday and breakfast and lunch on Sunday.

Package prices per person for the entire stay

Double person room: 2.300,- DKK per person
Six person room: 1.700,- DKK per person

The participating Federations will receive an invoice after the preliminary reservation. The invoice will include 50% of the total amount.

After the final entry booking, the federations will receive an invoice of the remaining amount.

Transportation:

Participating teams are advised to use metro to from the the airport to Bellahøj Vandrerhjem or to the Bellahøj Swimming pool in Copenhagen.

Nearest metro station is Flintholm Station and is about 4 km from the swimming pool

If transport is needed from the airport upon arrival or from the Bellahøj Vandrerhjem upon departure, information about this must be forwarded latest together with the deadline for final entries on the 6th June 2012.

The price of this extra transportation will be forwarded directly to your federation, with the Danish Swimming Federation as guarantee.

The distance between the Bellahøj Vandrerhjem and the swimming pool is app. 1.5 km.

Information:

Information about the city of Copenhagen can be found from the following address: www.visitcopenhagen.dk

If you have any questions concerning the Nordic Youth Championships do not hesitate to contact us.

The Danish Swimming Federation

Ryttergaardsvej 118, 2.
3520 Farum, Denmark
Tel. +45 44 39 44 50
Fax. +45 44 39 44 60

svoem@svoem.dk

Contact person:

Lars Sørensen
Tel. +45 44 39 44 55
Mail: ls@svoem.dk

Entries contact:

Martin Karup
Tel. +45 44 39 44 85
Mail: mak@svoem.dk

Director of the Danish Swimming Federation:

Pia Holmen
Tel. +45 3344 5451
Mail: ph@svoem.dk

Order of Events

Saturday 7.7.2012 at 10.00 am

1.	50 Backstroke	Girls
2.	50 Backstroke	Boys
3.	800 Freestyle	Girls
4.	1500 Freestyle	Boys
5.	100 Freestyle	Girls
6.	100 Freestyle	Boys
7.	200 Butterfly	Girls
8.	200 Butterfly	Boys
9.	200 Breaststroke	Girls
10.	200 Breaststroke	Boys
11.	4 x 100 Medley	Girls
12.	4 x 100 Medley	Boys

Saturday 7.7.2012 at 16.00 pm

13.	50 Breaststroke	Girls
14.	50 Breaststroke	Boys
15.	400 Individual medley	Girls
16.	400 Individual medley	Boys
17.	200 Freestyle	Girls
18.	200 Freestyle	Boys
19.	100 Backstroke	Girls
20.	100 Backstroke	Boys
21.	50 Freestyle	Girls
22.	50 Freestyle	Boys
23.	100 Butterfly	Girls
24.	100 Butterfly	Boys
25.	4 x 100 Freestyle	Girls
26.	4 x 100 Freestyle	Boys

Sunday 8.7.2012 at 10.00 am

27.	50 Butterfly	Girls
28.	50 Butterfly	Boys
29.	400 Freestyle	Girls
30.	400 Freestyle	Boys
31.	200 Backstroke	Girls
32.	200 Backstroke	Boys
33.	100 Breaststroke	Girls
34.	100 breaststroke	Boys
35.	200 Individual medley	Girls
36.	200 Individual medley	Boys
37.	4 x 200 Freestyle	Girls
38.	4 x 200 Freestyle	Boys

Nordic Age Group Championships
7-8th July 2012 Copenhagen, Denmark

PRELIMINARY ENTRY FORM

Please return this form as soon as possible and at the latest by **16th April**

Federation:	
Address:	
Contact person:	
Telephone:	
Fax:	
E-mail:	

Estimated size of the team

Boys:	
Girls:	
Team staff:	
Total:	

Preliminary youth hostel booking

Group no.	Date of arrival	Date of departure	Number of twin rooms	Number of six person rooms	Total number of persons

Please return this form to:

**The Danish Swimming Federation by fax:
+45 4439 4460 or by e-mail.**

mak@svoem.dk

Nordic Age Group Championships
July 2012 Copenhagen, Denmark

FINAL ENTRY FORM

Please return this form as soon as possible and at the latest by **6th June**

Federation:	
Address:	
Contact person:	
Telephone:	
Fax:	
E-mail:	

Final size of the team

Boys:	
Girls:	
Team staff:	
Total:	
Transportation:	

Final hotel booking

Group no.	Date of Arrival	Date of departure	Number of Twin rooms	Number of six person rooms	Total number of persons

Please return this form to:

**The Danish Swimming Federation by fax:
+45 4439 4460 or by e-mail.**

mak@svoem.dk



Nordic Youth Championships 7-8th July 2012 Copenhagen, Denmark

FINAL ENTRY FORM – EVENTS

We prefer to receive entries in Grodan or Lenex file format

No.	Event	Gender	Name	Entry time (50 m)	Name	Entry time (50 m)
Session 1 – Saturday July 7 rd – Warm up 08:30 – Session start 10:00						
1	50 backstroke	Girls				
2	50 backstroke	Boys				
3	800 freestyle	Girls				
4	1500 freestyle	Boys				
5	100 freestyle	Girls				
6	100 freestyle	Boys				
7	200 butterfly	Girls				
8	200 butterfly	Boys				
9	200 breaststroke	Girls				
10	200 breaststroke	Boys				
11	4x100 medley	Girls				
12	4x100 medley	Boys				

No.	Event	Gender	Name	Entry time (50 m)	Name	Entry time (50 m)
Session 2 – Saturday July 7 rd – Warm up 14:30 – Session start 16:00						
13	50 breaststroke	Girls				
14	50 breaststroke	Boys				
15	400 ind. medley	Girls				
16	400 ind. medley	Boys				
17	200 freestyle	Girls				
18	200 freestyle	Boys				
19	100 backstroke	Girls				
20	100 backstroke	Boys				
21	50 freestyle	Girls				
22	50 freestyle	Boys				
23	100 butterfly	Girls				
24	100 butterfly	Boys				
25	4x100 freestyle	Girls				
26	4x100 freestyle	Boys				



No.	Event	Gender	Name	Entry time (50m)	Name	Entry time (50m)
Session 3 – Sunday July 8 th – Warm up 08:30 – Session start 10:00						
27	50 butterfly	Girls				
28	50 butterfly	Boys				
29	400 freestyle	Girls				
30	400 freestyle	Boys				
31	200 backstroke	Girls				
32	200 backstroke	Boys				
33	100 breaststroke	Girls				
34	100 breaststroke	Boys				
35	200 ind. medley	Girls				
36	200 ind. medley	Boys				
37	4x200 freestyle	Girls				
38	4x200 freestyle	Boys				

Please return this form or entry files to:

The Danish Swimming Federation **only** by email: mak@svoem.dk

FINAL ENTRY DATE IS 6th June

We look forward to seeing you all in Copenhagen in July