

# Lørdag 9. juli 2011 kl 10.00

## Øvelse 1. 400m individuell medley, damer - Direkte finale – Foreløpig før siste heat

### Junior

1	Sofie Reisænen	97	Vågsbygd SLK	(0,83)	5.17,13	613
	33,00(33,00)	1.12,72(39,72)	1.52,15(39,43)		2.31,44(39,29)	
	3.16,09(44,65)	4.02,19(46,10)	4.39,82(37,63)		5.17,13(37,31)	
2	Klara Farkas	96	Lørenskog/Rælingen	(0,99)	5.24,77	571
	32,32(32,32)	1.08,96(36,64)	1.51,54(42,58)		2.32,77(41,23)	
	3.20,70(47,93)	4.09,76(49,06)	4.47,92(38,16)		5.24,77(36,85)	
3	Andrea Hestdal	94	BS/Åstveit	(0,91)	5.25,03	570
	31,99(31,99)	1.09,68(37,69)	1.51,82(42,14)		2.33,29(41,47)	
	3.19,70(46,41)	4.07,90(48,20)	4.47,38(39,48)		5.25,03(37,65)	
4	Karoline Steffensen	96	Harstad SK	(0,71)	5.26,76	561
	34,07(34,07)	1.13,67(39,60)	1.54,12(40,45)		2.35,03(40,91)	
	3.24,55(49,52)	4.14,55(50,00)	4.51,10(36,55)		5.26,76(35,66)	
5	Ingrid Bergslid	97	Madla SK	(0,87)	5.27,49	557
	34,06(34,06)	1.12,65(38,59)	1.55,80(43,15)		2.37,53(41,73)	
	3.24,79(47,26)	4.12,98(48,19)	4.51,06(38,08)		5.27,49(36,43)	
6	Vilde Stordal	95	BS/Delfana	(0,79)	5.29,24	548
	33,55(33,55)	1.14,44(40,89)	1.58,11(43,67)		2.40,15(42,04)	
	3.28,63(48,48)	4.16,84(48,21)	4.54,00(37,16)		5.29,24(35,24)	
7	Karianne Reinertsen	97	BS/Delfana	(0,90)	5.29,73	546
	33,73(33,73)	1.14,22(40,49)	1.57,21(42,99)		2.39,73(42,52)	
	3.26,13(46,40)	4.14,12(47,99)	4.52,21(38,09)		5.29,73(37,52)	
8	Eline Mathilde Swensen	96	Ski SK	(0,85)	5.30,93	540
	33,50(33,50)	1.13,00(39,50)	1.57,36(44,36)		2.40,78(43,42)	
	3.29,05(48,27)	4.17,56(48,51)	4.55,01(37,45)		5.30,93(35,92)	
9	Oda Emilie Haagensen	94	Sarpsborg IL	(0,71)	5.31,40	537
	32,51(32,51)	1.11,51(39,00)	1.54,86(43,35)		2.38,38(43,52)	
	3.24,64(46,26)	4.12,16(47,52)	4.53,13(40,97)		5.31,40(38,27)	
10	Vanja Sand Syversen	97	BS/Delfana	(0,92)	5.32,09	534
	32,97(32,97)	1.12,69(39,72)	1.55,65(42,96)		2.37,87(42,22)	
	3.26,98(49,11)	4.15,71(48,73)	4.54,65(38,94)		5.32,09(37,44)	
11	Emilie K. Hegdal	96	Stavanger SC	(0,90)	5.37,40	509
	32,97(32,97)	1.11,04(38,07)	1.54,72(43,68)		2.38,07(43,35)	
	3.27,82(49,75)	4.18,41(50,59)	4.58,50(40,09)		5.37,40(38,90)	
	Anna Bølgen	95	Bærumsvømmerne		DISK	

### Senior

1	Sofie Reisænen	97	Vågsbygd SLK	(0,83)	5.17,13	613
	33,00(33,00)	1.12,72(39,72)	1.52,15(39,43)		2.31,44(39,29)	
	3.16,09(44,65)	4.02,19(46,10)	4.39,82(37,63)		5.17,13(37,31)	
2	Klara Farkas	96	Lørenskog/Rælingen	(0,99)	5.24,77	571
	32,32(32,32)	1.08,96(36,64)	1.51,54(42,58)		2.32,77(41,23)	
	3.20,70(47,93)	4.09,76(49,06)	4.47,92(38,16)		5.24,77(36,85)	
3	Andrea Hestdal	94	BS/Åstveit	(0,91)	5.25,03	570
	31,99(31,99)	1.09,68(37,69)	1.51,82(42,14)		2.33,29(41,47)	
	3.19,70(46,41)	4.07,90(48,20)	4.47,38(39,48)		5.25,03(37,65)	
4	Karoline Steffensen	96	Harstad SK	(0,71)	5.26,76	561
	34,07(34,07)	1.13,67(39,60)	1.54,12(40,45)		2.35,03(40,91)	
	3.24,55(49,52)	4.14,55(50,00)	4.51,10(36,55)		5.26,76(35,66)	
5	Ingrid Bergslid	97	Madla SK	(0,87)	5.27,49	557
	34,06(34,06)	1.12,65(38,59)	1.55,80(43,15)		2.37,53(41,73)	
	3.24,79(47,26)	4.12,98(48,19)	4.51,06(38,08)		5.27,49(36,43)	
6	Vilde Stordal	95	BS/Delfana	(0,79)	5.29,24	548
	33,55(33,55)	1.14,44(40,89)	1.58,11(43,67)		2.40,15(42,04)	
	3.28,63(48,48)	4.16,84(48,21)	4.54,00(37,16)		5.29,24(35,24)	
7	Karianne Reinertsen	97	BS/Delfana	(0,90)	5.29,73	546
	33,73(33,73)	1.14,22(40,49)	1.57,21(42,99)		2.39,73(42,52)	
	3.26,13(46,40)	4.14,12(47,99)	4.52,21(38,09)		5.29,73(37,52)	

8	Eline Mathilde Swensen	96	Ski SK	(0,85)	5.30,93	540
	33,50(33,50)	1.13,00(39,50)	1.57,36(44,36)	2.40,78(43,42)		
	3.29,05(48,27)	4.17,56(48,51)	4.55,01(37,45)	5.30,93(35,92)		
9	Oda Emilie Haagenen	94	Sarpsborg IL	(0,71)	5.31,40	537
	32,51(32,51)	1.11,51(39,00)	1.54,86(43,35)	2.38,38(43,52)		
	3.24,64(46,26)	4.12,16(47,52)	4.53,13(40,97)	5.31,40(38,27)		
10	Vanja Sand Syversen	97	BS/Delfana	(0,92)	5.32,09	534
	32,97(32,97)	1.12,69(39,72)	1.55,65(42,96)	2.37,87(42,22)		
	3.26,98(49,11)	4.15,71(48,73)	4.54,65(38,94)	5.32,09(37,44)		
11	Emilie K. Hegdal	96	Stavanger SC	(0,90)	5.37,40	509
	32,97(32,97)	1.11,04(38,07)	1.54,72(43,68)	2.38,07(43,35)		
	3.27,82(49,75)	4.18,41(50,59)	4.58,50(40,09)	5.37,40(38,90)		
	Anna Bølgen	95	Bærumsvømmerne		DISK	

## Øvelse 2. 400m fri, herrer - Forsøk

## Senior

1	Christian Thorsen	91	Lambertseter SK	(0,77)	4.12,84	659
	29,29(29,29)	1.00,35(31,06)	1.32,39(32,04)	2.04,91(32,52)		
	2.37,74(32,83)	3.10,42(32,68)	3.42,51(32,09)	4.12,84(30,33)		
2	Gard Kvale	84	Bergens SC	(0,83)	4.12,95	659
	28,82(28,82)	59,84(31,02)	1.32,40(32,56)	2.05,28(32,88)		
	2.38,19(32,91)	3.10,60(32,41)	3.42,42(31,82)	4.12,95(30,53)		
3	Elias Damman	89	Bærumsvømmerne	(0,77)	4.13,74	652
	28,96(28,96)	1.00,61(31,65)	1.32,83(32,22)	2.05,35(32,52)		
	2.37,87(32,52)	3.10,66(32,79)	3.42,54(31,88)	4.13,74(31,20)		
4	Mikkel Brudvik Sanderud	87	Lambertseter SK	(0,89)	4.34,50	515
	30,27(30,27)	1.02,94(32,67)	1.37,02(34,08)	2.11,60(34,58)		
	2.47,34(35,74)	3.22,67(35,33)	3.58,98(36,31)	4.34,50(35,52)		

## Junior

1	Marco Aldabe Bomstad	93	Bergens SC	(0,79)	4.04,18	732
	28,40(28,40)	59,02(30,62)	1.30,32(31,30)	2.01,72(31,40)		
	2.33,08(31,36)	3.03,64(30,56)	3.34,20(30,56)	4.04,18(29,98)		
2	Morten Bordervich	94	Madla SK	(0,69)	4.05,94	716
	28,78(28,78)	59,38(30,60)	1.30,13(30,75)	2.01,26(31,13)		
	2.32,07(30,81)	3.03,32(31,25)	3.34,89(31,57)	4.05,94(31,05)		
3	Oscar Slaatmo	94	Hamar IL	(0,86)	4.06,55	711
	28,79(28,79)	59,73(30,94)	1.31,16(31,43)	2.02,59(31,43)		
	2.33,82(31,23)	3.05,69(31,87)	3.36,90(31,21)	4.06,55(29,65)		
4	Erik Tobias Sollesnes	95	Kolbotn IL	(0,78)	4.09,83	684
	28,98(28,98)	1.00,37(31,39)	1.31,53(31,16)	2.03,49(31,96)		
	2.35,23(31,74)	3.07,14(31,91)	3.38,89(31,75)	4.09,83(30,94)		
5	Jørn Nygård	92	Stavanger SC	(0,79)	4.10,71	676
	27,14(27,14)	57,29(30,15)	1.28,91(31,62)	2.01,07(32,16)		
	2.33,36(32,29)	3.05,59(32,23)	3.38,50(32,91)	4.10,71(32,21)		
6	Kacper Domanski	96	Madla SK	(0,74)	4.13,90	651
	28,34(28,34)	59,31(30,97)	1.31,43(32,12)	2.03,80(32,37)		
	2.36,50(32,70)	3.08,74(32,24)	3.42,07(33,33)	4.13,90(31,83)		
7	Jonas Ødegård Aanby	95	BS/Delfana	(0,86)	4.14,95	643
	29,61(29,61)	1.00,67(31,06)	1.32,17(31,50)	2.04,24(32,07)		
	2.37,91(32,17)	3.09,36(32,95)	3.42,08(32,72)	4.14,95(32,87)		
8	Henrik Christiansen	96	Skjetten Svømming	(0,77)	4.15,81	637
	29,90(29,90)	1.01,92(32,02)	1.33,98(32,06)	2.06,67(32,69)		
		3.11,60(1.04,93)	3.44,12(32,52)	4.15,81(31,69)		
9	Eivind Johannesen	92	BS/Åstveit	(0,80)	4.15,93	636
	28,96(28,96)	1.00,75(31,79)	1.32,92(32,17)	2.05,63(32,71)		
	2.37,91(32,28)	3.10,96(33,05)	3.43,79(32,83)	4.15,93(32,14)		
10	Sondre Kallhovd	93	Lambertseter SK	(0,83)	4.17,26	626
	29,23(29,23)	1.01,48(32,25)	1.34,22(32,74)	2.07,38(33,16)		
	2.39,36(31,98)	3.12,36(33,00)	3.45,40(33,04)	4.17,26(31,86)		

10	Andreas Bergman	93	Asker SK	(0,85)	4.17,26	626
	28,82(28,82)	1.00,18(31,36)	1.32,26(32,08)	2.04,98(32,72)		
	2.37,89(32,91)	3.11,30(33,41)	3.44,45(33,15)	4.17,26(32,81)		
12	Øystein Fjeldberg	93	Randaberg IL	(1,00)	4.19,03	613
	29,21(29,21)	1.00,83(31,62)	1.33,83(33,00)	2.07,04(33,21)		
	2.39,90(32,86)	3.13,35(33,45)	3.46,61(33,26)	4.19,03(32,42)		
13	Ørjan Monsen	92	Madla SK	(0,84)	4.19,75	608
	29,37(29,37)	1.00,96(31,59)	1.33,50(32,54)	2.06,70(33,20)		
	2.40,06(33,36)	3.13,76(33,70)	3.47,17(33,41)	4.19,75(32,58)		
14	Martin Berger Oterholm	93	Kolbotn IL	(0,74)	4.22,10	592
	29,49(29,49)	1.01,41(31,92)	1.34,19(32,78)	2.07,11(32,92)		
	2.40,04(32,93)	3.14,04(34,00)	3.48,30(34,26)	4.22,10(33,80)		
15	Ole Martin Bjørlykke	96	Aalesund SLK	(0,84)	4.22,72	588
	29,84(29,84)	1.02,19(32,35)	1.35,37(33,18)	2.08,71(33,34)		
	2.42,04(33,33)	3.15,97(33,93)	3.49,66(33,69)	4.22,72(33,06)		
16	Kim Rune Hansen	94	Øvre Eiker SK	(0,74)	4.23,18	585
	28,90(28,90)	1.00,74(31,84)	1.33,50(32,76)	2.07,09(33,59)		
	2.40,75(33,66)	3.14,82(34,07)	3.49,53(34,71)	4.23,18(33,65)		
17	Martin Næss Kjølholdt	95	Kolbotn IL	(0,82)	4.23,64	582
	30,10(30,10)	1.02,78(32,68)	1.35,60(32,82)	2.09,30(33,70)		
	2.42,96(33,66)	3.16,90(33,94)	3.50,58(33,68)	4.23,64(33,06)		
18	Lars Rugsveen	94	Elverum Svømming	(0,71)	4.23,82	580
	30,18(30,18)	1.01,69(31,51)	1.34,60(32,91)	2.07,68(33,08)		
	2.41,36(33,68)	3.15,62(34,26)	3.50,79(35,17)	4.23,82(33,03)		
19	Thorbjørn Birkeland	93	Haugesund SK	(0,93)	4.26,86	561
	29,58(29,58)	1.02,07(32,49)	1.35,75(33,68)	2.09,40(33,65)		
	2.43,96(34,56)	3.18,42(34,46)	3.52,87(34,45)	4.26,86(33,99)		
20	Jørgen Gundersen	95	Lørenskog/Rælingen	(0,75)	4.27,01	560
	31,09(31,09)	1.04,14(33,05)	1.37,99(33,85)	2.11,91(33,92)		
	2.45,83(33,92)	3.19,90(34,07)	3.53,92(34,02)	4.27,01(33,09)		
21	Ivan Aleksander Larsen	95	Karmøy SK	(0,73)	4.27,19	559
	29,94(29,94)	1.02,76(32,82)	1.35,73(32,97)	2.09,03(33,30)		
	2.43,00(33,97)	3.17,59(34,59)	3.52,79(35,20)	4.27,19(34,40)		
22	Jostein Dalshov Kringlen	94	Kristiansand SA	(0,91)	4.28,64	550
	30,00(30,00)	1.02,72(32,72)	1.36,33(33,61)	2.10,56(34,23)		
	2.44,99(34,43)	3.19,59(34,60)	3.54,07(34,48)	4.28,64(34,57)		

## Funksjonshemmede

1	Bendik Savstad	95	Tverlandet IL	(0,85)	5.33,36	288	S10 136,51 %
	34,30(34,30)	1.14,19(39,89)	1.57,02(42,83)	2.40,40(43,38)			
	3.23,58(43,18)	4.06,98(43,40)	4.51,16(44,18)	5.33,36(42,20)			

## Øvelse 3. 100m bryst, damer - Forsøk

## Senior

1	Katharina Stiberg	88	Bjerkvik SK	(0,74)	1.09,99	781
	32,56(32,56)	1.09,99(37,43)				
2	Sara Nordenstam	83	Lambertseter SK	(0,83)	1.13,93	663
	34,79(34,79)	1.13,93(39,14)				
3	Henriette Brekke	88	Stavanger SC	(0,76)	1.14,59	645
	34,68(34,68)	1.14,59(39,91)				
4	Mari Singstad	91	Trondhjem SLK	(0,88)	1.15,36	626
	35,24(35,24)	1.15,36(40,12)				

## Junior

1	Stina Kajsa Colleou	93	Lambertseter SK	(0,75)	1.12,86	692
	34,44(34,44)	1.12,86(38,42)				
2	Rikke Nagell-Kleven	95	Asker SK	(0,82)	1.14,82	639
	35,68(35,68)	1.14,82(39,14)				
3	Kaja Bremer	93	Bergens SLK	(0,81)	1.15,30	627
	34,95(34,95)	1.15,30(40,35)				

4	Sophia Broberg Skeltved 35,01(35,01)	92	Tromsø SK/NTG	(0,81)	1.15,85	613
5	Stine Vindenes 35,28(35,28)	93	Vestkantsvømmerne	(0,78)	1.15,98	610
6	Luna Elisabeth Søgaaard 35,51(35,51)	94	Lambertseter SK	(0,79)	1.16,02	609
7	Tone Lill Evanger 35,78(35,78)	96	BS/Delfana	(0,91)	1.16,45	599
8	Malene M. Pedersen 36,56(36,56)	96	Lambertseter SK	(0,79)	1.16,82	591
9	Elida Hole 35,70(35,70)	96	Vestkantsvømmerne	(0,76)	1.16,85	590
10	Amalie Thorstensen 36,58(36,58)	96	Vågsbygd SLK	(0,84)	1.16,98	587
11	Ida-Marie Dybdahl 36,05(36,05)	94	Larvik SK	(0,82)	1.17,16	583
12	Mari Nerdrum 36,43(36,43)	95	Asker SK	(0,91)	1.17,48	576
13	Maren E.J. Bakke 36,08(36,08)	94	Setermoen SK	(0,78)	1.18,23	559
14	Oda Gjerde 36,92(36,92)	95	Bryne SK	(0,77)	1.18,55	552
15	Guro Aas 36,84(36,84)	96	Vågsbygd SLK	(0,80)	1.19,23	538
16	Patricia Baay Kristoffersen 37,41(37,41)	96	Sandefjord SK	(0,91)	1.19,39	535
17	Stine Tveit 37,35(37,35)	93	Trondhjem SLK	(0,92)	1.19,44	534
18	Stina Victoria Nordberg 37,45(37,45)	96	Ski SK	(0,71)	1.19,60	531
19	Kristine Mathingsdal Pedersen 37,64(37,64)	94	Farsund SK	(0,89)	1.19,75	528
20	Inger Kristine Steinsland 36,92(36,92)	92	IL Solid	(0,86)	1.19,87	525
21	Maren Larsen 35,26(35,26)	94	Madla SK	(0,81)	1.19,94	524
22	Siren Bergslid 37,85(37,85)	93	Stavanger SC	(0,83)	1.20,00	523
23	Sara Torp Myhre 38,28(38,28)	94	SK Speed	(0,85)	1.20,24	518
24	Majken Smith 38,23(38,23)	97	Asker SK	(0,87)	1.20,35	516
25	Vilde Bjørnebye 38,08(38,08)	95	Elverum Svømming	(0,77)	1.20,73	509
26	Stina Heimnes 37,80(37,80)	97	BS/Åstveit	(1,04)	1.20,82	507
27	Stine Mjølhus Kristoffersen 37,52(37,52)	93	Madla SK	(0,91)	1.20,87	506
28	Oda Emilie Haagensen 38,61(38,61)	94	Sarpsborg IL	(0,65)	1.20,95	505
29	Karina Brunstad Fet 37,14(37,14)	95	Aalesund SLK	(0,80)	1.21,80	489
30	Sofie Reisænen 38,72(38,72)	97	Vågsbygd SLK	(0,85)	1.22,08	484

## Funksjonshemmede

1	Ingrid Djupskås 59,47(59,47)	89	Drammen SK	(0,98)	2.10,75	120	SB7 143,68 %
2	Rona Hjelmstad 1.00,19(1.00,19)	93	Skjetten Svømming	(1,07)	2.09,20	124	SB14 158,49 %
	Mina Marie Heyerdahl Klausen	97	Drammen SK		DISK		SB7

## Øvelse 4. 100m butterfly, herrer - Forsøk

## Senior

1	Sindri T. Jakobsson	91	BS/Delfana	(0,76)	56,65	680
	26,49(26,49)	56,65(30,16)				
2	Øystein R. Hetland	89	Bærumsvømmerne	(0,70)	56,98	668
	26,06(26,06)	56,98(30,92)				
3	Alexander Broberg Skeltved	87	Bergens SC	(0,81)	57,41	654
	26,69(26,69)	57,41(30,72)				
4	Jørgen Møllerop	88	Bergens SC	(0,80)	57,87	638
	26,86(26,86)	57,87(31,01)				
5	Sindre Eilertsen	90	Lambertseter SK	(0,76)	58,07	631
	27,08(27,08)	58,07(30,99)				
6	Sebastian Stordal	91	BS/Delfana	(0,81)	59,04	601
	27,60(27,60)	59,04(31,44)				
7	John Hage Gaarder	89	Lørenskog/Rælingen	(0,80)	1.00,28	565
	26,97(26,97)	1.00,28(33,31)				

## Junior

1	Fredrik K Hegdal	94	Stavanger SC	(0,72)	56,74	677
	26,16(26,16)	56,74(30,58)				
2	Erlend Ulveseter	92	BS/Åstveit	(0,75)	57,40	654
	26,20(26,20)	57,40(31,20)				
3	Thomas Myhrer	94	Sarpsborg IL/NTG	(0,90)	58,20	627
	27,51(27,51)	58,20(30,69)				
4	Henning Kaland	92	Oslo IL	(0,71)	59,01	602
	27,46(27,46)	59,01(31,55)				
5	Odin Spangen Normann	92	Kolbotn IL	(0,75)	59,56	585
	26,65(26,65)	59,56(32,91)				
6	Sander Sivertsen	96	Vestkantsvømmerne	(0,78)	1.00,39	561
	28,20(28,20)	1.00,39(32,19)				
7	Morten Wee Hollund	96	Karmøy SK	(0,80)	1.00,47	559
	28,20(28,20)	1.00,47(32,27)				
8	Kacper Domanski	96	Madla SK	(0,74)	1.00,52	558
	27,99(27,99)	1.00,52(32,53)				
9	Marius Thorsø	93	BS/Delfana	(0,80)	1.00,84	549
	28,21(28,21)	1.00,84(32,63)				
10	Martin Hammer	93	Kongsten/NTG	(0,86)	1.01,02	544
	28,03(28,03)	1.01,02(32,99)				
11	Vebjørn Lindhjem	95	Lørenskog/Rælingen	(0,77)	1.01,20	539
	28,75(28,75)	1.01,20(32,45)				
12	Jakob Bernstein	95	Bærumsvømmerne	(0,70)	1.01,25	538
	29,00(29,00)	1.01,25(32,25)				
13	Sander Rødje	93	Haugesund SK	(0,80)	1.01,30	537
	27,74(27,74)	1.01,30(33,56)				
14	Kristian Henanger	94	Lambertseter SK	(0,67)	1.01,98	519
	28,21(28,21)	1.01,98(33,77)				
15	Christian Tronvoll	94	Vestbyen Trondheim	(0,71)	1.02,31	511
	28,44(28,44)	1.02,31(33,87)				
16	Henrik Søfteland	95	BS/Delfana	(0,79)	1.02,90	497
	29,34(29,34)	1.02,90(33,56)				
17	Bård Løvik	94	BS/Delfana	(0,74)	1.02,97	495
	28,99(28,99)	1.02,97(33,98)				
18	Torbjørn Øvrebø	94	Lambertseter SK	(0,83)	1.03,00	495
	29,43(29,43)	1.03,00(33,57)				
19	Norbert Prokopiak	94	Asker SK/NTG	(0,88)	1.03,06	493
	28,83(28,83)	1.03,06(34,23)				
20	Daniel B. Havre	93	Mandal SK	(0,79)	1.03,14	491
	27,71(27,71)	1.03,14(35,43)				
21	Åsmund Karlsen	92	Eid SK	(0,80)	1.04,69	457
	29,53(29,53)	1.04,69(35,16)				
22	Daniel Skauge	93	Kristiansand SA	(0,78)	1.06,08	429
	29,88(29,88)	1.06,08(36,20)				

23	Jostein Dalshov Kringlen 31,20(31,20)	94	Kristiansand SA	(0,94)	1.06,87	414
					1.06,87(35,67)	

**Øvelse 5. 200m fri, damer - Forsøk****Senior**

1	Cecilie W. Johannessen 29,32(29,32)	90	Bergens SC	(0,74)	2.03,45	767
					2.03,45(31,79)	
2	Victoria S. Løken 29,36(29,36)	91	Lambertseter SK	(0,78)	2.03,72	762
					2.03,72(32,27)	
3	Ingvild Snildal 29,45(29,45)	88	Asker SK	(0,82)	2.06,15	718
					2.06,15(32,18)	
4	Monica W. Johannessen 29,47(29,47)	90	Bergens SC	(0,78)	2.09,07	671
					2.09,07(33,17)	
5	Gina B. Andersen 30,44(30,44)	90	Lambertseter SK	(0,84)	2.09,42	665
					2.09,42(33,26)	
6	Ingrid N. Knutzen 31,15(31,15)	91	Lambertseter SK	(0,85)	2.10,29	652
					2.10,29(33,38)	
7	Sofie Gjemmestad 30,89(30,89)	89	Lambertseter SK	(0,83)	2.11,37	636
					2.11,37(32,88)	

**Junior**

1	Victoria Rung 28,97(28,97)	92	Madla SK	(0,81)	2.05,08	737
					2.05,08(32,76)	
2	Eva Marie W. Østerhus 29,76(29,76)	94	Madla SK	(0,84)	2.06,22	717
					2.06,22(32,45)	
3	Elin Slaatmo 30,18(30,18)	92	Hamar IL	(0,91)	2.06,33	715
					2.06,33(30,88)	
4	Veronica Orheim Bjørlykke 28,23(28,23)	94	Aalesund SLK	(0,81)	2.06,42	714
					2.06,42(33,80)	
5	Stine Lise Stenseth 29,95(29,95)	94	Øvre Eiker SK	(0,83)	2.06,54	712
					2.06,54(31,96)	
6	Karoline Pedersen 29,78(29,78)	94	BS/Delfana	(0,87)	2.07,58	694
					2.07,58(33,35)	
7	Lise Sand Syversen 29,70(29,70)	95	BS/Delfana	(0,87)	2.07,78	691
					2.07,78(33,27)	
8	Susann Bjørnsen 30,34(30,34)	93	Setermoen SK/NTG	(0,84)	2.07,92	689
					2.07,92(32,25)	
9	Christine M. Pedersen 30,33(30,33)	93	Lambertseter SK	(0,81)	2.08,99	672
					2.08,99(32,69)	
10	Birgitte Elise Søfteland 31,07(31,07)	94	Sarpsborg IL	(0,75)	2.09,02	671
					2.09,02(32,30)	
11	Maria Thompson Clausen 30,32(30,32)	96	Madla SK	(0,80)	2.09,98	657
					2.09,98(33,49)	
12	Marthe Berg Sørensen 30,34(30,34)	92	Madla SK	(0,77)	2.10,78	645
					2.10,78(33,65)	
13	Oda Gjerde 30,87(30,87)	95	Bryne SK	(0,77)	2.10,83	644
					2.10,83(33,28)	
13	Emilie Nyenget Løvberg 29,75(29,75)	95	Bærumsvømmerne	(0,79)	2.10,83	644
					2.10,83(34,78)	
15	Maria Wigestrands 30,25(30,25)	94	Madla SK	(0,88)	2.11,09	640
					2.11,09(33,93)	
16	Sara Boukili 30,71(30,71)	95	SK Speed	(0,81)	2.11,72	631
					2.11,72(33,81)	
17	Ellen Camilla Hansen 31,42(31,42)	95	Øvre Eiker SK	(0,77)	2.11,91	628
					2.11,91(33,40)	
17	Andrea Westbye 30,96(30,96)	95	Bærumsvømmerne	(0,80)	2.11,91	628
					2.11,91(33,69)	
19	Elin Haugland 30,05(30,05)	96	BS/Delfana	(0,78)	2.12,34	622
					2.12,34(34,26)	

20	Jacqueline Knutsson 30,55(30,55)	93	Kongsten/NTG 1.38,84(34,71)	(0,85)	2.13,03	613
21	Lisa Skogeng 30,41(30,41)	96	BS/Delfana 1.38,14(34,58)	(0,86)	2.13,10	612
22	Ina Kvenshagen Gimse 30,35(30,35)	95	Tromsø SK 1.38,93(34,89)	(0,92)	2.13,27	609
23	Amalie Kristiansen 30,07(30,07)	95	Haugesund SK 1.38,98(35,42)	(0,87)	2.14,02	599
24	Sara Louise Pedersen 30,53(30,53)	96	Poseidon 1.38,17(34,82)	(0,85)	2.14,03	599
25	Julie Rønningsen 31,14(31,14)	94	Lambertseter SK 1.40,88(35,52)	(0,89)	2.14,11	598
26	Siri Anette Sønju 30,96(30,96)	92	Asker SK/NTG 1.39,06(34,65)	(0,86)	2.14,43	594
27	Hege Strøm Haukeland 31,49(31,49)	94	SK Speed/NTG 1.39,71(34,65)	(0,81)	2.14,56	592
28	Emilie Hellerud 30,40(30,40)	92	Lambertseter SK/NTG 1.39,67(35,47)	(0,93)	2.14,95	587
29	Pernille Berntsen 31,67(31,67)	95	Førde IL 1.41,82(36,08)	(0,85)	2.18,10	548
30	Ane Nygård 30,19(30,19)	95	Stavanger SC 1.41,72(36,73)	(0,75)	2.18,32	545
31	Emilie Witzøe 31,85(31,85)	93	Kolbotn IL 1.43,17(36,10)	(0,81)	2.19,30	534

## Funksjonshemmede

1	Rona Hjelmstad 41,27(41,27)	93	Skjetten Svømming 2.17,97(49,20)	(1,04)	3.05,04	228	S14 137,56 %
2	Ragna Forså 45,38(45,38)	98	Mosjøen SK 2.35,25(55,13)	(1,05)	3.26,95	163	S13 156,86 %

## Øvelse 6. 200m individuell medley, herrer - Forsøk

## Senior

1	Eirik Ravnan 28,47(28,47)	89	Hamar IL 1.39,02(37,95)	(0,82)	2.10,29	672
2	Sebastian Wigstrøm 28,00(28,00)	91	Bærumsvømmerne 1.38,38(36,35)	(0,78)	2.10,33	671
3	Oscar Aldabe Bomstad 28,15(28,15)	90	Bergens SC 1.42,23(39,63)	(0,76)	2.16,07	590
4	Sebastian Stordal 28,28(28,28)	91	BS/Delfana 1.46,13(41,89)	(0,76)	2.17,18	575

## Junior

1	Sverre Næss 26,72(26,72)	92	Sarpsborg IL 1.35,43(35,89)	(0,72)	2.05,25	756
2	Marco Aldabe Bomstad 27,59(27,59)	93	Bergens SC 1.37,91(37,56)	(0,73)	2.08,63	698
3	Fredrik K Hegdal 27,13(27,13)	94	Stavanger SC 1.40,85(39,52)	(0,73)	2.10,90	662
4	Markus Lie 28,51(28,51)	95	BS/Åstveit 1.42,31(38,74)	(0,75)	2.14,31	613
5	Markus Vindenes 28,14(28,14)	94	Vestkantsvømmerne 1.41,90(37,91)	(0,72)	2.15,06	603
6	Eirik Nielsen 28,36(28,36)	95	Poseidon 1.41,49(38,87)	(0,76)	2.16,20	588
7	Sander Andersen 29,26(29,26)	96	Poseidon 1.44,33(40,39)	(0,79)	2.16,51	584
8	Runar Borgen 27,80(27,80)	93	Tromsø SK/NTG 1.43,36(41,23)	(0,81)	2.16,56	583

9	Henrik Wathne 28,65(28,65)	94	Bærumsvømmerne 1.02,72(34,07)	(0,75)	2.16,69	582
10	Armin Porobic 28,38(28,38)	96	Lambertseter SK 1.04,07(35,69)	(0,80)	2.17,27	574
11	Jonas Kirkeberg Jostad 29,55(29,55)	92	Hamar IL 1.04,71(35,16)	(0,83)	2.17,40	573
12	Espen Halhjem 28,51(28,51)	92	BS/Delfana 1.04,80(36,29)	(0,73)	2.17,69	569
13	Martin B. Lund 29,57(29,57)	92	Elverum Svømming 1.05,06(35,49)	(0,93)	2.18,30	562
14	Håkon Brennhagen 29,17(29,17)	93	Skjetten Svømming 1.06,71(37,54)	(0,71)	2.18,69	557
15	Alexander Marki Mork 28,90(28,90)	95	Stavanger SC 1.04,25(35,35)	(0,72)	2.18,86	555
16	Henning Kaland 28,71(28,71)	92	Oslo IL 1.04,60(35,89)	(0,74)	2.19,26	550
17	Robin H. Kleiven 29,82(29,82)	93	Aalesund SLK 1.07,43(37,61)	(0,75)	2.19,36	549
18	Andreas Mathingsdal Pedersen 30,15(30,15)	92	Farsund SK 1.08,55(38,40)	(0,79)	2.20,40	537
19	Marius Thorsø 29,35(29,35)	93	BS/Delfana 1.05,69(36,34)	(0,93)	2.20,46	536
20	Sindre Aasland Ranaweera 29,43(29,43)	96	Madla SK 1.05,75(36,32)	(0,92)	2.21,08	529
21	Mads Henry Steinland 30,67(30,67)	97	Bærumsvømmerne 1.08,59(37,92)	(0,68)	2.21,19	528
22	Jørgen Aagaard-Nilsen Wiik 28,32(28,32)	93	Larvik SK 1.04,97(36,65)	(0,76)	2.21,73	522
23	Daniel Sandhåland 29,58(29,58)	95	Karmøy SK 1.05,04(35,46)	(0,82)	2.22,66	512
24	Erik Årslund Gidskehaug 30,72(30,72)	97	Bryne SK 1.07,12(36,40)	(0,81)	2.22,97	508
25	Bendik Søfteland 29,75(29,75)	96	Sarpsborg IL 1.06,57(36,82)	(0,75)	2.24,62	491

## Øvelse 7. 50m rygg, damer - Forsøk

### Senior

1	Ingvild Snildal	88	Asker SK	(0,72)	29,89	742
2	Heidi Vainio Gjøen	88	Lambertseter SK	(0,98)	31,80	616
3	Line Løvberg	91	Lambertseter SK	(0,84)	32,03	603
4	Helene Solberg	91	Asker SK	(0,99)	32,41	582

### Junior

1	Bryndis Run Hansen	93	BS/Åstveit	(0,66)	30,57	694
2	Oda Marie Siljan	92	Asker SK/TiT	(0,97)	31,29	647
3	Katrine Jensen	92	BS/Åstveit	(0,67)	31,31	646
4	Marte Stamland	96	Poseidon	(0,68)	31,45	637
5	Benedicte Kausland	92	Vestkantsvømmerne	(0,71)	31,48	635
6	Karoline Steffensen	96	Harstad SK	(0,68)	31,64	626
7	Camilla Moe	92	Ås IL	(0,82)	31,97	606
8	Christine M. Pedersen	93	Lambertseter SK	(0,77)	32,18	595
9	Elise Næss Olsen	97	Asker SK	(0,72)	32,20	593
10	Elisabeth Kristiansen	92	Haugesund SK	(0,71)	32,34	586
11	Anne Cathrine Skinmo	95	Larvik SK	(0,71)	32,35	585
12	Ina Kvenshagen Gimse	95	Tromsø SK	(0,83)	32,38	584
13	Andrine Davidsen	95	Lambertseter SK	(0,61)	32,51	577
14	Bitte Fagermo	93	Narvik SK/NTG	(0,90)	32,66	569
15	Grethe Tenden	96	Ås IL	(0,72)	32,79	562



16	Vilde Tengesdal	96	Bryne SK	(1,09)	32,81	561
17	Patricia Baay Kristoffersen	96	Sandefjord SK	(0,80)	32,88	557
18	Vanessa Tuxen	92	Madla SK	(0,79)	32,96	553
19	Vilje Mohagen	97	Skjetten Svømming	(0,65)	32,97	553
20	Åse Nytrø	97	Trondhjem SLK	(0,65)	33,08	547
21	Vår Celine Sjøgaard	96	Lambertseter SK	(0,76)	33,11	546
22	Helene Nordmark Skuterud	93	Asker SK	(0,70)	33,19	542
23	Birgitte Elise Søfteland	94	Sarpsborg IL	(0,86)	33,31	536
24	Lotte Miller	96	Madla SK	(0,71)	33,33	535
25	Helene Thunes Truyen	93	BS/Delfana	(0,90)	33,76	515
25	Emilie K. Hegdal	96	Stavanger SC	(0,77)	33,76	515
27	Fanny Moen Pettersen	93	Øvre Eiker SK	(0,97)	33,81	513
28	Eirin Røen Martinsen	93	Hamar IL	(1,06)	33,96	506
29	Elisabeth Støver	96	Øvre Eiker SK	(0,75)	34,02	503
30	Ingrid Hystad	92	IL Solid	(0,74)	34,18	496

### Øvelse 8. 50m bryst, herrer - Forsøk

#### Senior

1	Aleksander Hetland	82	Bærumsvømmerne	(0,66)	28,22	844
2	Alexander Dale Oen	85	Bærumsvømmerne	(0,71)	29,14	767
3	Bernt M. Seyffarth	89	Mandal SK	(0,80)	29,59	732
4	Sebastian Wigstrøm	91	Bærumsvømmerne	(0,77)	29,97	705
5	Erling Mjøs Brattelid	91	BS/Åstveit	(0,71)	30,32	681
6	Marcus Tesdal	90	BS/Åstveit	(0,79)	30,36	678
7	John Lekhmus	91	Tromsø SK	(0,81)	30,43	673
8	Sindre Søderlund	91	IL Varg	(0,75)	30,48	670
9	Simen Dale	91	BS/Delfana		31,27	620

#### Junior

1	Sverre Næss	92	Sarpsborg IL	(0,73)	29,47	741
2	Aleksander Sire	93	Asker SK/NTG	(0,68)	30,46	671
3	Markus Vindenes	94	Vestkantsvømmerne	(0,68)	30,70	656
4	Christoffer Tofte Hamborg	93	Vestbyen Trondheim	(0,76)	30,74	653
5	Tord Eirik Seyffarth	92	Mandal SK	(1,00)	30,79	650
6	Martin Gundersen	93	Kolbotn IL	(0,69)	30,81	649
7	Daniel Ommedal	92	Eid SK		30,90	643
8	Jørgen Scheie Bråthen	95	Lørenskog/Rælingen	(0,73)	31,33	617
9	Andreas Manum Hagby	95	Asker SK		31,73	594
10	Henry Emil Nordhagen	93	Bærumsvømmerne	(0,71)	31,75	593
11	Berend de Waal	94	IL Norodd	(0,85)	31,85	587
12	Sondre Bryn	92	BS/Åstveit	(0,78)	32,04	577
13	Christopher Williams	92	Bergens SLK	(0,71)	32,07	575
14	Johan Parker Nygaard	94	Kolbotn IL	(0,80)	32,17	570
15	Mads Henry Steinland	97	Bærumsvømmerne	(0,66)	32,26	565
16	Christopher Wolf	93	Vestbyen Trondheim	(0,73)	32,36	560
17	Håkon Brennhagen	93	Skjetten Svømming	(0,66)	32,37	559
18	Trond Vasslag	94	Stavanger SC	(0,78)	32,51	552
19	Øyvind Malde	92	Madla SK	(0,77)	32,55	550
20	Nicolai Gerrard	94	Kristiansand SA	(0,84)	32,84	536
20	Tom Duc Ngo Kaafjord	94	Vågsbygd SLK	(0,85)	32,84	536
22	Andreas Mathingsdal Pedersen	92	Farsund SK	(0,80)	33,03	526
23	Didrik Nygård	94	Oslo IL	(0,63)	33,05	525
24	Ivan Aleksander Larsen	95	Karmøy SK	(0,71)	33,32	513
25	Sindre Aasland Ranaweera	96	Madla SK		33,33	512
26	Stian Frestad	94	Kristiansand SA	(0,76)	33,50	505

27	Christian Tronvoll	94	Vestbyen Trondheim	(0,81)	33,55	502
27	Sigurd Holten Bøen	97	Aalesund SLK		33,55	502
29	Marius Bjørke	95	Eid SK	(0,77)	33,67	497
30	Martin B. Lund	92	Elverum Svømming	(0,91)	33,68	497
31	Amir Hossein Zarei	94	Gjøvik SK	(0,90)	33,88	488

## Øvelse 9. 4\*100m fri, damer - Junior

## Junior

1	Madla SK J1 jr.	JR	Madla SK	(0,87)	3.55,09	730	NR
	Maria Thompson Clausen:	28,29(28,29)	58,99(30,70)	58,99			
	Victoria Rung:	1.26,53(27,54)	1.57,08(30,55)	58,09			
	Maria Wigestrånd:	2.25,30(28,22)	2.56,57(31,27)	59,49			
	Eva Marie W. Østerhus:	3.24,49(27,92)	3.55,09(30,60)	58,52			
2	Bergensv. J1 jr.	JR	Bergensvømmerne	(0,77)	3.57,31	710	
	Bryndis Run Hansen:	27,56(27,56)	58,40(30,84)	58,40			
	Karoline Pedersen:	1.26,82(28,42)	1.57,94(31,12)	59,54			
	Elin Haugland:	2.26,90(28,96)	2.58,36(31,46)	1.00,42			
	Lise Sand Syversen:	3.26,61(28,25)	3.57,31(30,70)	58,95			
3	Asker SK J1 jr.	JR	Asker SK	(0,82)	4.04,34	651	
	Mette Mellbye Larsen:	29,57(29,57)	1.01,51(31,94)	1.01,51			
	Oda Marie Siljan:	1.30,45(28,94)	2.02,18(31,73)	1.00,67			
	Marte K. Bolstad:	2.31,19(29,01)	3.02,86(31,67)	1.00,68			
	Siri Anette Sønju:	3.32,61(29,75)	4.04,34(31,73)	1.01,48			
4	Bærumsv J1 jr.	JR	Bærumsvømmerne	(0,77)	4.05,50	641	
	Emilie Nyenget Løvberg:	28,67(28,67)	59,72(31,05)	59,72			
	Andrea Westbye:	1.29,16(29,44)	2.01,15(31,99)	1.01,43			
	Kjersti Dalen:	2.31,76(30,61)	3.04,65(32,89)	1.03,50			
	Maria Bølgen:	3.33,47(28,82)	4.05,50(32,03)	1.00,85			
5	Lambertseter SK J1 jr.	JR	Lambertseter SK	(0,88)	4.05,91	638	
	Emilie Hellerud:	29,35(29,35)	1.01,49(32,14)	1.01,49			
	Christine M. Pedersen:	1.29,62(28,13)	2.01,74(32,12)	1.00,25			
	Malene M. Pedersen:	2.31,74(30,00)	3.04,00(32,26)	1.02,26			
	Vår Celine Sjøgaard:	3.33,54(29,54)	4.05,91(32,37)	1.01,91			
6	Madla SK J2 jr.	JR	Madla SK	(0,88)	4.05,95	638	
	Lotte Miller:	29,08(29,08)	1.01,27(32,19)	1.01,27			
	Marthe Berg Sørensen:	1.29,85(28,58)	2.01,83(31,98)	1.00,56			
	Stine Mjøhus Kristoffersen:	2.31,65(29,82)	3.05,20(33,55)	1.03,37			
	Vanessa Tuxen:	3.33,96(28,76)	4.05,95(31,99)	1.00,75			
7	Øvre Eiker SK J1 jr.	JR	Øvre Eiker SK	(1,28)	4.08,63	617	
	Stine Lise Stenseth:	28,98(28,98)	59,53(30,55)	59,53			
	Ellen Camilla Hansen:	1.29,55(30,02)	2.01,90(32,35)	1.02,37			
	Fanny Moen Pettersen:	2.31,64(29,74)	3.04,62(32,98)	1.02,72			
	Elisabeth Støver:	3.35,20(30,58)	4.08,63(33,43)	1.04,01			
8	Asker SK J2 jr.	JR	Asker SK	(0,84)	4.09,66	610	
	Elise Næss Olsen:	29,81(29,81)	1.02,94(33,13)	1.02,94			
	Rikke Nagell-Kleven:	1.32,39(29,45)	2.05,09(32,70)	1.02,15			
	Helene Nordmark Skuterud:	2.34,66(29,57)	3.08,03(33,37)	1.02,94			
	Majken Smith:	3.37,43(29,40)	4.09,66(32,23)	1.01,63			
9	Vestkantsv. J1 jr.	JR	Vestkantsvømmerne	(0,76)	4.10,40	604	
	Marte Dale:	29,97(29,97)	1.03,81(33,84)	1.03,81			
	Elida Hole:	1.33,84(30,03)	2.07,08(33,24)	1.03,27			
	Benedicte Kausland:	2.36,62(29,54)	3.09,25(32,63)	1.02,17			
	Stine Vindenes:	3.38,33(29,08)	4.10,40(32,07)	1.01,15			
10	Stavanger SC J1 jr.	JR	Stavanger SC	(0,77)	4.11,76	595	
	Ane Nygård:	29,07(29,07)	1.01,56(32,49)	1.01,56			
	Siren Bergslid:	1.31,68(30,12)	2.05,44(33,76)	1.03,88			
	Ingeborg Jørmeland:	2.34,72(29,28)	3.07,94(33,22)	1.02,50			
	Emilie K. Hegdal:	3.38,29(30,35)	4.11,76(33,47)	1.03,82			
11	Bergensv. J2 jr.	JR	Bergensvømmerne	(0,77)	4.12,20	592	
	Marie Reinertsen:	29,57(29,57)	1.02,74(33,17)	1.02,74			
	Katrine Jensen:	1.32,86(30,12)	2.06,79(33,93)	1.04,05			
	Karianne Reinertsen:	2.36,99(30,20)	3.10,88(33,89)	1.04,09			
	Lisa Skogeng:	3.40,21(29,33)	4.12,20(31,99)	1.01,32			

12	Bergensv. J3 jr.	JR	Bergensvømmerne	(0,68)	4.13,25	584
	Hanne Søfteland:	30,02(30,02)	1.03,84(33,82)	1.03,84		
	Andrea Hestdal:	1.33,46(29,62)	2.06,49(33,03)	1.02,65		
	Helene Thunes Truyen:	2.36,53(30,04)	3.10,04(33,51)	1.03,55		
	Vilde Stordal:	3.40,25(30,21)	4.13,25(33,00)	1.03,21		
13	Aalesunds SLK J1 jr.	JR	Aalesund SLK	(0,84)	4.14,58	575
	Veronica Orheim Bjørlykke:	27,90(27,90)	58,62(30,72)	58,62		
	Julie Hjellbakk Pettersen:	1.27,77(29,15)	2.00,64(32,87)	1.02,02		
	Karina Brunstad Fet:	2.31,13(30,49)	3.05,99(34,86)	1.05,35		
	Ina Karin Haagensen:	3.38,74(32,75)	4.14,58(35,84)	1.08,59		
14	SK Speed J1 jr.	JR	SK Speed	(0,77)	4.15,83	567
	Hege Strøm Haukeland:	29,95(29,95)	1.02,89(32,94)	1.02,89		
	Sara Boukili:	1.32,65(29,76)	2.04,76(32,11)	1.01,87		
	Sara Torp Myhre:	2.37,00(32,24)	3.11,45(34,45)	1.06,69		
	Hanna Louise Berge:	3.41,92(30,47)	4.15,83(33,91)	1.04,38		
15	Løren/Rælingen J1 jr.	JR	Lørenskog/Rælingen	(0,80)	4.16,00	566
	Elina Marie Øverås:	31,04(31,04)	1.05,82(34,78)	1.05,82		
	Jeanette Erlandsen:	1.36,01(30,19)	2.07,90(31,89)	1.02,08		
	Klara Farkas:	2.38,33(30,43)	3.11,53(33,20)	1.03,63		
	Susanne Fornasari:	3.41,88(30,35)	4.16,00(34,12)	1.04,47		
16	Vågsbygd SLK J1 jr.	JR	Vågsbygd SLK	(0,80)	4.18,57	549
	Elise Fjeldstad:	30,50(30,50)	1.05,26(34,76)	1.05,26		
	Amalie Thorstensen:	1.34,92(29,66)	2.07,76(32,84)	1.02,50		
	Guro Aas:	2.38,54(30,78)	3.12,17(33,63)	1.04,41		
	Sofie Reisænen:	3.44,16(31,99)	4.18,57(34,41)	1.06,40		
17	Lambertseter SK J2 jr.	JR	Lambertseter SK	(0,83)	4.19,95	540
	Andrine Davidsen:	30,81(30,81)	1.03,73(32,92)	1.03,73		
	Ada-Emilie Bekk Berggren:	1.34,82(31,09)	2.08,63(33,81)	1.04,90		
	Line Henanger:	2.40,20(31,57)	3.14,19(33,99)	1.05,56		
	Anna Finstad:	3.45,23(31,04)	4.19,95(34,72)	1.05,76		
18	Oslo IL J1 jr.	JR	Oslo IL	(0,73)	4.21,90	528
	Nehna-Louise Møller-Pettersen:	30,77(30,77)	1.03,69(32,92)	1.03,69		
	Kristin Blyverket:	1.33,78(30,09)	2.07,73(33,95)	1.04,04		
	Oda Almgren Lind:	2.38,84(31,11)	3.13,88(35,04)	1.06,15		
	Gesine Laake:	3.46,66(32,78)	4.21,90(35,24)	1.08,02		
19	Madla SK J3 jr.	JR	Madla SK	(0,75)	4.22,68	524
	Maren Larsen:	29,90(29,90)	1.03,99(34,09)	1.03,99		
	Nina Staveland:	1.35,69(31,70)	2.10,44(34,75)	1.06,45		
	Ulrikke Rein:	2.41,54(31,10)	3.16,94(35,40)	1.06,50		
	Ingrid Bergslid:	3.48,05(31,11)	4.22,68(34,63)	1.05,74		
20	Bergensv. J4 jr.	JR	Bergensvømmerne	(0,81)	4.22,84	523
	Frida Hinna:	31,90(31,90)	1.06,63(34,73)	1.06,63		
	Tone Lill Evanger:	1.37,46(30,83)	2.11,11(33,65)	1.04,48		
	Maria Voldsund:	2.41,86(30,75)	3.16,35(34,49)	1.05,24		
	Stina Dahl:	3.47,79(31,44)	4.22,84(35,05)	1.06,49		
21	IL Solid J1 jr.	JR	IL Solid	(0,85)	4.23,38	519
	Malena Martens:	30,10(30,10)	1.03,11(33,01)	1.03,11		
	Ingrid Hystad:	1.32,84(29,73)	2.06,72(33,88)	1.03,61		
	Marit Hystad:	2.40,10(33,38)	3.19,51(39,41)	1.12,79		
	Inger Kristine Steinsland:	3.50,33(30,82)	4.23,38(33,05)	1.03,87		
22	Trondhjem SLK J1 jr.	JR	Trondhjem SLK	(0,86)	4.26,04	504
	Viktoria Juel:	31,69(31,69)	1.08,31(36,62)	1.08,31		
	Stine Tveit:	1.40,02(31,71)	2.15,28(35,26)	1.06,97		
	Malin Schanke Tømmervik:	2.46,76(31,48)	3.22,01(35,25)	1.06,73		
	Åse Nytrø:	3.52,66(30,65)	4.26,04(33,38)	1.04,03		
23	Elverum IL J1 jr.	JR	Elverum Svømming	(0,90)	4.26,64	501
	Kristin Johnson:	31,53(31,53)	1.05,97(34,44)	1.05,97		
	Vilde Bjørnebye:	1.38,08(32,11)	2.13,78(35,70)	1.07,81		
	Oona Ovesen:	2.43,41(29,63)	3.16,41(33,00)	1.02,63		
	Ida Jordan:	3.49,76(33,35)	4.26,64(36,88)	1.10,23		
24	Drammen SK J1 jr.	JR	Drammen SK	(0,89)	4.27,05	498
	Emilie Engebretsen:	30,79(30,79)	1.05,24(34,45)	1.05,24		
	Emilie Knudsen:	1.36,30(31,06)	2.10,87(34,57)	1.05,63		
	Kristin Graf Verpe:	2.41,99(31,12)	3.17,44(35,45)	1.06,57		
	Lisa Spiering:	3.49,17(31,73)	4.27,05(37,88)	1.09,61		
25	Ski SK J1 jr.	JR	Ski SK	(0,73)	4.27,09	498
	Stina Victoria Nordberg:	31,36(31,36)	1.04,91(33,55)	1.04,91		
	Camilla W. Kristiansen:	1.36,45(31,54)	2.10,84(34,39)	1.05,93		
	Eline Mathilde Swensen:	2.42,66(31,82)	3.16,83(34,17)	1.05,99		
	Anniken K. Sletta:	3.50,01(33,18)	4.27,09(37,08)	1.10,26		

26	Moss SK J1 jr.	JR	Moss SK	(0,80)	4.47,81	398
	Marion Ekroll Bårdli:	32,48(32,48)	1.09,02(36,54)	1.09,02		
	Anniken Kildahl:	1.44,68(35,66)	2.24,20(39,52)	1.15,18		
	Eline Johansen Nielsen:	3.00,02(35,82)	3.41,37(41,35)	1.17,17		
	Maria Carlsen Johnsen:	4.12,48(31,11)	4.47,81(35,33)	1.06,44		
	Kristiansand SA J1 jr.	JR	Kristiansand SA		DISK	
	Sara Stoebner:					
	Hanne Sofie L. Nilsen:					
	Emilie Valand Sørensen:					
	Tiril Fredrikke Rist Jensen:					

### Øvelse 10. 4\*200m fri, herrer - Junior

#### Junior

1	Stavanger SC G1 jr.	JR	Stavanger SC	(0,75)	7.52,85	694
	Jørn Nygård:	26,39(26,39)	54,41(28,02)			
	Alexander Marki Mork:	1.24,37(29,96)	1.54,30(29,93)	1.54,30		
	Per Øystein Turøy:	2.21,78(27,48)	2.53,66(31,88)	2.03,71		
	Fredrik K Hegdal:	3.26,74(33,08)	3.58,01(31,27)	1.58,93		
		4.24,71(26,70)	4.54,60(29,89)			
		5.25,46(30,86)	5.56,94(31,48)	1.55,91		
		6.22,76(25,82)	6.51,89(29,13)			
		7.22,24(30,35)	7.52,85(30,61)			
2	Bergensv. G1 jr.	JR	Bergensvømmerne	(0,83)	8.05,06	642
	Eivind Johannesen:	27,80(27,80)	58,27(30,47)	2.01,30		
	Jonas Ødegård Aanby:	1.29,77(31,50)	2.01,30(31,53)	2.01,60		
	Markus Lie:	2.28,30(27,00)	2.58,62(30,32)	1.59,91		
	Erlend Ulveseter:	3.30,57(31,95)	4.02,90(32,33)	2.02,25		
		4.29,51(26,61)	4.59,53(30,02)			
		5.30,96(31,43)	6.02,81(31,85)			
		6.29,24(26,43)	6.59,69(30,45)			
		7.31,91(32,22)	8.05,06(33,15)			
3	Kolbotn IL G1 jr.	JR	Kolbotn IL	(0,76)	8.08,29	630
	Odin Spangen Normann:	28,89(28,89)	59,96(31,07)	2.02,57		
	Martin Gundersen:	1.31,31(31,35)	2.02,57(31,26)	2.05,62		
	Martin Berger Oterholm:	2.30,17(27,60)	3.01,65(31,48)	2.02,49		
	Erik Tobias Sollesnes:	3.35,43(33,78)	4.08,19(32,76)	1.57,61		
		4.35,40(27,21)	5.05,87(30,47)			
		5.37,97(32,10)	6.10,68(32,71)			
		6.37,51(26,83)	7.07,31(29,80)			
		7.38,31(31,00)	8.08,29(29,98)			
4	Lambertseter SK G1 jr.	JR	Lambertseter SK	(0,80)	8.19,79	587
	Mathias Madsen:	28,18(28,18)	59,31(31,13)	2.04,72		
	Sondre Kallhovd:	1.32,16(32,85)	2.04,72(32,56)	2.02,82		
	Armin Porobic:	2.33,05(28,33)	3.04,06(31,01)	2.05,48		
	Kristian Henanger:	3.35,95(31,89)	4.07,54(31,59)	2.06,77		
		4.34,33(26,79)	5.05,57(31,24)			
		5.39,29(33,72)	6.13,02(33,73)			
		6.41,26(28,24)	7.13,73(32,47)			
		7.47,29(33,56)	8.19,79(32,50)			
5	Asker SK G1 jr.	JR	Asker SK	(0,67)	8.21,70	581
	Aleksander Sire:	27,40(27,40)	58,79(31,39)	2.04,41		
	Andreas Bergman:	1.31,86(33,07)	2.04,41(32,55)	2.02,39		
	Sigve Ekeli Nystuen:	2.31,94(27,53)	3.02,63(30,69)	2.07,11		
	Norbert Prokopiak:	3.34,58(31,95)	4.06,80(32,22)	2.07,79		
		4.35,32(28,52)	5.07,25(31,93)			
		5.40,25(33,00)	6.13,91(33,66)			
		6.41,93(28,02)	7.14,75(32,82)			
		7.48,98(34,23)	8.21,70(32,72)			
6	Bærumsv G1 jr.	JR	Bærumsvømmerne	(0,75)	8.23,97	573
	Henrik Wathne:	28,92(28,92)	59,75(30,83)	2.03,57		
	Henry Emil Nordhagen:	1.31,94(32,19)	2.03,57(31,63)	2.05,97		
	Iver Hvidsten:	2.32,27(28,70)	3.04,45(32,18)	2.07,83		
	Jakob Bernstein:	3.37,29(32,84)	4.09,54(32,25)	2.06,60		
		4.38,13(28,59)	5.09,97(31,84)			
		5.43,29(33,32)	6.17,37(34,08)			
		6.46,08(28,71)	7.18,27(32,19)			
		7.51,46(33,19)	8.23,97(32,51)			

7	Madla SK G2 jr.	JR	Madla SK	(0,73)	8.26,30	565
			27,58(27,58)			
	Kacper Domanski:		1.28,77(31,39)	2.00,59(31,82)	2.00,59	
			2.28,80(28,21)	3.00,14(31,34)		
	Sindre Aasland Ranaweera:		3.32,82(32,68)	4.06,03(33,21)	2.05,44	
			4.35,60(29,57)	5.08,23(32,63)		
	Tim Samuelson:		5.41,72(33,49)	6.15,41(33,69)	2.09,38	
			6.43,67(28,26)	7.16,22(32,55)		
	Øyvind Malde:		7.50,80(34,58)	8.26,30(35,50)	2.10,89	
8	Bergensv. G2 jr.	JR	Bergensvømmerne	(0,74)	8.28,15	559
			28,10(28,10)	59,91(31,81)		
	Espen Halhjem:		1.33,62(33,71)	2.07,42(33,80)	2.07,42	
			2.35,42(28,00)	3.06,85(31,43)		
	Henrik Søfteland:		3.39,65(32,80)	4.12,32(32,67)	2.04,90	
			4.41,58(29,26)	5.14,04(32,46)		
	Bård Løvik:		5.47,06(33,02)	6.21,33(34,27)	2.09,01	
			6.49,18(27,85)	7.21,78(32,60)		
	Marius Thorsø:		7.55,62(33,84)	8.28,15(32,53)	2.06,82	
9	Karmøy SK G1 jr.	JR	Karmøy SK	(0,72)	8.30,87	550
			29,43(29,43)	1.03,20(33,77)		
	Harald Goa Fagerheim:		1.38,10(34,90)	2.10,63(32,53)	2.10,63	
			2.38,76(28,13)	3.11,47(32,71)		
	Ivan Aleksander Larsen:		3.44,96(33,49)	4.17,50(32,54)	2.06,87	
			4.46,06(28,56)	5.18,75(32,69)		
	Daniel Sandhåland:		5.52,23(33,48)	6.25,42(33,19)	2.07,92	
			6.53,06(27,64)	7.24,84(31,78)		
	Morten Wee Hollund:		7.57,76(32,92)	8.30,87(33,11)	2.05,45	
10	Løren/Rælingen G1 jr.	JR	Lørenskog/Rælingen	(0,93)	8.33,39	542
			30,00(30,00)	1.04,32(34,32)		
	Gard Ruben Fauske:		1.40,03(35,71)	2.14,27(34,24)	2.14,27	
			2.42,56(28,29)	3.14,00(31,44)		
	Vebjørn Lindhjem:		3.46,37(32,37)	4.17,74(31,37)	2.03,47	
			4.46,67(28,93)	5.18,06(31,39)		
	Jørgen Gundersen:		5.50,27(32,21)	6.22,45(32,18)	2.04,71	
			6.51,48(29,03)	7.25,09(33,61)		
	Jørgen Scheie Bråthen:		7.59,11(34,02)	8.33,39(34,28)	2.10,94	
11	Elverum IL G1 jr.	JR	Elverum Svømming	(0,79)	8.38,09	527
			28,93(28,93)	1.00,79(31,86)		
	Ingvar V. Skirbekk:		1.34,41(33,62)	2.07,84(33,43)	2.07,84	
			2.35,75(27,91)	3.07,65(31,90)		
	Lars Rugsveen:		3.41,17(33,52)	4.14,29(33,12)	2.06,45	
			4.43,10(28,81)	5.16,25(33,15)		
	Martin B. Lund:		5.50,28(34,03)	6.23,58(33,30)	2.09,29	
			6.52,53(28,95)	7.26,66(34,13)		
	Håkon B Lund:		8.02,63(35,97)	8.38,09(35,46)	2.14,51	
12	Aalesund SLK G1 jr.	JR	Aalesund SLK	(0,73)	8.41,90	516
			29,06(29,06)	1.00,53(31,47)		
	Robin H. Kleiven:		1.32,78(32,25)	2.05,71(32,93)	2.05,71	
			2.34,17(28,46)	3.06,02(31,85)		
	Ole Martin Bjørlykke:		3.39,00(32,98)	4.11,28(32,28)	2.05,57	
			4.40,02(28,74)	5.13,93(33,91)		
	Sigurd Holten Bøen:		5.49,72(35,79)	6.25,59(35,87)	2.14,31	
			6.56,56(30,97)	7.31,09(34,53)		
	Aksel Haagenzen:			8.41,90(1.10,81)	2.16,31	
13	Ski SK G1 jr.	JR	Ski SK	(0,82)	9.05,12	453
			27,86(27,86)	59,48(31,62)		
	Einar Norum:		1.33,54(34,06)	2.08,12(34,58)	2.08,12	
			2.39,24(31,12)	3.14,78(35,54)		
	Eirik Nilsen:		3.51,95(37,17)	4.27,83(35,88)	2.19,71	
			4.58,51(30,68)	5.34,29(35,78)		
	Kristoffer Soot:		6.11,30(37,01)	6.47,40(36,10)	2.19,57	
			7.19,49(32,09)	7.55,47(35,98)		
	Sven Peder Oseth:		8.31,10(35,63)	9.05,12(34,02)	2.17,72	
14	Namsos SK G1 jr.	JR	Namsos SK	(0,80)	9.25,34	406
			29,70(29,70)	1.02,98(33,28)		
	Bendik Falch:		1.38,00(35,02)	2.15,34(37,34)	2.15,34	
			2.43,99(28,65)	3.16,78(32,79)		
	Scott René Høgenhaug:		3.53,12(36,34)	4.30,12(37,00)	2.14,78	
			5.03,47(33,35)	5.43,76(40,29)		
	Benjamin Gaupset:		6.22,72(38,96)	7.01,21(38,49)	2.31,09	
			7.32,88(31,67)	8.08,99(36,11)		
	Anders Skaanes:		8.47,09(38,10)	9.25,34(38,25)	2.24,13	

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Madla SK G1 jr.	JR	Madla SK	(0,72)	DISK
	26,77(26,77)	55,62(28,85)		
Ole Martin Ree:	1.25,43(29,81)	1.56,37(30,94)	1.56,37	
Morten Bordervich:				
Gaute Ravndal:				
Ørjan Monsen:				
Bærumsv G2 jr.	JR	Bærumsvømmerne	(0,81)	DISK
	28,25(28,25)	59,91(31,66)		
Lars Hvidsten:	1.33,18(33,27)	2.07,58(34,40)	2.07,58	
	2.37,01(29,43)	3.10,67(33,66)		
Mads Henry Steinland:	3.45,35(34,68)	4.19,86(34,51)	2.12,28	
	4.48,65(28,79)	5.21,64(32,99)		
Johann David Ørbeck:	5.55,57(33,93)	6.29,82(34,25)	2.09,96	
Fridtjof Bache Hungnes:				

# Lørdag 9. juli 2011 kl 17.00 – Finaler

## Øvelse 1. 400m individuell medley, damer - Direkte finale

### Junior

1	Veronica Orheim Bjørlykke	94	Aalesund SLK	(0,82)	5.03,44	700
	31,37(31,37)	1.08,85(37,48)	1.46,61(37,76)		2.24,52(37,91)	
	3.09,59(45,07)	3.55,57(45,98)	4.29,91(34,34)		5.03,44(33,53)	
2	Jacqueline Knutsson	93	Kongsten/NTG	(0,86)	5.06,45	680
	31,06(31,06)	1.07,20(36,14)	1.48,09(40,89)		2.27,83(39,74)	
	3.11,46(43,63)	3.55,77(44,31)	4.31,29(35,52)		5.06,45(35,16)	
3	Amalie Thorstensen	96	Vågsbygd SLK	(0,83)	5.08,32	667
	32,58(32,58)	1.09,79(37,21)	1.49,84(40,05)		2.29,25(39,41)	
	3.13,15(43,90)	3.57,80(44,65)	4.33,52(35,72)		5.08,32(34,80)	
4	Oda Gjerde	95	Bryne SK	(0,74)	5.08,47	666
	33,01(33,01)	1.11,02(38,01)	1.51,81(40,79)		2.32,17(40,36)	
	3.15,02(42,85)	3.59,26(44,24)	4.34,63(35,37)		5.08,47(33,84)	
5	Elin Haugland	96	BS/Delfana	(0,80)	5.12,09	644
	31,83(31,83)	1.09,78(37,95)	1.50,58(40,80)		2.29,74(39,16)	
	3.15,43(45,69)	4.01,62(46,19)	4.37,29(35,67)		5.12,09(34,80)	
6	Sofie Reisænen	97	Vågsbygd SLK	(0,83)	5.17,13	613
	33,00(33,00)	1.12,72(39,72)	1.52,15(39,43)		2.31,44(39,29)	
	3.16,09(44,65)	4.02,19(46,10)	4.39,82(37,63)		5.17,13(37,31)	
7	Oona Ovesen	92	Elverum Svømming	(0,84)	5.24,45	573
	32,09(32,09)	1.09,43(37,34)	1.51,26(41,83)		2.32,68(41,42)	
	3.21,45(48,77)	4.10,59(49,14)	4.48,17(37,58)		5.24,45(36,28)	
8	Klara Farkas	96	Lørenskog/Rælingen	(0,99)	5.24,77	571
	32,32(32,32)	1.08,96(36,64)	1.51,54(42,58)		2.32,77(41,23)	
	3.20,70(47,93)	4.09,76(49,06)	4.47,92(38,16)		5.24,77(36,85)	
9	Maren E.J. Bakke	94	Setermoen SK	(0,91)	5.24,87	571
	33,88(33,88)	1.13,89(40,01)	1.57,90(44,01)		2.41,79(43,89)	
	3.24,13(42,34)	4.09,09(44,96)	4.47,94(38,85)		5.24,87(36,93)	
10	Andrea Hestdal	94	BS/Åstveit	(0,91)	5.25,03	570
	31,99(31,99)	1.09,68(37,69)	1.51,82(42,14)		2.33,29(41,47)	
	3.19,70(46,41)	4.07,90(48,20)	4.47,38(39,48)		5.25,03(37,65)	
11	Karoline Steffensen	96	Harstad SK	(0,71)	5.26,76	561
	34,07(34,07)	1.13,67(39,60)	1.54,12(40,45)		2.35,03(40,91)	
	3.24,55(49,52)	4.14,55(50,00)	4.51,10(36,55)		5.26,76(35,66)	
12	Ingrid Bergslid	97	Madla SK	(0,87)	5.27,49	557
	34,06(34,06)	1.12,65(38,59)	1.55,80(43,15)		2.37,53(41,73)	
	3.24,79(47,26)	4.12,98(48,19)	4.51,06(38,08)		5.27,49(36,43)	
13	Vilde Stordal	95	BS/Delfana	(0,79)	5.29,24	548
	33,55(33,55)	1.14,44(40,89)	1.58,11(43,67)		2.40,15(42,04)	
	3.28,63(48,48)	4.16,84(48,21)	4.54,00(37,16)		5.29,24(35,24)	
14	Karianne Reinertsen	97	BS/Delfana	(0,90)	5.29,73	546
	33,73(33,73)	1.14,22(40,49)	1.57,21(42,99)		2.39,73(42,52)	
	3.26,13(46,40)	4.14,12(47,99)	4.52,21(38,09)		5.29,73(37,52)	
15	Eline Mathilde Swensen	96	Ski SK	(0,85)	5.30,93	540
	33,50(33,50)	1.13,00(39,50)	1.57,36(44,36)		2.40,78(43,42)	
	3.29,05(48,27)	4.17,56(48,51)	4.55,01(37,45)		5.30,93(35,92)	
16	Oda Emilie Haagenen	94	Sarpsborg IL	(0,71)	5.31,40	537
	32,51(32,51)	1.11,51(39,00)	1.54,86(43,35)		2.38,38(43,52)	
	3.24,64(46,26)	4.12,16(47,52)	4.53,13(40,97)		5.31,40(38,27)	
17	Vanja Sand Syversen	97	BS/Delfana	(0,92)	5.32,09	534
	32,97(32,97)	1.12,69(39,72)	1.55,65(42,96)		2.37,87(42,22)	
	3.26,98(49,11)	4.15,71(48,73)	4.54,65(38,94)		5.32,09(37,44)	
18	Emilie K. Hegdal	96	Stavanger SC	(0,90)	5.37,40	509
	32,97(32,97)	1.11,04(38,07)	1.54,72(43,68)		2.38,07(43,35)	
	3.27,82(49,75)	4.18,41(50,59)	4.58,50(40,09)		5.37,40(38,90)	
	Anna Bølgen	95	Bærumsvømmerne		DISK	

## Senior

1	Sara Nordenstam	83	Lambertseter SK	(0,85)	4.46,29	834
	30,81(30,81)	1.05,24(34,43)	1.44,09(38,85)	2.20,68(36,59)		
	2.59,40(38,72)	3.38,22(38,82)	4.13,08(34,86)	4.46,29(33,21)		
2	Veronica Orheim Bjørlykke	94	Aalesund SLK	(0,82)	5.03,44	700
	31,37(31,37)	1.08,85(37,48)	1.46,61(37,76)	2.24,52(37,91)		
	3.09,59(45,07)	3.55,57(45,98)	4.29,91(34,34)	5.03,44(33,53)		
3	Jacqueline Knutsson	93	Kongsten/NTG	(0,86)	5.06,45	680
	31,06(31,06)	1.07,20(36,14)	1.48,09(40,89)	2.27,83(39,74)		
	3.11,46(43,63)	3.55,77(44,31)	4.31,29(35,52)	5.06,45(35,16)		
4	Amalie Thorstensen	96	Vågsbygd SLK	(0,83)	5.08,32	667
	32,58(32,58)	1.09,79(37,21)	1.49,84(40,05)	2.29,25(39,41)		
	3.13,15(43,90)	3.57,80(44,65)	4.33,52(35,72)	5.08,32(34,80)		
5	Oda Gjerde	95	Bryne SK	(0,74)	5.08,47	666
	33,01(33,01)	1.11,02(38,01)	1.51,81(40,79)	2.32,17(40,36)		
	3.15,02(42,85)	3.59,26(44,24)	4.34,63(35,37)	5.08,47(33,84)		
6	Elin Haugland	96	BS/Delfana	(0,80)	5.12,09	644
	31,83(31,83)	1.09,78(37,95)	1.50,58(40,80)	2.29,74(39,16)		
	3.15,43(45,69)	4.01,62(46,19)	4.37,29(35,67)	5.12,09(34,80)		
7	Sofie Reisænen	97	Vågsbygd SLK	(0,83)	5.17,13	613
	33,00(33,00)	1.12,72(39,72)	1.52,15(39,43)	2.31,44(39,29)		
	3.16,09(44,65)	4.02,19(46,10)	4.39,82(37,63)	5.17,13(37,31)		
8	Oona Ovesen	92	Elverum Svømming	(0,84)	5.24,45	573
	32,09(32,09)	1.09,43(37,34)	1.51,26(41,83)	2.32,68(41,42)		
	3.21,45(48,77)	4.10,59(49,14)	4.48,17(37,58)	5.24,45(36,28)		
9	Klara Farkas	96	Lørenskog/Rælingen	(0,99)	5.24,77	571
	32,32(32,32)	1.08,96(36,64)	1.51,54(42,58)	2.32,77(41,23)		
	3.20,70(47,93)	4.09,76(49,06)	4.47,92(38,16)	5.24,77(36,85)		
10	Maren E.J. Bakke	94	Setermoen SK	(0,91)	5.24,87	571
	33,88(33,88)	1.13,89(40,01)	1.57,90(44,01)	2.41,79(43,89)		
	3.24,13(42,34)	4.09,09(44,96)	4.47,94(38,85)	5.24,87(36,93)		
11	Andrea Hestdal	94	BS/Åstveit	(0,91)	5.25,03	570
	31,99(31,99)	1.09,68(37,69)	1.51,82(42,14)	2.33,29(41,47)		
	3.19,70(46,41)	4.07,90(48,20)	4.47,38(39,48)	5.25,03(37,65)		
12	Karoline Steffensen	96	Harstad SK	(0,71)	5.26,76	561
	34,07(34,07)	1.13,67(39,60)	1.54,12(40,45)	2.35,03(40,91)		
	3.24,55(49,52)	4.14,55(50,00)	4.51,10(36,55)	5.26,76(35,66)		
13	Ingrid Bergslid	97	Madla SK	(0,87)	5.27,49	557
	34,06(34,06)	1.12,65(38,59)	1.55,80(43,15)	2.37,53(41,73)		
	3.24,79(47,26)	4.12,98(48,19)	4.51,06(38,08)	5.27,49(36,43)		
14	Vilde Stordal	95	BS/Delfana	(0,79)	5.29,24	548
	33,55(33,55)	1.14,44(40,89)	1.58,11(43,67)	2.40,15(42,04)		
	3.28,63(48,48)	4.16,84(48,21)	4.54,00(37,16)	5.29,24(35,24)		
15	Karianne Reinertsen	97	BS/Delfana	(0,90)	5.29,73	546
	33,73(33,73)	1.14,22(40,49)	1.57,21(42,99)	2.39,73(42,52)		
	3.26,13(46,40)	4.14,12(47,99)	4.52,21(38,09)	5.29,73(37,52)		
16	Eline Mathilde Swensen	96	Ski SK	(0,85)	5.30,93	540
	33,50(33,50)	1.13,00(39,50)	1.57,36(44,36)	2.40,78(43,42)		
	3.29,05(48,27)	4.17,56(48,51)	4.55,01(37,45)	5.30,93(35,92)		
17	Oda Emilie Haagensen	94	Sarpsborg IL	(0,71)	5.31,40	537
	32,51(32,51)	1.11,51(39,00)	1.54,86(43,35)	2.38,38(43,52)		
	3.24,64(46,26)	4.12,16(47,52)	4.53,13(40,97)	5.31,40(38,27)		
18	Vanja Sand Syversen	97	BS/Delfana	(0,92)	5.32,09	534
	32,97(32,97)	1.12,69(39,72)	1.55,65(42,96)	2.37,87(42,22)		
	3.26,98(49,11)	4.15,71(48,73)	4.54,65(38,94)	5.32,09(37,44)		
19	Emilie K. Hegdal	96	Stavanger SC	(0,90)	5.37,40	509
	32,97(32,97)	1.11,04(38,07)	1.54,72(43,68)	2.38,07(43,35)		
	3.27,82(49,75)	4.18,41(50,59)	4.58,50(40,09)	5.37,40(38,90)		
	Anna Bølgen	95	Bærumsvømmerne		DISK	



## Øvelse 2. 400m fri, herrer - Finale

## Senior

1	Gard Kvale	84	Bergens SC	(0,79)	3.58,96	781
	27,76(27,76)	57,26(29,50)	1.27,19(29,93)	1.57,43(30,24)		
	2.28,03(30,60)	2.58,69(30,66)	3.29,35(30,66)	3.58,96(29,61)		
2	Morten Bordervich	94	Madla SK	(0,74)	4.06,27	714
	28,89(28,89)	59,85(30,96)	1.31,23(31,38)	2.02,12(30,89)		
	2.33,60(31,48)	3.05,19(31,59)	3.36,25(31,06)	4.06,27(30,02)		
3	Oscar Slaatmo	94	Hamar IL	(0,88)	4.06,83	709
	28,97(28,97)	1.00,03(31,06)	1.31,82(31,79)	2.03,24(31,42)		
	2.34,84(31,60)	3.06,86(32,02)	3.38,47(31,61)	4.06,83(28,36)		
4	Christian Thorsen	91	Lambertseter SK	(0,80)	4.07,16	706
	28,99(28,99)	1.00,27(31,28)	1.31,78(31,51)	2.03,28(31,50)		
	2.34,68(31,40)	3.06,92(32,24)	3.38,04(31,12)	4.07,16(29,12)		
5	Kacper Domanski	96	Madla SK	(0,73)	4.11,92	667
	28,66(28,66)	59,81(31,15)	1.31,92(32,11)	2.04,06(32,14)		
	2.36,02(31,96)	3.08,15(32,13)	3.40,56(32,41)	4.11,92(31,36)		
6	Erik Tobias Sollesnes	95	Kolbotn IL	(0,80)	4.13,79	652
	28,49(28,49)	1.00,29(31,80)	1.32,51(32,22)	2.04,73(32,22)		
	2.37,21(32,48)	3.10,23(33,02)	3.42,93(32,70)	4.13,79(30,86)		
7	Elias Damman	89	Bærumsvømmerne	(0,78)	4.14,32	648
	28,99(28,99)	1.00,71(31,72)	1.33,20(32,49)	2.05,63(32,43)		
	2.38,50(32,87)	3.11,00(32,50)	3.43,43(32,43)	4.14,32(30,89)		
8	Jonas Ødegård Aanby	95	BS/Delfana	(0,94)	4.15,34	640
	29,46(29,46)	1.01,39(31,93)	1.33,68(32,29)	2.06,13(32,45)		
	2.38,50(32,37)	3.11,22(32,72)	3.43,60(32,38)	4.15,34(31,74)		

## Øvelse 3. 100m bryst, damer - Finale

## Senior

1	Katharina Stiberg	88	Bjerkvik SK	(0,75)	1.10,02	780
	32,65(32,65)	1.10,02(37,37)				
1	Sara Nordenstam	83	Lambertseter SK	(0,87)	1.10,02	780
	33,50(33,50)	1.10,02(36,52)				
3	Stina Kajsa Colleou	93	Lambertseter SK	(0,74)	1.12,63	699
	34,23(34,23)	1.12,63(38,40)				
4	Henriette Brekke	88	Stavanger SC	(0,79)	1.13,87	664
	34,12(34,12)	1.13,87(39,75)				
5	Mari Singstad	91	Trondhjem SLK	(0,90)	1.14,48	648
	35,37(35,37)	1.14,48(39,11)				
6	Kaja Bremer	93	Bergens SLK	(0,83)	1.14,92	637
	34,57(34,57)	1.14,92(40,35)				
7	Rikke Nagell-Kleven	95	Asker SK	(0,89)	1.15,62	619
	35,89(35,89)	1.15,62(39,73)				
8	Sophia Broberg Skeltved	92	Tromsø SK/NTG	(0,80)	1.15,96	611
	36,14(36,14)	1.15,96(39,82)				

**Øvelse 4. 100m butterfly, herrer - Finale****Senior**

1	Sindri T. Jakobsson	91	BS/Delfana	(0,73)	55,64	718
	25,96(25,96)	55,64(29,68)				
2	Alexander Broberg Skeltved	87	Bergens SC	(0,77)	56,54	684
	26,39(26,39)	56,54(30,15)				
3	Øystein R. Hetland	89	Bærumsvømmerne	(0,69)	56,70	678
	25,89(25,89)	56,70(30,81)				
4	Erlend Ulveseter	92	BS/Åstveit	(0,74)	57,01	667
	26,40(26,40)	57,01(30,61)				
5	Jørgen Møllerop	88	Bergens SC	(0,83)	57,16	662
	26,58(26,58)	57,16(30,58)				
6	Fredrik K Hegdal	94	Stavanger SC	(0,73)	57,84	639
	26,74(26,74)	57,84(31,10)				
7	Sindre Eilertsen	90	Lambertseter SK	(0,73)	57,87	638
	26,41(26,41)	57,87(31,46)				
8	Thomas Myhrer	94	Sarpsborg IL/NTG	(0,75)	58,43	620
	27,14(27,14)	58,43(31,29)				

**Øvelse 5. 200m fri, damer - Finale****Senior**

1	Cecilie W. Johannessen	90	Bergens SC	(0,82)	2.01,66	801
	28,84(28,84)	59,77(30,93)	1.30,92(31,15)	2.01,66(30,74)		
2	Victoria S. Løken	91	Lambertseter SK	(0,79)	2.03,50	766
		1.00,27(1.00,27)	1.31,71(31,44)	2.03,50(31,79)		
3	Ingvild Snildal	88	Asker SK	(0,81)	2.05,57	728
	29,52(29,52)	1.01,34(31,82)	1.33,66(32,32)	2.05,57(31,91)		
4	Victoria Rung	92	Madla SK	(0,82)	2.05,64	727
	29,34(29,34)	1.01,17(31,83)	1.33,38(32,21)	2.05,64(32,26)		
5	Elin Slaatmo	92	Hamar IL	(0,88)	2.06,51	712
	30,18(30,18)	1.02,35(32,17)	1.35,26(32,91)	2.06,51(31,25)		
6	Veronica Orheim Bjørlykke	94	Aalesund SLK	(0,84)	2.07,11	702
	29,75(29,75)	1.02,00(32,25)	1.35,34(33,34)	2.07,11(31,77)		
7	Stine Lise Stenseth	94	Øvre Eiker SK	(0,76)	2.07,66	693
	30,13(30,13)	1.02,27(32,14)	1.35,26(32,99)	2.07,66(32,40)		
8	Eva Marie W. Østerhus	94	Madla SK	(0,91)	2.07,69	693
	29,95(29,95)	1.02,03(32,08)	1.34,73(32,70)	2.07,69(32,96)		

**Øvelse 6. 200m individuell medley, herrer - Finale****Senior**

1	Eirik Ravnan	89	Hamar IL	(0,84)	2.08,08	707
	28,19(28,19)	1.00,53(32,34)	1.38,06(37,53)	2.08,08(30,02)		
2	Marco Aldabe Bomstad	93	Bergens SC	(0,74)	2.08,62	698
	27,70(27,70)	1.00,02(32,32)	1.38,22(38,20)	2.08,62(30,40)		
3	Sebastian Wigstrøm	91	Bærumsvømmerne	(0,79)	2.09,46	685
	27,84(27,84)	1.02,37(34,53)	1.37,88(35,51)	2.09,46(31,58)		
4	Fredrik K Hegdal	94	Stavanger SC	(0,73)	2.12,35	641
	27,98(27,98)	1.01,24(33,26)	1.41,93(40,69)	2.12,35(30,42)		
5	Oscar Aldabe Bomstad	90	Bergens SC	(0,74)	2.13,27	628
	28,62(28,62)	1.02,57(33,95)	1.41,21(38,64)	2.13,27(32,06)		
6	Markus Lie	95	BS/Åstveit	(0,76)	2.13,57	623
	28,87(28,87)	1.03,25(34,38)	1.41,99(38,74)	2.13,57(31,58)		
7	Eirik Nielsen	95	Poseidon	(0,80)	2.16,51	584
	28,70(28,70)	1.03,73(35,03)	1.43,18(39,45)	2.16,51(33,33)		
8	Sander Andersen	96	Poseidon	(0,78)	2.18,24	562
	29,74(29,74)	1.04,35(34,61)	1.45,35(41,00)	2.18,24(32,89)		

## Øvelse 7. 50m rygg, damer - Finale

## Senior

1	Ingvild Snildal	88	Asker SK	(0,67)	29,50	772
2	Bryndis Run Hansen	93	BS/Åstveit	(0,62)	30,42	704
3	Marte Stamland	96	Poseidon	(0,66)	31,30	646
4	Katrine Jensen	92	BS/Åstveit	(0,75)	31,31	646
4	Heidi Vainio Gjøen	88	Lambertseter SK	(0,77)	31,31	646
6	Karoline Steffensen	96	Harstad SK	(0,64)	31,45	637
7	Oda Marie Siljan	92	Asker SK/TiT	(0,74)	31,52	633
8	Benedicte Kausland	92	Vestkantsvømmerne	(0,69)	31,65	625

## Funksjonshemmede

1	Mina Marie Heyerdahl Klausen	97	Drammen SK		49,59	162	S7 125,42 %
2	Helene Brodin	96	Oslo IL	(0,82)	45,35	212	S9 133,66 %
3	Ingrid Djupskås	89	Drammen SK	(0,92)	45,95	204	S9 135,43 %
4	Rona Hjelmstad	93	Skjetten Svømming	(1,10)	45,36	212	S14 139,31 %

## Øvelse 8. 50m bryst, herrer - Finale

## Senior

1	Alexander Dale Oen	85	Bærumsvømmerne	(0,70)	27,56	906
2	Aleksander Hetland	82	Bærumsvømmerne	(0,64)	27,99	865
3	Bernt M. Seyffarth	89	Mandal SK	(0,76)	29,16	765
4	Sverre Næss	92	Sarpsborg IL	(0,71)	29,29	755
5	Sebastian Wigstrøm	91	Bærumsvømmerne		29,84	714
6	Marcus Tesdal	90	BS/Åstveit	(0,71)	30,07	698
7	John Lekhmus	91	Tromsø SK	(0,78)	30,08	697
8	Erling Mjøs Brattelid	91	BS/Åstveit	(0,70)	30,28	683

## Funksjonshemmede

1	Bendik Savstad	95	Tverlandet IL	(0,80)	41,34	269	SB9 141,77 %
2	Marcus Haus	95	Eid SK	(0,92)	44,76	212	SB14 147,77 %

## Øvelse 9. 4\*100m fri, damer - Senior

## Senior

1	Lambertseter SK J1 sr.	SR	Lambertseter SK	(0,76)	3.55,61	726
	Victoria S. Løken:	28,02(28,02)	57,89(29,87)		57,89	
	Christine M. Pedersen:	1.25,65(27,76)	1.57,42(31,77)		59,53	
	Sofie Gjemmestad:	2.25,71(28,29)	2.56,81(31,10)		59,39	
	Gina B. Andersen:	3.24,98(28,17)	3.55,61(30,63)		58,80	
2	Madla SK J1 sr.	SR	Madla SK	(0,82)	3.55,91	723
	Maria Thompson Clausen:	28,50(28,50)	59,08(30,58)		59,08	
	Victoria Rung:	1.26,47(27,39)	1.57,48(31,01)		58,40	
	Maria Wigestrånd:	2.25,76(28,28)	2.56,94(31,18)		59,46	
	Eva Marie W. Østerhus:	3.25,34(28,40)	3.55,91(30,57)		58,97	
3	Bergensv. J1 sr.	SR	Bergensvømmerne	(0,76)	3.56,64	716
	Bryndis Run Hansen:	27,59(27,59)	57,87(30,28)		57,87	
	Karoline Pedersen:	1.26,52(28,65)	1.57,60(31,08)		59,73	
	Elin Haugland:	2.26,39(28,79)	2.58,26(31,87)		1.00,66	
	Lise Sand Syversen:	3.26,41(28,15)	3.56,64(30,23)		58,38	

4	Asker SK J1 sr.	SR	Asker SK	(0,76)	4.00,16	685
	Ingvild Snildal:	28,26(28,26)	57,88(29,62)	57,88		
	Oda Marie Siljan:	1.26,43(28,55)	1.58,69(32,26)	1.00,81		
	Mette Mellbye Larsen:	2.27,59(28,90)	2.59,56(31,97)	1.00,87		
	Marte K. Bolstad:	3.28,43(28,87)	4.00,16(31,73)	1.00,60		
5	Stavanger SC J1 sr.	SR	Stavanger SC	(0,76)	4.05,00	645
	Henriette Brekke:		56,70(56,70)	56,70		
	Ane Nygård:	1.25,66(28,96)	1.58,99(33,33)	1.02,29		
	Ingeborg Jørmeland:	2.28,53(29,54)	3.01,68(33,15)	1.02,69		
	Emilie K. Hegdal:	3.31,62(29,94)	4.05,00(33,38)	1.03,32		
6	Lambertseter SK J2 sr.	SR	Lambertseter SK	(0,87)	4.05,54	641
	Emilie Hellerud:	29,27(29,27)	1.01,30(32,03)	1.01,30		
	Ingrid N. Knutzen:	1.30,52(29,22)	2.03,07(32,55)	1.01,77		
	Vår Celine Sjøgaard:	2.32,45(29,38)	3.04,76(32,31)	1.01,69		
	Heidi Vainio Gjøen:	3.33,69(28,93)	4.05,54(31,85)	1.00,78		
7	Bærumsv J1 sr.	SR	Bærumsvømmerne	(0,77)	4.06,56	633
	Emilie Nyenget Løvberg:	28,87(28,87)	59,73(30,86)	59,73		
	Andrea Westbye:	1.29,28(29,55)	2.01,28(32,00)	1.01,55		
	Kjersti Dalen:	2.31,72(30,44)	3.04,55(32,83)	1.03,27		
	Maria Bølgen:	3.33,50(28,95)	4.06,56(33,06)	1.02,01		
8	Bergensv. J2 sr.	SR	Bergensvømmerne	(0,85)	4.09,09	614
	Lisa Skogeng:	29,94(29,94)	1.01,87(31,93)	1.01,87		
	Siri Løvold Magnussen:	1.31,03(29,16)	2.03,87(32,84)	1.02,00		
	Marie Reinertsen:	2.33,13(29,26)	3.06,60(33,47)	1.02,73		
	Andrea Hestdal:	3.35,79(29,19)	4.09,09(33,30)	1.02,49		
9	Bergensv. J3 sr.	SR	Bergensvømmerne	(0,79)	4.12,47	590
	Vilde Stordal:	30,26(30,26)	1.02,91(32,65)	1.02,91		
	Hanne Sjøfteland:	1.32,49(29,58)	2.05,93(33,44)	1.03,02		
	Helene Thunes Truyen:	2.35,88(29,95)	3.09,44(33,56)	1.03,51		
	Karianne Reinertsen:	3.39,72(30,28)	4.12,47(32,75)	1.03,03		
10	Aalesunds SLK J1 sr.	SR	Aalesund SLK	(0,86)	4.18,86	547
	Julie Hjøllbakk Pettersen:	30,10(30,10)	1.02,77(32,67)	1.02,77		
	Veronica Orheim Bjørlykke:	1.30,73(27,96)	2.01,38(30,65)	58,61		
	Karina Brunstad Fet:	2.32,12(30,74)	3.07,71(35,59)	1.06,33		
	Ina Karin Haagensen:	3.41,27(33,56)	4.18,86(37,59)	1.11,15		
11	Trondhjem SLK J1 sr.	SR	Trondhjem SLK	(0,86)	4.19,95	540
	Mari Singstad:	30,88(30,88)	1.03,90(33,02)	1.03,90		
	Åse Nytrø:	1.34,40(30,50)	2.08,40(34,00)	1.04,50		
	Stine Tveit:	2.39,53(31,13)	3.14,29(34,76)	1.05,89		
	Malin Schanke Tømmervik:	3.45,30(31,01)	4.19,95(34,65)	1.05,66		
12	Løren/Rælingen J1 sr.	SR	Lørenskog/Rælingen	(0,79)	4.20,78	535
	Susanne Fornasari:	31,75(31,75)	1.06,12(34,37)	1.06,12		
	Marie Svensson:	1.36,82(30,70)	2.11,25(34,43)	1.05,13		
	Jeanette Erlandsen:	2.41,70(30,45)	3.14,32(32,62)	1.03,07		
	Elina Marie Øverås:	3.45,24(30,92)	4.20,78(35,54)	1.06,46		
13	Oslo IL J1 sr.	SR	Oslo IL	(0,84)	4.24,40	513
	Kristin Blyverket:	30,26(30,26)	1.03,60(33,34)	1.03,60		
	Nehna-Louise Møller-Pettersen:	1.34,19(30,59)	2.08,67(34,48)	1.05,07		
	Gesine Laake:	2.42,21(33,54)	3.18,71(36,50)	1.10,04		
	Gry Bernakiewicz:	3.49,49(30,78)	4.24,40(34,91)	1.05,69		
14	Øvre Eiker SK J1 sr.	SR	Øvre Eiker SK	(0,89)	4.39,28	436
	Line Cecilie Stenseth:	31,90(31,90)	1.08,03(36,13)	1.08,03		
	Maren Rasmussen:	1.41,70(33,67)	2.18,78(37,08)	1.10,75		
	Maria Krogstad:	2.52,28(33,50)	3.29,58(37,30)	1.10,80		
	Linn Sofie Hansen:	4.01,90(32,32)	4.39,28(37,38)	1.09,70		
15	Ski SK J1 sr.	SR	Ski SK	(0,82)	4.40,13	432
	Celia Lie Storstad:	33,92(33,92)	1.10,13(36,21)	1.10,13		
	Anniken K. Sletta:		2.21,69(1.11,56)	1.11,56		
	Eline Mathilde Swensen:	2.53,20(31,51)	3.27,35(34,15)	1.05,66		
	Susanne Utgård:	4.02,04(34,69)	4.40,13(38,09)	1.12,78		
	Madla SK J2 sr.	SR	Madla SK	(0,85)	DISK	
	Lotte Miller:	29,04(29,04)	1.01,18(32,14)	1.01,18		
	Marthe Berg Sørensen:	1.30,02(28,84)	2.02,61(32,59)	1.01,43		
	Maren Larsen:	2.32,21(29,60)	3.05,82(33,61)	1.03,21		
	Vanessa Tuxen:					
	Bergens SC J1 sr.	SR	Bergens SC	(0,70)	DISK	
	Monica W. Johannessen:	27,57(27,57)	57,40(29,83)	57,40		
	Hedvig Hjertaker:		1.58,82(1.01,42)	1.01,42		
	Cecilie W. Johannessen:					
	Renate Aasland Ranaweera:					

## Øvelse 10. 4\*200m fri, herrer - Senior

## Senior

1	Bergens SC G1 sr.	SR	Bergens SC	(0,71)	7.40,62	750	NR
		26,62(26,62)	56,17(29,55)				
	Lavrans Solli:	1.26,40(30,23)	1.55,84(29,44)	1.55,84			
	Marco Aldabe Bomstad:	2.22,92(27,08)	2.52,51(29,59)				
		3.22,18(29,67)	3.51,14(28,96)	1.55,30			
	Gard Kvale:	4.17,31(26,17)	4.45,51(28,20)				
		5.14,63(29,12)	5.43,52(28,89)	1.52,38			
	Alexander Broberg Skeltved:	6.10,47(26,95)	6.40,51(30,04)				
		7.10,88(30,37)	7.40,62(29,74)	1.57,10			
2	Madla SK G1 sr.	SR	Madla SK	(0,77)	7.48,01	715	
		26,51(26,51)	55,43(28,92)				
	Bjarte Ravndal:	1.24,81(29,38)	1.55,93(31,12)	1.55,93			
	Morten Bordervich:	2.23,40(27,47)	2.53,00(29,60)				
		3.22,64(29,64)	3.51,81(29,17)	1.55,88			
	Kacper Domanski:	4.18,89(27,08)	4.49,43(30,54)				
		5.21,15(31,72)	5.52,72(31,57)	2.00,91			
	Ole Martin Ree:	6.18,65(25,93)	6.47,83(29,18)				
		7.17,78(29,95)	7.48,01(30,23)	1.55,29			
3	Bergensv. G1 sr.	SR	Bergensvømmerne	(0,76)	7.55,90	680	
		27,44(27,44)	57,21(29,77)				
	Sindri T. Jakobsson:	1.27,07(29,86)	1.56,90(29,83)	1.56,90			
		2.23,58(26,68)	2.53,05(29,47)				
	Eirik Runningen:	3.24,81(31,76)	3.58,32(33,51)	2.01,42			
		4.24,68(26,36)	4.54,58(29,90)				
	Sander Smørdal:	5.24,99(30,41)	5.56,16(31,17)	1.57,84			
		6.22,83(26,67)	6.53,04(30,21)				
	Even Vike Holm:	7.24,48(31,44)	7.55,90(31,42)	1.59,74			
4	Stavanger SC G1 sr.	SR	Stavanger SC	(0,73)	7.57,23	675	
		26,62(26,62)	55,44(28,82)				
	Jørn Nygård:	1.25,13(29,69)	1.54,64(29,51)	1.54,64			
		2.21,73(27,09)	2.53,27(31,54)				
	Alexander Marki Mork:	3.25,62(32,35)	3.57,32(31,70)	2.02,68			
		4.24,66(27,34)	4.55,42(30,76)				
	Per Øystein Turøy:	5.26,69(31,27)	5.57,61(30,92)	2.00,29			
		6.24,36(26,75)	6.54,98(30,62)				
	Fredrik K Hegdal:	7.26,53(31,55)	7.57,23(30,70)	1.59,62			
5	Lambertseter SK G1 sr.	SR	Lambertseter SK	(0,77)	7.58,38	670	
		27,53(27,53)	57,62(30,09)				
	Christian Thorsen:	1.27,96(30,34)	1.58,48(30,52)	1.58,48			
		2.25,40(26,92)	2.55,55(30,15)				
	Sindre Eilertsen:	3.26,37(30,82)	3.57,10(30,73)	1.58,62			
		4.24,56(27,46)	4.55,12(30,56)				
	Sondre Kallhovd:	5.26,19(31,07)	5.57,31(31,12)	2.00,21			
		6.24,30(26,99)	6.54,40(30,10)				
	Mathias Madsen:	7.25,81(31,41)	7.58,38(32,57)	2.01,07			
6	Bærumsv G1 sr.	SR	Bærumsvømmerne	(0,69)	8.00,68	660	
		26,81(26,81)	57,70(30,89)				
	Øystein R. Hetland:	1.30,26(32,56)	2.02,37(32,11)	2.02,37			
		2.29,41(27,04)	2.59,93(30,52)				
	Elias Damman:	3.31,17(31,24)	4.02,27(31,10)	1.59,90			
		4.30,22(27,95)	5.00,75(30,53)				
	Carl Andreas Wathne:	5.31,49(30,74)	6.02,49(31,00)	2.00,22			
		6.29,36(26,87)	6.59,66(30,30)				
	Sebastian Wigstrøm:	7.30,53(30,87)	8.00,68(30,15)	1.58,19			
7	Bergensv. G2 sr.	SR	Bergensvømmerne	(0,82)	8.00,98	659	
		27,89(27,89)	58,82(30,93)				
	Eivind Johannesen:	1.30,69(31,87)	2.01,47(30,78)	2.01,47			
		2.28,89(27,42)	2.59,42(30,53)				
	Jonas Ødegård Aanby:	3.30,92(31,50)	4.02,21(31,29)	2.00,74			
		4.29,15(26,94)	4.59,36(30,21)				
	Markus Lie:	5.30,45(31,09)	6.01,87(31,42)	1.59,66			
		6.27,75(25,88)	6.57,82(30,07)				
	Marcus Tesdal:	7.29,25(31,43)	8.00,98(31,73)	1.59,11			

8	Hamar IL G1 sr.	SR	Hamar IL	(0,87)	8.01,57	657
		27,82(27,82)	57,06(29,24)			
	Oscar Slaatmo:	1.27,84(30,78)	1.57,08(29,24)	1.57,08		
		2.23,52(26,44)	2.52,97(29,45)			
	Jonas Kirkeberg Jostad:	3.23,99(31,02)	3.58,23(34,24)	2.01,15		
		4.26,50(28,27)	4.58,16(31,66)			
	Magnus Klæboe Nordgård:	5.30,86(32,70)	6.03,74(32,88)	2.05,51		
		6.30,97(27,23)	7.00,59(29,62)			
	Eirik Ravnar:	7.31,12(30,53)	8.01,57(30,45)	1.57,83		
9	Bergensv. G3 sr.	SR	Bergensvømmerne	(0,78)	8.13,48	610
		28,68(28,68)	59,45(30,77)			
	Sebastian Stordal:		2.02,53(1.03,08)	2.02,53		
		2.30,67(28,14)	3.01,12(30,45)			
	Henrik Søfteland:	3.33,33(32,21)	4.05,12(31,79)	2.02,59		
		4.31,95(26,83)	5.04,20(32,25)			
	Erlend Ulveseter:	5.36,68(32,48)	6.08,73(32,05)	2.03,61		
			7.08,92(1.00,19)			
	Espen Halhjem:	7.41,18(32,26)	8.13,48(32,30)	2.04,75		
10	Bærumsv G2 sr.	SR	Bærumsvømmerne	(0,68)	8.23,15	576
		28,82(28,82)	1.01,08(32,26)			
	Jakob Bernstein:	1.34,40(33,32)	2.06,45(32,05)	2.06,45		
		2.34,04(27,59)	3.05,01(30,97)			
	Henrik Wathne:	3.37,00(31,99)	4.08,60(31,60)	2.02,15		
		4.37,84(29,24)	5.11,29(33,45)			
	Lars Hvidsten:	5.44,93(33,64)	6.18,15(33,22)	2.09,55		
		6.45,36(27,21)	7.16,77(31,41)			
	Henry Emil Nordhagen:	7.49,51(32,74)	8.23,15(33,64)	2.05,00		
11	Elverum IL G1 sr.	SR	Elverum Svømming	(0,82)	8.24,11	572
		27,10(27,10)	57,54(30,44)			
	Christian Sunde:	1.32,33(34,79)	2.09,12(36,79)	2.09,12		
		2.37,37(28,25)	3.08,04(30,67)			
	Gunnar V. Skirbekk:	3.39,83(31,79)	4.11,05(31,22)	2.01,93		
		4.38,79(27,74)	5.10,55(31,76)			
	Lars Rugsveen:	5.43,29(32,74)	6.15,77(32,48)	2.04,72		
		6.45,15(29,38)	7.17,44(32,29)			
	Ingvar V. Skirbekk:	7.50,79(33,35)	8.24,11(33,32)	2.08,34		
12	Aalesund SLK G1 sr.	SR	Aalesund SLK	(0,87)	8.52,61	485
		29,40(29,40)	1.01,31(31,91)			
	Ole Martin Bjørlykke:	1.34,31(33,00)	2.06,75(32,44)	2.06,75		
		2.35,23(28,48)	3.09,72(34,49)			
	Sigurd Holten Bøen:	3.46,46(36,74)	4.22,82(36,36)	2.16,07		
		4.54,73(31,91)	5.32,66(37,93)			
	Aksel Haagenen:	6.09,75(37,09)	6.45,42(35,67)	2.22,60		
		7.14,54(29,12)	7.47,18(32,64)			
	Robin H. Kleiven:	8.20,31(33,13)	8.52,61(32,30)	2.07,19		
13	Eid SK G1 sr.	SR	Eid SK	(0,78)	9.02,68	459
		30,12(30,12)	1.02,90(32,78)			
	Marius Bjørke:	1.37,76(34,86)	2.12,34(34,58)	2.12,34		
		2.42,09(29,75)	3.16,23(34,14)			
	Åsmund Karlsen:	3.50,86(34,63)	4.24,35(33,49)	2.12,01		
		4.58,19(33,84)	5.36,64(38,45)			
	Olav Ommedal:	6.16,14(39,50)	6.54,73(38,59)	2.30,38		
		7.23,39(28,66)	7.55,74(32,35)			
	Daniel Ommedal:	8.29,52(33,78)	9.02,68(33,16)	2.07,95		

## Søndag 10. juli 2011 kl 10.00

## Øvelse 11. 200m rygg, herrer - Forsøk

## Senior

1	Eirik Ravnan	89	Hamar IL	(0,70)	2.12,24	606
	30,59(30,59)	1.03,95(33,36)	1.38,23(34,28)		2.12,24(34,01)	
2	Eirik Runningen	90	BS/Delfana	(0,62)	2.17,81	536
	32,67(32,67)	1.07,46(34,79)	1.43,05(35,59)		2.17,81(34,76)	
3	Sebastian Stordal	91	BS/Delfana	(0,73)	2.18,23	531
	32,08(32,08)	1.06,37(34,29)	1.42,17(35,80)		2.18,23(36,06)	
4	Kristoffer Brekke	91	Vestkantsvømmerne	(0,78)	2.21,21	498
	32,63(32,63)	1.08,20(35,57)	1.44,62(36,42)		2.21,21(36,59)	

## Junior

1	Lavrans Solli	92	Bergens SC	(0,73)	2.08,98	653
	29,30(29,30)	1.02,96(33,66)	1.37,35(34,39)		2.08,98(31,63)	
2	Marco Aldabe Bomstad	93	Bergens SC	(0,74)	2.09,25	649
	30,80(30,80)	1.03,97(33,17)	1.37,47(33,50)		2.09,25(31,78)	
3	Vebjørn Lindhjem	95	Lørenskog/Rælingen	(0,68)	2.12,33	605
	30,79(30,79)	1.03,99(33,20)	1.38,25(34,26)		2.12,33(34,08)	
4	Henrik Wathne	94	Bærumsvømmerne	(0,75)	2.12,84	598
	31,54(31,54)	1.05,17(33,63)	1.39,83(34,66)		2.12,84(33,01)	
5	Runar Borgen	93	Tromsø SK/NTG	(0,77)	2.12,89	597
	32,31(32,31)	1.05,69(33,38)	1.40,00(34,31)		2.12,89(32,89)	
6	Henrik Søfteland	95	BS/Delfana	(0,70)	2.13,72	586
	31,83(31,83)	1.05,55(33,72)	1.40,15(34,60)		2.13,72(33,57)	
7	Sander Rødje	93	Haugesund SK	(0,71)	2.13,87	584
	31,77(31,77)	1.05,67(33,90)	1.40,44(34,77)		2.13,87(33,43)	
8	Sander Andersen	96	Poseidon	(0,69)	2.14,23	580
	32,20(32,20)	1.06,62(34,42)	1.41,46(34,84)		2.14,23(32,77)	
9	Christian Christiansen	94	Kristiansund SLK/NTG	(0,81)	2.16,14	556
	32,70(32,70)	1.06,46(33,76)	1.41,32(34,86)		2.16,14(34,82)	
10	Markus Lie	95	BS/Åstveit	(0,67)	2.17,60	538
	32,25(32,25)	1.07,74(35,49)	1.43,33(35,59)		2.17,60(34,27)	
11	Martin B. Lund	92	Elverum Svømming	(0,84)	2.17,99	534
	32,08(32,08)	1.07,00(34,92)	1.42,63(35,63)		2.17,99(35,36)	
12	Andreas Bergman	93	Asker SK	(0,74)	2.18,10	532
	32,09(32,09)	1.06,63(34,54)	1.42,49(35,86)		2.18,10(35,61)	
13	Alexander Marki Mork	95	Stavanger SC	(0,68)	2.18,38	529
	33,13(33,13)	1.08,10(34,97)	1.44,43(36,33)		2.18,38(33,95)	
14	Armin Porobic	96	Lambertseter SK	(0,70)	2.18,67	526
	31,86(31,86)	1.06,70(34,84)	1.42,33(35,63)		2.18,67(36,34)	
15	Håkon P. Ludvigsen	96	Randaberg IL	(0,75)	2.18,96	522
	32,01(32,01)	1.07,00(34,99)	1.43,09(36,09)		2.18,96(35,87)	
16	Thomas Brustveit	93	Sandnes SLK	(0,62)	2.19,08	521
	33,02(33,02)	1.07,97(34,95)	1.43,59(35,62)		2.19,08(35,49)	
17	Marius Thorsø	93	BS/Delfana	(0,78)	2.19,78	513
	32,40(32,40)	1.07,71(35,31)	1.43,92(36,21)		2.19,78(35,86)	
18	Henning Kaland	92	Oslo IL	(0,68)	2.19,97	511
	33,71(33,71)	1.08,66(34,95)	1.45,13(36,47)		2.19,97(34,84)	
19	Sondre Kallhovd	93	Lambertseter SK	(0,79)	2.20,42	506
	33,43(33,43)	1.08,75(35,32)	1.44,97(36,22)		2.20,42(35,45)	
20	Bendik Søfteland	96	Sarpsborg IL	(0,67)	2.20,87	501
	32,16(32,16)	1.07,60(35,44)	1.44,35(36,75)		2.20,87(36,52)	
21	Erik Lauvbu	94	Øvre Eiker SK	(0,62)	2.21,01	500
	31,91(31,91)	1.06,84(34,93)	1.43,68(36,84)		2.21,01(37,33)	
22	Sindre Aasland Ranaweera	96	Madla SK	(0,73)	2.21,04	500
	33,18(33,18)	1.08,26(35,08)	1.44,15(35,89)		2.21,04(36,89)	
23	Erik Årslund Gidskehaug	97	Bryne SK	(0,78)	2.21,11	499
	33,39(33,39)	1.08,95(35,56)	1.45,31(36,36)		2.21,11(35,80)	

24	Kristian Henanger 33,09(33,09)	94	Lambertseter SK 1.45,71(36,84)	(0,60)	2.21,88	491
					2.21,88(36,17)	
25	Daniel B. Havre 31,78(31,78)	93	Mandal SK 1.44,73(38,08)	(0,75)	2.22,37	486
					2.22,37(37,64)	
26	Fridtjof Bache Hungnes 32,79(32,79)	94	Bærumsvømmerne 1.46,32(37,47)	(0,62)	2.23,48	475
					2.23,48(37,16)	
27	Aksel Øvern 32,86(32,86)	93	Lambertseter SK 1.46,93(37,76)	(0,68)	2.24,50	465
					2.24,50(37,57)	
28	Sigve Ekeli Nystuen 33,50(33,50)	96	Asker SK 1.47,12(36,75)	(0,70)	2.24,58	464
					2.24,58(37,46)	
29	Daniel Sandhåland 33,45(33,45)	95	Karmøy SK 1.47,18(38,19)	(0,73)	2.24,75	462
					2.24,75(37,57)	
30	Johan Markus Mowinckel 33,61(33,61)	95	Bergens SC 1.48,09(38,14)	(0,80)	2.25,73	453
					2.25,73(37,64)	
31	Tord Gunnar Fjeld 34,69(34,69)	95	Hamar IL 1.49,00(37,81)	(0,75)	2.27,41	438
					2.27,41(38,41)	
	Sander Sivertsen	96	Vestkantsvømmerne		DISK	
	Bendik Falch	93	Namsos SK		DISK	

## Øvelse 12. 50m fri, damer - Forsøk

## Senior

1	Henriette Brekke	88	Stavanger SC	(0,72)	26,27	737
2	Cecilie W. Johannessen	90	Bergens SC	(0,75)	26,52	716
3	Monica W. Johannessen	90	Bergens SC	(0,72)	26,99	680
4	Victoria S. Løken	91	Lambertseter SK	(0,77)	27,53	640
5	Sofie Gjemmestad	89	Lambertseter SK	(0,83)	27,60	636
6	Siri Løvold Magnussen	86	BS/Delfana		28,04	606

## Junior

1	Susann Bjørnsen	93	Setermoen SK/NTG	(0,73)	26,36	730
2	Bryndis Run Hansen	93	BS/Åstveit	(0,70)	26,51	717
3	Maria Thompson Clausen	96	Madla SK	(0,81)	27,33	655
4	Emilie Nyenget Løvberg	95	Bærumsvømmerne	(0,73)	27,35	653
5	Stine Lise Stenseth	94	Øvre Eiker SK	(0,70)	27,44	647
6	Amalie Kristiansen	95	Haugesund SK	(0,80)	27,63	634
7	Kaja Bremer	93	Bergens SLK	(0,81)	28,02	607
8	Ane Nygård	95	Stavanger SC	(0,74)	28,05	605
9	Emilie Hellerud	92	Lambertseter SK/NTG		28,15	599
10	Hedvig Hjertaker	94	Bergens SC		28,16	598
11	Maria Wigestrånd	94	Madla SK	(0,81)	28,18	597
11	Birgitte Elise Søfteland	94	Sarpsborg IL	(0,67)	28,18	597
13	Maria Bølgen	93	Bærumsvømmerne	(0,75)	28,23	594
14	Natalie Kosiander	98	Skjetten Svømming	(0,76)	28,24	593
15	Marte K. Bolstad	95	Asker SK	(0,78)	28,29	590
16	Rikke Nagell-Kleven	95	Asker SK	(0,85)	28,36	586
17	Hannah Wærenskjold	94	Mandal SK	(0,75)	28,42	582
18	Elin Haugland	96	BS/Delfana	(0,81)	28,43	582
19	Hanne Søfteland	92	BS/Delfana	(0,69)	28,50	577
20	Tonje Riise	93	Lakselv SK/NTG	(0,77)	28,53	575
21	Marie Reinertsen	93	BS/Delfana		28,61	571
22	Vilde Tengedal	96	Bryne SK	(0,80)	28,64	569
23	Marte Dale	97	Vestkantsvømmerne	(0,73)	28,70	565
24	Ingrid Hystad	92	IL Solid	(0,75)	28,72	564
25	Jeanette Erlandsen	93	Lørenskog/Rælingen	(0,69)	28,87	555



25	Ina Kvenshagen Gimse	95	Tromsø SK	(0,85)	28,87	555
27	Vanessa Tuxen	92	Madla SK		28,90	554
28	Emilie Witzøe	93	Kolbotn IL	(0,78)	29,12	541
29	Pernille Berntsen	95	Førde IL	(0,81)	29,52	519

### Øvelse 13. 100m fri, herrer - Forsøk

#### Senior

1	Gard Kvale	84	Bergens SC	(0,76)	51,91	738
	25,06(25,06)	51,91(26,85)				
2	Bjarte Ravndal	91	Madla SK	(0,82)	52,92	697
	25,50(25,50)	52,92(27,42)				
3	Sander Smørddal	85	BS/Arna	(0,72)	53,26	683
	25,56(25,56)	53,26(27,70)				
4	Øystein R. Hetland	89	Bærumsvømmerne	(0,69)	53,85	661
	25,72(25,72)	53,85(28,13)				
5	Bernt M. Seyffarth	89	Mandal SK	(0,79)	53,92	658
	24,93(24,93)	53,92(28,99)				
6	Lars Andre Tolås	88	Bærumsvømmerne	(0,74)	54,42	641
	26,04(26,04)	54,42(28,38)				
7	Elias Damman	89	Bærumsvømmerne	(0,77)	54,77	628
	26,47(26,47)	54,77(28,30)				
8	Even Vike Holm	90	BS/Arna	(0,72)	54,80	627
	25,86(25,86)	54,80(28,94)				
9	Christer Koch Kvam	90	Øvre Eiker SK	(0,79)	54,91	624
	26,72(26,72)	54,91(28,19)				
10	Christian Thorsen	91	Lambertseter SK	(0,74)	55,26	612
	26,50(26,50)	55,26(28,76)				

#### Junior

1	Sverre Næss	92	Sarpsborg IL	(0,71)	51,74	745
	24,86(24,86)	51,74(26,88)				
2	Lavrans Solli	92	Bergens SC	(0,70)	52,33	720
	25,50(25,50)	52,33(26,83)				
3	Martin Hammer	93	Kongsten/NTG	(0,78)	52,88	698
	25,36(25,36)	52,88(27,52)				
4	Jørn Nygård	92	Stavanger SC	(0,76)	53,07	691
	25,74(25,74)	53,07(27,33)				
5	Ole Martin Ree	92	Madla SK	(0,73)	53,54	673
	25,35(25,35)	53,54(28,19)				
6	Jonas Kirkeberg Jostad	92	Hamar IL	(0,81)	53,71	666
	26,34(26,34)	53,71(27,37)				
7	Erlend Ulveseter	92	BS/Åstveit	(0,73)	54,27	646
	25,90(25,90)	54,27(28,37)				
8	Christian Tronvoll	94	Vestbyen Trondheim	(0,74)	54,30	645
	25,60(25,60)	54,30(28,70)				
9	Gaute Ravndal	94	Madla SK	(0,69)	54,47	639
	26,28(26,28)	54,47(28,19)				
10	Morten Bordervich	94	Madla SK	(0,70)	54,57	635
	26,18(26,18)	54,57(28,39)				
11	Runar Borgen	93	Tromsø SK/NTG	(0,81)	54,71	630
	25,88(25,88)	54,71(28,83)				
12	Jørgen Aagaard-Nilsen Wiik	93	Larvik SK	(0,74)	54,85	626
	26,36(26,36)	54,85(28,49)				
13	Per Øystein Turøy	92	Stavanger SC	(0,72)	54,96	622
	26,60(26,60)	54,96(28,36)				
14	Tord Eirik Seyffarth	92	Mandal SK	(0,79)	55,13	616
	26,06(26,06)	55,13(29,07)				
15	Mathias Madsen	92	Lambertseter SK	(0,75)	55,24	612
	26,99(26,99)	55,24(28,25)				

16	Odin Spangen Normann 26,65(26,65)	55,35(28,70)	92	Kolbotn IL	(0,76)	55,35	609
17	Aleksander Sire 26,52(26,52)	55,65(29,13)	93	Asker SK/NTG	(0,68)	55,65	599
18	Frede Rønning Rangnes 26,91(26,91)	55,79(28,88)	94	Tønsberg SK	(0,81)	55,79	594
19	Henry Emil Nordhagen 26,09(26,09)	55,95(29,86)	93	Bærumsvømmerne	(0,70)	55,95	589
20	Erik Tobias Sollesnes 27,06(27,06)	56,25(29,19)	95	Kolbotn IL	(0,80)	56,25	580
21	Christian Christiansen 27,02(27,02)	56,34(29,32)	94	Kristiansund SLK/NTG	(0,80)	56,34	577
22	Alexander Marki Mork 27,06(27,06)	56,44(29,38)	95	Stavanger SC	(0,69)	56,44	574
23	Thorbjørn Birkeland 27,23(27,23)	56,50(29,27)	93	Haugesund SK	(0,84)	56,50	572
24	Henning S. Pryde 26,98(26,98)	56,62(29,64)	92	Stavanger SC	(0,72)	56,62	569
24	Berend de Waal 26,99(26,99)	56,62(29,63)	94	IL Norodd	(0,85)	56,62	569
26	Kim Rune Hansen 27,21(27,21)	56,75(29,54)	94	Øvre Eiker SK	(0,75)	56,75	565
27	Thomas Myhrer 26,95(26,95)	56,92(29,97)	94	Sarpsborg IL/NTG	(0,88)	56,92	560
28	Johan Parker Nygaard 27,21(27,21)	57,01(29,80)	94	Kolbotn IL	(0,81)	57,01	557
29	Ørjan Monsen 28,21(28,21)	57,34(29,13)	92	Madla SK	(0,83)	57,34	548
30	Lars Hvidsten 27,31(27,31)	57,41(30,10)	93	Bærumsvømmerne	(0,81)	57,41	546
31	Vebjørn Lindhjem 27,92(27,92)	57,68(29,76)	95	Lørenskog/Rælingen	(0,74)	57,68	538
32	Jonas Ødegård Aanby 27,44(27,44)	57,70(30,26)	95	BS/Delfana	(0,77)	57,70	537

## Funksjonshemmede

1	Bendik Savstad 31,63(31,63)	1.07,73(36,10)	95	Tverlandet IL	(0,86)	1.07,73	332	S10 133,14 %
2	Andreas Bjørnstad 38,78(38,78)	1.22,25(43,47)	97	Drammen SK		1.22,25	186	S8 142,75 %
3	Marcus Haus 37,58(37,58)	1.21,38(43,80)	95	Eid SK	(1,16)	1.21,38	192	S14 147,05 %
4	Morten Rustbakken 40,02(40,02)	1.24,14(44,12)	80	Øvre Eiker SK	(1,23)	1.24,14	173	S14 152,04 %

## Øvelse 14. 200m butterfly, damer - Forsøk

## Senior

1	Ingvild Snildal 29,58(29,58)	1.04,09(34,51)	88	Asker SK	(0,85)	2.18,32	710
				1.39,77(35,68)		2.18,32(38,55)	
2	Line Løvberg 31,28(31,28)	1.06,21(34,93)	91	Lambertseter SK	(0,80)	2.19,02	700
				1.42,42(36,21)		2.19,02(36,60)	
3	Sara Nordenstam 32,54(32,54)	1.09,21(36,67)	83	Lambertseter SK	(0,95)	2.22,46	650
				1.45,92(36,71)		2.22,46(36,54)	

## Junior

1	Victoria Rung 30,37(30,37)	92	Madla SK	(0,85)	2.20,90	672
		1.05,27(34,90)	1.41,93(36,66)		2.20,90(38,97)	
2	Klara Farkas 32,30(32,30)	96	Lørenskog/Rælingen	(0,89)	2.22,10	655
		1.08,33(36,03)	1.45,14(36,81)		2.22,10(36,96)	
3	Eva Marie W. Østerhus 32,27(32,27)	94	Madla SK	(0,90)	2.23,28	639
		1.08,87(36,60)	1.46,21(37,34)		2.23,28(37,07)	
4	Stine Vindenes 32,13(32,13)	93	Vestkantsvømmerne	(0,78)	2.26,89	593
		1.08,79(36,66)	1.47,11(38,32)		2.26,89(39,78)	
5	Jacqueline Knutsson 31,63(31,63)	93	Kongsten/NTG	(0,87)	2.27,17	590
		1.08,53(36,90)	1.47,52(38,99)		2.27,17(39,65)	
6	Marthe Berg Sørensen 32,38(32,38)	92	Madla SK	(0,80)	2.27,87	581
		1.09,03(36,65)	1.47,56(38,53)		2.27,87(40,31)	
7	Amalie Thorstensen 32,52(32,52)	96	Vågsbygd SLK	(0,85)	2.28,25	577
		1.09,95(37,43)	1.48,34(38,39)		2.28,25(39,91)	
8	Kristin Blyverket 33,58(33,58)	92	Oslo IL	(0,85)	2.31,93	536
		1.12,53(38,95)	1.52,28(39,75)		2.31,93(39,65)	
9	Eline Mathilde Swensen 33,53(33,53)	96	Ski SK	(0,85)	2.32,76	527
		1.12,12(38,59)	1.52,03(39,91)		2.32,76(40,73)	
10	Vilde Bjørnebye 32,75(32,75)	95	Elverum Svømming	(0,77)	2.33,49	520
		1.12,18(39,43)	1.52,91(40,73)		2.33,49(40,58)	
11	Ellen Camilla Hansen 33,83(33,83)	95	Øvre Eiker SK	(0,73)	2.34,71	508
		1.12,98(39,15)	1.53,33(40,35)		2.34,71(41,38)	
12	Maren E.J. Bakke 33,30(33,30)	94	Setermoen SK	(0,83)	2.34,97	505
		1.12,47(39,17)	1.53,67(41,20)		2.34,97(41,30)	
13	Rebecca Grindland Ege 34,01(34,01)	98	Vågsbygd SLK	(0,88)	2.35,42	501
		1.14,15(40,14)	1.55,33(41,18)		2.35,42(40,09)	
14	Ingrid Bergslid 34,87(34,87)	97	Madla SK	(0,92)	2.35,55	499
		1.14,94(40,07)	1.55,30(40,36)		2.35,55(40,25)	
15	Oda Emilie Haagenen 33,09(33,09)	94	Sarpsborg IL	(0,70)	2.35,57	499
		1.12,53(39,44)	1.53,49(40,96)		2.35,57(42,08)	
16	Ina Andersen Steinsland 33,17(33,17)	96	Vågsbygd SLK	(0,77)	2.36,55	490
		1.13,03(39,86)	1.55,26(42,23)		2.36,55(41,29)	
17	Nina Staveland 35,18(35,18)	97	Madla SK	(0,77)	2.36,58	490
		1.14,61(39,43)	1.55,15(40,54)		2.36,58(41,43)	
18	Vanja Sand Syversen 33,45(33,45)	97	BS/Delfana	(0,90)	2.37,25	483
		1.12,88(39,43)	1.55,46(42,58)		2.37,25(41,79)	
19	Elise Næss Olsen 32,12(32,12)	97	Asker SK	(0,84)	2.38,20	475
		1.11,78(39,66)	1.55,19(43,41)		2.38,20(43,01)	
20	Hege Strøm Haukeland 34,33(34,33)	94	SK Speed/NTG	(0,81)	2.41,69	445
		1.14,42(40,09)	1.56,22(41,80)		2.41,69(45,47)	
21	Sara Petrine Solli Veierød 33,64(33,64)	93	Bergens SC	(0,74)	2.43,63	429
		1.13,33(39,69)	1.56,92(43,59)		2.43,63(46,71)	
22	Celia Lie Storstad 36,64(36,64)	98	Ski SK	(0,86)	2.43,96	426
		1.19,24(42,60)	2.02,26(43,02)		2.43,96(41,70)	
23	Vilde Stordal 34,42(34,42)	95	BS/Delfana	(0,90)	2.44,07	426
		1.15,60(41,18)	1.59,49(43,89)		2.44,07(44,58)	
24	Marie Reinertsen 34,00(34,00)	93	BS/Delfana	(0,85)	2.45,64	414
		1.14,60(40,60)	1.58,54(43,94)		2.45,64(47,10)	
25	Sara Louise Pedersen 34,41(34,41)	96	Poseidon	(0,87)	2.51,14	375
		1.14,54(40,13)	1.59,87(45,33)		2.51,14(51,27)	
26	Maria Voldsund 32,53(32,53)	98	BS/Delfana	(0,83)	2.51,42	373
		1.12,81(40,28)	1.59,46(46,65)		2.51,42(51,96)	
	Emilie Nyenget Løvberg	95	Bærumsvømmerne		BRUTT	
	Stine Mjølhus Kristoffersen	93	Madla SK		DISK	

## Øvelse 15. 200m bryst, herrer - Forsøk

## Senior

1	Alexander Dale Oen	85	Bærumsvømmerne	(0,72)	2.19,33	763
	30,42(30,42)	1.05,64(35,22)	1.41,53(35,89)		2.19,33(37,80)	
2	Sebastian Wigstrøm	91	Bærumsvømmerne	(0,80)	2.21,07	735
	31,53(31,53)	1.07,12(35,59)	1.43,62(36,50)		2.21,07(37,45)	
3	Marcus Tesdal	90	BS/Åstveit	(0,75)	2.25,18	674
	31,59(31,59)	1.08,49(36,90)	1.46,89(38,40)		2.25,18(38,29)	
4	Simen Dale	91	BS/Delfana	(0,81)	2.26,82	652
	32,81(32,81)	1.10,44(37,63)	1.48,73(38,29)		2.26,82(38,09)	
5	Erling Mjøs Brattelid	91	BS/Åstveit	(0,75)	2.28,45	631
	33,16(33,16)	1.11,18(38,02)	1.49,45(38,27)		2.28,45(39,00)	
6	John Lekhmus	91	Tromsø SK	(0,87)	2.31,16	597
	34,31(34,31)	1.12,16(37,85)	1.51,04(38,88)		2.31,16(40,12)	
7	Gunnar V. Skirbekk	91	Elverum Svømming	(0,83)	2.36,49	538
	34,88(34,88)	1.14,86(39,98)	1.55,31(40,45)		2.36,49(41,18)	

## Junior

1	Sverre Næss	92	Sarpsborg IL	(0,70)	2.22,85	708
	31,34(31,34)	1.07,54(36,20)	1.45,18(37,64)		2.22,85(37,67)	
2	Markus Vindenes	94	Vestkantsvømmerne	(0,67)	2.27,38	645
	32,72(32,72)	1.09,91(37,19)	1.48,25(38,34)		2.27,38(39,13)	
3	Christoffer Tofte Hamborg	93	Vestbyen Trondheim	(0,74)	2.28,33	632
	31,64(31,64)	1.09,15(37,51)	1.47,99(38,84)		2.28,33(40,34)	
4	Andreas Manum Hagby	95	Asker SK	(0,74)	2.31,14	598
	34,24(34,24)	1.13,47(39,23)	1.52,51(39,04)		2.31,14(38,63)	
5	Sondre Bryn	92	BS/Åstveit	(0,83)	2.32,74	579
	33,99(33,99)	1.13,63(39,64)	1.53,49(39,86)		2.32,74(39,25)	
6	Daniel Ommedal	92	Eid SK	(0,76)	2.33,19	574
	34,40(34,40)	1.13,19(38,79)	1.53,07(39,88)		2.33,19(40,12)	
7	Andreas Mathingsdal Pedersen	92	Farsund SK	(0,78)	2.33,23	574
	34,32(34,32)	1.13,02(38,70)	1.52,79(39,77)		2.33,23(40,44)	
8	Jørgen Scheie Bråthen	95	Lørenskog/Rælingen	(0,70)	2.33,86	567
	34,11(34,11)	1.12,13(38,02)	1.51,71(39,58)		2.33,86(42,15)	
9	Mads Henry Steinland	97	Bærumsvømmerne	(0,73)	2.34,57	559
	34,00(34,00)	1.13,32(39,32)	1.53,27(39,95)		2.34,57(41,30)	
10	Henrik Christiansen	96	Skjetten Svømming	(0,80)	2.37,00	533
	35,39(35,39)	1.15,17(39,78)	1.56,06(40,89)		2.37,00(40,94)	
11	Tom Duc Ngo Kaafjord	94	Vågsbygd SLK	(0,90)	2.37,02	533
	34,35(34,35)	1.14,04(39,69)	1.54,65(40,61)		2.37,02(42,37)	
12	Øyvind Malde	92	Madla SK	(0,80)	2.37,32	530
	33,71(33,71)	1.13,24(39,53)	1.54,73(41,49)		2.37,32(42,59)	
13	Nicolai Gerrard	94	Kristiansand SA	(0,80)	2.38,15	522
	34,17(34,17)	1.13,61(39,44)	1.55,10(41,49)		2.38,15(43,05)	
14	Ivan Aleksander Larsen	95	Karmøy SK	(0,72)	2.41,26	492
	36,31(36,31)	1.17,36(41,05)	2.00,07(42,71)		2.41,26(41,19)	
15	Sindre Aasland Ranaweera	96	Madla SK	(0,87)	2.42,47	481
	35,14(35,14)	1.15,74(40,60)	1.57,81(42,07)		2.42,47(44,66)	
16	Sigurd Holten Bøen	97	Aalesund SLK	(0,82)	2.42,64	480
	35,97(35,97)	1.17,24(41,27)	1.59,59(42,35)		2.42,64(43,05)	
17	Christopher Wolf	93	Vestbyen Trondheim	(0,69)	2.43,21	475
	35,55(35,55)	1.16,88(41,33)	1.59,76(42,88)		2.43,21(43,45)	
18	Ingvar V. Skirbekk	93	Elverum Svømming	(0,78)	2.43,80	470
	36,26(36,26)	1.17,62(41,36)	2.00,05(42,43)		2.43,80(43,75)	
19	Trond Vasslag	94	Stavanger SC	(0,81)	2.44,73	462
	34,61(34,61)	1.15,68(41,07)	1.59,68(44,00)		2.44,73(45,05)	
20	Bendik Søfteland	96	Sarpsborg IL	(0,74)	2.44,99	459
	37,42(37,42)	1.19,33(41,91)	2.01,47(42,14)		2.44,99(43,52)	
21	Ole Martin Bjørlykke	96	Aalesund SLK	(0,84)	2.45,54	455
	37,35(37,35)	1.19,76(42,41)	2.03,37(43,61)		2.45,54(42,17)	
	Håkon Brennhagen	93	Skjetten Svømming		DISK	
	Robin H. Kleiven	93	Aalesund SLK		DISK	

## Øvelse 16. 100m rygg, damer - Forsøk

## Senior

1	Heidi Vainio Gjøen	88	Lambertseter SK	(0,73)	1.07,16	648
	32,72(32,72)	1.07,16(34,44)				
2	Helene Solberg	91	Asker SK	(0,81)	1.09,69	580
	33,28(33,28)	1.09,69(36,41)				

## Junior

1	Veronica Orheim Bjørlykke	94	Aalesund SLK	(0,74)	1.06,45	669
	32,16(32,16)	1.06,45(34,29)				
2	Oda Marie Siljan	92	Asker SK/TiT	(0,70)	1.06,75	660
	32,01(32,01)	1.06,75(34,74)				
3	Christine M. Pedersen	93	Lambertseter SK	(0,75)	1.06,78	659
	32,34(32,34)	1.06,78(34,44)				
4	Karoline Steffensen	96	Harstad SK	(0,67)	1.07,20	647
	33,08(33,08)	1.07,20(34,12)				
5	Marte Stamland	96	Poseidon	(0,73)	1.07,35	643
	32,85(32,85)	1.07,35(34,50)				
6	Andrine Davidsen	95	Lambertseter SK	(1,08)	1.07,57	636
	32,83(32,83)	1.07,57(34,74)				
7	Ina Kvenshagen Gimse	95	Tromsø SK	(0,87)	1.08,18	619
	33,98(33,98)	1.08,18(34,20)				
8	Katrine Jensen	92	BS/Åstveit	(0,68)	1.08,62	608
	32,69(32,69)	1.08,62(35,93)				
9	Bitte Fagermo	93	Narvik SK/NTG	(0,92)	1.08,70	605
	33,95(33,95)	1.08,70(34,75)				
10	Camilla Moe	92	Ås IL	(0,80)	1.08,72	605
	32,97(32,97)	1.08,72(35,75)				
11	Elisabeth Kristiansen	92	Haugesund SK	(0,71)	1.08,78	603
	32,86(32,86)	1.08,78(35,92)				
12	Benedicte Kausland	92	Vestkantsvømmerne	(0,67)	1.09,23	592
	33,23(33,23)	1.09,23(36,00)				
13	Grethe Tenden	96	Ås IL	(0,74)	1.09,57	583
	34,15(34,15)	1.09,57(35,42)				
14	Fanny Moen Pettersen	93	Øvre Eiker SK	(0,78)	1.09,59	583
	34,31(34,31)	1.09,59(35,28)				
15	Lotte Miller	96	Madla SK	(0,67)	1.09,69	580
	34,01(34,01)	1.09,69(35,68)				
16	Elin Haugland	96	BS/Delfana	(0,71)	1.09,98	573
	34,61(34,61)	1.09,98(35,37)				
17	Vilje Mohagen	97	Skjetten Svømming	(0,65)	1.10,14	569
	33,61(33,61)	1.10,14(36,53)				
18	Åse Nytrø	97	Trondhjem SLK	(0,64)	1.10,44	562
	34,11(34,11)	1.10,44(36,33)				
19	Sara Boukili	95	SK Speed	(1,10)	1.11,02	548
	34,24(34,24)	1.11,02(36,78)				
20	Vanessa Tuxen	92	Madla SK	(0,72)	1.11,31	541
	34,56(34,56)	1.11,31(36,75)				
21	Eirin Røen Martinsen	93	Hamar IL	(1,16)	1.11,48	538
	35,08(35,08)	1.11,48(36,40)				
22	Helene Nordmark Skuterud	93	Asker SK	(0,68)	1.11,50	537
	34,06(34,06)	1.11,50(37,44)				
23	Vilde Tengedal	96	Bryne SK	(0,73)	1.11,72	532
	34,30(34,30)	1.11,72(37,42)				
24	Helene Thunes Truyen	93	BS/Delfana	(0,80)	1.11,87	529
	34,54(34,54)	1.11,87(37,33)				
25	Amalie Kristiansen	95	Haugesund SK	(0,73)	1.12,01	526
	34,03(34,03)	1.12,01(37,98)				
26	Emilie K. Hegdal	96	Stavanger SC	(0,78)	1.12,46	516
	34,72(34,72)	1.12,46(37,74)				
27	Sofie Reisanen	97	Vågsbygd SLK	(0,75)	1.12,60	513
	35,17(35,17)	1.12,60(37,43)				

## Funksjonshemmede

1	Ingrid Djupskås	89	Drammen SK	(0,96)	1.37,03	215	S9 140,01 %
	47,18(47,18)	1.37,03(49,85)					
2	Rona Hjelmstad	93	Skjetten Svømming	(1,09)	1.40,00	196	S14 143,35 %
	48,49(48,49)	1.40,00(51,51)					

## Øvelse 17. 50m butterfly, herrer - Forsøk

## Senior

1	Aleksander Hetland	82	Bærumsvømmerne	(0,66)	24,59	759	NR
2	Øystein R. Hetland	89	Bærumsvømmerne	(0,67)	25,42	687	
3	Sindri T. Jakobsson	91	BS/Delfana	(0,74)	25,66	668	
4	Alexander Broberg Skeltved	87	Bergens SC	(0,78)	25,74	662	
5	Sindre Eilertsen	90	Lambertseter SK	(0,74)	26,19	628	
6	Jørgen Møllerop	88	Bergens SC	(0,81)	26,24	625	
7	Christer Koch Kvam	90	Øvre Eiker SK	(0,78)	26,26	623	
8	Alexander B. Havre	90	Mandal SK		26,39	614	
9	John Hage Gaarder	89	Lørenskog/Rælingen	(0,80)	26,67	595	
10	Dan Magnus Skibrek	87	Øvre Eiker SK		26,73	591	

## Junior

1	Sverre Næss	92	Sarpsborg IL	(0,69)	25,50	681	
2	Erlend Ulveseter	92	BS/Åstveit	(0,72)	25,65	669	
3	Fredrik K Hegdal	94	Stavanger SC	(0,71)	26,17	630	
4	Odin Spangen Normann	92	Kolbotn IL		26,34	618	
5	Thomas Myhrer	94	Sarpsborg IL/NTG	(0,76)	26,38	615	
6	Gaute Ravndal	94	Madla SK	(0,63)	26,39	614	
7	Martin Hammer	93	Kongsten/NTG	(0,75)	26,89	580	
8	Martin Gundersen	93	Kolbotn IL	(0,67)	26,95	577	
9	Henning Kaland	92	Oslo IL	(0,68)	26,96	576	
9	Tord Eirik Seyffarth	92	Mandal SK	(0,77)	26,96	576	
11	Sander Sivertsen	96	Vestkantsvømmerne	(0,80)	26,97	575	
12	Espen Halhjem	92	BS/Delfana	(0,70)	27,02	572	
13	Markus Vindenes	94	Vestkantsvømmerne	(0,69)	27,08	568	
14	Christian Tronvoll	94	Vestbyen Trondheim	(0,71)	27,32	553	
15	Kristian Henanger	94	Lambertseter SK	(0,67)	27,40	549	
16	Fredrik Tronvoll	93	Vestbyen Trondheim	(0,78)	27,42	547	
17	Åsmund Karlsen	92	Eid SK	(0,79)	27,44	546	
18	Mathias Madsen	92	Lambertseter SK	(0,76)	27,45	546	
19	Armin Porobic	96	Lambertseter SK		27,55	540	
19	Jonas Jensen	93	BS/Åstveit	(0,80)	27,55	540	
21	Jørgen Aagaard-Nilsen Wiik	93	Larvik SK	(0,70)	27,57	538	
22	Daniel Ommedal	92	Eid SK	(0,68)	27,63	535	
23	Eirik Nielsen	95	Poseidon		27,71	530	
24	Berend de Waal	94	IL Norodd	(0,84)	27,75	528	
25	Morten Wee Hollund	96	Karmøy SK	(0,76)	27,77	527	
26	Markus Lie	95	BS/Åstveit	(0,70)	27,79	526	
27	Daniel B. Havre	93	Mandal SK	(0,83)	27,87	521	
28	Henrik Wathne	94	Bærumsvømmerne	(0,74)	27,93	518	
29	Henry Emil Nordhagen	93	Bærumsvømmerne	(0,68)	28,01	514	
30	Christian Christiansen	94	Kristiansund SLK/NTG		28,39	493	

## Øvelse 18. 800m fri, damer - Direkte finale – Foreløpig før siste heat

## Junior

1	Lise Sand Syversen	95	BS/Delfana	(0,87)	9.04,88	746
	30,67(30,67)	1.03,59(32,92)	1.37,63(34,04)	2.12,23(34,60)		
	2.46,88(34,65)	3.21,56(34,68)	3.55,93(34,37)	4.30,63(34,70)		
	5.05,26(34,63)	5.39,91(34,65)	6.15,01(35,10)	6.49,43(34,42)		
	7.24,08(34,65)	7.59,10(35,02)	8.32,68(33,58)	9.04,88(32,20)		
2	Oda Gjerde	95	Bryne SK	(0,78)	9.15,38	704
	32,05(32,05)	1.05,67(33,62)	1.39,81(34,14)	2.14,17(34,36)		
	2.48,82(34,65)	3.23,66(34,84)	3.58,45(34,79)	4.33,51(35,06)		
	5.08,72(35,21)	5.44,18(35,46)	6.19,36(35,18)	6.55,01(35,65)		
	7.30,21(35,20)	8.05,74(35,53)	8.41,07(35,33)	9.15,38(34,31)		
3	Andrea Westbye	95	Bærumsvømmerne	(0,83)	9.23,13	675
	31,92(31,92)	1.06,30(34,38)	1.40,99(34,69)	2.15,88(34,89)		
	2.51,06(35,18)	3.26,46(35,40)	4.01,84(35,38)	4.37,45(35,61)		
	5.12,71(35,26)	5.48,40(35,69)	6.24,22(35,82)	7.00,25(36,03)		
	7.35,99(35,74)	8.12,20(36,21)	8.47,95(35,75)	9.23,13(35,18)		
4	Malene M. Pedersen	96	Lambertseter SK	(0,85)	9.26,89	662
	32,99(32,99)	1.08,38(35,39)	1.43,62(35,24)	2.18,97(35,35)		
	2.54,68(35,71)	3.30,04(35,36)	4.05,60(35,56)	4.41,54(35,94)		
	5.17,35(35,81)	5.53,28(35,93)	6.29,44(36,16)	7.05,17(35,73)		
	7.41,27(36,10)	8.17,12(35,85)	8.52,89(35,77)	9.26,89(34,00)		
5	Siri Anette Sønju	92	Asker SK/NTG	(0,96)	9.35,20	634
	32,06(32,06)	1.06,48(34,42)	1.41,78(35,30)	2.17,86(36,08)		
	2.53,48(35,62)	3.29,85(36,37)	4.05,82(35,97)	4.42,54(36,72)		
	5.18,89(36,35)	5.55,65(36,76)	6.32,19(36,54)	7.09,09(36,90)		
	7.45,69(36,60)	8.22,64(36,95)	8.59,04(36,40)	9.35,20(36,16)		
6	Maria Wigestrånd	94	Madla SK	(0,93)	9.36,84	628
	31,82(31,82)	1.06,69(34,87)	1.42,65(35,96)	2.18,78(36,13)		
	2.55,53(36,75)	3.32,15(36,62)	4.08,42(36,27)	4.44,85(36,43)		
	5.21,96(37,11)	5.58,99(37,03)	6.35,73(36,74)	7.12,44(36,71)		
	7.49,06(36,62)	8.25,61(36,55)	9.01,68(36,07)	9.36,84(35,16)		
7	Tone Lill Evanger	96	BS/Delfana	(0,93)	9.37,21	627
	33,18(33,18)	1.08,80(35,62)	1.44,93(36,13)	2.21,31(36,38)		
	2.57,75(36,44)	3.34,34(36,59)	4.10,59(36,25)	4.47,42(36,83)		
	5.24,05(36,63)	6.00,76(36,71)	6.37,44(36,68)	7.14,00(36,56)		
	7.50,42(36,42)	8.27,04(36,62)	9.02,64(35,60)	9.37,21(34,57)		
8	Majken Smith	97	Asker SK	(0,88)	9.38,31	624
	33,50(33,50)	1.09,58(36,08)	1.46,38(36,80)	2.23,23(36,85)		
	3.00,01(36,78)	3.36,97(36,96)	4.13,58(36,61)	4.49,87(36,29)		
	5.26,19(36,32)	6.02,39(36,20)	6.38,86(36,47)	7.14,93(36,07)		
	7.51,19(36,26)	8.27,50(36,31)	9.03,61(36,11)	9.38,31(34,70)		
9	Julie Rønningsen	94	Lambertseter SK	(1,07)	9.39,14	621
	33,19(33,19)	1.09,00(35,81)	1.44,90(35,90)	2.20,69(35,79)		
	2.57,68(36,99)	3.33,77(36,09)	4.10,83(37,06)	4.47,43(36,60)		
	5.24,30(36,87)	6.00,79(36,49)	6.37,70(36,91)	7.14,49(36,79)		
	7.51,78(37,29)	8.28,50(36,72)	9.05,09(36,59)	9.39,14(34,05)		
10	Lisa Skogeng	96	BS/Delfana	(0,87)	9.40,90	615
	32,32(32,32)	1.07,07(34,75)	1.42,58(35,51)	2.18,44(35,86)		
	2.54,63(36,19)	3.31,15(36,52)	4.07,62(36,47)	4.44,80(37,18)		
	5.21,62(36,82)	5.58,95(37,33)	6.36,10(37,15)	7.13,74(37,64)		
	7.50,86(37,12)	8.28,72(37,86)	9.06,09(37,37)	9.40,90(34,81)		
11	Ingeborg Jørmeland	96	Stavanger SC	(0,79)	9.44,26	605
	32,48(32,48)	1.09,01(36,53)	1.45,06(36,05)	2.21,74(36,68)		
	2.57,78(36,04)	3.34,91(37,13)	4.11,58(36,67)	4.48,72(37,14)		
	5.25,53(36,81)	6.02,98(37,45)	6.40,05(37,07)	7.17,48(37,43)		
	7.54,61(37,13)	8.31,67(37,06)	9.08,37(36,70)	9.44,26(35,89)		
12	Elida Hole	96	Vestkantsvømmerne	(0,74)	9.46,94	597
	32,90(32,90)	1.09,34(36,44)	1.45,90(36,56)	2.22,94(37,04)		
	2.59,52(36,58)	3.36,72(37,20)	4.13,78(37,06)	4.50,82(37,04)		
	5.27,46(36,64)	6.04,98(37,52)	6.41,74(36,76)	7.18,94(37,20)		
	7.55,76(36,82)	8.33,64(37,88)	9.10,84(37,20)	9.46,94(36,10)		
13	Anna Bølgen	95	Bærumsvømmerne	(0,92)	9.48,33	592
	32,74(32,74)	1.09,01(36,27)	1.46,04(37,03)	2.22,56(36,52)		
	2.59,54(36,98)	3.36,29(36,75)	4.13,21(36,92)	4.50,11(36,90)		
	5.26,42(36,31)	6.03,20(36,78)	6.39,97(36,77)	7.17,70(37,73)		
	7.55,35(37,65)	8.33,49(38,14)	9.11,07(37,58)	9.48,33(37,26)		

14	Tina Schütz	96	Vestkantsvømmerne	(0,81)	9.49,46	589
	33,26(33,26)	1.09,82(36,56)	1.46,79(36,97)	2.23,39(36,60)		
	3.00,49(37,10)	3.37,50(37,01)	4.14,75(37,25)	4.52,28(37,53)		
	5.29,53(37,25)	6.06,87(37,34)	6.44,24(37,37)	7.21,96(37,72)		
	7.59,36(37,40)	8.36,56(37,20)	9.13,43(36,87)	9.49,46(36,03)		
15	Natalie Kosiander	98	Skjetten Svømming	(0,84)	9.49,83	588
	33,66(33,66)	1.10,11(36,45)	1.47,46(37,35)	2.24,68(37,22)		
	3.01,57(36,89)	3.38,52(36,95)	4.15,27(36,75)	4.51,88(36,61)		
	5.28,73(36,85)	6.05,79(37,06)	6.42,73(36,94)	7.19,93(37,20)		
	7.57,32(37,39)	8.35,33(38,01)	9.13,00(37,67)	9.49,83(36,83)		
16	Karianne Reinertsen	97	BS/Delfana	(0,87)	9.58,04	564
	32,81(32,81)	1.08,65(35,84)	1.44,71(36,06)	2.21,83(37,12)		
	2.58,98(37,15)	3.36,49(37,51)	4.14,72(38,23)	4.52,23(37,51)		
	5.30,36(38,13)	6.08,63(38,27)	6.47,02(38,39)	7.25,38(38,36)		
	8.03,31(37,93)	8.41,77(38,46)	9.20,32(38,55)	9.58,04(37,72)		

## Senior

1	Lise Sand Syversen	95	BS/Delfana	(0,87)	9.04,88	746
	30,67(30,67)	1.03,59(32,92)	1.37,63(34,04)	2.12,23(34,60)		
	2.46,88(34,65)	3.21,56(34,68)	3.55,93(34,37)	4.30,63(34,70)		
	5.05,26(34,63)	5.39,91(34,65)	6.15,01(35,10)	6.49,43(34,42)		
	7.24,08(34,65)	7.59,10(35,02)	8.32,68(33,58)	9.04,88(32,20)		
2	Oda Gjerde	95	Bryne SK	(0,78)	9.15,38	704
	32,05(32,05)	1.05,67(33,62)	1.39,81(34,14)	2.14,17(34,36)		
	2.48,82(34,65)	3.23,66(34,84)	3.58,45(34,79)	4.33,51(35,06)		
	5.08,72(35,21)	5.44,18(35,46)	6.19,36(35,18)	6.55,01(35,65)		
	7.30,21(35,20)	8.05,74(35,53)	8.41,07(35,33)	9.15,38(34,31)		
3	Andrea Westbye	95	Bærumsvømmerne	(0,83)	9.23,13	675
	31,92(31,92)	1.06,30(34,38)	1.40,99(34,69)	2.15,88(34,89)		
	2.51,06(35,18)	3.26,46(35,40)	4.01,84(35,38)	4.37,45(35,61)		
	5.12,71(35,26)	5.48,40(35,69)	6.24,22(35,82)	7.00,25(36,03)		
	7.35,99(35,74)	8.12,20(36,21)	8.47,95(35,75)	9.23,13(35,18)		
4	Malene M. Pedersen	96	Lambertseter SK	(0,85)	9.26,89	662
	32,99(32,99)	1.08,38(35,39)	1.43,62(35,24)	2.18,97(35,35)		
	2.54,68(35,71)	3.30,04(35,36)	4.05,60(35,56)	4.41,54(35,94)		
	5.17,35(35,81)	5.53,28(35,93)	6.29,44(36,16)	7.05,17(35,73)		
	7.41,27(36,10)	8.17,12(35,85)	8.52,89(35,77)	9.26,89(34,00)		
5	Siri Anette Sønju	92	Asker SK/NTG	(0,96)	9.35,20	634
	32,06(32,06)	1.06,48(34,42)	1.41,78(35,30)	2.17,86(36,08)		
	2.53,48(35,62)	3.29,85(36,37)	4.05,82(35,97)	4.42,54(36,72)		
	5.18,89(36,35)	5.55,65(36,76)	6.32,19(36,54)	7.09,09(36,90)		
	7.45,69(36,60)	8.22,64(36,95)	8.59,04(36,40)	9.35,20(36,16)		
6	Maria Wigestrånd	94	Madla SK	(0,93)	9.36,84	628
	31,82(31,82)	1.06,69(34,87)	1.42,65(35,96)	2.18,78(36,13)		
	2.55,53(36,75)	3.32,15(36,62)	4.08,42(36,27)	4.44,85(36,43)		
	5.21,96(37,11)	5.58,99(37,03)	6.35,73(36,74)	7.12,44(36,71)		
	7.49,06(36,62)	8.25,61(36,55)	9.01,68(36,07)	9.36,84(35,16)		
7	Tone Lill Evanger	96	BS/Delfana	(0,93)	9.37,21	627
	33,18(33,18)	1.08,80(35,62)	1.44,93(36,13)	2.21,31(36,38)		
	2.57,75(36,44)	3.34,34(36,59)	4.10,59(36,25)	4.47,42(36,83)		
	5.24,05(36,63)	6.00,76(36,71)	6.37,44(36,68)	7.14,00(36,56)		
	7.50,42(36,42)	8.27,04(36,62)	9.02,64(35,60)	9.37,21(34,57)		
8	Majken Smith	97	Asker SK	(0,88)	9.38,31	624
	33,50(33,50)	1.09,58(36,08)	1.46,38(36,80)	2.23,23(36,85)		
	3.00,01(36,78)	3.36,97(36,96)	4.13,58(36,61)	4.49,87(36,29)		
	5.26,19(36,32)	6.02,39(36,20)	6.38,86(36,47)	7.14,93(36,07)		
	7.51,19(36,26)	8.27,50(36,31)	9.03,61(36,11)	9.38,31(34,70)		
9	Julie Rønningsen	94	Lambertseter SK	(1,07)	9.39,14	621
	33,19(33,19)	1.09,00(35,81)	1.44,90(35,90)	2.20,69(35,79)		
	2.57,68(36,99)	3.33,77(36,09)	4.10,83(37,06)	4.47,43(36,60)		
	5.24,30(36,87)	6.00,79(36,49)	6.37,70(36,91)	7.14,49(36,79)		
	7.51,78(37,29)	8.28,50(36,72)	9.05,09(36,59)	9.39,14(34,05)		
10	Lisa Skogeng	96	BS/Delfana	(0,87)	9.40,90	615
	32,32(32,32)	1.07,07(34,75)	1.42,58(35,51)	2.18,44(35,86)		
	2.54,63(36,19)	3.31,15(36,52)	4.07,62(36,47)	4.44,80(37,18)		
	5.21,62(36,82)	5.58,95(37,33)	6.36,10(37,15)	7.13,74(37,64)		
	7.50,86(37,12)	8.28,72(37,86)	9.06,09(37,37)	9.40,90(34,81)		



11	Ingeborg Jørmeland	96	Stavanger SC	(0,79)	9.44,26	605
	32,48(32,48)	1.09,01(36,53)	1.45,06(36,05)	2.21,74(36,68)		
	2.57,78(36,04)	3.34,91(37,13)	4.11,58(36,67)	4.48,72(37,14)		
	5.25,53(36,81)	6.02,98(37,45)	6.40,05(37,07)	7.17,48(37,43)		
	7.54,61(37,13)	8.31,67(37,06)	9.08,37(36,70)	9.44,26(35,89)		
12	Elida Hole	96	Vestkantsvømmerne	(0,74)	9.46,94	597
	32,90(32,90)	1.09,34(36,44)	1.45,90(36,56)	2.22,94(37,04)		
	2.59,52(36,58)	3.36,72(37,20)	4.13,78(37,06)	4.50,82(37,04)		
	5.27,46(36,64)	6.04,98(37,52)	6.41,74(36,76)	7.18,94(37,20)		
	7.55,76(36,82)	8.33,64(37,88)	9.10,84(37,20)	9.46,94(36,10)		
13	Anna Bølgen	95	Bærumsvømmerne	(0,92)	9.48,33	592
	32,74(32,74)	1.09,01(36,27)	1.46,04(37,03)	2.22,56(36,52)		
	2.59,54(36,98)	3.36,29(36,75)	4.13,21(36,92)	4.50,11(36,90)		
	5.26,42(36,31)	6.03,20(36,78)	6.39,97(36,77)	7.17,70(37,73)		
	7.55,35(37,65)	8.33,49(38,14)	9.11,07(37,58)	9.48,33(37,26)		
14	Tina Schütz	96	Vestkantsvømmerne	(0,81)	9.49,46	589
	33,26(33,26)	1.09,82(36,56)	1.46,79(36,97)	2.23,39(36,60)		
	3.00,49(37,10)	3.37,50(37,01)	4.14,75(37,25)	4.52,28(37,53)		
	5.29,53(37,25)	6.06,87(37,34)	6.44,24(37,37)	7.21,96(37,72)		
	7.59,36(37,40)	8.36,56(37,20)	9.13,43(36,87)	9.49,46(36,03)		
15	Natalie Kosiander	98	Skjetten Svømming	(0,84)	9.49,83	588
	33,66(33,66)	1.10,11(36,45)	1.47,46(37,35)	2.24,68(37,22)		
	3.01,57(36,89)	3.38,52(36,95)	4.15,27(36,75)	4.51,88(36,61)		
	5.28,73(36,85)	6.05,79(37,06)	6.42,73(36,94)	7.19,93(37,20)		
	7.57,32(37,39)	8.35,33(38,01)	9.13,00(37,67)	9.49,83(36,83)		
16	Karianne Reinertsen	97	BS/Delfana	(0,87)	9.58,04	564
	32,81(32,81)	1.08,65(35,84)	1.44,71(36,06)	2.21,83(37,12)		
	2.58,98(37,15)	3.36,49(37,51)	4.14,72(38,23)	4.52,23(37,51)		
	5.30,36(38,13)	6.08,63(38,27)	6.47,02(38,39)	7.25,38(38,36)		
	8.03,31(37,93)	8.41,77(38,46)	9.20,32(38,55)	9.58,04(37,72)		

### Øvelse 19. 1500m fri, herrer - Direkte finale – Foreløpig før siste heat

#### Junior

1	Eivind Johannesen	92	BS/Åstveit	(0,83)	16.52,50	644
	30,35(30,35)	1.03,45(33,10)	1.37,18(33,73)	2.10,94(33,76)		
	2.44,75(33,81)	3.18,46(33,71)	3.52,21(33,75)	4.26,10(33,89)		
	5.00,04(33,94)	5.33,93(33,89)	6.07,78(33,85)	6.41,92(34,14)		
	7.16,17(34,25)	7.50,25(34,08)	8.24,83(34,58)	8.58,96(34,13)		
	9.33,22(34,26)	10.07,24(34,02)	10.41,63(34,39)	11.15,98(34,35)		
	11.50,09(34,11)	12.23,91(33,82)	12.58,03(34,12)	13.32,22(34,19)		
	14.06,23(34,01)	14.40,35(34,12)	15.14,22(33,87)	15.48,32(34,10)		
	16.20,96(32,64)	16.52,50(31,54)				
2	Ole Martin Bjørlykke	96	Aalesund SLK	(0,86)	16.55,87	638
	31,26(31,26)	1.05,19(33,93)	1.39,51(34,32)	2.13,72(34,21)		
	2.48,20(34,48)	3.22,32(34,12)	3.56,96(34,64)	4.31,02(34,06)		
	5.05,10(34,08)	5.38,94(33,84)	6.13,10(34,16)	6.47,17(34,07)		
	7.21,11(33,94)	7.54,84(33,73)	8.28,91(34,07)	9.02,67(33,76)		
	9.36,60(33,93)	10.10,28(33,68)	10.43,89(33,61)	11.17,69(33,80)		
	11.51,35(33,66)	12.25,51(34,16)	12.59,27(33,76)	13.33,27(34,00)		
	14.07,09(33,82)	14.41,48(34,39)	15.15,32(33,84)	15.49,19(33,87)		
	16.23,04(33,85)	16.55,87(32,83)				
3	Øystein Fjeldberg	93	Randaberg IL	(0,93)	16.56,34	637
	30,84(30,84)	1.05,11(34,27)	1.39,79(34,68)	2.14,67(34,88)		
	2.48,71(34,04)	3.22,84(34,13)	3.56,14(33,30)	4.29,64(33,50)		
	5.03,04(33,40)	5.37,34(34,30)	6.11,22(33,88)	6.45,73(34,51)		
	7.19,98(34,25)	7.54,11(34,13)	8.28,02(33,91)	9.02,22(34,20)		
	9.36,41(34,19)	10.10,79(34,38)	10.45,05(34,26)	11.19,49(34,44)		
	11.53,51(34,02)	12.28,60(35,09)	13.02,72(34,12)	13.36,95(34,23)		
	14.10,75(33,80)	14.45,17(34,42)	15.19,27(34,10)	15.53,23(33,96)		
	16.25,01(31,78)	16.56,34(31,33)				

4	Sondre Kallhovd	93	Lambertseter SK	(0,84)	16.59,62	631
	31,51(31,51)	1.05,85(34,34)	1.39,75(33,90)	2.14,32(34,57)		
	2.48,48(34,16)	3.23,16(34,68)	3.57,20(34,04)	4.31,56(34,36)		
	5.05,66(34,10)	5.39,80(34,14)	6.13,50(33,70)	6.47,93(34,43)		
	7.21,99(34,06)	7.56,55(34,56)	8.30,53(33,98)	9.04,82(34,29)		
	9.38,33(33,51)	10.12,45(34,12)	10.46,22(33,77)	11.20,52(34,30)		
	11.54,62(34,10)	12.28,66(34,04)	13.02,79(34,13)	13.36,87(34,08)		
	14.11,09(34,22)	14.45,66(34,57)	15.19,77(34,11)	15.53,75(33,98)		
	16.27,31(33,56)	16.59,62(32,31)				
5	Henrik Søfteland	95	BS/Delfana	(0,80)	17.10,83	611
	30,21(30,21)	1.02,69(32,48)	1.36,18(33,49)	2.10,31(34,13)		
	2.44,84(34,53)	3.19,46(34,62)	3.54,22(34,76)	4.28,78(34,56)		
	5.03,71(34,93)	5.38,54(34,83)	6.13,76(35,22)	6.48,62(34,86)		
	7.24,04(35,42)	7.59,30(35,26)	8.34,76(35,46)	9.08,07(33,31)		
	9.42,72(34,65)	10.17,31(34,59)	10.51,94(34,63)	11.26,19(34,25)		
	12.01,12(34,93)	12.35,49(34,37)	13.10,59(35,10)	13.45,07(34,48)		
	14.19,51(34,44)	14.53,92(34,41)	15.28,63(34,71)	16.02,88(34,25)		
	16.37,22(34,34)	17.10,83(33,61)				
6	Tim Samuelsen	97	Madla SK	(0,95)	17.18,81	597
	31,62(31,62)	1.05,79(34,17)	1.40,32(34,53)	2.14,92(34,60)		
	2.49,23(34,31)	3.23,51(34,28)	3.57,81(34,30)	4.32,12(34,31)		
	5.06,61(34,49)	5.40,89(34,28)	6.15,39(34,50)	6.50,10(34,71)		
	7.24,65(34,55)	7.59,50(34,85)	8.34,21(34,71)	9.08,71(34,50)		
	9.43,56(34,85)	10.18,78(35,22)	10.53,85(35,07)	11.28,69(34,84)		
	12.03,26(34,57)	12.38,10(34,84)	13.13,12(35,02)	13.48,27(35,15)		
	14.23,26(34,99)	14.58,30(35,04)	15.33,41(35,11)	16.08,68(35,27)		
	16.43,92(35,24)	17.18,81(34,89)				
7	Lars Rugsveen	94	Elverum Svømming	(0,73)	17.21,52	592
	30,77(30,77)	1.04,62(33,85)	1.39,04(34,42)	2.12,72(33,68)		
	2.46,33(33,61)	3.20,05(33,72)	3.54,22(34,17)	4.27,94(33,72)		
	5.02,30(34,36)	5.36,53(34,23)	6.10,83(34,30)	6.45,60(34,77)		
	7.20,32(34,72)	7.55,01(34,69)	8.29,32(34,31)	9.03,43(34,11)		
	9.37,88(34,45)	10.12,52(34,64)	10.47,66(35,14)	11.23,11(35,45)		
	11.58,76(35,65)	12.34,59(35,83)	13.09,97(35,38)	13.46,05(36,08)		
	14.22,05(36,00)	14.58,36(36,31)	15.34,00(35,64)	16.10,04(36,04)		
	16.46,32(36,28)	17.21,52(35,20)				
8	Jørgen Gundersen	95	Lørenskog/Rælingen	(0,74)	17.33,48	572
	31,53(31,53)	1.05,61(34,08)	1.39,84(34,23)	2.14,32(34,48)		
	2.48,83(34,51)	3.23,75(34,92)	3.58,74(34,99)	4.33,77(35,03)		
	5.08,97(35,20)	5.44,41(35,44)	6.19,33(34,92)	6.54,38(35,05)		
	7.29,91(35,53)	8.05,32(35,41)	8.40,84(35,52)	9.16,12(35,28)		
	9.51,82(35,70)	10.27,27(35,45)	11.03,03(35,76)	11.38,65(35,62)		
	12.14,50(35,85)	12.49,97(35,47)	13.25,73(35,76)	14.01,28(35,55)		
	14.37,33(36,05)	15.12,93(35,60)	15.49,16(36,23)	16.25,13(35,97)		
	16.59,92(34,79)	17.33,48(33,56)				
9	Martin P. Sletbakken	92	Sortland SLK	(0,82)	17.51,99	543
	30,48(30,48)	1.05,21(34,73)	1.40,00(34,79)	2.15,45(35,45)		
	2.49,96(34,51)	3.24,94(34,98)	3.59,58(34,64)	4.35,10(35,52)		
	5.10,26(35,16)	5.45,49(35,23)	6.20,94(35,45)	6.56,89(35,95)		
	7.32,64(35,75)	8.08,05(35,41)	8.43,88(35,83)	9.19,99(36,11)		
	9.56,18(36,19)	10.32,70(36,52)	11.09,16(36,46)	11.45,65(36,49)		
	12.22,37(36,72)	12.59,11(36,74)	13.36,30(37,19)	14.13,00(36,70)		
	14.50,02(37,02)	15.27,48(37,46)	16.03,82(36,34)	16.41,35(37,53)		
	17.17,36(36,01)	17.51,99(34,63)				
10	Ole Martin Turøy	95	Stavanger SC	(0,79)	17.57,72	534
	30,65(30,65)	1.04,47(33,82)	1.39,75(35,28)	2.14,90(35,15)		
	2.50,47(35,57)	3.25,64(35,17)	4.01,52(35,88)	4.37,10(35,58)		
	5.13,20(36,10)	5.49,04(35,84)	6.25,06(36,02)	7.00,56(35,50)		
	7.36,90(36,34)	8.13,45(36,55)	8.50,12(36,67)	9.26,56(36,44)		
	10.03,45(36,89)	10.39,95(36,50)	11.17,27(37,32)	11.53,61(36,34)		
	12.30,96(37,35)	13.07,69(36,73)	13.45,06(37,37)	14.21,60(36,54)		
	14.59,02(37,42)	15.35,34(36,32)	16.12,40(37,06)	16.48,51(36,11)		
	17.24,89(36,38)	17.57,72(32,83)				
11	Kristian Blummenfelt	94	Vestkantsvømmerne	(0,80)	17.58,70	533
	32,46(32,46)	1.07,57(35,11)	1.44,31(36,74)	2.19,68(35,37)		
	2.55,70(36,02)	3.31,45(35,75)	4.07,90(36,45)	4.43,35(35,45)		
	5.19,31(35,96)	5.55,58(36,27)	6.31,30(35,72)	7.06,96(35,66)		
	7.43,13(36,17)	8.19,19(36,06)	8.55,26(36,07)	9.31,19(35,93)		
	10.07,26(36,07)	10.43,37(36,11)	11.20,18(36,81)	11.56,23(36,05)		
	12.32,73(36,50)	13.09,19(36,46)	13.45,49(36,30)	14.22,07(36,58)		
	14.58,36(36,29)	15.35,11(36,75)	16.11,34(36,23)	16.47,91(36,57)		
	17.24,32(36,41)	17.58,70(34,38)				

12	Martin Næss Kjøholdt	95	Kolbotn IL	(0,81)	18.02,13	528
	31,14(31,14)	1.05,58(34,44)	1.40,08(34,50)	2.14,19(34,11)		
	2.48,64(34,45)	3.22,98(34,34)	3.57,88(34,90)	4.33,18(35,30)		
	5.09,26(36,08)	5.45,15(35,89)	6.21,37(36,22)	6.57,80(36,43)		
	7.33,99(36,19)	8.10,64(36,65)	8.47,12(36,48)	9.23,85(36,73)		
	10.01,00(37,15)	10.37,73(36,73)	11.14,84(37,11)	11.51,60(36,76)		
	12.28,84(37,24)	13.05,92(37,08)	13.43,32(37,40)	14.20,36(37,04)		
	14.57,60(37,24)	15.34,70(37,10)	16.11,51(36,81)	16.49,26(37,75)		
	17.26,30(37,04)	18.02,13(35,83)				
13	Henry Ravndal	93	Sandnes SLK	(0,78)	18.20,83	501
	30,61(30,61)	1.05,30(34,69)	1.40,27(34,97)	2.15,06(34,79)		
	2.49,65(34,59)	3.24,19(34,54)	3.59,35(35,16)	4.35,63(36,28)		
	5.12,65(37,02)	5.50,28(37,63)	6.27,20(36,92)	7.04,32(37,12)		
	7.42,32(38,00)	8.19,38(37,06)	8.57,07(37,69)	9.34,46(37,39)		
	10.11,77(37,31)	10.50,41(38,64)	11.28,44(38,03)	12.06,32(37,88)		
	12.44,27(37,95)	13.22,17(37,90)	14.00,87(38,70)	14.39,99(39,12)		
	15.17,36(37,37)	15.55,07(37,71)	16.32,11(37,04)	17.08,85(36,74)		
	17.45,29(36,44)	18.20,83(35,54)				

## Senior

1	Eivind Johannesen	92	BS/Åstveit	(0,83)	16.52,50	644
	30,35(30,35)	1.03,45(33,10)	1.37,18(33,73)	2.10,94(33,76)		
	2.44,75(33,81)	3.18,46(33,71)	3.52,21(33,75)	4.26,10(33,89)		
	5.00,04(33,94)	5.33,93(33,89)	6.07,78(33,85)	6.41,92(34,14)		
	7.16,17(34,25)	7.50,25(34,08)	8.24,83(34,58)	8.58,96(34,13)		
	9.33,22(34,26)	10.07,24(34,02)	10.41,63(34,39)	11.15,98(34,35)		
	11.50,09(34,11)	12.23,91(33,82)	12.58,03(34,12)	13.32,22(34,19)		
	14.06,23(34,01)	14.40,35(34,12)	15.14,22(33,87)	15.48,32(34,10)		
	16.20,96(32,64)	16.52,50(31,54)				
2	Ole Martin Bjørlykke	96	Aalesund SLK	(0,86)	16.55,87	638
	31,26(31,26)	1.05,19(33,93)	1.39,51(34,32)	2.13,72(34,21)		
	2.48,20(34,48)	3.22,32(34,12)	3.56,96(34,64)	4.31,02(34,06)		
	5.05,10(34,08)	5.38,94(33,84)	6.13,10(34,16)	6.47,17(34,07)		
	7.21,11(33,94)	7.54,84(33,73)	8.28,91(34,07)	9.02,67(33,76)		
	9.36,60(33,93)	10.10,28(33,68)	10.43,89(33,61)	11.17,69(33,80)		
	11.51,35(33,66)	12.25,51(34,16)	12.59,27(33,76)	13.33,27(34,00)		
	14.07,09(33,82)	14.41,48(34,39)	15.15,32(33,84)	15.49,19(33,87)		
	16.23,04(33,85)	16.55,87(32,83)				
3	Øystein Fjeldberg	93	Randaberg IL	(0,93)	16.56,34	637
	30,84(30,84)	1.05,11(34,27)	1.39,79(34,68)	2.14,67(34,88)		
	2.48,71(34,04)	3.22,84(34,13)	3.56,14(33,30)	4.29,64(33,50)		
	5.03,04(33,40)	5.37,34(34,30)	6.11,22(33,88)	6.45,73(34,51)		
	7.19,98(34,25)	7.54,11(34,13)	8.28,02(33,91)	9.02,22(34,20)		
	9.36,41(34,19)	10.10,79(34,38)	10.45,05(34,26)	11.19,49(34,44)		
	11.53,51(34,02)	12.28,60(35,09)	13.02,72(34,12)	13.36,95(34,23)		
	14.10,75(33,80)	14.45,17(34,42)	15.19,27(34,10)	15.53,23(33,96)		
	16.25,01(31,78)	16.56,34(31,33)				
4	Sondre Kallhovd	93	Lambertseter SK	(0,84)	16.59,62	631
	31,51(31,51)	1.05,85(34,34)	1.39,75(33,90)	2.14,32(34,57)		
	2.48,48(34,16)	3.23,16(34,68)	3.57,20(34,04)	4.31,56(34,36)		
	5.05,66(34,10)	5.39,80(34,14)	6.13,50(33,70)	6.47,93(34,43)		
	7.21,99(34,06)	7.56,55(34,56)	8.30,53(33,98)	9.04,82(34,29)		
	9.38,33(33,51)	10.12,45(34,12)	10.46,22(33,77)	11.20,52(34,30)		
	11.54,62(34,10)	12.28,66(34,04)	13.02,79(34,13)	13.36,87(34,08)		
	14.11,09(34,22)	14.45,66(34,57)	15.19,77(34,11)	15.53,75(33,98)		
	16.27,31(33,56)	16.59,62(32,31)				
5	Henrik Søfteland	95	BS/Delfana	(0,80)	17.10,83	611
	30,21(30,21)	1.02,69(32,48)	1.36,18(33,49)	2.10,31(34,13)		
	2.44,84(34,53)	3.19,46(34,62)	3.54,22(34,76)	4.28,78(34,56)		
	5.03,71(34,93)	5.38,54(34,83)	6.13,76(35,22)	6.48,62(34,86)		
	7.24,04(35,42)	7.59,30(35,26)	8.34,76(35,46)	9.08,07(33,31)		
	9.42,72(34,65)	10.17,31(34,59)	10.51,94(34,63)	11.26,19(34,25)		
	12.01,12(34,93)	12.35,49(34,37)	13.10,59(35,10)	13.45,07(34,48)		
	14.19,51(34,44)	14.53,92(34,41)	15.28,63(34,71)	16.02,88(34,25)		
	16.37,22(34,34)	17.10,83(33,61)				

6	Tim Samuelsen	97	Madla SK	(0,95)	17.18,81	597
	31,62(31,62)	1.05,79(34,17)	1.40,32(34,53)	2.14,92(34,60)		
	2.49,23(34,31)	3.23,51(34,28)	3.57,81(34,30)	4.32,12(34,31)		
	5.06,61(34,49)	5.40,89(34,28)	6.15,39(34,50)	6.50,10(34,71)		
	7.24,65(34,55)	7.59,50(34,85)	8.34,21(34,71)	9.08,71(34,50)		
	9.43,56(34,85)	10.18,78(35,22)	10.53,85(35,07)	11.28,69(34,84)		
	12.03,26(34,57)	12.38,10(34,84)	13.13,12(35,02)	13.48,27(35,15)		
	14.23,26(34,99)	14.58,30(35,04)	15.33,41(35,11)	16.08,68(35,27)		
	16.43,92(35,24)	17.18,81(34,89)				
7	Lars Rugsveen	94	Elverum Svømming	(0,73)	17.21,52	592
	30,77(30,77)	1.04,62(33,85)	1.39,04(34,42)	2.12,72(33,68)		
	2.46,33(33,61)	3.20,05(33,72)	3.54,22(34,17)	4.27,94(33,72)		
	5.02,30(34,36)	5.36,53(34,23)	6.10,83(34,30)	6.45,60(34,77)		
	7.20,32(34,72)	7.55,01(34,69)	8.29,32(34,31)	9.03,43(34,11)		
	9.37,88(34,45)	10.12,52(34,64)	10.47,66(35,14)	11.23,11(35,45)		
	11.58,76(35,65)	12.34,59(35,83)	13.09,97(35,38)	13.46,05(36,08)		
	14.22,05(36,00)	14.58,36(36,31)	15.34,00(35,64)	16.10,04(36,04)		
	16.46,32(36,28)	17.21,52(35,20)				
8	Jørgen Gundersen	95	Lørenskog/Rælingen	(0,74)	17.33,48	572
	31,53(31,53)	1.05,61(34,08)	1.39,84(34,23)	2.14,32(34,48)		
	2.48,83(34,51)	3.23,75(34,92)	3.58,74(34,99)	4.33,77(35,03)		
	5.08,97(35,20)	5.44,41(35,44)	6.19,33(34,92)	6.54,38(35,05)		
	7.29,91(35,53)	8.05,32(35,41)	8.40,84(35,52)	9.16,12(35,28)		
	9.51,82(35,70)	10.27,27(35,45)	11.03,03(35,76)	11.38,65(35,62)		
	12.14,50(35,85)	12.49,97(35,47)	13.25,73(35,76)	14.01,28(35,55)		
	14.37,33(36,05)	15.12,93(35,60)	15.49,16(36,23)	16.25,13(35,97)		
	16.59,92(34,79)	17.33,48(33,56)				
9	Martin P. Sletbakken	92	Sortland SLK	(0,82)	17.51,99	543
	30,48(30,48)	1.05,21(34,73)	1.40,00(34,79)	2.15,45(35,45)		
	2.49,96(34,51)	3.24,94(34,98)	3.59,58(34,64)	4.35,10(35,52)		
	5.10,26(35,16)	5.45,49(35,23)	6.20,94(35,45)	6.56,89(35,95)		
	7.32,64(35,75)	8.08,05(35,41)	8.43,88(35,83)	9.19,99(36,11)		
	9.56,18(36,19)	10.32,70(36,52)	11.09,16(36,46)	11.45,65(36,49)		
	12.22,37(36,72)	12.59,11(36,74)	13.36,30(37,19)	14.13,00(36,70)		
	14.50,02(37,02)	15.27,48(37,46)	16.03,82(36,34)	16.41,35(37,53)		
	17.17,36(36,01)	17.51,99(34,63)				
10	Ole Martin Turøy	95	Stavanger SC	(0,79)	17.57,72	534
	30,65(30,65)	1.04,47(33,82)	1.39,75(35,28)	2.14,90(35,15)		
	2.50,47(35,57)	3.25,64(35,17)	4.01,52(35,88)	4.37,10(35,58)		
	5.13,20(36,10)	5.49,04(35,84)	6.25,06(36,02)	7.00,56(35,50)		
	7.36,90(36,34)	8.13,45(36,55)	8.50,12(36,67)	9.26,56(36,44)		
	10.03,45(36,89)	10.39,95(36,50)	11.17,27(37,32)	11.53,61(36,34)		
	12.30,96(37,35)	13.07,69(36,73)	13.45,06(37,37)	14.21,60(36,54)		
	14.59,02(37,42)	15.35,34(36,32)	16.12,40(37,06)	16.48,51(36,11)		
	17.24,89(36,38)	17.57,72(32,83)				
11	Kristian Blummenfelt	94	Vestkantsvømmerne	(0,80)	17.58,70	533
	32,46(32,46)	1.07,57(35,11)	1.44,31(36,74)	2.19,68(35,37)		
	2.55,70(36,02)	3.31,45(35,75)	4.07,90(36,45)	4.43,35(35,45)		
	5.19,31(35,96)	5.55,58(36,27)	6.31,30(35,72)	7.06,96(35,66)		
	7.43,13(36,17)	8.19,19(36,06)	8.55,26(36,07)	9.31,19(35,93)		
	10.07,26(36,07)	10.43,37(36,11)	11.20,18(36,81)	11.56,23(36,05)		
	12.32,73(36,50)	13.09,19(36,46)	13.45,49(36,30)	14.22,07(36,58)		
	14.58,36(36,29)	15.35,11(36,75)	16.11,34(36,23)	16.47,91(36,57)		
	17.24,32(36,41)	17.58,70(34,38)				
12	Martin Næss Kjølholdt	95	Kolbotn IL	(0,81)	18.02,13	528
	31,14(31,14)	1.05,58(34,44)	1.40,08(34,50)	2.14,19(34,11)		
	2.48,64(34,45)	3.22,98(34,34)	3.57,88(34,90)	4.33,18(35,30)		
	5.09,26(36,08)	5.45,15(35,89)	6.21,37(36,22)	6.57,80(36,43)		
	7.33,99(36,19)	8.10,64(36,65)	8.47,12(36,48)	9.23,85(36,73)		
	10.01,00(37,15)	10.37,73(36,73)	11.14,84(37,11)	11.51,60(36,76)		
	12.28,84(37,24)	13.05,92(37,08)	13.43,32(37,40)	14.20,36(37,04)		
	14.57,60(37,24)	15.34,70(37,10)	16.11,51(36,81)	16.49,26(37,75)		
	17.26,30(37,04)	18.02,13(35,83)				
13	Henry Ravndal	93	Sandnes SLK	(0,78)	18.20,83	501
	30,61(30,61)	1.05,30(34,69)	1.40,27(34,97)	2.15,06(34,79)		
	2.49,65(34,59)	3.24,19(34,54)	3.59,35(35,16)	4.35,63(36,28)		
	5.12,65(37,02)	5.50,28(37,63)	6.27,20(36,92)	7.04,32(37,12)		
	7.42,32(38,00)	8.19,38(37,06)	8.57,07(37,69)	9.34,46(37,39)		
	10.11,77(37,31)	10.50,41(38,64)	11.28,44(38,03)	12.06,32(37,88)		
	12.44,27(37,95)	13.22,17(37,90)	14.00,87(38,70)	14.39,99(39,12)		
	15.17,36(37,37)	15.55,07(37,71)	16.32,11(37,04)	17.08,85(36,74)		
	17.45,29(36,44)	18.20,83(35,54)				

## Øvelse 20. 4\*100m lag medley, damer - Junior

## Junior

1	Asker SK J1 jr.	JR	Asker SK	(0,71)	4.24,30	678
	Oda Marie Siljan:	32,33(32,33)	1.07,17(34,84)	1.07,17		
	Rikke Nagell-Kleven:	1.41,99(34,82)	2.21,48(39,49)	1.14,31		
	Mette Mellbye Larsen:	2.50,53(29,05)	3.24,16(33,63)	1.02,68		
	Marte K. Bolstad:	3.52,47(28,31)	4.24,30(31,83)	1.00,14		
2	Lambertseter SK J1 jr.	JR	Lambertseter SK	(0,78)	4.24,33	678
	Christine M. Pedersen:	32,32(32,32)	1.06,85(34,53)	1.06,85		
	Stina Kajsa Colleou:	1.40,78(33,93)	2.18,91(38,13)	1.12,06		
	Vår Celine Sjøgaard:	2.48,77(29,86)	3.24,57(35,80)	1.05,66		
	Emilie Hellerud:	3.53,07(28,50)	4.24,33(31,26)	59,76		
3	Bergensv. J1 jr.	JR	Bergensvømmerne	(0,74)	4.28,63	646
	Katrine Jensen:	33,60(33,60)	1.10,49(36,89)	1.10,49		
	Tone Lill Evanger:	1.45,93(35,44)	2.26,11(40,18)	1.15,62		
	Bryndis Run Hansen:	2.55,16(29,05)	3.28,69(33,53)	1.02,58		
	Lise Sand Syversen:	3.57,36(28,67)	4.28,63(31,27)	59,94		
4	Lambertseter SK J2 jr.	JR	Lambertseter SK	(0,67)	4.34,29	607
	Andrine Davidsen:	33,03(33,03)	1.07,41(34,38)	1.07,41		
	Luna Elisabeth Sjøgaard:	1.42,13(34,72)	2.21,76(39,63)	1.14,35		
	Malene M. Pedersen:	2.53,58(31,82)	3.33,19(39,61)	1.11,43		
	Julie Rønningens:	4.01,97(28,78)	4.34,29(32,32)	1.01,10		
5	Asker SK J2 jr.	JR	Asker SK	(0,72)	4.36,11	595
	Helene Nordmark Skuterud:	33,82(33,82)	1.10,18(36,36)	1.10,18		
	Mari Nerdrum:	1.45,94(35,76)	2.26,75(40,81)	1.16,57		
	Elise Naess Olsen:	2.57,83(31,08)	3.33,74(35,91)	1.06,99		
	Majken Smith:	4.03,30(29,56)	4.36,11(32,81)	1.02,37		
6	Vestkantv. J1 jr.	JR	Vestkantvømmerne	(0,71)	4.37,99	583
	Benedicte Kausland:	33,96(33,96)	1.10,87(36,91)	1.10,87		
	Elida Hole:	1.46,98(36,11)	2.28,48(41,50)	1.17,61		
	Stine Vindenes:	2.58,88(30,40)	3.34,96(36,08)	1.06,48		
	Marte Dale:	4.04,29(29,33)	4.37,99(33,70)	1.03,03		
7	Vågsbygd SLK J1 jr.	JR	Vågsbygd SLK	(0,69)	4.40,39	568
	Sofie Reisænen:	34,61(34,61)	1.10,98(36,37)	1.10,98		
	Guro Aas:	1.47,40(36,42)	2.29,93(42,53)	1.18,95		
	Amalie Thorstensen:	3.00,55(30,62)	3.36,88(36,33)	1.06,95		
	Elise Fjeldstad:	4.06,45(29,57)	4.40,39(33,94)	1.03,51		
8	Stavanger SC J1 jr.	JR	Stavanger SC	(0,76)	4.42,93	553
	Emilie K. Hegdal:	34,53(34,53)	1.12,23(37,70)	1.12,23		
	Siren Bergslid:	1.49,15(36,92)	2.31,46(42,31)	1.19,23		
	Ingeborg Jørmeland:	3.03,16(31,70)	3.41,88(38,72)	1.10,42		
	Ane Nygård:	4.10,40(28,52)	4.42,93(32,53)	1.01,05		
9	Bergensv. J3 jr.	JR	Bergensvømmerne	(0,83)	4.44,66	543
	Karianne Reinertsen:	35,05(35,05)	1.13,08(38,03)	1.13,08		
	Andrea Hestdal:	1.49,03(35,95)	2.31,91(42,88)	1.18,83		
	Vilde Stordal:	3.03,51(31,60)	3.43,07(39,56)	1.11,16		
	Lisa Skogeng:	4.12,61(29,54)	4.44,66(32,05)	1.01,59		
10	SK Speed J1 jr.	JR	SK Speed	(0,74)	4.45,85	536
	Sara Boukili:	34,91(34,91)	1.11,72(36,81)	1.11,72		
	Sara Torp Myhre:	1.48,83(37,11)	2.32,06(43,23)	1.20,34		
	Hanna Louise Berge:	3.03,86(31,80)	3.43,01(39,15)	1.10,95		
	Hege Strøm Haukeland:	4.12,94(29,93)	4.45,85(32,91)	1.02,84		
11	Madla SK J3 jr.	JR	Madla SK	(0,68)	4.49,40	516
	Nina Staveland:	36,08(36,08)	1.14,65(38,57)	1.14,65		
	Ulrikke Rein:	1.51,83(37,18)	2.35,07(43,24)	1.20,42		
	Ingrid Bergslid:	3.07,82(32,75)	3.46,40(38,58)	1.11,33		
	Stine Mjølhus Kristoffersen:	4.15,93(29,53)	4.49,40(33,47)	1.03,00		
12	Trondhjem SLK J1 jr.	JR	Trondhjem SLK	(0,67)	4.50,48	511
	Åse Nytrø:	35,41(35,41)	1.11,28(35,87)	1.11,28		
	Stine Tveit:	1.47,81(36,53)	2.29,64(41,83)	1.18,36		
	Viktoria Juel:	3.03,03(33,39)	3.44,69(41,66)	1.15,05		
	Malin Schanke Tømmervik:	4.15,80(31,11)	4.50,48(34,68)	1.05,79		
13	Øvre Eiker SK J1 jr.	JR	Øvre Eiker SK	(0,76)	4.53,03	498
	Elisabeth Støver:	35,26(35,26)	1.13,08(37,82)	1.13,08		
	Ellen Camilla Hansen:	1.51,24(38,16)	2.36,72(45,48)	1.23,64		
	Fanny Moen Pettersen:	3.09,58(32,86)	3.52,54(42,96)	1.15,82		
	Stine Lise Stenseth:	4.21,39(28,85)	4.53,03(31,64)	1.00,49		

14	Oslo IL J1 jr.	JR	Oslo IL	(0,71)	4.53,12	497
	Gry Bernakiewicz:	35,51(35,51)	1.15,31(39,80)	1.15,31		
	Oda Almgren Lind:	1.54,04(38,73)	2.38,34(44,30)	1.23,03		
	Kristin Blyverket:	3.10,48(32,14)	3.48,82(38,34)	1.10,48		
	Nehna-Louise Møller-Pettersen:	4.19,59(30,77)	4.53,12(33,53)	1.04,30		
15	Bergensv. J4 jr.	JR	Bergensvømmerne	(0,79)	4.53,46	495
	Stina Dahl:	35,96(35,96)	1.14,13(38,17)	1.14,13		
	Vanja Sand Syversen:	1.54,46(40,33)	2.40,75(46,29)	1.26,62		
	Marie Reinertsen:	3.12,20(31,45)	3.49,42(37,22)	1.08,67		
	Hanne Søfteland:	4.19,50(30,08)	4.53,46(33,96)	1.04,04		
16	Elverum IL J1 jr.	JR	Elverum Svømming	(0,74)	4.53,70	494
	Kristin Johnson:	36,13(36,13)	1.15,74(39,61)	1.15,74		
	Vilde Bjørnebye:	1.53,70(37,96)	2.37,64(43,94)	1.21,90		
	Oona Ovesen:	3.07,51(29,87)	3.44,24(36,73)	1.06,60		
	Ida Jordan:	4.16,65(32,41)	4.53,70(37,05)	1.09,46		
17	Løren/Rælingen J1 jr.	JR	Lørenskog/Rælingen	(0,88)	5.02,45	452
	Marie Svensson:	35,83(35,83)	1.15,30(39,47)	1.15,30		
	Rebecca Holt Clasen:	1.53,61(38,31)	2.39,23(45,62)	1.23,93		
	Elina Marie Øverås:	3.13,14(33,91)	3.59,68(46,54)	1.20,45		
	Jeanette Erlandsen:	4.29,77(30,09)	5.02,45(32,68)	1.02,77		
18	Ski SK J1 jr.	JR	Ski SK	(0,70)	5.09,08	424
	Camilla W. Kristiansen:	35,36(35,36)	1.14,94(39,58)	1.14,94		
	Celia Lie Storstad:	1.57,81(42,87)	2.46,74(48,93)	1.31,80		
	Eline Mathilde Swensen:	3.19,84(33,10)	3.59,41(39,57)	1.12,67		
	Anniken K. Sletta:	4.32,93(33,52)	5.09,08(36,15)	1.09,67		
19	Moss SK J1 jr.	JR	Moss SK	(0,77)	5.27,60	356
	Marion Ekroll Bårdli:	36,67(36,67)	1.17,06(40,39)	1.17,06		
	Anniken Kildahl:	2.01,38(44,32)	2.54,03(52,65)	1.36,97		
	Maria Carlsen Johnsen:	3.28,18(34,15)	4.11,59(43,41)	1.17,56		
	Eline Johansen Nielsen:	4.46,86(35,27)	5.27,60(40,74)	1.16,01		
	Kristiansand SA J1 jr.	JR	Kristiansand SA		DISK	
	Emilie Valand Sørensen:					
	Tiril Fredrikke Rist Jensen:					
	Hanne Sofie L. Nilsen:					
	Sara Støebner:					
	Madla SK J1 jr.	JR	Madla SK	(0,76)	DISK	
	Eva Marie W. Østerhus:	33,70(33,70)	1.09,39(35,69)	1.09,39		
	Maria Thompson Clausen:	1.44,52(35,13)	2.25,45(40,93)	1.16,06		
	Victoria Rung:	2.53,77(28,32)	3.27,38(33,61)	1.01,93		
	Maria Wigestrånd:					
	Madla SK J2 jr.	JR	Madla SK	(0,68)	DISK	
	Lotte Miller:	34,26(34,26)	1.10,30(36,04)	1.10,30		
	Maren Larsen:	1.44,35(34,05)	2.26,60(42,25)	1.16,30		
	Marthe Berg Sørensen:	2.56,48(29,88)	3.32,41(35,93)	1.05,81		
	Vanessa Tuxen:					
	Bergensv. J2 jr.	JR	Bergensvømmerne	(0,83)	DISK	
	Helene Thunes Truyen:	34,63(34,63)	1.12,01(37,38)	1.12,01		
	Stina Heimnes:	1.48,98(36,97)	2.31,52(42,54)	1.19,51		
	Elin Haugland:	3.02,64(31,12)	3.41,16(38,52)	1.09,64		
	Karoline Pedersen:					

## Søndag 10. juli 2011 kl 17.00 – Finaler

### Øvelse 11. 200m rygg, herrer - Finale

#### Senior

1	Lavrans Solli 28,93(28,93)	92	Bergens SC 1.33,15(32,33)	(0,70)	2.04,91	719
2	Marco Aldabe Bomstad 30,24(30,24)	93	Bergens SC 1.35,88(33,05)	(0,68)	2.08,15	666
3	Eirik Ravnan 30,14(30,14)	89	Hamar IL 1.36,74(33,54)	(0,76)	2.09,55	645
4	Vebjørn Lindhjem 31,12(31,12)	95	Lørenskog/Rælingen 1.40,01(34,76)	(0,71)	2.13,14	594
5	Runar Borgen 31,78(31,78)	93	Tromsø SK/NTG 1.40,21(34,39)	(0,77)	2.13,63	588
6	Sander Rødje 31,82(31,82)	93	Haugesund SK 1.39,81(34,67)	(0,74)	2.13,77	586
7	Henrik Wathne 31,31(31,31)	94	Bærumsvømmerne 1.39,64(34,79)	(0,75)	2.14,25	579
8	Henrik Sjøfteland 31,26(31,26)	95	BS/Delfana 1.40,40(35,32)	(0,68)	2.14,46	577

### Øvelse 12. 50m fri, damer - Finale

#### Senior

1	Cecilie W. Johannessen	90	Bergens SC	(0,74)	25,96	764
2	Susann Bjørnsen	93	Setermoen SK/NTG	(0,73)	26,30	735
3	Henriette Brekke	88	Stavanger SC	(0,69)	26,43	724
4	Bryndis Run Hansen	93	BS/Åstveit	(0,74)	26,65	706
5	Monica W. Johannessen	90	Bergens SC		26,79	695
6	Maria Thompson Clausen	96	Madla SK	(0,79)	27,13	669
7	Emilie Nyenget Løvberg	95	Bærumsvømmerne	(0,74)	27,26	660
8	Stine Lise Stenseth	94	Øvre Eiker SK	(0,76)	27,48	644

#### Funksjonshemmede

1	Sara Louise Rung	89	Madla SK		39,24	221	S5 109,36 %
2	Rona Hjelmstad	93	Skjetten Svømming	(1,01)	35,88	289	S14 123,94 %
3	Marianne Fredbo	86	Vågsbygd SLK	(1,06)	41,75	184	S7 131,95 %
4	Ingrid Djupskås	89	Drammen SK		39,97	209	S9 137,64 %
5	Helene Brodin	96	Oslo IL		40,14	207	S9 138,22 %
6	Ragna Forså	98	Mosjøen SK	(1,02)	38,63	232	S13 141,09 %
7	Mina Marie Heyerdahl Klausen	97	Drammen SK	(0,87)	44,90	148	S7 141,91 %

**Øvelse 13. 100m fri, herrer - Finale****Senior**

1	Gard Kvale	84	Bergens SC	(0,71)	51,54	754
	24,75(24,75)	51,54(26,79)				
2	Bjarte Ravndal	91	Madla SK	(0,78)	51,89	739
	25,14(25,14)	51,89(26,75)				
3	Øystein R. Hetland	89	Bærumsvømmerne	(0,66)	52,53	712
	25,04(25,04)	52,53(27,49)				
4	Ole Martin Ree	92	Madla SK	(0,73)	52,63	708
	25,61(25,61)	52,63(27,02)				
5	Martin Hammer	93	Kongsten/NTG	(0,76)	52,96	695
	25,71(25,71)	52,96(27,25)				
6	Jørn Nygård	92	Stavanger SC	(0,74)	53,25	684
	25,46(25,46)	53,25(27,79)				
7	Jonas Kirkeberg Jostad	92	Hamar IL	(0,81)	53,26	683
	25,72(25,72)	53,26(27,54)				
8	Sander Smørdal	85	BS/Arna	(0,70)	53,37	679
	25,22(25,22)	53,37(28,15)				

**Øvelse 14. 200m butterfly, damer - Finale****Senior**

1	Sara Nordenstam	83	Lambertseter SK	(0,85)	2.14,45	773
	30,71(30,71)	1.05,05(34,34)	1.39,70(34,65)		2.14,45(34,75)	
2	Line Løvberg	91	Lambertseter SK	(0,79)	2.18,80	703
	31,26(31,26)	1.06,47(35,21)	1.42,50(36,03)		2.18,80(36,30)	
3	Victoria Rung	92	Madla SK	(0,79)	2.19,09	698
	31,44(31,44)	1.06,45(35,01)	1.42,10(35,65)		2.19,09(36,99)	
4	Klara Farkas	96	Lørenskog/Rælingen	(0,91)	2.21,09	669
	31,76(31,76)	1.07,36(35,60)	1.43,63(36,27)		2.21,09(37,46)	
5	Stine Vindenes	93	Vestkantsvømmerne	(0,83)	2.24,35	625
	31,91(31,91)	1.08,17(36,26)	1.45,45(37,28)		2.24,35(38,90)	
6	Amalie Thorstensen	96	Vågsbygd SLK	(0,81)	2.27,07	591
	32,36(32,36)	1.09,43(37,07)	1.48,09(38,66)		2.27,07(38,98)	
7	Jacqueline Knutsson	93	Kongsten/NTG	(0,84)	2.27,70	583
	31,28(31,28)	1.08,21(36,93)	1.47,43(39,22)		2.27,70(40,27)	
8	Marthe Berg Sørensen	92	Madla SK	(0,80)	2.28,36	576
	32,45(32,45)	1.10,05(37,60)	1.48,94(38,89)		2.28,36(39,42)	

**Øvelse 15. 200m bryst, herrer - Finale****Senior**

1	Alexander Dale Oen	85	Bærumsvømmerne	(0,72)	2.12,76	882
	29,72(29,72)	1.02,96(33,24)	1.37,08(34,12)		2.12,76(35,68)	
2	Sverre Næss	92	Sarpsborg IL	(0,74)	2.18,88	770
	30,82(30,82)	1.05,81(34,99)	1.42,34(36,53)		2.18,88(36,54)	
3	Sebastian Wigstrøm	91	Bærumsvømmerne	(0,75)	2.21,04	735
	30,89(30,89)	1.06,09(35,20)	1.42,69(36,60)		2.21,04(38,35)	
4	Marcus Tesdal	90	BS/Åstveit	(0,73)	2.23,65	696
	32,32(32,32)	1.08,94(36,62)	1.46,51(37,57)		2.23,65(37,14)	
5	Markus Vindenes	94	Vestkantsvømmerne	(0,71)	2.25,45	671
	32,68(32,68)	1.09,43(36,75)	1.47,08(37,65)		2.25,45(38,37)	
6	Simen Dale	91	BS/Delfana	(0,87)	2.26,27	659
	32,86(32,86)	1.09,52(36,66)	1.47,80(38,28)		2.26,27(38,47)	
7	Christoffer Tofte Hamborg	93	Vestbyen Trondheim	(0,75)	2.28,04	636
	31,83(31,83)	1.09,93(38,10)	1.49,08(39,15)		2.28,04(38,96)	
8	Erling Mjøs Brattelid	91	BS/Åstveit	(0,72)	2.30,00	611
	31,77(31,77)	1.09,95(38,18)	1.50,10(40,15)		2.30,00(39,90)	



**Øvelse 16. 100m rygg, damer - Finale****Senior**

1	Heidi Vainio Gjøen	88	Lambertseter SK	(1,06)	1.05,57	696
	32,20(32,20)	1.05,57(33,37)				
2	Christine M. Pedersen	93	Lambertseter SK	(0,75)	1.06,69	662
	32,33(32,33)	1.06,69(34,36)				
3	Oda Marie Siljan	92	Asker SK/TiT	(0,73)	1.06,97	654
	32,17(32,17)	1.06,97(34,80)				
4	Karoline Steffensen	96	Harstad SK	(0,60)	1.07,07	651
	33,38(33,38)	1.07,07(33,69)				
5	Andrine Davidsen	95	Lambertseter SK	(0,68)	1.07,86	628
	33,26(33,26)	1.07,86(34,60)				
6	Marte Stamland	96	Poseidon	(0,64)	1.08,07	622
	33,89(33,89)	1.08,07(34,18)				
7	Ina Kvenshagen Gimse	95	Tromsø SK	(0,83)	1.08,42	613
	33,62(33,62)	1.08,42(34,80)				
8	Katrine Jensen	92	BS/Åstveit	(0,69)	1.08,88	601
	33,55(33,55)	1.08,88(35,33)				

**Øvelse 17. 50m butterfly, herrer - Finale****Senior**

1	Aleksander Hetland	82	Bærumsvømmerne	(0,64)	24,49	768	NR
2	Øystein R. Hetland	89	Bærumsvømmerne	(0,68)	25,02	720	
3	Alexander Broberg Skeltved	87	Bergens SC		25,41	688	
4	Sindri T. Jakobsson	91	BS/Delfana	(0,72)	25,42	687	
5	Erlend Ulveseter	92	BS/Åstveit	(0,70)	25,62	671	
6	Jørgen Møllerop	88	Bergens SC	(0,78)	25,84	654	
7	Sindre Eilertsen	90	Lambertseter SK	(0,80)	25,91	649	
8	Fredrik K Hegdal	94	Stavanger SC	(0,69)	26,16	630	

**Funksjonshemmede**

	Bendik Savstad	95	Tverlandet IL	(0,84)	DISK	S10
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**Øvelse 18. 800m fri, damer - Direkte finale****Junior**

1	Elin Slaatmo	92	Hamar IL	(0,93)	8.55,83	784
	30,01(30,01)	1.02,49(32,48)	1.36,17(33,68)	2.09,69(33,52)		
	2.43,48(33,79)	3.17,12(33,64)	3.51,20(34,08)	4.25,17(33,97)		
	4.59,26(34,09)	5.33,67(34,41)	6.07,71(34,04)	6.42,02(34,31)		
	7.16,17(34,15)	7.50,31(34,14)	8.24,11(33,80)	8.55,83(31,72)		
2	Lise Sand Syversen	95	BS/Delfana	(0,87)	9.04,88	746
	30,67(30,67)	1.03,59(32,92)	1.37,63(34,04)	2.12,23(34,60)		
	2.46,88(34,65)	3.21,56(34,68)	3.55,93(34,37)	4.30,63(34,70)		
	5.05,26(34,63)	5.39,91(34,65)	6.15,01(35,10)	6.49,43(34,42)		
	7.24,08(34,65)	7.59,10(35,02)	8.32,68(33,58)	9.04,88(32,20)		
3	Veronica Orheim Bjørlykke	94	Aalesund SLK	(0,83)	9.06,95	737
	30,10(30,10)	1.03,29(33,19)	1.37,75(34,46)	2.11,92(34,17)		
	2.46,53(34,61)	3.20,81(34,28)	3.55,69(34,88)	4.30,25(34,56)		
	5.05,13(34,88)	5.39,61(34,48)	6.14,04(34,43)	6.48,77(34,73)		
	7.23,37(34,60)	7.58,67(35,30)	8.33,28(34,61)	9.06,95(33,67)		

4	Karoline Pedersen	94	BS/Delfana	(0,87)	9.09,92	725
	31,14(31,14)	1.04,62(33,48)	1.38,55(33,93)	2.12,63(34,08)		
	2.47,02(34,39)	3.21,39(34,37)	3.56,21(34,82)	4.30,84(34,63)		
	5.05,56(34,72)	5.40,46(34,90)	6.15,45(34,99)	6.50,46(35,01)		
	7.25,74(35,28)	8.01,00(35,26)	8.35,99(34,99)	9.09,92(33,93)		
5	Eva Marie W. Østerhus	94	Madla SK	(0,94)	9.14,93	706
	31,43(31,43)	1.04,48(33,05)	1.38,99(34,51)	2.13,43(34,44)		
	2.48,58(35,15)	3.23,69(35,11)	3.59,04(35,35)	4.34,29(35,25)		
	5.09,82(35,53)	5.45,29(35,47)	6.20,78(35,49)	6.56,44(35,66)		
	7.31,73(35,29)	8.06,67(34,94)	8.41,28(34,61)	9.14,93(33,65)		
6	Oda Gjerde	95	Bryne SK	(0,78)	9.15,38	704
	32,05(32,05)	1.05,67(33,62)	1.39,81(34,14)	2.14,17(34,36)		
	2.48,82(34,65)	3.23,66(34,84)	3.58,45(34,79)	4.33,51(35,06)		
	5.08,72(35,21)	5.44,18(35,46)	6.19,36(35,18)	6.55,01(35,65)		
	7.30,21(35,20)	8.05,74(35,53)	8.41,07(35,33)	9.15,38(34,31)		
7	Ellen Camilla Hansen	95	Øvre Eiker SK	(0,78)	9.20,43	685
	31,61(31,61)	1.05,52(33,91)	1.40,65(35,13)	2.15,53(34,88)		
	2.50,74(35,21)	3.26,07(35,33)	4.01,59(35,52)	4.37,01(35,42)		
	5.12,75(35,74)	5.48,45(35,70)	6.23,77(35,32)	6.59,66(35,89)		
	7.34,86(35,20)	8.10,48(35,62)	8.46,09(35,61)	9.20,43(34,34)		
8	Andrea Westbye	95	Bærumsvømmerne	(0,83)	9.23,13	675
	31,92(31,92)	1.06,30(34,38)	1.40,99(34,69)	2.15,88(34,89)		
	2.51,06(35,18)	3.26,46(35,40)	4.01,84(35,38)	4.37,45(35,61)		
	5.12,71(35,26)	5.48,40(35,69)	6.24,22(35,82)	7.00,25(36,03)		
	7.35,99(35,74)	8.12,20(36,21)	8.47,95(35,75)	9.23,13(35,18)		
9	Elin Haugland	96	BS/Delfana	(0,81)	9.26,04	665
	31,67(31,67)	1.06,20(34,53)	1.41,58(35,38)	2.17,03(35,45)		
	2.52,72(35,69)	3.27,80(35,08)	4.03,60(35,80)	4.39,34(35,74)		
	5.15,45(36,11)	5.51,37(35,92)	6.27,89(36,52)	7.03,88(35,99)		
	7.40,37(36,49)	8.15,92(35,55)	8.51,98(36,06)	9.26,04(34,06)		
10	Malene M. Pedersen	96	Lambertseter SK	(0,85)	9.26,89	662
	32,99(32,99)	1.08,38(35,39)	1.43,62(35,24)	2.18,97(35,35)		
	2.54,68(35,71)	3.30,04(35,36)	4.05,60(35,56)	4.41,54(35,94)		
	5.17,35(35,81)	5.53,28(35,93)	6.29,44(36,16)	7.05,17(35,73)		
	7.41,27(36,10)	8.17,12(35,85)	8.52,89(35,77)	9.26,89(34,00)		
11	Siri Anette Sønju	92	Asker SK/NTG	(0,96)	9.35,20	634
	32,06(32,06)	1.06,48(34,42)	1.41,78(35,30)	2.17,86(36,08)		
	2.53,48(35,62)	3.29,85(36,37)	4.05,82(35,97)	4.42,54(36,72)		
	5.18,89(36,35)	5.55,65(36,76)	6.32,19(36,54)	7.09,09(36,90)		
	7.45,69(36,60)	8.22,64(36,95)	8.59,04(36,40)	9.35,20(36,16)		
12	Maria Wigestrånd	94	Madla SK	(0,93)	9.36,84	628
	31,82(31,82)	1.06,69(34,87)	1.42,65(35,96)	2.18,78(36,13)		
	2.55,53(36,75)	3.32,15(36,62)	4.08,42(36,27)	4.44,85(36,43)		
	5.21,96(37,11)	5.58,99(37,03)	6.35,73(36,74)	7.12,44(36,71)		
	7.49,06(36,62)	8.25,61(36,55)	9.01,68(36,07)	9.36,84(35,16)		
13	Tone Lill Evanger	96	BS/Delfana	(0,93)	9.37,21	627
	33,18(33,18)	1.08,80(35,62)	1.44,93(36,13)	2.21,31(36,38)		
	2.57,75(36,44)	3.34,34(36,59)	4.10,59(36,25)	4.47,42(36,83)		
	5.24,05(36,63)	6.00,76(36,71)	6.37,44(36,68)	7.14,00(36,56)		
	7.50,42(36,42)	8.27,04(36,62)	9.02,64(35,60)	9.37,21(34,57)		
14	Majken Smith	97	Asker SK	(0,88)	9.38,31	624
	33,50(33,50)	1.09,58(36,08)	1.46,38(36,80)	2.23,23(36,85)		
	3.00,01(36,78)	3.36,97(36,96)	4.13,58(36,61)	4.49,87(36,29)		
	5.26,19(36,32)	6.02,39(36,20)	6.38,86(36,47)	7.14,93(36,07)		
	7.51,19(36,26)	8.27,50(36,31)	9.03,61(36,11)	9.38,31(34,70)		
15	Julie Rønningsen	94	Lambertseter SK	(1,07)	9.39,14	621
	33,19(33,19)	1.09,00(35,81)	1.44,90(35,90)	2.20,69(35,79)		
	2.57,68(36,99)	3.33,77(36,09)	4.10,83(37,06)	4.47,43(36,60)		
	5.24,30(36,87)	6.00,79(36,49)	6.37,70(36,91)	7.14,49(36,79)		
	7.51,78(37,29)	8.28,50(36,72)	9.05,09(36,59)	9.39,14(34,05)		
16	Lisa Skogeng	96	BS/Delfana	(0,87)	9.40,90	615
	32,32(32,32)	1.07,07(34,75)	1.42,58(35,51)	2.18,44(35,86)		
	2.54,63(36,19)	3.31,15(36,52)	4.07,62(36,47)	4.44,80(37,18)		
	5.21,62(36,82)	5.58,95(37,33)	6.36,10(37,15)	7.13,74(37,64)		
	7.50,86(37,12)	8.28,72(37,86)	9.06,09(37,37)	9.40,90(34,81)		
17	Ingeborg Jørmeland	96	Stavanger SC	(0,79)	9.44,26	605
	32,48(32,48)	1.09,01(36,53)	1.45,06(36,05)	2.21,74(36,68)		
	2.57,78(36,04)	3.34,91(37,13)	4.11,58(36,67)	4.48,72(37,14)		
	5.25,53(36,81)	6.02,98(37,45)	6.40,05(37,07)	7.17,48(37,43)		
	7.54,61(37,13)	8.31,67(37,06)	9.08,37(36,70)	9.44,26(35,89)		

18	Elida Hole	96	Vestkantsvømmerne	(0,74)	9.46,94	597
	32,90(32,90)	1.09,34(36,44)	1.45,90(36,56)	2.22,94(37,04)		
	2.59,52(36,58)	3.36,72(37,20)	4.13,78(37,06)	4.50,82(37,04)		
	5.27,46(36,64)	6.04,98(37,52)	6.41,74(36,76)	7.18,94(37,20)		
	7.55,76(36,82)	8.33,64(37,88)	9.10,84(37,20)	9.46,94(36,10)		
19	Anna Bølgen	95	Bærumsvømmerne	(0,92)	9.48,33	592
	32,74(32,74)	1.09,01(36,27)	1.46,04(37,03)	2.22,56(36,52)		
	2.59,54(36,98)	3.36,29(36,75)	4.13,21(36,92)	4.50,11(36,90)		
	5.26,42(36,31)	6.03,20(36,78)	6.39,97(36,77)	7.17,70(37,73)		
	7.55,35(37,65)	8.33,49(38,14)	9.11,07(37,58)	9.48,33(37,26)		
20	Tina Schütz	96	Vestkantsvømmerne	(0,81)	9.49,46	589
	33,26(33,26)	1.09,82(36,56)	1.46,79(36,97)	2.23,39(36,60)		
	3.00,49(37,10)	3.37,50(37,01)	4.14,75(37,25)	4.52,28(37,53)		
	5.29,53(37,25)	6.06,87(37,34)	6.44,24(37,37)	7.21,96(37,72)		
	7.59,36(37,40)	8.36,56(37,20)	9.13,43(36,87)	9.49,46(36,03)		
21	Natalie Kosiander	98	Skjetten Svømming	(0,84)	9.49,83	588
	33,66(33,66)	1.10,11(36,45)	1.47,46(37,35)	2.24,68(37,22)		
	3.01,57(36,89)	3.38,52(36,95)	4.15,27(36,75)	4.51,88(36,61)		
	5.28,73(36,85)	6.05,79(37,06)	6.42,73(36,94)	7.19,93(37,20)		
	7.57,32(37,39)	8.35,33(38,01)	9.13,00(37,67)	9.49,83(36,83)		
22	Karianne Reinertsen	97	BS/Delfana	(0,87)	9.58,04	564
	32,81(32,81)	1.08,65(35,84)	1.44,71(36,06)	2.21,83(37,12)		
	2.58,98(37,15)	3.36,49(37,51)	4.14,72(38,23)	4.52,23(37,51)		
	5.30,36(38,13)	6.08,63(38,27)	6.47,02(38,39)	7.25,38(38,36)		
	8.03,31(37,93)	8.41,77(38,46)	9.20,32(38,55)	9.58,04(37,72)		

## Senior

1	Cecilie W. Johannessen	90	Bergens SC	(0,84)	8.54,08	792
	29,87(29,87)	1.02,86(32,99)	1.36,42(33,56)	2.10,11(33,69)		
	2.44,06(33,95)	3.17,94(33,88)	3.51,84(33,90)	4.26,75(34,91)		
	5.00,42(33,67)	5.33,72(33,30)	6.07,19(33,47)	6.40,57(33,38)		
	7.14,32(33,75)	7.48,40(34,08)	8.21,87(33,47)	8.54,08(32,21)		
2	Elin Slaatmo	92	Hamar IL	(0,93)	8.55,83	784
	30,01(30,01)	1.02,49(32,48)	1.36,17(33,68)	2.09,69(33,52)		
	2.43,48(33,79)	3.17,12(33,64)	3.51,20(34,08)	4.25,17(33,97)		
	4.59,26(34,09)	5.33,67(34,41)	6.07,71(34,04)	6.42,02(34,31)		
	7.16,17(34,15)	7.50,31(34,14)	8.24,11(33,80)	8.55,83(31,72)		
3	Lise Sand Syversen	95	BS/Delfana	(0,87)	9.04,88	746
	30,67(30,67)	1.03,59(32,92)	1.37,63(34,04)	2.12,23(34,60)		
	2.46,88(34,65)	3.21,56(34,68)	3.55,93(34,37)	4.30,63(34,70)		
	5.05,26(34,63)	5.39,91(34,65)	6.15,01(35,10)	6.49,43(34,42)		
	7.24,08(34,65)	7.59,10(35,02)	8.32,68(33,58)	9.04,88(32,20)		
4	Veronica Orheim Bjørlykke	94	Aalesund SLK	(0,83)	9.06,95	737
	30,10(30,10)	1.03,29(33,19)	1.37,75(34,46)	2.11,92(34,17)		
	2.46,53(34,61)	3.20,81(34,28)	3.55,69(34,88)	4.30,25(34,56)		
	5.05,13(34,88)	5.39,61(34,48)	6.14,04(34,43)	6.48,77(34,73)		
	7.23,37(34,60)	7.58,67(35,30)	8.33,28(34,61)	9.06,95(33,67)		
5	Karoline Pedersen	94	BS/Delfana	(0,87)	9.09,92	725
	31,14(31,14)	1.04,62(33,48)	1.38,55(33,93)	2.12,63(34,08)		
	2.47,02(34,39)	3.21,39(34,37)	3.56,21(34,82)	4.30,84(34,63)		
	5.05,56(34,72)	5.40,46(34,90)	6.15,45(34,99)	6.50,46(35,01)		
	7.25,74(35,28)	8.01,00(35,26)	8.35,99(34,99)	9.09,92(33,93)		
6	Eva Marie W. Østerhus	94	Madla SK	(0,94)	9.14,93	706
	31,43(31,43)	1.04,48(33,05)	1.38,99(34,51)	2.13,43(34,44)		
	2.48,58(35,15)	3.23,69(35,11)	3.59,04(35,35)	4.34,29(35,25)		
	5.09,82(35,53)	5.45,29(35,47)	6.20,78(35,49)	6.56,44(35,66)		
	7.31,73(35,29)	8.06,67(34,94)	8.41,28(34,61)	9.14,93(33,65)		
7	Oda Gjerde	95	Bryne SK	(0,78)	9.15,38	704
	32,05(32,05)	1.05,67(33,62)	1.39,81(34,14)	2.14,17(34,36)		
	2.48,82(34,65)	3.23,66(34,84)	3.58,45(34,79)	4.33,51(35,06)		
	5.08,72(35,21)	5.44,18(35,46)	6.19,36(35,18)	6.55,01(35,65)		
	7.30,21(35,20)	8.05,74(35,53)	8.41,07(35,33)	9.15,38(34,31)		
8	Ellen Camilla Hansen	95	Øvre Eiker SK	(0,78)	9.20,43	685
	31,61(31,61)	1.05,52(33,91)	1.40,65(35,13)	2.15,53(34,88)		
	2.50,74(35,21)	3.26,07(35,33)	4.01,59(35,52)	4.37,01(35,42)		
	5.12,75(35,74)	5.48,45(35,70)	6.23,77(35,32)	6.59,66(35,89)		
	7.34,86(35,20)	8.10,48(35,62)	8.46,09(35,61)	9.20,43(34,34)		

9	Andrea Westbye	95	Bærumsvømmerne	(0,83)	9.23,13	675
	31,92(31,92)	1.06,30(34,38)	1.40,99(34,69)	2.15,88(34,89)		
	2.51,06(35,18)	3.26,46(35,40)	4.01,84(35,38)	4.37,45(35,61)		
	5.12,71(35,26)	5.48,40(35,69)	6.24,22(35,82)	7.00,25(36,03)		
	7.35,99(35,74)	8.12,20(36,21)	8.47,95(35,75)	9.23,13(35,18)		
10	Elin Haugland	96	BS/Delfana	(0,81)	9.26,04	665
	31,67(31,67)	1.06,20(34,53)	1.41,58(35,38)	2.17,03(35,45)		
	2.52,72(35,69)	3.27,80(35,08)	4.03,60(35,80)	4.39,34(35,74)		
	5.15,45(36,11)	5.51,37(35,92)	6.27,89(36,52)	7.03,88(35,99)		
	7.40,37(36,49)	8.15,92(35,55)	8.51,98(36,06)	9.26,04(34,06)		
11	Malene M. Pedersen	96	Lambertseter SK	(0,85)	9.26,89	662
	32,99(32,99)	1.08,38(35,39)	1.43,62(35,24)	2.18,97(35,35)		
	2.54,68(35,71)	3.30,04(35,36)	4.05,60(35,56)	4.41,54(35,94)		
	5.17,35(35,81)	5.53,28(35,93)	6.29,44(36,16)	7.05,17(35,73)		
	7.41,27(36,10)	8.17,12(35,85)	8.52,89(35,77)	9.26,89(34,00)		
12	Gina B. Andersen	90	Lambertseter SK	(0,87)	9.27,53	660
	32,11(32,11)	1.05,68(33,57)	1.41,00(35,32)	2.16,40(35,40)		
	2.51,94(35,54)	3.27,83(35,89)	4.03,72(35,89)	4.40,19(36,47)		
	5.16,66(36,47)	5.52,26(35,60)	6.28,57(36,31)	7.04,75(36,18)		
	7.41,06(36,31)	8.16,96(35,90)	8.52,97(36,01)	9.27,53(34,56)		
13	Siri Anette Sønju	92	Asker SK/NTG	(0,96)	9.35,20	634
	32,06(32,06)	1.06,48(34,42)	1.41,78(35,30)	2.17,86(36,08)		
	2.53,48(35,62)	3.29,85(36,37)	4.05,82(35,97)	4.42,54(36,72)		
	5.18,89(36,35)	5.55,65(36,76)	6.32,19(36,54)	7.09,09(36,90)		
	7.45,69(36,60)	8.22,64(36,95)	8.59,04(36,40)	9.35,20(36,16)		
14	Maria Wigestrånd	94	Madla SK	(0,93)	9.36,84	628
	31,82(31,82)	1.06,69(34,87)	1.42,65(35,96)	2.18,78(36,13)		
	2.55,53(36,75)	3.32,15(36,62)	4.08,42(36,27)	4.44,85(36,43)		
	5.21,96(37,11)	5.58,99(37,03)	6.35,73(36,74)	7.12,44(36,71)		
	7.49,06(36,62)	8.25,61(36,55)	9.01,68(36,07)	9.36,84(35,16)		
15	Tone Lill Evanger	96	BS/Delfana	(0,93)	9.37,21	627
	33,18(33,18)	1.08,80(35,62)	1.44,93(36,13)	2.21,31(36,38)		
	2.57,75(36,44)	3.34,34(36,59)	4.10,59(36,25)	4.47,42(36,83)		
	5.24,05(36,63)	6.00,76(36,71)	6.37,44(36,68)	7.14,00(36,56)		
	7.50,42(36,42)	8.27,04(36,62)	9.02,64(35,60)	9.37,21(34,57)		
16	Majken Smith	97	Asker SK	(0,88)	9.38,31	624
	33,50(33,50)	1.09,58(36,08)	1.46,38(36,80)	2.23,23(36,85)		
	3.00,01(36,78)	3.36,97(36,96)	4.13,58(36,61)	4.49,87(36,29)		
	5.26,19(36,32)	6.02,39(36,20)	6.38,86(36,47)	7.14,93(36,07)		
	7.51,19(36,26)	8.27,50(36,31)	9.03,61(36,11)	9.38,31(34,70)		
17	Julie Rønningsen	94	Lambertseter SK	(1,07)	9.39,14	621
	33,19(33,19)	1.09,00(35,81)	1.44,90(35,90)	2.20,69(35,79)		
	2.57,68(36,99)	3.33,77(36,09)	4.10,83(37,06)	4.47,43(36,60)		
	5.24,30(36,87)	6.00,79(36,49)	6.37,70(36,91)	7.14,49(36,79)		
	7.51,78(37,29)	8.28,50(36,72)	9.05,09(36,59)	9.39,14(34,05)		
18	Lisa Skogeng	96	BS/Delfana	(0,87)	9.40,90	615
	32,32(32,32)	1.07,07(34,75)	1.42,58(35,51)	2.18,44(35,86)		
	2.54,63(36,19)	3.31,15(36,52)	4.07,62(36,47)	4.44,80(37,18)		
	5.21,62(36,82)	5.58,95(37,33)	6.36,10(37,15)	7.13,74(37,64)		
	7.50,86(37,12)	8.28,72(37,86)	9.06,09(37,37)	9.40,90(34,81)		
19	Ingeborg Jørmeland	96	Stavanger SC	(0,79)	9.44,26	605
	32,48(32,48)	1.09,01(36,53)	1.45,06(36,05)	2.21,74(36,68)		
	2.57,78(36,04)	3.34,91(37,13)	4.11,58(36,67)	4.48,72(37,14)		
	5.25,53(36,81)	6.02,98(37,45)	6.40,05(37,07)	7.17,48(37,43)		
	7.54,61(37,13)	8.31,67(37,06)	9.08,37(36,70)	9.44,26(35,89)		
20	Elida Hole	96	Vestkantsvømmerne	(0,74)	9.46,94	597
	32,90(32,90)	1.09,34(36,44)	1.45,90(36,56)	2.22,94(37,04)		
	2.59,52(36,58)	3.36,72(37,20)	4.13,78(37,06)	4.50,82(37,04)		
	5.27,46(36,64)	6.04,98(37,52)	6.41,74(36,76)	7.18,94(37,20)		
	7.55,76(36,82)	8.33,64(37,88)	9.10,84(37,20)	9.46,94(36,10)		
21	Anna Bølgen	95	Bærumsvømmerne	(0,92)	9.48,33	592
	32,74(32,74)	1.09,01(36,27)	1.46,04(37,03)	2.22,56(36,52)		
	2.59,54(36,98)	3.36,29(36,75)	4.13,21(36,92)	4.50,11(36,90)		
	5.26,42(36,31)	6.03,20(36,78)	6.39,97(36,77)	7.17,70(37,73)		
	7.55,35(37,65)	8.33,49(38,14)	9.11,07(37,58)	9.48,33(37,26)		
22	Tina Schütz	96	Vestkantsvømmerne	(0,81)	9.49,46	589
	33,26(33,26)	1.09,82(36,56)	1.46,79(36,97)	2.23,39(36,60)		
	3.00,49(37,10)	3.37,50(37,01)	4.14,75(37,25)	4.52,28(37,53)		
	5.29,53(37,25)	6.06,87(37,34)	6.44,24(37,37)	7.21,96(37,72)		
	7.59,36(37,40)	8.36,56(37,20)	9.13,43(36,87)	9.49,46(36,03)		

23	Natalie Kosiander	98	Skjetten Svømming	(0,84)	9.49,83	588
	33,66(33,66)	1.10,11(36,45)	1.47,46(37,35)	2.24,68(37,22)		
	3.01,57(36,89)	3.38,52(36,95)	4.15,27(36,75)	4.51,88(36,61)		
	5.28,73(36,85)	6.05,79(37,06)	6.42,73(36,94)	7.19,93(37,20)		
	7.57,32(37,39)	8.35,33(38,01)	9.13,00(37,67)	9.49,83(36,83)		
24	Karianne Reinertsen	97	BS/Delfana	(0,87)	9.58,04	564
	32,81(32,81)	1.08,65(35,84)	1.44,71(36,06)	2.21,83(37,12)		
	2.58,98(37,15)	3.36,49(37,51)	4.14,72(38,23)	4.52,23(37,51)		
	5.30,36(38,13)	6.08,63(38,27)	6.47,02(38,39)	7.25,38(38,36)		
	8.03,31(37,93)	8.41,77(38,46)	9.20,32(38,55)	9.58,04(37,72)		

## Øvelse 19. 1500m fri, herrer - Direkte finale

### Junior

1	Oscar Slaatmo	94	Hamar IL	(0,86)	16.18,03	715
	29,48(29,48)	1.01,22(31,74)	1.33,07(31,85)	2.05,12(32,05)		
	2.37,46(32,34)	3.09,80(32,34)	3.42,51(32,71)	4.15,06(32,55)		
	4.47,50(32,44)	5.20,05(32,55)	5.52,73(32,68)	6.25,70(32,97)		
	6.58,57(32,87)	7.31,58(33,01)	8.04,33(32,75)	8.37,31(32,98)		
	9.10,52(33,21)	9.43,72(33,20)	10.16,89(33,17)	10.50,01(33,12)		
	11.23,13(33,12)	11.56,47(33,34)	12.29,64(33,17)	13.03,03(33,39)		
	13.36,21(33,18)	14.09,39(33,18)	14.42,71(33,32)	15.16,03(33,32)		
	15.48,17(32,14)	16.18,03(29,86)				
2	Henrik Christiansen	96	Skjetten Svømming	(0,82)	16.20,95	709
	30,41(30,41)	1.02,90(32,49)	1.35,62(32,72)	2.08,50(32,88)		
	2.41,09(32,59)	3.13,89(32,80)	3.46,59(32,70)	4.19,69(33,10)		
	4.52,81(33,12)	5.25,28(32,47)	5.58,14(32,86)	6.31,45(33,31)		
	7.03,72(32,27)	7.36,52(32,80)	8.08,88(32,36)	8.41,58(32,70)		
	9.14,30(32,72)	9.46,95(32,65)	10.20,02(33,07)	10.52,59(32,57)		
	11.25,37(32,78)	11.58,17(32,80)	12.30,90(32,73)	13.04,01(33,11)		
	13.37,14(33,13)	14.10,12(32,98)	14.43,15(33,03)	15.16,12(32,97)		
	15.48,89(32,77)	16.20,95(32,06)				
3	Morten Bordervich	94	Madla SK	(0,74)	16.28,25	693
	29,68(29,68)	1.01,73(32,05)	1.33,31(31,58)	2.05,49(32,18)		
	2.37,92(32,43)	3.09,98(32,06)	3.43,23(33,25)	4.16,01(32,78)		
	4.48,80(32,79)	5.21,38(32,58)	5.54,42(33,04)	6.27,16(32,74)		
	7.00,79(33,63)	7.33,52(32,73)	8.07,67(34,15)	8.41,18(33,51)		
	9.14,49(33,31)	9.47,80(33,31)	10.20,36(32,56)	10.53,56(33,20)		
	11.26,57(33,01)	11.59,50(32,93)	12.33,02(33,52)	13.08,05(35,03)		
	13.42,44(34,39)	14.16,48(34,04)	14.49,37(32,89)	15.22,61(33,24)		
	15.55,05(32,44)	16.28,25(33,20)				
4	Eivind Johannesen	92	BS/Åstveit	(0,83)	16.52,50	644
	30,35(30,35)	1.03,45(33,10)	1.37,18(33,73)	2.10,94(33,76)		
	2.44,75(33,81)	3.18,46(33,71)	3.52,21(33,75)	4.26,10(33,89)		
	5.00,04(33,94)	5.33,93(33,89)	6.07,78(33,85)	6.41,92(34,14)		
	7.16,17(34,25)	7.50,25(34,08)	8.24,83(34,58)	8.58,96(34,13)		
	9.33,22(34,26)	10.07,24(34,02)	10.41,63(34,39)	11.15,98(34,35)		
	11.50,09(34,11)	12.23,91(33,82)	12.58,03(34,12)	13.32,22(34,19)		
	14.06,23(34,01)	14.40,35(34,12)	15.14,22(33,87)	15.48,32(34,10)		
	16.20,96(32,64)	16.52,50(31,54)				
5	Ole Martin Bjørlykke	96	Aalesund SLK	(0,86)	16.55,87	638
	31,26(31,26)	1.05,19(33,93)	1.39,51(34,32)	2.13,72(34,21)		
	2.48,20(34,48)	3.22,32(34,12)	3.56,96(34,64)	4.31,02(34,06)		
	5.05,10(34,08)	5.38,94(33,84)	6.13,10(34,16)	6.47,17(34,07)		
	7.21,11(33,94)	7.54,84(33,73)	8.28,91(34,07)	9.02,67(33,76)		
	9.36,60(33,93)	10.10,28(33,68)	10.43,89(33,61)	11.17,69(33,80)		
	11.51,35(33,66)	12.25,51(34,16)	12.59,27(33,76)	13.33,27(34,00)		
	14.07,09(33,82)	14.41,48(34,39)	15.15,32(33,84)	15.49,19(33,87)		
	16.23,04(33,85)	16.55,87(32,83)				
6	Øystein Fjeldberg	93	Randaberg IL	(0,93)	16.56,34	637
	30,84(30,84)	1.05,11(34,27)	1.39,79(34,68)	2.14,67(34,88)		
	2.48,71(34,04)	3.22,84(34,13)	3.56,14(33,30)	4.29,64(33,50)		
	5.03,04(33,40)	5.37,34(34,30)	6.11,22(33,88)	6.45,73(34,51)		
	7.19,98(34,25)	7.54,11(34,13)	8.28,02(33,91)	9.02,22(34,20)		
	9.36,41(34,19)	10.10,79(34,38)	10.45,05(34,26)	11.19,49(34,44)		
	11.53,51(34,02)	12.28,60(35,09)	13.02,72(34,12)	13.36,95(34,23)		
	14.10,75(33,80)	14.45,17(34,42)	15.19,27(34,10)	15.53,23(33,96)		
	16.25,01(31,78)	16.56,34(31,33)				

7	Sondre Kallhovd	93	Lambertseter SK	(0,84)	16.59,62	631
	31,51(31,51)	1.05,85(34,34)	1.39,75(33,90)	2.14,32(34,57)		
	2.48,48(34,16)	3.23,16(34,68)	3.57,20(34,04)	4.31,56(34,36)		
	5.05,66(34,10)	5.39,80(34,14)	6.13,50(33,70)	6.47,93(34,43)		
	7.21,99(34,06)	7.56,55(34,56)	8.30,53(33,98)	9.04,82(34,29)		
	9.38,33(33,51)	10.12,45(34,12)	10.46,22(33,77)	11.20,52(34,30)		
	11.54,62(34,10)	12.28,66(34,04)	13.02,79(34,13)	13.36,87(34,08)		
	14.11,09(34,22)	14.45,66(34,57)	15.19,77(34,11)	15.53,75(33,98)		
	16.27,31(33,56)	16.59,62(32,31)				
8	Jonas Ødegård Aanby	95	BS/Delfana	(0,84)	16.59,74	631
	30,43(30,43)	1.02,69(32,26)		2.09,59(1.06,90)		
	2.43,18(33,59)	3.16,59(33,41)	3.50,44(33,85)	4.23,85(33,41)		
	4.57,35(33,50)	5.31,02(33,67)	6.05,05(34,03)	6.39,06(34,01)		
	7.13,25(34,19)	7.46,89(33,64)	8.20,82(33,93)	8.54,79(33,97)		
	9.29,34(34,55)	10.03,71(34,37)	10.38,09(34,38)	11.12,19(34,10)		
	11.46,37(34,18)	12.20,67(34,30)	12.55,59(34,92)	13.30,16(34,57)		
	14.05,10(34,94)	14.40,02(34,92)	15.15,22(35,20)	15.50,38(35,16)		
	16.25,52(35,14)	16.59,74(34,22)				
9	Henrik Søfteland	95	BS/Delfana	(0,80)	17.10,83	611
	30,21(30,21)	1.02,69(32,48)	1.36,18(33,49)	2.10,31(34,13)		
	2.44,84(34,53)	3.19,46(34,62)	3.54,22(34,76)	4.28,78(34,56)		
	5.03,71(34,93)	5.38,54(34,83)	6.13,76(35,22)	6.48,62(34,86)		
	7.24,04(35,42)	7.59,30(35,26)	8.34,76(35,46)	9.08,07(33,31)		
	9.42,72(34,65)	10.17,31(34,59)	10.51,94(34,63)	11.26,19(34,25)		
	12.01,12(34,93)	12.35,49(34,37)	13.10,59(35,10)	13.45,07(34,48)		
	14.19,51(34,44)	14.53,92(34,41)	15.28,63(34,71)	16.02,88(34,25)		
	16.37,22(34,34)	17.10,83(33,61)				
10	Ørjan Monsen	92	Madla SK	(0,83)	17.13,42	606
	30,17(30,17)	1.02,83(32,66)	1.36,53(33,70)	2.10,13(33,60)		
	2.44,13(34,00)	3.18,49(34,36)	3.52,76(34,27)	4.27,35(34,59)		
	5.01,85(34,50)	5.36,62(34,77)	6.11,56(34,94)	6.46,47(34,91)		
	7.21,38(34,91)	7.56,15(34,77)	8.30,95(34,80)	9.06,23(35,28)		
	9.40,95(34,72)	10.16,11(35,16)	10.50,87(34,76)	11.25,80(34,93)		
	12.00,62(34,82)	12.35,68(35,06)	13.10,52(34,84)	13.45,56(35,04)		
	14.20,50(34,94)	14.55,72(35,22)	15.30,53(34,81)	16.05,50(34,97)		
	16.39,75(34,25)	17.13,42(33,67)				
11	Tim Samuelsen	97	Madla SK	(0,95)	17.18,81	597
	31,62(31,62)	1.05,79(34,17)	1.40,32(34,53)	2.14,92(34,60)		
	2.49,23(34,31)	3.23,51(34,28)	3.57,81(34,30)	4.32,12(34,31)		
	5.06,61(34,49)	5.40,89(34,28)	6.15,39(34,50)	6.50,10(34,71)		
	7.24,65(34,55)	7.59,50(34,85)	8.34,21(34,71)	9.08,71(34,50)		
	9.43,56(34,85)	10.18,78(35,22)	10.53,85(35,07)	11.28,69(34,84)		
	12.03,26(34,57)	12.38,10(34,84)	13.13,12(35,02)	13.48,27(35,15)		
	14.23,26(34,99)	14.58,30(35,04)	15.33,41(35,11)	16.08,68(35,27)		
	16.43,92(35,24)	17.18,81(34,89)				
12	Lars Rugsveen	94	Elverum Svømming	(0,73)	17.21,52	592
	30,77(30,77)	1.04,62(33,85)	1.39,04(34,42)	2.12,72(33,68)		
	2.46,33(33,61)	3.20,05(33,72)	3.54,22(34,17)	4.27,94(33,72)		
	5.02,30(34,36)	5.36,53(34,23)	6.10,83(34,30)	6.45,60(34,77)		
	7.20,32(34,72)	7.55,01(34,69)	8.29,32(34,31)	9.03,43(34,11)		
	9.37,88(34,45)	10.12,52(34,64)	10.47,66(35,14)	11.23,11(35,45)		
	11.58,76(35,65)	12.34,59(35,83)	13.09,97(35,38)	13.46,05(36,08)		
	14.22,05(36,00)	14.58,36(36,31)	15.34,00(35,64)	16.10,04(36,04)		
	16.46,32(36,28)	17.21,52(35,20)				
13	Jørgen Gundersen	95	Lørenskog/Rælingen	(0,74)	17.33,48	572
	31,53(31,53)	1.05,61(34,08)	1.39,84(34,23)	2.14,32(34,48)		
	2.48,83(34,51)	3.23,75(34,92)	3.58,74(34,99)	4.33,77(35,03)		
	5.08,97(35,20)	5.44,41(35,44)	6.19,33(34,92)	6.54,38(35,05)		
	7.29,91(35,53)	8.05,32(35,41)	8.40,84(35,52)	9.16,12(35,28)		
	9.51,82(35,70)	10.27,27(35,45)	11.03,03(35,76)	11.38,65(35,62)		
	12.14,50(35,85)	12.49,97(35,47)	13.25,73(35,76)	14.01,28(35,55)		
	14.37,33(36,05)	15.12,93(35,60)	15.49,16(36,23)	16.25,13(35,97)		
	16.59,92(34,79)	17.33,48(33,56)				
14	Martin P. Sletbakken	92	Sortland SLK	(0,82)	17.51,99	543
	30,48(30,48)	1.05,21(34,73)	1.40,00(34,79)	2.15,45(35,45)		
	2.49,96(34,51)	3.24,94(34,98)	3.59,58(34,64)	4.35,10(35,52)		
	5.10,26(35,16)	5.45,49(35,23)	6.20,94(35,45)	6.56,89(35,95)		
	7.32,64(35,75)	8.08,05(35,41)	8.43,88(35,83)	9.19,99(36,11)		
	9.56,18(36,19)	10.32,70(36,52)	11.09,16(36,46)	11.45,65(36,49)		
	12.22,37(36,72)	12.59,11(36,74)	13.36,30(37,19)	14.13,00(36,70)		
	14.50,02(37,02)	15.27,48(37,46)	16.03,82(36,34)	16.41,35(37,53)		
	17.17,36(36,01)	17.51,99(34,63)				

15	Ole Martin Turøy	95	Stavanger SC	(0,79)	17.57,72	534
	30,65(30,65)	1.04,47(33,82)	1.39,75(35,28)	2.14,90(35,15)		
	2.50,47(35,57)	3.25,64(35,17)	4.01,52(35,88)	4.37,10(35,58)		
	5.13,20(36,10)	5.49,04(35,84)	6.25,06(36,02)	7.00,56(35,50)		
	7.36,90(36,34)	8.13,45(36,55)	8.50,12(36,67)	9.26,56(36,44)		
	10.03,45(36,89)	10.39,95(36,50)	11.17,27(37,32)	11.53,61(36,34)		
	12.30,96(37,35)	13.07,69(36,73)	13.45,06(37,37)	14.21,60(36,54)		
	14.59,02(37,42)	15.35,34(36,32)	16.12,40(37,06)	16.48,51(36,11)		
	17.24,89(36,38)	17.57,72(32,83)				
16	Kristian Blummenfelt	94	Vestkantsvømmerne	(0,80)	17.58,70	533
	32,46(32,46)	1.07,57(35,11)	1.44,31(36,74)	2.19,68(35,37)		
	2.55,70(36,02)	3.31,45(35,75)	4.07,90(36,45)	4.43,35(35,45)		
	5.19,31(35,96)	5.55,58(36,27)	6.31,30(35,72)	7.06,96(35,66)		
	7.43,13(36,17)	8.19,19(36,06)	8.55,26(36,07)	9.31,19(35,93)		
	10.07,26(36,07)	10.43,37(36,11)	11.20,18(36,81)	11.56,23(36,05)		
	12.32,73(36,50)	13.09,19(36,46)	13.45,49(36,30)	14.22,07(36,58)		
	14.58,36(36,29)	15.35,11(36,75)	16.11,34(36,23)	16.47,91(36,57)		
	17.24,32(36,41)	17.58,70(34,38)				
17	Martin Næss Kjølholdt	95	Kolbotn IL	(0,81)	18.02,13	528
	31,14(31,14)	1.05,58(34,44)	1.40,08(34,50)	2.14,19(34,11)		
	2.48,64(34,45)	3.22,98(34,34)	3.57,88(34,90)	4.33,18(35,30)		
	5.09,26(36,08)	5.45,15(35,89)	6.21,37(36,22)	6.57,80(36,43)		
	7.33,99(36,19)	8.10,64(36,65)	8.47,12(36,48)	9.23,85(36,73)		
	10.01,00(37,15)	10.37,73(36,73)	11.14,84(37,11)	11.51,60(36,76)		
	12.28,84(37,24)	13.05,92(37,08)	13.43,32(37,40)	14.20,36(37,04)		
	14.57,60(37,24)	15.34,70(37,10)	16.11,51(36,81)	16.49,26(37,75)		
	17.26,30(37,04)	18.02,13(35,83)				
18	Henry Ravndal	93	Sandnes SLK	(0,78)	18.20,83	501
	30,61(30,61)	1.05,30(34,69)	1.40,27(34,97)	2.15,06(34,79)		
	2.49,65(34,59)	3.24,19(34,54)	3.59,35(35,16)	4.35,63(36,28)		
	5.12,65(37,02)	5.50,28(37,63)	6.27,20(36,92)	7.04,32(37,12)		
	7.42,32(38,00)	8.19,38(37,06)	8.57,07(37,69)	9.34,46(37,39)		
	10.11,77(37,31)	10.50,41(38,64)	11.28,44(38,03)	12.06,32(37,88)		
	12.44,27(37,95)	13.22,17(37,90)	14.00,87(38,70)	14.39,99(39,12)		
	15.17,36(37,37)	15.55,07(37,71)	16.32,11(37,04)	17.08,85(36,74)		
	17.45,29(36,44)	18.20,83(35,54)				

## Senior

1	Oscar Slaatmo	94	Hamar IL	(0,86)	16.18,03	715
	29,48(29,48)	1.01,22(31,74)	1.33,07(31,85)	2.05,12(32,05)		
	2.37,46(32,34)	3.09,80(32,34)	3.42,51(32,71)	4.15,06(32,55)		
	4.47,50(32,44)	5.20,05(32,55)	5.52,73(32,68)	6.25,70(32,97)		
	6.58,57(32,87)	7.31,58(33,01)	8.04,33(32,75)	8.37,31(32,98)		
	9.10,52(33,21)	9.43,72(33,20)	10.16,89(33,17)	10.50,01(33,12)		
	11.23,13(33,12)	11.56,47(33,34)	12.29,64(33,17)	13.03,03(33,39)		
	13.36,21(33,18)	14.09,39(33,18)	14.42,71(33,32)	15.16,03(33,32)		
	15.48,17(32,14)	16.18,03(29,86)				
2	Henrik Christiansen	96	Skjetten Svømming	(0,82)	16.20,95	709
	30,41(30,41)	1.02,90(32,49)	1.35,62(32,72)	2.08,50(32,88)		
	2.41,09(32,59)	3.13,89(32,80)	3.46,59(32,70)	4.19,69(33,10)		
	4.52,81(33,12)	5.25,28(32,47)	5.58,14(32,86)	6.31,45(33,31)		
	7.03,72(32,27)	7.36,52(32,80)	8.08,88(32,36)	8.41,58(32,70)		
	9.14,30(32,72)	9.46,95(32,65)	10.20,02(33,07)	10.52,59(32,57)		
	11.25,37(32,78)	11.58,17(32,80)	12.30,90(32,73)	13.04,01(33,11)		
	13.37,14(33,13)	14.10,12(32,98)	14.43,15(33,03)	15.16,12(32,97)		
	15.48,89(32,77)	16.20,95(32,06)				
3	Morten Bordervich	94	Madla SK	(0,74)	16.28,25	693
	29,68(29,68)	1.01,73(32,05)	1.33,31(31,58)	2.05,49(32,18)		
	2.37,92(32,43)	3.09,98(32,06)	3.43,23(33,25)	4.16,01(32,78)		
	4.48,80(32,79)	5.21,38(32,58)	5.54,42(33,04)	6.27,16(32,74)		
	7.00,79(33,63)	7.33,52(32,73)	8.07,67(34,15)	8.41,18(33,51)		
	9.14,49(33,31)	9.47,80(33,31)	10.20,36(32,56)	10.53,56(33,20)		
	11.26,57(33,01)	11.59,50(32,93)	12.33,02(33,52)	13.08,05(35,03)		
	13.42,44(34,39)	14.16,48(34,04)	14.49,37(32,89)	15.22,61(33,24)		
	15.55,05(32,44)	16.28,25(33,20)				

4	Christian Thorsen	91	Lambertseter SK	(0,80)	16.30,70	688
	29,89(29,89)	1.02,16(32,27)	1.35,19(33,03)	2.08,41(33,22)		
	2.41,73(33,32)	3.15,21(33,48)	3.48,80(33,59)	4.22,01(33,21)		
	4.55,81(33,80)	5.28,94(33,13)	6.02,31(33,37)	6.35,50(33,19)		
	7.08,87(33,37)	7.42,12(33,25)	8.15,64(33,52)	8.48,96(33,32)		
	9.22,25(33,29)	9.55,42(33,17)	10.28,69(33,27)	11.01,92(33,23)		
	11.35,25(33,33)	12.08,45(33,20)	12.41,66(33,21)	13.14,56(32,90)		
	13.47,86(33,30)	14.20,89(33,03)	14.54,08(33,19)	15.26,75(32,67)		
	15.59,72(32,97)	16.30,70(30,98)				
5	Elias Damman	89	Bærumsvømmerne	(0,82)	16.47,07	655
	29,90(29,90)	1.02,61(32,71)	1.36,37(33,76)	2.10,01(33,64)		
	2.44,10(34,09)	3.17,90(33,80)	3.52,06(34,16)	4.25,87(33,81)		
	4.59,89(34,02)	5.33,69(33,80)	6.07,60(33,91)	6.41,44(33,84)		
	7.15,48(34,04)	7.49,26(33,78)	8.23,34(34,08)	8.57,04(33,70)		
	9.31,03(33,99)	10.04,67(33,64)	10.38,70(34,03)	11.12,31(33,61)		
	11.46,19(33,88)	12.20,16(33,97)	12.54,15(33,99)	13.27,90(33,75)		
	14.01,89(33,99)	14.35,56(33,67)	15.09,44(33,88)	15.42,94(33,50)		
	16.16,01(33,07)	16.47,07(31,06)				
6	Eivind Johannesen	92	BS/Åstveit	(0,83)	16.52,50	644
	30,35(30,35)	1.03,45(33,10)	1.37,18(33,73)	2.10,94(33,76)		
	2.44,75(33,81)	3.18,46(33,71)	3.52,21(33,75)	4.26,10(33,89)		
	5.00,04(33,94)	5.33,93(33,89)	6.07,78(33,85)	6.41,92(34,14)		
	7.16,17(34,25)	7.50,25(34,08)	8.24,83(34,58)	8.58,96(34,13)		
	9.33,22(34,26)	10.07,24(34,02)	10.41,63(34,39)	11.15,98(34,35)		
	11.50,09(34,11)	12.23,91(33,82)	12.58,03(34,12)	13.32,22(34,19)		
	14.06,23(34,01)	14.40,35(34,12)	15.14,22(33,87)	15.48,32(34,10)		
	16.20,96(32,64)	16.52,50(31,54)				
7	Ole Martin Bjørlykke	96	Aalesund SLK	(0,86)	16.55,87	638
	31,26(31,26)	1.05,19(33,93)	1.39,51(34,32)	2.13,72(34,21)		
	2.48,20(34,48)	3.22,32(34,12)	3.56,96(34,64)	4.31,02(34,06)		
	5.05,10(34,08)	5.38,94(33,84)	6.13,10(34,16)	6.47,17(34,07)		
	7.21,11(33,94)	7.54,84(33,73)	8.28,91(34,07)	9.02,67(33,76)		
	9.36,60(33,93)	10.10,28(33,68)	10.43,89(33,61)	11.17,69(33,80)		
	11.51,35(33,66)	12.25,51(34,16)	12.59,27(33,76)	13.33,27(34,00)		
	14.07,09(33,82)	14.41,48(34,39)	15.15,32(33,84)	15.49,19(33,87)		
	16.23,04(33,85)	16.55,87(32,83)				
8	Øystein Fjeldberg	93	Randaberg IL	(0,93)	16.56,34	637
	30,84(30,84)	1.05,11(34,27)	1.39,79(34,68)	2.14,67(34,88)		
	2.48,71(34,04)	3.22,84(34,13)	3.56,14(33,30)	4.29,64(33,50)		
	5.03,04(33,40)	5.37,34(34,30)	6.11,22(33,88)	6.45,73(34,51)		
	7.19,98(34,25)	7.54,11(34,13)	8.28,02(33,91)	9.02,22(34,20)		
	9.36,41(34,19)	10.10,79(34,38)	10.45,05(34,26)	11.19,49(34,44)		
	11.53,51(34,02)	12.28,60(35,09)	13.02,72(34,12)	13.36,95(34,23)		
	14.10,75(33,80)	14.45,17(34,42)	15.19,27(34,10)	15.53,23(33,96)		
	16.25,01(31,78)	16.56,34(31,33)				
9	Sondre Kallhovd	93	Lambertseter SK	(0,84)	16.59,62	631
	31,51(31,51)	1.05,85(34,34)	1.39,75(33,90)	2.14,32(34,57)		
	2.48,48(34,16)	3.23,16(34,68)	3.57,20(34,04)	4.31,56(34,36)		
	5.05,66(34,10)	5.39,80(34,14)	6.13,50(33,70)	6.47,93(34,43)		
	7.21,99(34,06)	7.56,55(34,56)	8.30,53(33,98)	9.04,82(34,29)		
	9.38,33(33,51)	10.12,45(34,12)	10.46,22(33,77)	11.20,52(34,30)		
	11.54,62(34,10)	12.28,66(34,04)	13.02,79(34,13)	13.36,87(34,08)		
	14.11,09(34,22)	14.45,66(34,57)	15.19,77(34,11)	15.53,75(33,98)		
	16.27,31(33,56)	16.59,62(32,31)				
10	Jonas Ødegård Aanby	95	BS/Delfana	(0,84)	16.59,74	631
	30,43(30,43)	1.02,69(32,26)		2.09,59(1.06,90)		
	2.43,18(33,59)	3.16,59(33,41)	3.50,44(33,85)	4.23,85(33,41)		
	4.57,35(33,50)	5.31,02(33,67)	6.05,05(34,03)	6.39,06(34,01)		
	7.13,25(34,19)	7.46,89(33,64)	8.20,82(33,93)	8.54,79(33,97)		
	9.29,34(34,55)	10.03,71(34,37)	10.38,09(34,38)	11.12,19(34,10)		
	11.46,37(34,18)	12.20,67(34,30)	12.55,59(34,92)	13.30,16(34,57)		
	14.05,10(34,94)	14.40,02(34,92)	15.15,22(35,20)	15.50,38(35,16)		
	16.25,52(35,14)	16.59,74(34,22)				
11	Oscar Aldabe Bomstad	90	Bergens SC	(0,78)	17.06,27	619
	29,39(29,39)	1.01,59(32,20)	1.34,79(33,20)	2.08,16(33,37)		
	2.41,89(33,73)	3.15,49(33,60)	3.49,48(33,99)	4.23,59(34,11)		
	4.58,04(34,45)	5.32,42(34,38)	6.05,78(33,36)	6.40,22(34,44)		
	7.14,97(34,75)	7.49,67(34,70)	8.24,35(34,68)	8.59,29(34,94)		
	9.33,98(34,69)	10.09,27(35,29)	10.44,32(35,05)	11.19,36(35,04)		
	11.52,31(32,95)	12.27,43(35,12)	13.02,40(34,97)	13.37,85(35,45)		
	14.13,11(35,26)	14.48,42(35,31)	15.23,92(35,50)	15.58,01(34,09)		
	16.33,69(35,68)	17.06,27(32,58)				



12	Henrik Søfteland	95	BS/Delfana	(0,80)	17.10,83	611
	30,21(30,21)	1.02,69(32,48)	1.36,18(33,49)	2.10,31(34,13)		
	2.44,84(34,53)	3.19,46(34,62)	3.54,22(34,76)	4.28,78(34,56)		
	5.03,71(34,93)	5.38,54(34,83)	6.13,76(35,22)	6.48,62(34,86)		
	7.24,04(35,42)	7.59,30(35,26)	8.34,76(35,46)	9.08,07(33,31)		
	9.42,72(34,65)	10.17,31(34,59)	10.51,94(34,63)	11.26,19(34,25)		
	12.01,12(34,93)	12.35,49(34,37)	13.10,59(35,10)	13.45,07(34,48)		
	14.19,51(34,44)	14.53,92(34,41)	15.28,63(34,71)	16.02,88(34,25)		
	16.37,22(34,34)	17.10,83(33,61)				
13	Ørjan Monsen	92	Madla SK	(0,83)	17.13,42	606
	30,17(30,17)	1.02,83(32,66)	1.36,53(33,70)	2.10,13(33,60)		
	2.44,13(34,00)	3.18,49(34,36)	3.52,76(34,27)	4.27,35(34,59)		
	5.01,85(34,50)	5.36,62(34,77)	6.11,56(34,94)	6.46,47(34,91)		
	7.21,38(34,91)	7.56,15(34,77)	8.30,95(34,80)	9.06,23(35,28)		
	9.40,95(34,72)	10.16,11(35,16)	10.50,87(34,76)	11.25,80(34,93)		
	12.00,62(34,82)	12.35,68(35,06)	13.10,52(34,84)	13.45,56(35,04)		
	14.20,50(34,94)	14.55,72(35,22)	15.30,53(34,81)	16.05,50(34,97)		
	16.39,75(34,25)	17.13,42(33,67)				
14	Tim Samuelsen	97	Madla SK	(0,95)	17.18,81	597
	31,62(31,62)	1.05,79(34,17)	1.40,32(34,53)	2.14,92(34,60)		
	2.49,23(34,31)	3.23,51(34,28)	3.57,81(34,30)	4.32,12(34,31)		
	5.06,61(34,49)	5.40,89(34,28)	6.15,39(34,50)	6.50,10(34,71)		
	7.24,65(34,55)	7.59,50(34,85)	8.34,21(34,71)	9.08,71(34,50)		
	9.43,56(34,85)	10.18,78(35,22)	10.53,85(35,07)	11.28,69(34,84)		
	12.03,26(34,57)	12.38,10(34,84)	13.13,12(35,02)	13.48,27(35,15)		
	14.23,26(34,99)	14.58,30(35,04)	15.33,41(35,11)	16.08,68(35,27)		
	16.43,92(35,24)	17.18,81(34,89)				
15	Lars Rugsveen	94	Elverum Svømming	(0,73)	17.21,52	592
	30,77(30,77)	1.04,62(33,85)	1.39,04(34,42)	2.12,72(33,68)		
	2.46,33(33,61)	3.20,05(33,72)	3.54,22(34,17)	4.27,94(33,72)		
	5.02,30(34,36)	5.36,53(34,23)	6.10,83(34,30)	6.45,60(34,77)		
	7.20,32(34,72)	7.55,01(34,69)	8.29,32(34,31)	9.03,43(34,11)		
	9.37,88(34,45)	10.12,52(34,64)	10.47,66(35,14)	11.23,11(35,45)		
	11.58,76(35,65)	12.34,59(35,83)	13.09,97(35,38)	13.46,05(36,08)		
	14.22,05(36,00)	14.58,36(36,31)	15.34,00(35,64)	16.10,04(36,04)		
	16.46,32(36,28)	17.21,52(35,20)				
16	Jørgen Gundersen	95	Lørenskog/Rælingen	(0,74)	17.33,48	572
	31,53(31,53)	1.05,61(34,08)	1.39,84(34,23)	2.14,32(34,48)		
	2.48,83(34,51)	3.23,75(34,92)	3.58,74(34,99)	4.33,77(35,03)		
	5.08,97(35,20)	5.44,41(35,44)	6.19,33(34,92)	6.54,38(35,05)		
	7.29,91(35,53)	8.05,32(35,41)	8.40,84(35,52)	9.16,12(35,28)		
	9.51,82(35,70)	10.27,27(35,45)	11.03,03(35,76)	11.38,65(35,62)		
	12.14,50(35,85)	12.49,97(35,47)	13.25,73(35,76)	14.01,28(35,55)		
	14.37,33(36,05)	15.12,93(35,60)	15.49,16(36,23)	16.25,13(35,97)		
	16.59,92(34,79)	17.33,48(33,56)				
17	Martin P. Sletbakken	92	Sortland SLK	(0,82)	17.51,99	543
	30,48(30,48)	1.05,21(34,73)	1.40,00(34,79)	2.15,45(35,45)		
	2.49,96(34,51)	3.24,94(34,98)	3.59,58(34,64)	4.35,10(35,52)		
	5.10,26(35,16)	5.45,49(35,23)	6.20,94(35,45)	6.56,89(35,95)		
	7.32,64(35,75)	8.08,05(35,41)	8.43,88(35,83)	9.19,99(36,11)		
	9.56,18(36,19)	10.32,70(36,52)	11.09,16(36,46)	11.45,65(36,49)		
	12.22,37(36,72)	12.59,11(36,74)	13.36,30(37,19)	14.13,00(36,70)		
	14.50,02(37,02)	15.27,48(37,46)	16.03,82(36,34)	16.41,35(37,53)		
	17.17,36(36,01)	17.51,99(34,63)				
18	Ole Martin Turøy	95	Stavanger SC	(0,79)	17.57,72	534
	30,65(30,65)	1.04,47(33,82)	1.39,75(35,28)	2.14,90(35,15)		
	2.50,47(35,57)	3.25,64(35,17)	4.01,52(35,88)	4.37,10(35,58)		
	5.13,20(36,10)	5.49,04(35,84)	6.25,06(36,02)	7.00,56(35,50)		
	7.36,90(36,34)	8.13,45(36,55)	8.50,12(36,67)	9.26,56(36,44)		
	10.03,45(36,89)	10.39,95(36,50)	11.17,27(37,32)	11.53,61(36,34)		
	12.30,96(37,35)	13.07,69(36,73)	13.45,06(37,37)	14.21,60(36,54)		
	14.59,02(37,42)	15.35,34(36,32)	16.12,40(37,06)	16.48,51(36,11)		
	17.24,89(36,38)	17.57,72(32,83)				
19	Kristian Blummenfelt	94	Vestkantsvømmerne	(0,80)	17.58,70	533
	32,46(32,46)	1.07,57(35,11)	1.44,31(36,74)	2.19,68(35,37)		
	2.55,70(36,02)	3.31,45(35,75)	4.07,90(36,45)	4.43,35(35,45)		
	5.19,31(35,96)	5.55,58(36,27)	6.31,30(35,72)	7.06,96(35,66)		
	7.43,13(36,17)	8.19,19(36,06)	8.55,26(36,07)	9.31,19(35,93)		
	10.07,26(36,07)	10.43,37(36,11)	11.20,18(36,81)	11.56,23(36,05)		
	12.32,73(36,50)	13.09,19(36,46)	13.45,49(36,30)	14.22,07(36,58)		
	14.58,36(36,29)	15.35,11(36,75)	16.11,34(36,23)	16.47,91(36,57)		
	17.24,32(36,41)	17.58,70(34,38)				

20	Martin Næss Kjøholdt	95	Kolbotn IL	(0,81)	18.02,13	528
	31,14(31,14)	1.05,58(34,44)	1.40,08(34,50)	2.14,19(34,11)		
	2.48,64(34,45)	3.22,98(34,34)	3.57,88(34,90)	4.33,18(35,30)		
	5.09,26(36,08)	5.45,15(35,89)	6.21,37(36,22)	6.57,80(36,43)		
	7.33,99(36,19)	8.10,64(36,65)	8.47,12(36,48)	9.23,85(36,73)		
	10.01,00(37,15)	10.37,73(36,73)	11.14,84(37,11)	11.51,60(36,76)		
	12.28,84(37,24)	13.05,92(37,08)	13.43,32(37,40)	14.20,36(37,04)		
	14.57,60(37,24)	15.34,70(37,10)	16.11,51(36,81)	16.49,26(37,75)		
	17.26,30(37,04)	18.02,13(35,83)				
21	Henry Ravndal	93	Sandnes SLK	(0,78)	18.20,83	501
	30,61(30,61)	1.05,30(34,69)	1.40,27(34,97)	2.15,06(34,79)		
	2.49,65(34,59)	3.24,19(34,54)	3.59,35(35,16)	4.35,63(36,28)		
	5.12,65(37,02)	5.50,28(37,63)	6.27,20(36,92)	7.04,32(37,12)		
	7.42,32(38,00)	8.19,38(37,06)	8.57,07(37,69)	9.34,46(37,39)		
	10.11,77(37,31)	10.50,41(38,64)	11.28,44(38,03)	12.06,32(37,88)		
	12.44,27(37,95)	13.22,17(37,90)	14.00,87(38,70)	14.39,99(39,12)		
	15.17,36(37,37)	15.55,07(37,71)	16.32,11(37,04)	17.08,85(36,74)		
	17.45,29(36,44)	18.20,83(35,54)				

### Øvelse 20. 4\*100m lag medley, damer - Senior

#### Senior

1	Lambertseter SK J1 sr.	SR	Lambertseter SK	(0,71)	4.17,18	736	NR
	Christine M. Pedersen:	32,17(32,17)	1.06,69(34,52)	1.06,69			
	Sara Nordenstam:	1.39,94(33,25)	2.17,15(37,21)	1.10,46			
	Line Løvberg:	2.46,53(29,38)	3.19,97(33,44)	1.02,82			
	Victoria S. Løken:	3.46,95(26,98)	4.17,18(30,23)	57,21			
2	Asker SK J1 sr.	SR	Asker SK	(0,97)	4.21,06	704	
	Oda Marie Siljan:	32,17(32,17)	1.06,68(34,51)	1.06,68			
	Rikke Nagell-Kleven:	1.41,70(35,02)	2.21,38(39,68)	1.14,70			
	Ingvild Snildal:	2.48,56(27,18)	3.20,99(32,43)	59,61			
	Marte K. Bolstad:	3.49,29(28,30)	4.21,06(31,77)	1.00,07			
3	Lambertseter SK J2 sr.	SR	Lambertseter SK	(0,74)	4.25,77	667	
	Heidi Vainio Gjøen:	32,54(32,54)	1.06,64(34,10)	1.06,64			
	Stina Kajsa Colleou:	1.40,80(34,16)	2.18,90(38,10)	1.12,26			
	Vår Celine Sjøgaard:	2.49,33(30,43)	3.25,91(36,58)	1.07,01			
	Gina B. Andersen:	3.54,77(28,86)	4.25,77(31,00)	59,86			
4	Madla SK J1 sr.	SR	Madla SK	(0,81)	4.27,67	653	
	Eva Marie W. Østerhus:	34,06(34,06)	1.10,22(36,16)	1.10,22			
	Maren Larsen:	1.44,76(34,54)	2.26,71(41,95)	1.16,49			
	Victoria Rung:	2.54,74(28,03)	3.28,31(33,57)	1.01,60			
	Maria Thompson Clausen:	3.56,34(28,03)	4.27,67(31,33)	59,36			
5	Lambertseter SK J3 sr.	SR	Lambertseter SK	(0,67)	4.30,69	631	
	Andrine Davidsen:	32,91(32,91)	1.07,92(35,01)	1.07,92			
	Luna Elisabeth Sjøgaard:	1.42,18(34,26)	2.21,63(39,45)	1.13,71			
	Malene M. Pedersen:	2.53,98(32,35)	3.31,32(37,34)	1.09,69			
	Sofie Gjemmestad:	3.59,28(27,96)	4.30,69(31,41)	59,37			
6	Stavanger SC J1 sr.	SR	Stavanger SC	(0,79)	4.38,86	577	
	Emilie K. Hegdal:	35,16(35,16)	1.13,03(37,87)	1.13,03			
	Siren Bergslid:	1.50,25(37,22)	2.32,44(42,19)	1.19,41			
	Henriette Brekke:	3.02,01(29,57)	3.37,68(35,67)	1.05,24			
	Ane Nygård:	4.06,22(28,54)	4.38,86(32,64)	1.01,18			
7	Bergensv. J2 sr.	SR	Bergensvømmerne	(0,74)	4.39,77	572	
	Elin Haugland:	34,54(34,54)	1.11,32(36,78)	1.11,32			
	Andrea Hestdal:	1.48,31(36,99)	2.31,44(43,13)	1.20,12			
	Marie Reinertsen:	3.02,42(30,98)	3.38,86(36,44)	1.07,42			
	Karoline Pedersen:	4.07,98(29,12)	4.39,77(31,79)	1.00,91			
8	Bergensv. J3 sr.	SR	Bergensvømmerne	(0,82)	4.43,49	549	
	Helene Thunes Truyen:	34,47(34,47)	1.11,86(37,39)	1.11,86			
	Stina Heimnes:	1.49,01(37,15)	2.31,77(42,76)	1.19,91			
	Vilde Stordal:	3.03,51(31,74)	3.42,90(39,39)	1.11,13			
	Lisa Skogeng:	4.11,86(28,96)	4.43,49(31,63)	1.00,59			

9	Vågsbygd SLK J1 sr.	SR	Vågsbygd SLK	(0,73)	4.43,76	548
	Sofie Reisenen:	34,88(34,88)	1.12,23(37,35)	1.12,23		
	Guro Aas:	1.49,20(36,97)	2.31,70(42,50)	1.19,47		
	Amalie Thorstensen:	3.02,18(30,48)				
	Elise Fjeldstad:	4.09,31(1.07,13)	4.43,76(34,45)			
10	Trondhjem SLK J1 sr.	SR	Trondhjem SLK	(0,65)	4.44,60	543
	Åse Nytrø:	34,25(34,25)	1.09,27(35,02)	1.09,27		
	Mari Singstad:	1.43,60(34,33)	2.24,03(40,43)	1.14,76		
	Viktorija Juel:	2.57,70(33,67)	3.38,55(40,85)	1.14,52		
	Malin Schanke Tømmervik:	4.09,54(30,99)	4.44,60(35,06)	1.06,05		
11	Bergens SC J1 sr.	SR	Bergens SC	(0,79)	4.48,51	521
	Toni G. Coudray:	35,11(35,11)	1.12,47(37,36)	1.12,47		
	Renate Aasland Ranaweera:	1.50,65(38,18)	2.36,69(46,04)	1.24,22		
	Sara Petrine Solli Veierød:	3.09,42(32,73)	3.47,64(38,22)	1.10,95		
	Hedvig Hjertaker:	4.16,44(28,80)	4.48,51(32,07)	1.00,87		
12	Løren/Rælingen J1 sr.	SR	Lørenskog/Rælingen	(0,93)	4.49,11	518
	Marie Svensson:	36,98(36,98)	1.16,86(39,88)	1.16,86		
	Rebecca Holt Clasen:	1.55,50(38,64)	2.40,41(44,91)	1.23,55		
	Klara Farkas:	3.11,81(31,40)	3.46,66(34,85)	1.06,25		
	Jeanette Erlandsen:	4.16,43(29,77)	4.49,11(32,68)	1.02,45		
13	Oslo IL J1 sr.	SR	Oslo IL	(0,68)	4.52,58	500
	Gry Bernakiewicz:	36,59(36,59)	1.15,68(39,09)	1.15,68		
	Hege Omdal:	1.53,03(37,35)	2.38,55(45,52)	1.22,87		
	Kristin Blyverket:	3.09,86(31,31)	3.47,09(37,23)	1.08,54		
	Nehna-Louise Møller-Pettersen:	4.17,89(30,80)	4.52,58(34,69)	1.05,49		
14	Ski SK J1 sr.	SR	Ski SK	(0,74)	5.15,59	398
	Susanne Utgård:	39,70(39,70)	1.21,57(41,87)	1.21,57		
	Eline Mathilde Swensen:	2.02,31(40,74)	2.48,11(45,80)	1.26,54		
	Celia Lie Storstad:	3.24,55(36,44)				
	Anniken K. Sletta:	4.39,61(1.15,06)	5.15,59(35,98)			
15	Øvre Eiker SK J1 sr.	SR	Øvre Eiker SK	(0,73)	5.29,28	351
	Maren Rasmussen:	41,88(41,88)	1.25,52(43,64)	1.25,52		
	Ada Margrethe Wium:	2.08,50(42,98)	3.00,26(51,76)	1.34,74		
	Line Cecilie Stenseth:	3.34,26(34,00)	4.17,85(43,59)	1.17,59		
	Maria Krogstad:	4.50,38(32,53)	5.29,28(38,90)	1.11,43		
	Bergensv. J1 sr.	SR	Bergensvømmerne	(0,65)	DISK	
	Katrine Jensen:	33,12(33,12)	1.08,97(35,85)	1.08,97		
	Tone Lill Evanger:	1.45,10(36,13)	2.26,11(41,01)	1.17,14		
	Bryndis Run Hansen:	2.55,00(28,89)	3.29,06(34,06)	1.02,95		
	Lise Sand Syversen:					

# Mandag 11. juli 2011 kl 10.00

## Øvelse 21. 400m individuell medley, herrer - Direkte finale – Foreløpig før siste heat

### Junior

1	Fredrik K Hegdal	94	Stavanger SC	(0,72)	4.46,52	616
	28,02(28,02)	1.00,67(32,65)	1.38,00(37,33)		2.15,79(37,79)	
	2.57,97(42,18)	3.41,01(43,04)	4.14,06(33,05)		4.46,52(32,46)	
2	Sander Andersen	96	Poseidon	(0,80)	4.49,30	599
	30,32(30,32)	1.05,78(35,46)	1.42,53(36,75)		2.19,06(36,53)	
	2.59,66(40,60)	3.41,71(42,05)	4.16,04(34,33)		4.49,30(33,26)	
3	Øystein Fjeldberg	93	Randaberg IL	(0,95)	4.51,72	584
	29,98(29,98)	1.04,76(34,78)	1.41,71(36,95)		2.20,39(38,68)	
	3.02,78(42,39)	3.46,75(43,97)	4.19,82(33,07)		4.51,72(31,90)	
4	Martin B. Lund	92	Elverum Svømming	(0,93)	4.54,90	565
	30,14(30,14)	1.06,14(36,00)	1.44,54(38,40)		2.22,22(37,68)	
	3.03,98(41,76)	3.46,04(42,06)	4.21,01(34,97)		4.54,90(33,89)	
5	Erik Årsland Gidskehaug	97	Bryne SK	(0,84)	4.59,50	540
	31,71(31,71)	1.08,60(36,89)	1.47,44(38,84)		2.25,15(37,71)	
	3.09,51(44,36)	3.53,37(43,86)	4.27,27(33,90)		4.59,50(32,23)	
6	Henrik Søfteland	95	BS/Delfana	(0,83)	5.00,43	535
	31,45(31,45)	1.06,21(34,76)	1.43,32(37,11)		2.20,75(37,43)	
	3.07,15(46,40)	3.52,94(45,79)	4.27,73(34,79)		5.00,43(32,70)	
7	Alexander Marki Mork	95	Stavanger SC	(0,71)	5.01,35	530
	30,62(30,62)	1.07,11(36,49)	1.45,89(38,78)		2.24,44(38,55)	
	3.07,86(43,42)	3.53,97(46,11)	4.28,70(34,73)		5.01,35(32,65)	
8	Andreas Mathingsdal Pedersen	92	Farsund SK	(0,76)	5.01,77	528
	31,05(31,05)	1.07,05(36,00)	1.47,88(40,83)		2.29,64(41,76)	
	3.10,63(40,99)	3.52,33(41,70)	4.27,38(35,05)		5.01,77(34,39)	
9	Daniel Sandhåland	95	Karmøy SK	(0,83)	5.06,91	502
	31,30(31,30)	1.08,82(37,52)	1.48,21(39,39)		2.27,60(39,39)	
	3.11,32(43,72)	3.56,88(45,56)	4.32,24(35,36)		5.06,91(34,67)	

### Senior

1	Fredrik K Hegdal	94	Stavanger SC	(0,72)	4.46,52	616
	28,02(28,02)	1.00,67(32,65)	1.38,00(37,33)		2.15,79(37,79)	
	2.57,97(42,18)	3.41,01(43,04)	4.14,06(33,05)		4.46,52(32,46)	
2	Sander Andersen	96	Poseidon	(0,80)	4.49,30	599
	30,32(30,32)	1.05,78(35,46)	1.42,53(36,75)		2.19,06(36,53)	
	2.59,66(40,60)	3.41,71(42,05)	4.16,04(34,33)		4.49,30(33,26)	
3	Øystein Fjeldberg	93	Randaberg IL	(0,95)	4.51,72	584
	29,98(29,98)	1.04,76(34,78)	1.41,71(36,95)		2.20,39(38,68)	
	3.02,78(42,39)	3.46,75(43,97)	4.19,82(33,07)		4.51,72(31,90)	
4	Gunnar V. Skirbekk	91	Elverum Svømming	(0,79)	4.51,88	583
	30,28(30,28)	1.05,93(35,65)	1.44,11(38,18)		2.22,16(38,05)	
	3.02,72(40,56)	3.45,16(42,44)	4.19,63(34,47)		4.51,88(32,25)	
5	Martin B. Lund	92	Elverum Svømming	(0,93)	4.54,90	565
	30,14(30,14)	1.06,14(36,00)	1.44,54(38,40)		2.22,22(37,68)	
	3.03,98(41,76)	3.46,04(42,06)	4.21,01(34,97)		4.54,90(33,89)	
6	Carl Andreas Wathne	91	Bærumsvømmerne	(0,85)	4.56,50	556
	30,09(30,09)	1.04,93(34,84)	1.43,79(38,86)		2.22,07(38,28)	
	3.04,97(42,90)	3.48,96(43,99)	4.23,07(34,11)		4.56,50(33,43)	
7	Erik Årsland Gidskehaug	97	Bryne SK	(0,84)	4.59,50	540
	31,71(31,71)	1.08,60(36,89)	1.47,44(38,84)		2.25,15(37,71)	
	3.09,51(44,36)	3.53,37(43,86)	4.27,27(33,90)		4.59,50(32,23)	
8	Henrik Søfteland	95	BS/Delfana	(0,83)	5.00,43	535
	31,45(31,45)	1.06,21(34,76)	1.43,32(37,11)		2.20,75(37,43)	
	3.07,15(46,40)	3.52,94(45,79)	4.27,73(34,79)		5.00,43(32,70)	
9	Alexander Marki Mork	95	Stavanger SC	(0,71)	5.01,35	530
	30,62(30,62)	1.07,11(36,49)	1.45,89(38,78)		2.24,44(38,55)	
	3.07,86(43,42)	3.53,97(46,11)	4.28,70(34,73)		5.01,35(32,65)	
10	Andreas Mathingsdal Pedersen	92	Farsund SK	(0,76)	5.01,77	528
	31,05(31,05)	1.07,05(36,00)	1.47,88(40,83)		2.29,64(41,76)	
	3.10,63(40,99)	3.52,33(41,70)	4.27,38(35,05)		5.01,77(34,39)	

11	Daniel Sandhåland	95	Karmøy SK	(0,83)	5.06,91	502
	31,30(31,30)	1.08,82(37,52)	1.48,21(39,39)	2.27,60(39,39)		
	3.11,32(43,72)	3.56,88(45,56)	4.32,24(35,36)	5.06,91(34,67)		

## Øvelse 22. 400m fri, damer - Forsøk

### Senior

1	Cecilie W. Johannessen	90	Bergens SC	(0,83)	4.22,68	755
	30,24(30,24)	1.03,34(33,10)	1.37,23(33,89)	2.11,31(34,08)		
	2.44,43(33,12)	3.18,48(34,05)	3.50,26(31,78)	4.22,68(32,42)		
2	Victoria S. Løken	91	Lambertseter SK	(0,76)	4.24,39	740
	30,10(30,10)	1.03,01(32,91)	1.36,73(33,72)	2.10,02(33,29)		
	2.43,37(33,35)	3.17,14(33,77)	3.51,66(34,52)	4.24,39(32,73)		
3	Ingrid N. Knutzen	91	Lambertseter SK	(0,90)	4.31,43	684
	31,99(31,99)	1.05,63(33,64)	1.39,65(34,02)	2.13,87(34,22)		
	2.48,23(34,36)	3.22,68(34,45)	3.57,30(34,62)	4.31,43(34,13)		

### Junior

1	Elin Slaatmo	92	Hamar IL	(0,92)	4.23,04	752
	30,24(30,24)	1.03,19(32,95)	1.36,25(33,06)	2.09,93(33,68)		
	2.43,43(33,50)	3.17,17(33,74)	3.50,64(33,47)	4.23,04(32,40)		
2	Veronica Orheim Bjørlykke	94	Aalesund SLK	(0,81)	4.28,07	710
	29,61(29,61)	1.02,40(32,79)	1.35,87(33,47)	2.10,30(34,43)		
	2.44,67(34,37)	3.19,67(35,00)	3.54,31(34,64)	4.28,07(33,76)		
3	Karoline Pedersen	94	BS/Delfana	(0,92)	4.28,98	703
	30,67(30,67)	1.03,41(32,74)	1.37,23(33,82)	2.11,55(34,32)		
	2.46,10(34,55)	3.20,73(34,63)	3.55,36(34,63)	4.28,98(33,62)		
4	Stine Lise Stenseth	94	Øvre Eiker SK	(0,78)	4.30,21	693
	31,11(31,11)	1.05,26(34,15)	1.39,71(34,45)	2.14,13(34,42)		
	2.48,50(34,37)	3.22,67(34,17)	3.56,73(34,06)	4.30,21(33,48)		
5	Christine M. Pedersen	93	Lambertseter SK	(0,79)	4.30,91	688
	30,93(30,93)	1.04,96(34,03)	1.39,53(34,57)	2.13,98(34,45)		
	2.48,41(34,43)	3.23,07(34,66)	3.57,27(34,20)	4.30,91(33,64)		
6	Eva Marie W. Østerhus	94	Madla SK	(0,92)	4.31,99	680
	30,62(30,62)	1.03,49(32,87)	1.37,33(33,84)	2.11,88(34,55)		
	2.46,57(34,69)	3.22,00(35,43)	3.57,01(35,01)	4.31,99(34,98)		
7	Andrea Westbye	95	Bærumsvømmerne	(0,82)	4.32,75	674
	31,29(31,29)	1.05,21(33,92)	1.39,64(34,43)	2.14,43(34,79)		
	2.49,13(34,70)	3.23,97(34,84)	3.58,74(34,77)	4.32,75(34,01)		
8	Susann Bjørnsen	93	Setermoen SK/NTG	(0,81)	4.32,83	673
	31,12(31,12)	1.05,26(34,14)	1.39,99(34,73)	2.15,02(35,03)		
	2.49,92(34,90)	3.25,65(35,73)	4.00,52(34,87)	4.32,83(32,31)		
9	Elin Haugland	96	BS/Delfana	(0,81)	4.33,00	672
	31,18(31,18)	1.05,41(34,23)	1.40,28(34,87)	2.15,27(34,99)		
	2.50,49(35,22)	3.25,37(34,88)	4.00,11(34,74)	4.33,00(32,89)		
10	Oda Gjerde	95	Bryne SK	(0,78)	4.33,04	672
	30,85(30,85)	1.04,73(33,88)	1.38,54(33,81)	2.13,36(34,82)		
	2.48,08(34,72)	3.23,55(35,47)	3.58,75(35,20)	4.33,04(34,29)		
11	Lise Sand Syversen	95	BS/Delfana	(0,90)	4.34,85	659
	30,47(30,47)	1.03,69(33,22)	1.38,23(34,54)	2.13,50(35,27)		
	2.49,22(35,72)	3.24,79(35,57)	4.00,64(35,85)	4.34,85(34,21)		
12	Ellen Camilla Hansen	95	Øvre Eiker SK	(0,83)	4.36,41	648
	31,46(31,46)	1.05,35(33,89)	1.40,44(35,09)	2.15,66(35,22)		
	2.50,52(34,86)	3.26,19(35,67)	4.01,14(34,95)	4.36,41(35,27)		
13	Majken Smith	97	Asker SK	(0,88)	4.40,01	623
	32,41(32,41)	1.08,34(35,93)	1.44,84(36,50)	2.20,66(35,82)		
	2.55,59(34,93)	3.30,68(35,09)	4.05,69(35,01)	4.40,01(34,32)		
14	Julie Rønningsen	94	Lambertseter SK	(1,06)	4.40,89	617
	32,26(32,26)	1.07,24(34,98)	1.42,34(35,10)	2.18,15(35,81)		
	2.54,21(36,06)	3.30,31(36,10)	4.06,41(36,10)	4.40,89(34,48)		
15	Maria Wigestrånd	94	Madla SK	(0,91)	4.41,05	616
	31,27(31,27)	1.05,59(34,32)	1.41,48(35,89)	2.17,41(35,93)		
	2.53,45(36,04)	3.29,60(36,15)	4.06,04(36,44)	4.41,05(35,01)		

16	Emilie Hellerud	92	Lambertseter SK/NTG	(0,84)	4.41,08	616
	30,64(30,64)	1.05,71(35,07)	1.41,47(35,76)	2.17,81(36,34)		
	2.54,03(36,22)	3.30,40(36,37)	4.06,72(36,32)	4.41,08(34,36)		
17	Siri Anette Sønju	92	Asker SK/NTG	(0,90)	4.42,06	610
	31,16(31,16)	1.05,11(33,95)	1.40,33(35,22)	2.16,40(36,07)		
	2.52,82(36,42)	3.29,43(36,61)	4.05,95(36,52)	4.42,06(36,11)		
18	Elida Hole	96	Vestkantsvømmerne	(0,75)	4.42,73	605
	31,17(31,17)	1.06,58(35,41)	1.42,79(36,21)	2.19,24(36,45)		
	2.55,72(36,48)	3.31,96(36,24)	4.07,53(35,57)	4.42,73(35,20)		
19	Lisa Skogeng	96	BS/Delfana	(0,87)	4.42,87	604
	31,43(31,43)	1.05,97(34,54)	1.41,17(35,20)	2.17,24(36,07)		
	2.53,69(36,45)	3.30,66(36,97)	4.07,84(37,18)	4.42,87(35,03)		
20	Eline Mathilde Swensen	96	Ski SK	(0,84)	4.46,97	579
	33,01(33,01)	1.09,35(36,34)	1.45,92(36,57)	2.22,43(36,51)		
	2.58,69(36,26)	3.35,16(36,47)	4.11,58(36,42)	4.46,97(35,39)		
21	Tina Schütz	96	Vestkantsvømmerne	(0,85)	4.48,41	570
	32,95(32,95)	1.09,20(36,25)	1.45,71(36,51)	2.22,63(36,92)		
	2.59,22(36,59)	3.36,22(37,00)	4.12,65(36,43)	4.48,41(35,76)		
22	Pernille Berntsen	95	Førde IL	(0,85)	4.57,89	517
	32,53(32,53)	1.08,92(36,39)	1.47,27(38,35)	2.25,59(38,32)		
	3.04,26(38,67)	3.42,87(38,61)	4.21,31(38,44)	4.57,89(36,58)		

## Funksjonshemmede

1	Sara Louise Rung	89	Madla SK		5.50,38	318	S5 105,15 %
	41,44(41,44)	1.24,86(43,42)	2.08,88(44,02)	2.53,44(44,56)			
	3.37,89(44,45)	4.22,35(44,46)	5.06,53(44,18)	5.50,38(43,85)			

## Øvelse 23. 100m bryst, herrer - Forsøk

## Senior

1	Sebastian Wigstrøm	91	Bærumsvømmerne	(0,78)	1.05,57	713
	31,04(31,04)	1.05,57(34,53)				
2	Alexander Dale Oen	85	Bærumsvømmerne	(0,72)	1.06,11	696
	30,62(30,62)	1.06,11(35,49)				
3	Erling Mjøs Brattelid	91	BS/Åstveit	(0,72)	1.06,43	686
	30,49(30,49)	1.06,43(35,94)				
4	Bernt M. Seyffarth	89	Mandal SK	(0,76)	1.06,97	669
	30,33(30,33)	1.06,97(36,64)				
5	John Lekhmus	91	Tromsø SK	(0,83)	1.07,45	655
	32,07(32,07)	1.07,45(35,38)				
6	Marcus Tesdal	90	BS/Åstveit	(0,73)	1.07,73	647
	31,23(31,23)	1.07,73(36,50)				
7	Simen Dale	91	BS/Delfana	(0,85)	1.08,12	636
	31,61(31,61)	1.08,12(36,51)				

## Junior

1	Sverre Næss	92	Sarpsborg IL	(0,74)	1.05,42	718
	30,21(30,21)	1.05,42(35,21)				
2	Markus Vindenes	94	Vestkantsvømmerne	(0,67)	1.06,41	686
	31,06(31,06)	1.06,41(35,35)				
3	Christoffer Tofte Hamborg	93	Vestbyen Trondheim	(0,75)	1.07,63	650
	31,37(31,37)	1.07,63(36,26)				
4	Tord Eirik Seyffarth	92	Mandal SK	(0,82)	1.07,73	647
	31,31(31,31)	1.07,73(36,42)				
5	Aleksander Sire	93	Asker SK/NTG	(0,67)	1.07,76	646
	31,21(31,21)	1.07,76(36,55)				
6	Daniel Ommedal	92	Eid SK	(0,72)	1.08,93	614
	31,61(31,61)	1.08,93(37,32)				
7	Jørgen Scheie Bråthen	95	Lørenskog/Rælingen	(0,72)	1.09,07	610
	32,27(32,27)	1.09,07(36,80)				
8	Robin H. Kleiven	93	Aalesund SLK	(0,71)	1.09,09	610
	33,21(33,21)	1.09,09(35,88)				

9	Sondre Bryn 32,53(32,53)	92	BS/Åstveit	(0,81)	1.09,81	591
10	Håkon Brennhagen 32,90(32,90)	93	Skjetten Svømming	(0,68)	1.10,05	585
11	Martin Gundersen 32,59(32,59)	93	Kolbotn IL	(0,72)	1.10,85	565
12	Øyvind Malde 32,74(32,74)	92	Madla SK	(0,79)	1.10,87	565
13	Berend de Waal 33,18(33,18)	94	IL Norodd	(0,83)	1.11,05	560
14	Andreas Manum Hagby 33,08(33,08)	95	Asker SK	(0,71)	1.11,17	558
15	Mads Henry Steinland 32,73(32,73)	97	Bærumsvømmerne	(0,69)	1.11,50	550
16	Henry Emil Nordhagen 32,19(32,19)	93	Bærumsvømmerne	(0,71)	1.11,60	548
17	Tom Duc Ngo Kaafjord 32,94(32,94)	94	Vågsbygd SLK	(0,83)	1.11,70	545
18	Andreas Mathingsdal Pedersen 33,97(33,97)	92	Farsund SK	(0,75)	1.12,13	536
19	Aksel Øvern 33,62(33,62)	93	Lambertseter SK	(0,70)	1.12,44	529
20	Nicolai Gerrard 33,90(33,90)	94	Kristiansand SA	(0,80)	1.12,48	528
21	Christopher Wolf 33,03(33,03)	93	Vestbyen Trondheim	(0,69)	1.12,75	522
22	Christopher Williams 32,79(32,79)	92	Bergens SLK	(0,75)	1.13,46	507
23	Trond Vasslag 34,22(34,22)	94	Stavanger SC	(0,83)	1.13,77	501
24	Sindre Aasland Ranaweera 34,02(34,02)	96	Madla SK	(0,82)	1.14,09	494
25	Amir Hossein Zarei 34,42(34,42)	94	Gjøvik SK	(0,86)	1.14,31	490
26	Ivan Aleksander Larsen 34,25(34,25)	95	Karmøy SK	(0,69)	1.14,38	489

### Øvelse 24. 100m butterfly, damer - Forsøk

#### Senior

1	Ingvild Snildal 28,55(28,55)	88	Asker SK	(0,80)	1.00,95	778
2	Monica W. Johannessen 29,51(29,51)	90	Bergens SC	(0,75)	1.04,19	666
3	Line Løvberg 30,51(30,51)	91	Lambertseter SK	(0,77)	1.04,45	658
4	Helene Solberg 30,60(30,60)	91	Asker SK	(0,82)	1.06,21	607

#### Junior

1	Victoria Rung 29,09(29,09)	92	Madla SK	(0,83)	1.02,79	712
2	Bryndis Run Hansen 29,92(29,92)	93	BS/Åstveit	(0,74)	1.03,31	694
2	Emilie Nyenget Løvberg 29,84(29,84)	95	Bærumsvømmerne	(0,75)	1.03,31	694
4	Mette Mellbye Larsen 29,36(29,36)	95	Asker SK	(0,76)	1.03,95	674
5	Klara Farkas 30,46(30,46)	96	Lørenskog/Rælingen	(0,82)	1.04,28	663
6	Stine Vindenes 30,58(30,58)	93	Vestkantsvømmerne	(0,77)	1.05,88	616

7	Marthe Berg Sørensen 31,07(31,07)	92	Madla SK	(0,77)	1.05,97	614
		1.05,97(34,90)				
8	Maria Thompson Clausen 30,66(30,66)	96	Madla SK	(0,79)	1.06,11	610
		1.06,11(35,45)				
9	Oona Ovesen 31,04(31,04)	92	Elverum Svømming	(0,84)	1.06,59	597
		1.06,59(35,55)				
10	Elise Næss Olsen 31,36(31,36)	97	Asker SK	(0,87)	1.06,70	594
		1.06,70(35,34)				
11	Vilde Tengedal 31,50(31,50)	96	Bryne SK	(0,75)	1.08,18	556
		1.08,18(36,68)				
12	Vår Celine Sjøgaard 31,85(31,85)	96	Lambertseter SK	(0,82)	1.08,28	553
		1.08,28(36,43)				
13	Marie Reinertsen 31,88(31,88)	93	BS/Delfana	(0,78)	1.08,89	539
		1.08,89(37,01)				
14	Helene Nordmark Skuterud 31,86(31,86)	93	Asker SK	(0,83)	1.09,03	536
		1.09,03(37,17)				
15	Kristin Blyverket 32,18(32,18)	92	Oslo IL	(0,85)	1.09,15	533
		1.09,15(36,97)				
16	Oda Emilie Haagensen 31,76(31,76)	94	Sarpsborg IL	(0,69)	1.09,94	515
		1.09,94(38,18)				
17	Elisabeth Kristiansen 31,50(31,50)	92	Haugesund SK	(0,85)	1.10,33	506
		1.10,33(38,83)				
18	Karianne Reinertsen 32,33(32,33)	97	BS/Delfana	(0,87)	1.10,59	501
		1.10,59(38,26)				
19	Stine Mjøllhus Kristoffersen 32,23(32,23)	93	Madla SK	(0,83)	1.11,12	490
		1.11,12(38,89)				
20	Emilie K. Hegdal 33,12(33,12)	96	Stavanger SC	(0,94)	1.11,89	474
		1.11,89(38,77)				

## Funksjonshemmede

1	Marianne Fredbo 45,29(45,29)	86	Vågsbygd SLK	(1,05)	1.36,57	196	S7 120,5 %
		1.36,57(51,28)					

## Øvelse 25. 200m fri, herrer - Forsøk

## Senior

1	Gard Kvale 26,79(26,79)	84	Bergens SC	(0,75)	1.56,38	673
		55,72(28,93)	1.25,60(29,88)		1.56,38(30,78)	
2	Bjarte Ravndal 27,32(27,32)	91	Madla SK	(0,79)	1.57,13	660
		57,07(29,75)	1.27,43(30,36)		1.57,13(29,70)	
3	Sindre Eilertsen 28,10(28,10)	90	Lambertseter SK	(0,76)	1.59,21	626
		58,47(30,37)	1.28,78(30,31)		1.59,21(30,43)	
4	Eirik Runningen 28,12(28,12)	90	BS/Delfana	(0,76)	2.00,20	611
		58,47(30,35)	1.29,23(30,76)		2.00,20(30,97)	
5	Elias Damman 28,14(28,14)	89	Bærumsvømmerne	(0,80)	2.00,43	608
		58,59(30,45)	1.29,86(31,27)		2.00,43(30,57)	
6	Christian Thorsen 27,66(27,66)	91	Lambertseter SK	(0,76)	2.01,52	591
		58,08(30,42)	1.29,62(31,54)		2.01,52(31,90)	

## Junior

1	Marco Aldabe Bomstad 27,23(27,23)	93	Bergens SC	(0,74)	1.54,54	706
		56,38(29,15)	1.25,38(29,00)		1.54,54(29,16)	
2	Jørn Nygård 26,24(26,24)	92	Stavanger SC	(0,75)	1.54,63	705
		54,86(28,62)	1.25,02(30,16)		1.54,63(29,61)	
2	Ole Martin Ree 26,73(26,73)	92	Madla SK	(0,73)	1.54,63	705
		55,58(28,85)	1.24,99(29,41)		1.54,63(29,64)	
4	Oscar Slaatmo 27,72(27,72)	94	Hamar IL	(0,85)	1.57,70	651
		57,59(29,87)	1.27,85(30,26)		1.57,70(29,85)	
5	Erik Tobias Sollesnes 27,47(27,47)	95	Kolbotn IL	(0,69)	1.59,67	619
		58,53(31,06)	1.29,46(30,93)		1.59,67(30,21)	



6	Martin Hammer 26,80(26,80)	93	Kongsten/NTG 1.29,27(31,75)	(0,78) 2.00,79	602
7	Sander Rødje 27,10(27,10)	93	Haugesund SK 1.28,67(31,46)	(0,79) 2.01,10	598
8	Henrik Christiansen 28,96(28,96)	96	Skjetten Svømming 1.30,86(31,37)	(0,76) 2.01,28	595
9	Eirik Nielsen 28,20(28,20)	95	Poseidon 1.30,70(31,84)	(0,75) 2.01,81	587
10	Eivind Johannesen 28,12(28,12)	92	BS/Åstveit 1.30,48(31,70)	(0,80) 2.01,87	586
11	Andreas Bergman 27,97(27,97)	93	Asker SK 1.30,24(31,64)	(0,86) 2.01,96	585
12	Jonas Ødegård Aanby 28,26(28,26)	95	BS/Delfana 1.30,62(31,86)	(0,83) 2.02,22	581
13	Jørgen Aagaard-Nilsen Wiik 28,10(28,10)	93	Larvik SK 1.31,25(31,75)	(0,75) 2.02,36	579
14	Jonas Kirkeberg Jostad 27,89(27,89)	92	Hamar IL 1.29,57(31,47)	(0,80) 2.02,79	573
15	Odin Spangen Normann 28,08(28,08)	92	Kolbotn IL 1.30,85(32,21)	(0,74) 2.03,47	564
16	Kim Rune Hansen 28,37(28,37)	94	Øvre Eiker SK 1.32,14(32,28)	(0,72) 2.03,60	562
17	Håkon Brennhagen 30,24(30,24)	93	Skjetten Svømming 1.33,21(31,69)	(0,68) 2.03,95	557
18	Frede Rønning Rangnes 28,95(28,95)	94	Tønsberg SK 1.33,59(32,77)	(0,80) 2.04,06	556
19	Thorbjørn Birkeland 28,96(28,96)	93	Haugesund SK 1.32,75(32,46)	(0,83) 2.04,08	556
20	Ørjan Monsen 29,43(29,43)	92	Madla SK 1.33,15(32,18)	(0,87) 2.04,23	554
21	Lars Rugsveen 28,23(28,23)	94	Elverum Svømming 1.32,61(32,96)	(0,74) 2.05,85	532
22	Ivan Aleksander Larsen 28,99(28,99)	95	Karmøy SK 1.34,62(33,52)	(0,69) 2.08,63	499
	Morten Bordervich	94	Madla SK		DISK

## Funksjonshemmede

1	Andreas Bjørnstad 40,33(40,33)	97	Drammen SK 2.15,17(49,40)	3.01,47	178	S8 137,34 %
2	Bendik Savstad 35,52(35,52)	95	Tverlandet IL 2.01,09(42,82)	(0,84) 2.42,28	248	S10 141,78 %

## Øvelse 26. 200m individuell medley, damer - Forsøk

## Senior

1	Sara Nordenstam 31,99(31,99)	83	Lambertseter SK 1.50,08(40,19)	(0,87) 2.25,57	651
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## Junior

1	Susann Bjørnsen 30,88(30,88)	93	Setermoen SK/NTG 1.51,55(42,39)	(0,80) 2.23,15	684
2	Birgitte Elise Søfteland 32,00(32,00)	94	Sarpsborg IL 1.50,89(40,67)	(0,73) 2.24,15	670
3	Amalie Thorstensen 31,55(31,55)	96	Vågsbygd SLK 1.50,16(41,31)	(0,82) 2.24,81	661
4	Maria Thompson Clausen 31,29(31,29)	96	Madla SK 1.52,34(42,25)	(0,80) 2.26,11	644
5	Bitte Fagermo 31,79(31,79)	93	Narvik SK/NTG 1.51,26(42,23)	(1,01) 2.27,37	627

6	Elin Haugland	96	BS/Delfana	(0,86)	2.27,47	626
	31,62(31,62)	1.09,98(38,36)	1.54,49(44,51)		2.27,47(32,98)	
7	Jacqueline Knutsson	93	Kongsten/NTG	(0,83)	2.27,98	620
	30,64(30,64)	1.09,10(38,46)	1.52,46(43,36)		2.27,98(35,52)	
8	Stina Kajsa Colleou	93	Lambertseter SK	(0,76)	2.29,14	605
	33,03(33,03)	1.14,38(41,35)	1.54,18(39,80)		2.29,14(34,96)	
9	Sophia Broberg Skeltved	92	Tromsø SK/NTG	(0,78)	2.29,91	596
	31,88(31,88)	1.10,94(39,06)	1.52,60(41,66)		2.29,91(37,31)	
10	Benedicte Kausland	92	Vestkantsvømmerne	(0,81)	2.30,08	594
	33,05(33,05)	1.11,83(38,78)	1.54,63(42,80)		2.30,08(35,45)	
11	Oda Gjerde	95	Bryne SK	(0,82)	2.30,51	589
	32,57(32,57)	1.12,98(40,41)	1.56,39(43,41)		2.30,51(34,12)	
12	Andrea Hestdal	94	BS/Åstveit	(0,97)	2.30,53	589
	32,97(32,97)	1.11,42(38,45)	1.55,25(43,83)		2.30,53(35,28)	
13	Sofie Reisænen	97	Vågsbygd SLK	(0,93)	2.30,85	585
	33,29(33,29)	1.12,04(38,75)	1.55,05(43,01)		2.30,85(35,80)	
14	Maria Wigestrånd	94	Madla SK	(0,92)	2.31,05	583
	32,47(32,47)	1.13,22(40,75)	1.57,54(44,32)		2.31,05(33,51)	
15	Guro Aas	96	Vågsbygd SLK	(0,78)	2.31,12	582
	32,17(32,17)	1.12,03(39,86)	1.55,15(43,12)		2.31,12(35,97)	
16	Luna Elisabeth Sjøgaard	94	Lambertseter SK	(1,00)	2.31,39	579
	32,96(32,96)	1.13,97(41,01)	1.54,53(40,56)		2.31,39(36,86)	
17	Vilde Tengesdal	96	Bryne SK	(0,84)	2.31,42	578
	33,12(33,12)	1.12,78(39,66)	1.58,04(45,26)		2.31,42(33,38)	
18	Malene M. Pedersen	96	Lambertseter SK	(0,85)	2.31,61	576
	32,90(32,90)	1.12,60(39,70)	1.57,29(44,69)		2.31,61(34,32)	
19	Sara Louise Pedersen	96	Poseidon	(0,90)	2.31,82	574
	31,93(31,93)	1.11,93(40,00)	1.56,30(44,37)		2.31,82(35,52)	
20	Oona Ovesen	92	Elverum Svømming	(0,85)	2.32,67	564
	31,11(31,11)	1.10,22(39,11)	1.56,63(46,41)		2.32,67(36,04)	
21	Tonje Riise	93	Lakselv SK/NTG	(0,80)	2.33,39	556
	32,33(32,33)	1.12,22(39,89)	1.57,45(45,23)		2.33,39(35,94)	
22	Sara Boukili	95	SK Speed	(0,84)	2.33,70	553
	32,71(32,71)	1.11,23(38,52)	1.58,23(47,00)		2.33,70(35,47)	
23	Vilde Stordal	95	BS/Delfana	(0,87)	2.34,14	548
	32,01(32,01)	1.12,44(40,43)	2.00,19(47,75)		2.34,14(33,95)	
24	Maren E.J. Bakke	94	Setermoen SK	(0,76)	2.34,44	545
	32,83(32,83)	1.14,64(41,81)	1.57,33(42,69)		2.34,44(37,11)	
25	Karianne Reinertsen	97	BS/Delfana	(0,90)	2.34,66	543
	32,96(32,96)	1.12,75(39,79)	1.59,38(46,63)		2.34,66(35,28)	
26	Stine Mjølhus Kristoffersen	93	Madla SK	(0,87)	2.35,04	539
	32,87(32,87)	1.13,69(40,82)	1.58,83(45,14)		2.35,04(36,21)	
27	Hanna Louise Berge	98	SK Speed	(0,84)	2.35,84	530
	32,81(32,81)	1.15,67(42,86)	2.00,31(44,64)		2.35,84(35,53)	
28	Kjersti Dalen	93	Bærumsvømmerne	(0,76)	2.36,03	528
	32,66(32,66)	1.14,23(41,57)	2.00,32(46,09)		2.36,03(35,71)	
29	Karoline Steffensen	96	Harstad SK	(0,67)	2.36,04	528
	34,21(34,21)	1.12,61(38,40)	2.01,01(48,40)		2.36,04(35,03)	
30	Stina Victoria Nordberg	96	Ski SK	(0,70)	2.36,72	522
	33,08(33,08)	1.15,57(42,49)	2.00,25(44,68)		2.36,72(36,47)	
31	Oda Emilie Haagensen	94	Sarpsborg IL	(0,69)	2.36,77	521
	33,20(33,20)	1.14,73(41,53)	1.59,94(45,21)		2.36,77(36,83)	
32	Helene Nordmark Skuterud	93	Asker SK	(0,80)	2.37,07	518
	32,69(32,69)	1.12,59(39,90)	2.02,19(49,60)		2.37,07(34,88)	
33	Anna Bølgen	95	Bærumsvømmerne	(0,88)	2.37,78	511
	32,64(32,64)	1.12,33(39,69)	2.01,03(48,70)		2.37,78(36,75)	
34	Hege Strøm Haukeland	94	SK Speed/NTG	(0,78)	2.39,00	499
	33,12(33,12)	1.16,40(43,28)	2.02,85(46,45)		2.39,00(36,15)	
35	Emilie K. Hegdal	96	Stavanger SC	(0,89)	2.41,22	479
	33,32(33,32)	1.14,83(41,51)	2.03,60(48,77)		2.41,22(37,62)	

**Funksjonshemmede**

1	Marianne Fredbo	86	Vågsbygd SLK	(1,11)	3.59,72	146 SM7 142,33 %
	47,40(47,40)	1.57,48(1.10,08)	3.03,48(1.06,00)		3.59,72(56,24)	
2	Ingrid Djupskås	89	Drammen SK	(0,96)	3.47,64	170 SM8 143,79 %
	52,92(52,92)	1.42,69(49,77)	2.58,25(1.15,56)		3.47,64(49,39)	

## Øvelse 27. 50m rygg, herrer - Forsøk

## Senior

1	Lars Andre Tolås	88	Bærumsvømmerne	(0,69)	27,53	666
2	Even Vike Holm	90	BS/Arna	(0,76)	28,49	601
3	John Hage Gaarder	89	Lørenskog/Rælingen	(0,67)	28,85	579
4	Morten Hegdal	83	Bærumsvømmerne	(0,81)	29,63	534

## Junior

1	Lavrans Solli	92	Bergens SC	(0,68)	26,32	762	
2	Sverre Næss	92	Sarpsborg IL	(0,70)	26,52	745	
3	Christian Christiansen	94	Kristiansund SLK/NTG	(0,76)	28,61	593	
4	Runar Borgen	93	Tromsø SK/NTG	(0,89)	28,92	574	
5	Jørgen Aagaard-Nilsen Wiik	93	Larvik SK	(0,75)	29,07	566	
6	Markus Vindenes	94	Vestkantsvømmerne	(0,60)	29,09	564	
7	Norbert Prokopiak	94	Asker SK/NTG	(0,76)	29,14	561	
8	Armin Porobic	96	Lambertseter SK	(0,78)	29,31	552	
9	Henry Emil Nordhagen	93	Bærumsvømmerne	(0,62)	29,35	550	
10	Jakob Bernstein	95	Bærumsvømmerne	(0,61)	29,48	542	
11	Henrik Wathne	94	Bærumsvømmerne	(0,72)	29,49	542	
12	Markus Lie	95	BS/Åstveit	(0,68)	29,56	538	
13	Gaute Ravndal	94	Madla SK	(0,71)	29,77	527	
14	Daniel B. Havre	93	Mandal SK	(0,66)	29,80	525	
15	Vebjørn Lindhjem	95	Lørenskog/Rælingen	(0,76)	29,83	523	
16	Thomas Myhrer	94	Sarpsborg IL/NTG	(0,73)	29,84	523	
17	Philip Budd	96	Sandefjord SK	(0,67)	29,88	521	
17	Sander Sivertsen	96	Vestkantsvømmerne	(0,74)	29,88	521	
19	Håkon P. Ludvigsen	96	Randaberg IL	(0,74)	30,12	508	
20	Henning Kaland	92	Oslo IL	(0,65)	30,21	504	
21	Åsmund Karlsen	92	Eid SK	(0,77)	30,26	501	
22	Thomas Brustveit	93	Sandnes SLK	(0,66)	30,31	499	DF
23	Fredrik Tronvoll	93	Vestbyen Trondheim	(0,98)	30,31	499	DE
24	Martin B. Lund	92	Elverum Svømming	(0,78)	30,35	497	
25	Sander Andersen	96	Poseidon	(0,68)	30,41	494	
26	Daniel Sandhåland	95	Karmøy SK	(0,70)	30,45	492	
27	Henrik Søfteland	95	BS/Delfana	(0,68)	30,51	489	
28	Kristian Henanger	94	Lambertseter SK	(0,61)	30,52	489	
29	Morten Wee Hollund	96	Karmøy SK	(0,65)	30,59	485	
30	Sigve Ekeli Nystuen	96	Asker SK	(0,67)	30,65	483	
31	Johann David Ørbeck	95	Bærumsvømmerne	(0,59)	30,67	482	
32	Aksel Øvern	93	Lambertseter SK	(0,65)	30,68	481	
33	Marius Thorsø	93	BS/Delfana	(0,78)	30,73	479	
34	Stian Frestad	94	Kristiansand SA	(0,68)	31,03	465	
35	Lars Rugsveen	94	Elverum Svømming	(0,72)	31,11	461	
36	Bendik Søfteland	96	Sarpsborg IL	(0,77)	31,15	460	
37	Bendik Falch	93	Namsos SK	(0,69)	31,31	453	
38	Eirik S. Jørgensen	95	Kristiansand SA	(0,65)	31,64	439	
39	Christoffer Tofte Hamborg	93	Vestbyen Trondheim	(0,98)	31,99	424	

## Øvelse 28. 50m bryst, damer - Forsøk

## Senior

1	Katharina Stiberg	88	Bjerkvik SK	(0,69)	32,29	786
2	Henriette Brekke	88	Stavanger SC	(0,73)	33,63	696
3	Sara Nordenstam	83	Lambertseter SK	(0,83)	34,59	639
4	Mari Singstad	91	Trondhjem SLK		34,94	620
5	Hanne Chr. Seyffarth	85	Mandal SK	(0,77)	35,13	610
6	Renate Aasland Ranaweera	91	Bergens SC	(0,79)	37,58	499

## Junior

1	Kaja Bremer	93	Bergens SLK	(0,81)	34,33	654
2	Stina Kajsa Colleou	93	Lambertseter SK	(0,73)	34,44	648
3	Stine Vindenes	93	Vestkantsvømmerne	(0,80)	34,83	626
4	Sophia Broberg Skeltved	92	Tromsø SK/NTG	(0,77)	34,88	624
5	Tone Lill Evanger	96	BS/Delfana	(0,87)	34,94	620
6	Rikke Nagell-Kleven	95	Asker SK	(0,82)	34,97	619
7	Maren Larsen	94	Madla SK	(0,80)	34,99	618
8	Ida-Marie Dybdahl	94	Larvik SK	(0,78)	35,12	611
9	Luna Elisabeth Sjøgaard	94	Lambertseter SK		35,13	610
10	Benedicte Kausland	92	Vestkantsvømmerne	(0,72)	35,25	604
11	Mari Nerdrum	95	Asker SK	(0,83)	35,36	599
12	Maren E.J. Bakke	94	Setermoen SK		35,70	582
13	Patricia Baay Kristoffersen	96	Sandefjord SK	(0,90)	35,89	572
14	Siren Bergslid	93	Stavanger SC	(0,84)	35,96	569
15	Tiril Fredrikke Rist Jensen	94	Kristiansand SA	(0,73)	36,01	567
16	Katrine Jensen	92	BS/Åstveit	(0,84)	36,07	564
17	Inger Kristine Steinsland	92	IL Solid	(0,82)	36,28	554
18	Amalie Thorstensen	96	Vågsbygd SLK	(0,79)	36,30	553
19	Karina Brunstad Fet	95	Aalesund SLK	(0,77)	36,34	551
20	Oda Almgren Lind	95	Oslo IL	(0,70)	36,39	549
20	Stine Tveit	93	Trondhjem SLK	(0,89)	36,39	549
22	Malene M. Pedersen	96	Lambertseter SK	(0,83)	36,50	544
22	Sofie Reisænen	97	Vågsbygd SLK	(0,76)	36,50	544
24	Helene Moholdt	95	Modum SK		36,78	532
25	Malin Dahle	93	Vestkantsvømmerne	(0,87)	37,02	522
26	Vilde Bjørnebye	95	Elverum Svømming		37,10	518
27	Guro Aas	96	Vågsbygd SLK	(0,76)	37,37	507
28	Kristine Mathingsdal Pedersen	94	Farsund SK	(0,87)	37,41	505
29	Tonje Stæhr Petersen	93	Moss SK	(0,90)	37,42	505
30	Pernille Berntsen	95	Førde IL	(0,84)	38,81	453

## Øvelse 29. 4\*100m fri, herrer - Junior

## Junior

1	Madla SK G1 jr.	JR	Madla SK	(0,72)	3.34,96	672
	Ole Martin Ree:	26,03(26,03)	53,37(27,34)	53,37		
	Morten Bordervich:	1.19,29(25,92)	1.47,03(27,74)	53,66		
	Kacper Domanski:	2.13,20(26,17)	2.42,01(28,81)	54,98		
	Gaute Ravndal:	3.07,25(25,24)	3.34,96(27,71)	52,95		
2	Stavanger SC G1 jr.	JR	Stavanger SC	(0,76)	3.35,08	670
	Jørn Nygård:	25,73(25,73)	52,83(27,10)	52,83		
	Per Øystein Turøy:	1.18,43(25,60)	1.46,80(28,37)	53,97		
	Alexander Marki Mork:	2.12,74(25,94)	2.41,58(28,84)	54,78		
	Fredrik K Hegdal:	3.07,08(25,50)	3.35,08(28,00)	53,50		
3	Bergensv. G1 jr.	JR	Bergensvømmerne	(0,71)	3.39,56	630
	Erlend Ulveseter:	25,72(25,72)	54,32(28,60)	54,32		
	Eivind Johannesen:	1.20,40(26,08)	1.49,78(29,38)	55,46		
	Markus Lie:	2.15,42(25,64)	2.44,11(28,69)	54,33		
	Espen Halhjem:	3.09,97(25,86)	3.39,56(29,59)	55,45		
4	Asker SK G1 jr.	JR	Asker SK	(0,67)	3.43,05	601
	Aleksander Sire:	26,42(26,42)	55,72(29,30)	55,72		
	Andreas Bergman:	1.22,06(26,34)	1.51,19(29,13)	55,47		
	Norbert Prokopiak:	2.17,47(26,28)	2.47,10(29,63)	55,91		
	Andreas Manum Hagby:	3.13,79(26,69)	3.43,05(29,26)	55,95		
5	Bærumsv G1 jr.	JR	Bærumsvømmerne	(0,70)	3.43,37	598
	Henry Emil Nordhagen:	26,81(26,81)	55,89(29,08)	55,89		
	Henrik Wathne:	1.22,11(26,22)	1.51,74(29,63)	55,85		
	Lars Hvidsten:	2.18,35(26,61)	2.47,48(29,13)	55,74		
	Iver Hvidsten:	3.13,65(26,17)	3.43,37(29,72)	55,89		
6	Lambertseter SK G1 jr.	JR	Lambertseter SK	(0,77)	3.43,87	594
	Mathias Madsen:	26,61(26,61)	54,58(27,97)	54,58		
	Sondre Kallhovd:	1.20,95(26,37)	1.49,81(28,86)	55,23		
	Armin Porobic:	2.16,13(26,32)	2.46,30(30,17)	56,49		
	Kristian Henanger:	3.13,45(27,15)	3.43,87(30,42)	57,57		
7	Kolbotn IL G1 jr.	JR	Kolbotn IL	(0,73)	3.44,98	586
	Odin Spangen Normann:	26,75(26,75)	55,62(28,87)	55,62		
	Erik Tobias Sollesnes:	1.22,35(26,73)	1.52,28(29,93)	56,66		
	Martin Gundersen:	2.18,71(26,43)	2.49,11(30,40)	56,83		
	Johan Parker Nygaard:	3.15,23(26,12)	3.44,98(29,75)	55,87		
8	Vestbyen IL G1 jr.	JR	Vestbyen Trondheim	(0,76)	3.46,87	571
	Christoffer Tofte Hamborg:	27,22(27,22)	56,39(29,17)	56,39		
	Fredrik Tronvoll:	1.22,98(26,59)	1.54,03(31,05)	57,64		
	Gunnar Evjen:	2.21,38(27,35)	2.51,90(30,52)	57,87		
	Christian Tronvoll:	3.17,54(25,64)	3.46,87(29,33)	54,97		
9	Bergensv. G2 jr.	JR	Bergensvømmerne	(0,91)	3.49,21	554
	Jonas Jensen:	27,64(27,64)	58,39(30,75)	58,39		
	Marius Thorsø:	1.24,77(26,38)	1.53,76(28,99)	55,37		
	Bård Løvik:	2.20,42(26,66)	2.51,92(31,50)	58,16		
	Jonas Ødegård Aanby:	3.19,17(27,25)	3.49,21(30,04)	57,29		
10	Karmøy SK G1 jr.	JR	Karmøy SK	(0,69)	3.49,78	550
	Harald Goa Fagerheim:	27,97(27,97)	58,17(30,20)	58,17		
	Ivan Aleksander Larsen:	1.24,96(26,79)	1.54,95(29,99)	56,78		
	Daniel Sandhåland:	2.22,76(27,81)	2.53,51(30,75)	58,56		
	Morten Wee Hollund:	3.20,20(26,69)	3.49,78(29,58)	56,27		
11	Løren/Rælingen G1 jr.	JR	Lørenskog/Rælingen	(0,95)	3.52,94	528
	Gard Ruben Fauske:	28,31(28,31)	1.00,14(31,83)	1.00,14		
	Jørgen Scheie Bråthen:	1.28,00(27,86)	1.58,03(30,03)	57,89		
	Vebjørn Lindhjem:	2.25,67(27,64)	2.54,92(29,25)	56,89		
	Jørgen Gundersen:	3.22,18(27,26)	3.52,94(30,76)	58,02		
12	Madla SK G2 jr.	JR	Madla SK	(0,83)	3.54,98	514
	Ørjan Monsen:	28,23(28,23)	57,28(29,05)	57,28		
	Sindre Aasland Ranaweera:	1.24,65(27,37)	1.54,86(30,21)	57,58		
	Tim Samuelsen:	2.24,48(29,62)	2.56,78(32,30)	1.01,92		
	Øyvind Malde:	3.24,16(27,38)	3.54,98(30,82)	58,20		
13	Bærumsv G2 jr.	JR	Bærumsvømmerne	(0,64)	3.55,40	511
	Jakob Bernstein:	27,55(27,55)	56,49(28,94)	56,49		
	Mads Henry Steinland:	1.24,76(28,27)	1.56,77(32,01)	1.00,28		
	Johann David Ørbeck:	2.24,62(27,85)	2.54,94(30,32)	58,17		
	Fridtjof Bache Hungnes:	3.22,92(27,98)	3.55,40(32,48)	1.00,46		

14	Elverum IL G1 jr.	JR	Elverum Svømming	(0,75)	3.56,21	506
	Ingvar V. Skirbekk:	27,72(27,72)	57,85(30,13)	57,85		
	Lars Rugsveen:	1.25,23(27,38)	1.56,02(30,79)	58,17		
	Martin B. Lund:	2.23,74(27,72)	2.55,00(31,26)	58,98		
	Håkon B Lund:	3.23,06(28,06)	3.56,21(33,15)	1.01,21		
15	Sandnes SLK G1 jr.	JR	Sandnes SLK	(0,77)	3.58,63	491
	Henry Ravndal:	27,87(27,87)	59,32(31,45)	59,32		
	Thomas Brustveit:	1.27,19(27,87)	1.57,17(29,98)	57,85		
	Erik Andre Klepp Vik:	2.26,44(29,27)	2.59,31(32,87)	1.02,14		
	Glenn Skjæveland:	3.26,95(27,64)	3.58,63(31,68)	59,32		
16	Kristiansand SA G1 jr.	JR	Kristiansand SA	(0,92)	4.03,92	460
	Jostein Dalshov Kringlen:	28,45(28,45)	59,16(30,71)	59,16		
	Stian Frestad:	1.27,91(28,75)	2.00,60(32,69)	1.01,44		
	Nicolai Gerrard:	2.29,76(29,16)	3.03,32(33,56)	1.02,72		
	Daniel Skauge:	3.31,68(28,36)	4.03,92(32,24)	1.00,60		
17	Ski SK G1 jr.	JR	Ski SK	(0,76)	4.06,83	444
	Einar Norum:	27,23(27,23)	57,57(30,34)	57,57		
	Sven Peder Oseth:	1.27,30(29,73)	2.00,36(33,06)	1.02,79		
	Kristoffer Soot:	2.30,05(29,69)	3.03,80(33,75)	1.03,44		
	Eirik Nilsen:	3.33,58(29,78)	4.06,83(33,25)	1.03,03		
18	Namsos SK G1 jr.	JR	Namsos SK	(0,72)	4.07,11	442
	Scott René Høgenhaug:	27,52(27,52)	59,60(32,08)	59,60		
	Bendik Falch:	1.28,49(28,89)	1.59,68(31,19)	1.00,08		
	Anders Skaanes:	2.29,17(29,49)	3.02,04(32,87)	1.02,36		
	Benjamin Gaupset:	3.33,09(31,05)	4.07,11(34,02)	1.05,07		

### Øvelse 30. 4\*200m fri, damer - Junior

#### Junior

1	Bergensv. J1 jr.	JR	Bergensvømmerne	(0,82)	8.35,69	719
	Karoline Pedersen:	29,72(29,72)	1.01,88(32,16)	2.09,85		
	Elin Haugland:	1.35,72(33,84)	2.09,85(34,13)	2.10,24		
	Bryndis Run Hansen:	2.39,79(29,94)	3.13,09(33,30)	2.06,95		
	Lise Sand Syversen:	3.47,46(34,37)	4.20,09(32,63)	2.08,65		
2	Madla SK J1 jr.	JR	Madla SK	(0,88)	8.35,92	718 NJR
	Victoria Rung:	29,62(29,62)	1.01,69(32,07)	2.07,43		
	Maria Thompson Clausen:	1.34,46(32,77)	2.07,43(32,97)	2.11,54		
	Marthe Berg Sørensen:	2.37,72(30,29)	3.10,73(33,01)	2.10,66		
	Eva Marie W. Østerhus:	3.44,46(33,73)	4.18,97(34,51)	2.06,29		
3	Lambertseter SK J1 jr.	JR	Lambertseter SK	(0,84)	8.47,43	672
	Christine M. Pedersen:	29,88(29,88)	1.02,56(32,68)	2.09,48		
	Malene M. Pedersen:	1.36,45(33,89)	2.09,48(33,03)	2.11,85		
	Julie Rønningsen:	2.40,24(30,76)	3.13,48(33,24)	2.12,80		
	Emilie Hellerud:	3.47,82(34,34)	4.21,33(33,51)	2.13,30		
4	Bærumsv J1 jr.	JR	Bærumsvømmerne	(0,81)	8.55,07	644
	Andrea Westbye:	30,55(30,55)	1.03,84(33,29)	2.11,76		
	Emilie Nyenget Løvberg:	1.37,83(33,99)	2.11,76(33,93)	2.10,20		
	Maria Bølgen:	2.41,69(29,93)	3.14,99(33,30)	2.16,32		
	Anna Bølgen:	3.48,42(33,43)	4.21,96(33,54)	2.16,79		

5	Øvre Eiker SK J1 jr.	JR	Øvre Eiker SK	(0,73)	9.00,43	625
		29,47(29,47)	1.01,67(32,20)			
	Stine Lise Stenseth:	1.34,96(33,29)	2.08,85(33,89)	2.08,85		
		2.39,80(30,95)	3.14,12(34,32)			
	Ellen Camilla Hansen:	3.49,38(35,26)	4.23,79(34,41)	2.14,94		
		4.54,14(30,35)	5.29,55(35,41)			
	Elisabeth Støver:	6.06,32(36,77)	6.42,87(36,55)	2.19,08		
		7.13,60(30,73)	7.48,43(34,83)			
	Fanny Moen Pettersen:	8.24,65(36,22)	9.00,43(35,78)	2.17,56		
6	Asker SK J1 jr.	JR	Asker SK	(0,79)	9.02,80	617
		29,97(29,97)	1.03,51(33,54)			
	Oda Marie Siljan:	1.38,39(34,88)	2.13,46(35,07)	2.13,46		
		2.45,19(31,73)	3.19,96(34,77)			
	Marte K. Bolstad:	3.56,28(36,32)	4.32,32(36,04)	2.18,86		
		5.03,79(31,47)	5.38,18(34,39)			
	Siri Anette Sønju:	6.13,80(35,62)	6.49,43(35,63)	2.17,11		
		7.19,79(30,36)	7.53,80(34,01)			
	Majken Smith:	8.28,61(34,81)	9.02,80(34,19)	2.13,37		
7	Madla SK J2 jr.	JR	Madla SK	(0,86)	9.07,92	600
		29,81(29,81)	1.03,11(33,30)			
	Maria Wigestrånd:	1.37,59(34,48)	2.12,48(34,89)	2.12,48		
		2.42,32(29,84)	3.16,83(34,51)			
	Lotte Miller:	3.52,01(35,18)	4.26,68(34,67)	2.14,20		
		4.58,52(31,84)	5.34,81(36,29)			
	Ingrid Bergslid:	6.11,73(36,92)	6.48,29(36,56)	2.21,61		
		7.19,70(31,41)	7.55,33(35,63)			
	Stine Mjølhus Kristoffersen:	8.31,94(36,61)	9.07,92(35,98)	2.19,63		
8	Bergensv. J2 jr.	JR	Bergensvømmerne	(0,85)	9.10,93	590
		31,30(31,30)	1.04,74(33,44)			
	Lisa Skogeng:	1.39,56(34,82)	2.13,36(33,80)	2.13,36		
		2.44,83(31,47)	3.19,99(35,16)			
	Andrea Hestdal:	3.54,75(34,76)	4.29,04(34,29)	2.15,68		
		5.00,37(31,33)	5.35,74(35,37)			
	Karianne Reinertsen:	6.13,45(37,71)	6.50,21(36,76)	2.21,17		
		7.21,65(31,44)	7.57,55(35,90)			
	Vilde Stordal:	8.35,05(37,50)	9.10,93(35,88)	2.20,72		
9	Bergensv. J3 jr.	JR	Bergensvømmerne	(0,95)	9.14,93	577
		32,42(32,42)	1.07,88(35,46)			
	Tone Lill Evanger:	1.44,23(36,35)	2.19,17(34,94)	2.19,17		
		2.49,83(30,66)	3.24,99(35,16)			
	Marie Reinertsen:	4.01,08(36,09)	4.37,39(36,31)	2.18,22		
		5.09,13(31,74)	5.44,24(35,11)			
	Helene Thunes Truyen:	6.20,28(36,04)	6.56,20(35,92)	2.18,81		
		7.27,44(31,24)	8.02,28(34,84)			
	Maria Voldsund:	8.38,77(36,49)	9.14,93(36,16)	2.18,73		
10	Aalesunds SLK J1 jr.	JR	Aalesund SLK	(0,83)	9.18,84	565
		28,74(28,74)	1.01,02(32,28)			
	Veronica Orheim Bjørlykke:	1.35,02(34,00)	2.09,29(34,27)	2.09,29		
		2.40,07(30,78)	3.15,31(35,24)			
	Julie Hjellbakk Pettersen:	3.52,33(37,02)	4.28,24(35,91)	2.18,95		
		4.59,57(31,33)	5.36,72(37,15)			
	Karina Brunstad Fet:	6.14,62(37,90)	6.52,11(37,49)	2.23,87		
		7.25,88(33,77)	8.03,15(37,27)			
	Ina Karin Haagenen:	8.41,45(38,30)	9.18,84(37,39)	2.26,73		
11	SK Speed J1 jr.	JR	SK Speed	(0,89)	9.20,37	561
		30,83(30,83)	1.04,69(33,86)			
	Sara Boukili:	1.40,01(35,32)	2.15,11(35,10)	2.15,11		
		2.45,72(30,61)	3.20,02(34,30)			
	Hege Strøm Haukeland:	3.55,42(35,40)	4.30,79(35,37)	2.15,68		
		5.03,35(32,56)	5.40,50(37,15)			
	Hanna Louise Berge:	6.18,26(37,76)	6.55,06(36,80)	2.24,27		
		7.28,18(33,12)	8.05,24(37,06)			
	Sara Torp Myhre:	8.42,84(37,60)	9.20,37(37,53)	2.25,31		
12	Løren/Rælingen J1 jr.	JR	Lørenskog/Rælingen	(0,82)	9.26,56	543
		31,85(31,85)	1.07,10(35,25)			
	Susanne Fornasari:	1.43,57(36,47)	2.20,01(36,44)	2.20,01		
		2.50,90(30,89)	3.25,83(34,93)			
	Klara Farkas:	4.01,90(36,07)	4.37,51(35,61)	2.17,50		
		5.10,97(33,46)	5.50,59(39,62)			
	Marie Svensson:	6.30,58(39,99)	7.08,99(38,41)	2.31,48		
		7.40,09(31,10)	8.14,24(34,15)			
	Jeanette Erlandsen:	8.50,35(36,11)	9.26,56(36,21)	2.17,57		

13	Vågsbygd SLK J1 jr.	JR	Vågsbygd SLK	(0,87)	9.28,90	536
			31,48(31,48)			
	Rebecca Grindland Ege:		1.45,99(38,04)	2.22,71(36,72)	2.22,71	
			2.53,55(30,84)	3.28,91(35,36)		
	Amalie Thorstensen:		4.05,22(36,31)	4.40,74(35,52)	2.18,03	
			5.14,73(33,99)	5.52,78(38,05)		
	Sofie Reisænen:		6.31,64(38,86)	7.08,29(36,65)	2.27,55	
			7.39,75(31,46)	8.15,36(35,61)		
	Guro Aas:		8.52,35(36,99)	9.28,90(36,55)	2.20,61	
14	Oslo IL J1 jr.	JR	Oslo IL	(0,78)	9.33,17	524
			31,44(31,44)	1.06,56(35,12)		
	Nehna-Louise Møller-Pettersen:		1.42,89(36,33)	2.18,81(35,92)	2.18,81	
			2.50,26(31,45)	3.26,18(35,92)		
	Oda Almgren Lind:		4.03,22(37,04)	4.39,86(36,64)	2.21,05	
			5.12,77(32,91)	5.50,67(37,90)		
	Gry Bernakiewicz:		6.29,98(39,31)	7.08,47(38,49)	2.28,61	
			7.41,68(33,21)	8.18,17(36,49)		
	Gesine Laake:		8.55,95(37,78)	9.33,17(37,22)	2.24,70	
15	Bergensv. J4 jr.	JR	Bergensvømmerne	(0,79)	9.33,24	524
			32,36(32,36)	1.07,64(35,28)		
	Frida Hinna:		1.43,85(36,21)	2.19,59(35,74)	2.19,59	
			2.51,88(32,29)	3.28,70(36,82)		
	Stina Dahl:		4.06,82(38,12)	4.44,28(37,46)	2.24,69	
			5.16,94(32,66)	5.53,47(36,53)		
	Stina Heimnes:		6.30,75(37,28)	7.07,29(36,54)	2.23,01	
			7.40,34(33,05)	8.18,06(37,72)		
	Vanja Sand Syversen:		8.55,98(37,92)	9.33,24(37,26)	2.25,95	
16	Elverum IL J1 jr.	JR	Elverum Svømming	(0,85)	9.36,03	516
			30,96(30,96)	1.05,95(34,99)		
	Oona Ovesen:		1.41,82(35,87)	2.17,77(35,95)	2.17,77	
			2.49,96(32,19)	3.26,42(36,46)		
	Vilde Bjørnebye:		4.04,40(37,98)	4.41,76(37,36)	2.23,99	
			5.14,93(33,17)	5.53,91(38,98)		
	Ida Jordan:		6.34,04(40,13)	7.13,44(39,40)	2.31,68	
			7.45,09(31,65)	8.21,74(36,65)		
	Kristin Johnson:		8.59,59(37,85)	9.36,03(36,44)	2.22,59	
17	Trondhjem SLK J1 jr.	JR	Trondhjem SLK	(0,92)	9.36,55	515
			32,92(32,92)	1.08,99(36,07)		
	Malin Schanke Tømmervik:		1.47,59(38,60)	2.25,28(37,69)	2.25,28	
			2.57,47(32,19)	3.33,44(35,97)		
	Åse Nytrø:		4.10,13(36,69)	4.45,83(35,70)	2.20,55	
			5.17,73(31,90)	5.53,62(35,89)		
	Stine Tveit:		6.30,59(36,97)	7.07,56(36,97)	2.21,73	
			7.40,48(32,92)	8.18,42(37,94)		
	Viktoria Juel:		8.58,10(39,68)	9.36,55(38,45)	2.28,99	
18	Drammen SK J1 jr.	JR	Drammen SK	(0,88)	9.47,62	486
			33,07(33,07)	1.09,53(36,46)		
	Emilie Knudsen:		1.47,67(38,14)	2.23,62(35,95)	2.23,62	
			2.55,69(32,07)	3.32,60(36,91)		
	Kristin Graf Verpe:		4.10,71(38,11)	4.49,12(38,41)	2.25,50	
			5.20,79(31,67)	5.56,94(36,15)		
	Emilie Engebretsen:		6.34,14(37,20)	7.10,50(36,36)	2.21,38	
			7.44,22(33,72)	8.24,68(40,46)		
	Lisa Spiering:		9.06,76(42,08)	9.47,62(40,86)	2.37,12	
19	Ski SK J1 jr.	JR	Ski SK	(0,84)	9.48,72	484
			32,00(32,00)	1.07,00(35,00)		
	Eline Mathilde Swensen:		1.42,60(35,60)	2.18,11(35,51)	2.18,11	
			2.50,22(32,11)	3.27,02(36,80)		
	Stina Victoria Nordberg:		4.05,69(38,67)	4.43,18(37,49)	2.25,07	
			5.16,55(33,37)	5.53,64(37,09)		
	Celia Lie Storstad:		6.31,16(37,52)	7.07,40(36,24)	2.24,22	
			7.44,45(37,05)	8.25,57(41,12)		
	Susanne Utgård:		9.07,74(42,17)	9.48,72(40,98)	2.41,32	
	Lambertseter SK J2 jr.	JR	Lambertseter SK	(0,90)	DISK	
			32,08(32,08)	1.06,84(34,76)		
	Ada-Emilie Bekk Berggren:		1.42,20(35,36)	2.17,20(35,00)	2.17,20	
			2.48,96(31,76)	3.24,76(35,80)		
	Anna Finstad:		4.02,05(37,29)	4.39,92(37,87)	2.22,72	
			5.12,10(32,18)	5.48,69(36,59)		
	Line Henanger:		6.26,08(37,39)	7.02,00(35,92)	2.22,08	
	Vår Celine Søgaaard:					



# Mandag 11. juli 2011 kl 17.00 – Finaler

## Øvelse 21. 400m individuell medley, herrer - Direkte finale

### Junior

1	Morten Bordervich	94	Madla SK	(0,75)	4.41,00	653
	29,39(29,39)	1.03,14(33,75)	1.38,80(35,66)		2.13,71(34,91)	
	2.56,69(42,98)	3.39,93(43,24)	4.11,22(31,29)		4.41,00(29,78)	
2	Markus Lie	95	BS/Åstveit	(0,72)	4.42,47	643
	29,99(29,99)	1.05,22(35,23)	1.42,72(37,50)		2.19,40(36,68)	
	2.58,98(39,58)	3.39,83(40,85)	4.11,84(32,01)		4.42,47(30,63)	
3	Fredrik K Hegdal	94	Stavanger SC	(0,72)	4.46,52	616
	28,02(28,02)	1.00,67(32,65)	1.38,00(37,33)		2.15,79(37,79)	
	2.57,97(42,18)	3.41,01(43,04)	4.14,06(33,05)		4.46,52(32,46)	
4	Sander Andersen	96	Poseidon	(0,80)	4.49,30	599
	30,32(30,32)	1.05,78(35,46)	1.42,53(36,75)		2.19,06(36,53)	
	2.59,66(40,60)	3.41,71(42,05)	4.16,04(34,33)		4.49,30(33,26)	
5	Øystein Fjeldberg	93	Randaberg IL	(0,95)	4.51,72	584
	29,98(29,98)	1.04,76(34,78)	1.41,71(36,95)		2.20,39(38,68)	
	3.02,78(42,39)	3.46,75(43,97)	4.19,82(33,07)		4.51,72(31,90)	
6	Espen Halhjem	92	BS/Delfana	(0,77)	4.54,08	570
	30,22(30,22)	1.05,76(35,54)	1.44,18(38,42)		2.22,12(37,94)	
	3.03,58(41,46)	3.45,83(42,25)	4.20,22(34,39)		4.54,08(33,86)	
7	Martin B. Lund	92	Elverum Svømming	(0,93)	4.54,90	565
	30,14(30,14)	1.06,14(36,00)	1.44,54(38,40)		2.22,22(37,68)	
	3.03,98(41,76)	3.46,04(42,06)	4.21,01(34,97)		4.54,90(33,89)	
8	Henrik Wathne	94	Bærumsvømmerne	(0,73)	4.55,08	564
	30,25(30,25)	1.04,98(34,73)	1.42,66(37,68)		2.19,11(36,45)	
	3.02,15(43,04)	3.45,90(43,75)	4.20,79(34,89)		4.55,08(34,29)	
9	Erik Årslund Gidskehaug	97	Bryne SK	(0,84)	4.59,50	540
	31,71(31,71)	1.08,60(36,89)	1.47,44(38,84)		2.25,15(37,71)	
	3.09,51(44,36)	3.53,37(43,86)	4.27,27(33,90)		4.59,50(32,23)	
10	Henrik Søfteland	95	BS/Delfana	(0,83)	5.00,43	535
	31,45(31,45)	1.06,21(34,76)	1.43,32(37,11)		2.20,75(37,43)	
	3.07,15(46,40)	3.52,94(45,79)	4.27,73(34,79)		5.00,43(32,70)	
11	Alexander Marki Mork	95	Stavanger SC	(0,71)	5.01,35	530
	30,62(30,62)	1.07,11(36,49)	1.45,89(38,78)		2.24,44(38,55)	
	3.07,86(43,42)	3.53,97(46,11)	4.28,70(34,73)		5.01,35(32,65)	
12	Andreas Mathingsdal Pedersen	92	Farsund SK	(0,76)	5.01,77	528
	31,05(31,05)	1.07,05(36,00)	1.47,88(40,83)		2.29,64(41,76)	
	3.10,63(40,99)	3.52,33(41,70)	4.27,38(35,05)		5.01,77(34,39)	
13	Daniel Sandhåland	95	Karmøy SK	(0,83)	5.06,91	502
	31,30(31,30)	1.08,82(37,52)	1.48,21(39,39)		2.27,60(39,39)	
	3.11,32(43,72)	3.56,88(45,56)	4.32,24(35,36)		5.06,91(34,67)	

### Senior

1	Alexander Broberg Skeltved	87	Bergens SC	(0,79)	4.34,79	699
	28,03(28,03)	1.00,36(32,33)	1.36,99(36,63)		2.13,14(36,15)	
	2.51,81(38,67)	3.30,34(38,53)	4.02,85(32,51)		4.34,79(31,94)	
2	Eirik Ravnan	89	Hamar IL	(0,83)	4.40,46	657
	28,66(28,66)	1.01,89(33,23)	1.37,76(35,87)		2.13,51(35,75)	
	2.52,49(38,98)	3.32,34(39,85)	4.06,40(34,06)		4.40,46(34,06)	
3	Morten Bordervich	94	Madla SK	(0,75)	4.41,00	653
	29,39(29,39)	1.03,14(33,75)	1.38,80(35,66)		2.13,71(34,91)	
	2.56,69(42,98)	3.39,93(43,24)	4.11,22(31,29)		4.41,00(29,78)	
4	Markus Lie	95	BS/Åstveit	(0,72)	4.42,47	643
	29,99(29,99)	1.05,22(35,23)	1.42,72(37,50)		2.19,40(36,68)	
	2.58,98(39,58)	3.39,83(40,85)	4.11,84(32,01)		4.42,47(30,63)	
5	Oscar Aldabe Bomstad	90	Bergens SC	(0,75)	4.46,17	619
	29,05(29,05)	1.03,55(34,50)	1.40,68(37,13)		2.17,38(36,70)	
	2.58,47(41,09)	3.40,33(41,86)	4.14,48(34,15)		4.46,17(31,69)	
6	Fredrik K Hegdal	94	Stavanger SC	(0,72)	4.46,52	616
	28,02(28,02)	1.00,67(32,65)	1.38,00(37,33)		2.15,79(37,79)	
	2.57,97(42,18)	3.41,01(43,04)	4.14,06(33,05)		4.46,52(32,46)	

7	Sander Andersen	96	Poseidon	(0,80)	4.49,30	599
	30,32(30,32)	1.05,78(35,46)	1.42,53(36,75)	2.19,06(36,53)		
	2.59,66(40,60)	3.41,71(42,05)	4.16,04(34,33)	4.49,30(33,26)		
8	Øystein Fjeldberg	93	Randaberg IL	(0,95)	4.51,72	584
	29,98(29,98)	1.04,76(34,78)	1.41,71(36,95)	2.20,39(38,68)		
	3.02,78(42,39)	3.46,75(43,97)	4.19,82(33,07)	4.51,72(31,90)		
9	Gunnar V. Skirbekk	91	Elverum Svømming	(0,79)	4.51,88	583
	30,28(30,28)	1.05,93(35,65)	1.44,11(38,18)	2.22,16(38,05)		
	3.02,72(40,56)	3.45,16(42,44)	4.19,63(34,47)	4.51,88(32,25)		
10	Espen Halhjem	92	BS/Delfana	(0,77)	4.54,08	570
	30,22(30,22)	1.05,76(35,54)	1.44,18(38,42)	2.22,12(37,94)		
	3.03,58(41,46)	3.45,83(42,25)	4.20,22(34,39)	4.54,08(33,86)		
11	Martin B. Lund	92	Elverum Svømming	(0,93)	4.54,90	565
	30,14(30,14)	1.06,14(36,00)	1.44,54(38,40)	2.22,22(37,68)		
	3.03,98(41,76)	3.46,04(42,06)	4.21,01(34,97)	4.54,90(33,89)		
12	Henrik Wathne	94	Bærumsvømmerne	(0,73)	4.55,08	564
	30,25(30,25)	1.04,98(34,73)	1.42,66(37,68)	2.19,11(36,45)		
	3.02,15(43,04)	3.45,90(43,75)	4.20,79(34,89)	4.55,08(34,29)		
13	Carl Andreas Wathne	91	Bærumsvømmerne	(0,85)	4.56,50	556
	30,09(30,09)	1.04,93(34,84)	1.43,79(38,86)	2.22,07(38,28)		
	3.04,97(42,90)	3.48,96(43,99)	4.23,07(34,11)	4.56,50(33,43)		
14	Erik Årslund Gidskehaug	97	Bryne SK	(0,84)	4.59,50	540
	31,71(31,71)	1.08,60(36,89)	1.47,44(38,84)	2.25,15(37,71)		
	3.09,51(44,36)	3.53,37(43,86)	4.27,27(33,90)	4.59,50(32,23)		
15	Henrik Søfteland	95	BS/Delfana	(0,83)	5.00,43	535
	31,45(31,45)	1.06,21(34,76)	1.43,32(37,11)	2.20,75(37,43)		
	3.07,15(46,40)	3.52,94(45,79)	4.27,73(34,79)	5.00,43(32,70)		
16	Alexander Marki Mork	95	Stavanger SC	(0,71)	5.01,35	530
	30,62(30,62)	1.07,11(36,49)	1.45,89(38,78)	2.24,44(38,55)		
	3.07,86(43,42)	3.53,97(46,11)	4.28,70(34,73)	5.01,35(32,65)		
17	Andreas Mathingsdal Pedersen	92	Farsund SK	(0,76)	5.01,77	528
	31,05(31,05)	1.07,05(36,00)	1.47,88(40,83)	2.29,64(41,76)		
	3.10,63(40,99)	3.52,33(41,70)	4.27,38(35,05)	5.01,77(34,39)		
18	Daniel Sandhåland	95	Karmøy SK	(0,83)	5.06,91	502
	31,30(31,30)	1.08,82(37,52)	1.48,21(39,39)	2.27,60(39,39)		
	3.11,32(43,72)	3.56,88(45,56)	4.32,24(35,36)	5.06,91(34,67)		
	Sebastian Stordal	91	BS/Delfana		DISK	

## Øvelse 22. 400m fri, damer - Finale

### Senior

1	Cecilie W. Johannessen	90	Bergens SC	(0,86)	4.18,02	796
	29,50(29,50)	1.01,67(32,17)	1.34,55(32,88)	2.07,89(33,34)		
	2.41,40(33,51)	3.15,48(34,08)	3.47,03(31,55)	4.18,02(30,99)		
2	Elin Slaatmo	92	Hamar IL	(0,92)	4.19,74	781
	30,32(30,32)	1.02,56(32,24)	1.35,36(32,80)	2.08,37(33,01)		
	2.41,57(33,20)	3.15,11(33,54)	3.47,97(32,86)	4.19,74(31,77)		
3	Victoria S. Løken	91	Lambertseter SK	(0,75)	4.22,19	759
	30,37(30,37)	1.03,41(33,04)	1.36,42(33,01)	2.09,29(32,87)		
	2.42,04(32,75)	3.15,41(33,37)	3.48,85(33,44)	4.22,19(33,34)		
4	Karoline Pedersen	94	BS/Delfana	(0,87)	4.28,92	703
	30,48(30,48)	1.03,29(32,81)	1.36,67(33,38)	2.10,69(34,02)		
	2.45,30(34,61)	3.20,21(34,91)	3.54,94(34,73)	4.28,92(33,98)		
5	Ingrid N. Knutzen	91	Lambertseter SK	(0,92)	4.29,63	698
	31,93(31,93)	1.05,58(33,65)	1.39,53(33,95)	2.13,46(33,93)		
	2.47,63(34,17)	3.21,81(34,18)	3.56,31(34,50)	4.29,63(33,32)		
6	Stine Lise Stenseth	94	Øvre Eiker SK	(0,77)	4.31,62	683
	30,58(30,58)	1.04,01(33,43)	1.38,06(34,05)	2.12,36(34,30)		
	2.46,83(34,47)	3.21,84(35,01)	3.57,18(35,34)	4.31,62(34,44)		
7	Andrea Westbye	95	Bærumsvømmerne	(0,81)	4.33,80	666
	31,53(31,53)	1.05,36(33,83)	1.40,15(34,79)	2.15,10(34,95)		
	2.49,89(34,79)	3.25,01(35,12)	4.00,17(35,16)	4.33,80(33,63)		
8	Christine M. Pedersen	93	Lambertseter SK	(0,80)	4.33,95	665
	30,91(30,91)	1.04,86(33,95)	1.39,55(34,69)	2.14,47(34,92)		
	2.49,63(35,16)	3.24,74(35,11)	3.59,98(35,24)	4.33,95(33,97)		

**Øvelse 23. 100m bryst, herrer - Finale****Senior**

1	Alexander Dale Oen 28,39(28,39)	85	Bærumsvømmerne	(0,69)	59,98	932
2	Sverre Næss 29,72(29,72)	92	Sarpsborg IL	(0,74)	1.04,18	760
3	Sebastian Wigstrøm 30,41(30,41)	91	Bærumsvømmerne	(0,77)	1.04,57	747
4	Erling Mjøs Brattelid 30,62(30,62)	91	BS/Åstveit	(0,72)	1.06,20	693
5	Markus Vindenes 31,35(31,35)	94	Vestkantsvømmerne	(0,71)	1.06,31	689
6	John Lekhmus 31,14(31,14)	91	Tromsø SK	(0,77)	1.06,81	674
7	Bernt M. Seyffarth 30,30(30,30)	89	Mandal SK	(0,77)	1.06,84	673
8	Christoffer Tofte Hamborg 31,48(31,48)	93	Vestbyen Trondheim	(0,72)	1.07,49	654

**Øvelse 24. 100m butterfly, damer - Finale****Senior**

1	Ingvild Snildal 27,74(27,74)	88	Asker SK	(0,80)	1.00,21	807
2	Monica W. Johannessen 29,08(29,08)	90	Bergens SC	(0,75)	1.02,37	726
3	Victoria Rung 29,17(29,17)	92	Madla SK	(0,86)	1.02,77	712
4	Bryndis Run Hansen 29,20(29,20)	93	BS/Åstveit	(0,75)	1.03,08	702
5	Line Løvberg 29,76(29,76)	91	Lambertseter SK	(0,76)	1.03,32	694
6	Emilie Nyenget Løvberg 30,32(30,32)	95	Bærumsvømmerne	(0,79)	1.04,40	660
7	Mette Mellbye Larsen 30,27(30,27)	95	Asker SK	(0,77)	1.04,59	654
8	Klara Farkas 31,19(31,19)	96	Lørenskog/Rælingen	(0,88)	1.04,62	653

**Øvelse 25. 200m fri, herrer - Finale****Senior**

1	Gard Kvale 26,05(26,05)	84	Bergens SC	(0,75)	1.52,37	748
2	Jørn Nygård 26,85(26,85)	92	Stavanger SC	(0,74)	1.54,25	712
3	Bjarte Ravndal 26,94(26,94)	91	Madla SK	(0,80)	1.54,51	707
4	Marco Aldabe Bomstad 27,29(27,29)	93	Bergens SC	(0,73)	1.55,40	691
5	Ole Martin Ree 27,01(27,01)	92	Madla SK	(0,73)	1.56,37	673
6	Sindre Eilertsen 27,58(27,58)	90	Lambertseter SK	(0,75)	1.58,75	634
7	Oscar Slaatmo 28,35(28,35)	94	Hamar IL	(0,85)	1.58,76	634
8	Erik Tobias Sollesnes 28,48(28,48)	95	Kolbotn IL	(0,76)	2.01,64	590

**Øvelse 26. 200m individuell medley, damer - Finale****Senior**

1	Sara Nordenstam	83	Lambertseter SK	(0,83)	2.17,93	765
	29,73(29,73)	1.06,20(36,47)	1.43,85(37,65)	2.17,93(34,08)		
2	Susann Bjørnsen	93	Setermoen SK/NTG	(0,81)	2.21,18	713
	30,41(30,41)	1.07,81(37,40)	1.49,78(41,97)	2.21,18(31,40)		
3	Birgitte Elise Søfteland	94	Sarpsborg IL	(0,75)	2.22,80	689
	31,34(31,34)	1.09,85(38,51)	1.49,96(40,11)	2.22,80(32,84)		
4	Amalie Thorstensen	96	Vågsbygd SLK	(0,83)	2.24,52	665
	31,33(31,33)	1.08,97(37,64)	1.50,25(41,28)	2.24,52(34,27)		
5	Elin Haugland	96	BS/Delfana	(0,82)	2.25,53	651
	31,39(31,39)	1.09,29(37,90)	1.52,65(43,36)	2.25,53(32,88)		
6	Maria Thompson Clausen	96	Madla SK	(0,78)	2.25,64	650
	31,08(31,08)	1.09,60(38,52)	1.52,27(42,67)	2.25,64(33,37)		
7	Bitte Fagermo	93	Narvik SK/NTG	(0,96)	2.28,24	616
	31,65(31,65)	1.09,15(37,50)	1.51,86(42,71)	2.28,24(36,38)		
8	Jacqueline Knutsson	93	Kongsten/NTG	(0,83)	2.28,58	612
	31,20(31,20)	1.09,82(38,62)	1.53,60(43,78)	2.28,58(34,98)		

**Øvelse 27. 50m rygg, herrer - Finale****Senior**

1	Lavrans Solli	92	Bergens SC	(0,81)	26,26	767	NR
2	Sverre Næss	92	Sarpsborg IL	(0,68)	26,77	724	
3	Lars Andre Tolås	88	Bærumsvømmerne	(0,69)	27,48	670	
4	Runar Borgen	93	Tromsø SK/NTG	(0,73)	28,23	618	
5	Christian Christiansen	94	Kristiansund SLK/NTG	(0,80)	28,49	601	
6	Even Vike Holm	90	BS/Arna	(0,75)	28,78	583	
7	Jørgen Aagaard-Nilsen Wiik	93	Larvik SK	(0,69)	28,84	579	
8	John Hage Gaarder	89	Lørenskog/Rælingen	(0,67)	29,07	566	

**Øvelse 28. 50m bryst, damer - Finale****Senior**

1	Katharina Stiberg	88	Bjerkvik SK	(0,70)	31,83	821
2	Sara Nordenstam	83	Lambertseter SK		33,12	728
3	Henriette Brekke	88	Stavanger SC	(0,71)	33,40	710
4	Kaja Bremer	93	Bergens SLK	(0,80)	34,16	664
4	Stina Kajsa Colleou	93	Lambertseter SK	(0,72)	34,16	664
6	Mari Singstad	91	Trondhjem SLK	(0,76)	34,38	651
7	Stine Vindenes	93	Vestkantsvømmerne	(0,72)	34,85	625
8	Sophia Broberg Skeltved	92	Tromsø SK/NTG	(0,76)	35,28	603

**Funksjonshemmede**

1	Sara Louise Rung	89	Madla SK		51,11	198	SB4 97,13 %	VR
2	Mina Marie Heyerdahl Klausen	97	Drammen SK	(0,99)	51,60	193	SB7 116,56 %	
3	Marianne Fredbo	86	Vågsbygd SLK	(1,08)	54,90	160	SB6 122,27 %	
4	Ingrid Djupskås	89	Drammen SK	(0,96)	58,63	131	SB7 132,44 %	
5	Rona Hjelmstad	93	Skjetten Svømming		56,38	148	SB14 153,16 %	

## Øvelse 29. 4\*100m fri, herrer - Senior

## Senior

1	Bergens SC G1 sr.	SR	Bergens SC	(0,71)	3.28,82	733
	Gard Kvale:	25,12(25,12)	51,46(26,34)	51,46		
	Jørgen Møllerop:	1.16,27(24,81)	1.44,29(28,02)	52,83		
	Marco Aldabe Bomstad:	2.09,30(25,01)	2.36,94(27,64)	52,65		
	Lavrans Solli:	3.02,33(25,39)	3.28,82(26,49)	51,88		
2	Bærumsv G1 sr.	SR	Bærumsvømmerne	(0,69)	3.29,55	725
	Øystein R. Hetland:	25,32(25,32)	52,60(27,28)	52,60		
	Aleksander Hetland:	1.16,77(24,17)	1.43,88(27,11)	51,28		
	Alexander Dale Oen:	2.08,56(24,68)	2.36,35(27,79)	52,47		
	Lars Andre Tolås:	3.01,88(25,53)	3.29,55(27,67)	53,20		
3	Madla SK G1 sr.	SR	Madla SK	(0,78)	3.32,26	697
	Bjarte Ravndal:	25,40(25,40)	52,51(27,11)	52,51		
	Ole Martin Ree:	1.17,10(24,59)	1.44,99(27,89)	52,48		
	Gaute Ravndal:	2.10,90(25,91)	2.38,87(27,97)	53,88		
	Morten Bordervich:	3.04,73(25,86)	3.32,26(27,53)	53,39		
4	Bergensv. G1 sr.	SR	Bergensvømmerne	(0,72)	3.33,79	683
	Sander Smørdal:	25,32(25,32)	53,00(27,68)	53,00		
	Sindri T. Jakobsson:	1.18,14(25,14)	1.46,84(28,70)	53,84		
	Erlend Ulveseter:	2.11,80(24,96)	2.40,08(28,28)	53,24		
	Even Vike Holm:	3.05,29(25,21)	3.33,79(28,50)	53,71		
5	Lambertseter SK G1 sr.	SR	Lambertseter SK	(0,76)	3.37,50	648
	Mathias Madsen:	26,49(26,49)	54,65(28,16)	54,65		
	Christian Thorsen:	1.20,14(25,49)	1.48,76(28,62)	54,11		
	Sondre Kallhovd:	2.15,21(26,45)	2.44,56(29,35)	55,80		
	Sindre Eilertsen:	3.09,39(24,83)	3.37,50(28,11)	52,94		
6	Stavanger SC G1 sr.	SR	Stavanger SC	(0,77)	3.38,73	637
	Jørn Nygård:	25,97(25,97)	53,31(27,34)	53,31		
	Per Øystein Turøy:	1.19,20(25,89)	1.48,04(28,84)	54,73		
	Alexander Marki Mork:	2.13,98(25,94)	2.43,54(29,56)	55,50		
	Fredrik K Hegdal:	3.09,14(25,60)	3.38,73(29,59)	55,19		
7	Bærumsv G2 sr.	SR	Bærumsvømmerne	(0,79)	3.41,68	612
	Sebastian Wigstrøm:	26,78(26,78)	54,99(28,21)	54,99		
	Elias Damman:	1.21,07(26,08)	1.49,40(28,33)	54,41		
	Carl Andreas Wathne:	2.15,77(26,37)	2.45,00(29,23)	55,60		
	Henry Emil Nordhagen:	3.11,14(26,14)	3.41,68(30,54)	56,68		
8	Øvre Eiker SK G1 sr.	SR	Øvre Eiker SK	(0,79)	3.43,28	599
	Christer Koch Kvam:	26,20(26,20)	55,52(29,32)	55,52		
	Jens Petter Loe:	1.21,22(25,70)	1.51,03(29,81)	55,51		
	Dan Magnus Skibrek:	2.16,44(25,41)	2.47,14(30,70)	56,11		
	Mattis Saghaug:	3.12,45(25,31)	3.43,28(30,83)	56,14		
9	Bergensv. G3 sr.	SR	Bergensvømmerne	(0,78)	3.44,12	593
	Marius Thorsø:	27,32(27,32)	56,15(28,83)	56,15		
	Sebastian Stordal:	1.22,31(26,16)	1.52,30(29,99)	56,15		
	Henrik Søfteland:	2.19,50(27,20)	2.48,96(29,46)	56,66		
	Erling Mjøs Brattelid:	3.15,17(26,21)	3.44,12(28,95)	55,16		
10	Vestbyen IL G1 sr.	SR	Vestbyen Trondheim	(0,72)	3.46,34	575
	Christian Tronvoll:	26,02(26,02)	54,85(28,83)	54,85		
	Christoffer Tofte Hamborg:	1.22,11(27,26)	1.51,68(29,57)	56,83		
	Christopher Wolf:	2.18,55(26,87)	2.49,74(31,19)	58,06		
	Fredrik Tronvoll:	3.16,31(26,57)	3.46,34(30,03)	56,60		
11	Elverum IL G1 sr.	SR	Elverum Svømming	(0,78)	3.46,62	573
	Christian Sunde:	25,80(25,80)	55,29(29,49)	55,29		
	Gunnar V. Skirbekk:	1.22,06(26,77)	1.51,75(29,69)	56,46		
	Lars Rugsveen:	2.18,77(27,02)	2.49,23(30,46)	57,48		
	Ingvar V. Skirbekk:	3.16,38(27,15)	3.46,62(30,24)	57,39		
12	Bærumsv G3 sr.	SR	Bærumsvømmerne	(0,81)	3.49,95	549
	Lars Hvidsten:	28,13(28,13)	58,56(30,43)	58,56		
	Iver Hvidsten:	1.24,98(26,42)	1.54,99(30,01)	56,43		
	Henrik Wathne:	2.23,01(28,02)	2.53,78(30,77)	58,79		
	Jakob Bernstein:	3.20,37(26,59)	3.49,95(29,58)	56,17		
13	Vestkantsv. G1 sr.	SR	Vestkantsvømmerne	(0,80)	3.50,65	544
	Sander Sivertsen:	27,23(27,23)	57,24(30,01)	57,24		
	Kristian Blummenfelt:	1.26,71(29,47)	1.58,72(32,01)	1.01,48		
	Kristoffer Brekke:	2.25,97(27,25)	2.55,97(30,00)	57,25		
	Markus Vindenes:	3.22,08(26,11)	3.50,65(28,57)	54,68		

14	Løren/Rælingen G1 sr.	SR	Lørenskog/Rælingen	(0,81)	3.52,60	530
	John Hage Gaarder:	26,46(26,46)	56,04(29,58)	56,04		
	Vebjørn Lindhjem:	1.23,68(27,64)	1.54,32(30,64)	58,28		
	Jørgen Scheie Bråthen:	2.22,60(28,28)	2.52,94(30,34)	58,62		
	Jørgen Gundersen:	3.20,77(27,83)	3.52,60(31,83)	59,66		
15	Eid SK G1 sr.	SR	Eid SK	(0,72)	3.57,53	498
	Marius Bjørke:	29,41(29,41)	1.00,06(30,65)	1.00,06		
	Daniel Ommedal:	1.26,69(26,63)	1.56,61(29,92)	56,55		
	Olav Ommedal:	2.26,19(29,58)	2.59,80(33,61)	1.03,19		
	Åsmund Karlsen:	3.27,35(27,55)	3.57,53(30,18)	57,73		
16	Ski SK G1 sr.	SR	Ski SK	(0,80)	4.19,39	382
	Eirik Nilsen:	30,11(30,11)	1.03,42(33,31)	1.03,42		
	Kristoffer Soot:	1.34,34(30,92)	2.08,64(34,30)	1.05,22		
	Morten Molin Wang:	2.39,00(30,36)	3.13,11(34,11)	1.04,47		
	Arjan Nilsen:	3.44,92(31,81)	4.19,39(34,47)	1.06,28		
17	Moss SK G1 sr.	SR	Moss SK	(0,86)	4.21,75	372
	Petter Eriksen:	29,75(29,75)	1.03,82(34,07)	1.03,82		
	Håvard Berger:	1.33,77(29,95)	2.06,60(32,83)	1.02,78		
	Torbjørn Berger:	2.37,89(31,29)	3.15,94(38,05)	1.09,34		
	Thomas Benjamin Frogner:	3.46,72(30,78)	4.21,75(35,03)	1.05,81		
	Oslo IL G1 sr.	SR	Oslo IL	(0,63)	DISK	
	Alexander Thorvaldsen:	26,52(26,52)	58,10(31,58)	58,10		
	Henning Kaland:					
	Mads Knutsen:					
	Didrik Nygård:					
	Bergensv. G2 sr.	SR	Bergensvømmerne	(0,72)	DISK	
	Markus Lie:	26,61(26,61)	55,67(29,06)	55,67		
	Eivind Johannesen:	1.22,39(26,72)	1.51,79(29,40)	56,12		
	Espen Halhjem:	2.18,24(26,45)	2.48,53(30,29)	56,74		
	Eirik Runningen:					

### Øvelse 30. 4\*200m fri, damer - Senior

#### Senior

1	Lambertseter SK J1 sr.	SR	Lambertseter SK	(0,81)	8.27,98	753	NR
	Victoria S. Løken:	29,14(29,14)	1.00,02(30,88)	2.03,26			
	Christine M. Pedersen:	1.31,42(31,40)	2.03,26(31,84)	2.07,80			
	Sara Nordenstam:	2.31,82(28,56)	3.04,46(32,64)	2.08,34			
	Gina B. Andersen:	3.37,98(33,52)	4.11,06(33,08)	2.08,58			
	Madla SK J1 sr.	SR	Madla SK	(0,84)	8.36,74	715	
	Victoria Rung:	29,50(29,50)	1.01,04(31,54)	2.06,32			
	Eva Marie W. Østerhus:	1.33,34(32,30)	2.06,32(32,98)	2.06,87			
	Marthe Berg Sørensen:	2.35,57(29,25)	3.07,89(32,32)	2.13,69			
	Maria Thompson Clausen:	3.40,61(32,72)	4.13,19(32,58)	2.09,86			
	Bergensv. J1 sr.	SR	Bergensvømmerne	(0,79)	8.36,75	715	
	Bryndis Run Hansen:	28,25(28,25)	1.00,29(32,04)	2.07,71			
	Elin Haugland:	1.34,01(33,72)	2.07,71(33,70)	2.12,42			
	Karoline Pedersen:	2.38,24(30,53)	3.11,57(33,33)	2.08,12			
	Lise Sand Syversen:	3.46,53(34,96)	4.20,13(33,60)	2.08,50			
	Lambertseter SK J2 sr.	SR	Lambertseter SK	(0,82)	8.40,46	700	
	Heidi Vainio Gjølven:	4.49,68(29,55)	5.22,03(32,35)	2.11,96			
	Line Løvberg:	5.52,34(34,94)	6.26,88(34,54)	2.09,02			
	Ingrid N. Knutzen:	6.56,38(29,50)	7.29,55(33,17)	2.10,28			
	Sofie Gjemmestad:	8.03,13(33,58)	8.36,74(33,61)	2.09,20			
	Heidi Vainio Gjølven:	28,25(28,25)	1.00,29(32,04)	2.11,96			
	Line Løvberg:	1.34,01(33,72)	2.07,71(33,70)	2.09,02			
	Ingrid N. Knutzen:	2.38,24(30,53)	3.11,57(33,33)	2.10,28			
	Sofie Gjemmestad:	3.46,53(34,96)	4.20,13(33,60)	2.09,20			
	Heidi Vainio Gjølven:	4.49,68(29,55)	5.22,03(32,35)	2.09,20			
	Line Løvberg:	5.52,34(34,94)	6.26,88(34,54)	2.09,20			
	Ingrid N. Knutzen:	6.56,38(29,50)	7.29,55(33,17)	2.09,20			
	Sofie Gjemmestad:	8.03,13(33,58)	8.36,74(33,61)	2.09,20			

5	Lambertseter SK J3 sr.	SR	Lambertseter SK	(0,80)	8.53,68	649
		31,02(31,02)	1.05,23(34,21)			
	Andrine Davidsen:	1.40,13(34,90)	2.13,90(33,77)	2.13,90		
		2.45,52(31,62)	3.19,72(34,20)			
	Vår Celine Søgaard:	3.54,50(34,78)	4.28,47(33,97)	2.14,57		
		4.58,62(30,15)	5.32,25(33,63)			
	Julie Rønningsen:	6.07,13(34,88)	6.41,07(33,94)	2.12,60		
		7.12,39(31,32)	7.45,93(33,54)			
	Malene M. Pedersen:	8.20,08(34,15)	8.53,68(33,60)	2.12,61		
6	Bærumsv J1 sr.	SR	Bærumsvømmerne	(0,79)	8.58,28	633
		31,15(31,15)	1.05,46(34,31)			
	Andrea Westbye:	1.40,72(35,26)	2.14,96(34,24)	2.14,96		
		2.44,96(30,00)	3.18,39(33,43)			
	Emilie Nyenget Løvberg:	3.52,54(34,15)	4.26,54(34,00)	2.11,58		
		4.57,44(30,90)	5.32,43(34,99)			
	Maria Bølgen:	6.07,65(35,22)	6.42,77(35,12)	2.16,23		
		7.13,57(30,80)	7.47,69(34,12)			
	Anna Bølgen:	8.22,76(35,07)	8.58,28(35,52)	2.15,51		
7	Bergensv. J2 sr.	SR	Bergensvømmerne	(0,83)	9.01,05	623
		31,13(31,13)	1.04,60(33,47)			
	Lisa Skogeng:	1.39,00(34,40)	2.13,28(34,28)	2.13,28		
		2.44,66(31,38)	3.19,41(34,75)			
	Andrea Hestdal:	3.53,68(34,27)	4.27,73(34,05)	2.14,45		
		4.59,23(31,50)	5.33,55(34,32)			
	Marie Reinertsen:	6.09,04(35,49)	6.44,24(35,20)	2.16,51		
		7.15,44(31,20)	7.50,67(35,23)			
	Tone Lill Evanger:	8.26,58(35,91)	9.01,05(34,47)	2.16,81		
8	Bergensv. J3 sr.	SR	Bergensvømmerne	(0,83)	9.12,01	587
		31,51(31,51)	1.06,27(34,76)			
	Vilde Stordal:	1.42,02(35,75)	2.16,24(34,22)	2.16,24		
		2.47,27(31,03)	3.22,10(34,83)			
	Maria Voldsund:	3.58,26(36,16)	4.34,85(36,59)	2.18,61		
		5.06,11(31,26)	5.40,31(34,20)			
	Helene Thunes Truyen:	6.16,04(35,73)	6.52,04(36,00)	2.17,19		
		7.23,86(31,82)	7.59,74(35,88)			
	Frida Hinna:	8.35,92(36,18)	9.12,01(36,09)	2.19,97		
9	Aalesunds SLK J1 sr.	SR	Aalesund SLK	(0,79)	9.18,57	566
		31,00(31,00)	1.05,79(34,79)			
	Julie Hjellbakk Pettersen:	1.42,18(36,39)	2.17,99(35,81)	2.17,99		
		2.46,59(28,60)	3.18,67(32,08)			
	Veronica Orheim Bjørlykke:	3.52,30(33,63)	4.25,70(33,40)	2.07,71		
		4.57,11(31,41)	5.34,19(37,08)			
	Karina Brunstad Fet:	6.12,45(38,26)	6.50,50(38,05)	2.24,80		
		7.23,95(33,45)	8.01,46(37,51)			
	Ina Karin Haagensen:	8.40,44(38,98)	9.18,57(38,13)	2.28,07		
10	Øvre Eiker SK J1 sr.	SR	Øvre Eiker SK	(0,91)	10.16,51	421
		35,18(35,18)	1.14,13(38,95)			
	Maren Rasmussen:	1.55,16(41,03)	2.35,82(40,66)	2.35,82		
		3.08,97(33,15)	3.45,36(36,39)			
	Line Cecilie Stenseth:	4.24,07(38,71)	5.03,96(39,89)	2.28,14		
		5.37,70(33,74)	6.16,13(38,43)			
	Linn Sofie Hansen:	6.56,94(40,81)	7.38,08(41,14)	2.34,12		
		8.12,27(34,19)	8.52,07(39,80)			
	Ada Margrethe Wium:	9.35,10(43,03)	10.16,51(41,41)	2.38,43		

# Tirsdag 12. juli 2011 kl 09.00

## Øvelse 31. 200m rygg, damer - Forsøk

### Senior

1	Gina B. Andersen	90	Lambertseter SK	(0,80)	2.24,57	643
	35,09(35,09)	1.11,26(36,17)	1.47,96(36,70)		2.24,57(36,61)	
2	Line Løvberg	91	Lambertseter SK	(0,80)	2.26,56	618
	34,78(34,78)	1.12,14(37,36)	1.49,64(37,50)		2.26,56(36,92)	
3	Heidi Vainio Gjøen	88	Lambertseter SK	(0,70)	2.30,82	567
	34,21(34,21)	1.11,79(37,58)	1.50,77(38,98)		2.30,82(40,05)	

### Junior

1	Veronica Orheim Bjørlykke	94	Aalesund SLK	(0,77)	2.20,56	700
	32,49(32,49)	1.07,51(35,02)	1.43,91(36,40)		2.20,56(36,65)	
2	Oda Marie Siljan	92	Asker SK/TiT	(0,71)	2.23,11	663
	32,90(32,90)	1.08,52(35,62)	1.45,38(36,86)		2.23,11(37,73)	
3	Christine M. Pedersen	93	Lambertseter SK	(0,77)	2.24,07	650
	33,47(33,47)	1.09,76(36,29)	1.46,93(37,17)		2.24,07(37,14)	
4	Andrine Davidsen	95	Lambertseter SK	(0,65)	2.25,18	635
	33,88(33,88)	1.10,44(36,56)	1.47,95(37,51)		2.25,18(37,23)	
5	Bitte Fagermo	93	Narvik SK/NTG	(0,91)	2.25,28	634
	35,36(35,36)	1.11,85(36,49)	1.48,87(37,02)		2.25,28(36,41)	
6	Karoline Steffensen	96	Harstad SK	(0,63)	2.26,47	619
	35,22(35,22)	1.11,88(36,66)	1.49,83(37,95)		2.26,47(36,64)	
7	Fanny Moen Pettersen	93	Øvre Eiker SK	(0,83)	2.27,18	610
	35,01(35,01)	1.11,90(36,89)	1.49,44(37,54)		2.27,18(37,74)	
8	Marte Stamland	96	Poseidon	(0,67)	2.28,23	597
	35,17(35,17)	1.12,94(37,77)	1.51,12(38,18)		2.28,23(37,11)	
9	Vilje Mohagen	97	Skjetten Svømming	(0,66)	2.28,26	597
	34,36(34,36)	1.11,83(37,47)	1.50,34(38,51)		2.28,26(37,92)	
10	Amalie Thorstensen	96	Vågsbygd SLK	(0,68)	2.29,00	588
	34,99(34,99)	1.12,83(37,84)	1.50,72(37,89)		2.29,00(38,28)	
11	Ina Kvenshagen Gimse	95	Tromsø SK	(0,87)	2.29,41	583
	34,89(34,89)	1.12,98(38,09)	1.51,85(38,87)		2.29,41(37,56)	
12	Camilla Moe	92	Ås IL	(0,79)	2.29,98	576
	35,45(35,45)	1.14,31(38,86)	1.52,44(38,13)		2.29,98(37,54)	
13	Sofie Reisænen	97	Vågsbygd SLK	(0,73)	2.31,17	563
	35,27(35,27)	1.13,27(38,00)	1.52,70(39,43)		2.31,17(38,47)	
14	Elisabeth Kristiansen	92	Haugesund SK	(0,74)	2.31,21	562
	34,50(34,50)	1.12,38(37,88)	1.51,90(39,52)		2.31,21(39,31)	
15	Vår Celine Sjøgaard	96	Lambertseter SK	(0,78)	2.31,55	559
	35,75(35,75)	1.14,06(38,31)	1.53,01(38,95)		2.31,55(38,54)	
16	Lotte Miller	96	Madla SK	(0,73)	2.32,16	552
	35,12(35,12)	1.13,13(38,01)	1.52,54(39,41)		2.32,16(39,62)	
17	Katrine Jensen	92	BS/Åstveit	(0,66)	2.32,39	549
	35,45(35,45)	1.13,57(38,12)	1.52,65(39,08)		2.32,39(39,74)	
18	Ada-Emilie Bekk Berggren	96	Lambertseter SK	(0,76)	2.33,27	540
	37,36(37,36)	1.17,14(39,78)	1.55,80(38,66)		2.33,27(37,47)	
19	Toni G. Coudray	97	Bergens SC	(0,77)	2.33,73	535
	36,30(36,30)	1.15,63(39,33)	1.55,36(39,73)		2.33,73(38,37)	
20	Vilde Tengesdal	96	Bryne SK	(0,71)	2.33,93	533
	35,83(35,83)	1.14,93(39,10)	1.54,76(39,83)		2.33,93(39,17)	
21	Andrea Hestdal	94	BS/Åstveit	(0,81)	2.34,13	531
	36,57(36,57)	1.15,63(39,06)	1.54,83(39,20)		2.34,13(39,30)	
22	Benedicte Kausland	92	Vestkantsvømmerne	(0,73)	2.34,16	531
	35,66(35,66)	1.14,76(39,10)	1.54,76(40,00)		2.34,16(39,40)	
23	Åse Nytrø	97	Trondhjem SLK	(0,73)	2.34,42	528
	36,28(36,28)	1.15,58(39,30)	1.55,18(39,60)		2.34,42(39,24)	
24	Eirin Røen Martinsen	93	Hamar IL	(1,66)	2.34,74	525
	36,49(36,49)	1.15,39(38,90)	1.55,54(40,15)		2.34,74(39,20)	



25	Sara Boukili	95	SK Speed	(0,80)	2.35,48	517
	36,44(36,44)	1.15,10(38,66)	1.55,36(40,26)		2.35,48(40,12)	
26	Karianne Reinertsen	97	BS/Delfana	(0,79)	2.37,23	500
	36,41(36,41)	1.15,99(39,58)	1.57,07(41,08)		2.37,23(40,16)	
27	Helene Thunes Truyen	93	BS/Delfana	(0,83)	2.37,89	494
	35,91(35,91)	1.14,83(38,92)	1.55,62(40,79)		2.37,89(42,27)	
28	Elisabeth Støver	96	Øvre Eiker SK	(0,73)	2.38,61	487
	36,91(36,91)	1.17,30(40,39)	1.58,15(40,85)		2.38,61(40,46)	
29	Katrine Solberg	98	Larvik SK	(0,66)	2.40,17	473
	37,52(37,52)	1.17,98(40,46)	1.59,19(41,21)		2.40,17(40,98)	
30	Anna Bølgen	95	Bærumsvømmerne	(1,05)	2.42,68	452
	36,84(36,84)	1.17,39(40,55)	1.59,69(42,30)		2.42,68(42,99)	

### Øvelse 32. 50m fri, herrer - Forsøk

#### Senior

1	Aleksander Hetland	82	Bærumsvømmerne	(0,61)	23,92	671
2	Gard Kvale	84	Bergens SC	(0,69)	24,07	658
3	Øystein R. Hetland	89	Bærumsvømmerne	(0,67)	24,09	657
4	Bernt M. Seyffarth	89	Mandal SK	(0,77)	24,12	654
5	Sander Smørdal	85	BS/Arna	(0,69)	24,23	645
6	Bjarte Ravndal	91	Madla SK	(0,78)	24,36	635
7	Christian Sunde	89	Elverum Svømming	(0,74)	24,67	612
8	Christer Koch Kvam	90	Øvre Eiker SK	(0,76)	24,93	593
9	Alexander B. Havre	90	Mandal SK		25,10	581
10	Even Vike Holm	90	BS/Arna		25,11	580
11	Jens Petter Loe	89	Øvre Eiker SK	(0,78)	25,63	545
12	Dan Magnus Skibrek	87	Øvre Eiker SK	(0,92)	25,66	543

#### Junior

1	Lavrans Solli	92	Bergens SC	(0,68)	24,02	663
2	Christian Tronvoll	94	Vestbyen Trondheim	(0,71)	24,08	658
3	Ole Martin Ree	92	Madla SK	(0,71)	24,29	641
4	Markus Vindenes	94	Vestkantsvømmerne	(0,71)	24,55	621
5	Martin Hammer	93	Kongsten/NTG	(0,75)	24,56	620
6	Gaute Ravndal	94	Madla SK	(0,62)	24,77	604
7	Martin Gundersen	93	Kolbotn IL	(0,70)	24,90	595
8	Erlend Ulveseter	92	BS/Åstveit		25,01	587
9	Johan Parker Nygaard	94	Kolbotn IL	(0,73)	25,08	582
10	Tord Eirik Seyffarth	92	Mandal SK	(0,82)	25,17	576
11	Jørgen Aagaard-Nilsen Wiik	93	Larvik SK	(0,72)	25,23	572
12	Jonas Kirkeberg Jostad	92	Hamar IL	(0,82)	25,30	567
13	Henry Emil Nordhagen	93	Bærumsvømmerne	(0,67)	25,40	560
14	Aleksander Sire	93	Asker SK/NTG	(0,67)	25,42	559
15	Mathias Madsen	92	Lambertseter SK	(0,77)	25,46	556
16	Frede Rønning Rangnes	94	Tønsberg SK	(0,77)	25,55	550
17	Morten Bordervich	94	Madla SK	(0,71)	25,65	544
18	Torbjørn Udjus	93	Grimstad SK	(0,77)	25,73	539
19	Berend de Waal	94	IL Norodd		25,77	537
20	Marius Thorsø	93	BS/Delfana	(0,79)	25,83	533
21	Daniel Ommedal	92	Eid SK	(0,68)	25,87	530
22	Erik Tobias Sollesnes	95	Kolbotn IL	(0,72)	25,92	527
23	Eirik Nielsen	95	Poseidon	(0,72)	25,94	526
24	Håkon Wulf Haugen	96	Bergens SC	(0,81)	26,02	521
25	Christoffer Tofte Hamborg	93	Vestbyen Trondheim	(0,75)	26,11	516
25	Henning S. Pryde	92	Stavanger SC		26,11	516
27	Norbert Prokopiak	94	Asker SK/NTG	(0,88)	26,15	513

28	Fredrik Tronvoll	93	Vestbyen Trondheim	(0,69)	26,16	513
29	Thorbjørn Birkeland	93	Haugesund SK	(0,83)	26,31	504
30	Erik Andreassen	93	Sandefjord SK	(0,76)	26,48	495
31	Armin Porobic	96	Lambertseter SK	(0,75)	26,68	483
32	Lars Hvidsten	93	Bærumsvømmerne		26,75	480

### Øvelse 33. 100m fri, damer - Forsøk

#### Senior

1	Cecilie W. Johannessen	90	Bergens SC	(0,85)	56,96	764
	27,55(27,55)	56,96(29,41)				
2	Henriette Brekke	88	Stavanger SC	(0,73)	57,70	735
	27,64(27,64)	57,70(30,06)				
3	Victoria S. Løken	91	Lambertseter SK	(0,78)	58,08	721
	27,91(27,91)	58,08(30,17)				
4	Monica W. Johannessen	90	Bergens SC	(0,78)	58,84	693
	28,43(28,43)	58,84(30,41)				
5	Sofie Gjemmestad	89	Lambertseter SK	(0,80)	1.00,52	637
	29,05(29,05)	1.00,52(31,47)				
6	Ingrid N. Knutzen	91	Lambertseter SK	(0,85)	1.03,50	551
	30,53(30,53)	1.03,50(32,97)				

#### Junior

1	Susann Bjørnsen	93	Setermoen SK/NTG	(0,79)	57,30	750
	27,90(27,90)	57,30(29,40)				
2	Bryndis Run Hansen	93	BS/Åstveit	(0,76)	58,30	712
	27,98(27,98)	58,30(30,32)				
3	Stine Lise Stenseth	94	Øvre Eiker SK	(0,69)	58,72	697
	28,36(28,36)	58,72(30,36)				
4	Victoria Rung	92	Madla SK	(0,78)	58,95	689
	28,50(28,50)	58,95(30,45)				
5	Maria Thompson Clausen	96	Madla SK	(0,77)	59,33	676
	28,78(28,78)	59,33(30,55)				
6	Birgitte Elise Søfteland	94	Sarpsborg IL	(0,72)	59,83	659
	29,09(29,09)	59,83(30,74)				
7	Amalie Kristiansen	95	Haugesund SK	(0,84)	1.00,50	638
	28,73(28,73)	1.00,50(31,77)				
7	Emilie Nyenget Løvberg	95	Bærumsvømmerne	(0,78)	1.00,50	638
	28,83(28,83)	1.00,50(31,67)				
9	Emilie Hellerud	92	Lambertseter SK/NTG	(0,86)	1.00,78	629
	29,20(29,20)	1.00,78(31,58)				
10	Karoline Pedersen	94	BS/Delfana	(0,80)	1.00,82	628
	29,51(29,51)	1.00,82(31,31)				
11	Eva Marie W. Østerhus	94	Madla SK	(0,90)	1.00,97	623
	29,29(29,29)	1.00,97(31,68)				
12	Maria Wigestrands	94	Madla SK	(0,90)	1.01,07	620
	29,25(29,25)	1.01,07(31,82)				
13	Elin Haugland	96	BS/Delfana	(0,81)	1.01,13	618
	29,93(29,93)	1.01,13(31,20)				
14	Tonje Riise	93	Lakselv SK/NTG	(0,80)	1.01,33	612
	29,53(29,53)	1.01,33(31,80)				
15	Marte K. Bolstad	95	Asker SK	(0,80)	1.01,45	608
	29,52(29,52)	1.01,45(31,93)				
16	Natalie Kosiander	98	Skjetten Svømming	(0,79)	1.01,54	606
	29,35(29,35)	1.01,54(32,19)				
17	Vilde Tengesdal	96	Bryne SK	(0,79)	1.01,68	602
	29,81(29,81)	1.01,68(31,87)				
18	Ina Kvenshagen Gimse	95	Tromsø SK	(0,85)	1.01,71	601
	29,60(29,60)	1.01,71(32,11)				
19	Sara Louise Pedersen	96	Poseidon	(0,85)	1.01,75	600
	29,74(29,74)	1.01,75(32,01)				

20	Maria Bølgen 29,93(29,93)	93	Bærumsvømmerne	(0,77)	1.02,37	582
		1.02,37(32,44)				
21	Lisa Skogeng 30,18(30,18)	96	BS/Delfana	(0,86)	1.02,53	577
		1.02,53(32,35)				
22	Vanessa Tuxen 30,04(30,04)	92	Madla SK	(0,82)	1.03,18	560
		1.03,18(33,14)				
23	Andrea Westbye 30,17(30,17)	95	Bærumsvømmerne	(0,84)	1.03,29	557
		1.03,29(33,12)				
24	Jeanette Erlandsen 30,72(30,72)	93	Lørenskog/Rælingen	(0,74)	1.03,55	550
		1.03,55(32,83)				
25	Kjersti Dalen 30,55(30,55)	93	Bærumsvømmerne	(0,74)	1.03,93	540
		1.03,93(33,38)				

## Funksjonshemmede

1	Sara Louise Rung 41,15(41,15)	89	Madla SK		1.24,80	232	S5 110,63 %
		1.24,80(43,65)					
2	Rona Hjelmstad 39,34(39,34)	93	Skjetten Svømming	(1,04)	1.20,95	266	S14 129,71 %
		1.20,95(41,61)					
3	Mina Marie Heyerdahl Klausen 47,14(47,14)	97	Drammen SK	(1,01)	1.38,90	146	S7 144,49 %
		1.38,90(51,76)					
4	Ragna Forså 40,21(40,21)	98	Mosjøen SK	(1,00)	1.27,79	209	S13 149,13 %
		1.27,79(47,58)					

## Øvelse 34. 200m butterfly, herrer - Forsøk

## Senior

1	Sindri T. Jakobsson 28,52(28,52)	91	BS/Delfana	(0,80)	2.06,56	684
		59,14(30,62)	1.31,97(32,83)		2.06,56(34,59)	
2	Alexander Broberg Skeltved 28,12(28,12)	87	Bergens SC	(0,82)	2.08,43	655
		1.00,39(32,27)	1.34,02(33,63)		2.08,43(34,41)	
3	Sebastian Stordal 28,99(28,99)	91	BS/Delfana	(0,79)	2.10,82	619
		1.02,23(33,24)	1.36,20(33,97)		2.10,82(34,62)	
4	Jørgen Møllerop 28,41(28,41)	88	Bergens SC	(0,84)	2.11,37	612
		1.01,13(32,72)	1.35,82(34,69)		2.11,37(35,55)	
5	Sindre Eilertsen 29,67(29,67)	90	Lambertseter SK	(0,79)	2.14,56	569
		1.02,74(33,07)	1.38,03(35,29)		2.14,56(36,53)	
6	Eirik Ravnan 29,75(29,75)	89	Hamar IL	(0,85)	2.16,42	546
		1.04,07(34,32)	1.40,03(35,96)		2.16,42(36,39)	
7	Carl Andreas Wathne 30,47(30,47)	91	Bærumsvømmerne	(0,92)	2.17,62	532
		1.04,99(34,52)	1.40,52(35,53)		2.17,62(37,10)	

## Junior

1	Fredrik K Hegdal 28,55(28,55)	94	Stavanger SC	(0,72)	2.09,42	640
		1.00,93(32,38)	1.34,90(33,97)		2.09,42(34,52)	
2	Morten Wee Hollund 28,84(28,84)	96	Karmøy SK	(0,82)	2.12,54	596
		1.01,63(32,79)	1.36,64(35,01)		2.12,54(35,90)	
3	Jakob Bernstein 30,27(30,27)	95	Bærumsvømmerne	(0,66)	2.15,34	559
		1.03,78(33,51)	1.39,24(35,46)		2.15,34(36,10)	
4	Kacper Domanski 30,01(30,01)	96	Madla SK	(0,77)	2.16,62	544
		1.04,58(34,57)	1.39,58(35,00)		2.16,62(37,04)	
5	Sander Andersen 30,73(30,73)	96	Poseidon	(0,86)	2.16,78	542
		1.05,88(35,15)	1.41,46(35,58)		2.16,78(35,32)	
6	Thomas Myhrer 29,59(29,59)	94	Sarpsborg IL/NTG	(0,81)	2.17,20	537
		1.04,23(34,64)	1.40,72(36,49)		2.17,20(36,48)	
7	Henrik Søfteland 30,22(30,22)	95	BS/Delfana	(0,79)	2.17,95	528
		1.04,90(34,68)	1.41,15(36,25)		2.17,95(36,80)	
8	Sander Sivertsen 29,93(29,93)	96	Vestkantvømmerne	(0,75)	2.18,10	526
		1.04,87(34,94)	1.40,66(35,79)		2.18,10(37,44)	
9	Marius Thorsø 31,06(31,06)	93	BS/Delfana	(0,85)	2.19,58	510
		1.06,36(35,30)	1.42,74(36,38)		2.19,58(36,84)	

10	Andreas Mathingsdal Pedersen	92	Farsund SK	(0,76)	2.20,41	501
	30,71(30,71)	1.06,10(35,39)	1.42,80(36,70)		2.20,41(37,61)	
11	Torbjørn Øvrebø	94	Lambertseter SK	(0,81)	2.21,04	494
	30,53(30,53)	1.06,41(35,88)	1.43,16(36,75)		2.21,04(37,88)	
12	Espen Halhjem	92	BS/Delfana	(0,76)	2.21,05	494
	29,42(29,42)	1.05,88(36,46)	1.42,96(37,08)		2.21,05(38,09)	
13	Arnt Martin Ystenes	92	Trondhjem SLK	(0,82)	2.21,36	491
	30,48(30,48)	1.04,69(34,21)	1.41,92(37,23)		2.21,36(39,44)	
14	Odin Spangen Normann	92	Kolbotn IL	(0,76)	2.21,56	489
	28,57(28,57)	1.02,86(34,29)	1.40,40(37,54)		2.21,56(41,16)	
15	Håkon P. Ludvigsen	96	Randaberg IL	(0,78)	2.22,08	483
	30,48(30,48)	1.06,18(35,70)	1.43,27(37,09)		2.22,08(38,81)	
16	Bård Løvik	94	BS/Delfana	(0,76)	2.22,96	475
	30,99(30,99)	1.06,64(35,65)	1.43,67(37,03)		2.22,96(39,29)	
17	Sven Peder Oseth	93	Ski SK	(0,92)	2.27,66	431
	32,85(32,85)	1.10,69(37,84)	1.48,82(38,13)		2.27,66(38,84)	
18	Kristian Henanger	94	Lambertseter SK	(0,70)	2.27,79	430
	31,45(31,45)	1.09,11(37,66)	1.48,22(39,11)		2.27,79(39,57)	
19	Kristian Blummenfelt	94	Vestkantsvømmerne	(0,78)	2.30,08	410
	33,62(33,62)	1.11,86(38,24)	1.50,76(38,90)		2.30,08(39,32)	
20	Jostein Dalshov Kringlen	94	Kristiansand SA	(0,98)	2.30,36	408
	32,10(32,10)	1.09,18(37,08)	1.48,15(38,97)		2.30,36(42,21)	

### Øvelse 35. 200m bryst, damer - Forsøk

#### Senior

1	Sara Nordenstam	83	Lambertseter SK	(0,92)	2.39,01	684
	36,22(36,22)	1.16,62(40,40)	1.58,03(41,41)		2.39,01(40,98)	
2	Mari Singstad	91	Trondhjem SLK	(0,82)	2.46,60	595
	37,86(37,86)	1.19,26(41,40)	2.02,33(43,07)		2.46,60(44,27)	

#### Junior

1	Stina Kajsa Colleou	93	Lambertseter SK	(0,75)	2.35,27	735
	34,77(34,77)	1.13,31(38,54)	1.53,68(40,37)		2.35,27(41,59)	
2	Luna Elisabeth Sjøgaard	94	Lambertseter SK	(0,82)	2.41,84	649
	36,56(36,56)	1.17,37(40,81)	1.59,12(41,75)		2.41,84(42,72)	
3	Rikke Nagell-Kleven	95	Asker SK	(0,82)	2.42,25	644
	36,39(36,39)	1.16,91(40,52)	1.58,69(41,78)		2.42,25(43,56)	
4	Sophia Broberg Skeltved	92	Tromsø SK/NTG	(0,79)	2.44,93	613
	37,36(37,36)	1.19,61(42,25)	2.01,76(42,15)		2.44,93(43,17)	
5	Kaja Bremer	93	Bergens SLK	(0,82)	2.47,15	589
	36,61(36,61)	1.18,92(42,31)	2.02,58(43,66)		2.47,15(44,57)	
6	Malene M. Pedersen	96	Lambertseter SK	(0,84)	2.47,23	588
	37,75(37,75)	1.19,76(42,01)	2.03,23(43,47)		2.47,23(44,00)	
7	Tone Lill Evanger	96	BS/Delfana	(0,96)	2.47,70	583
	38,35(38,35)	1.21,03(42,68)	2.04,61(43,58)		2.47,70(43,09)	
8	Mari Nerdrum	95	Asker SK	(0,86)	2.48,51	575
	38,21(38,21)	1.21,43(43,22)	2.05,02(43,59)		2.48,51(43,49)	
9	Elida Hole	96	Vestkantsvømmerne	(0,76)	2.48,73	573
	37,84(37,84)	1.21,52(43,68)	2.06,06(44,54)		2.48,73(42,67)	
10	Oda Gjerde	95	Bryne SK	(0,82)	2.48,75	572
	38,64(38,64)	1.21,45(42,81)	2.05,03(43,58)		2.48,75(43,72)	
11	Maren E.J. Bakke	94	Setermoen SK	(0,81)	2.49,52	565
	36,80(36,80)	1.19,04(42,24)	2.03,35(44,31)		2.49,52(46,17)	
12	Stine Tveit	93	Trondhjem SLK	(0,94)	2.49,53	565
	37,87(37,87)	1.21,43(43,56)	2.05,31(43,88)		2.49,53(44,22)	
13	Guro Aas	96	Vågsbygd SLK	(0,84)	2.49,91	561
	37,96(37,96)	1.20,42(42,46)	2.04,30(43,88)		2.49,91(45,61)	
14	Ingalill Urrang Naustvik	95	Karmøy SK	(0,89)	2.50,05	559
	34,11(34,11)	1.13,18(39,07)	2.03,31(50,13)		2.50,05(46,74)	

15	Kristine Mathingsdal Pedersen	94	Farsund SK	(0,88)	2.50,92	551
	38,55(38,55)	1.21,34(42,79)	2.05,48(44,14)	2.50,92(45,44)		
16	Ingrid Svan Kjær	98	Poseidon	(0,76)	2.51,32	547
	38,91(38,91)	1.21,91(43,00)	2.07,16(45,25)	2.51,32(44,16)		
16	Patricia Baay Kristoffersen	96	Sandefjord SK	(0,90)	2.51,32	547
	39,10(39,10)	1.22,84(43,74)	2.06,91(44,07)	2.51,32(44,41)		
18	Line Henanger	97	Lambertseter SK	(0,84)	2.51,43	546
	38,44(38,44)	1.22,20(43,76)	2.06,75(44,55)	2.51,43(44,68)		
19	Sara Torp Myhre	94	SK Speed	(0,83)	2.52,76	534
	39,08(39,08)	1.23,63(44,55)	2.08,18(44,55)	2.52,76(44,58)		
20	Anna Finstad	96	Lambertseter SK	(0,90)	2.53,11	530
	39,60(39,60)	1.23,09(43,49)	2.07,65(44,56)	2.53,11(45,46)		
21	Vilde Bjørnebye	95	Elverum Svømming	(0,76)	2.53,37	528
	38,36(38,36)	1.22,61(44,25)	2.08,56(45,95)	2.53,37(44,81)		
22	Stina Heimnes	97	BS/Åstveit	(0,93)	2.53,70	525
	39,25(39,25)	1.23,10(43,85)	2.08,02(44,92)	2.53,70(45,68)		
23	Ulrikke Rein	98	Madla SK	(0,91)	2.54,14	521
	39,54(39,54)	1.24,21(44,67)	2.09,20(44,99)	2.54,14(44,94)		
24	Hanna Louise Berge	98	SK Speed	(0,84)	2.56,64	499
	39,72(39,72)	1.24,21(44,49)	2.09,52(45,31)	2.56,64(47,12)		
25	Stina Victoria Nordberg	96	Ski SK	(0,67)	2.56,87	497
	38,29(38,29)	1.22,97(44,68)	2.09,78(46,81)	2.56,87(47,09)		
26	Karina Brunstad Fet	95	Aalesund SLK	(0,83)	2.57,10	495
	38,88(38,88)	1.23,25(44,37)	2.09,93(46,68)	2.57,10(47,17)		

### Øvelse 36. 100m rygg, herrer - Forsøk

#### Senior

1	Lars Andre Tolås	88	Bærumsvømmerne	(0,69)	59,68	659
	29,01(29,01)	59,68(30,67)				
2	John Hage Gaarder	89	Lørenskog/Rælingen	(0,68)	1.02,24	581
	30,11(30,11)	1.02,24(32,13)				
3	Even Vike Holm	90	BS/Arna	(0,77)	1.02,94	562
	30,19(30,19)	1.02,94(32,75)				

#### Junior

1	Lavrans Solli	92	Bergens SC	(0,68)	1.00,05	647
	30,26(30,26)	1.00,05(29,79)				
2	Runar Borgen	93	Tromsø SK/NTG	(0,72)	1.01,05	616
	29,90(29,90)	1.01,05(31,15)				
3	Christian Christiansen	94	Kristiansund SLK/NTG	(0,73)	1.01,07	615
	29,62(29,62)	1.01,07(31,45)				
4	Henrik Wathne	94	Bærumsvømmerne	(0,74)	1.02,05	587
	30,05(30,05)	1.02,05(32,00)				
5	Vebjørn Lindhjem	95	Lørenskog/Rælingen	(0,69)	1.02,07	586
	30,50(30,50)	1.02,07(31,57)				
6	Sander Rødje	93	Haugesund SK	(0,74)	1.02,66	570
	30,58(30,58)	1.02,66(32,08)				
7	Markus Lie	95	BS/Åstveit	(0,64)	1.02,69	569
	30,48(30,48)	1.02,69(32,21)				
8	Sander Andersen	96	Poseidon	(0,68)	1.03,36	551
	31,44(31,44)	1.03,36(31,92)				
9	Jørgen Aagaard-Nilsen Wiik	93	Larvik SK	(0,68)	1.03,54	546
	30,73(30,73)	1.03,54(32,81)				
10	Henrik Søfteland	95	BS/Delfana	(0,71)	1.03,60	545
	31,44(31,44)	1.03,60(32,16)				
11	Armin Porobic	96	Lambertseter SK	(0,75)	1.03,85	538
	30,51(30,51)	1.03,85(33,34)				
12	Henning Kaland	92	Oslo IL	(0,66)	1.03,90	537
	31,34(31,34)	1.03,90(32,56)				

13	Daniel B. Havre 30,86(30,86)	93	Mandal SK	(0,77)	1.03,96	536
14	Alexander Marki Mork 31,45(31,45)	95	Stavanger SC	(0,63)	1.04,31	527
15	Thomas Brustveit 31,57(31,57)	93	Sandnes SLK	(0,68)	1.04,39	525
16	Daniel Sandhåland 31,33(31,33)	95	Karmøy SK	(0,64)	1.05,13	507
17	Eirik Nielsen 31,34(31,34)	95	Poseidon	(0,75)	1.05,18	506
18	Martin B. Lund 31,67(31,67)	92	Elverum Svømming	(0,77)	1.05,33	503
18	Håkon P. Ludvigsen 31,72(31,72)	96	Randaberg IL	(0,78)	1.05,33	503
20	Norbert Prokopiak 31,18(31,18)	94	Asker SK/NTG	(0,66)	1.05,50	499
21	Marius Thorsø 32,14(32,14)	93	BS/Delfana	(0,72)	1.05,80	492
22	Erik Lauvbu 31,80(31,80)	94	Øvre Eiker SK	(0,61)	1.05,94	489
23	Gunnar Evjen 32,57(32,57)	93	Vestbyen Trondheim	(0,66)	1.06,61	474
24	Sigve Ekeli Nystuen 31,90(31,90)	96	Asker SK	(0,73)	1.06,73	472
25	Åsmund Karlsen 32,18(32,18)	92	Eid SK	(1,24)	1.06,82	470
26	Henry Emil Nordhagen 31,95(31,95)	93	Bærumsvømmerne	(0,60)	1.07,11	464
27	Bendik Falch 32,24(32,24)	93	Namsos SK	(0,74)	1.07,20	462
28	Glenn Skjæveland 31,62(31,62)	92	Sandnes SLK	(0,69)	1.07,21	462
29	Jonas Kirkeberg Jostad 33,47(33,47)	92	Hamar IL	(0,76)	1.07,77	450
30	Fredrik Tronvoll 33,49(33,49)	93	Vestbyen Trondheim	(0,71)	1.09,32	421

### Øvelse 37. 50m butterfly, damer - Forsøk

#### Senior

1	Ingvild Snildal	88	Asker SK	(0,78)	27,34	771
2	Katharina Stiberg	88	Bjerkvik SK	(0,71)	27,64	746
3	Henriette Brekke	88	Stavanger SC	(0,72)	28,75	663
4	Monica W. Johannessen	90	Bergens SC	(0,71)	28,93	651
5	Siri Løvold Magnussen	86	BS/Delfana		29,26	629
6	Helene Solberg	91	Asker SK	(0,79)	29,57	609
7	Line Løvberg	91	Lambertseter SK	(0,77)	30,03	582
8	Sofie Gjemmestad	89	Lambertseter SK	(0,87)	30,84	537

#### Junior

1	Bryndis Run Hansen	93	BS/Åstveit	(0,73)	27,85	729
2	Mette Mellbye Larsen	95	Asker SK	(0,75)	28,26	698
3	Marthe Berg Sørensen	92	Madla SK	(0,74)	28,47	683
4	Victoria Rung	92	Madla SK	(0,77)	28,66	669
5	Amalie Kristiansen	95	Haugesund SK	(0,80)	29,02	645
6	Klara Farkas	96	Lørenskog/Rælingen	(0,79)	29,24	630
7	Emilie Nyenget Løvberg	95	Bærumsvømmerne	(0,77)	29,25	630
8	Elise Næss Olsen	97	Asker SK	(0,82)	29,26	629
9	Birgitte Elise Søfteland	94	Sarpsborg IL		29,49	614

10	Maria Thompson Clausen	96	Madla SK	(0,78)	29,77	597
11	Rikke Nagell-Kleven	95	Asker SK	(0,86)	29,92	588
12	Tiril Fredrikke Rist Jensen	94	Kristiansand SA	(0,70)	30,03	582
12	Stine Vindenes	93	Vestkantsvømmerne	(0,71)	30,03	582
14	Jacqueline Knutsson	93	Kongsten/NTG	(0,79)	30,13	576
15	Elisabeth Kristiansen	92	Haugesund SK		30,20	572
16	Vår Celine Sjøgaard	96	Lambertseter SK	(0,81)	30,23	570
17	Oona Ovesen	92	Elverum Svømming	(0,83)	30,28	568
18	Marie Reinertsen	93	BS/Delfana	(0,77)	30,49	556
19	Helene Nordmark Skuterud	93	Asker SK	(0,81)	30,52	554
20	Vilde Tengesdal	96	Bryne SK	(0,78)	30,56	552
21	Kristin Blyverket	92	Oslo IL		30,59	550
22	Elin Haugland	96	BS/Delfana	(0,78)	30,68	546
23	Marte K. Bolstad	95	Asker SK	(0,76)	30,69	545
24	Ingrid Hystad	92	IL Solid	(0,74)	30,71	544
25	Kaja Bremer	93	Bergens SLK	(0,85)	30,82	538
26	Tonje Riise	93	Lakselv SK/NTG	(0,74)	30,89	535
27	Stine Mjøllhus Kristoffersen	93	Madla SK	(0,89)	30,96	531
28	Vilde Stordal	95	BS/Delfana	(0,77)	31,24	517
29	Vanessa Tuxen	92	Madla SK		31,25	516

### Øvelse 38. 800m fri, herrer - Direkte finale – Foreløpig før siste heat

#### Junior

1	Eivind Johannesen	92	BS/Åstveit	(0,82)	8.50,63	619
	29,20(29,20)	1.01,49(32,29)	1.34,50(33,01)	2.07,64(33,14)		
	2.41,14(33,50)	3.14,75(33,61)	3.48,49(33,74)	4.22,46(33,97)		
	4.56,45(33,99)	5.30,74(34,29)	6.05,22(34,48)	6.39,76(34,54)		
	7.13,38(33,62)	7.47,21(33,83)	8.20,70(33,49)	8.50,63(29,93)		
2	Sondre Kallhovd	93	Lambertseter SK	(0,77)	8.50,95	617
	29,42(29,42)	1.02,31(32,89)	1.35,15(32,84)	2.08,28(33,13)		
	2.41,99(33,71)	3.16,17(34,18)	3.49,91(33,74)	4.24,11(34,20)		
	4.57,36(33,25)	5.30,92(33,56)	6.04,68(33,76)	6.38,78(34,10)		
	7.13,00(34,22)	7.46,63(33,63)	8.20,15(33,52)	8.50,95(30,80)		
3	Øystein Fjeldberg	93	Randaberg IL	(1,08)	8.51,07	617
	30,08(30,08)	1.03,07(32,99)	1.34,90(31,83)	2.07,46(32,56)		
	2.40,43(32,97)	3.14,09(33,66)	3.47,72(33,63)	4.21,71(33,99)		
	4.55,61(33,90)	5.29,97(34,36)	6.04,34(34,37)	6.39,43(35,09)		
	7.13,11(33,68)	7.46,82(33,71)	8.20,05(33,23)	8.51,07(31,02)		
4	Robin H. Kleiven	93	Aalesund SLK	(0,77)	8.51,91	614
	30,80(30,80)	1.03,45(32,65)	1.36,32(32,87)	2.09,42(33,10)		
	2.42,24(32,82)	3.15,42(33,18)	3.48,97(33,55)	4.22,75(33,78)		
	4.55,97(33,22)	5.30,14(34,17)	6.04,11(33,97)	6.38,65(34,54)		
	7.13,03(34,38)	7.47,51(34,48)	8.21,21(33,70)	8.51,91(30,70)		
5	Ole Martin Bjørlykke	96	Aalesund SLK	(0,90)	8.57,42	595
	30,63(30,63)	1.03,64(33,01)	1.36,90(33,26)	2.10,48(33,58)		
	2.44,28(33,80)	3.18,50(34,22)	3.52,70(34,20)	4.26,71(34,01)		
	5.00,83(34,12)	5.34,70(33,87)	6.08,54(33,84)	6.42,49(33,95)		
	7.16,49(34,00)	7.50,70(34,21)	8.24,29(33,59)	8.57,42(33,13)		
6	Lars Rugsveen	94	Elverum Svømming	(0,74)	9.03,28	576
	31,24(31,24)	1.04,20(32,96)	1.37,50(33,30)	2.10,86(33,36)		
	2.44,68(33,82)	3.18,84(34,16)	3.53,24(34,40)	4.27,13(33,89)		
	5.01,60(34,47)	5.35,25(33,65)	6.09,56(34,31)	6.43,75(34,19)		
	7.18,54(34,79)	7.53,75(35,21)	8.29,04(35,29)	9.03,28(34,24)		
7	Martin Næss Kjølholdt	95	Kolbotn IL	(0,80)	9.05,16	570
	30,42(30,42)	1.03,70(33,28)	1.37,58(33,88)	2.11,77(34,19)		
	2.45,98(34,21)	3.20,54(34,56)	3.55,02(34,48)	4.29,70(34,68)		
	5.04,46(34,76)	5.39,34(34,88)	6.14,40(35,06)	6.49,12(34,72)		
	7.23,82(34,70)	7.58,58(34,76)	8.32,41(33,83)	9.05,16(32,75)		
8	Jørgen Gundersen	95	Lørenskog/Rælingen	(0,70)	9.05,37	570
	31,40(31,40)	1.04,94(33,54)	1.39,00(34,06)	2.13,47(34,47)		
	2.47,87(34,40)	3.22,28(34,41)	3.56,65(34,37)	4.31,25(34,60)		
	5.05,77(34,52)	5.40,58(34,81)	6.15,50(34,92)	6.50,27(34,77)		
	7.24,86(34,59)	7.59,36(34,50)	8.33,55(34,19)	9.05,37(31,82)		

9	Ivan Aleksander Larsen	95	Karmøy SK	(0,72)	9.10,12	555
	31,82(31,82)	1.06,04(34,22)	1.40,36(34,32)	2.15,00(34,64)		
	2.49,61(34,61)	3.24,06(34,45)	3.58,40(34,34)	4.33,00(34,60)		
	5.07,80(34,80)	5.42,44(34,64)	6.17,04(34,60)	6.52,10(35,06)		
	7.26,72(34,62)	8.01,59(34,87)	8.36,30(34,71)	9.10,12(33,82)		
10	Kristian Blummenfelt	94	Vestkantsvømmerne	(0,80)	9.25,08	512
	31,82(31,82)	1.06,48(34,66)	1.42,11(35,63)	2.17,16(35,05)		
	2.53,23(36,07)	3.28,65(35,42)	4.04,38(35,73)	4.40,00(35,62)		
	5.15,71(35,71)	5.51,39(35,68)	6.27,12(35,73)	7.03,09(35,97)		
	7.39,31(36,22)	8.15,11(35,80)	8.50,65(35,54)	9.25,08(34,43)		

## Senior

1	Eivind Johannesen	92	BS/Åstveit	(0,82)	8.50,63	619
	29,20(29,20)	1.01,49(32,29)	1.34,50(33,01)	2.07,64(33,14)		
	2.41,14(33,50)	3.14,75(33,61)	3.48,49(33,74)	4.22,46(33,97)		
	4.56,45(33,99)	5.30,74(34,29)	6.05,22(34,48)	6.39,76(34,54)		
	7.13,38(33,62)	7.47,21(33,83)	8.20,70(33,49)	8.50,63(29,93)		
2	Sondre Kallhovd	93	Lambertseter SK	(0,77)	8.50,95	617
	29,42(29,42)	1.02,31(32,89)	1.35,15(32,84)	2.08,28(33,13)		
	2.41,99(33,71)	3.16,17(34,18)	3.49,91(33,74)	4.24,11(34,20)		
	4.57,36(33,25)	5.30,92(33,56)	6.04,68(33,76)	6.38,78(34,10)		
	7.13,00(34,22)	7.46,63(33,63)	8.20,15(33,52)	8.50,95(30,80)		
3	Øystein Fjeldberg	93	Randaberg IL	(1,08)	8.51,07	617
	30,08(30,08)	1.03,07(32,99)	1.34,90(31,83)	2.07,46(32,56)		
	2.40,43(32,97)	3.14,09(33,66)	3.47,72(33,63)	4.21,71(33,99)		
	4.55,61(33,90)	5.29,97(34,36)	6.04,34(34,37)	6.39,43(35,09)		
	7.13,11(33,68)	7.46,82(33,71)	8.20,05(33,23)	8.51,07(31,02)		
4	Robin H. Kleiven	93	Aalesund SLK	(0,77)	8.51,91	614
	30,80(30,80)	1.03,45(32,65)	1.36,32(32,87)	2.09,42(33,10)		
	2.42,24(32,82)	3.15,42(33,18)	3.48,97(33,55)	4.22,75(33,78)		
	4.55,97(33,22)	5.30,14(34,17)	6.04,11(33,97)	6.38,65(34,54)		
	7.13,03(34,38)	7.47,51(34,48)	8.21,21(33,70)	8.51,91(30,70)		
5	Ole Martin Bjørlykke	96	Aalesund SLK	(0,90)	8.57,42	595
	30,63(30,63)	1.03,64(33,01)	1.36,90(33,26)	2.10,48(33,58)		
	2.44,28(33,80)	3.18,50(34,22)	3.52,70(34,20)	4.26,71(34,01)		
	5.00,83(34,12)	5.34,70(33,87)	6.08,54(33,84)	6.42,49(33,95)		
	7.16,49(34,00)	7.50,70(34,21)	8.24,29(33,59)	8.57,42(33,13)		
6	Lars Rugsveen	94	Elverum Svømming	(0,74)	9.03,28	576
	31,24(31,24)	1.04,20(32,96)	1.37,50(33,30)	2.10,86(33,36)		
	2.44,68(33,82)	3.18,84(34,16)	3.53,24(34,40)	4.27,13(33,89)		
	5.01,60(34,47)	5.35,25(33,65)	6.09,56(34,31)	6.43,75(34,19)		
	7.18,54(34,79)	7.53,75(35,21)	8.29,04(35,29)	9.03,28(34,24)		
7	Martin Næss Kjølholdt	95	Kolbotn IL	(0,80)	9.05,16	570
	30,42(30,42)	1.03,70(33,28)	1.37,58(33,88)	2.11,77(34,19)		
	2.45,98(34,21)	3.20,54(34,56)	3.55,02(34,48)	4.29,70(34,68)		
	5.04,46(34,76)	5.39,34(34,88)	6.14,40(35,06)	6.49,12(34,72)		
	7.23,82(34,70)	7.58,58(34,76)	8.32,41(33,83)	9.05,16(32,75)		
8	Jørgen Gundersen	95	Lørenskog/Rælingen	(0,70)	9.05,37	570
	31,40(31,40)	1.04,94(33,54)	1.39,00(34,06)	2.13,47(34,47)		
	2.47,87(34,40)	3.22,28(34,41)	3.56,65(34,37)	4.31,25(34,60)		
	5.05,77(34,52)	5.40,58(34,81)	6.15,50(34,92)	6.50,27(34,77)		
	7.24,86(34,59)	7.59,36(34,50)	8.33,55(34,19)	9.05,37(31,82)		
9	Ivan Aleksander Larsen	95	Karmøy SK	(0,72)	9.10,12	555
	31,82(31,82)	1.06,04(34,22)	1.40,36(34,32)	2.15,00(34,64)		
	2.49,61(34,61)	3.24,06(34,45)	3.58,40(34,34)	4.33,00(34,60)		
	5.07,80(34,80)	5.42,44(34,64)	6.17,04(34,60)	6.52,10(35,06)		
	7.26,72(34,62)	8.01,59(34,87)	8.36,30(34,71)	9.10,12(33,82)		
10	Gunnar V. Skirbekk	91	Elverum Svømming	(0,80)	9.18,44	531
	30,09(30,09)	1.03,02(32,93)	1.36,86(33,84)	2.10,58(33,72)		
	2.45,32(34,74)	3.20,39(35,07)	3.56,18(35,79)	4.32,33(36,15)		
	5.08,42(36,09)	5.42,95(34,53)	6.18,36(35,41)	6.54,86(36,50)		
	7.31,64(36,78)	8.07,39(35,75)	8.43,57(36,18)	9.18,44(34,87)		
11	Kristian Blummenfelt	94	Vestkantsvømmerne	(0,80)	9.25,08	512
	31,82(31,82)	1.06,48(34,66)	1.42,11(35,63)	2.17,16(35,05)		
	2.53,23(36,07)	3.28,65(35,42)	4.04,38(35,73)	4.40,00(35,62)		
	5.15,71(35,71)	5.51,39(35,68)	6.27,12(35,73)	7.03,09(35,97)		
	7.39,31(36,22)	8.15,11(35,80)	8.50,65(35,54)	9.25,08(34,43)		



## Øvelse 39. 1500m fri, damer - Direkte finale – Foreløpig før siste heat

## Junior

1	Lise Sand Syversen	95	BS/Delfana	(0,84)	17.56,80	671
	31,72(31,72)	1.06,36(34,64)	1.41,97(35,61)	2.18,01(36,04)		
	2.53,40(35,39)	3.29,60(36,20)	4.05,16(35,56)	4.40,72(35,56)		
	5.15,42(34,70)	5.51,01(35,59)	6.26,48(35,47)	7.02,33(35,85)		
	7.37,91(35,58)	8.14,39(36,48)	8.51,05(36,66)	9.27,47(36,42)		
	10.04,09(36,62)	10.40,84(36,75)	11.17,70(36,86)	11.54,77(37,07)		
	12.32,05(37,28)	13.08,84(36,79)	13.46,16(37,32)	14.22,45(36,29)		
	14.58,63(36,18)	15.35,29(36,66)	16.11,61(36,32)	16.48,05(36,44)		
	17.22,48(34,43)	17.56,80(34,32)				
2	Siri Anette Sønju	92	Asker SK/NTG	(0,91)	18.07,87	650
	31,94(31,94)	1.06,84(34,90)	1.42,22(35,38)	2.18,73(36,51)		
	2.54,34(35,61)	3.30,48(36,14)	4.06,31(35,83)	4.43,03(36,72)		
	5.19,07(36,04)	5.55,91(36,84)	6.32,06(36,15)	7.09,11(37,05)		
	7.45,47(36,36)	8.22,68(37,21)	8.58,88(36,20)	9.35,70(36,82)		
	10.12,20(36,50)	10.49,19(36,99)	11.25,74(36,55)	12.02,84(37,10)		
	12.39,27(36,43)	13.16,27(37,00)	13.52,97(36,70)	14.30,16(37,19)		
	15.06,53(36,37)	15.43,41(36,88)	16.19,75(36,34)	16.56,38(36,63)		
	17.32,02(35,64)	18.07,87(35,85)				
3	Julie Rønningsen	94	Lambertseter SK	(1,03)	18.17,98	633
	32,56(32,56)	1.08,50(35,94)	1.45,29(36,79)	2.21,55(36,26)		
	2.58,11(36,56)	3.34,62(36,51)	4.11,22(36,60)	4.47,29(36,07)		
	5.23,99(36,70)	6.00,72(36,73)	6.37,28(36,56)	7.13,95(36,67)		
	7.50,75(36,80)	8.27,26(36,51)	9.04,45(37,19)	9.40,91(36,46)		
	10.18,22(37,31)	10.55,24(37,02)	11.32,33(37,09)	12.09,56(37,23)		
	12.46,83(37,27)	13.24,08(37,25)	14.01,01(36,93)	14.38,08(37,07)		
	15.15,23(37,15)	15.52,40(37,17)	16.29,63(37,23)	17.06,97(37,34)		
	17.43,87(36,90)	18.17,98(34,11)				
4	Tina Schütz	96	Vestkantsvømmerne	(0,88)	18.37,97	599
	34,30(34,30)	1.11,33(37,03)	1.49,34(38,01)	2.27,15(37,81)		
	3.05,28(38,13)	3.42,84(37,56)	4.20,39(37,55)	4.58,09(37,70)		
	5.35,76(37,67)	6.13,32(37,56)	6.50,47(37,15)	7.27,62(37,15)		
	8.05,21(37,59)	8.42,57(37,36)	9.20,05(37,48)	9.57,35(37,30)		
	10.34,89(37,54)	11.12,06(37,17)	11.49,34(37,28)	12.26,56(37,22)		
	13.04,28(37,72)	13.41,16(36,88)	14.18,63(37,47)	14.55,78(37,15)		
	15.32,93(37,15)	16.10,17(37,24)	16.47,19(37,02)	17.24,26(37,07)		
	18.01,52(37,26)	18.37,97(36,45)				
5	Ingeborg Jørmeland	96	Stavanger SC	(0,81)	18.42,63	592
	34,12(34,12)	1.11,72(37,60)	1.49,55(37,83)	2.27,39(37,84)		
	3.05,41(38,02)	3.43,16(37,75)	4.20,84(37,68)	4.58,04(37,20)		
	5.35,86(37,82)	6.13,56(37,70)	6.51,24(37,68)	7.28,78(37,54)		
	8.06,54(37,76)	8.44,41(37,87)	9.22,20(37,79)	9.59,99(37,79)		
	10.37,57(37,58)	11.15,23(37,66)	11.52,81(37,58)	12.30,21(37,40)		
	13.07,61(37,40)	13.45,03(37,42)	14.22,32(37,29)	14.59,88(37,56)		
	15.36,90(37,02)	16.14,27(37,37)	16.52,18(37,91)	17.29,62(37,44)		
	18.06,90(37,28)	18.42,63(35,73)				
6	Majken Smith	97	Asker SK	(0,95)	18.43,62	590
	34,68(34,68)	1.12,80(38,12)	1.51,41(38,61)	2.30,06(38,65)		
	3.08,86(38,80)	3.47,39(38,53)	4.25,73(38,34)	5.04,03(38,30)		
	5.42,48(38,45)	6.20,48(38,00)	6.57,96(37,48)	7.35,45(37,49)		
	8.12,86(37,41)	8.50,49(37,63)	9.28,03(37,54)	10.04,92(36,89)		
	10.42,12(37,20)	11.19,64(37,52)	11.56,92(37,28)	12.33,92(37,00)		
	13.10,99(37,07)	13.48,11(37,12)	14.25,27(37,16)	15.02,18(36,91)		
	15.39,47(37,29)	16.16,46(36,99)	16.53,34(36,88)	17.30,53(37,19)		
	18.07,34(36,81)	18.43,62(36,28)				
7	Klara Farkas	96	Lørenskog/Rælingen	(0,92)	18.53,95	574
	34,46(34,46)	1.12,23(37,77)	1.50,15(37,92)	2.28,06(37,91)		
	3.06,03(37,97)	3.43,92(37,89)	4.21,81(37,89)	4.59,96(38,15)		
	5.37,78(37,82)	6.15,78(38,00)	6.53,72(37,94)	7.32,09(38,37)		
	8.10,25(38,16)	8.48,45(38,20)	9.26,60(38,15)	10.04,64(38,04)		
	10.42,74(38,10)	11.21,16(38,42)	11.59,10(37,94)	12.37,18(38,08)		
	13.14,97(37,79)	13.52,81(37,84)	14.30,59(37,78)	15.08,55(37,96)		
	15.46,34(37,79)	16.23,76(37,42)	17.01,69(37,93)	17.39,57(37,88)		
	18.17,63(38,06)	18.53,95(36,32)				

8	Frida Hinna	96	BS/Delfana	(0,83)	19.03,56	560
	33,91(33,91)	1.11,27(37,36)	1.48,78(37,51)	2.27,01(38,23)		
	3.05,12(38,11)	3.43,31(38,19)	4.21,28(37,97)	4.59,73(38,45)		
	5.37,69(37,96)	6.15,94(38,25)	6.54,17(38,23)	7.32,38(38,21)		
	8.10,38(38,00)	8.48,76(38,38)	9.26,77(38,01)	10.04,90(38,13)		
	10.42,81(37,91)	11.21,12(38,31)	11.59,32(38,20)	12.37,96(38,64)		
	13.15,96(38,00)	13.54,84(38,88)	14.33,29(38,45)	15.12,56(39,27)		
	15.50,77(38,21)	16.29,76(38,99)	17.08,20(38,44)	17.47,12(38,92)		
	18.25,59(38,47)	19.03,56(37,97)				
9	Stina Dahl	96	BS/Delfana	(1,02)	19.31,59	521
	33,38(33,38)	1.10,42(37,04)	1.49,06(38,64)	2.27,99(38,93)		
	3.07,09(39,10)	3.46,61(39,52)	4.26,16(39,55)	5.05,68(39,52)		
	5.45,24(39,56)	6.24,44(39,20)	7.03,96(39,52)	7.43,63(39,67)		
	8.23,52(39,89)	9.02,82(39,30)	9.42,23(39,41)	10.21,66(39,43)		
	11.00,76(39,10)	11.40,26(39,50)	12.19,78(39,52)	12.59,14(39,36)		
	13.38,63(39,49)	14.17,97(39,34)	14.57,37(39,40)	15.36,64(39,27)		
	16.15,98(39,34)	16.55,22(39,24)	17.34,75(39,53)	18.14,16(39,41)		
	18.53,68(39,52)	19.31,59(37,91)				

## Senior

1	Lise Sand Syversen	95	BS/Delfana	(0,84)	17.56,80	671
	31,72(31,72)	1.06,36(34,64)	1.41,97(35,61)	2.18,01(36,04)		
	2.53,40(35,39)	3.29,60(36,20)	4.05,16(35,56)	4.40,72(35,56)		
	5.15,42(34,70)	5.51,01(35,59)	6.26,48(35,47)	7.02,33(35,85)		
	7.37,91(35,58)	8.14,39(36,48)	8.51,05(36,66)	9.27,47(36,42)		
	10.04,09(36,62)	10.40,84(36,75)	11.17,70(36,86)	11.54,77(37,07)		
	12.32,05(37,28)	13.08,84(36,79)	13.46,16(37,32)	14.22,45(36,29)		
	14.58,63(36,18)	15.35,29(36,66)	16.11,61(36,32)	16.48,05(36,44)		
	17.22,48(34,43)	17.56,80(34,32)				
2	Siri Anette Sønju	92	Asker SK/NTG	(0,91)	18.07,87	650
	31,94(31,94)	1.06,84(34,90)	1.42,22(35,38)	2.18,73(36,51)		
	2.54,34(35,61)	3.30,48(36,14)	4.06,31(35,83)	4.43,03(36,72)		
	5.19,07(36,04)	5.55,91(36,84)	6.32,06(36,15)	7.09,11(37,05)		
	7.45,47(36,36)	8.22,68(37,21)	8.58,88(36,20)	9.35,70(36,82)		
	10.12,20(36,50)	10.49,19(36,99)	11.25,74(36,55)	12.02,84(37,10)		
	12.39,27(36,43)	13.16,27(37,00)	13.52,97(36,70)	14.30,16(37,19)		
	15.06,53(36,37)	15.43,41(36,88)	16.19,75(36,34)	16.56,38(36,63)		
	17.32,02(35,64)	18.07,87(35,85)				
3	Julie Rønningsen	94	Lambertseter SK	(1,03)	18.17,98	633
	32,56(32,56)	1.08,50(35,94)	1.45,29(36,79)	2.21,55(36,26)		
	2.58,11(36,56)	3.34,62(36,51)	4.11,22(36,60)	4.47,29(36,07)		
	5.23,99(36,70)	6.00,72(36,73)	6.37,28(36,56)	7.13,95(36,67)		
	7.50,75(36,80)	8.27,26(36,51)	9.04,45(37,19)	9.40,91(36,46)		
	10.18,22(37,31)	10.55,24(37,02)	11.32,33(37,09)	12.09,56(37,23)		
	12.46,83(37,27)	13.24,08(37,25)	14.01,01(36,93)	14.38,08(37,07)		
	15.15,23(37,15)	15.52,40(37,17)	16.29,63(37,23)	17.06,97(37,34)		
	17.43,87(36,90)	18.17,98(34,11)				
4	Tina Schütz	96	Vestkantsvømmerne	(0,88)	18.37,97	599
	34,30(34,30)	1.11,33(37,03)	1.49,34(38,01)	2.27,15(37,81)		
	3.05,28(38,13)	3.42,84(37,56)	4.20,39(37,55)	4.58,09(37,70)		
	5.35,76(37,67)	6.13,32(37,56)	6.50,47(37,15)	7.27,62(37,15)		
	8.05,21(37,59)	8.42,57(37,36)	9.20,05(37,48)	9.57,35(37,30)		
	10.34,89(37,54)	11.12,06(37,17)	11.49,34(37,28)	12.26,56(37,22)		
	13.04,28(37,72)	13.41,16(36,88)	14.18,63(37,47)	14.55,78(37,15)		
	15.32,93(37,15)	16.10,17(37,24)	16.47,19(37,02)	17.24,26(37,07)		
	18.01,52(37,26)	18.37,97(36,45)				
5	Ingeborg Jørmeland	96	Stavanger SC	(0,81)	18.42,63	592
	34,12(34,12)	1.11,72(37,60)	1.49,55(37,83)	2.27,39(37,84)		
	3.05,41(38,02)	3.43,16(37,75)	4.20,84(37,68)	4.58,04(37,20)		
	5.35,86(37,82)	6.13,56(37,70)	6.51,24(37,68)	7.28,78(37,54)		
	8.06,54(37,76)	8.44,41(37,87)	9.22,20(37,79)	9.59,99(37,79)		
	10.37,57(37,58)	11.15,23(37,66)	11.52,81(37,58)	12.30,21(37,40)		
	13.07,61(37,40)	13.45,03(37,42)	14.22,32(37,29)	14.59,88(37,56)		
	15.36,90(37,02)	16.14,27(37,37)	16.52,18(37,91)	17.29,62(37,44)		
	18.06,90(37,28)	18.42,63(35,73)				

6	Majken Smith	97	Asker SK	(0,95)	18.43,62	590
	34,68(34,68)	1.12,80(38,12)	1.51,41(38,61)	2.30,06(38,65)		
	3.08,86(38,80)	3.47,39(38,53)	4.25,73(38,34)	5.04,03(38,30)		
	5.42,48(38,45)	6.20,48(38,00)	6.57,96(37,48)	7.35,45(37,49)		
	8.12,86(37,41)	8.50,49(37,63)	9.28,03(37,54)	10.04,92(36,89)		
	10.42,12(37,20)	11.19,64(37,52)	11.56,92(37,28)	12.33,92(37,00)		
	13.10,99(37,07)	13.48,11(37,12)	14.25,27(37,16)	15.02,18(36,91)		
	15.39,47(37,29)	16.16,46(36,99)	16.53,34(36,88)	17.30,53(37,19)		
	18.07,34(36,81)	18.43,62(36,28)				
7	Klara Farkas	96	Lørenskog/Rælingen	(0,92)	18.53,95	574
	34,46(34,46)	1.12,23(37,77)	1.50,15(37,92)	2.28,06(37,91)		
	3.06,03(37,97)	3.43,92(37,89)	4.21,81(37,89)	4.59,96(38,15)		
	5.37,78(37,82)	6.15,78(38,00)	6.53,72(37,94)	7.32,09(38,37)		
	8.10,25(38,16)	8.48,45(38,20)	9.26,60(38,15)	10.04,64(38,04)		
	10.42,74(38,10)	11.21,16(38,42)	11.59,10(37,94)	12.37,18(38,08)		
	13.14,97(37,79)	13.52,81(37,84)	14.30,59(37,78)	15.08,55(37,96)		
	15.46,34(37,79)	16.23,76(37,42)	17.01,69(37,93)	17.39,57(37,88)		
	18.17,63(38,06)	18.53,95(36,32)				
8	Frida Hinna	96	BS/Delfana	(0,83)	19.03,56	560
	33,91(33,91)	1.11,27(37,36)	1.48,78(37,51)	2.27,01(38,23)		
	3.05,12(38,11)	3.43,31(38,19)	4.21,28(37,97)	4.59,73(38,45)		
	5.37,69(37,96)	6.15,94(38,25)	6.54,17(38,23)	7.32,38(38,21)		
	8.10,38(38,00)	8.48,76(38,38)	9.26,77(38,01)	10.04,90(38,13)		
	10.42,81(37,91)	11.21,12(38,31)	11.59,32(38,20)	12.37,96(38,64)		
	13.15,96(38,00)	13.54,84(38,88)	14.33,29(38,45)	15.12,56(39,27)		
	15.50,77(38,21)	16.29,76(38,99)	17.08,20(38,44)	17.47,12(38,92)		
	18.25,59(38,47)	19.03,56(37,97)				
9	Stina Dahl	96	BS/Delfana	(1,02)	19.31,59	521
	33,38(33,38)	1.10,42(37,04)	1.49,06(38,64)	2.27,99(38,93)		
	3.07,09(39,10)	3.46,61(39,52)	4.26,16(39,55)	5.05,68(39,52)		
	5.45,24(39,56)	6.24,44(39,20)	7.03,96(39,52)	7.43,63(39,67)		
	8.23,52(39,89)	9.02,82(39,30)	9.42,23(39,41)	10.21,66(39,43)		
	11.00,76(39,10)	11.40,26(39,50)	12.19,78(39,52)	12.59,14(39,36)		
	13.38,63(39,49)	14.17,97(39,34)	14.57,37(39,40)	15.36,64(39,27)		
	16.15,98(39,34)	16.55,22(39,24)	17.34,75(39,53)	18.14,16(39,41)		
	18.53,68(39,52)	19.31,59(37,91)				

### Øvelse 40. 4\*100m lag medley, herrer - Junior

#### Junior

1	Stavanger SC G1 jr.	JR	Stavanger SC	(0,65)	4.02,77	622
	Per Øystein Turøy:	30,08(30,08)	1.02,62(32,54)	1.02,62		
	Trond Vasslag:	1.35,02(32,40)	2.14,09(39,07)	1.11,47		
	Fredrik K Hegdal:	2.40,13(26,04)	3.10,54(30,41)	56,45		
	Jørn Nygård:	3.35,23(24,69)	4.02,77(27,54)	52,23		
2	Bergensv. G1 jr.	JR	Bergensvømmerne	(0,71)	4.03,04	620
	Henrik Søfteland:	30,39(30,39)	1.02,17(31,78)	1.02,17		
	Sondre Bryn:	1.33,90(31,73)	2.11,40(37,50)	1.09,23		
	Erlend Ulveseter:	2.37,02(25,62)	3.08,49(31,47)	57,09		
	Markus Lie:	3.33,87(25,38)	4.03,04(29,17)	54,55		
3	Madla SK G1 jr.	JR	Madla SK	(0,82)	4.06,69	593
	Morten Bordervich:	31,94(31,94)	1.04,69(32,75)	1.04,69		
	Øyvind Malde:	1.36,60(31,91)	2.14,83(38,23)	1.10,14		
	Ole Martin Ree:	2.40,71(25,88)	3.12,70(31,99)	57,87		
	Gaute Ravndal:	3.38,91(26,21)	4.06,69(27,78)	53,99		
4	Bærumsv G1 jr.	JR	Bærumsvømmerne	(0,74)	4.07,11	590
	Henrik Wathne:	30,35(30,35)	1.02,24(31,89)	1.02,24		
	Mads Henry Steinland:	1.33,96(31,72)	2.11,89(37,93)	1.09,65		
	Jakob Bernstein:	2.39,65(27,76)	3.11,83(32,18)	59,94		
	Henry Emil Nordhagen:	3.37,97(26,14)	4.07,11(29,14)	55,28		
5	Lambertseter SK G1 jr.	JR	Lambertseter SK	(0,69)	4.10,72	565
	Armin Porobic:	30,38(30,38)	1.02,82(32,44)	1.02,82		
	Aksel Øvern:	1.35,70(32,88)	2.15,29(39,59)	1.12,47		
	Kristian Henanger:	2.42,93(27,64)	3.16,73(33,80)	1.01,44		
	Mathias Madsen:	3.42,73(26,00)	4.10,72(27,99)	53,99		

6	Asker SK G1 jr.	JR	Asker SK	(0,73)	4.12,73	552
	Sigve Ekeili Nystuen:	31,81(31,81)	1.06,37(34,56)	1.06,37		
	Aleksander Sire:	1.37,31(30,94)	2.14,61(37,30)	1.08,24		
	Norbert Prokopiak:	2.43,39(28,78)	3.17,63(34,24)	1.03,02		
	Andreas Bergman:	3.43,57(25,94)	4.12,73(29,16)	55,10		
7	Bergensv. G2 jr.	JR	Bergensvømmerne	(0,67)	4.15,40	535
	Espen Halhjem:	31,54(31,54)	1.05,01(33,47)	1.05,01		
	Eivind Johannesen:	1.38,14(33,13)	2.17,61(39,47)	1.12,60		
	Marius Thorsø:	2.45,08(27,47)	3.18,43(33,35)	1.00,82		
	Jonas Ødegård Aanby:	3.45,32(26,89)	4.15,40(30,08)	56,97		
8	Karmøy SK G1 jr.	JR	Karmøy SK	(0,66)	4.15,85	532
	Daniel Sandhåland:	31,50(31,50)	1.04,69(33,19)	1.04,69		
	Ivan Aleksander Larsen:	1.38,57(33,88)	2.18,35(39,78)	1.13,66		
	Morten Wee Hollund:	2.45,83(27,48)	3.17,98(32,15)	59,63		
	Harald Goa Fagerheim:	3.45,57(27,59)	4.15,85(30,28)	57,87		
9	Løren/Rælingen G1 jr.	JR	Lørenskog/Rælingen	(0,67)	4.17,45	522
	Vebjørn Lindhjem:	30,67(30,67)	1.02,64(31,97)	1.02,64		
	Jørgen Scheie Bråthen:	1.34,97(32,33)	2.12,70(37,73)	1.10,06		
	Jørgen Gundersen:	2.43,18(30,48)	3.18,01(34,83)	1.05,31		
	Gard Ruben Fauske:	3.45,69(27,68)	4.17,45(31,76)	59,44		
10	Kristiansand SA G1 jr.	JR	Kristiansand SA	(0,73)	4.22,18	494
	Stian Frestad:	33,37(33,37)	1.07,63(34,26)	1.07,63		
	Nicolai Gerrard:	1.40,73(33,10)	2.19,28(38,55)	1.11,65		
	Daniel Skauge:	2.49,02(29,74)	3.23,99(34,97)	1.04,71		
	Jostein Dalshov Kringlen:	3.51,64(27,65)	4.22,18(30,54)	58,19		
11	Sandnes SLK G1 jr.	JR	Sandnes SLK	(0,75)	4.24,36	482
	Thomas Brustveit:	31,38(31,38)	1.04,28(32,90)	1.04,28		
	Glenn Skjæveland:	1.39,02(34,74)	2.19,68(40,66)	1.15,40		
	Erik Andre Klepp Vik:	2.51,06(31,38)	3.27,44(36,38)	1.07,76		
	Henry Ravndal:	3.54,75(27,31)	4.24,36(29,61)	56,92		
12	Elverum IL G1 jr.	JR	Elverum Svømming	(0,77)	4.26,77	469
	Martin B. Lund:	31,77(31,77)	1.04,82(33,05)	1.04,82		
	Ingvar V. Skirbekk:	1.38,90(34,08)	2.19,73(40,83)	1.14,91		
	Lars Rugsveen:	2.49,32(29,59)	3.25,33(36,01)	1.05,60		
	Håkon B Lund:	3.53,90(28,57)	4.26,77(32,87)	1.01,44		
13	Bærumsv G2 jr.	JR	Bærumsvømmerne	(0,66)	4.30,60	449
	Fridtjof Bache Hungnes:	32,41(32,41)	1.07,36(34,95)	1.07,36		
	Lars Hvidsten:	1.45,07(37,71)	2.29,30(44,23)	1.21,94		
	Johann David Ørbeck:	2.58,85(29,55)	3.33,51(34,66)	1.04,21		
	Iver Hvidsten:	3.59,95(26,44)	4.30,60(30,65)	57,09		
14	Madla SK G2 jr.	JR	Madla SK	(0,82)	4.31,14	447
	Tim Samuelsen:	36,93(36,93)	1.16,21(39,28)	1.16,21		
	Sindre Aasland Ranaweera:	1.49,53(33,32)	2.30,13(40,60)	1.13,92		
	Kacper Domanski:	2.58,95(28,82)	3.32,93(33,98)	1.02,80		
	Ørjan Monsen:	4.01,62(28,69)	4.31,14(29,52)	58,21		
15	Namsos SK G1 jr.	JR	Namsos SK	(0,73)	4.40,70	403
	Bendik Falch:	33,28(33,28)	1.07,81(34,53)	1.07,81		
	Scott René Høgenhaug:	1.41,74(33,93)	2.21,77(40,03)	1.13,96		
	Anders Skaanes:	2.53,85(32,08)	3.36,30(42,45)	1.14,53		
	Benjamin Gaupset:	4.06,60(30,30)	4.40,70(34,10)	1.04,40		
16	Ski SK G1 jr.	JR	Ski SK	(0,87)	4.41,91	398
	Sven Peder Oseth:	35,12(35,12)	1.13,30(38,18)	1.13,30		
	Morten Molin Wang:	1.49,55(36,25)	2.32,97(43,42)	1.19,67		
	Einar Norum:	3.01,32(28,35)	3.37,59(36,27)	1.04,62		
	Eirik Nilsen:	4.08,03(30,44)	4.41,91(33,88)	1.04,32		
	Vestbyen IL G1 jr.	JR	Vestbyen Trondheim	(0,71)	DISK	
	Fredrik Tronvoll:	30,78(30,78)	1.04,89(34,11)	1.04,89		
	Christoffer Tofte Hamborg:	1.35,58(30,69)	2.11,96(36,38)	1.07,07		
	Gunnar Evjen:	2.40,81(28,85)	3.16,14(35,33)	1.04,18		
	Christian Tronvoll:					

## Tirsdag 12. juli 2011 kl 16.00

### Øvelse 31. 200m rygg, damer - Finale

#### Senior

1	Christine M. Pedersen	93	Lambertseter SK	(0,80)	2.20,44	702
	33,45(33,45)	1.08,89(35,44)	1.45,01(36,12)		2.20,44(35,43)	
2	Veronica Orheim Bjørlykke	94	Aalesund SLK	(0,70)	2.22,02	679
	32,42(32,42)	1.07,43(35,01)	1.44,44(37,01)		2.22,02(37,58)	
3	Gina B. Andersen	90	Lambertseter SK	(0,71)	2.22,38	674
	34,14(34,14)	1.09,65(35,51)	1.46,45(36,80)		2.22,38(35,93)	
4	Oda Marie Siljan	92	Asker SK/TiT	(0,75)	2.23,37	660
	33,16(33,16)	1.08,84(35,68)	1.46,21(37,37)		2.23,37(37,16)	
5	Karoline Steffensen	96	Harstad SK	(0,68)	2.24,81	640
	35,39(35,39)	1.11,96(36,57)	1.48,09(36,13)		2.24,81(36,72)	
6	Line Løvberg	91	Lambertseter SK	(0,77)	2.25,56	630
	34,84(34,84)	1.11,56(36,72)	1.49,26(37,70)		2.25,56(36,30)	
7	Andrine Davidsen	95	Lambertseter SK	(0,64)	2.27,61	605
	34,33(34,33)	1.11,74(37,41)	1.49,63(37,89)		2.27,61(37,98)	
8	Bitte Fagermo	93	Narvik SK/NTG	(0,86)	2.27,72	603
	35,32(35,32)	1.12,00(36,68)	1.50,15(38,15)		2.27,72(37,57)	

### Øvelse 32. 50m fri, herrer - Finale

#### Senior

1	Aleksander Hetland	82	Bærumsvømmerne	(0,62)	23,37	719
2	Øystein R. Hetland	89	Bærumsvømmerne		23,76	685
3	Gard Kvale	84	Bergens SC	(0,69)	23,77	684
4	Lavrans Solli	92	Bergens SC	(0,66)	23,86	676 NJR
4	Bjarte Ravndal	91	Madla SK	(0,75)	23,86	676
6	Sander Smørdal	85	BS/Arna	(0,68)	23,92	671
7	Bernt M. Seyffarth	89	Mandal SK	(0,81)	23,94	669
8	Christian Tronvoll	94	Vestbyen Trondheim	(0,73)	24,35	636

#### Funksjonshemmede

1	Andreas Bjørnstad	97	Drammen SK		38,16	165	S8 144,27 %
	Morten Rustbakken	80	Øvre Eiker SK	(1,38)	DISK		S14

### Øvelse 33. 100m fri, damer - Finale

#### Senior

1	Cecilie W. Johannessen	90	Bergens SC	(0,79)	55,99	804	NR
	27,02(27,02)	55,99(28,97)					
2	Henriette Brekke	88	Stavanger SC	(0,74)	56,78	771	
	27,16(27,16)	56,78(29,62)					
3	Susann Bjørnsen	93	Setermoen SK/NTG	(0,76)	56,92	766	
	27,78(27,78)	56,92(29,14)					
4	Monica W. Johannessen	90	Bergens SC	(0,71)	57,40	746	
	27,71(27,71)	57,40(29,69)					
5	Victoria S. Løken	91	Lambertseter SK	(0,74)	58,30	712	
	27,96(27,96)	58,30(30,34)					
6	Bryndis Run Hansen	93	BS/Åstveit	(0,75)	59,04	686	
	27,94(27,94)	59,04(31,10)					
7	Stine Lise Stenseth	94	Øvre Eiker SK	(0,72)	59,27	678	
	28,47(28,47)	59,27(30,80)					
8	Maria Thompson Clausen	96	Madla SK	(0,77)	59,44	672	
	28,35(28,35)	59,44(31,09)					

**Øvelse 34. 200m butterfly, herrer - Finale****Senior**

1	Sindri T. Jakobsson 27,41(27,41)	91	BS/Delfana 1.31,48(32,53)	(0,74)	2.03,29	740
					2.03,29(31,81)	
2	Alexander Broberg Skeltved 27,63(27,63)	87	Bergens SC 1.32,49(32,98)	(0,76)	2.07,91	663
					2.07,91(35,42)	
3	Jørgen Møllerop 28,23(28,23)	88	Bergens SC 1.33,92(33,57)	(0,79)	2.08,69	651
					2.08,69(34,77)	
4	Sebastian Stordal 28,69(28,69)	91	BS/Delfana 1.34,52(33,19)	(0,75)	2.09,23	642
					2.09,23(34,71)	
5	Sindre Eilertsen 29,14(29,14)	90	Lambertseter SK 1.36,61(34,46)	(0,79)	2.11,91	604
					2.11,91(35,30)	
6	Fredrik K Hegdal 28,89(28,89)	94	Stavanger SC 1.36,73(34,73)	(0,74)	2.12,47	596
					2.12,47(35,74)	
7	Morten Wee Hollund 29,14(29,14)	96	Karmøy SK 1.38,71(35,23)	(0,79)	2.15,03	563
					2.15,03(36,32)	
8	Jakob Bernstein 29,81(29,81)	95	Bærumsvømmerne 1.40,39(36,05)	(0,73)	2.15,95	552
					2.15,95(35,56)	

**Øvelse 35. 200m bryst, damer - Finale****Senior**

1	Sara Nordenstam 33,69(33,69)	83	Lambertseter SK 1.49,93(38,40)	(0,80)	2.28,12	847
					2.28,12(38,19)	
2	Stina Kajsa Colleou 34,70(34,70)	93	Lambertseter SK 1.54,00(40,73)	(0,75)	2.35,48	732
					2.35,48(41,48)	
3	Luna Elisabeth Sjøgaard 36,75(36,75)	94	Lambertseter SK 1.58,97(41,71)	(0,89)	2.40,66	663
					2.40,66(41,69)	
4	Sophia Broberg Skeltved 37,40(37,40)	92	Tromsø SK/NTG 2.00,83(41,61)	(0,77)	2.41,32	655
					2.41,32(40,49)	
5	Mari Singstad 36,93(36,93)	91	Trondhjem SLK 1.58,77(41,19)	(0,81)	2.41,51	653
					2.41,51(42,74)	
6	Malene M. Pedersen 38,15(38,15)	96	Lambertseter SK 2.00,81(41,53)	(0,83)	2.43,05	635
					2.43,05(42,24)	
7	Rikke Nagell-Kleven 37,08(37,08)	95	Asker SK 2.01,04(42,51)	(0,83)	2.44,86	614
					2.44,86(43,82)	
8	Kaja Bremer 37,69(37,69)	93	Bergens SLK 2.04,81(44,07)	(0,85)	2.48,20	578
					2.48,20(43,39)	

**Øvelse 36. 100m rygg, herrer - Finale****Senior**

1	Lavrans Solli 28,20(28,20)	92	Bergens SC	(0,71)	56,97	758
2	Runar Borgen 29,33(29,33)	93	Tromsø SK/NTG	(0,73)	1.00,47	634
3	Christian Christiansen 29,37(29,37)	94	Kristiansund SLK/NTG	(0,77)	1.00,83	623
4	John Hage Gaarder 29,55(29,55)	89	Lørenskog/Rælingen	(0,67)	1.00,92	620
5	Henrik Wathne 30,10(30,10)	94	Bærumsvømmerne	(0,73)	1.02,02	587
6	Armin Porobic 30,12(30,12)	96	Lambertseter SK	(0,73)	1.02,18	583
7	Vebjørn Lindhjem 30,47(30,47)	95	Lørenskog/Rælingen	(0,73)	1.02,56	572
8	Markus Lie 30,28(30,28)	95	BS/Åstveit	(0,68)	1.02,60	571

## Øvelse 37. 50m butterfly, damer - Finale

## Senior

1	Ingvild Snildal	88	Asker SK	(0,78)	27,04	797
2	Katharina Stiberg	88	Bjerkvik SK	(0,69)	27,21	782
3	Bryndis Run Hansen	93	BS/Åstveit	(0,74)	27,85	729
4	Monica W. Johannessen	90	Bergens SC	(0,70)	27,90	726
5	Mette Mellbye Larsen	95	Asker SK	(0,77)	28,33	693
6	Victoria Rung	92	Madla SK	(0,78)	28,47	683
7	Henriette Brekke	88	Stavanger SC	(0,71)	28,48	682
8	Marthe Berg Sørensen	92	Madla SK		28,49	681

## Funksjonshemmede

1	Sara Louise Rung	89	Madla SK		45,05	172	S5 111,21 %
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## Øvelse 38. 800m fri, herrer - Direkte finale

## Junior

1	Morten Bordervich	94	Madla SK	(0,76)	8.27,86	706
	29,32(29,32)	59,75(30,43)	1.31,37(31,62)		2.03,85(32,48)	
	2.36,07(32,22)	3.08,54(32,47)	3.41,00(32,46)		4.13,66(32,66)	
	4.45,71(32,05)	5.17,87(32,16)	5.49,90(32,03)		6.22,25(32,35)	
	6.54,66(32,41)	7.26,82(32,16)	7.58,43(31,61)		8.27,86(29,43)	
2	Oscar Slaatmo	94	Hamar IL	(0,83)	8.27,90	705
	28,95(28,95)	1.00,27(31,32)	1.32,27(32,00)		2.04,18(31,91)	
	2.36,30(32,12)	3.08,28(31,98)	3.40,21(31,93)		4.12,55(32,34)	
	4.44,90(32,35)	5.17,08(32,18)	5.49,70(32,62)		6.22,25(32,55)	
	6.54,65(32,40)	7.27,18(32,53)	7.59,00(31,82)		8.27,90(28,90)	
3	Jørn Nygård	92	Stavanger SC	(0,72)	8.37,63	666
	27,70(27,70)	58,82(31,12)	1.30,88(32,06)		2.03,42(32,54)	
	2.35,80(32,38)	3.08,40(32,60)	3.41,62(33,22)		4.14,62(33,00)	
	4.47,94(33,32)	5.20,95(33,01)	5.54,33(33,38)		6.27,77(33,44)	
	7.01,15(33,38)	7.34,09(32,94)	8.07,11(33,02)		8.37,63(30,52)	
4	Henrik Christiansen	96	Skjetten Svømming	(0,78)	8.38,14	664
	29,86(29,86)	1.02,23(32,37)	1.34,55(32,32)		2.07,04(32,49)	
	2.39,71(32,67)	3.12,64(32,93)	3.45,33(32,69)		4.18,45(33,12)	
	4.51,18(32,73)	5.24,31(33,13)	5.57,02(32,71)		6.30,12(33,10)	
	7.02,68(32,56)	7.35,76(33,08)	8.07,49(31,73)		8.38,14(30,65)	
5	Eivind Johannesen	92	BS/Åstveit	(0,82)	8.50,63	619
	29,20(29,20)	1.01,49(32,29)	1.34,50(33,01)		2.07,64(33,14)	
	2.41,14(33,50)	3.14,75(33,61)	3.48,49(33,74)		4.22,46(33,97)	
	4.56,45(33,99)	5.30,74(34,29)	6.05,22(34,48)		6.39,76(34,54)	
	7.13,38(33,62)	7.47,21(33,83)	8.20,70(33,49)		8.50,63(29,93)	
6	Sondre Kallhovd	93	Lambertseter SK	(0,77)	8.50,95	617
	29,42(29,42)	1.02,31(32,89)	1.35,15(32,84)		2.08,28(33,13)	
	2.41,99(33,71)	3.16,17(34,18)	3.49,91(33,74)		4.24,11(34,20)	
	4.57,36(33,25)	5.30,92(33,56)	6.04,68(33,76)		6.38,78(34,10)	
	7.13,00(34,22)	7.46,63(33,63)	8.20,15(33,52)		8.50,95(30,80)	
7	Øystein Fjeldberg	93	Randaberg IL	(1,08)	8.51,07	617
	30,08(30,08)	1.03,07(32,99)	1.34,90(31,83)		2.07,46(32,56)	
	2.40,43(32,97)	3.14,09(33,66)	3.47,72(33,63)		4.21,71(33,99)	
	4.55,61(33,90)	5.29,97(34,36)	6.04,34(34,37)		6.39,43(35,09)	
	7.13,11(33,68)	7.46,82(33,71)	8.20,05(33,23)		8.51,07(31,02)	
8	Robin H. Kleiven	93	Aalesund SLK	(0,77)	8.51,91	614
	30,80(30,80)	1.03,45(32,65)	1.36,32(32,87)		2.09,42(33,10)	
	2.42,24(32,82)	3.15,42(33,18)	3.48,97(33,55)		4.22,75(33,78)	
	4.55,97(33,22)	5.30,14(34,17)	6.04,11(33,97)		6.38,65(34,54)	
	7.13,03(34,38)	7.47,51(34,48)	8.21,21(33,70)		8.51,91(30,70)	
9	Jonas Ødegård Aanby	95	BS/Delfana	(0,81)	8.53,16	610
	30,00(30,00)	1.02,11(32,11)	1.35,43(33,32)		2.09,12(33,69)	
	2.42,73(33,61)	3.16,22(33,49)	3.49,78(33,56)		4.23,52(33,74)	
	4.57,32(33,80)	5.31,22(33,90)	6.05,72(34,50)		6.39,68(33,96)	
	7.13,85(34,17)	7.47,61(33,76)	8.20,64(33,03)		8.53,16(32,52)	

10	Ole Martin Bjørlykke	96	Aalesund SLK	(0,90)	8.57,42	595
	30,63(30,63)	1.03,64(33,01)	1.36,90(33,26)	2.10,48(33,58)		
	2.44,28(33,80)	3.18,50(34,22)	3.52,70(34,20)	4.26,71(34,01)		
	5.00,83(34,12)	5.34,70(33,87)	6.08,54(33,84)	6.42,49(33,95)		
	7.16,49(34,00)	7.50,70(34,21)	8.24,29(33,59)	8.57,42(33,13)		
11	Ørjan Monsen	92	Madla SK	(0,89)	9.00,41	586
	30,19(30,19)	1.03,03(32,84)	1.36,56(33,53)	2.10,56(34,00)		
	2.44,81(34,25)	3.19,40(34,59)	3.53,87(34,47)	4.28,75(34,88)		
	5.03,19(34,44)	5.37,65(34,46)	6.12,06(34,41)	6.46,40(34,34)		
	7.20,70(34,30)	7.55,25(34,55)	8.28,74(33,49)	9.00,41(31,67)		
12	Lars Rugsveen	94	Elverum Svømming	(0,74)	9.03,28	576
	31,24(31,24)	1.04,20(32,96)	1.37,50(33,30)	2.10,86(33,36)		
	2.44,68(33,82)	3.18,84(34,16)	3.53,24(34,40)	4.27,13(33,89)		
	5.01,60(34,47)	5.35,25(33,65)	6.09,56(34,31)	6.43,75(34,19)		
	7.18,54(34,79)	7.53,75(35,21)	8.29,04(35,29)	9.03,28(34,24)		
13	Martin Næss Kjølholdt	95	Kolbotn IL	(0,80)	9.05,16	570
	30,42(30,42)	1.03,70(33,28)	1.37,58(33,88)	2.11,77(34,19)		
	2.45,98(34,21)	3.20,54(34,56)	3.55,02(34,48)	4.29,70(34,68)		
	5.04,46(34,76)	5.39,34(34,88)	6.14,40(35,06)	6.49,12(34,72)		
	7.23,82(34,70)	7.58,58(34,76)	8.32,41(33,83)	9.05,16(32,75)		
14	Jørgen Gundersen	95	Lørenskog/Rælingen	(0,70)	9.05,37	570
	31,40(31,40)	1.04,94(33,54)	1.39,00(34,06)	2.13,47(34,47)		
	2.47,87(34,40)	3.22,28(34,41)	3.56,65(34,37)	4.31,25(34,60)		
	5.05,77(34,52)	5.40,58(34,81)	6.15,50(34,92)	6.50,27(34,77)		
	7.24,86(34,59)	7.59,36(34,50)	8.33,55(34,19)	9.05,37(31,82)		
15	Ivan Aleksander Larsen	95	Karmøy SK	(0,72)	9.10,12	555
	31,82(31,82)	1.06,04(34,22)	1.40,36(34,32)	2.15,00(34,64)		
	2.49,61(34,61)	3.24,06(34,45)	3.58,40(34,34)	4.33,00(34,60)		
	5.07,80(34,80)	5.42,44(34,64)	6.17,04(34,60)	6.52,10(35,06)		
	7.26,72(34,62)	8.01,59(34,87)	8.36,30(34,71)	9.10,12(33,82)		
16	Kristian Blumenfelt	94	Vestkantsvømmerne	(0,80)	9.25,08	512
	31,82(31,82)	1.06,48(34,66)	1.42,11(35,63)	2.17,16(35,05)		
	2.53,23(36,07)	3.28,65(35,42)	4.04,38(35,73)	4.40,00(35,62)		
	5.15,71(35,71)	5.51,39(35,68)	6.27,12(35,73)	7.03,09(35,97)		
	7.39,31(36,22)	8.15,11(35,80)	8.50,65(35,54)	9.25,08(34,43)		

## Senior

1	Gard Kvale	84	Bergens SC	(0,76)	8.26,79	710
	28,50(28,50)	59,66(31,16)	1.31,35(31,69)	2.03,38(32,03)		
	2.34,99(31,61)	3.06,70(31,71)	3.38,59(31,89)	4.10,37(31,78)		
	4.42,13(31,76)	5.13,89(31,76)	5.45,87(31,98)	6.17,91(32,04)		
	6.50,38(32,47)	7.22,64(32,26)	7.54,88(32,24)	8.26,79(31,91)		
2	Morten Bordervich	94	Madla SK	(0,76)	8.27,86	706
	29,32(29,32)	59,75(30,43)	1.31,37(31,62)	2.03,85(32,48)		
	2.36,07(32,22)	3.08,54(32,47)	3.41,00(32,46)	4.13,66(32,66)		
	4.45,71(32,05)	5.17,87(32,16)	5.49,90(32,03)	6.22,25(32,35)		
	6.54,66(32,41)	7.26,82(32,16)	7.58,43(31,61)	8.27,86(29,43)		
3	Oscar Slaatmo	94	Hamar IL	(0,83)	8.27,90	705
	28,95(28,95)	1.00,27(31,32)	1.32,27(32,00)	2.04,18(31,91)		
	2.36,30(32,12)	3.08,28(31,98)	3.40,21(31,93)	4.12,55(32,34)		
	4.44,90(32,35)	5.17,08(32,18)	5.49,70(32,62)	6.22,25(32,55)		
	6.54,65(32,40)	7.27,18(32,53)	7.59,00(31,82)	8.27,90(28,90)		
4	Jørn Nygård	92	Stavanger SC	(0,72)	8.37,63	666
	27,70(27,70)	58,82(31,12)	1.30,88(32,06)	2.03,42(32,54)		
	2.35,80(32,38)	3.08,40(32,60)	3.41,62(33,22)	4.14,62(33,00)		
	4.47,94(33,32)	5.20,95(33,01)	5.54,33(33,38)	6.27,77(33,44)		
	7.01,15(33,38)	7.34,09(32,94)	8.07,11(33,02)	8.37,63(30,52)		
5	Henrik Christiansen	96	Skjetten Svømming	(0,78)	8.38,14	664
	29,86(29,86)	1.02,23(32,37)	1.34,55(32,32)	2.07,04(32,49)		
	2.39,71(32,67)	3.12,64(32,93)	3.45,33(32,69)	4.18,45(33,12)		
	4.51,18(32,73)	5.24,31(33,13)	5.57,02(32,71)	6.30,12(33,10)		
	7.02,68(32,56)	7.35,76(33,08)	8.07,49(31,73)	8.38,14(30,65)		
6	Eivind Johannesen	92	BS/Åstveit	(0,82)	8.50,63	619
	29,20(29,20)	1.01,49(32,29)	1.34,50(33,01)	2.07,64(33,14)		
	2.41,14(33,50)	3.14,75(33,61)	3.48,49(33,74)	4.22,46(33,97)		
	4.56,45(33,99)	5.30,74(34,29)	6.05,22(34,48)	6.39,76(34,54)		
	7.13,38(33,62)	7.47,21(33,83)	8.20,70(33,49)	8.50,63(29,93)		



7	Sondre Kallhovd	93	Lambertseter SK	(0,77)	8.50,95	617
	29,42(29,42)	1.02,31(32,89)	1.35,15(32,84)		2.08,28(33,13)	
	2.41,99(33,71)	3.16,17(34,18)	3.49,91(33,74)		4.24,11(34,20)	
	4.57,36(33,25)	5.30,92(33,56)	6.04,68(33,76)		6.38,78(34,10)	
	7.13,00(34,22)	7.46,63(33,63)	8.20,15(33,52)		8.50,95(30,80)	
8	Elias Damman	89	Bærumsvømmerne	(0,79)	8.51,02	617
	29,77(29,77)	1.02,00(32,23)	1.35,08(33,08)		2.08,40(33,32)	
	2.42,63(34,23)	3.16,10(33,47)	3.50,23(34,13)		4.24,24(34,01)	
	4.58,15(33,91)	5.32,17(34,02)	6.06,01(33,84)		6.39,90(33,89)	
	7.13,41(33,51)	7.47,02(33,61)	8.19,72(32,70)		8.51,02(31,30)	
9	Øystein Fjeldberg	93	Randaberg IL	(1,08)	8.51,07	617
	30,08(30,08)	1.03,07(32,99)	1.34,90(31,83)		2.07,46(32,56)	
	2.40,43(32,97)	3.14,09(33,66)	3.47,72(33,63)		4.21,71(33,99)	
	4.55,61(33,90)	5.29,97(34,36)	6.04,34(34,37)		6.39,43(35,09)	
	7.13,11(33,68)	7.46,82(33,71)	8.20,05(33,23)		8.51,07(31,02)	
10	Robin H. Kleiven	93	Aalesund SLK	(0,77)	8.51,91	614
	30,80(30,80)	1.03,45(32,65)	1.36,32(32,87)		2.09,42(33,10)	
	2.42,24(32,82)	3.15,42(33,18)	3.48,97(33,55)		4.22,75(33,78)	
	4.55,97(33,22)	5.30,14(34,17)	6.04,11(33,97)		6.38,65(34,54)	
	7.13,03(34,38)	7.47,51(34,48)	8.21,21(33,70)		8.51,91(30,70)	
11	Jonas Ødegård Aanby	95	BS/Delfana	(0,81)	8.53,16	610
	30,00(30,00)	1.02,11(32,11)	1.35,43(33,32)		2.09,12(33,69)	
	2.42,73(33,61)	3.16,22(33,49)	3.49,78(33,56)		4.23,52(33,74)	
	4.57,32(33,80)	5.31,22(33,90)	6.05,72(34,50)		6.39,68(33,96)	
	7.13,85(34,17)	7.47,61(33,76)	8.20,64(33,03)		8.53,16(32,52)	
12	Ole Martin Bjørlykke	96	Aalesund SLK	(0,90)	8.57,42	595
	30,63(30,63)	1.03,64(33,01)	1.36,90(33,26)		2.10,48(33,58)	
	2.44,28(33,80)	3.18,50(34,22)	3.52,70(34,20)		4.26,71(34,01)	
	5.00,83(34,12)	5.34,70(33,87)	6.08,54(33,84)		6.42,49(33,95)	
	7.16,49(34,00)	7.50,70(34,21)	8.24,29(33,59)		8.57,42(33,13)	
13	Ørjan Monsen	92	Madla SK	(0,89)	9.00,41	586
	30,19(30,19)	1.03,03(32,84)	1.36,56(33,53)		2.10,56(34,00)	
	2.44,81(34,25)	3.19,40(34,59)	3.53,87(34,47)		4.28,75(34,88)	
	5.03,19(34,44)	5.37,65(34,46)	6.12,06(34,41)		6.46,40(34,34)	
	7.20,70(34,30)	7.55,25(34,55)	8.28,74(33,49)		9.00,41(31,67)	
14	Lars Rugsveen	94	Elverum Svømming	(0,74)	9.03,28	576
	31,24(31,24)	1.04,20(32,96)	1.37,50(33,30)		2.10,86(33,36)	
	2.44,68(33,82)	3.18,84(34,16)	3.53,24(34,40)		4.27,13(33,89)	
	5.01,60(34,47)	5.35,25(33,65)	6.09,56(34,31)		6.43,75(34,19)	
	7.18,54(34,79)	7.53,75(35,21)	8.29,04(35,29)		9.03,28(34,24)	
15	Martin Næss Kjølholdt	95	Kolbotn IL	(0,80)	9.05,16	570
	30,42(30,42)	1.03,70(33,28)	1.37,58(33,88)		2.11,77(34,19)	
	2.45,98(34,21)	3.20,54(34,56)	3.55,02(34,48)		4.29,70(34,68)	
	5.04,46(34,76)	5.39,34(34,88)	6.14,40(35,06)		6.49,12(34,72)	
	7.23,82(34,70)	7.58,58(34,76)	8.32,41(33,83)		9.05,16(32,75)	
16	Jørgen Gundersen	95	Lørenskog/Rælingen	(0,70)	9.05,37	570
	31,40(31,40)	1.04,94(33,54)	1.39,00(34,06)		2.13,47(34,47)	
	2.47,87(34,40)	3.22,28(34,41)	3.56,65(34,37)		4.31,25(34,60)	
	5.05,77(34,52)	5.40,58(34,81)	6.15,50(34,92)		6.50,27(34,77)	
	7.24,86(34,59)	7.59,36(34,50)	8.33,55(34,19)		9.05,37(31,82)	
17	Ivan Aleksander Larsen	95	Karmøy SK	(0,72)	9.10,12	555
	31,82(31,82)	1.06,04(34,22)	1.40,36(34,32)		2.15,00(34,64)	
	2.49,61(34,61)	3.24,06(34,45)	3.58,40(34,34)		4.33,00(34,60)	
	5.07,80(34,80)	5.42,44(34,64)	6.17,04(34,60)		6.52,10(35,06)	
	7.26,72(34,62)	8.01,59(34,87)	8.36,30(34,71)		9.10,12(33,82)	
18	Gunnar V. Skirbekk	91	Elverum Svømming	(0,80)	9.18,44	531
	30,09(30,09)	1.03,02(32,93)	1.36,86(33,84)		2.10,58(33,72)	
	2.45,32(34,74)	3.20,39(35,07)	3.56,18(35,79)		4.32,33(36,15)	
	5.08,42(36,09)	5.42,95(34,53)	6.18,36(35,41)		6.54,86(36,50)	
	7.31,64(36,78)	8.07,39(35,75)	8.43,57(36,18)		9.18,44(34,87)	
19	Kristian Blumenfelt	94	Vestkantsvømmerne	(0,80)	9.25,08	512
	31,82(31,82)	1.06,48(34,66)	1.42,11(35,63)		2.17,16(35,05)	
	2.53,23(36,07)	3.28,65(35,42)	4.04,38(35,73)		4.40,00(35,62)	
	5.15,71(35,71)	5.51,39(35,68)	6.27,12(35,73)		7.03,09(35,97)	
	7.39,31(36,22)	8.15,11(35,80)	8.50,65(35,54)		9.25,08(34,43)	

## Øvelse 39. 1500m fri, damer - Direkte finale

## Junior

1	Elin Slaatmo	92	Hamar IL	(0,89)	17.04,04	780
	30,18(30,18)	1.02,72(32,54)	1.35,91(33,19)	2.09,42(33,51)		
	2.43,40(33,98)	3.17,59(34,19)	3.51,62(34,03)	4.25,87(34,25)		
	5.00,00(34,13)	5.34,42(34,42)	6.08,67(34,25)	6.43,38(34,71)		
	7.18,09(34,71)	7.52,75(34,66)	8.27,04(34,29)	9.01,71(34,67)		
	9.36,17(34,46)	10.10,84(34,67)	10.45,27(34,43)	11.20,18(34,91)		
	11.54,68(34,50)	12.29,29(34,61)	13.03,78(34,49)	13.38,60(34,82)		
	14.13,03(34,43)	14.47,82(34,79)	15.22,34(34,52)	15.57,03(34,69)		
	16.31,47(34,44)	17.04,04(32,57)				
2	Karoline Pedersen	94	BS/Delfana	(0,88)	17.22,25	740
	31,79(31,79)	1.06,27(34,48)	1.40,60(34,33)	2.15,43(34,83)		
	2.50,24(34,81)	3.24,99(34,75)	3.59,61(34,62)	4.34,26(34,65)		
	5.08,97(34,71)	5.43,93(34,96)	6.18,72(34,79)	6.53,74(35,02)		
	7.28,46(34,72)	8.03,51(35,05)	8.38,75(35,24)	9.13,98(35,23)		
	9.49,11(35,13)	10.24,41(35,30)	10.59,54(35,13)	11.34,62(35,08)		
	12.09,71(35,09)	12.44,88(35,17)	13.19,44(34,56)	13.54,39(34,95)		
	14.29,12(34,73)	15.03,82(34,70)	15.38,73(34,91)	16.13,73(35,00)		
	16.48,47(34,74)	17.22,25(33,78)				
3	Oda Gjerde	95	Bryne SK	(0,80)	17.27,06	729
	32,01(32,01)	1.06,42(34,41)	1.40,66(34,24)	2.15,45(34,79)		
	2.50,21(34,76)	3.25,28(35,07)	3.59,93(34,65)	4.34,50(34,57)		
	5.09,15(34,65)	5.43,86(34,71)	6.18,52(34,66)	6.53,24(34,72)		
	7.28,06(34,82)	8.02,75(34,69)	8.37,81(35,06)	9.13,10(35,29)		
	9.48,05(34,95)	10.23,44(35,39)	10.58,65(35,21)	11.34,20(35,55)		
	12.09,80(35,60)	12.45,10(35,30)	13.20,36(35,26)	13.55,85(35,49)		
	14.31,27(35,42)	15.06,73(35,46)	15.42,35(35,62)	16.18,29(35,94)		
	16.53,28(34,99)	17.27,06(33,78)				
4	Eva Marie W. Østerhus	94	Madla SK	(0,87)	17.29,46	724
	31,88(31,88)	1.06,02(34,14)	1.40,57(34,55)	2.15,60(35,03)		
	2.50,26(34,66)	3.25,46(35,20)	4.00,49(35,03)	4.35,83(35,34)		
	5.10,77(34,94)	5.46,20(35,43)	6.21,49(35,29)	6.57,02(35,53)		
	7.32,08(35,06)	8.07,62(35,54)	8.42,85(35,23)	9.18,23(35,38)		
	9.53,53(35,30)	10.29,17(35,64)	11.04,53(35,36)	11.40,17(35,64)		
	12.15,50(35,33)	12.50,75(35,25)	13.26,06(35,31)	14.01,36(35,30)		
	14.36,42(35,06)	15.12,09(35,67)	15.46,97(34,88)	16.21,81(34,84)		
	16.55,96(34,15)	17.29,46(33,50)				
5	Veronica Orheim Bjørlykke	94	Aalesund SLK	(0,83)	17.39,69	704
	31,62(31,62)	1.06,71(35,09)	1.41,97(35,26)	2.16,58(34,61)		
	2.51,58(35,00)	3.26,70(35,12)	4.01,89(35,19)	4.36,89(35,00)		
	5.11,90(35,01)	5.46,56(34,66)	6.21,63(35,07)	6.56,82(35,19)		
	7.31,68(34,86)	8.06,91(35,23)	8.42,45(35,54)	9.17,86(35,41)		
	9.53,13(35,27)	10.28,67(35,54)	11.04,31(35,64)	11.40,05(35,74)		
	12.15,82(35,77)	12.51,66(35,84)	13.27,91(36,25)	14.04,21(36,30)		
	14.40,53(36,32)	15.16,93(36,40)	15.53,53(36,60)	16.29,10(35,57)		
	17.04,94(35,84)	17.39,69(34,75)				
6	Ellen Camilla Hansen	95	Øvre Eiker SK	(0,77)	17.45,86	692
	32,49(32,49)	1.07,69(35,20)	1.42,99(35,30)	2.18,44(35,45)		
	2.53,88(35,44)	3.29,39(35,51)	4.04,72(35,33)	4.40,18(35,46)		
	5.15,56(35,38)	5.51,09(35,53)	6.26,40(35,31)	7.01,78(35,38)		
	7.37,09(35,31)	8.12,54(35,45)	8.47,67(35,13)	9.23,01(35,34)		
	9.58,40(35,39)	10.34,06(35,66)	11.09,80(35,74)	11.45,65(35,85)		
	12.21,60(35,95)	12.57,55(35,95)	13.33,81(36,26)	14.09,78(35,97)		
	14.46,02(36,24)	15.22,43(36,41)	15.58,64(36,21)	16.34,86(36,22)		
	17.10,95(36,09)	17.45,86(34,91)				
7	Elin Haugland	96	BS/Delfana	(0,81)	17.53,57	677
	31,67(31,67)	1.06,40(34,73)	1.41,75(35,35)	2.16,64(34,89)		
	2.52,31(35,67)	3.27,73(35,42)	4.03,60(35,87)	4.39,40(35,80)		
	5.15,07(35,67)	5.50,71(35,64)	6.26,48(35,77)	7.02,36(35,88)		
	7.38,06(35,70)	8.14,50(36,44)	8.50,78(36,28)	9.26,66(35,88)		
	10.03,23(36,57)	10.40,04(36,81)	11.16,95(36,91)	11.53,91(36,96)		
	12.30,98(37,07)	13.08,27(37,29)	13.45,21(36,94)	14.21,93(36,72)		
	14.58,12(36,19)	15.33,68(35,56)	16.09,70(36,02)	16.44,91(35,21)		
	17.19,77(34,86)	17.53,57(33,80)				

8	Andrea Westbye	95	Bærumsvømmerne	(0,79)	17.53,68	677
	32,48(32,48)	1.06,87(34,39)	1.41,64(34,77)	2.17,17(35,53)		
	2.52,53(35,36)	3.28,08(35,55)	4.03,66(35,58)	4.39,47(35,81)		
	5.15,08(35,61)	5.51,22(36,14)	6.27,18(35,96)	7.02,93(35,75)		
	7.38,65(35,72)	8.14,87(36,22)	8.50,68(35,81)	9.27,04(36,36)		
	10.03,16(36,12)	10.39,47(36,31)	11.15,64(36,17)	11.52,28(36,64)		
	12.28,54(36,26)	13.05,17(36,63)	13.41,29(36,12)	14.17,90(36,61)		
	14.54,36(36,46)	15.31,01(36,65)	16.07,37(36,36)	16.43,93(36,56)		
	17.19,36(35,43)	17.53,68(34,32)				
9	Lise Sand Syversen	95	BS/Delfana	(0,84)	17.56,80	671
	31,72(31,72)	1.06,36(34,64)	1.41,97(35,61)	2.18,01(36,04)		
	2.53,40(35,39)	3.29,60(36,20)	4.05,16(35,56)	4.40,72(35,56)		
	5.15,42(34,70)	5.51,01(35,59)	6.26,48(35,47)	7.02,33(35,85)		
	7.37,91(35,58)	8.14,39(36,48)	8.51,05(36,66)	9.27,47(36,42)		
	10.04,09(36,62)	10.40,84(36,75)	11.17,70(36,86)	11.54,77(37,07)		
	12.32,05(37,28)	13.08,84(36,79)	13.46,16(37,32)	14.22,45(36,29)		
	14.58,63(36,18)	15.35,29(36,66)	16.11,61(36,32)	16.48,05(36,44)		
	17.22,48(34,43)	17.56,80(34,32)				
10	Siri Anette Sønju	92	Asker SK/NTG	(0,91)	18.07,87	650
	31,94(31,94)	1.06,84(34,90)	1.42,22(35,38)	2.18,73(36,51)		
	2.54,34(35,61)	3.30,48(36,14)	4.06,31(35,83)	4.43,03(36,72)		
	5.19,07(36,04)	5.55,91(36,84)	6.32,06(36,15)	7.09,11(37,05)		
	7.45,47(36,36)	8.22,68(37,21)	8.58,88(36,20)	9.35,70(36,82)		
	10.12,20(36,50)	10.49,19(36,99)	11.25,74(36,55)	12.02,84(37,10)		
	12.39,27(36,43)	13.16,27(37,00)	13.52,97(36,70)	14.30,16(37,19)		
	15.06,53(36,37)	15.43,41(36,88)	16.19,75(36,34)	16.56,38(36,63)		
	17.32,02(35,64)	18.07,87(35,85)				
11	Julie Rønningsen	94	Lambertseter SK	(1,03)	18.17,98	633
	32,56(32,56)	1.08,50(35,94)	1.45,29(36,79)	2.21,55(36,26)		
	2.58,11(36,56)	3.34,62(36,51)	4.11,22(36,60)	4.47,29(36,07)		
	5.23,99(36,70)	6.00,72(36,73)	6.37,28(36,56)	7.13,95(36,67)		
	7.50,75(36,80)	8.27,26(36,51)	9.04,45(37,19)	9.40,91(36,46)		
	10.18,22(37,31)	10.55,24(37,02)	11.32,33(37,09)	12.09,56(37,23)		
	12.46,83(37,27)	13.24,08(37,25)	14.01,01(36,93)	14.38,08(37,07)		
	15.15,23(37,15)	15.52,40(37,17)	16.29,63(37,23)	17.06,97(37,34)		
	17.43,87(36,90)	18.17,98(34,11)				
12	Tina Schütz	96	Vestkantsvømmerne	(0,88)	18.37,97	599
	34,30(34,30)	1.11,33(37,03)	1.49,34(38,01)	2.27,15(37,81)		
	3.05,28(38,13)	3.42,84(37,56)	4.20,39(37,55)	4.58,09(37,70)		
	5.35,76(37,67)	6.13,32(37,56)	6.50,47(37,15)	7.27,62(37,15)		
	8.05,21(37,59)	8.42,57(37,36)	9.20,05(37,48)	9.57,35(37,30)		
	10.34,89(37,54)	11.12,06(37,17)	11.49,34(37,28)	12.26,56(37,22)		
	13.04,28(37,72)	13.41,16(36,88)	14.18,63(37,47)	14.55,78(37,15)		
	15.32,93(37,15)	16.10,17(37,24)	16.47,19(37,02)	17.24,26(37,07)		
	18.01,52(37,26)	18.37,97(36,45)				
13	Ingeborg Jørmeland	96	Stavanger SC	(0,81)	18.42,63	592
	34,12(34,12)	1.11,72(37,60)	1.49,55(37,83)	2.27,39(37,84)		
	3.05,41(38,02)	3.43,16(37,75)	4.20,84(37,68)	4.58,04(37,20)		
	5.35,86(37,82)	6.13,56(37,70)	6.51,24(37,68)	7.28,78(37,54)		
	8.06,54(37,76)	8.44,41(37,87)	9.22,20(37,79)	9.59,99(37,79)		
	10.37,57(37,58)	11.15,23(37,66)	11.52,81(37,58)	12.30,21(37,40)		
	13.07,61(37,40)	13.45,03(37,42)	14.22,32(37,29)	14.59,88(37,56)		
	15.36,90(37,02)	16.14,27(37,37)	16.52,18(37,91)	17.29,62(37,44)		
	18.06,90(37,28)	18.42,63(35,73)				
14	Majken Smith	97	Asker SK	(0,95)	18.43,62	590
	34,68(34,68)	1.12,80(38,12)	1.51,41(38,61)	2.30,06(38,65)		
	3.08,86(38,80)	3.47,39(38,53)	4.25,73(38,34)	5.04,03(38,30)		
	5.42,48(38,45)	6.20,48(38,00)	6.57,96(37,48)	7.35,45(37,49)		
	8.12,86(37,41)	8.50,49(37,63)	9.28,03(37,54)	10.04,92(36,89)		
	10.42,12(37,20)	11.19,64(37,52)	11.56,92(37,28)	12.33,92(37,00)		
	13.10,99(37,07)	13.48,11(37,12)	14.25,27(37,16)	15.02,18(36,91)		
	15.39,47(37,29)	16.16,46(36,99)	16.53,34(36,88)	17.30,53(37,19)		
	18.07,34(36,81)	18.43,62(36,28)				
15	Klara Farkas	96	Lørenskog/Rælingen	(0,92)	18.53,95	574
	34,46(34,46)	1.12,23(37,77)	1.50,15(37,92)	2.28,06(37,91)		
	3.06,03(37,97)	3.43,92(37,89)	4.21,81(37,89)	4.59,96(38,15)		
	5.37,78(37,82)	6.15,78(38,00)	6.53,72(37,94)	7.32,09(38,37)		
	8.10,25(38,16)	8.48,45(38,20)	9.26,60(38,15)	10.04,64(38,04)		
	10.42,74(38,10)	11.21,16(38,42)	11.59,10(37,94)	12.37,18(38,08)		
	13.14,97(37,79)	13.52,81(37,84)	14.30,59(37,78)	15.08,55(37,96)		
	15.46,34(37,79)	16.23,76(37,42)	17.01,69(37,93)	17.39,57(37,88)		
	18.17,63(38,06)	18.53,95(36,32)				

16	Frida Hinna	96	BS/Delfana	(0,83)	19.03,56	560
	33,91(33,91)	1.11,27(37,36)	1.48,78(37,51)	2.27,01(38,23)		
	3.05,12(38,11)	3.43,31(38,19)	4.21,28(37,97)	4.59,73(38,45)		
	5.37,69(37,96)	6.15,94(38,25)	6.54,17(38,23)	7.32,38(38,21)		
	8.10,38(38,00)	8.48,76(38,38)	9.26,77(38,01)	10.04,90(38,13)		
	10.42,81(37,91)	11.21,12(38,31)	11.59,32(38,20)	12.37,96(38,64)		
	13.15,96(38,00)	13.54,84(38,88)	14.33,29(38,45)	15.12,56(39,27)		
	15.50,77(38,21)	16.29,76(38,99)	17.08,20(38,44)	17.47,12(38,92)		
	18.25,59(38,47)	19.03,56(37,97)				
17	Stina Dahl	96	BS/Delfana	(1,02)	19.31,59	521
	33,38(33,38)	1.10,42(37,04)	1.49,06(38,64)	2.27,99(38,93)		
	3.07,09(39,10)	3.46,61(39,52)	4.26,16(39,55)	5.05,68(39,52)		
	5.45,24(39,56)	6.24,44(39,20)	7.03,96(39,52)	7.43,63(39,67)		
	8.23,52(39,89)	9.02,82(39,30)	9.42,23(39,41)	10.21,66(39,43)		
	11.00,76(39,10)	11.40,26(39,50)	12.19,78(39,52)	12.59,14(39,36)		
	13.38,63(39,49)	14.17,97(39,34)	14.57,37(39,40)	15.36,64(39,27)		
	16.15,98(39,34)	16.55,22(39,24)	17.34,75(39,53)	18.14,16(39,41)		
	18.53,68(39,52)	19.31,59(37,91)				

## Senior

1	Elin Slaatmo	92	Hamar IL	(0,89)	17.04,04	780
	30,18(30,18)	1.02,72(32,54)	1.35,91(33,19)	2.09,42(33,51)		
	2.43,40(33,98)	3.17,59(34,19)	3.51,62(34,03)	4.25,87(34,25)		
	5.00,00(34,13)	5.34,42(34,42)	6.08,67(34,25)	6.43,38(34,71)		
	7.18,09(34,71)	7.52,75(34,66)	8.27,04(34,29)	9.01,71(34,67)		
	9.36,17(34,46)	10.10,84(34,67)	10.45,27(34,43)	11.20,18(34,91)		
	11.54,68(34,50)	12.29,29(34,61)	13.03,78(34,49)	13.38,60(34,82)		
	14.13,03(34,43)	14.47,82(34,79)	15.22,34(34,52)	15.57,03(34,69)		
	16.31,47(34,44)	17.04,04(32,57)				
2	Karoline Pedersen	94	BS/Delfana	(0,88)	17.22,25	740
	31,79(31,79)	1.06,27(34,48)	1.40,60(34,33)	2.15,43(34,83)		
	2.50,24(34,81)	3.24,99(34,75)	3.59,61(34,62)	4.34,26(34,65)		
	5.08,97(34,71)	5.43,93(34,96)	6.18,72(34,79)	6.53,74(35,02)		
	7.28,46(34,72)	8.03,51(35,05)	8.38,75(35,24)	9.13,98(35,23)		
	9.49,11(35,13)	10.24,41(35,30)	10.59,54(35,13)	11.34,62(35,08)		
	12.09,71(35,09)	12.44,88(35,17)	13.19,44(34,56)	13.54,39(34,95)		
	14.29,12(34,73)	15.03,82(34,70)	15.38,73(34,91)	16.13,73(35,00)		
	16.48,47(34,74)	17.22,25(33,78)				
3	Oda Gjerde	95	Bryne SK	(0,80)	17.27,06	729
	32,01(32,01)	1.06,42(34,41)	1.40,66(34,24)	2.15,45(34,79)		
	2.50,21(34,76)	3.25,28(35,07)	3.59,93(34,65)	4.34,50(34,57)		
	5.09,15(34,65)	5.43,86(34,71)	6.18,52(34,66)	6.53,24(34,72)		
	7.28,06(34,82)	8.02,75(34,69)	8.37,81(35,06)	9.13,10(35,29)		
	9.48,05(34,95)	10.23,44(35,39)	10.58,65(35,21)	11.34,20(35,55)		
	12.09,80(35,60)	12.45,10(35,30)	13.20,36(35,26)	13.55,85(35,49)		
	14.31,27(35,42)	15.06,73(35,46)	15.42,35(35,62)	16.18,29(35,94)		
	16.53,28(34,99)	17.27,06(33,78)				
4	Eva Marie W. Østerhus	94	Madla SK	(0,87)	17.29,46	724
	31,88(31,88)	1.06,02(34,14)	1.40,57(34,55)	2.15,60(35,03)		
	2.50,26(34,66)	3.25,46(35,20)	4.00,49(35,03)	4.35,83(35,34)		
	5.10,77(34,94)	5.46,20(35,43)	6.21,49(35,29)	6.57,02(35,53)		
	7.32,08(35,06)	8.07,62(35,54)	8.42,85(35,23)	9.18,23(35,38)		
	9.53,53(35,30)	10.29,17(35,64)	11.04,53(35,36)	11.40,17(35,64)		
	12.15,50(35,33)	12.50,75(35,25)	13.26,06(35,31)	14.01,36(35,30)		
	14.36,42(35,06)	15.12,09(35,67)	15.46,97(34,88)	16.21,81(34,84)		
	16.55,96(34,15)	17.29,46(33,50)				
5	Veronica Orheim Bjørlykke	94	Aalesund SLK	(0,83)	17.39,69	704
	31,62(31,62)	1.06,71(35,09)	1.41,97(35,26)	2.16,58(34,61)		
	2.51,58(35,00)	3.26,70(35,12)	4.01,89(35,19)	4.36,89(35,00)		
	5.11,90(35,01)	5.46,56(34,66)	6.21,63(35,07)	6.56,82(35,19)		
	7.31,68(34,86)	8.06,91(35,23)	8.42,45(35,54)	9.17,86(35,41)		
	9.53,13(35,27)	10.28,67(35,54)	11.04,31(35,64)	11.40,05(35,74)		
	12.15,82(35,77)	12.51,66(35,84)	13.27,91(36,25)	14.04,21(36,30)		
	14.40,53(36,32)	15.16,93(36,40)	15.53,53(36,60)	16.29,10(35,57)		
	17.04,94(35,84)	17.39,69(34,75)				

6	Ellen Camilla Hansen	95	Øvre Eiker SK	(0,77)	17.45,86	692
	32.49(32,49)	1.07,69(35,20)	1.42,99(35,30)	2.18,44(35,45)		
	2.53,88(35,44)	3.29,39(35,51)	4.04,72(35,33)	4.40,18(35,46)		
	5.15,56(35,38)	5.51,09(35,53)	6.26,40(35,31)	7.01,78(35,38)		
	7.37,09(35,31)	8.12,54(35,45)	8.47,67(35,13)	9.23,01(35,34)		
	9.58,40(35,39)	10.34,06(35,66)	11.09,80(35,74)	11.45,65(35,85)		
	12.21,60(35,95)	12.57,55(35,95)	13.33,81(36,26)	14.09,78(35,97)		
	14.46,02(36,24)	15.22,43(36,41)	15.58,64(36,21)	16.34,86(36,22)		
	17.10,95(36,09)	17.45,86(34,91)				
7	Elin Haugland	96	BS/Delfana	(0,81)	17.53,57	677
	31,67(31,67)	1.06,40(34,73)	1.41,75(35,35)	2.16,64(34,89)		
	2.52,31(35,67)	3.27,73(35,42)	4.03,60(35,87)	4.39,40(35,80)		
	5.15,07(35,67)	5.50,71(35,64)	6.26,48(35,77)	7.02,36(35,88)		
	7.38,06(35,70)	8.14,50(36,44)	8.50,78(36,28)	9.26,66(35,88)		
	10.03,23(36,57)	10.40,04(36,81)	11.16,95(36,91)	11.53,91(36,96)		
	12.30,98(37,07)	13.08,27(37,29)	13.45,21(36,94)	14.21,93(36,72)		
	14.58,12(36,19)	15.33,68(35,56)	16.09,70(36,02)	16.44,91(35,21)		
	17.19,77(34,86)	17.53,57(33,80)				
8	Andrea Westbye	95	Bærumsvømmerne	(0,79)	17.53,68	677
	32,48(32,48)	1.06,87(34,39)	1.41,64(34,77)	2.17,17(35,53)		
	2.52,53(35,36)	3.28,08(35,55)	4.03,66(35,58)	4.39,47(35,81)		
	5.15,08(35,61)	5.51,22(36,14)	6.27,18(35,96)	7.02,93(35,75)		
	7.38,65(35,72)	8.14,87(36,22)	8.50,68(35,81)	9.27,04(36,36)		
	10.03,16(36,12)	10.39,47(36,31)	11.15,64(36,17)	11.52,28(36,64)		
	12.28,54(36,26)	13.05,17(36,63)	13.41,29(36,12)	14.17,90(36,61)		
	14.54,36(36,46)	15.31,01(36,65)	16.07,37(36,36)	16.43,93(36,56)		
	17.19,36(35,43)	17.53,68(34,32)				
9	Lise Sand Syversen	95	BS/Delfana	(0,84)	17.56,80	671
	31,72(31,72)	1.06,36(34,64)	1.41,97(35,61)	2.18,01(36,04)		
	2.53,40(35,39)	3.29,60(36,20)	4.05,16(35,56)	4.40,72(35,56)		
	5.15,42(34,70)	5.51,01(35,59)	6.26,48(35,47)	7.02,33(35,85)		
	7.37,91(35,58)	8.14,39(36,48)	8.51,05(36,66)	9.27,47(36,42)		
	10.04,09(36,62)	10.40,84(36,75)	11.17,70(36,86)	11.54,77(37,07)		
	12.32,05(37,28)	13.08,84(36,79)	13.46,16(37,32)	14.22,45(36,29)		
	14.58,63(36,18)	15.35,29(36,66)	16.11,61(36,32)	16.48,05(36,44)		
	17.22,48(34,43)	17.56,80(34,32)				
10	Siri Anette Sønju	92	Asker SK/NTG	(0,91)	18.07,87	650
	31,94(31,94)	1.06,84(34,90)	1.42,22(35,38)	2.18,73(36,51)		
	2.54,34(35,61)	3.30,48(36,14)	4.06,31(35,83)	4.43,03(36,72)		
	5.19,07(36,04)	5.55,91(36,84)	6.32,06(36,15)	7.09,11(37,05)		
	7.45,47(36,36)	8.22,68(37,21)	8.58,88(36,20)	9.35,70(36,82)		
	10.12,20(36,50)	10.49,19(36,99)	11.25,74(36,55)	12.02,84(37,10)		
	12.39,27(36,43)	13.16,27(37,00)	13.52,97(36,70)	14.30,16(37,19)		
	15.06,53(36,37)	15.43,41(36,88)	16.19,75(36,34)	16.56,38(36,63)		
	17.32,02(35,64)	18.07,87(35,85)				
11	Julie Rønningsen	94	Lambertseter SK	(1,03)	18.17,98	633
	32,56(32,56)	1.08,50(35,94)	1.45,29(36,79)	2.21,55(36,26)		
	2.58,11(36,56)	3.34,62(36,51)	4.11,22(36,60)	4.47,29(36,07)		
	5.23,99(36,70)	6.00,72(36,73)	6.37,28(36,56)	7.13,95(36,67)		
	7.50,75(36,80)	8.27,26(36,51)	9.04,45(37,19)	9.40,91(36,46)		
	10.18,12(37,31)	10.55,24(37,02)	11.32,33(37,09)	12.09,56(37,23)		
	12.46,83(37,27)	13.24,08(37,25)	14.01,01(36,93)	14.38,08(37,07)		
	15.15,23(37,15)	15.52,40(37,17)	16.29,63(37,23)	17.06,97(37,34)		
	17.43,87(36,90)	18.17,98(34,11)				
12	Tina Schütz	96	Vestkantsvømmerne	(0,88)	18.37,97	599
	34,30(34,30)	1.11,33(37,03)	1.49,34(38,01)	2.27,15(37,81)		
	3.05,28(38,13)	3.42,84(37,56)	4.20,39(37,55)	4.58,09(37,70)		
	5.35,76(37,67)	6.13,32(37,56)	6.50,47(37,15)	7.27,62(37,15)		
	8.05,21(37,59)	8.42,57(37,36)	9.20,05(37,48)	9.57,35(37,30)		
	10.34,89(37,54)	11.12,06(37,17)	11.49,34(37,28)	12.26,56(37,22)		
	13.04,28(37,72)	13.41,16(36,88)	14.18,63(37,47)	14.55,78(37,15)		
	15.32,93(37,15)	16.10,17(37,24)	16.47,19(37,02)	17.24,26(37,07)		
	18.01,52(37,26)	18.37,97(36,45)				
13	Ingeborg Jørmeland	96	Stavanger SC	(0,81)	18.42,63	592
	34,12(34,12)	1.11,72(37,60)	1.49,55(37,83)	2.27,39(37,84)		
	3.05,41(38,02)	3.43,16(37,75)	4.20,84(37,68)	4.58,04(37,20)		
	5.35,86(37,82)	6.13,56(37,70)	6.51,24(37,68)	7.28,78(37,54)		
	8.06,54(37,76)	8.44,41(37,87)	9.22,20(37,79)	9.59,99(37,79)		
	10.37,57(37,58)	11.15,23(37,66)	11.52,81(37,58)	12.30,21(37,40)		
	13.07,61(37,40)	13.45,03(37,42)	14.22,32(37,29)	14.59,88(37,56)		
	15.36,90(37,02)	16.14,27(37,37)	16.52,18(37,91)	17.29,62(37,44)		
	18.06,90(37,28)	18.42,63(35,73)				

14	Majken Smith	97	Asker SK	(0,95)	18.43,62	590
	34,68(34,68)	1.12,80(38,12)	1.51,41(38,61)	2.30,06(38,65)		
	3.08,86(38,80)	3.47,39(38,53)	4.25,73(38,34)	5.04,03(38,30)		
	5.42,48(38,45)	6.20,48(38,00)	6.57,96(37,48)	7.35,45(37,49)		
	8.12,86(37,41)	8.50,49(37,63)	9.28,03(37,54)	10.04,92(36,89)		
	10.42,12(37,20)	11.19,64(37,52)	11.56,92(37,28)	12.33,92(37,00)		
	13.10,99(37,07)	13.48,11(37,12)	14.25,27(37,16)	15.02,18(36,91)		
	15.39,47(37,29)	16.16,46(36,99)	16.53,34(36,88)	17.30,53(37,19)		
	18.07,34(36,81)	18.43,62(36,28)				
15	Klara Farkas	96	Lørenskog/Rælingen	(0,92)	18.53,95	574
	34,46(34,46)	1.12,23(37,77)	1.50,15(37,92)	2.28,06(37,91)		
	3.06,03(37,97)	3.43,92(37,89)	4.21,81(37,89)	4.59,96(38,15)		
	5.37,78(37,82)	6.15,78(38,00)	6.53,72(37,94)	7.32,09(38,37)		
	8.10,25(38,16)	8.48,45(38,20)	9.26,60(38,15)	10.04,64(38,04)		
	10.42,74(38,10)	11.21,16(38,42)	11.59,10(37,94)	12.37,18(38,08)		
	13.14,97(37,79)	13.52,81(37,84)	14.30,59(37,78)	15.08,55(37,96)		
	15.46,34(37,79)	16.23,76(37,42)	17.01,69(37,93)	17.39,57(37,88)		
	18.17,63(38,06)	18.53,95(36,32)				
16	Frida Hinna	96	BS/Delfana	(0,83)	19.03,56	560
	33,91(33,91)	1.11,27(37,36)	1.48,78(37,51)	2.27,01(38,23)		
	3.05,12(38,11)	3.43,31(38,19)	4.21,28(37,97)	4.59,73(38,45)		
	5.37,69(37,96)	6.15,94(38,25)	6.54,17(38,23)	7.32,38(38,21)		
	8.10,38(38,00)	8.48,76(38,38)	9.26,77(38,01)	10.04,90(38,13)		
	10.42,81(37,91)	11.21,12(38,31)	11.59,32(38,20)	12.37,96(38,64)		
	13.15,96(38,00)	13.54,84(38,88)	14.33,29(38,45)	15.12,56(39,27)		
	15.50,77(38,21)	16.29,76(38,99)	17.08,20(38,44)	17.47,12(38,92)		
	18.25,59(38,47)	19.03,56(37,97)				
17	Stina Dahl	96	BS/Delfana	(1,02)	19.31,59	521
	33,38(33,38)	1.10,42(37,04)	1.49,06(38,64)	2.27,99(38,93)		
	3.07,09(39,10)	3.46,61(39,52)	4.26,16(39,55)	5.05,68(39,52)		
	5.45,24(39,56)	6.24,44(39,20)	7.03,96(39,52)	7.43,63(39,67)		
	8.23,52(39,89)	9.02,82(39,30)	9.42,23(39,41)	10.21,66(39,43)		
	11.00,76(39,10)	11.40,26(39,50)	12.19,78(39,52)	12.59,14(39,36)		
	13.38,63(39,49)	14.17,97(39,34)	14.57,37(39,40)	15.36,64(39,27)		
	16.15,98(39,34)	16.55,22(39,24)	17.34,75(39,53)	18.14,16(39,41)		
	18.53,68(39,52)	19.31,59(37,91)				

## Øvelse 40. 4\*100m lag medley, herrer - Senior

### Senior

1	Bærumsv G1 sr.	SR	Bærumsvømmerne	(0,69)	3.47,23	759	NR
	Lars Andre Tolås:	28,70(28,70)	59,41(30,71)	59,41			
	Alexander Dale Oen:	1.26,86(27,45)	1.58,94(32,08)	59,53			
	Øystein R. Hetland:	2.24,68(25,74)	2.56,16(31,48)	57,22			
	Aleksander Hetland:	3.20,10(23,94)	3.47,23(27,13)	51,07			
2	Bergens SC G1 sr.	SR	Bergens SC	(0,67)	3.50,68	726	
	Lavrans Solli:	27,64(27,64)	56,62(28,98)	56,62			
	Alexander Broberg Skeltved:	1.27,77(31,15)	2.03,06(35,29)	1.06,44			
	Jørgen Møllerop:	2.28,96(25,90)	2.59,76(30,80)	56,70			
	Gard Kvale:	3.24,14(24,38)	3.50,68(26,54)	50,92			
3	Bergensv. G1 sr.	SR	Bergensvømmerne	(0,70)	3.57,09	668	
	Henrik Sjøfteland:	30,66(30,66)	1.02,72(32,06)	1.02,72			
	Erling Mjøs Brattelid:	1.32,34(29,62)	2.08,86(36,52)	1.06,14			
	Sindri T. Jakobsson:	2.34,58(25,72)	3.04,45(29,87)	55,59			
	Sander Smørdal:	3.29,68(25,23)	3.57,09(27,41)	52,64			
4	Bergensv. G2 sr.	SR	Bergensvømmerne	(0,64)	4.00,99	636	
	Markus Lie:	30,56(30,56)	1.02,91(32,35)	1.02,91			
	Simen Dale:	1.33,43(30,52)	2.09,17(35,74)	1.06,26			
	Erlend Ulveseter:	2.34,80(25,63)	3.06,61(31,81)	57,44			
	Even Vike Holm:	3.32,19(25,58)	4.00,99(28,80)	54,38			
5	Lambertseter SK G1 sr.	SR	Lambertseter SK	(0,68)	4.01,26	634	
	Armin Porobic:	30,42(30,42)	1.03,03(32,61)	1.03,03			
	Christian Thorsen:	1.33,86(30,83)	2.10,46(36,60)	1.07,43			
	Sindre Eilertsen:	2.36,54(26,08)	3.07,65(31,11)	57,19			
	Mathias Madsen:	3.33,51(25,86)	4.01,26(27,75)	53,61			

6	Bærumsv G2 sr.	SR	Bærumsvømmerne	(0,75)	4.04,77	607
	Henrik Wathne:	31,00(31,00)	1.04,65(33,65)	1.04,65		
	Sebastian Wigstrøm:	1.34,25(29,60)	2.09,04(34,79)	1.04,39		
	Carl Andreas Wathne:	2.36,69(27,65)	3.09,70(33,01)	1.00,66		
	Elias Damman:	3.35,61(25,91)	4.04,77(29,16)	55,07		
7	Stavanger SC G1 sr.	SR	Stavanger SC	(0,66)	4.06,74	593
	Alexander Marki Mork:	30,70(30,70)	1.03,56(32,86)	1.03,56		
	Trond Vasslag:	1.35,86(32,30)	2.15,11(39,25)	1.11,55		
	Fredrik K Hegdal:	2.42,02(26,91)	3.13,71(31,69)	58,60		
	Jørn Nygård:	3.39,09(25,38)	4.06,74(27,65)	53,03		
8	Madla SK G1 sr.	SR	Madla SK	(0,94)	4.08,47	581
	Bjarte Ravndal:	31,61(31,61)	1.03,88(32,27)	1.03,88		
	Øyvind Malde:	1.35,74(31,86)	2.14,07(38,33)	1.10,19		
	Gaute Ravndal:	2.41,89(27,82)	3.15,09(33,20)	1.01,02		
	Ole Martin Ree:	3.40,25(25,16)	4.08,47(28,22)	53,38		
9	Vestkantsv. G1 sr.	SR	Vestkantsvømmerne	(0,76)	4.10,87	564
	Kristoffer Brekke:	31,15(31,15)	1.03,98(32,83)	1.03,98		
	Markus Vindenes:	1.34,61(30,63)	2.10,00(35,39)	1.06,02		
	Sander Sivertsen:	2.36,70(26,70)	3.09,72(33,02)	59,72		
	Kristian Blummenfelt:	3.39,03(29,31)	4.10,87(31,84)	1.01,15		
9	Bergensv. G3 sr.	SR	Bergensvømmerne	(0,66)	4.10,87	564
	Espen Halhjem:	31,47(31,47)	1.05,29(33,82)	1.05,29		
	Sondre Bryn:	1.38,47(33,18)	2.16,64(38,17)	1.11,35		
	Sebastian Stordal:	2.43,13(26,49)	3.15,35(32,22)	58,71		
	Eirik Runningen:	3.41,81(26,46)	4.10,87(29,06)	55,52		
11	Øvre Eiker SK G1 sr.	SR	Øvre Eiker SK	(0,64)	4.16,21	530
	Erik Lauvbu:	31,71(31,71)	1.05,81(34,10)	1.05,81		
	Christer Koch Kvam:	1.38,71(32,90)	2.19,12(40,41)	1.13,31		
	Dan Magnus Skibrek:	2.46,43(27,31)	3.20,44(34,01)	1.01,32		
	Kim Rune Hansen:	3.46,61(26,17)	4.16,21(29,60)	55,77		
12	Vestbyen IL G1 sr.	SR	Vestbyen Trondheim	(0,69)	4.21,84	496
	Fredrik Tronvoll:	33,91(33,91)	1.11,05(37,14)	1.11,05		
	Christoffer Tofte Hamborg:	1.42,07(31,02)	2.18,52(36,45)	1.07,47		
	Christopher Wolf:	2.46,96(28,44)	3.23,47(36,51)	1.04,95		
	Christian Tronvoll:	3.50,73(27,26)	4.21,84(31,11)	58,37		
13	Oslo IL G1 sr.	SR	Oslo IL	(0,68)	4.22,72	491
	Alexander Thorvaldsen:	32,53(32,53)	1.09,64(37,11)	1.09,64		
	Didrik Nygård:	1.43,10(33,46)	2.24,35(41,25)	1.14,71		
	Henning Kaland:	2.51,39(27,04)	3.23,43(32,04)	59,08		
	Mads Knutsen:	3.51,00(27,57)	4.22,72(31,72)	59,29		
14	Elverum IL G1 sr.	SR	Elverum Svømming	(0,70)	4.22,99	490
	Martin B. Lund:	31,61(31,61)	1.05,36(33,75)	1.05,36		
	Ingvar V. Skirbekk:	1.40,77(35,41)	2.21,83(41,06)	1.16,47		
	Gunnar V. Skirbekk:	2.51,22(29,39)	3.26,42(35,20)	1.04,59		
	Christian Sunde:	3.53,06(26,64)	4.22,99(29,93)	56,57		
15	Eid SK G1 sr.	SR	Eid SK	(0,77)	4.26,32	471
	Olav Ommedal:	35,70(35,70)	1.14,09(38,39)	1.14,09		
	Daniel Ommedal:	1.45,73(31,64)	2.23,16(37,43)	1.09,07		
	Åsmund Karlsen:	2.52,39(29,23)	3.26,19(33,80)	1.03,03		
	Marius Bjørke:	3.54,78(28,59)	4.26,32(31,54)	1.00,13		
16	Ski SK G1 sr.	SR	Ski SK	(0,77)	4.45,46	383
	Kristoffer Soot:	35,11(35,11)	1.12,52(37,41)	1.12,52		
	Emil Gran:	1.47,97(35,45)	2.29,65(41,68)	1.17,13		
	Arjan Nilsen:	3.03,56(33,91)	3.41,73(38,17)	1.12,08		
	Morten Molin Wang:	4.11,67(29,94)	4.45,46(33,79)	1.03,73		
17	Moss SK G1 sr.	SR	Moss SK	(0,69)	4.46,23	380
	Petter Eriksen:	34,39(34,39)	1.10,35(35,96)	1.10,35		
	Torbjørn Berger:	1.46,41(36,06)	2.30,13(43,72)	1.19,78		
	Håvard Berger:	3.03,89(33,76)	3.42,58(38,69)	1.12,45		
	Thomas Benjamin Frogner:	4.12,27(29,69)	4.46,23(33,96)	1.03,65		
	Bærumsv G3 sr.	SR	Bærumsvømmerne	(0,68)	DISK	
	Fridtjof Bache Hungnes:	32,21(32,21)	1.07,29(35,08)	1.07,29		
	Mads Henry Steinland:	1.39,29(32,00)	2.17,09(37,80)	1.09,80		
	Jakob Bernstein:	2.45,54(28,45)	3.18,04(32,50)	1.00,95		
	Iver Hvidsten:					

**Øvelse 228. 50m bryst, damer - Omsvøm****Senior**

1	Mari Singstad	91	Trondhjem SLK	(0,78)	34,61	638
2	Tone Lill Evanger	96	BS/Delfana	(0,85)	36,28	554