

Fredag 8. april 2011 kl 16.00

Øvelse 1. 400m fri, jenter 1998

Klasse født 98

1	Maria Voldsund	98	Delfana	4.44,05	566
	31,13(31,13)	1.05,77(34,64)	1.41,79(36,02)	2.18,07(36,28)	
	2.54,50(36,43)	3.31,52(37,02)	4.08,18(36,66)	4.44,05(35,87)	
2	Hanna Louise Berge	98	SK Speed	4.48,61	539
	32,04(32,04)	1.07,29(35,25)	1.43,32(36,03)	2.20,08(36,76)	
	2.56,80(36,72)	3.34,27(37,47)	4.11,78(37,51)	4.48,61(36,83)	
3	Inger-Ane Sætra Schefte	98	Kolbotn IL	4.49,56	534
	32,78(32,78)	1.08,52(35,74)	1.45,19(36,67)	2.22,05(36,86)	
	2.59,52(37,47)	3.36,88(37,36)	4.13,80(36,92)	4.49,56(35,76)	
4	Katrine Solberg	98	Larvik SK	4.50,55	529
	32,02(32,02)	1.07,41(35,39)	1.43,91(36,50)	2.21,20(37,29)	
	2.58,62(37,42)	3.36,49(37,87)	4.14,11(37,62)	4.50,55(36,44)	
5	Rebecca Grindland Ege	98	Vågsbygd SLK	4.51,29	525
	32,83(32,83)	1.09,56(36,73)	1.46,21(36,65)	2.23,52(37,31)	
	3.00,67(37,15)	3.37,98(37,31)	4.14,93(36,95)	4.51,29(36,36)	
6	Ina Karin Haagensen	98	Aalesund SLK	4.52,45	518
	33,13(33,13)	1.09,62(36,49)	1.47,08(37,46)	2.24,25(37,17)	
	3.01,67(37,42)	3.39,25(37,58)	4.16,25(37,00)	4.52,45(36,20)	
7	Celia Lie Storstad	98	Ski SK	4.53,84	511
	33,50(33,50)	1.09,41(35,91)	1.46,16(36,75)	2.23,61(37,45)	
	3.00,88(37,27)	3.38,41(37,53)	4.16,64(38,23)	4.53,84(37,20)	
8	Nina-Therese Storstein	98	Karmøy SK	4.54,87	506
	32,35(32,35)	1.07,63(35,28)	1.44,62(36,99)	2.22,11(37,49)	
	3.00,19(38,08)	3.38,77(38,58)	4.17,60(38,83)	4.54,87(37,27)	
9	Thea Kristine Nord	98	Kolbotn IL	4.55,36	503
	33,28(33,28)	1.10,08(36,80)	1.47,48(37,40)	2.25,29(37,81)	
	3.02,93(37,64)	3.41,12(38,19)	4.18,62(37,50)	4.55,36(36,74)	
10	Hanne Reime	98	Bryne SK	5.00,01	480
	33,79(33,79)	1.10,92(37,13)	1.49,27(38,35)	2.27,67(38,40)	
	3.06,69(39,02)	3.44,83(38,14)	4.23,07(38,24)	5.00,01(36,94)	
11	Ulrikke Rein	98	Madla SK	5.01,31	474
	35,20(35,20)	1.12,46(37,26)	1.50,24(37,78)	2.27,94(37,70)	
	3.06,55(38,61)	3.45,34(38,79)	4.23,83(38,49)	5.01,31(37,48)	
12	Ingvild Gullaksen Vatshelle	98	Vestkantsvømmerne	5.03,19	465
	33,91(33,91)	1.11,09(37,18)	1.48,69(37,60)	2.27,06(38,37)	
	3.05,88(38,82)	3.45,62(39,74)	4.25,26(39,64)	5.03,19(37,93)	
13	Aurora Kamnes	98	Lørenskog/Rælingen	5.03,47	464
	34,60(34,60)	1.12,07(37,47)	1.50,55(38,48)	2.29,34(38,79)	
	3.08,41(39,07)	3.47,24(38,83)	4.25,69(38,45)	5.03,47(37,78)	
14	Tuva Tronstad	98	Risør Varden	5.04,11	461
	33,96(33,96)	1.11,81(37,85)	1.50,03(38,22)	2.28,77(38,74)	
	3.07,86(39,09)	3.47,28(39,42)	4.26,63(39,35)	5.04,11(37,48)	
15	Silje Mikkeltorg	98	Skjetten Svømming	5.04,62	459
	33,90(33,90)	1.11,71(37,81)	1.50,42(38,71)	2.29,88(39,46)	
	3.09,27(39,39)	3.48,36(39,09)	4.26,98(38,62)	5.04,62(37,64)	
16	Rebecca Sundtjønn	98	Vågsbygd SLK	5.04,90	457
	34,21(34,21)	1.12,31(38,10)	1.50,73(38,42)	2.30,03(39,30)	
	3.08,76(38,73)	3.48,32(39,56)	4.27,23(38,91)	5.04,90(37,67)	
17	Linn Sofie Hansen	98	Øvre Eiker SK	5.05,20	456
	33,50(33,50)	1.10,12(36,62)	1.48,58(38,46)	2.27,71(39,13)	
	3.07,03(39,32)	3.46,74(39,71)	4.26,61(39,87)	5.05,20(38,59)	
18	Sara Juul Wolfgang	98	Trondhjem SLK	5.06,99	448
	33,98(33,98)	1.11,87(37,89)	1.50,74(38,87)	2.30,24(39,50)	
	3.09,02(38,78)	3.48,48(39,46)	4.28,05(39,57)	5.06,99(38,94)	
19	Ingrid Svan Kjær	98	Larvik SK	5.08,08	443
	33,61(33,61)	1.11,02(37,41)	1.49,51(38,49)	2.29,02(39,51)	
	3.07,75(38,73)	3.47,82(40,07)	4.28,01(40,19)	5.08,08(40,07)	
20	Helene Andersen	98	Karasjok SK	5.08,97	440
	33,26(33,26)	1.11,23(37,97)	1.51,00(39,77)	2.30,78(39,78)	
		3.51,23(1.20,45)	4.30,34(39,11)	5.08,97(38,63)	

21	Emilie Lie Mathisen	98	Vestkantsvømmerne	5.10,65	432
	33,91(33,91)	1.11,58(37,67)	1.50,33(38,75)	2.29,95(39,62)	
	3.10,17(40,22)	3.50,50(40,33)		5.10,65(1.20,15)	
22	Karina Davidsen	98	Lambertseter SK	5.11,14	430
	34,69(34,69)	1.12,25(37,56)	1.50,86(38,61)	2.30,01(39,15)	
	3.09,93(39,92)	3.50,29(40,36)	4.31,26(40,97)	5.11,14(39,88)	
23	Tone H. Nilsen	98	Mandal SK	5.13,36	421
	33,75(33,75)	1.12,01(38,26)	1.51,90(39,89)	2.31,75(39,85)	
	3.12,35(40,60)	3.52,82(40,47)	4.33,84(41,02)	5.13,36(39,52)	
24	Caroline Rosmo	98	Lambertseter SK	5.15,39	413
	35,58(35,58)	1.14,43(38,85)	1.53,84(39,41)	2.33,62(39,78)	
	3.13,76(40,14)	3.53,97(40,21)	4.35,09(41,12)	5.15,39(40,30)	

Øvelse 2. 400m fri, gutter 1998

Klasse født 98

1	Njål K. Olsen	98	Kongstensvømmerne	4.41,81	430
	32,61(32,61)	1.07,82(35,21)	1.43,84(36,02)	2.20,19(36,35)	
	2.56,07(35,88)	3.32,32(36,25)	4.07,53(35,21)	4.41,81(34,28)	
2	Fridtjov Mørk	98	Lambertseter SK	4.49,02	399
		1.09,88(1.09,88)	1.46,55(36,67)		
	3.00,24(1.13,69)			4.49,02(1.48,78)	
3	Gustav Mattingsdal Pedersen	98	Farsund SK	4.52,39	385
	31,86(31,86)	1.07,72(35,86)	1.44,29(36,57)	2.21,42(37,13)	
	2.59,17(37,75)	3.36,87(37,70)	4.14,72(37,85)	4.52,39(37,67)	
4	Viktor Husø Richardsen	98	Lambertseter SK	4.53,93	379
	34,66(34,66)	1.12,14(37,48)	1.50,09(37,95)	2.27,03(36,94)	
	3.04,56(37,53)	3.41,87(37,31)	4.19,32(37,45)	4.53,93(34,61)	
5	Urs Bludau	98	Arna SLK	4.54,33	378
	32,64(32,64)	1.09,04(36,40)	1.45,40(36,36)	2.22,94(37,54)	
	3.00,72(37,78)	3.38,70(37,98)	4.17,18(38,48)	4.54,33(37,15)	
6	Axel Ravndal	98	Sandnes SLK	4.56,15	371
	32,45(32,45)	1.08,94(36,49)	1.45,80(36,86)	2.23,20(37,40)	
	3.01,11(37,91)	3.39,17(38,06)	4.17,54(38,37)	4.56,15(38,61)	
7	Jan Fredrik Halvorsen	98	Skjetten Svømming	4.58,05	364
	34,64(34,64)	1.12,06(37,42)	1.48,86(36,80)	2.26,55(37,69)	
	3.04,44(37,89)	3.42,04(37,60)	4.18,25(36,21)	4.58,05(39,80)	
8	Håvard Hansen	98	Risør Varden	4.59,22	360
	30,92(30,92)	1.06,51(35,59)	1.43,97(37,46)	2.22,66(38,69)	
	3.01,97(39,31)	3.42,58(40,61)	4.22,37(39,79)	4.59,22(36,85)	
9	Mikolaj Dobies	98	Lambertseter SK	5.00,51	355
	34,36(34,36)	1.12,08(37,72)	1.50,11(38,03)	2.27,77(37,66)	
	3.05,72(37,95)	3.44,10(38,38)	4.21,74(37,64)	5.00,51(38,77)	
10	Martin Ross Hemminghyth	98	SK Speed	5.04,41	341
	34,05(34,05)	1.11,57(37,52)	1.50,31(38,74)	2.29,62(39,31)	
	3.08,90(39,28)	3.48,29(39,39)	4.27,32(39,03)	5.04,41(37,09)	
11	Thomas Latini	98	Kolbotn IL	5.05,81	337
	33,96(33,96)	1.11,84(37,88)	1.50,76(38,92)	2.29,68(38,92)	
	3.09,09(39,41)	3.48,65(39,56)	4.27,64(38,99)	5.05,81(38,17)	
12	Håvard Svergja	98	Molde SLK	5.06,89	333
	33,64(33,64)	1.11,15(37,51)	1.51,04(39,89)	2.31,28(40,24)	
	3.10,91(39,63)	3.50,85(39,94)	4.30,79(39,94)	5.06,89(36,10)	
13	Morten Olden Larsen	98	Vestbyen IL	5.06,91	333
	33,96(33,96)	1.11,93(37,97)	1.51,06(39,13)	2.30,87(39,81)	
	3.10,29(39,42)		4.29,11(1.18,82)	5.06,91(37,80)	
14	Teis Malterud	98	Førde IL	5.06,94	333
	33,78(33,78)	1.11,49(37,71)	1.50,32(38,83)	2.29,96(39,64)	
	3.09,57(39,61)	3.49,10(39,53)	4.28,69(39,59)	5.06,94(38,25)	
15	Erling Belaska	98	Madla SK	5.08,42	328
	34,63(34,63)	1.13,25(38,62)	1.52,55(39,30)	2.31,20(38,65)	
	3.11,66(40,46)	3.51,39(39,73)	4.31,19(39,80)	5.08,42(37,23)	
16	Ole Jørgen Vastveit	98	Sarpsborg IL	5.09,83	324
	33,87(33,87)	1.11,02(37,15)	1.50,77(39,75)	2.30,68(39,91)	
	3.10,97(40,29)	3.51,56(40,59)	4.31,62(40,06)	5.09,83(38,21)	
17	Christian Manum Hagby	98	Asker SK	5.09,92	324
	33,02(33,02)	1.10,57(37,55)	1.50,24(39,67)	2.30,06(39,82)	
	3.09,87(39,81)	3.49,91(40,04)	4.29,93(40,02)	5.09,92(39,99)	

18	Halvor Alvestad Larsen	98	Karmøy SK	5.17,30	302
	35,62(35,62)	1.13,81(38,19)	1.54,50(40,69)	2.35,03(40,53)	
	3.16,00(40,97)	3.56,54(40,54)	4.38,00(41,46)	5.17,30(39,30)	
19	Jonas Østenstad	98	Haugesund SK	5.19,54	295
	34,15(34,15)	1.13,67(39,52)	1.54,30(40,63)	2.35,92(41,62)	
	3.18,27(42,35)	4.00,13(41,86)	4.41,13(41,00)	5.19,54(38,41)	
20	Hans Markus Jahle	98	Sarpsborg IL	5.26,91	276
	36,34(36,34)	1.17,07(40,73)	1.58,91(41,84)	2.40,32(41,41)	
	3.22,57(42,25)	4.04,68(42,11)		5.26,91(1.22,23)	
21	Jon Olav Båtbukt	98	Trondhjem SLK	5.27,14	275
	35,33(35,33)	1.14,53(39,20)	1.55,34(40,81)	2.37,22(41,88)	
	3.19,67(42,45)	4.03,63(43,96)	4.46,38(42,75)	5.27,14(40,76)	
22	Eskil Olaussen	98	Lakselv SK	6.09,75	191
	37,58(37,58)	1.20,96(43,38)	2.06,65(45,69)	2.52,59(45,94)	
	3.38,42(45,83)	4.24,72(46,30)	5.10,48(45,76)	6.09,75(59,27)	
	Theodor Hystad	98	Sarpsborg IL	BRUTT	
	Simen Kreybu	98	Arna SLK	DISK	

Øvelse 3. 400m fri, jenter 1997

Klasse født 97

1	Majken Antonie Smith	97	Asker SK	4.36,01	617
	32,66(32,66)	1.07,26(34,60)	1.42,40(35,14)	2.17,61(35,21)	
	2.52,07(34,46)	3.26,71(34,64)	4.01,28(34,57)	4.36,01(34,73)	
2	Karianne Reinertsen	97	Delfana	4.37,73	605
	31,12(31,12)	1.05,26(34,14)	1.39,99(34,73)	2.15,34(35,35)	
	2.50,44(35,10)	3.26,34(35,90)	4.02,44(36,10)	4.37,73(35,29)	
3	Sofie Reisænen	97	Vågsbygd SLK	4.42,38	576
	32,30(32,30)	1.07,09(34,79)	1.42,47(35,38)	2.19,03(36,56)	
	2.54,54(35,51)	3.30,27(35,73)	4.06,56(36,29)	4.42,38(35,82)	
4	Ingeborg Liseth Pedersen	97	Åstveit SK	4.46,71	550
	32,31(32,31)	1.07,28(34,97)	1.43,43(36,15)	2.20,13(36,70)	
	2.56,57(36,44)	3.33,10(36,53)	4.10,17(37,07)	4.46,71(36,54)	
5	Marte Dale	97	Vestkantsvømmerne	4.46,82	549
	31,77(31,77)	1.07,47(35,70)	1.43,66(36,19)	2.20,35(36,69)	
	2.57,65(37,30)	3.34,44(36,79)	4.10,96(36,52)	4.46,82(35,86)	
6	Vilje Mohagen	97	Skjetten Svømming	4.49,62	534
	32,49(32,49)	1.08,48(35,99)	1.44,64(36,16)	2.21,54(36,90)	
	2.58,40(36,86)	3.35,90(37,50)	4.13,59(37,69)	4.49,62(36,03)	
7	Ada Jakobsen Avlund	97	Lambertseter SK	4.50,60	528
	33,46(33,46)	1.09,35(35,89)	1.46,29(36,94)	2.23,39(37,10)	
	3.00,14(36,75)	3.37,19(37,05)	4.14,42(37,23)	4.50,60(36,18)	
8	Birgit Kvisvik	97	IL Norodd	4.51,06	526
	33,12(33,12)	1.09,93(36,81)	1.47,51(37,58)	2.24,68(37,17)	
	3.01,15(36,47)	3.39,43(38,28)	4.16,41(36,98)	4.51,06(34,65)	
9	Nina Staveland	97	Madla SK	4.52,73	517
	34,11(34,11)	1.10,76(36,65)	1.47,83(37,07)	2.25,27(37,44)	
	3.02,96(37,69)	3.40,33(37,37)	4.17,06(36,73)	4.52,73(35,67)	
10	Line Henanger	97	Lambertseter SK	4.54,81	506
	33,99(33,99)	1.11,00(37,01)	1.48,41(37,41)	2.25,52(37,11)	
	3.03,38(37,86)	3.41,36(37,98)	4.18,52(37,16)	4.54,81(36,29)	
11	Stina Heimnes	97	Åstveit SK	4.54,90	506
	33,14(33,14)	1.09,52(36,38)	1.46,32(36,80)	2.23,68(37,36)	
	3.01,39(37,71)	3.39,38(37,99)	4.17,47(38,09)	4.54,90(37,43)	
12	Ingrid Bergslid	97	Madla SK	4.55,04	505
	33,58(33,58)	1.11,03(37,45)	1.48,47(37,44)	2.26,04(37,57)	
	3.03,32(37,28)	3.41,03(37,71)	4.18,26(37,23)	4.55,04(36,78)	
13	Sandra Sola	97	Madla SK	4.55,10	504
	33,42(33,42)	1.09,69(36,27)	1.46,99(37,30)	2.24,62(37,63)	
	3.02,33(37,71)	3.40,29(37,96)	4.18,32(38,03)	4.55,10(36,78)	
14	Vanja Sand Syversen	97	Delfana	4.55,28	504
	33,02(33,02)	1.09,63(36,61)	1.47,16(37,53)	2.24,79(37,63)	
	3.02,84(38,05)	3.40,30(37,46)	4.18,27(37,97)	4.55,28(37,01)	

15	Helene Joyce Nilsen	97	Kolbotn IL	4.55,58	502
	33,16(33,16)	1.09,76(36,60)	1.47,25(37,49)	2.25,01(37,76)	
	3.02,78(37,77)	3.40,37(37,59)	4.18,46(38,09)	4.55,58(37,12)	
16	Ida Tomine Glomsaker	97	Madla SK	4.56,95	495
	34,07(34,07)	1.10,75(36,68)	1.48,16(37,41)	2.25,70(37,54)	
	3.03,43(37,73)	3.41,39(37,96)	4.19,33(37,94)	4.56,95(37,62)	
17	Susann Pleyrn Olsen	97	Delfana	4.57,53	492
	33,21(33,21)	1.10,03(36,82)	1.47,46(37,43)	2.24,93(37,47)	
	3.03,11(38,18)	3.41,42(38,31)	4.19,60(38,18)	4.57,53(37,93)	
18	Ida Amalie Myhr	97	Lambertseter SK	4.57,69	491
	33,20(33,20)	1.09,74(36,54)	1.47,63(37,89)	2.25,83(38,20)	
	3.04,04(38,21)	3.42,09(38,05)	4.20,43(38,34)	4.57,69(37,26)	
19	Karla Ruud	97	Lambertseter SK	4.57,98	490
	33,80(33,80)	1.10,45(36,65)	1.48,41(37,96)	2.27,11(38,70)	
	3.04,82(37,71)	3.42,84(38,02)	4.21,17(38,33)	4.57,98(36,81)	
20	Julie Sundstrøm	97	Delfana	4.59,34	483
	34,02(34,02)	1.10,69(36,67)	1.47,69(37,00)	2.25,74(38,05)	
	3.04,22(38,48)	3.43,39(39,17)	4.22,60(39,21)	4.59,34(36,74)	
21	Åse Nytrø	97	Trondhjem SLK	5.00,52	478
	32,84(32,84)	1.09,54(36,70)	1.48,67(39,13)	2.28,20(39,53)	
	3.06,48(38,28)	3.44,99(38,51)	4.23,52(38,53)	5.00,52(37,00)	
22	Isabell Bjerregaard	97	Haldens SK	5.01,46	473
	33,86(33,86)	1.10,87(37,01)	1.49,04(38,17)	2.27,33(38,29)	
	3.05,16(37,83)	3.43,75(38,59)	4.23,35(39,60)	5.01,46(38,11)	
23	Rebecca Karlsson	97	Asker SK	5.07,47	446
	34,89(34,89)	1.12,81(37,92)	1.51,00(38,19)	2.29,82(38,82)	
	3.08,63(38,81)	3.48,43(39,80)	4.28,10(39,67)	5.07,47(39,37)	
24	Lotte Stubdal	97	Lambertseter SK	5.21,53	390
	35,14(35,14)	1.13,14(38,00)	1.52,97(39,83)	2.34,11(41,14)	
	3.15,81(41,70)	3.57,56(41,75)	4.39,85(42,29)	5.21,53(41,68)	

Øvelse 4. 400m fri, gutter 1997

Klasse født 97

1	Erik Årslund Gidskehaug	97	Bryne SK	4.19,39	552
	29,49(29,49)	1.01,18(31,69)	1.34,06(32,88)	2.06,66(32,60)	
	2.39,76(33,10)	3.13,04(33,28)	3.46,32(33,28)	4.19,39(33,07)	
2	Mads Henry Steinland	97	Bærumsvømmerne	4.23,36	527
	28,60(28,60)	1.00,58(31,98)	1.33,49(32,91)	2.06,75(33,26)	
	2.40,48(33,73)	3.14,48(34,00)	3.49,68(35,20)	4.23,36(33,68)	
3	Sigurd Holten Bøen	97	Aalesund SLK	4.27,37	504
	28,30(28,30)	1.01,06(32,76)	1.35,43(34,37)	2.10,44(35,01)	
	2.45,52(35,08)	3.20,59(35,07)	3.53,93(33,34)	4.27,37(33,44)	
4	Tim Samuelsen	97	Madla SK	4.33,46	471
	31,76(31,76)	1.06,22(34,46)	1.40,89(34,67)	2.14,93(34,04)	
	2.49,34(34,41)	3.24,35(35,01)	3.59,23(34,88)	4.33,46(34,23)	
5	Ole Marius Bunæs	97	Haldens SK	4.35,67	460
	31,05(31,05)	1.04,99(33,94)	1.39,67(34,68)	2.14,79(35,12)	
	2.50,16(35,37)	3.25,83(35,67)	4.01,26(35,43)	4.35,67(34,41)	
6	Jonas Hagmansen	97	SK Speed	4.36,36	456
	31,00(31,00)	1.05,86(34,86)	1.41,40(35,54)	2.16,77(35,37)	
	2.52,29(35,52)	3.27,74(35,45)	4.02,94(35,20)	4.36,36(33,42)	
7	Halvor Arne Borgstrøm	97	Stavanger SC	4.36,87	454
	32,16(32,16)	1.07,38(35,22)	1.42,77(35,39)	2.18,68(35,91)	
	2.53,97(35,29)	3.29,14(35,17)	4.03,57(34,43)	4.36,87(33,30)	
8	Nils Lervik	97	Asker SK	4.40,74	435
	30,17(30,17)	1.03,62(33,45)	1.38,39(34,77)	2.14,64(36,25)	
	2.51,12(36,48)	3.28,08(36,96)	4.04,78(36,70)	4.40,74(35,96)	
9	Håkon B Lund	97	Elverum Svømming	4.42,24	428
	29,47(29,47)	1.02,70(33,23)	1.38,68(35,98)	2.15,43(36,75)	
	2.52,15(36,72)	3.28,98(36,83)	4.06,19(37,21)	4.42,24(36,05)	
10	Maurice Sudkamp	97	Randaberg IL	4.42,71	426
	31,22(31,22)	1.05,90(34,68)	1.41,66(35,76)	2.17,80(36,14)	
	2.54,10(36,30)	3.30,97(36,87)	4.07,72(36,75)	4.42,71(34,99)	
11	Werner Andre Drosig	97	SK Fønics	4.43,23	424
	31,72(31,72)	1.06,75(35,03)	1.42,16(35,41)	2.18,25(36,09)	
	2.54,90(36,65)	3.31,55(36,65)	4.08,16(36,61)	4.43,23(35,07)	

12	Matias Gulestøl	97	Svelgen TIF	4.43,67	422
	32,28(32,28)	1.08,69(36,41)	1.44,64(35,95)	2.20,27(35,63)	
	2.56,98(36,71)	3.32,52(35,54)	4.08,00(35,48)	4.43,67(35,67)	
13	Lars-Kristian Gotaas Bjørkbom	97	Bergens SC	4.44,48	418
	30,45(30,45)	1.05,66(35,21)	1.41,91(36,25)	2.18,75(36,84)	
	2.55,49(36,74)	3.32,42(36,93)	4.09,17(36,75)	4.44,48(35,31)	
14	Eirik Midtun	97	Bergkameratene	4.44,51	418
	31,48(31,48)	1.06,25(34,77)	1.42,27(36,02)	2.18,54(36,27)	
	2.55,19(36,65)	3.32,09(36,90)	4.09,20(37,11)	4.44,51(35,31)	
15	Even Stubhaug	97	Førde IL	4.45,54	414
	32,32(32,32)	1.07,94(35,62)	1.44,84(36,90)	2.21,48(36,64)	
	2.57,36(35,88)	3.34,38(37,02)	4.11,08(36,70)	4.45,54(34,46)	
16	Kristoffer Soot	97	Ski SK	4.46,89	408
	32,51(32,51)	1.08,25(35,74)	1.44,78(36,53)	2.21,71(36,93)	
	2.58,02(36,31)	3.34,97(36,95)	4.11,59(36,62)	4.46,89(35,30)	
17	Harald Goa Fagerheim	97	Karmøy SK	4.47,38	406
	29,20(29,20)		4.09,13(3.39,93)	4.47,38(38,25)	
18	Eirik Helgaker	97	Oslo IL	4.47,64	405
	31,44(31,44)	1.06,89(35,45)	1.43,63(36,74)	2.19,96(36,33)	
	2.56,69(36,73)	3.33,58(36,89)	4.10,80(37,22)	4.47,64(36,84)	
19	Sivert Skarning	97	Sarpsborg IL	4.51,01	391
	31,43(31,43)	1.08,18(36,75)	1.45,52(37,34)	2.23,11(37,59)	
	2.59,79(36,68)	3.36,47(36,68)	4.12,45(35,98)	4.51,01(38,56)	
20	Vladimir Koynarev	97	Bergens SLK	4.51,37	389
	32,13(32,13)	1.08,05(35,92)	1.44,59(36,54)	2.21,29(36,70)	
	2.58,38(37,09)	3.36,13(37,75)	4.14,03(37,90)	4.51,37(37,34)	
21	Hans Fredrik Laache	97	Førde IL	4.52,04	387
	31,83(31,83)	1.08,04(36,21)	1.44,59(36,55)	2.21,72(37,13)	
	2.59,30(37,58)	3.36,43(37,13)	4.14,33(37,90)	4.52,04(37,71)	
22	Erlend Anfinsen	97	Sandnes SLK	4.53,75	380
	31,29(31,29)	1.07,46(36,17)	1.44,70(37,24)	2.22,22(37,52)	
	3.00,42(38,20)	3.38,42(38,00)	4.17,18(38,76)	4.53,75(36,57)	
23	Espen Høglo	97	Vågsbygd SLK	4.54,59	377
	32,65(32,65)	1.09,37(36,72)	1.46,92(37,55)	2.24,85(37,93)	
	3.03,01(38,16)	3.41,44(38,43)	4.18,70(37,26)	4.54,59(35,89)	
24	Ulrik Rasch Bakke	97	Elverum Svømming	5.00,90	354
	32,90(32,90)	1.09,63(36,73)	1.47,05(37,42)	2.25,41(38,36)	
	3.04,48(39,07)	3.43,55(39,07)	4.22,75(39,20)	5.00,90(38,15)	

Øvelse 5. 400m fri, jenter 1996

Klasse født 96

1	Elin Haugland	96	Delfana	4.26,42	686
	29,78(29,78)	1.02,53(32,75)	1.36,31(33,78)	2.10,57(34,26)	
	2.44,73(34,16)	3.19,13(34,40)	3.53,22(34,09)	4.26,42(33,20)	
2	Maria Thompson Clausen	96	Madla SK	4.29,22	664
	31,19(31,19)	1.04,95(33,76)	1.38,64(33,69)	2.12,76(34,12)	
	2.46,65(33,89)	3.20,34(33,69)	3.54,67(34,33)	4.29,22(34,55)	
3	Lisa Skogeng	96	Delfana	4.30,38	656
	30,85(30,85)	1.04,01(33,16)	1.37,67(33,66)	2.11,91(34,24)	
	2.46,64(34,73)	3.21,51(34,87)	3.56,36(34,85)	4.30,38(34,02)	
4	Malene M. Pedersen	96	Lambertseter SK	4.31,36	649
	31,74(31,74)	1.05,27(33,53)	1.39,26(33,99)	2.13,68(34,42)	
	2.48,04(34,36)	3.22,77(34,73)	3.57,50(34,73)	4.31,36(33,86)	
5	Amalie Thorstensen	96	Vågsbygd SLK	4.32,30	642
	30,54(30,54)	1.03,95(33,41)	1.37,91(33,96)	2.12,31(34,40)	
	2.47,04(34,73)	3.22,16(35,12)	3.57,53(35,37)	4.32,30(34,77)	
6	Vilde Tengesdal	96	Bryne SK	4.33,29	635
	30,75(30,75)	1.04,78(34,03)	1.39,37(34,59)	2.14,24(34,87)	
	2.49,26(35,02)	3.24,39(35,13)	3.59,37(34,98)	4.33,29(33,92)	
7	Klara Farkas	96	Lørenskog/Rælingen	4.34,01	630
	31,89(31,89)	1.06,47(34,58)	1.40,79(34,32)	2.15,57(34,78)	
	2.50,53(34,96)	3.25,04(34,51)	3.59,71(34,67)	4.34,01(34,30)	
8	Eline Mathilde Swensen	96	Ski SK	4.35,03	623
	32,26(32,26)	1.06,56(34,30)	1.41,22(34,66)	2.15,85(34,63)	
	2.50,58(34,73)	3.25,68(35,10)	4.00,87(35,19)	4.35,03(34,16)	

9	Sara Louise Pedersen	96	Poseidon	4.35,61	619
	30,92(30,92)	1.04,37(33,45)	1.38,23(33,86)	2.12,94(34,71)	
	2.47,47(34,53)	3.23,12(35,65)	3.59,39(36,27)	4.35,61(36,22)	
10	Tina Schütz	96	Vestkant svømmerne	4.36,07	616
	31,37(31,37)	1.05,66(34,29)	1.40,52(34,86)	2.15,38(34,86)	
	2.50,62(35,24)	3.25,77(35,15)	4.01,45(35,68)	4.36,07(34,62)	
11	Tone Lill Evanger	96	Delfana	4.36,83	611
	31,15(31,15)	1.05,14(33,99)	1.39,76(34,62)	2.15,17(35,41)	
	2.50,66(35,49)	3.26,39(35,73)	4.02,22(35,83)	4.36,83(34,61)	
12	Karoline Steffensen	96	Harstad SK	4.39,48	594
	32,23(32,23)	1.07,49(35,26)	1.41,39(33,90)	2.16,00(34,61)	
	2.51,58(35,58)	3.27,55(35,97)	4.03,81(36,26)	4.39,48(35,67)	
13	Ingeborg Jørmeland	96	Stavanger SC	4.40,21	589
	31,46(31,46)	1.07,03(35,57)	1.42,64(35,61)	2.18,18(35,54)	
	2.54,41(36,23)	3.30,35(35,94)	4.06,09(35,74)	4.40,21(34,12)	
14	Lotte Miller	96	Madla SK	4.40,54	587
	30,88(30,88)	1.05,50(34,62)	1.40,51(35,01)	2.16,07(35,56)	
	2.51,68(35,61)	3.27,91(36,23)	4.04,57(36,66)	4.40,54(35,97)	
15	Guro Aas	96	Vågsbygd SLK	4.40,65	586
	31,58(31,58)	1.06,86(35,28)	1.41,86(35,00)	2.17,36(35,50)	
	2.52,61(35,25)	3.28,66(36,05)	4.05,04(36,38)	4.40,65(35,61)	
16	Vår Celine Sjøgaard	96	Lambertseter SK	4.41,27	583
	31,54(31,54)	1.06,42(34,88)	1.41,63(35,21)	2.16,80(35,17)	
	2.52,51(35,71)	3.28,73(36,22)	4.05,38(36,65)	4.41,27(35,89)	
17	Nehna-Louise Møller-Pettersen	96	Oslo IL	4.41,46	581
	31,30(31,30)	1.05,96(34,66)	1.41,41(35,45)	2.17,27(35,86)	
	2.53,18(35,91)	3.29,35(36,17)	4.05,64(36,29)	4.41,46(35,82)	
18	Elida Hole	96	Vestkant svømmerne	4.44,70	562
	31,98(31,98)	1.08,05(36,07)	1.44,51(36,46)	2.20,87(36,36)	
	2.57,62(36,75)	3.33,20(35,58)	4.09,23(36,03)	4.44,70(35,47)	
19	Patricia Baay Kristoffersen	96	Sandefjord SK	4.44,75	562
	31,94(31,94)	1.07,47(35,53)	1.43,07(35,60)	2.19,15(36,08)	
	2.55,67(36,52)	3.32,78(37,11)	4.09,79(37,01)	4.44,75(34,96)	
20	Stina Victoria Nordberg	96	Ski SK	4.44,77	561
	32,04(32,04)	1.07,80(35,76)	1.44,17(36,37)	2.21,41(37,24)	
	2.57,79(36,38)	3.33,15(35,36)	4.09,54(36,39)	4.44,77(35,23)	
21	Marte Stamland	96	Poseidon	4.44,99	560
	32,37(32,37)	1.08,03(35,66)	1.44,12(36,09)	2.20,93(36,81)	
	2.57,19(36,26)	3.33,95(36,76)	4.10,41(36,46)	4.44,99(34,58)	
22	Elisabeth Støver	96	Øvre Eiker SK	4.48,61	539
	31,61(31,61)	1.07,80(36,19)	1.44,34(36,54)	2.21,12(36,78)	
	2.57,90(36,78)	3.35,18(37,28)	4.12,38(37,20)	4.48,61(36,23)	
23	Emilie K. Hegdal	96	Stavanger SC	4.51,47	524
	31,21(31,21)	1.06,16(34,95)	1.42,07(35,91)	2.18,68(36,61)	
	2.55,62(36,94)	3.33,65(38,03)	4.12,82(39,17)	4.51,47(38,65)	
24	Anna Finstad	96	Lambertseter SK	4.59,40	483
	33,01(33,01)	1.09,68(36,67)	1.47,22(37,54)	2.25,09(37,87)	
	3.03,95(38,86)	3.42,52(38,57)	4.21,46(38,94)	4.59,40(37,94)	

Øvelse 6. 400m fri, gutter 1996

Klasse født 96

1	Henrik Christiansen	96	Skjetten Svømming	4.07,07	639
	29,20(29,20)	1.00,09(30,89)	1.31,41(31,32)	2.03,13(31,72)	
	2.34,57(31,44)	3.05,68(31,11)	3.36,91(31,23)	4.07,07(30,16)	
2	Sander Andersen	96	Poseidon	4.11,25	607
	28,08(28,08)	59,26(31,18)	1.31,44(32,18)	2.03,34(31,90)	
	2.34,77(31,43)	3.07,04(32,27)	3.39,25(32,21)	4.11,25(32,00)	
3	Knut Oscar Skipperud	96	Askimsvømmerne	4.12,31	600
	27,97(27,97)	59,15(31,18)	1.31,52(32,37)	2.04,04(32,52)	
	2.36,32(32,28)	3.08,59(32,27)	3.40,79(32,20)	4.12,31(31,52)	
4	Kacper Domanski	96	Madla SK	4.13,81	589
	28,98(28,98)	1.00,30(31,32)	1.32,03(31,73)	2.04,28(32,25)	
	2.36,25(31,97)	3.08,81(32,56)	3.41,49(32,68)	4.13,81(32,32)	
5	Sindre Aasland Ranaweera	96	Madla SK	4.18,18	560
	28,63(28,63)	59,86(31,23)	1.31,36(31,50)	2.03,36(32,00)	
	2.36,35(32,99)	3.10,15(33,80)	3.44,25(34,10)	4.18,18(33,93)	

6	Sander Sivertsen	96	Vestkantsvømmerne	4.18,92	555
	28,55(28,55)	59,96(31,41)	1.32,27(32,31)	2.04,79(32,52)	
	2.37,91(33,12)	3.11,62(33,71)	3.45,60(33,98)	4.18,92(33,32)	
7	Ole Martin Bjørlykke	96	Aalesund SLK	4.20,70	544
	29,47(29,47)	1.01,30(31,83)	1.34,26(32,96)	2.07,62(33,36)	
	2.41,04(33,42)	3.14,44(33,40)	3.47,85(33,41)	4.20,70(32,85)	
8	Håkon P. Ludvigsen	96	Randaberg IL	4.20,93	542
	28,98(28,98)	1.00,69(31,71)	1.33,55(32,86)	2.07,11(33,56)	
	2.41,06(33,95)	3.15,16(34,10)	3.49,25(34,09)	4.20,93(31,68)	
9	Morten Wee Hollund	96	Karmøy SK	4.21,13	541
	28,94(28,94)	1.00,52(31,58)	1.33,15(32,63)	2.06,10(32,95)	
	2.39,49(33,39)	3.13,48(33,99)	3.47,37(33,89)	4.21,13(33,76)	
10	Eirik Johnsen	96	Bergens SC	4.25,66	514
	29,51(29,51)	1.02,42(32,91)	1.36,59(34,17)	2.10,53(33,94)	
	2.44,38(33,85)	3.18,54(34,16)	3.52,74(34,20)	4.25,66(32,92)	
11	Philip Budd	96	Sandefjord SK	4.26,00	512
	29,37(29,37)	1.01,56(32,19)	1.34,81(33,25)	2.08,91(34,10)	
	2.42,98(34,07)	3.17,38(34,40)	3.52,75(35,37)	4.26,00(33,25)	
12	Steven Knutsson	96	Kongstensvømmerne	4.30,29	488
	29,90(29,90)	1.02,29(32,39)	1.35,75(33,46)	2.11,40(35,65)	
	2.46,06(34,66)	3.21,86(35,80)	3.56,54(34,68)	4.30,29(33,75)	
13	Christian Olaussen	96	Sortland SLK	4.32,88	474
	29,81(29,81)	1.02,91(33,10)	1.37,67(34,76)	2.12,01(34,34)	
	2.47,16(35,15)	3.22,98(35,82)	3.58,64(35,66)	4.32,88(34,24)	
14	Daniel Nesbø	96	Skjetten Svømming	4.35,67	460
	30,65(30,65)	1.04,62(33,97)	1.39,69(35,07)	2.14,88(35,19)	
	2.50,35(35,47)	3.25,77(35,42)	4.01,48(35,71)	4.35,67(34,19)	
15	Tage Singstad	96	Trondhjem SLK	4.38,31	447
	30,65(30,65)	1.04,73(34,08)	1.39,62(34,89)	2.15,55(35,93)	
	2.51,33(35,78)	3.27,18(35,85)	4.03,01(35,83)	4.38,31(35,30)	
16	Henrik Syversveen Lie	96	Bærumsvømmerne	4.39,55	441
	31,28(31,28)	1.05,03(33,75)	1.39,94(34,91)	2.16,00(36,06)	
	2.51,89(35,89)	3.28,09(36,20)	4.04,36(36,27)	4.39,55(35,19)	
17	Johannes Aagaard-Nilsen Wiik	96	Larvik SK	4.40,21	438
	31,36(31,36)	1.05,65(34,29)	1.41,14(35,49)	2.16,93(35,79)	
	2.53,02(36,09)	3.29,52(36,50)	4.05,98(36,46)	4.40,21(34,23)	
18	Håkon Wulf Haugen	96	Bergens SC	4.40,54	436
	30,35(30,35)	1.05,23(34,88)	1.40,76(35,53)	2.16,89(36,13)	
	2.52,87(35,98)	3.29,14(36,27)	4.05,36(36,22)	4.40,54(35,18)	
19	Alexander Johnsgaard	96	Delfana	4.40,83	435
	30,97(30,97)	1.04,70(33,73)	1.40,28(35,58)	2.16,46(36,18)	
	2.52,71(36,25)	3.28,83(36,12)	4.05,13(36,30)	4.40,83(35,70)	
20	Bendik Søfteland	96	Sarpsborg IL	4.42,00	430
	29,16(29,16)	1.02,20(33,04)	1.36,89(34,69)	2.14,26(37,37)	
	2.51,64(37,38)	3.27,57(35,93)	4.04,59(37,02)	4.42,00(37,41)	
21	Kai Arne S Myklebust	96	Bærumsvømmerne	4.43,73	422
	30,05(30,05)	1.04,70(34,65)	1.40,21(35,51)	2.16,45(36,24)	
	2.52,54(36,09)	3.29,88(37,34)	4.07,08(37,20)	4.43,73(36,65)	
22	Martin Langeland-Knutsen	96	Sola SK	4.45,80	413
	30,84(30,84)	1.05,33(34,49)	1.40,96(35,63)	2.17,33(36,37)	
	2.53,42(36,09)	3.29,97(36,55)	4.05,80(35,83)	4.45,80(40,00)	
23	Erik Andre Klepp Vik	96	Sandnes SLK	4.48,26	402
	31,00(31,00)	1.05,95(34,95)	1.41,94(35,99)	2.18,87(36,93)	
	2.55,99(37,12)	3.34,12(38,13)	4.11,82(37,70)	4.48,26(36,44)	
	Kevin Peraca	96	Aalesund SLK	DISK	

Lørdag 9. april 2011 kl 10.00

Øvelse 7. 200m rygg, jenter 1998

Klasse født 98

1	Katrine Solberg	98	Larvik SK	(0,69)	2.32,33	491
	35,84(35,84)	1.14,82(38,98)	1.54,25(39,43)	2.32,33(38,08)		
2	Rebecca Grindland Ege	98	Vågsbygd SLK	(0,73)	2.32,75	487
	35,44(35,44)	1.14,81(39,37)	1.54,66(39,85)	2.32,75(38,09)		
3	Tuva Tronstad	98	Risør Varden	(0,72)	2.36,55	452
	37,26(37,26)	1.17,07(39,81)	1.57,47(40,40)	2.36,55(39,08)		
4	Ingrid Svan Kjær	98	Larvik SK	(0,74)	2.36,83	450
	37,18(37,18)	1.16,75(39,57)	1.57,40(40,65)	2.36,83(39,43)		
5	Hanna Louise Berge	98	SK Speed	(0,98)	2.37,55	444
	37,20(37,20)	1.17,15(39,95)	1.57,96(40,81)	2.37,55(39,59)		
6	Inger-Ane Sætra Schefte	98	Kolbotn IL	(0,77)	2.39,38	429
	37,62(37,62)	1.17,92(40,30)	1.59,00(41,08)	2.39,38(40,38)		
7	Maria Voldsund	98	Delfana	(0,87)	2.40,49	420
	37,67(37,67)	1.18,75(41,08)	1.59,87(41,12)	2.40,49(40,62)		
8	Tone H. Nilsen	98	Mandal SK	(0,76)	2.40,77	418
	37,39(37,39)	1.17,84(40,45)	2.00,11(42,27)	2.40,77(40,66)		
9	Rebecca Sundtjønn	98	Vågsbygd SLK	(0,72)	2.41,78	410
	38,13(38,13)	1.19,09(40,96)	2.00,90(41,81)	2.41,78(40,88)		
10	Ulrikke Rein	98	Madla SK	(0,67)	2.41,95	409
	38,70(38,70)	1.19,48(40,78)	2.01,49(42,01)	2.41,95(40,46)		
11	Aurora Kamnes	98	Lørenskog/Rælingen	(0,81)	2.42,05	408
	39,06(39,06)	1.20,26(41,20)	2.01,99(41,73)	2.42,05(40,06)		
12	Karina Davidsen	98	Lambertseter SK	(0,88)	2.43,47	397
	39,00(39,00)	1.19,11(40,11)	2.00,85(41,74)	2.43,47(42,62)		
13	Sara Juul Wolfgang	98	Trondhjem SLK	(0,81)	2.43,93	394
	38,54(38,54)	1.20,60(42,06)	2.02,93(42,33)	2.43,93(41,00)		
14	Linn Sofie Hansen	98	Øvre Eiker SK	(0,76)	2.44,73	388
	39,21(39,21)	1.20,75(41,54)	2.03,48(42,73)	2.44,73(41,25)		
15	Emilie Lie Mathisen	98	Vestkantsvømmerne	(0,93)	2.45,88	380
	38,54(38,54)	1.20,26(41,72)	2.04,15(43,89)	2.45,88(41,73)		
16	Ingvild Gullaksen Vatshelle	98	Vestkantsvømmerne	(0,72)	2.45,93	380
	39,20(39,20)	1.20,72(41,52)	2.03,52(42,80)	2.45,93(42,41)		
17	Silje Mikkeltborg	98	Skjetten Svømming	(0,90)	2.46,39	377
	39,90(39,90)	1.22,31(42,41)	2.04,74(42,43)	2.46,39(41,65)		
18	Helene Andersen	98	Karasjok SK	(0,83)	2.46,47	376
	40,07(40,07)	1.23,14(43,07)	2.05,53(42,39)	2.46,47(40,94)		
19	Celia Lie Storstad	98	Ski SK	(0,80)	2.47,15	372
	39,94(39,94)	1.22,38(42,44)	2.05,61(43,23)	2.47,15(41,54)		
20	Nina-Therese Storstein	98	Karmøy SK	(0,90)	2.48,80	361
	38,90(38,90)	1.21,40(42,50)	2.05,62(44,22)	2.48,80(43,18)		
21	Hanne Reime	98	Bryne SK	(0,90)	2.48,96	360
	40,13(40,13)	1.23,00(42,87)	2.06,46(43,46)	2.48,96(42,50)		
22	Caroline Rosmo	98	Lambertseter SK	(0,61)	2.49,13	359
	39,51(39,51)	1.21,97(42,46)	2.05,64(43,67)	2.49,13(43,49)		
23	Thea Kristine Nord	98	Kolbotn IL	(0,80)	2.49,62	356
	40,29(40,29)	1.23,04(42,75)	2.06,75(43,71)	2.49,62(42,87)		
24	Ina Karin Haagensen	98	Aalesund SLK	(0,78)	2.58,19	307
	41,85(41,85)	1.27,73(45,88)	2.13,11(45,38)	2.58,19(45,08)		

Øvelse 8. 200m rygg, gutter 1998

Klasse født 98

1	Fridtjov Mørk	98	Lambertseter SK	(0,75)	2.31,52	343
	36,33(36,33)	1.14,30(37,97)	1.53,33(39,03)		2.31,52(38,19)	
2	Urs Bludau	98	Arna SLK	(0,62)	2.34,03	327
	36,70(36,70)	1.16,32(39,62)	1.55,46(39,14)		2.34,03(38,57)	
3	Njål K. Olsen	98	Kongstensvømmerne	(0,76)	2.34,21	326
	36,74(36,74)	1.17,06(40,32)	1.57,53(40,47)		2.34,21(36,68)	
4	Mikolaj Dobies	98	Lambertseter SK	(0,69)	2.35,18	320
	37,84(37,84)	1.17,25(39,41)	1.57,70(40,45)		2.35,18(37,48)	
5	Viktor Husø Richardsen	98	Lambertseter SK	(0,70)	2.36,09	314
	36,91(36,91)	1.17,04(40,13)	1.57,54(40,50)		2.36,09(38,55)	
6	Jan Fredrik Halvorsen	98	Skjetten Svømming	(0,81)	2.36,64	311
	37,98(37,98)	1.17,25(39,27)	1.57,05(39,80)		2.36,64(39,59)	
7	Gustav Mattingsdal Pedersen	98	Farsund SK	(0,72)	2.37,21	307
	37,13(37,13)	1.17,31(40,18)	1.57,69(40,38)		2.37,21(39,52)	
8	Thomas Latini	98	Kolbotn IL	(0,72)	2.39,02	297
	36,92(36,92)	1.17,12(40,20)	1.58,11(40,99)		2.39,02(40,91)	
9	Håvard Hansen	98	Risør Varden	(0,89)	2.40,28	290
	36,49(36,49)	1.17,72(41,23)	1.59,56(41,84)		2.40,28(40,72)	
10	Halvor Alvestad Larsen	98	Karmøy SK	(0,70)	2.40,72	288
	37,58(37,58)	1.18,00(40,42)	1.59,98(41,98)		2.40,72(40,74)	
11	Simen Kreybu	98	Arna SLK	(0,71)	2.40,87	287
	37,35(37,35)	1.17,80(40,45)	1.58,99(41,19)		2.40,87(41,88)	
12	Christian Manum Hagby	98	Asker SK	(0,76)	2.43,22	275
	37,75(37,75)	1.19,04(41,29)	2.01,80(42,76)		2.43,22(41,42)	
13	Teis Malterud	98	Førde IL	(0,90)	2.45,33	264
	39,09(39,09)	1.20,96(41,87)	2.03,36(42,40)		2.45,33(41,97)	
14	Martin Ross Hemminghyth	98	SK Speed	(0,67)	2.46,46	259
	40,17(40,17)	1.22,26(42,09)	2.05,34(43,08)		2.46,46(41,12)	
15	Jonas Østenstad	98	Haugesund SK	(0,74)	2.47,95	252
	39,75(39,75)	1.23,21(43,46)	2.06,31(43,10)		2.47,95(41,64)	
16	Ole Jørgen Vastveit	98	Sarpsborg IL	(0,76)	2.48,29	251
	40,07(40,07)	1.22,58(42,51)	2.05,74(43,16)		2.48,29(42,55)	
17	Axel Ravndal	98	Sandnes SLK	(0,80)	2.48,37	250
	40,48(40,48)	1.22,76(42,28)	2.05,71(42,95)		2.48,37(42,66)	
18	Håvard Svergja	98	Molde SLK	(0,89)	2.52,74	232
	40,81(40,81)	1.24,23(43,42)	2.09,05(44,82)		2.52,74(43,69)	
19	Theodor Hystad	98	Sarpsborg IL	(0,80)	2.53,35	229
	42,03(42,03)	1.26,27(44,24)	2.10,14(43,87)		2.53,35(43,21)	
20	Hans Markus Jahle	98	Sarpsborg IL	(0,91)	2.53,80	228
	41,83(41,83)	1.26,05(44,22)	2.12,59(46,54)		2.53,80(41,21)	
21	Erling Belaska	98	Madla SK	(0,87)	2.54,96	223
	41,57(41,57)	1.26,02(44,45)	2.11,53(45,51)		2.54,96(43,43)	
22	Morten Olden Larsen	98	Vestbyen IL	(0,91)	2.56,78	216
	42,28(42,28)	1.28,04(45,76)	2.14,14(46,10)		2.56,78(42,64)	
23	Jon Olav Båtbukt	98	Trondhjem SLK	(0,87)	3.03,09	195
	43,01(43,01)	1.29,39(46,38)	2.16,03(46,64)		3.03,09(47,06)	
24	Eskil Olaussen	98	Lakselv SK	(0,95)	3.08,36	179
	44,62(44,62)	1.33,50(48,88)	2.21,47(47,97)		3.08,36(46,89)	

Øvelse 9. 200m rygg, jenter 1997

Klasse født 97

1	Sofie Reisænen	97	Vågsbygd SLK	(0,88)	2.24,13	580
	34,11(34,11)	1.10,48(36,37)	1.47,56(37,08)	2.24,13(36,57)		
2	Vilje Mohagen	97	Skjetten Svømming	(0,71)	2.25,26	566
	34,89(34,89)	1.11,44(36,55)	1.48,69(37,25)	2.25,26(36,57)		
3	Karianne Reinertsen	97	Delfana	(0,84)	2.26,35	554
	33,95(33,95)	1.10,80(36,85)	1.48,76(37,96)	2.26,35(37,59)		
4	Åse Nytrø	97	Trondhjem SLK	(0,63)	2.30,45	510
	33,60(33,60)	1.11,00(37,40)	1.50,25(39,25)	2.30,45(40,20)		
5	Marte Dale	97	Vestkantsvømmerne	(0,73)	2.33,27	482
	35,41(35,41)	1.14,43(39,02)	1.54,03(39,60)	2.33,27(39,24)		
6	Ida Amalie Myhr	97	Lambertseter SK	(0,65)	2.33,60	479
	35,24(35,24)	1.14,18(38,94)	1.54,20(40,02)	2.33,60(39,40)		
7	Majken Antonie Smith	97	Asker SK	(0,88)	2.33,62	479
	37,72(37,72)	1.16,55(38,83)	1.55,29(38,74)	2.33,62(38,33)		
8	Birgit Kvisvik	97	IL Norodd	(0,80)	2.34,00	475
	35,99(35,99)	1.15,29(39,30)	1.55,40(40,11)	2.34,00(38,60)		
9	Ingrid Bergslid	97	Madla SK	(0,86)	2.34,42	471
	35,98(35,98)	1.15,70(39,72)	1.56,11(40,41)	2.34,42(38,31)		
10	Nina Staveland	97	Madla SK	(0,66)	2.34,54	470
	37,63(37,63)	1.16,59(38,96)	1.55,80(39,21)	2.34,54(38,74)		
11	Isabell Bjerregaard	97	Haldens SK	(0,95)	2.36,70	451
	36,58(36,58)	1.16,22(39,64)	1.56,73(40,51)	2.36,70(39,97)		
12	Ada Jakobsen Avlund	97	Lambertseter SK	(0,77)	2.37,28	446
	37,39(37,39)	1.17,33(39,94)	1.57,38(40,05)	2.37,28(39,90)		
13	Ida Tomine Glomsaker	97	Madla SK	(0,82)	2.37,73	442
	37,79(37,79)	1.18,17(40,38)	1.58,63(40,46)	2.37,73(39,10)		
14	Line Henanger	97	Lambertseter SK	(0,83)	2.38,46	436
	36,81(36,81)	1.17,01(40,20)	1.58,59(41,58)	2.38,46(39,87)		
15	Helene Joyce Nilsen	97	Kolbotn IL	(1,02)	2.39,40	429
	37,59(37,59)	1.17,65(40,06)	1.58,77(41,12)	2.39,40(40,63)		
16	Sandra Sola	97	Madla SK	(0,85)	2.40,38	421
	38,08(38,08)	1.18,81(40,73)	2.00,13(41,32)	2.40,38(40,25)		
17	Karla Ruud	97	Lambertseter SK	(0,64)	2.40,49	420
	37,83(37,83)	1.17,85(40,02)	1.59,35(41,50)	2.40,49(41,14)		
18	Susann Pleym Olsen	97	Delfana	(0,76)	2.42,27	406
	38,57(38,57)	1.20,05(41,48)	2.01,57(41,52)	2.42,27(40,70)		
19	Vanja Sand Syversen	97	Delfana	(0,73)	2.42,34	406
	37,55(37,55)	1.18,75(41,20)	2.01,20(42,45)	2.42,34(41,14)		
20	Stina Heimnes	97	Åstveit SK	(1,03)	2.46,06	379
	39,74(39,74)	1.21,73(41,99)	2.04,23(42,50)	2.46,06(41,83)		
21	Rebecca Karlsson	97	Asker SK	(0,82)	2.46,15	378
	38,83(38,83)	1.20,27(41,44)	2.03,34(43,07)	2.46,15(42,81)		
22	Ingeborg Liseth Pedersen	97	Åstveit SK	(0,83)	2.46,49	376
	39,94(39,94)	1.21,23(41,29)	2.04,06(42,83)	2.46,49(42,43)		
23	Lotte Stubdal	97	Lambertseter SK	(0,69)	2.47,63	369
	39,96(39,96)	1.22,28(42,32)	2.05,07(42,79)	2.47,63(42,56)		
24	Julie Sundstrøm	97	Delfana	(0,78)	2.47,69	368
	39,43(39,43)	1.21,77(42,34)	2.05,44(43,67)	2.47,69(42,25)		

Øvelse 10. 200m rygg, gutter 1997

Klasse født 97

1	Erik Årsland Gidskehaug 33,30(33,30)	97	Bryne SK 1.42,87(35,01)	(0,78)	2.17,86	456
2	Mads Henry Steinland 33,09(33,09)	97	Bærumsvømmerne 1.44,19(35,97)	(0,79)	2.20,19	434
3	Ole Marius Bunæs 33,77(33,77)	97	Haldens SK 1.45,80(36,41)	(0,86)	2.21,67	420
4	Håkon B Lund 33,48(33,48)	97	Elverum Svømming 1.48,10(37,86)	(0,83)	2.25,21	390
5	Eirik Helgaker 34,36(34,36)	97	Oslo IL 1.48,30(37,64)	(0,75)	2.25,62	387
6	Halvor Arne Borgstrøm 34,12(34,12)	97	Stavanger SC 1.49,16(37,69)	(0,73)	2.26,29	382
7	Eirik Midtun 35,32(35,32)	97	Bergkameratene 1.51,91(38,26)	(0,71)	2.28,75	363
8	Maurice Sudkamp 34,60(34,60)	97	Randaberg IL 1.51,29(38,87)	(0,63)	2.30,92	348
9	Ulrik Rasch Bakke 35,57(35,57)	97	Elverum Svømming 1.52,58(38,47)	(0,77)	2.31,30	345
10	Jonas Hagmansen 35,64(35,64)	97	SK Speed 1.53,28(38,86)	(0,84)	2.31,49	344
11	Kristoffer Soot 36,72(36,72)	97	Ski SK 1.54,49(39,18)	(0,82)	2.33,65	329
12	Matias Gulestøl 36,64(36,64)	97	Svelgen TIF 1.56,89(40,62)	(0,98)	2.34,38	325
13	Sigurd Holten Bøen 35,76(35,76)	97	Aalesund SLK 1.56,13(41,42)	(1,05)	2.34,61	323
14	Tim Samuelsen 36,81(36,81)	97	Madla SK 1.56,30(40,04)	(0,83)	2.35,75	316
15	Harald Goa Fagerheim 34,85(34,85)	97	Karmøy SK 1.54,90(41,31)	(0,71)	2.36,40	312
16	Vladimir Koynarev 35,90(35,90)	97	Bergens SLK 1.56,66(41,16)	(0,71)	2.36,76	310
17	Lars-Kristian Gotaas Bjørkbom 37,49(37,49)	97	Bergens SC 1.59,32(41,21)	(0,71)	2.39,14	296
18	Erlend Anfinen 36,82(36,82)	97	Sandnes SLK 2.00,55(42,26)	(0,73)	2.41,82	282
19	Even Stubhaug 39,53(39,53)	97	Førde IL 2.03,59(41,60)	(0,68)	2.42,30	279
20	Werner Andre Drogg 38,82(38,82)	97	SK Fønix 2.02,62(42,08)	(0,86)	2.42,82	277
21	Espen Høglo 38,49(38,49)	97	Vågsbygd SLK 2.02,35(42,42)	(0,90)	2.42,89	276
22	Hans Fredrik Laache 38,10(38,10)	97	Førde IL 2.02,28(42,77)	(0,95)	2.44,40	269
23	Sivert Skarning 39,39(39,39)	97	Sarpsborg IL 2.07,41(43,99)	(1,08)	2.49,77	244
	Nils Lervik	97	Asker SK		DISK	

Øvelse 11. 200m rygg, jenter 1996

Klasse født 96

1	Marte Stamland	96	Poseidon	(0,62)	2.21,32	615 ÅMR
	33,89(33,89)	1.09,67(35,78)	1.45,44(35,77)	2.21,32(35,88)		
2	Karoline Steffensen	96	Harstad SK	(0,71)	2.21,82	609
	34,76(34,76)	1.11,68(36,92)	1.46,81(35,13)	2.21,82(35,01)		
3	Amalie Thorstensen	96	Vågsbygd SLK	(0,61)	2.23,06	593
	33,57(33,57)	1.09,04(35,47)	1.45,86(36,82)	2.23,06(37,20)		
4	Vilde Tengedal	96	Bryne SK	(0,68)	2.24,45	576
	33,92(33,92)	1.10,74(36,82)	1.48,10(37,36)	2.24,45(36,35)		
5	Lotte Miller	96	Madla SK	(0,70)	2.25,19	567
	33,74(33,74)	1.10,09(36,35)	1.47,82(37,73)	2.25,19(37,37)		
6	Malene M. Pedersen	96	Lambertseter SK	(0,70)	2.26,19	556
	34,38(34,38)	1.10,44(36,06)	1.48,28(37,84)	2.26,19(37,91)		
7	Lisa Skogeng	96	Delfana	(0,83)	2.26,94	547
	35,57(35,57)	1.12,27(36,70)	1.49,80(37,53)	2.26,94(37,14)		
8	Tone Lill Evanger	96	Delfana	(0,84)	2.27,22	544
	35,66(35,66)	1.12,98(37,32)	1.50,23(37,25)	2.27,22(36,99)		
9	Elin Haugland	96	Delfana	(0,71)	2.27,62	540
	34,27(34,27)	1.11,28(37,01)	1.49,50(38,22)	2.27,62(38,12)		
10	Klara Farkas	96	Lørenskog/Rælingen	(0,88)	2.27,66	539
	35,52(35,52)	1.13,02(37,50)	1.50,50(37,48)	2.27,66(37,16)		
11	Maria Thompson Clausen	96	Madla SK	(0,69)	2.28,74	527
	35,74(35,74)	1.12,93(37,19)	1.50,84(37,91)	2.28,74(37,90)		
12	Vår Celine Søgaaard	96	Lambertseter SK	(0,91)	2.29,28	522
	34,44(34,44)	1.11,31(36,87)	1.50,06(38,75)	2.29,28(39,22)		
13	Sara Louise Pedersen	96	Poseidon	(0,76)	2.29,34	521
	35,41(35,41)	1.12,63(37,22)	1.50,84(38,21)	2.29,34(38,50)		
14	Patricia Baay Kristoffersen	96	Sandefjord SK	(0,83)	2.32,10	493
	34,82(34,82)	1.12,84(38,02)	1.52,79(39,95)	2.32,10(39,31)		
15	Guro Aas	96	Vågsbygd SLK	(0,85)	2.32,19	492
	35,67(35,67)	1.14,05(38,38)	1.53,23(39,18)	2.32,19(38,96)		
16	Stina Victoria Nordberg	96	Ski SK	(0,76)	2.32,45	490
	35,91(35,91)	1.15,74(39,83)	1.54,35(38,61)	2.32,45(38,10)		
17	Tina Schütz	96	Vestkantsvømmerne	(0,96)	2.32,57	489
	35,90(35,90)	1.14,25(38,35)	1.53,41(39,16)	2.32,57(39,16)		
18	Emilie K. Hegdal	96	Stavanger SC	(0,75)	2.32,75	487
	34,27(34,27)	1.12,47(38,20)	1.52,62(40,15)	2.32,75(40,13)		
19	Nehna-Louise Møller-Pettersen	96	Oslo IL	(0,79)	2.33,03	484
	35,00(35,00)	1.13,38(38,38)	1.53,17(39,79)	2.33,03(39,86)		
20	Elisabeth Støver	96	Øvre Eiker SK	(0,69)	2.33,26	482
	35,90(35,90)	1.14,34(38,44)	1.54,56(40,22)	2.33,26(38,70)		
21	Ingeborg Jørmeland	96	Stavanger SC	(0,79)	2.36,96	449
	35,31(35,31)	1.14,80(39,49)	1.56,04(41,24)	2.36,96(40,92)		
22	Elida Hole	96	Vestkantsvømmerne	(0,65)	2.40,08	423
	36,23(36,23)	1.16,87(40,64)	1.58,98(42,11)	2.40,08(41,10)		
23	Eline Mathilde Swensen	96	Ski SK	(0,92)	2.41,32	413
	38,41(38,41)	1.19,38(40,97)	2.00,93(41,55)	2.41,32(40,39)		
24	Anna Finstad	96	Lambertseter SK	(0,80)	2.41,60	411
	36,72(36,72)	1.17,51(40,79)	2.00,01(42,50)	2.41,60(41,59)		

Øvelse 12. 200m rygg, gutter 1996

Klasse født 96

1	Sander Andersen	96	Poseidon	(0,69)	2.07,23	580 ÅMR
	30,28(30,28)	1.02,58(32,30)	1.34,90(32,32)	2.07,23(32,33)		
2	Håkon P. Ludvigsen	96	Randaberg IL	(0,87)	2.12,33	516
	30,83(30,83)	1.04,63(33,80)	1.39,06(34,43)	2.12,33(33,27)		
3	Sindre Aasland Ranaweera	96	Madla SK	(0,86)	2.14,56	490
	31,63(31,63)	1.04,65(33,02)	1.39,84(35,19)	2.14,56(34,72)		
4	Henrik Christiansen	96	Skjetten Svømming	(0,86)	2.14,87	487
	32,75(32,75)	1.07,23(34,48)	1.41,69(34,46)	2.14,87(33,18)		
5	Sander Sivertsen	96	Vestkantsvømmerne	(0,64)	2.16,36	471
	31,68(31,68)	1.06,85(35,17)	1.41,97(35,12)	2.16,36(34,39)		
6	Philip Budd	96	Sandefjord SK	(0,72)	2.17,13	463
	32,61(32,61)	1.07,48(34,87)	1.42,31(34,83)	2.17,13(34,82)		
7	Kacper Domanski	96	Madla SK	(0,79)	2.19,16	443
	33,08(33,08)	1.08,02(34,94)	1.43,52(35,50)	2.19,16(35,64)		
8	Bendik Søfteland	96	Sarpsborg IL	(0,98)	2.20,19	434
	32,77(32,77)	1.08,30(35,53)	1.44,43(36,13)	2.20,19(35,76)		
9	Knut Oscar Skipperud	96	Askimsvømmerne	(0,64)	2.20,81	428
	33,24(33,24)	1.08,96(35,72)	1.45,08(36,12)	2.20,81(35,73)		
10	Morten Wee Hollund	96	Karmøy SK	(0,63)	2.21,71	420
	32,69(32,69)	1.08,53(35,84)	1.45,54(37,01)	2.21,71(36,17)		
11	Ole Martin Bjørlykke	96	Aalesund SLK	(0,81)	2.22,68	411
	34,04(34,04)	1.09,71(35,67)	1.46,22(36,51)	2.22,68(36,46)		
12	Daniel Nesbø	96	Skjetten Svømming	(1,02)	2.23,68	403
	34,13(34,13)	1.10,45(36,32)	1.47,34(36,89)	2.23,68(36,34)		
13	Kevin Peraca	96	Aalesund SLK	(0,89)	2.24,02	400
	34,70(34,70)	1.11,77(37,07)	1.48,89(37,12)	2.24,02(35,13)		
14	Eirik Johnsen	96	Bergens SC	(0,69)	2.25,22	390
	34,55(34,55)	1.11,06(36,51)	1.48,30(37,24)	2.25,22(36,92)		
15	Martin Langeland-Knutsen	96	Sola SK	(0,79)	2.26,33	381
	35,08(35,08)	1.12,25(37,17)	1.49,96(37,71)	2.26,33(36,37)		
16	Steven Knutsson	96	Kongstensvømmerne	(0,76)	2.26,95	376
	33,91(33,91)	1.11,74(37,83)	1.49,37(37,63)	2.26,95(37,58)		
17	Christian Olaussen	96	Sortland SLK	(0,95)	2.29,97	354
	34,91(34,91)	1.12,25(37,34)	1.51,21(38,96)	2.29,97(38,76)		
18	Håkon Wulf Haugen	96	Bergens SC	(0,89)	2.30,45	351
	35,32(35,32)	1.14,03(38,71)	1.53,04(39,01)	2.30,45(37,41)		
19	Tage Singstad	96	Trondhjem SLK	(0,82)	2.30,95	347
	35,54(35,54)	1.14,10(38,56)	1.52,59(38,49)	2.30,95(38,36)		
20	Alexander Johnsgaard	96	Delfana	(0,79)	2.32,50	337
	35,78(35,78)	1.15,04(39,26)	1.54,44(39,40)	2.32,50(38,06)		
21	Kai Arne S Myklebust	96	Bærumsvømmerne	(0,78)	2.32,89	334
	34,85(34,85)	1.13,34(38,49)	1.53,34(40,00)	2.32,89(39,55)		
22	Johannes Aagaard-Nilsen Wiik	96	Larvik SK	(0,72)	2.32,98	334
	34,79(34,79)	1.13,33(38,54)	1.53,08(39,75)	2.32,98(39,90)		
23	Henrik Syversveen Lie	96	Bærumsvømmerne	(0,70)	2.33,22	332
	35,77(35,77)	1.14,34(38,57)	1.54,41(40,07)	2.33,22(38,81)		
24	Erik Andre Klepp Vik	96	Sandnes SLK	(0,80)	2.38,16	302
	36,82(36,82)	1.17,36(40,54)	1.57,91(40,55)	2.38,16(40,25)		

Lørdag 9. april 2011 kl 15.00

Øvelse 13. 200m bryst, jenter 1998

Klasse født 98

1	Ulrikke Rein	98	Madla SK	2.49,21	503
	38,98(38,98)	1.21,83(42,85)	2.05,58(43,75)	2.49,21(43,63)	
2	Nina-Therese Storstein	98	Karmøy SK	2.51,99	479
	39,86(39,86)	1.23,70(43,84)	2.07,62(43,92)	2.51,99(44,37)	
3	Ingvild Gullaksen Vatshelle	98	Vestkantsvømmerne	2.52,76	473
	39,80(39,80)	1.24,20(44,40)	2.08,53(44,33)	2.52,76(44,23)	
4	Helene Andersen	98	Karadjok SK	2.53,81	464
	41,14(41,14)	1.26,17(45,03)	2.10,62(44,45)	2.53,81(43,19)	
5	Ingrid Svan Kjær	98	Larvik SK	2.53,87	464
	39,17(39,17)	1.22,84(43,67)	2.08,51(45,67)	2.53,87(45,36)	
6	Maria Voldsund	98	Delfana	2.55,16	453
	40,48(40,48)	1.24,69(44,21)	2.10,24(45,55)	2.55,16(44,92)	
7	Rebecca Grindland Ege	98	Vågsbygd SLK	2.57,29	437
	41,08(41,08)	1.26,21(45,13)	2.11,45(45,24)	2.57,29(45,84)	
8	Hanna Louise Berge	98	SK Speed	2.57,35	437
	40,42(40,42)	1.24,85(44,43)	2.10,66(45,81)	2.57,35(46,69)	
9	Silje Mikkelborg	98	Skjetten Svømming	3.00,70	413
	41,01(41,01)	1.26,81(45,80)	2.13,61(46,80)	3.00,70(47,09)	
10	Thea Kristine Nord	98	Kolbotn IL	3.02,22	403
	41,85(41,85)	1.28,39(46,54)	2.15,19(46,80)	3.02,22(47,03)	
11	Sara Juul Wolfgang	98	Trondhjem SLK	3.04,49	388
	42,40(42,40)	1.28,90(46,50)	2.17,19(48,29)	3.04,49(47,30)	
12	Caroline Rosmo	98	Lambertseter SK	3.05,10	384
	42,26(42,26)	1.28,58(46,32)	2.16,05(47,47)	3.05,10(49,05)	
13	Aurora Kamnes	98	Lørenskog/Rælingen	3.05,24	383
	42,19(42,19)	1.29,14(46,95)	2.17,38(48,24)	3.05,24(47,86)	
14	Celia Lie Storstad	98	Ski SK	3.07,33	371
	42,29(42,29)	1.29,24(46,95)	2.18,03(48,79)	3.07,33(49,30)	
15	Emilie Lie Mathisen	98	Vestkantsvømmerne	3.07,61	369
	42,17(42,17)	1.30,08(47,91)	2.18,70(48,62)	3.07,61(48,91)	
16	Rebecca Sundtjønn	98	Vågsbygd SLK	3.09,37	359
	43,11(43,11)	1.31,44(48,33)	2.20,23(48,79)	3.09,37(49,14)	
17	Inger-Ane Sætra Schefte	98	Kolbotn IL	3.09,39	359
	44,04(44,04)	1.32,16(48,12)	2.20,69(48,53)	3.09,39(48,70)	
18	Katrine Solberg	98	Larvik SK	3.13,65	336
	44,16(44,16)	1.33,83(49,67)	2.23,53(49,70)	3.13,65(50,12)	
19	Linn Sofie Hansen	98	Øvre Eiker SK	3.15,82	325
	43,47(43,47)	1.32,68(49,21)	2.24,31(51,63)	3.15,82(51,51)	
20	Ina Karin Haagensen	98	Aalesund SLK	3.16,46	321
	44,59(44,59)	1.34,95(50,36)	2.26,12(51,17)	3.16,46(50,34)	
21	Hanne Reime	98	Bryne SK	3.16,50	321
	43,66(43,66)	1.33,90(50,24)	2.26,08(52,18)	3.16,50(50,42)	
22	Tuva Tronstad	98	Risør Varden	3.20,98	300
	46,59(46,59)	1.37,29(50,70)	2.28,82(51,53)	3.20,98(52,16)	
23	Karina Davidsen	98	Lambertseter SK	3.33,44	251
	48,64(48,64)	1.42,57(53,93)	2.37,91(55,34)	3.33,44(55,53)	
	Tone H. Nilsen	98	Mandal SK	DISK	

Øvelse 14. 200m bryst, gutter 1998

Klasse født 98

1	Gustav Mattingsdal Pedersen	98	Farsund SK	2.45,74	386
	38,09(38,09)	1.20,93(42,84)	2.03,81(42,88)	2.45,74(41,93)	
2	Mikolaj Dobies	98	Lambertseter SK	2.45,93	385
	36,31(36,31)	1.17,81(41,50)	2.01,81(44,00)	2.45,93(44,12)	
3	Urs Bludau	98	Arna SLK	2.47,62	373
	37,03(37,03)	1.19,34(42,31)	2.04,38(45,04)	2.47,62(43,24)	
4	Njål K. Olsen	98	Kongstensvømmerne	2.51,37	349
	38,85(38,85)	1.23,10(44,25)	2.07,45(44,35)	2.51,37(43,92)	
5	Teis Malterud	98	Førde IL	2.58,40	309
	40,98(40,98)	1.26,39(45,41)	2.12,16(45,77)	2.58,40(46,24)	
6	Håvard Hansen	98	Risør Varden	3.01,42	294
	39,63(39,63)	1.26,98(47,35)	2.15,82(48,84)	3.01,42(45,60)	
7	Axel Ravndal	98	Sandnes SLK	3.03,03	287
	41,47(41,47)	1.28,14(46,67)	2.16,22(48,08)	3.03,03(46,81)	
8	Fridtjov Mørk	98	Lambertseter SK	3.03,83	283
	42,99(42,99)	1.29,84(46,85)	2.17,87(48,03)	3.03,83(45,96)	
9	Viktor Husø Richardsen	98	Lambertseter SK	3.04,51	280
	42,46(42,46)	1.29,62(47,16)	2.17,70(48,08)	3.04,51(46,81)	
10	Christian Manum Hagby	98	Asker SK	3.05,87	274
	42,75(42,75)	1.30,07(47,32)	2.17,68(47,61)	3.05,87(48,19)	
11	Simen Kreybu	98	Arna SLK	3.06,36	271
	42,28(42,28)	1.29,53(47,25)	2.17,53(48,00)	3.06,36(48,83)	
12	Erling Belaska	98	Madla SK	3.07,53	266
	43,62(43,62)	1.31,66(48,04)	2.20,25(48,59)	3.07,53(47,28)	
13	Jonas Østenstad	98	Haugesund SK	3.11,74	249
	43,80(43,80)	1.32,96(49,16)	2.22,32(49,36)	3.11,74(49,42)	
14	Morten Olden Larsen	98	Vestbyen IL	3.16,04	233
	45,55(45,55)	1.35,36(49,81)	2.25,93(50,57)	3.16,04(50,11)	
15	Håvard Svergja	98	Molde SLK	3.17,63	228
	43,43(43,43)	1.33,72(50,29)	2.25,78(52,06)	3.17,63(51,85)	
16	Hans Markus Jahle	98	Sarpsborg IL	3.20,10	219
	46,48(46,48)	1.37,84(51,36)	2.29,35(51,51)	3.20,10(50,75)	
17	Halvor Alvestad Larsen	98	Karmøy SK	3.21,08	216
	46,49(46,49)	1.37,73(51,24)	2.30,11(52,38)	3.21,08(50,97)	
18	Theodor Hystad	98	Sarpsborg IL	3.22,19	213
	45,41(45,41)	1.36,64(51,23)	2.29,78(53,14)	3.22,19(52,41)	
19	Martin Ross Hemminghyth	98	SK Speed	3.22,39	212
	46,09(46,09)	1.38,04(51,95)	2.31,94(53,90)	3.22,39(50,45)	
20	Eskil Olaussen	98	Lakselv SK	3.25,80	202
	45,60(45,60)	1.38,32(52,72)	2.32,33(54,01)	3.25,80(53,47)	
21	Thomas Latini	98	Kolbotn IL	3.25,86	201
	45,90(45,90)	1.38,06(52,16)	2.32,51(54,45)	3.25,86(53,35)	
22	Ole Jørgen Vastveit	98	Sarpsborg IL	3.33,48	181
	47,33(47,33)	1.41,98(54,65)	2.37,79(55,81)	3.33,48(55,69)	
	Jan Fredrik Halvorsen	98	Skjetten Svømming	DISK	
	Jon Olav Båtbukt	98	Trondhjem SLK	DISK	

Øvelse 15. 200m bryst, jenter 1997

Klasse født 97

1	Sofie Reisænen	97	Vågsbygd SLK	2.42,78	565
	36,70(36,70)	1.18,07(41,37)	2.00,02(41,95)	2.42,78(42,76)	
2	Majken Antonie Smith	97	Asker SK	2.45,75	535
	37,45(37,45)	1.18,68(41,23)	2.01,40(42,72)	2.45,75(44,35)	
3	Karianne Reinertsen	97	Delfana	2.49,79	498
	38,11(38,11)	1.21,31(43,20)	2.05,37(44,06)	2.49,79(44,42)	
4	Stina Heimnes	97	Åstveit SK	2.50,64	490
	38,44(38,44)	1.21,52(43,08)	2.05,64(44,12)	2.50,64(45,00)	
5	Line Henanger	97	Lambertseter SK	2.52,94	471
	38,87(38,87)	1.22,86(43,99)	2.07,93(45,07)	2.52,94(45,01)	
6	Birgit Kvisvik	97	IL Norodd	2.53,47	467
	39,60(39,60)	1.24,31(44,71)	2.09,36(45,05)	2.53,47(44,11)	
7	Julie Sundstrøm	97	Delfana	2.54,61	458
	38,93(38,93)	1.23,71(44,78)	2.09,25(45,54)	2.54,61(45,36)	
8	Ida Amalie Myhr	97	Lambertseter SK	2.54,97	455
	40,70(40,70)	1.25,27(44,57)	2.10,16(44,89)	2.54,97(44,81)	
9	Rebecca Karlsson	97	Asker SK	2.55,38	452
	40,66(40,66)	1.25,91(45,25)	2.10,19(44,28)	2.55,38(45,19)	
10	Ingrid Bergslid	97	Madla SK	2.56,20	445
	41,02(41,02)	1.25,91(44,89)	2.11,39(45,48)	2.56,20(44,81)	
11	Nina Staveland	97	Madla SK	2.56,32	445
	41,02(41,02)	1.25,54(44,52)	2.10,83(45,29)	2.56,32(45,49)	
12	Ida Tomine Glomsaker	97	Madla SK	2.58,34	430
	39,67(39,67)	1.24,66(44,99)	2.10,85(46,19)	2.58,34(47,49)	
13	Marte Dale	97	Vestkantsvømmerne	2.59,14	424
	40,40(40,40)	1.26,57(46,17)	2.13,22(46,65)	2.59,14(45,92)	
14	Ada Jakobsen Avlund	97	Lambertseter SK	3.00,21	416
	41,00(41,00)	1.26,39(45,39)	2.13,10(46,71)	3.00,21(47,11)	
15	Susann Pleyrn Olsen	97	Delfana	3.00,49	414
	40,88(40,88)	1.26,50(45,62)	2.13,36(46,86)	3.00,49(47,13)	
16	Sandra Sola	97	Madla SK	3.00,52	414
	41,62(41,62)	1.27,77(46,15)	2.14,25(46,48)	3.00,52(46,27)	
17	Ingeborg Liseth Pedersen	97	Åstveit SK	3.00,59	414
	41,13(41,13)	1.26,84(45,71)	2.13,24(46,40)	3.00,59(47,35)	
18	Vanja Sand Syversen	97	Delfana	3.00,66	413
	40,40(40,40)	1.27,15(46,75)	2.14,07(46,92)	3.00,66(46,59)	
19	Karla Ruud	97	Lambertseter SK	3.05,13	384
	41,93(41,93)	1.29,00(47,07)	2.16,87(47,87)	3.05,13(48,26)	
20	Helene Joyce Nilsen	97	Kolbotn IL	3.05,37	383
	42,59(42,59)	1.29,90(47,31)	2.17,86(47,96)	3.05,37(47,51)	
21	Isabell Bjerregaard	97	Haldens SK	3.05,86	380
	42,72(42,72)	1.30,28(47,56)	2.18,27(47,99)	3.05,86(47,59)	
22	Lotte Stubdal	97	Lambertseter SK	3.06,68	375
	42,80(42,80)	1.29,66(46,86)	2.17,71(48,05)	3.06,68(48,97)	
23	Vilje Mohagen	97	Skjetten Svømming	3.13,99	334
	44,83(44,83)	1.34,50(49,67)	2.24,21(49,71)	3.13,99(49,78)	

Øvelse 16. 200m bryst, gutter 1997

Klasse født 97

1	Mads Henry Steinland	97	Bærumsvømmerne	2.29,27	528
	32,84(32,84)	1.10,16(37,32)	1.49,11(38,95)	2.29,27(40,16)	
2	Sigurd Holten Bøen	97	Aalesund SLK	2.32,66	494
	33,25(33,25)	1.11,21(37,96)	1.51,84(40,63)	2.32,66(40,82)	
3	Erik Årslund Gidskehaug	97	Bryne SK	2.41,63	416
	36,56(36,56)	1.17,71(41,15)	1.59,56(41,85)	2.41,63(42,07)	
4	Ole Marius Bunæs	97	Haldens SK	2.43,29	404
	36,74(36,74)	1.17,92(41,18)	2.00,26(42,34)	2.43,29(43,03)	
5	Halvor Arne Borgstrøm	97	Stavanger SC	2.44,67	394
	37,16(37,16)	1.19,70(42,54)	2.02,91(43,21)	2.44,67(41,76)	
6	Eirik Helgaker	97	Oslo IL	2.48,04	370
	38,07(38,07)	1.20,81(42,74)	2.04,54(43,73)	2.48,04(43,50)	
7	Even Stubhaug	97	Førde IL	2.53,62	336
	39,63(39,63)	1.24,33(44,70)	2.09,72(45,39)	2.53,62(43,90)	
8	Hans Fredrik Laache	97	Førde IL	2.53,68	335
	38,58(38,58)	1.22,29(43,71)	2.07,96(45,67)	2.53,68(45,72)	
9	Matias Gulestøl	97	Svelgen TIF	2.54,61	330
	41,03(41,03)	1.26,09(45,06)	2.10,51(44,42)	2.54,61(44,10)	
10	Nils Lervik	97	Asker SK	2.56,65	319
	40,96(40,96)	1.26,07(45,11)	2.11,42(45,35)	2.56,65(45,23)	
11	Ulrik Rasch Bakke	97	Elverum Svømming	2.57,58	314
	40,58(40,58)	1.25,56(44,98)	2.11,34(45,78)	2.57,58(46,24)	
12	Jonas Hagmansen	97	SK Speed	2.57,76	313
	39,98(39,98)	1.24,67(44,69)	2.10,70(46,03)	2.57,76(47,06)	
13	Kristoffer Soot	97	Ski SK	2.57,89	312
	41,36(41,36)	1.26,75(45,39)	2.13,40(46,65)	2.57,89(44,49)	
14	Eirik Midtun	97	Bergkameratene	2.58,37	310
	41,18(41,18)	1.26,75(45,57)	2.12,63(45,88)	2.58,37(45,74)	
15	Maurice Sudkamp	97	Randaberg IL	2.59,06	306
	40,42(40,42)	1.25,75(45,33)	2.12,01(46,26)	2.59,06(47,05)	
16	Erlend Anfinsen	97	Sandnes SLK	2.59,58	303
	40,94(40,94)	1.27,52(46,58)	2.13,78(46,26)	2.59,58(45,80)	
17	Harald Goa Fagerheim	97	Karmøy SK	2.59,64	303
	39,65(39,65)	1.26,09(46,44)	2.13,88(47,79)	2.59,64(45,76)	
18	Sivert Skarning	97	Sarpsborg IL	3.00,35	300
	40,30(40,30)	1.27,73(47,43)	2.14,55(46,82)	3.00,35(45,80)	
19	Håkon B Lund	97	Elverum Svømming	3.03,31	285
	40,48(40,48)	1.27,77(47,29)	2.16,74(48,97)	3.03,31(46,57)	
20	Tim Samuelsen	97	Madla SK	3.03,59	284
	42,12(42,12)	1.29,12(47,00)	2.16,60(47,48)	3.03,59(46,99)	
21	Espen Høglo	97	Vågsbygd SLK	3.04,66	279
	40,80(40,80)	1.28,04(47,24)	2.16,45(48,41)	3.04,66(48,21)	
22	Lars-Kristian Gotaas Bjørkbom	97	Bergens SC	3.10,02	256
	42,40(42,40)	1.31,20(48,80)	2.21,26(50,06)	3.10,02(48,76)	
23	Werner Andre Drog	97	SK Føniks	3.10,78	253
	43,22(43,22)	1.32,23(49,01)	2.22,13(49,90)	3.10,78(48,65)	
24	Vladimir Koynarev	97	Bergens SLK	3.17,58	228
	43,60(43,60)	1.33,61(50,01)	2.25,58(51,97)	3.17,58(52,00)	

Øvelse 17. 200m bryst, jenter 1996

Klasse født 96

1	Malene M. Pedersen	96	Lambertseter SK	2.37,28	626
	36,97(36,97)	1.16,38(39,41)	1.56,44(40,06)	2.37,28(40,84)	
2	Amalie Thorstensen	96	Vågsbygd SLK	2.40,91	585
	36,69(36,69)	1.17,39(40,70)	1.58,39(41,00)	2.40,91(42,52)	
3	Tone Lill Evanger	96	Delfana	2.41,23	581
	36,67(36,67)	1.17,79(41,12)	1.59,23(41,44)	2.41,23(42,00)	
4	Guro Aas	96	Vågsbygd SLK	2.41,75	576
	36,58(36,58)	1.17,24(40,66)	1.58,90(41,66)	2.41,75(42,85)	
5	Maria Thompson Clausen	96	Madla SK	2.44,44	548
	36,77(36,77)	1.18,40(41,63)	2.01,23(42,83)	2.44,44(43,21)	
6	Elin Haugland	96	Delfana	2.46,66	526
	37,90(37,90)	1.19,91(42,01)	2.03,20(43,29)	2.46,66(43,46)	
7	Sara Louise Pedersen	96	Poseidon	2.47,30	520
	36,73(36,73)	1.17,85(41,12)	2.01,42(43,57)	2.47,30(45,88)	
8	Patricia Baay Kristoffersen	96	Sandefjord SK	2.47,76	516
	38,39(38,39)	1.21,17(42,78)	2.04,82(43,65)	2.47,76(42,94)	
9	Stina Victoria Nordberg	96	Ski SK	2.48,73	507
	37,88(37,88)	1.21,74(43,86)	2.04,81(43,07)	2.48,73(43,92)	
10	Elida Hole	96	Vestkantsvømmerne	2.49,16	503
	37,30(37,30)	1.19,81(42,51)	2.04,56(44,75)	2.49,16(44,60)	
11	Vilde Tengedal	96	Bryne SK	2.49,61	499
	38,78(38,78)	1.21,46(42,68)	2.05,58(44,12)	2.49,61(44,03)	
12	Anna Finstad	96	Lambertseter SK	2.50,44	492
	38,74(38,74)	1.22,01(43,27)	2.06,11(44,10)	2.50,44(44,33)	
13	Karoline Steffensen	96	Harstad SK	2.50,79	489
	38,76(38,76)	1.23,27(44,51)	2.06,99(43,72)	2.50,79(43,80)	
14	Lotte Miller	96	Madla SK	2.51,06	487
	38,53(38,53)	1.22,38(43,85)	2.06,64(44,26)	2.51,06(44,42)	
15	Klara Farkas	96	Lørenskog/Rælingen	2.53,43	467
	39,60(39,60)	1.23,95(44,35)	2.08,86(44,91)	2.53,43(44,57)	
16	Tina Schütz	96	Vestkantsvømmerne	2.53,53	466
	39,32(39,32)	1.23,37(44,05)	2.08,48(45,11)	2.53,53(45,05)	
17	Ingeborg Jørmeland	96	Stavanger SC	2.54,59	458
	38,38(38,38)	1.22,24(43,86)	2.08,22(45,98)	2.54,59(46,37)	
18	Vår Celine Søgaard	96	Lambertseter SK	2.54,60	458
	39,40(39,40)	1.23,17(43,77)	2.08,53(45,36)	2.54,60(46,07)	
19	Eline Mathilde Swensen	96	Ski SK	2.56,14	446
	40,39(40,39)	1.24,76(44,37)	2.10,32(45,56)	2.56,14(45,82)	
20	Nehna-Louise Møller-Pettersen	96	Oslo IL	2.56,20	445
	40,16(40,16)	1.24,91(44,75)	2.10,11(45,20)	2.56,20(46,09)	
21	Lisa Skogeng	96	Delfana	2.58,40	429
	40,55(40,55)	1.25,61(45,06)	2.11,88(46,27)	2.58,40(46,52)	
22	Emilie K. Hegdal	96	Stavanger SC	2.59,55	421
	40,98(40,98)	1.26,85(45,87)	2.13,21(46,36)	2.59,55(46,34)	
23	Marte Stamland	96	Poseidon	3.00,37	415
	40,86(40,86)	1.26,74(45,88)	2.13,19(46,45)	3.00,37(47,18)	
24	Elisabeth Støver	96	Øvre Eiker SK	3.01,80	406
	41,06(41,06)	1.27,50(46,44)	2.15,24(47,74)	3.01,80(46,56)	

Øvelse 18. 200m bryst, gutter 1996

Klasse født 96

1	Sindre Aasland Ranaweera	96	Madla SK	2.29,22	529
	33,41(33,41)	1.10,68(37,27)	1.49,40(38,72)	2.29,22(39,82)	
2	Henrik Christiansen	96	Skjetten Svømming	2.31,34	507
	35,04(35,04)	1.13,54(38,50)	1.52,50(38,96)	2.31,34(38,84)	
3	Sander Andersen	96	Poseidon	2.33,27	488
	35,24(35,24)	1.14,52(39,28)	1.53,60(39,08)	2.33,27(39,67)	
4	Morten Wee Hollund	96	Karmøy SK	2.35,66	466
	34,64(34,64)	1.14,25(39,61)	1.54,87(40,62)	2.35,66(40,79)	
5	Ole Martin Bjørlykke	96	Aalesund SLK	2.37,87	447
	35,41(35,41)	1.15,02(39,61)	1.56,25(41,23)	2.37,87(41,62)	
5	Knut Oscar Skipperud	96	Askimsvømmerne	2.37,87	447
	35,47(35,47)	1.16,32(40,85)	1.57,33(41,01)	2.37,87(40,54)	
7	Kai Arne S Myklebust	96	Bærumsvømmerne	2.38,07	445
	34,02(34,02)	1.13,73(39,71)	1.55,88(42,15)	2.38,07(42,19)	
8	Sander Sivertsen	96	Vestkantsvømmerne	2.39,15	436
	35,22(35,22)	1.15,21(39,99)	1.56,67(41,46)	2.39,15(42,48)	
9	Bendik Søfteland	96	Sarpsborg IL	2.39,47	433
	35,15(35,15)	1.15,17(40,02)	1.57,62(42,45)	2.39,47(41,85)	
10	Philip Budd	96	Sandefjord SK	2.40,09	428
	37,29(37,29)	1.17,78(40,49)	1.59,04(41,26)	2.40,09(41,05)	
11	Håkon P. Ludvigsen	96	Randberg IL	2.42,53	409
	36,88(36,88)	1.18,52(41,64)	2.01,50(42,98)	2.42,53(41,03)	
12	Alexander Johnsgaard	96	Delfana	2.43,12	405
	35,88(35,88)	1.16,90(41,02)	2.00,28(43,38)	2.43,12(42,84)	
13	Johannes Aagaard-Nilsen Wiik	96	Larvik SK	2.45,29	389
	37,22(37,22)	1.19,96(42,74)	2.02,83(42,87)	2.45,29(42,46)	
14	Eirik Johnsen	96	Bergens SC	2.46,52	381
	38,04(38,04)	1.20,99(42,95)	2.03,90(42,91)	2.46,52(42,62)	
15	Martin Langeland-Knutson	96	Sola SK	2.47,83	372
	37,60(37,60)	1.21,11(43,51)	2.05,03(43,92)	2.47,83(42,80)	
16	Steven Knutsson	96	Kongstensvømmerne	2.51,24	350
	38,33(38,33)	1.22,00(43,67)	2.06,29(44,29)	2.51,24(44,95)	
17	Håkon Wulf Haugen	96	Bergens SC	2.54,20	332
	38,86(38,86)	1.23,58(44,72)	2.08,74(45,16)	2.54,20(45,46)	
18	Kevin Peraca	96	Aalesund SLK	2.54,55	330
	37,63(37,63)	1.21,35(43,72)	2.07,70(46,35)	2.54,55(46,85)	
19	Kacper Domanski	96	Madla SK	2.55,15	327
	39,28(39,28)	1.24,21(44,93)	2.10,56(46,35)	2.55,15(44,59)	
20	Tage Singstad	96	Trondhjem SLK	2.56,09	322
	39,60(39,60)	1.24,64(45,04)	2.10,38(45,74)	2.56,09(45,71)	
21	Henrik Syversveen Lie	96	Bærumsvømmerne	2.56,36	320
	39,33(39,33)	1.23,90(44,57)	2.10,37(46,47)	2.56,36(45,99)	
22	Daniel Nesbø	96	Skjetten Svømming	2.56,66	319
	39,24(39,24)	1.24,05(44,81)	2.10,17(46,12)	2.56,66(46,49)	
23	Erik Andre Klepp Vik	96	Sandnes SLK	2.57,12	316
	39,27(39,27)	1.23,57(44,30)	2.10,24(46,67)	2.57,12(46,88)	
24	Christian Olaussen	96	Sortland SLK	3.05,64	275
	41,12(41,12)	1.28,09(46,97)	2.16,83(48,74)	3.05,64(48,81)	

Søndag 10. april 2011 kl 10.00**Øvelse 19. 100m butterfly, jenter 1998****Klasse født 98**

1	Hanna Louise Berge	98	SK Speed	1.09,89	489
	32,44(32,44)	1.09,89(37,45)			
2	Maria Voldsund	98	Delfana	1.10,01	486
	32,40(32,40)	1.10,01(37,61)			
3	Rebecca Grindland Ege	98	Vågsbygd SLK	1.11,46	457
	33,34(33,34)	1.11,46(38,12)			
4	Emilie Lie Mathisen	98	Vestkantsvømmerne	1.11,53	456
	33,32(33,32)	1.11,53(38,21)			
5	Ingrid Svan Kjær	98	Larvik SK	1.11,68	453
	33,29(33,29)	1.11,68(38,39)			
6	Katrine Solberg	98	Larvik SK	1.13,19	426
	34,71(34,71)	1.13,19(38,48)			
7	Helene Andersen	98	Karasjok SK	1.14,71	400
	34,55(34,55)	1.14,71(40,16)			
8	Inger-Ane Sætra Schefte	98	Kolbotn IL	1.14,89	397
	34,94(34,94)	1.14,89(39,95)			
9	Celia Lie Storstad	98	Ski SK	1.16,25	376
	36,11(36,11)	1.16,25(40,14)			
10	Karina Davidsen	98	Lambertseter SK	1.16,50	373
	35,73(35,73)	1.16,50(40,77)			
11	Aurora Kamnes	98	Lørenskog/Rælingen	1.16,54	372
	35,84(35,84)	1.16,54(40,70)			
12	Linn Sofie Hansen	98	Øvre Eiker SK	1.16,66	370
	35,36(35,36)	1.16,66(41,30)			
13	Tuva Tronstad	98	Risør Varden	1.16,93	366
	35,62(35,62)	1.16,93(41,31)			
14	Silje Mikkeltorg	98	Skjetten Svømming	1.18,13	350
	36,70(36,70)	1.18,13(41,43)			
15	Nina-Therese Storstein	98	Karmøy SK	1.18,33	347
	36,43(36,43)	1.18,33(41,90)			
16	Tone H. Nilsen	98	Mandal SK	1.19,10	337
	35,82(35,82)	1.19,10(43,28)			
17	Hanne Reime	98	Bryne SK	1.20,16	324
	36,83(36,83)	1.20,16(43,33)			
18	Rebecca Sundtjonn	98	Vågsbygd SLK	1.20,21	323
	36,82(36,82)	1.20,21(43,39)			
19	Ulrikke Rein	98	Madla SK	1.20,67	318
	36,37(36,37)	1.20,67(44,30)			
20	Thea Kristine Nord	98	Kolbotn IL	1.21,94	303
	38,27(38,27)	1.21,94(43,67)			
21	Ingvild Gullaksen Vatshelle	98	Vestkantsvømmerne	1.22,28	299
	37,86(37,86)	1.22,28(44,42)			
22	Caroline Rosmo	98	Lambertseter SK	1.22,52	297
	37,90(37,90)	1.22,52(44,62)			
23	Sara Juul Wolfgang	98	Trondhjem SLK	1.24,19	280
	38,64(38,64)	1.24,19(45,55)			
24	Ina Karin Haagensen	98	Aalesund SLK	1.25,72	265
	39,21(39,21)	1.25,72(46,51)			

Øvelse 20. 100m butterfly, gutter 1998

Klasse født 98

1	Urs Bludau	98	Arna SLK	1.08,84	349
	31,84(31,84)	1.08,84(37,00)			
2	Njål K. Olsen	98	Kongstensvømmerne	1.10,07	331
	32,92(32,92)	1.10,07(37,15)			
3	Håvard Hansen	98	Risør Varden	1.14,30	278
	32,28(32,28)	1.14,30(42,02)			
4	Gustav Mattingsdal Pedersen	98	Farsund SK	1.14,77	273
	34,73(34,73)	1.14,77(40,04)			
5	Viktor Husø Richardsen	98	Lambertseter SK	1.15,11	269
	35,80(35,80)	1.15,11(39,31)			
6	Fridtjov Mørk	98	Lambertseter SK	1.15,33	267
	35,60(35,60)	1.15,33(39,73)			
7	Axel Ravndal	98	Sandnes SLK	1.15,56	264
	34,88(34,88)	1.15,56(40,68)			
8	Simen Kreybu	98	Arna SLK	1.18,44	236
	35,62(35,62)	1.18,44(42,82)			
9	Jan Fredrik Halvorsen	98	Skjetten Svømming	1.19,92	223
	38,25(38,25)	1.19,92(41,67)			
10	Martin Ross Hemminghyth	98	SK Speed	1.20,55	218
	37,98(37,98)	1.20,55(42,57)			
11	Teis Malterud	98	Førde IL	1.20,58	218
	36,95(36,95)	1.20,58(43,63)			
12	Christian Manum Hagby	98	Asker SK	1.21,41	211
	37,45(37,45)	1.21,41(43,96)			
13	Ole Jørgen Vastveit	98	Sarpsborg IL	1.21,82	208
	36,83(36,83)	1.21,82(44,99)			
14	Morten Olden Larsen	98	Vestbyen IL	1.22,59	202
	37,04(37,04)	1.22,59(45,55)			
15	Jon Olav Båtbukt	98	Trondhjem SLK	1.23,62	195
	38,38(38,38)	1.23,62(45,24)			
16	Thomas Latini	98	Kolbotn IL	1.25,03	185
	38,29(38,29)	1.25,03(46,74)			
17	Mikolaj Dobies	98	Lambertseter SK	1.25,09	185
	39,84(39,84)	1.25,09(45,25)			
18	Hans Markus Jahle	98	Sarpsborg IL	1.26,83	174
	40,44(40,44)	1.26,83(46,39)			
19	Erling Belaska	98	Madla SK	1.28,44	165
	41,61(41,61)	1.28,44(46,83)			
20	Håvard Svergja	98	Molde SLK	1.29,98	156
	39,64(39,64)	1.29,98(50,34)			
21	Jonas Østenstad	98	Haugesund SK	1.32,16	146
	42,41(42,41)	1.32,16(49,75)			
22	Theodor Hystad	98	Sarpsborg IL	1.33,42	140
	41,43(41,43)	1.33,42(51,99)			
23	Njål Nordal	98	Molde SLK	1.33,64	139
	42,25(42,25)	1.33,64(51,39)			
	Halvor Alvestad Larsen	98	Karmøy SK	DISK	

Øvelse 21. 100m butterfly, jenter 1997

Klasse født 97

1	Karianne Reinertsen	97	Delfana	1.08,16	527
	31,96(31,96)	1.08,16(36,20)			
2	Sofie Reisænen	97	Vågsbygd SLK	1.09,22	503
	31,96(31,96)	1.09,22(37,26)			
3	Ingrid Bergslid	97	Madla SK	1.09,48	497
	32,09(32,09)	1.09,48(37,39)			
4	Vanja Sand Syversen	97	Delfana	1.11,28	461
	32,83(32,83)	1.11,28(38,45)			
5	Vilje Mohagen	97	Skjetten Svømming	1.11,76	451
	32,91(32,91)	1.11,76(38,85)			
6	Karla Ruud	97	Lambertseter SK	1.12,00	447
	33,63(33,63)	1.12,00(38,37)			
7	Birgit Kvisvik	97	IL Norodd	1.12,19	443
	33,74(33,74)	1.12,19(38,45)			
8	Nina Staveland	97	Madla SK	1.12,59	436
	34,04(34,04)	1.12,59(38,55)			
9	Ida Amalie Myhr	97	Lambertseter SK	1.14,24	408
	34,11(34,11)	1.14,24(40,13)			
10	Susann Pleym Olsen	97	Delfana	1.14,53	403
	35,09(35,09)	1.14,53(39,44)			
11	Majken Antonie Smith	97	Asker SK	1.15,46	388
	35,39(35,39)	1.15,46(40,07)			
12	Julie Sundstrøm	97	Delfana	1.15,84	382
	35,50(35,50)	1.15,84(40,34)			
13	Line Henanger	97	Lambertseter SK	1.16,05	379
	35,08(35,08)	1.16,05(40,97)			
14	Sandra Sola	97	Madla SK	1.16,46	373
	35,27(35,27)	1.16,46(41,19)			
15	Stina Heimnes	97	Åstveit SK	1.17,51	358
	36,50(36,50)	1.17,51(41,01)			
16	Helene Joyce Nilsen	97	Kolbotn IL	1.17,52	358
	35,91(35,91)	1.17,52(41,61)			
17	Marte Dale	97	Vestkantsvømmerne	1.17,84	354
	35,16(35,16)	1.17,84(42,68)			
18	Lotte Stubdal	97	Lambertseter SK	1.18,16	349
	35,03(35,03)	1.18,16(43,13)			
19	Rebecca Karlsson	97	Asker SK	1.18,39	346
	36,07(36,07)	1.18,39(42,32)			
20	Ada Jakobsen Avlund	97	Lambertseter SK	1.18,94	339
	37,68(37,68)	1.18,94(41,26)			
21	Ingeborg Liseth Pedersen	97	Åstveit SK	1.20,91	315
	37,05(37,05)	1.20,91(43,86)			
22	Isabell Bjerregaard	97	Haldens SK	1.21,69	306
	37,63(37,63)	1.21,69(44,06)			
23	Ida Tomine Glomsaker	97	Madla SK	1.26,51	258
	39,35(39,35)	1.26,51(47,16)			

Øvelse 22. 100m butterfly, gutter 1997

Klasse født 97

1	Sigurd Holten Bøen	97	Aalesund SLK	1.02,68	463
	28,80(28,80)	1.02,68(33,88)			
2	Halvor Arne Borgstrøm	97	Stavanger SC	1.06,09	395
	31,00(31,00)	1.06,09(35,09)			
3	Eirik Helgaker	97	Oslo IL	1.06,70	384
	31,37(31,37)	1.06,70(35,33)			
4	Erik Årslund Gidskehaug	97	Bryne SK	1.07,20	375
	31,40(31,40)	1.07,20(35,80)			
5	Harald Goa Fagerheim	97	Karmøy SK	1.07,21	375
	29,23(29,23)	1.07,21(37,98)			
6	Mads Henry Steinland	97	Bærumsvømmerne	1.07,94	363
	30,87(30,87)	1.07,94(37,07)			
7	Ole Marius Bunæs	97	Haldens SK	1.08,78	350
	32,17(32,17)	1.08,78(36,61)			
8	Maurice Sudkamp	97	Randaberg IL	1.09,53	339
	32,24(32,24)	1.09,53(37,29)			
9	Vladimir Koynarev	97	Bergens SLK	1.09,56	339
	31,72(31,72)	1.09,56(37,84)			
10	Jonas Hagmansen	97	SK Speed	1.11,39	313
	32,18(32,18)	1.11,39(39,21)			
11	Eirik Midtun	97	Bergkameratene	1.12,30	301
	33,89(33,89)	1.12,30(38,41)			
12	Nils Lervik	97	Asker SK	1.13,04	292
	32,22(32,22)	1.13,04(40,82)			
13	Kristoffer Soot	97	Ski SK	1.13,25	290
	34,31(34,31)	1.13,25(38,94)			
14	Ulrik Rasch Bakke	97	Elverum Svømming	1.13,85	283
	33,86(33,86)	1.13,85(39,99)			
15	Lars-Kristian Gotaas Bjørkbom	97	Bergens SC	1.14,02	281
	33,81(33,81)	1.14,02(40,21)			
16	Tim Samuelsen	97	Madla SK	1.14,22	279
	34,54(34,54)	1.14,22(39,68)			
17	Erlend Anfinen	97	Sandnes SLK	1.14,33	277
	34,29(34,29)	1.14,33(40,04)			
18	Espen Høglo	97	Vågsbygd SLK	1.14,39	277
	34,66(34,66)	1.14,39(39,73)			
19	Håkon B Lund	97	Elverum Svømming	1.15,92	260
	33,62(33,62)	1.15,92(42,30)			
20	Sivert Skarning	97	Sarpsborg IL	1.16,72	252
	34,79(34,79)	1.16,72(41,93)			
21	Matias Gulestøl	97	Svelgen TIF	1.16,79	252
	34,46(34,46)	1.16,79(42,33)			
22	Even Stubhaug	97	Førde IL	1.18,12	239
	36,45(36,45)	1.18,12(41,67)			
23	Werner Andre Drosig	97	SK Fønix	1.18,98	231
	36,32(36,32)	1.18,98(42,66)			
24	Hans Fredrik Laache	97	Førde IL	1.19,04	231
	36,28(36,28)	1.19,04(42,76)			

Øvelse 23. 100m butterfly, jenter 1996

Klasse født 96

1	Klara Farkas	96	Lørenskog/Rælingen	1.03,60	648 ÅMR
	30,36(30,36)	1.03,60(33,24)			
2	Maria Thompson Clausen	96	Madla SK	1.04,39	625
	30,24(30,24)	1.04,39(34,15)			
3	Elin Haugland	96	Delfana	1.04,95	609
	30,43(30,43)	1.04,95(34,52)			
4	Amalie Thorstensen	96	Vågsbygd SLK	1.05,46	595
	31,12(31,12)	1.05,46(34,34)			
5	Vilde Tengesdal	96	Bryne SK	1.05,62	590
	30,62(30,62)	1.05,62(35,00)			
6	Vår Celine Sjøgaard	96	Lambertseter SK	1.06,40	570
	31,04(31,04)	1.06,40(35,36)			
7	Sara Louise Pedersen	96	Poseidon	1.06,67	563
	31,15(31,15)	1.06,67(35,52)			
8	Emilie K. Hegdal	96	Stavanger SC	1.07,61	540
	31,69(31,69)	1.07,61(35,92)			
9	Lotte Miller	96	Madla SK	1.08,03	530
	31,49(31,49)	1.08,03(36,54)			
10	Malene M. Pedersen	96	Lambertseter SK	1.08,78	513
	32,08(32,08)	1.08,78(36,70)			
11	Karoline Steffensen	96	Harstad SK	1.08,81	512
	32,15(32,15)	1.08,81(36,66)			
12	Stina Victoria Nordberg	96	Ski SK	1.09,27	502
	32,56(32,56)	1.09,27(36,71)			
13	Eline Mathilde Swensen	96	Ski SK	1.09,47	498
	32,93(32,93)	1.09,47(36,54)			
14	Elida Hole	96	Vestkantsvømmerne	1.09,85	490
	32,10(32,10)	1.09,85(37,75)			
15	Guro Aas	96	Vågsbygd SLK	1.10,12	484
	32,09(32,09)	1.10,12(38,03)			
16	Ingeborg Jørmeland	96	Stavanger SC	1.10,24	481
	32,07(32,07)	1.10,24(38,17)			
17	Patricia Baay Kristoffersen	96	Sandefjord SK	1.10,31	480
	32,93(32,93)	1.10,31(37,38)			
18	Nehna-Louise Møller-Pettersen	96	Oslo IL	1.10,53	475
	32,63(32,63)	1.10,53(37,90)			
19	Lisa Skogeng	96	Delfana	1.10,75	471
	32,53(32,53)	1.10,75(38,22)			
20	Tone Lill Evanger	96	Delfana	1.11,17	463
	33,13(33,13)	1.11,17(38,04)			
21	Tina Schütz	96	Vestkantsvømmerne	1.12,59	436
	33,96(33,96)	1.12,59(38,63)			
22	Elisabeth Støver	96	Øvre Eiker SK	1.13,97	412
	33,57(33,57)	1.13,97(40,40)			
23	Anna Finstad	96	Lambertseter SK	1.17,76	355
	36,23(36,23)	1.17,76(41,53)			
	Marte Stamland	96	Poseidon		DISK

Øvelse 24. 100m butterfly, gutter 1996

Klasse født 96

1	Morten Wee Hollund	96	Karmøy SK	59,61	538
	28,03(28,03)	59,61(31,58)			
2	Sander Sivertsen	96	Vestkantsvømmerne	59,68	536
	27,77(27,77)	59,68(31,91)			
3	Kacper Domanski	96	Madla SK	1.00,19	523
	28,37(28,37)	1.00,19(31,82)			
4	Håkon P. Ludvigsen	96	Randaberg IL	1.01,33	494
	28,64(28,64)	1.01,33(32,69)			
5	Sander Andersen	96	Poseidon	1.01,36	493
	28,87(28,87)	1.01,36(32,49)			
6	Philip Budd	96	Sandefjord SK	1.02,12	475
	29,15(29,15)	1.02,12(32,97)			
7	Sindre Aasland Ranaweera	96	Madla SK	1.02,81	460
	29,13(29,13)	1.02,81(33,68)			
8	Kevin Peraca	96	Aalesund SLK	1.03,67	441
	29,28(29,28)	1.03,67(34,39)			
9	Knut Oscar Skipperud	96	Askimsvømmerne	1.04,25	430
	29,80(29,80)	1.04,25(34,45)			
10	Henrik Christiansen	96	Skjetten Svømming	1.04,98	415
	30,75(30,75)	1.04,98(34,23)			
11	Bendik Søfteland	96	Sarpsborg IL	1.05,59	404
	30,51(30,51)	1.05,59(35,08)			
12	Steven Knutsson	96	Kongstensvømmerne	1.05,85	399
	30,61(30,61)	1.05,85(35,24)			
13	Martin Langeland-Knutsen	96	Sola SK	1.06,24	392
	30,82(30,82)	1.06,24(35,42)			
14	Christian Olaussen	96	Sortland SLK	1.06,57	386
	30,86(30,86)	1.06,57(35,71)			
15	Erik Andre Klepp Vik	96	Sandnes SLK	1.07,36	373
	31,34(31,34)	1.07,36(36,02)			
16	Ole Martin Bjørlykke	96	Aalesund SLK	1.07,92	364
	31,49(31,49)	1.07,92(36,43)			
17	Tage Singstad	96	Trondhjem SLK	1.08,11	361
	31,20(31,20)	1.08,11(36,91)			
18	Eirik Johnsen	96	Bergens SC	1.08,14	360
	31,14(31,14)	1.08,14(37,00)			
19	Daniel Nesbø	96	Skjetten Svømming	1.08,52	354
	31,17(31,17)	1.08,52(37,35)			
20	Alexander Johnsgaard	96	Delfana	1.11,27	315
	32,65(32,65)	1.11,27(38,62)			
21	Johannes Aagaard-Nilsen Wiik	96	Larvik SK	1.12,00	305
	32,96(32,96)	1.12,00(39,04)			
22	Kai Arne S Myklebust	96	Bærumsvømmerne	1.12,05	305
	32,97(32,97)	1.12,05(39,08)			
23	Håkon Wulf Haugen	96	Bergens SC	1.12,25	302
	32,67(32,67)	1.12,25(39,58)			
24	Henrik Syversveen Lie	96	Bærumsvømmerne	1.13,27	290
	34,48(34,48)	1.13,27(38,79)			

Søndag 10. april 2011 kl 13.30**Øvelse 25. 200m individuell medley, jenter 1998****Klasse født 98**

1	Hanna Louise Berge	98	SK Speed	2.29,38	580
	32,35(32,35)	1.10,84(38,49)	1.54,15(43,31)	2.29,38(35,23)	
2	Maria Voldsund	98	Delfana	2.29,47	579
	32,17(32,17)	1.10,63(38,46)	1.55,29(44,66)	2.29,47(34,18)	
3	Rebecca Grindland Ege	98	Vågsbygd SLK	2.34,50	525
	33,28(33,28)	1.11,80(38,52)	1.58,24(46,44)	2.34,50(36,26)	
4	Ulrikke Rein	98	Madla SK	2.36,31	507
	35,41(35,41)	1.17,18(41,77)	2.00,13(42,95)	2.36,31(36,18)	
5	Ingrid Svan Kjær	98	Larvik SK	2.36,34	506
	33,54(33,54)	1.14,49(40,95)	1.58,02(43,53)	2.36,34(38,32)	
6	Katrine Solberg	98	Larvik SK	2.37,99	491
	34,63(34,63)	1.13,99(39,36)	2.02,13(48,14)	2.37,99(35,86)	
7	Nina-Therese Storstein	98	Karmøy SK	2.39,59	476
	36,51(36,51)	1.18,48(41,97)	2.03,97(45,49)	2.39,59(35,62)	
8	Aurora Kamnes	98	Lørenskog/Rælingen	2.40,64	467
	36,16(36,16)	1.15,81(39,65)	2.03,89(48,08)	2.40,64(36,75)	
9	Helene Andersen	98	Karasjok SK	2.40,88	465
	34,67(34,67)	1.16,97(42,30)	2.03,09(46,12)	2.40,88(37,79)	
10	Tone H. Nilsen	98	Mandal SK	2.41,24	461
	36,99(36,99)	1.17,71(40,72)	2.05,00(47,29)	2.41,24(36,24)	
11	Inger-Ane Sætra Schefte	98	Kolbotn IL	2.41,32	461
	33,91(33,91)	1.15,38(41,47)	2.05,08(49,70)	2.41,32(36,24)	
12	Celia Lie Storstad	98	Ski SK	2.41,33	461
	36,78(36,78)	1.18,65(41,87)	2.05,51(46,86)	2.41,33(35,82)	
13	Ingvild Gullaksen Vatshelle	98	Vestkantsvømmerne	2.41,38	460
	36,72(36,72)	1.19,26(42,54)	2.03,76(44,50)	2.41,38(37,62)	
14	Tuva Tronstad	98	Risør Varden	2.43,57	442
	36,01(36,01)	1.15,95(39,94)	2.06,94(50,99)	2.43,57(36,63)	
15	Sara Juul Wolfgang	98	Trondhjem SLK	2.43,63	442
	37,75(37,75)	1.18,29(40,54)	2.07,04(48,75)	2.43,63(36,59)	
16	Emilie Lie Mathisen	98	Vestkantsvømmerne	2.43,77	440
	34,16(34,16)	1.16,20(42,04)	2.05,67(49,47)	2.43,77(38,10)	
17	Silje Mikkeltborg	98	Skjetten Svømming	2.43,87	440
	37,18(37,18)	1.20,15(42,97)	2.07,18(47,03)	2.43,87(36,69)	
18	Thea Kristine Nord	98	Kolbotn IL	2.43,90	439
	38,01(38,01)	1.21,63(43,62)	2.07,90(46,27)	2.43,90(36,00)	
19	Caroline Rosmo	98	Lambertseter SK	2.44,95	431
	37,95(37,95)	1.19,84(41,89)	2.07,40(47,56)	2.44,95(37,55)	
20	Rebecca Sundtjønn	98	Vågsbygd SLK	2.47,19	414
	37,28(37,28)	1.19,43(42,15)	2.08,35(48,92)	2.47,19(38,84)	
21	Linn Sofie Hansen	98	Øvre Eiker SK	2.48,45	405
	35,53(35,53)	1.18,01(42,48)	2.08,66(50,65)	2.48,45(39,79)	
22	Hanne Reime	98	Bryne SK	2.48,64	403
	36,95(36,95)	1.19,53(42,58)	2.10,98(51,45)	2.48,64(37,66)	
23	Karina Davidsen	98	Lambertseter SK	2.49,36	398
	37,06(37,06)	1.19,57(42,51)	2.12,46(52,89)	2.49,36(36,90)	
24	Ina Karin Haagensen	98	Aalesund SLK	2.53,65	369
	39,99(39,99)	1.26,25(46,26)	2.16,98(50,73)	2.53,65(36,67)	

Øvelse 26. 200m individuell medley, gutter 1998

Klasse født 98

1	Njål K. Olsen	98	Kongstensvømmerne	2.30,31	409
	32,81(32,81)	1.11,97(39,16)	1.55,59(43,62)	2.30,31(34,72)	
2	Gustav Mattingsdal Pedersen	98	Farsund SK	2.31,22	401
	34,38(34,38)	1.13,62(39,24)	1.56,94(43,32)	2.31,22(34,28)	
3	Håvard Hansen	98	Risør Varden	2.34,83	374
	33,89(33,89)	1.12,94(39,05)	1.58,72(45,78)	2.34,83(36,11)	
4	Urs Bludau	98	Arna SLK	2.36,19	364
	32,58(32,58)	1.11,90(39,32)	1.56,50(44,60)	2.36,19(39,69)	
5	Fridtjov Mørk	98	Lambertseter SK	2.36,35	363
	34,44(34,44)	1.14,15(39,71)	2.01,85(47,70)	2.36,35(34,50)	
6	Mikolaj Dobies	98	Lambertseter SK	2.36,61	361
	35,97(35,97)	1.18,24(42,27)	1.59,76(41,52)	2.36,61(36,85)	
7	Viktor Husø Richardsen	98	Lambertseter SK	2.40,78	334
	35,63(35,63)	1.15,32(39,69)	2.05,22(49,90)	2.40,78(35,56)	
8	Axel Ravndal	98	Sandnes SLK	2.41,99	327
	34,88(34,88)	1.17,82(42,94)	2.04,38(46,56)	2.41,99(37,61)	
9	Simen Kreybu	98	Arna SLK	2.42,23	325
	35,76(35,76)	1.16,67(40,91)	2.05,02(48,35)	2.42,23(37,21)	
10	Teis Malterud	98	Førde IL	2.42,43	324
	36,08(36,08)	1.18,65(42,57)	2.04,48(45,83)	2.42,43(37,95)	
11	Thomas Latini	98	Kolbotn IL	2.46,06	303
	37,97(37,97)	1.18,06(40,09)	2.10,53(52,47)	2.46,06(35,53)	
12	Christian Manum Hagby	98	Asker SK	2.46,25	302
	37,13(37,13)	1.20,68(43,55)	2.09,42(48,74)	2.46,25(36,83)	
13	Jan Fredrik Halvorsen	98	Skjetten Svømming	2.46,35	302
	38,63(38,63)	1.19,38(40,75)	2.09,70(50,32)	2.46,35(36,65)	
14	Erling Belaska	98	Madla SK	2.48,96	288
	39,64(39,64)	1.23,95(44,31)	2.11,61(47,66)	2.48,96(37,35)	
15	Håvard Svergja	98	Molde SLK	2.49,14	287
	36,36(36,36)	1.21,67(45,31)	2.10,94(49,27)	2.49,14(38,20)	
16	Morten Olden Larsen	98	Vestbyen IL	2.50,00	283
	36,67(36,67)	1.22,49(45,82)	2.13,49(51,00)	2.50,00(36,51)	
17	Jonas Østenstad	98	Haugesund SK	2.51,62	275
	39,80(39,80)	1.23,79(43,99)	2.14,57(50,78)	2.51,62(37,05)	
18	Martin Ross Hemminghyth	98	SK Speed	2.53,56	265
	39,71(39,71)	1.21,92(42,21)	2.16,48(54,56)	2.53,56(37,08)	
19	Ole Jørgen Vastveit	98	Sarpsborg IL	2.56,27	253
	39,12(39,12)	1.22,81(43,69)	2.20,64(57,83)	2.56,27(35,63)	
20	Theodor Hystad	98	Sarpsborg IL	2.56,92	251
	40,48(40,48)	1.25,81(45,33)	2.18,63(52,82)	2.56,92(38,29)	
21	Jon Olav Båtbukt	98	Trondhjem SLK	2.58,62	244
	39,44(39,44)	1.26,70(47,26)	2.20,13(53,43)	2.58,62(38,49)	
22	Hans Markus Jahle	98	Sarpsborg IL	2.58,99	242
	40,89(40,89)	1.26,15(45,26)	2.18,03(51,88)	2.58,99(40,96)	
23	Njål Nordal	98	Molde SLK	3.06,58	214
	41,32(41,32)	1.27,58(46,26)	2.24,95(57,37)	3.06,58(41,63)	
	Halvor Alvestad Larsen	98	Karmøy SK	DISK	

Øvelse 27. 200m individuell medley, jenter 1997

Klasse født 97

1	Sofie Reisænen	97	Vågsbygd SLK	2.26,25	618
	32,71(32,71)	1.09,07(36,36)	1.51,38(42,31)	2.26,25(34,87)	
2	Karianne Reinertsen	97	Delfana	2.27,61	601
	31,96(31,96)	1.08,85(36,89)	1.52,64(43,79)	2.27,61(34,97)	
3	Majken Antonie Smith	97	Asker SK	2.31,06	561
	34,42(34,42)	1.14,28(39,86)	1.55,51(41,23)	2.31,06(35,55)	
4	Ingrid Bergslid	97	Madla SK	2.32,85	542
	32,21(32,21)	1.10,89(38,68)	1.57,26(46,37)	2.32,85(35,59)	
5	Ida Amalie Myhr	97	Lambertseter SK	2.34,70	522
	34,54(34,54)	1.14,01(39,47)	1.57,93(43,92)	2.34,70(36,77)	
6	Vilje Mohagen	97	Skjetten Svømming	2.34,81	521
	33,08(33,08)	1.10,70(37,62)	1.59,84(49,14)	2.34,81(34,97)	
7	Birgit Kvisvik	97	IL Norodd	2.34,92	520
	34,00(34,00)	1.14,62(40,62)	1.59,84(45,22)	2.34,92(35,08)	
8	Nina Staveland	97	Madla SK	2.34,97	520
	34,42(34,42)	1.13,19(38,77)	1.58,72(45,53)	2.34,97(36,25)	
9	Marte Dale	97	Vestkantsvømmerne	2.35,69	513
	35,37(35,37)	1.14,11(38,74)	2.00,96(46,85)	2.35,69(34,73)	
10	Line Henanger	97	Lambertseter SK	2.36,12	508
	35,77(35,77)	1.16,64(40,87)	2.00,83(44,19)	2.36,12(35,29)	
11	Vanja Sand Syversen	97	Delfana	2.36,19	508
	33,01(33,01)	1.12,66(39,65)	1.58,68(46,02)	2.36,19(37,51)	
12	Susann Pleym Olsen	97	Delfana	2.37,29	497
	33,74(33,74)	1.15,20(41,46)	1.59,94(44,74)	2.37,29(37,35)	
13	Stina Heimnes	97	Åstveit SK	2.37,49	495
	36,71(36,71)	1.18,64(41,93)	2.01,64(43,00)	2.37,49(35,85)	
14	Karla Ruud	97	Lambertseter SK	2.39,87	473
	35,31(35,31)	1.17,25(41,94)	2.04,05(46,80)	2.39,87(35,82)	
15	Ada Jakobsen Avlund	97	Lambertseter SK	2.40,33	469
	37,84(37,84)	1.18,49(40,65)	2.04,23(45,74)	2.40,33(36,10)	
15	Sandra Sola	97	Madla SK	2.40,33	469
	35,39(35,39)	1.16,11(40,72)	2.04,41(48,30)	2.40,33(35,92)	
17	Julie Sundstrøm	97	Delfana	2.40,66	466
	34,96(34,96)	1.17,30(42,34)	2.03,51(46,21)	2.40,66(37,15)	
18	Ingeborg Liseth Pedersen	97	Åstveit SK	2.40,94	464
	36,51(36,51)	1.18,57(42,06)	2.05,36(46,79)	2.40,94(35,58)	
19	Ida Tomine Glomsaker	97	Madla SK	2.41,73	457
	38,72(38,72)	1.19,76(41,04)	2.04,74(44,98)	2.41,73(36,99)	
20	Helene Joyce Nilsen	97	Kolbotn IL	2.42,18	453
	36,05(36,05)	1.17,00(40,95)	2.04,82(47,82)	2.42,18(37,36)	
21	Rebecca Karlsson	97	Asker SK	2.42,69	449
	36,69(36,69)	1.18,37(41,68)	2.05,32(46,95)	2.42,69(37,37)	
22	Lotte Stubdal	97	Lambertseter SK	2.44,67	433
	34,95(34,95)	1.18,13(43,18)	2.05,75(47,62)	2.44,67(38,92)	
23	Isabell Bjerregaard	97	Haldens SK	2.44,97	431
	36,98(36,98)	1.18,72(41,74)	2.09,13(50,41)	2.44,97(35,84)	

Øvelse 28. 200m individuell medley, gutter 1997

Klasse født 97

1	Mads Henry Steinland	97	Bærumsvømmerne	2.15,99	552 ÅMR
	30,22(30,22)	1.05,89(35,67)	1.43,43(37,54)	2.15,99(32,56)	
2	Erik Årsland Gidskehaug	97	Bryne SK	2.20,80	497
	30,58(30,58)	1.06,40(35,82)	1.48,47(42,07)	2.20,80(32,33)	
3	Sigurd Holten Bøen	97	Aalesund SLK	2.22,46	480
	29,50(29,50)	1.09,22(39,72)	1.49,63(40,41)	2.22,46(32,83)	
4	Ole Marius Bunæs	97	Haldens SK	2.24,69	458
	32,94(32,94)	1.08,62(35,68)	1.51,30(42,68)	2.24,69(33,39)	
5	Halvor Arne Borgstrøm	97	Stavanger SC	2.26,01	446
	31,60(31,60)	1.08,93(37,33)	1.51,96(43,03)	2.26,01(34,05)	
6	Eirik Helgaker	97	Oslo IL	2.28,33	425
	31,69(31,69)	1.09,62(37,93)	1.53,43(43,81)	2.28,33(34,90)	
7	Harald Goa Fagerheim	97	Karmøy SK	2.29,42	416
	29,65(29,65)	1.08,12(38,47)	1.55,86(47,74)	2.29,42(33,56)	
8	Håkon B Lund	97	Elverum Svømming	2.30,56	407
	32,92(32,92)	1.10,34(37,42)	1.57,78(47,44)	2.30,56(32,78)	
9	Jonas Hagmansen	97	SK Speed	2.30,84	404
	33,09(33,09)	1.11,53(38,44)	1.57,84(46,31)	2.30,84(33,00)	
10	Maurice Sudkamp	97	Randaberg IL	2.31,07	403
	32,78(32,78)	1.09,55(36,77)	1.55,49(45,94)	2.31,07(35,58)	
11	Matias Gulestøl	97	Svelgen TIF	2.31,35	400
	35,55(35,55)	1.14,99(39,44)	1.59,21(44,22)	2.31,35(32,14)	
12	Eirik Midtun	97	Bergkameratene	2.33,12	387
	33,22(33,22)	1.11,29(38,07)	1.58,26(46,97)	2.33,12(34,86)	
13	Kristoffer Soot	97	Ski SK	2.34,85	374
	34,61(34,61)	1.14,04(39,43)	1.59,70(45,66)	2.34,85(35,15)	
14	Tim Samuelsen	97	Madla SK	2.36,18	364
	34,24(34,24)	1.14,38(40,14)	2.01,56(47,18)	2.36,18(34,62)	
15	Ulrik Rasch Bakke	97	Elverum Svømming	2.37,48	355
	34,69(34,69)	1.14,19(39,50)	2.00,72(46,53)	2.37,48(36,76)	
16	Vladimir Koynarev	97	Bergens SLK	2.38,33	350
	32,73(32,73)	1.13,54(40,81)	2.03,63(50,09)	2.38,33(34,70)	
17	Lars-Kristian Gotaas Bjørkbo	97	Bergens SC	2.38,56	348
	34,99(34,99)	1.15,77(40,78)	2.04,37(48,60)	2.38,56(34,19)	
17	Espen Høglo	97	Vågsbygd SLK	2.38,56	348
	35,58(35,58)	1.17,11(41,53)	2.03,45(46,34)	2.38,56(35,11)	
19	Sivert Skarning	97	Sarpsborg IL	2.38,67	347
	34,82(34,82)	1.18,70(43,88)	2.03,76(45,06)	2.38,67(34,91)	
20	Werner Andre Drog	97	SK Fønix	2.38,86	346
	35,08(35,08)	1.16,95(41,87)	2.04,42(47,47)	2.38,86(34,44)	
21	Even Stubhaug	97	Førde IL	2.38,93	346
	36,28(36,28)	1.18,67(42,39)	2.04,04(45,37)	2.38,93(34,89)	
21	Hans Fredrik Laache	97	Førde IL	2.38,93	346
	36,20(36,20)	1.19,42(43,22)	2.04,28(44,86)	2.38,93(34,65)	
	Nils Lervik	97	Asker SK	DISK	
	Erlend Anfinen	97	Sandnes SLK	DISK	

Øvelse 29. 200m individuell medley, jenter 1996

Klasse født 96

1	Amalie Thorstensen	96	Vågsbygd SLK	2.20,99	690 ÅMR
	30,71(30,71)	1.06,59(35,88)	1.47,18(40,59)	2.20,99(33,81)	
2	Maria Thompson Clausen	96	Madla SK	2.22,42	670
	29,91(29,91)	1.06,25(36,34)	1.48,41(42,16)	2.22,42(34,01)	
3	Malene M. Pedersen	96	Lambertseter SK	2.24,18	645
	31,73(31,73)	1.08,75(37,02)	1.50,54(41,79)	2.24,18(33,64)	
4	Elin Haugland	96	Delfana	2.24,32	644
	30,83(30,83)	1.06,90(36,07)	1.51,31(44,41)	2.24,32(33,01)	
5	Vilde Tengedal	96	Bryne SK	2.24,53	641
	31,11(31,11)	1.07,26(36,15)	1.51,10(43,84)	2.24,53(33,43)	
6	Sara Louise Pedersen	96	Poseidon	2.25,97	622
	31,45(31,45)	1.09,55(38,10)	1.51,63(42,08)	2.25,97(34,34)	
7	Klara Farkas	96	Lørenskog/Rælingen	2.26,18	619
	30,93(30,93)	1.07,87(36,94)	1.52,72(44,85)	2.26,18(33,46)	
8	Tone Lill Evanger	96	Delfana	2.26,56	614
	33,10(33,10)	1.10,89(37,79)	1.51,84(40,95)	2.26,56(34,72)	
9	Karoline Steffensen	96	Harstad SK	2.27,58	602
	32,41(32,41)	1.08,20(35,79)	1.53,39(45,19)	2.27,58(34,19)	
10	Guro Aas	96	Vågsbygd SLK	2.28,47	591
	32,33(32,33)	1.11,63(39,30)	1.53,34(41,71)	2.28,47(35,13)	
11	Stina Victoria Nordberg	96	Ski SK	2.29,90	574
	32,69(32,69)	1.12,98(40,29)	1.56,10(43,12)	2.29,90(33,80)	
12	Lotte Miller	96	Madla SK	2.30,06	572
	31,98(31,98)	1.09,53(37,55)	1.55,12(45,59)	2.30,06(34,94)	
13	Lisa Skogeng	96	Delfana	2.30,50	567
	32,17(32,17)	1.10,40(38,23)	1.56,29(45,89)	2.30,50(34,21)	
14	Elida Hole	96	Vestkantsvømmerne	2.31,70	554
	32,91(32,91)	1.12,84(39,93)	1.56,61(43,77)	2.31,70(35,09)	
15	Vår Celine Søgaard	96	Lambertseter SK	2.31,82	553
	31,67(31,67)	1.10,59(38,92)	1.56,51(45,92)	2.31,82(35,31)	
16	Marte Stamland	96	Poseidon	2.32,02	551
	34,39(34,39)	1.11,53(37,14)	1.56,43(44,90)	2.32,02(35,59)	
17	Tina Schütz	96	Vestkantsvømmerne	2.32,71	543
	33,28(33,28)	1.12,97(39,69)	1.57,82(44,85)	2.32,71(34,89)	
18	Eline Mathilde Swensen	96	Ski SK	2.33,69	533
	33,28(33,28)	1.14,12(40,84)	1.59,62(45,50)	2.33,69(34,07)	
19	Nehna-Louise Møller-Pettersen	96	Oslo IL	2.34,31	526
	32,29(32,29)	1.12,35(40,06)	1.58,81(46,46)	2.34,31(35,50)	
20	Ingeborg Jørmeland	96	Stavanger SC	2.34,47	525
	32,21(32,21)	1.11,48(39,27)	1.57,69(46,21)	2.34,47(36,78)	
21	Elisabeth Støver	96	Øvre Eiker SK	2.36,64	503
	33,70(33,70)	1.13,45(39,75)	2.00,75(47,30)	2.36,64(35,89)	
22	Emilie K. Hegdal	96	Stavanger SC	2.37,02	500
	32,79(32,79)	1.11,89(39,10)	1.59,59(47,70)	2.37,02(37,43)	
23	Anna Finstad	96	Lambertseter SK	2.41,29	461
	34,77(34,77)	1.16,34(41,57)	2.02,30(45,96)	2.41,29(38,99)	

Øvelse 30. 200m individuell medley, gutter 1996

Klasse født 96

1	Sander Andersen	96	Poseidon	2.12,23	600
	29,63(29,63)	1.02,72(33,09)	1.40,94(38,22)	2.12,23(31,29)	
2	Sindre Aasland Ranaweera	96	Madla SK	2.14,32	573
	29,38(29,38)	1.03,34(33,96)	1.41,18(37,84)	2.14,32(33,14)	
3	Knut Oscar Skipperud	96	Askimsvømmerne	2.16,80	542
	29,33(29,33)	1.04,10(34,77)	1.44,88(40,78)	2.16,80(31,92)	
4	Henrik Christiansen	96	Skjetten Svømming	2.17,55	533
	31,36(31,36)	1.06,40(35,04)	1.46,14(39,74)	2.17,55(31,41)	
5	Sander Sivertsen	96	Vestkantsvømmerne	2.17,58	533
	28,59(28,59)	1.04,03(35,44)	1.45,11(41,08)	2.17,58(32,47)	
6	Håkon P. Ludvigsen	96	Randaberg IL	2.18,07	527
	29,51(29,51)	1.04,43(34,92)	1.45,87(41,44)	2.18,07(32,20)	
7	Morten Wee Hollund	96	Karmøy SK	2.18,97	517
	28,68(28,68)	1.05,46(36,78)	1.47,12(41,66)	2.18,97(31,85)	
8	Philip Budd	96	Sandefjord SK	2.20,83	497
	29,63(29,63)	1.06,41(36,78)	1.49,54(43,13)	2.20,83(31,29)	
9	Ole Martin Bjørlykke	96	Aalesund SLK	2.22,32	482
	31,39(31,39)	1.08,37(36,98)	1.49,39(41,02)	2.22,32(32,93)	
10	Kevin Peraca	96	Aalesund SLK	2.24,68	458
	30,23(30,23)	1.07,47(37,24)	1.50,85(43,38)	2.24,68(33,83)	
11	Steven Knutsson	96	Kongstensvømmerne	2.25,45	451
	31,06(31,06)	1.08,72(37,66)	1.53,15(44,43)	2.25,45(32,30)	
12	Bendik Søfteland	96	Sarpsborg IL	2.25,82	448
	30,72(30,72)	1.09,03(38,31)	1.48,96(39,93)	2.25,82(36,86)	
13	Kai Arne S Myklebust	96	Bærumsvømmerne	2.26,06	445
	32,27(32,27)	1.12,48(40,21)	1.52,84(40,36)	2.26,06(33,22)	
14	Martin Langeland-Knutsen	96	Sola SK	2.26,47	442
	29,77(29,77)	1.07,33(37,56)	1.53,32(45,99)	2.26,47(33,15)	
15	Johannes Aagaard-Nilsen Wiik	96	Larvik SK	2.28,23	426
	33,39(33,39)	1.13,17(39,78)	1.55,31(42,14)	2.28,23(32,92)	
16	Eirik Johnsen	96	Bergens SC	2.28,26	426
	31,64(31,64)	1.09,43(37,79)	1.54,39(44,96)	2.28,26(33,87)	
17	Alexander Johnsgaard	96	Delfana	2.28,85	421
	34,18(34,18)	1.14,42(40,24)	1.55,21(40,79)	2.28,85(33,64)	
18	Daniel Nesbø	96	Skjetten Svømming	2.29,36	417
	31,77(31,77)	1.09,65(37,88)	1.55,01(45,36)	2.29,36(34,35)	
19	Håkon Wulf Haugen	96	Bergens SC	2.30,13	410
	32,60(32,60)	1.10,60(38,00)	1.56,71(46,11)	2.30,13(33,42)	
20	Erik Andre Klepp Vik	96	Sandnes SLK	2.30,75	405
	31,64(31,64)	1.11,90(40,26)	1.56,11(44,21)	2.30,75(34,64)	
21	Christian Olaussen	96	Sortland SLK	2.31,39	400
	31,23(31,23)	1.09,69(38,46)	1.57,28(47,59)	2.31,39(34,11)	
22	Tage Singstad	96	Trondhjem SLK	2.31,51	399
	31,74(31,74)	1.10,18(38,44)	1.56,89(46,71)	2.31,51(34,62)	
23	Henrik Syversveen Lie	96	Bærumsvømmerne	2.34,25	378
	35,05(35,05)	1.13,58(38,53)	1.58,79(45,21)	2.34,25(35,46)	
	Kacper Domanski	96	Madla SK	DISK	