

Øvelse 1. 400m fri, damer

Klasse født 94

| | | | | | |
|----|-------------------|----------------|----------------|----------------|-----|
| 1p | Signe Birch Moltu | 94 | Frisinn SK | 5.39,90 | 330 |
| | 36,42(36,42) | 1.17,84(41,42) | 2.01,30(43,46) | 2.45,40(44,10) | |
| | 3.29,32(43,92) | 4.13,24(43,92) | 4.57,40(44,16) | 5.39,90(42,50) | |

Klasse født 95

| | | | | | |
|----|--------------------------|----------------|----------------|----------------|-----|
| 1p | Ane Nygård | 95 | Stavanger SC | 4.38,54 | 600 |
| | 30,63(30,63) | 1.04,70(34,07) | 1.39,80(35,10) | 2.14,99(35,19) | |
| | 2.50,56(35,57) | 3.26,46(35,90) | 4.02,82(36,36) | 4.38,54(35,72) | |
| 2 | Ingalill Urrang Naustvik | 95 | Karmøy SK | 4.38,90 | 598 |
| | 31,31(31,31) | 1.05,46(34,15) | 1.40,57(35,11) | 2.16,42(35,85) | |
| | 2.51,90(35,48) | 3.28,60(36,70) | 4.04,83(36,23) | 4.38,90(34,07) | |
| 3 | Amalie Kristiansen | 95 | Haugesund SK | 4.42,91 | 573 |
| | 31,98(31,98) | 1.06,72(34,74) | 1.42,11(35,39) | 2.18,05(35,94) | |
| | 2.54,02(35,97) | 3.30,52(36,50) | 4.06,92(36,40) | 4.42,91(35,99) | |

Klasse født 96

| | | | | | |
|----|-------------------------|------------------|----------------|------------------|-----|
| 1p | Ingeborg Jørmeland | 96 | Stavanger SC | 4.44,33 | 564 |
| | 31,65(31,65) | 1.06,68(35,03) | 1.41,97(35,29) | 2.17,94(35,97) | |
| | 2.54,56(36,62) | 3.31,60(37,04) | 4.08,70(37,10) | 4.44,33(35,63) | |
| 2p | Camilla Birkeland | 96 | Haugesund SK | 5.07,23 | 447 |
| | 34,10(34,10) | 1.12,12(38,02) | 1.50,73(38,61) | 2.29,69(38,96) | |
| | 3.08,58(38,89) | 3.48,16(39,58) | 4.27,86(39,70) | 5.07,23(39,37) | |
| 3p | Susan Ultee | 96 | Frisinn SK | 5.13,87 | 419 |
| | 35,32(35,32) | 1.14,33(39,01) | 1.54,53(40,20) | 2.35,23(40,70) | |
| | 3.15,45(40,22) | | | 5.13,87(1.58,42) | |
| 4p | Lisa Aaslestad | 96 | Sandnes SLK | 5.17,88 | 404 |
| | 34,86(34,86) | 1.13,39(38,53) | 1.53,41(40,02) | 2.33,94(40,53) | |
| | 3.14,74(40,80) | 3.56,04(41,30) | 4.37,80(41,76) | 5.17,88(40,08) | |
| 5 | Regine Sørdal Lindanger | 96 | Frisinn SK | 5.21,69 | 389 |
| | 35,16(35,16) | 1.14,57(39,41) | 1.55,61(41,04) | 2.36,76(41,15) | |
| | 3.17,90(41,14) | 4.00,13(42,23) | 4.42,27(42,14) | 5.21,69(39,42) | |
| 6 | Ingrid Marie Thorsen | 96 | Haugesund SK | 5.22,33 | 387 |
| | 34,55(34,55) | 1.14,26(39,71) | 1.55,91(41,65) | 2.37,01(41,10) | |
| | 3.17,45(40,44) | 4.00,25(42,80) | 4.42,14(41,89) | 5.22,33(40,19) | |
| 7 | Emily Bådsvik | 96 | Frisinn SK | 5.25,17 | 377 |
| | 36,71(36,71) | 1.17,46(40,75) | 1.59,15(41,69) | 2.40,19(41,04) | |
| | 3.22,49(42,30) | 4.05,24(42,75) | 4.47,51(42,27) | 5.25,17(37,66) | |
| 8 | Lotte Stang Aune | 96 | Stavanger SC | 5.34,32 | 347 |
| | 36,97(36,97) | 1.18,38(41,41) | 2.01,33(42,95) | 2.44,14(42,81) | |
| | 3.27,23(43,09) | 4.10,05(42,82) | 4.53,00(42,95) | 5.34,32(41,32) | |
| 9 | Ida Oftedal Bjøntegård | 96 | Haugesund SK | 5.48,40 | 307 |
| | 36,30(36,30) | 1.18,78(42,48) | 2.02,96(44,18) | 2.47,68(44,72) | |
| | 3.33,30(45,62) | 4.18,54(45,24) | 5.04,37(45,83) | 5.48,40(44,03) | |
| 10 | Thea Støle | 96 | Frisinn SK | 5.53,09 | 295 |
| | 36,81(36,81) | 1.18,59(41,78) | 2.02,71(44,12) | | |
| | | 4.23,52(2.20,81) | 5.09,34(45,82) | 5.53,09(43,75) | |
| 11 | Elise Sandvoll | 96 | Frisinn SK | 6.02,27 | 273 |
| | 38,38(38,38) | 1.21,91(43,53) | 2.08,77(46,86) | 2.56,16(47,39) | |
| | 3.43,14(46,98) | 4.31,21(48,07) | 5.18,51(47,30) | 6.02,27(43,76) | |

Klasse født 97

| | | | | | |
|----|-----------------|----------------|-----------------------|----------------|-----|
| 1p | Hanne Hana Voss | 97 | Randaberg IL Svømming | 5.03,38 | 464 |
| | 34,78(34,78) | 1.12,59(37,81) | 1.51,04(38,45) | 2.29,55(38,51) | |
| | 3.08,77(39,22) | 3.47,57(38,80) | 4.26,68(39,11) | 5.03,38(36,70) | |
| 2p | Lise S Eiane | 97 | Sola SK | 5.26,26 | 373 |
| | 34,98(34,98) | 1.14,72(39,74) | 1.55,88(41,16) | 2.37,78(41,90) | |
| | 3.20,36(42,58) | 4.03,46(43,10) | 4.46,23(42,77) | 5.26,26(40,03) | |
| 3 | Aneeka Knapp | 97 | Sola SK | 5.34,21 | 347 |
| | 36,09(36,09) | 1.16,31(40,22) | 1.58,30(41,99) | 2.40,83(42,53) | |
| | 3.24,43(43,60) | 4.08,67(44,24) | 4.51,74(43,07) | 5.34,21(42,47) | |

| | | | | | |
|---|--------------------|----------------|----------------|----------------|-----|
| 4 | Hanna Årsvoll Ryen | 97 | Sandnes SLK | 5.38,29 | 335 |
| | 38,39(38,39) | 1.20,08(41,69) | 2.03,15(43,07) | 2.46,78(43,63) | |
| | 3.31,21(44,43) | 4.13,91(42,70) | 4.57,15(43,24) | 5.38,29(41,14) | |
| 5 | Maren Øie | 97 | Stavanger SC | 5.43,77 | 319 |
| | 36,01(36,01) | 1.18,59(42,58) | 2.02,40(43,81) | 2.47,40(45,00) | |
| | 3.32,63(45,23) | 4.17,57(44,94) | 5.02,19(44,62) | 5.43,77(41,58) | |

Klasse født 98

| | | | | | |
|----|----------------------------|----------------|----------------|------------------|-----|
| 1p | Nina-Therese Storstein | 98 | Karmøy SK | 5.02,64 | 468 |
| | 33,71(33,71) | 1.11,27(37,56) | 1.49,64(38,37) | 2.28,42(38,78) | |
| | 3.07,18(38,76) | 3.46,19(39,01) | 4.25,02(38,83) | 5.02,64(37,62) | |
| 2p | Vilde E. Stokkenes | 98 | Haugesund SK | 5.36,24 | 341 |
| | 37,15(37,15) | 1.18,93(41,78) | 2.01,31(42,38) | 2.44,27(42,96) | |
| | 3.28,42(44,15) | 4.11,49(43,07) | 4.55,54(44,05) | 5.36,24(40,70) | |
| 3p | Gina Alvestad | 98 | Karmøy SK | 5.46,60 | 311 |
| | 38,43(38,43) | 1.21,27(42,84) | 2.05,14(43,87) | 2.49,46(44,32) | |
| | 3.33,80(44,34) | 4.18,58(44,78) | 5.02,71(44,13) | 5.46,60(43,89) | |
| 4p | Ingrid Elise Berge Jenssen | 98 | Madla SK | 5.51,58 | 298 |
| | 39,76(39,76) | 1.24,65(44,89) | 2.10,22(45,57) | 2.55,56(45,34) | |
| | 3.40,53(44,97) | 4.24,69(44,16) | 5.09,11(44,42) | 5.51,58(42,47) | |
| 5 | Andrea Edland | 98 | Frisinn SK | 5.52,87 | 295 |
| | 40,86(40,86) | 1.26,28(45,42) | 2.11,85(45,57) | 2.57,10(45,25) | |
| | 3.41,82(44,72) | 4.25,90(44,08) | 5.10,81(44,91) | 5.52,87(42,06) | |
| 6 | Victoria Birkelid Langaker | 98 | Karmøy SK | 5.58,76 | 281 |
| | 38,60(38,60) | 1.22,14(43,54) | 2.07,69(45,55) | 2.54,30(46,61) | |
| | 3.40,62(46,32) | 4.25,47(44,85) | 5.12,38(46,91) | 5.58,76(46,38) | |
| 7 | Vilde Aas Løken | 98 | Stord IL | 6.05,41 | 266 |
| | 41,06(41,06) | 1.26,89(45,83) | 2.13,78(46,89) | 3.00,48(46,70) | |
| | 3.47,84(47,36) | 4.35,32(47,48) | 5.22,46(47,14) | 6.05,41(42,95) | |
| 8 | May Idun Konow Grønseth | 98 | Frisinn SK | 6.17,62 | 241 |
| | 43,66(43,66) | 1.32,23(48,57) | 2.20,91(48,68) | 3.09,92(49,01) | |
| | 3.59,29(49,37) | 4.46,62(47,33) | 5.32,91(46,29) | 6.17,62(44,71) | |
| 9 | Karoline Auestad Petterson | 98 | Madla SK | 6.31,73 | 216 |
| | 44,51(44,51) | 1.34,86(50,35) | 5.47,28(49,01) | 3.16,79(1.41,93) | |
| | 4.06,63(49,84) | 4.58,27(51,64) | | 6.31,73(44,45) | |
| 10 | Elena Bergfjord | 98 | Stavanger SC | 6.38,33 | 205 |
| | 43,23(43,23) | 1.31,72(48,49) | 2.22,00(50,28) | 3.13,31(51,31) | |
| | 4.04,51(51,20) | 4.56,04(51,53) | 5.47,97(51,93) | 6.38,33(50,36) | |
| | Ulrikke Rein | 98 | Madla SK | BRUTT | |

Klasse født 99

| | | | | | |
|----|-----------------|----------------|----------------|----------------|-----|
| 1p | Kristin Xin Øie | 99 | Stavanger SC | 6.47,00 | 192 |
| | 44,05(44,05) | 1.33,93(49,88) | 2.25,06(51,13) | 3.18,92(53,86) | |
| | 4.11,41(52,49) | 5.03,93(52,52) | 5.57,15(53,22) | 6.47,00(49,85) | |
| 2 | Nora Sandvoll | 99 | Frisinn SK | 6.58,39 | 177 |
| | 44,25(44,25) | 1.35,90(51,65) | 2.29,33(53,43) | 3.23,60(54,27) | |
| | 4.17,50(53,90) | 5.10,74(53,24) | 6.04,61(53,87) | 6.58,39(53,78) | |

Klasse født 00

| | | | | | |
|----|-----------------------------|----------------|------------------|------------------|-----|
| 1p | Maria Storstein | 00 | Karmøy SK | 6.31,72 | 216 |
| | 44,23(44,23) | 1.34,41(50,18) | 2.25,19(50,78) | 3.16,47(51,28) | |
| | 4.07,13(50,66) | 4.57,43(50,30) | 5.46,43(49,00) | 6.31,72(45,29) | |
| 2p | Synneva Aarekol Johannessen | 00 | Karmøy SK | 6.32,43 | 215 |
| | 43,28(43,28) | 1.32,38(49,10) | 2.21,96(49,58) | 3.12,43(50,47) | |
| | 4.03,29(50,86) | 4.54,47(51,18) | 5.44,33(49,86) | 6.32,43(48,10) | |
| 3 | Ulva Kristine Bray | 00 | Haugesund SK | 6.48,60 | 190 |
| | 45,27(45,27) | 1.37,29(52,02) | 6.01,64(2.37,17) | 3.24,47(1.47,18) | |
| | | | | 6.48,60(46,96) | |
| 4 | Mona Kathrine Behzadi | 00 | Madla SK | 7.03,37 | 171 |
| | 44,84(44,84) | 1.36,31(51,47) | 2.29,65(53,34) | 3.23,95(54,30) | |
| | 4.18,64(54,69) | 5.14,71(56,07) | 6.11,20(56,49) | 7.03,37(52,17) | |
| | Emma Østenstad | 00 | Haugesund SK | BRUTT | |

Øvelse 2. 400m fri, herrer

Klasse født 92

| | | | | | |
|----|-------------------|----------------|----------------|----------------|-----|
| 1p | Per Øystein Turøy | 92 | Stavanger SC | 5.07,13 | 332 |
| | 27,31(27,31) | 57,42(30,11) | 1.28,54(31,12) | 1.59,81(31,27) | |
| | 2.53,04(53,23) | 3.37,75(44,71) | 4.22,75(45,00) | 5.07,13(44,38) | |

Klasse født 93

| | | | | | |
|----|-------------------|----------------|----------------------|----------------|-----|
| 1p | Sander Rødje | 93 | Haugesund SK | 4.10,55 | 612 |
| | 29,07(29,07) | 1.00,64(31,57) | 1.32,54(31,90) | 2.04,51(31,97) | |
| | 2.36,26(31,75) | 3.07,92(31,66) | 3.39,46(31,54) | 4.10,55(31,09) | |
| 2p | Henry Ravndal | 93 | Sandnes SLK | 4.22,06 | 535 |
| | 28,67(28,67) | 1.00,99(32,32) | 1.33,27(32,28) | 2.06,45(33,18) | |
| | 2.40,46(34,01) | 3.14,70(34,24) | 3.48,70(34,00) | 4.22,06(33,36) | |
| 3 | Thomas Brustveit | 93 | Sandnes SLK | 4.36,27 | 457 |
| | 30,25(30,25) | 1.04,36(34,11) | 1.39,78(35,42) | 2.15,54(35,76) | |
| | 2.50,65(35,11) | 3.26,36(35,71) | 4.01,97(35,61) | 4.36,27(34,30) | |
| 4 | Øystein Fjeldberg | 93 | Randberg IL Svømming | 4.57,82 | 365 |
| | 30,23(30,23) | 1.05,98(35,75) | 1.43,55(37,57) | 2.22,20(38,65) | |
| | 3.00,98(38,78) | 3.40,48(39,50) | 4.20,00(39,52) | 4.57,82(37,82) | |

Klasse født 94

| | | | | | |
|----|------------------------|----------------|----------------|----------------|-----|
| 1p | Fredrik Knutsen Hegdal | 94 | Stavanger SC | 4.13,05 | 594 |
| | 27,76(27,76) | 58,70(30,94) | 1.30,86(32,16) | 2.03,59(32,73) | |
| | 2.36,58(32,99) | 3.09,42(32,84) | 3.42,19(32,77) | 4.13,05(30,86) | |
| 2 | Trond Vasslag | 94 | Stavanger SC | 4.46,02 | 412 |
| | 30,05(30,05) | 1.04,53(34,48) | 1.40,60(36,07) | 2.17,25(36,65) | |
| | 2.54,37(37,12) | 3.32,53(38,16) | 4.10,06(37,53) | 4.46,02(35,96) | |

Klasse født 95

| | | | | | |
|----|------------------------|----------------|----------------|----------------|-----|
| 1p | Ivan Aleksander Larsen | 95 | Karmøy SK | 4.12,01 | 602 |
| | 28,66(28,66) | 59,49(30,83) | 1.30,95(31,46) | 2.02,79(31,84) | |
| | 2.35,18(32,39) | 3.07,88(32,70) | 3.40,28(32,40) | 4.12,01(31,73) | |
| 2p | Daniel Sandhåland | 95 | Karmøy SK | 4.20,60 | 544 |
| | 28,79(28,79) | 1.00,43(31,64) | 1.33,00(32,57) | 2.06,32(33,32) | |
| | 2.39,71(33,39) | 3.13,73(34,02) | 3.47,73(34,00) | 4.20,60(32,87) | |
| 3 | Ole Martin Turøy | 95 | Stavanger SC | 4.28,28 | 499 |
| | 29,77(29,77) | 1.02,92(33,15) | 1.36,99(34,07) | 2.11,69(34,70) | |
| | 2.46,47(34,78) | 3.21,31(34,84) | 3.55,99(34,68) | 4.28,28(32,29) | |
| 4 | Alexander Marki Mork | 95 | Stavanger SC | 4.28,51 | 498 |
| | 29,07(29,07) | 1.02,26(33,19) | 1.36,47(34,21) | 2.10,96(34,49) | |
| | 2.45,46(34,50) | 3.20,33(34,87) | 3.55,46(35,13) | 4.28,51(33,05) | |
| 5 | Anders Lindanger | 95 | Stavanger SC | 4.58,30 | 363 |
| | 30,54(30,54) | 1.05,54(35,00) | 1.42,80(37,26) | 2.21,51(38,71) | |
| | 3.00,63(39,12) | 3.40,91(40,28) | 4.20,99(40,08) | 4.58,30(37,31) | |

Klasse født 96

| | | | | | |
|----|--------------------------|----------------|----------------|----------------|-----|
| 1p | Morten Wee Hollund | 96 | Karmøy SK | 4.20,71 | 544 |
| | 29,55(29,55) | 1.02,06(32,51) | 1.34,78(32,72) | 2.07,61(32,83) | |
| | 2.41,03(33,42) | 3.14,83(33,80) | 3.48,33(33,50) | 4.20,71(32,38) | |
| 2p | Sondre Møll | 96 | Stavanger SC | 4.46,53 | 409 |
| | 31,85(31,85) | 1.07,53(35,68) | 1.43,75(36,22) | 2.20,40(36,65) | |
| | 2.56,72(36,32) | 3.33,92(37,20) | 4.10,63(36,71) | 4.46,53(35,90) | |
| 3 | Martin Langeland-Knutsen | 96 | Sola SK | 4.48,00 | 403 |
| | 31,76(31,76) | 1.07,27(35,51) | 1.44,31(37,04) | 2.21,49(37,18) | |
| | 2.58,77(37,28) | 3.36,39(37,62) | 4.13,63(37,24) | 4.48,00(34,37) | |
| 4 | Haakon Buckland | 96 | Haugesund SK | 5.18,48 | 298 |
| | 34,95(34,95) | 1.13,61(38,66) | 1.54,37(40,76) | 2.35,39(41,02) | |

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|---|----------------|--|--|--|--|
| 5 | Tobias Gellein | 3.16,48(41,09) 39,36(39,36) 3.48,68(48,35) | 3.57,59(41,11) 96 1.24,45(45,09) 4.36,52(47,84) | 4.36,56(38,97) Frisinn SK 2.12,18(47,73) | 5.18,48(41,92) 6.17,25 179 3.00,33(48,15) 6.17,25(1.40,73) |
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Klasse født 97

| | | | | | |
|----|-------------------------|----------------------------------|----------------------------------|--|--|
| 1p | Gord Behzadi | 35,74(35,74) 3.09,67(38,61) | 1.13,68(37,94) 3.48,21(38,54) | 97 Madla SK 1.52,31(38,63) 4.26,75(38,54) | 5.04,37 342 2.31,06(38,75) 5.04,37(37,62) |
| 2p | Erlend Anfinsen | 32,73(32,73) 3.49,08(2.00,49) | 1.10,28(37,55) | 97 Sandnes SLK 1.48,59(38,31) 4.30,50(41,42) | 5.09,82 324 5.09,82(39,32) |
| 3 | Anders Nilsson | 35,65(35,65) 3.32,57(45,48) | 1.17,39(41,74) 4.18,46(45,89) | 97 Madla SK 2.01,96(44,57) 5.02,50(44,04) | 5.41,91 241 2.47,09(45,13) 5.41,91(39,41) |
| 4 | Ben Davison | 38,30(38,30) 3.37,13(45,77) | 1.21,12(42,82) 4.23,07(45,94) | 97 Stavanger SC 2.05,74(44,62) 5.08,43(45,36) | 5.51,49 222 2.51,36(45,62) 5.51,49(43,06) |
| | Johannes Kahlbom Wathne | | 97 | Frisinn SK | DISK |

Klasse født 98

| | | | | | |
|----|-------------------------|--------------------------------|----------------------------------|--|--|
| 1p | Halvor Alvestad Larsen | 35,74(35,74) 3.16,88(41,01) | 1.15,08(39,34) 3.58,16(41,28) | 98 Karmøy SK 1.54,76(39,68) 4.39,20(41,04) | 5.18,65 298 2.35,87(41,11) 5.18,65(39,45) |
| 2p | Aleksander Petter Olsen | 35,99(35,99) 3.23,38(42,75) | 1.16,48(40,49) 4.05,73(42,35) | 98 Sandnes SLK 1.58,71(42,23) 4.46,84(41,11) | 5.23,31 285 2.40,63(41,92) 5.23,31(36,47) |
| 3 | Jonas Østenstad | 35,26(35,26) 3.22,97(42,64) | 1.16,13(40,87) 4.05,59(42,62) | 98 Haugesund SK 1.58,37(42,24) 4.47,13(41,54) | 5.23,75 284 2.40,33(41,96) 5.23,75(36,62) |
| 4 | Kristian Endresen | 36,66(36,66) 3.37,31(46,12) | 1.19,19(42,53) 4.23,68(46,37) | 98 Haugesund SK 2.05,21(46,02) 5.10,20(46,52) | 5.53,80 217 2.51,19(45,98) 5.53,80(43,60) |
| 5 | Sean Elias Buckland | 3.50,93(2.24,83) | 1.26,10(1.26,10) | 98 Haugesund SK | 6.14,67 183 6.14,67(2.23,74) |

Klasse født 99

| | | | | | |
|----|----------------------|--------------------------------|----------------------------------|--|--|
| 1p | Ole André Wigestrånd | 38,65(38,65) 3.33,69(43,79) | 1.21,84(43,19) 4.17,17(43,48) | 99 Sandnes SLK 2.06,18(44,34) 5.00,52(43,35) | 5.39,88 245 2.49,90(43,72) 5.39,88(39,36) |
| 2p | Jens Petter Turøy | 38,09(38,09) 3.36,12(44,23) | 1.22,01(43,92) 4.20,58(44,46) | 99 Stavanger SC 2.06,27(44,26) 5.03,46(42,88) | 5.42,06 241 2.51,89(45,62) 5.42,06(38,60) |
| 3 | Sindre Salte Dunseth | 40,13(40,13) 3.40,21(45,36) | 1.24,42(44,29) 4.25,63(45,42) | 99 Madla SK 2.08,71(44,29) 5.10,97(45,34) | 5.54,57 216 2.54,85(46,14) 5.54,57(43,60) |
| | Mads Vestly | | 99 | Sandnes SLK | DISK |

Klasse født 00

| | | | | | |
|----|-------------------------|--------------------------------|------------------------------------|---|--|
| 1p | Vermund Skogland Høgset | 48,06(48,06) | 1.38,23(50,17) 5.09,51(1.45,45) | 00 Karmøy SK 2.31,10(52,87) 6.01,76(52,25) | 6.51,45 138 3.24,06(52,96) 6.51,45(49,69) |
| 2 | Johs Seeberg | 48,59(48,59) 4.29,86(55,65) | 1.43,95(55,36) 5.25,58(55,72) | 00 Karmøy SK 2.39,66(55,71) 6.20,47(54,89) | 7.12,22 119 3.34,21(54,55) 7.12,22(51,75) |

Øvelse 3. 50m fri, damer

Klasse født 94

| | | | | | |
|----|-----------------|----|--------------|-------|-----|
| 1p | Silje Lilledahl | 94 | Haugesund SK | 31,74 | 393 |
|----|-----------------|----|--------------|-------|-----|

Klasse født 95

| | | | | | |
|----|-----------------------------|----|----------|-------|-----|
| 1p | Mari Mjøllhus Kristoffersen | 95 | Madla SK | 30,67 | 436 |
| 2 | Anna Teetzmann | 95 | Stord IL | 31,17 | 415 |

Klasse født 96

| | | | | | |
|----|-------------------------|----|------------------|-------|-----|
| 1p | Emilie Knutsen Hegdal | 96 | Stavanger SC | 30,16 | 458 |
| 2p | Susan Ultee | 96 | Frisinn SK | 30,96 | 424 |
| 3p | Thea Bowitz Nedregaard | 96 | Sandnes SLK | 30,97 | 423 |
| 4p | Emily Bådsvik | 96 | Frisinn SK | 31,21 | 413 |
| 5 | Marthe Gjøsæther | 96 | Stord IL | 31,32 | 409 |
| 6 | Sunniva Volden | 96 | Sandnes SLK | 32,93 | 352 |
| 7 | Runa Vatna Sandmoen | 96 | Frisinn SK | 34,08 | 318 |
| 8 | Karoline Folgerø Dale | 96 | Stord IL | 34,36 | 310 |
| 9 | Karoline Bergfjord | 96 | Stavanger SC | 36,90 | 250 |
| 10 | Liliana Håland | 96 | Karmøy SK | 37,57 | 237 |
| 11 | Cathrine Fosso Sortland | 96 | Etne svømmeklubb | 41,89 | 171 |

Klasse født 97

| | | | | | |
|----|------------------------------|----|-----------------------|-------|-----|
| 1p | Siril Therese Follo Bårtvedt | 97 | Sandnes SLK | 31,17 | 415 |
| 2p | Brita Stang Aune | 97 | Stavanger SC | 32,68 | 360 |
| 3p | Lise S Eiane | 97 | Sola SK | 33,18 | 344 |
| 4p | Amalie Nortvedt | 97 | Frisinn SK | 34,61 | 303 |
| 5 | Lene Gjøsæther | 97 | Stord IL | 37,59 | 237 |
| 6 | Johanne Sørbrø Larsen | 97 | Randaberg IL Svømming | 38,96 | 213 |
| 7 | Anne Lien | 97 | Etne svømmeklubb | 40,72 | 186 |
| 8 | Martine Myklebust | 97 | Etne svømmeklubb | 42,34 | 166 |
| 9 | Lilly Lilledal | 97 | Etne svømmeklubb | 50,24 | 99 |
| | Johanna Norheim Knutson | 97 | Etne svømmeklubb | DISK | |

Klasse født 98

| | | | | | |
|----|-----------------|----|--------------|-------|-----|
| 1p | Elena Bergfjord | 98 | Stavanger SC | 40,18 | 194 |
|----|-----------------|----|--------------|-------|-----|

Klasse født 99

| | | | | | |
|----|----------------------|----|-----------------------|-------|-----|
| 1p | Alina H Bjelancic | 99 | Randaberg IL Svømming | 31,93 | 386 |
| 2 | Sarah Parsberg Støle | 99 | Frisinn SK | 40,78 | 185 |

Klasse født 00

| | | | | | |
|----|-----------------------------|----|--------------|-------|-----|
| 1p | Synneva Aarekol Johannessen | 00 | Karmøy SK | 39,09 | 210 |
| | Helene Baxter | 00 | Stavanger SC | DISK | |

Klasse født 01 - Alfabetisk

| | | | | | |
|--|--------------------|----|-----------------------|-------|-----|
| | Emilia H Bjelancic | 01 | Randaberg IL Svømming | 39,78 | 200 |
| | Lena Bloch | 01 | Stord IL | 46,29 | 127 |

Øvelse 4. 50m fri, herrer

Klasse født 92

| | | | | | |
|----|------------------|----|--------------|-------|-----|
| 1p | Glenn Skjæveland | 92 | Sandnes SLK | 26,39 | 455 |
| 2 | Sindre Lilledahl | 92 | Haugesund SK | 26,66 | 441 |
| 3 | Jan-Ove Lytomt | 92 | Sandnes SLK | 29,83 | 315 |

Klasse født 93

| | | | | | |
|----|---------------------|----|--------------|-------|-----|
| 1p | Thorbjørn Birkeland | 93 | Haugesund SK | 26,01 | 475 |
| 2 | Henry Ravndal | 93 | Sandnes SLK | 27,06 | 422 |

Klasse født 95

| | | | | | |
|----|-------------------------|----|-------------|-------|-----|
| 1p | Anders Lothe Losnegård | 95 | Stord IL | 29,69 | 320 |
| 2p | Jørgen Tufteskog Spanne | 95 | Sandnes SLK | 30,39 | 298 |
| 3 | Håvard Lapin | 95 | Sandnes SLK | 32,03 | 255 |
| | Ørjan Aase | 95 | Karmøy SK | DISK | |

Klasse født 96

| | | | | | |
|----|--------------------------------|----|--------------|-------|-----|
| 1p | Benjamin Alic | 96 | Haugesund SK | 27,95 | 383 |
| 2p | Erik Andre Klepp Vik | 96 | Sandnes SLK | 29,32 | 332 |
| 3 | Torstein Myklebust | 96 | Frisinn SK | 30,21 | 303 |
| 4 | Aleksander Stangeland Pedersen | 96 | Sandnes SLK | 30,45 | 296 |
| 5 | Knut Andre Sande | 96 | Sandnes SLK | 30,81 | 286 |
| 6 | Kristian Gunnarshaug | 96 | Haugesund SK | 38,21 | 150 |

Klasse født 97

| | | | | | |
|----|--------------|----|-----------------------|-------|-----|
| 1p | Håkon Skogen | 97 | Randaberg IL Svømming | 32,58 | 242 |
|----|--------------|----|-----------------------|-------|-----|

Klasse født 98

| | | | | | |
|----|-------------------------|----|--------------|-------|-----|
| 1p | Eivind Bjelland | 98 | Haugesund SK | 29,29 | 333 |
| 2p | Aleksander Petter Olsen | 98 | Sandnes SLK | 31,42 | 270 |
| 3 | Eirik Rønneberg Bustnes | 98 | Sandnes SLK | 35,47 | 187 |
| 4 | Ole Jørmeland | 98 | Stavanger SC | 41,49 | 117 |
| 5 | Even Bergfjord | 98 | Stavanger SC | 43,86 | 99 |
| 6 | Jonas Birkeland | 98 | Stavanger SC | 55,74 | 48 |

Klasse født 99

| | | | | | |
|----|----------------------|----|--------------|-------|-----|
| 1p | Magnus Ravndal | 99 | Sola SK | 35,04 | 194 |
| 2p | Tord Østenstad Fjell | 99 | Karmøy SK | 37,09 | 164 |
| 3 | Ådne Møll | 99 | Stavanger SC | 38,24 | 150 |
| 4 | Johannes Kallevik | 99 | Haugesund SK | 46,65 | 82 |
| | Ole André Wigestrånd | 99 | Sandnes SLK | DISK | |

Klasse født 00

| | | | | | |
|----|-----------------------------|----|------------------|-------|----|
| 1p | Andrè Klippenberg Grindheim | 00 | Etne svømmeklubb | 44,14 | 97 |
|----|-----------------------------|----|------------------|-------|----|

Klasse født 01 - Alfabetisk

| | | | | | |
|--|----------------|----|--------------|-------|----|
| | Sebastian Ajmi | 01 | Stavanger SC | 50,28 | 66 |
|--|----------------|----|--------------|-------|----|

Øvelse 5. 50m butterfly, damer

Klasse født 92

| | | | | | |
|----|-----------------------|----|--------------|-------|-----|
| 1p | Elisabeth Kristiansen | 92 | Haugesund SK | 30,22 | 525 |
|----|-----------------------|----|--------------|-------|-----|

Klasse født 95

| | | | | | |
|----|----------------------------|----|--------------|-------|-----|
| 1p | Ingalill Urrang Naustvik | 95 | Karmøy SK | 30,71 | 500 |
| 2p | Stine Marie Anderssen | 95 | Sandnes SLK | 33,82 | 375 |
| 3p | Malin Haga | 95 | Stavanger SC | 34,19 | 363 |
| 3p | Mari Mjølhus Kristoffersen | 95 | Madla SK | 34,19 | 363 |
| 5 | Anna Teetzmann | 95 | Stord IL | 37,41 | 277 |
| 6 | Maren Lootz Aarthun | 95 | Stavanger SC | 37,84 | 267 |
| 7 | Vibeke Todnem | 95 | Sandnes SLK | 39,87 | 229 |
| 8 | Silje Chirico Indrebø | 95 | Frisinn SK | 40,43 | 219 |

Klasse født 96

| | | | | | |
|----|------------------|----|--------------|-------|-----|
| 1p | Lotte Stang Aune | 96 | Stavanger SC | 37,82 | 268 |
| 2 | Liliana Håland | 96 | Karmøy SK | 53,55 | 94 |

Klasse født 97

| | | | | | |
|----|----------------------|----|-----------------------|-------|-----|
| 1p | Hanna Årsvoll Ryen | 97 | Sandnes SLK | 42,51 | 189 |
| 2 | Lene Gjørøther | 97 | Stord IL | 43,60 | 175 |
| 3 | Johanne Sørbo Larsen | 97 | Randaberg IL Svømming | 46,13 | 148 |

Klasse født 98

| | | | | | |
|----|----------------------------|----|-----------|-------|-----|
| 1p | Nina-Therese Storstein | 98 | Karmøy SK | 38,89 | 246 |
| 2 | Vilde Aas Løken | 98 | Stord IL | 39,46 | 236 |
| 3 | Victoria Birkelid Langaker | 98 | Karmøy SK | 42,51 | 189 |

Klasse født 99

| | | | | | |
|----|--------------------------|----|-----------------------|-------|-----|
| 1p | Johanne Heines Pettersen | 99 | Randaberg IL Svømming | 37,53 | 274 |
| 2 | Alina H Bjelancic | 99 | Randaberg IL Svømming | 40,56 | 217 |

Klasse født 00

| | | | | | |
|----|-----------------------------|----|--------------|-------|-----|
| 1p | Maria Storstein | 00 | Karmøy SK | 43,42 | 177 |
| 2p | Ulva Kristine Bray | 00 | Haugesund SK | 46,42 | 145 |
| 3 | Synneva Aarekol Johannessen | 00 | Karmøy SK | 49,42 | 120 |
| 4 | Fanny Thorsen | 00 | Haugesund SK | 51,71 | 105 |
| 5 | Mona Kathrine Behzadi | 00 | Madla SK | 55,32 | 86 |

Klasse født 01 - Alfabetisk

| | | | | | |
|--|--------------------|----|-----------------------|-------|-----|
| | Emilia H Bjelancic | 01 | Randaberg IL Svømming | 52,50 | 100 |
| | Lena Bloch | 01 | Stord IL | 57,37 | 77 |

Øvelse 6. 50m butterfly, herrer**Klasse født 92**

| | | | | | |
|----|------------------|----|-------------|-------|-----|
| 1p | Glenn Skjæveland | 92 | Sandnes SLK | 29,54 | 402 |
| 2 | Jan-Ove Lytomt | 92 | Sandnes SLK | 32,18 | 311 |

Klasse født 93

| | | | | | |
|----|---------------|----|-------------|-------|-----|
| 1p | Henry Ravndal | 93 | Sandnes SLK | 31,83 | 321 |
|----|---------------|----|-------------|-------|-----|

Klasse født 95

| | | | | | |
|----|---------------------------|----|--------------|-------|-----|
| 1p | Olav Ravndal Skjølingstad | 95 | Stavanger SC | 30,69 | 358 |
| 2p | Anders Lothe Losnegård | 95 | Stord IL | 36,65 | 210 |
| 3 | Håvard Lapin | 95 | Sandnes SLK | 37,54 | 196 |
| 4 | Ørjan Aase | 95 | Karmøy SK | 45,65 | 109 |

Klasse født 96

| | | | | | |
|----|--------------------------|----|--------------|-------|-----|
| 1p | Morten Wee Hollund | 96 | Karmøy SK | 27,97 | 473 |
| 2p | Martin Langeland-Knutsen | 96 | Sola SK | 31,45 | 333 |
| 3 | Knut Andre Sande | 96 | Sandnes SLK | 34,96 | 242 |
| 4 | Haakon Buckland | 96 | Haugesund SK | 39,81 | 164 |

Klasse født 97

| | | | | | |
|----|-------------------------|----|------------|-------|-----|
| 1p | Harald Goa Fagerheim | 97 | Karmøy SK | 28,70 | 438 |
| 2 | Johannes Kahlbom Wathne | 97 | Frisinn SK | 46,84 | 101 |

Klasse født 98

| | | | | | |
|----|-------------------------|----|-------------|-------|-----|
| 1p | Axel Ravndal | 98 | Sandnes SLK | 34,93 | 243 |
| 2 | Aleksander Petter Olsen | 98 | Sandnes SLK | 35,47 | 232 |

Klasse født 99

| | | | | | |
|----|--------------|----|----------|-------|-----|
| 1p | Truls Wigdel | 99 | Madla SK | 39,40 | 169 |
|----|--------------|----|----------|-------|-----|

Klasse født 00

| | | | | | |
|----|-------------------------|----|-----------|-------|----|
| 1p | Vermund Skogland Høgset | 00 | Karmøy SK | 56,57 | 57 |
| 2 | Johs Seeberg | 00 | Karmøy SK | 58,83 | 51 |

Øvelse 7. 4*50m fri, damer**Senior**

| | | | | | |
|----|-------------------------------|----------------|--------------|---------|-----|
| 1p | Haugesund SK J1 jr. | JR | Haugesund SK | 1.56,66 | 548 |
| | Elisabeth Kristiansen: | 28,76(28,76) | | | |
| | Amalie Kristiansen: | 57,58(28,82) | | | |
| | Camilla Birkeland: | 1.27,29(29,71) | | | |
| | Ingrid Marie Thorsen: | 1.56,66(29,37) | | | |
| 2p | Stavanger SC J1 jr. | JR | Stavanger SC | 1.59,99 | 503 |
| | Ane Nygård: | 29,48(29,48) | | | |
| | Malin Haga: | 1.00,08(30,60) | | | |
| | Ingeborg Jørmeland: | 1.29,81(29,73) | | | |
| | Emilie Knutsen Hegdal: | 1.59,99(30,18) | | | |
| 3p | Sandnes SLK J1 jr. | JR | Sandnes SLK | 2.05,91 | 436 |
| | Lisa Aaslestad: | 32,13(32,13) | | | |
| | Siril Therese Follo Bårtvedt: | 1.03,45(31,32) | | | |
| | Sunniva Volden: | 1.35,57(32,12) | | | |
| | Thea Bowitz Nedregaard: | 2.05,91(30,34) | | | |
| 4p | Haugesund SK Jenter 2y.jr | JR | Haugesund SK | 2.10,65 | 390 |
| | Silje Lilledahl: | 31,57(31,57) | | | |
| | Vanja Brunsvik: | 1.04,64(33,07) | | | |
| | Ida Oftedal Bjøntegård: | 1.37,33(32,69) | | | |
| | Vilde E. Stokkenes: | 2.10,65(33,32) | | | |
| 5 | Karmøy SK J1 jr. | JR | Karmøy SK | 2.11,58 | 382 |

| | | | | | |
|----|-----------------------------|----------------|-----------------------|---------|-----|
| | Ingalill Urrang Naustvik: | 29,37(29,37) | | | |
| | Nina-Therese Storstein: | 1.01,99(32,62) | | | |
| | Gina Alvestad: | 1.36,76(34,77) | | | |
| | Victoria Birkelid Langaker: | 2.11,58(34,82) | | | |
| 6 | Stavanger SC J2 jr. | JR | Stavanger SC | 2.14,67 | 356 |
| | Brita Stang Aune: | 34,04(34,04) | | | |
| | Brita Stang Aune: | 1.07,70(33,66) | | | |
| | Maren Lootz Aarthun: | 1.41,16(33,46) | | | |
| | Maren Øie: | 2.14,67(33,51) | | | |
| 7 | Stord IL J1 jr. | JR | Stord IL | 2.18,35 | 328 |
| | Anna Teetzmann: | 32,25(32,25) | | | |
| | Lene Gjøsæther: | 1.09,30(37,05) | | | |
| | Karoline Folgerø Dale: | 1.46,27(36,97) | | | |
| | Marthe Gjøsæther: | 2.18,35(32,08) | | | |
| 8 | Randaberg IL J1 jr. | JR | Randaberg IL Svømming | 2.25,48 | 282 |
| | Hanne Hana Voss: | 33,46(33,46) | | | |
| | Johanne Sørbo Larsen: | 1.13,66(40,20) | | | |
| | Alina H Bjelancic: | 1.41,98(28,32) | | | |
| | Johanne Heines Pettersen: | 2.25,48(43,50) | | | |
| 9 | Frisinn SK J1 | JR | Frisinn SK | 2.34,61 | 235 |
| | Nora Sandvoll: | 35,39(35,39) | | | |
| | Nora Sandvoll: | 1.14,69(39,30) | | | |
| | Sarah Parsberg Støle: | 1.55,69(41,00) | | | |
| | May Idun Konow Grønseth: | 2.34,61(38,92) | | | |
| 10 | Etne svømmeklub J1 jr. | JR | Etne svømmeklubb | 2.56,05 | 159 |
| | Anne Lien: | 40,63(40,63) | | | |
| | Cathrine Fosso Sortland: | 1.24,72(44,09) | | | |
| | Johanna Norheim Knutson: | 2.12,98(48,26) | | | |
| | Martine Myklebust: | 2.56,05(43,07) | | | |

Øvelse 8. 4*50m fri, herrer

Senior

| | | | | | |
|----|----------------------------|----------------|--------------|---------|-----|
| 1p | Karmøy SK G1 jr. | JR | Karmøy SK | 1.44,63 | 506 |
| | Ivan Aleksander Larsen: | 26,03(26,03) | | | |
| | Morten Wee Hollund: | 52,05(26,02) | | | |
| | Harald Goa Fagerheim: | 1.19,11(27,06) | | | |
| | Daniel Sandhåland: | 1.44,63(25,52) | | | |
| 2p | Haugesund SK G1 jr. | JR | Haugesund SK | 1.45,23 | 497 |
| | Sander Rødje: | 25,26(25,26) | | | |
| | Thorbjørn Birkeland: | 51,50(26,24) | | | |
| | Sindre Lilledahl: | 1.17,53(26,03) | | | |
| | Benjamin Alic: | 1.45,23(27,70) | | | |
| 3p | Stavanger SC G1 jr. | JR | Stavanger SC | 1.45,24 | 497 |
| | Fredrik Knutsen Hegdal: | 25,84(25,84) | | | |
| | Per Øystein Turøy: | 51,16(25,32) | | | |
| | Anders Lindanger: | 1.18,75(27,59) | | | |
| | Trond Vasslag: | 1.45,24(26,49) | | | |
| 4 | Stavanger SC G2 jr. | JR | Stavanger SC | 1.46,64 | 478 |
| | Ole Martin Turøy: | 27,23(27,23) | | | |
| | Alexander Marki Mork: | 52,12(24,89) | | | |
| | Olav Ravndal Skjølingstad: | 1.18,84(26,72) | | | |
| | Sondre Møll: | 1.46,64(27,80) | | | |
| 5 | Sandnes SLK G1 jr. | JR | Sandnes SLK | 1.51,29 | 421 |
| | Thomas Brustveit: | 26,85(26,85) | | | |
| | Jan-Ove Lytomt: | 56,02(29,17) | | | |
| | Erik Andre Klepp Vik: | 1.24,95(28,93) | | | |
| | Henry Ravndal: | 1.51,29(26,34) | | | |
| 6 | Haugesund SK G2 y.jr | JR | Haugesund SK | 2.09,76 | 265 |
| | Eivind Bjelland: | 29,50(29,50) | | | |
| | Haakon Buckland: | 1.02,00(32,50) | | | |
| | Jonas Østenstad: | 1.34,82(32,82) | | | |
| | Kristian Endresen: | 2.09,76(34,94) | | | |
| 7 | Karmøy SK G2 jr. | JR | Karmøy SK | 2.31,15 | 168 |
| | Halvor Alvestad Larsen: | 33,29(33,29) | | | |
| | Tord Østenstad Fjell: | 1.12,55(39,26) | | | |
| | Johs Seeberg: | 1.58,20(45,65) | | | |

Ørjan Aase:

2.31,15(32,95)

Øvelse 9. 200m rygg, damer**Klasse født 93**

| | | | | | | |
|----|--------------------------------|----|--------------------------------|--------|----------------|-----|
| 1p | Vanja Brunsvik 39,25(39,25) | 93 | Haugesund SK 2.07,39(44,69) | (0,93) | 2.50,15 | 352 |
| | | | | | 2.50,15(42,76) | |

Klasse født 94

| | | | | | | |
|----|---------------------------------|----|--------------------------------|--------|----------------|-----|
| 1p | Silje Lilledahl 40,25(40,25) | 94 | Haugesund SK 2.05,31(42,83) | (0,83) | 2.47,86 | 367 |
| | | | | | 2.47,86(42,55) | |

Klasse født 95

| | | | | | | |
|----|---------------------------------------|----|-------------------------------|--------|----------------|-----|
| 1p | Stine Marie Anderssen 39,52(39,52) | 95 | Sandnes SLK 2.03,91(42,68) | (0,98) | 2.45,07 | 386 |
| | | | | | 2.45,07(41,16) | |
| 2 | Anna Teetzmann 40,49(40,49) | 95 | Stord IL 2.08,72(1.28,23) | (0,85) | 2.51,44 | 344 |
| | | | | | 2.51,44(42,72) | |

Klasse født 96

| | | | | | | |
|----|--|----|--------------------------------|--------|------------------|-----|
| 1p | Emilie Knutsen Hegdal 35,09(35,09) | 96 | Stavanger SC 1.53,00(39,34) | (0,84) | 2.33,03 | 484 |
| | | | | | 2.33,03(40,03) | |
| 2p | Ingeborg Jørmeland 37,73(37,73) | 96 | Stavanger SC 1.59,58(41,57) | (0,96) | 2.40,27 | 422 |
| | | | | | 2.40,27(40,69) | |
| 3p | Thea Bowitz Nedregaard 37,51(37,51) | 96 | Sandnes SLK 2.04,30(44,04) | (0,88) | 2.46,09 | 379 |
| | | | | | 2.46,09(41,79) | |
| 4p | Susan Ultee 39,63(39,63) | 96 | Frisinn SK 2.04,60(42,98) | (0,72) | 2.46,47 | 376 |
| | | | | | 2.46,47(41,87) | |
| 5p | Camilla Birkeland 39,26(39,26) | 96 | Haugesund SK 2.07,40(44,37) | (0,82) | 2.51,57 | 344 |
| | | | | | 2.51,57(44,17) | |
| 6 | Sunniva Volden 41,46(41,46) | 96 | Sandnes SLK 2.11,94(45,56) | (0,97) | 2.53,68 | 331 |
| | | | | | 2.53,68(41,74) | |
| 7 | Regine Sjørdal Lindanger 40,28(40,28) | 96 | Frisinn SK 2.10,52(45,28) | (0,70) | 2.55,68 | 320 |
| | | | | | 2.55,68(45,16) | |
| 8 | Lisa Aaslestad 41,19(41,19) | 96 | Sandnes SLK 2.11,67(45,86) | (0,94) | 2.57,13 | 312 |
| | | | | | 2.57,13(45,46) | |
| 9 | Emily Bådsvik 41,90(41,90) | 96 | Frisinn SK 2.14,48(46,26) | (0,84) | 2.58,31 | 306 |
| | | | | | 2.58,31(43,83) | |
| 10 | Elise Sandvoll 42,10(42,10) | 96 | Frisinn SK 2.14,21(46,47) | (0,80) | 2.59,10 | 302 |
| | | | | | 2.59,10(44,89) | |
| 11 | Thea Støle 43,21(43,21) | 96 | Frisinn SK 2.26,90(50,48) | (0,85) | 3.00,80 | 294 |
| | | | | | 3.00,80(1.31,10) | |
| 12 | Ida Oftedal Bjøntegård 41,43(41,43) | 96 | Haugesund SK 2.16,35(48,57) | (0,73) | 3.02,18 | 287 |
| | | | | | 3.02,18(45,83) | |
| 13 | Runa Vatna Sandmoen 1.36,42(1.36,42) | 96 | Frisinn SK 2.26,90(50,48) | (0,81) | 3.15,40 | 233 |
| | | | | | 3.15,40(48,50) | |

Klasse født 97

| | | | | | | |
|----|----------------------------------|----|---|--------|------------------|-----|
| 1p | Brita Stang Aune 40,92(40,92) | 97 | Stavanger SC 2.09,13(44,66) | (0,96) | 2.51,47 | 344 |
| | | | | | 2.51,47(42,34) | |
| 2p | Lise S Eiane 40,47(40,47) | 97 | Sola SK | (0,90) | 2.52,05 | 341 |
| | | | | | 2.52,05(2.11,58) | |
| 3 | Hanne Hana Voss 41,34(41,34) | 97 | Randaberg IL Svømming 2.09,97(44,59) | (0,87) | 2.54,23 | 328 |
| | | | | | 2.54,23(44,26) | |
| 4 | Aneeka Knapp 42,47(42,47) | 97 | Sola SK 2.13,28(45,97) | (0,76) | 2.57,83 | 309 |
| | | | | | 2.57,83(44,55) | |
| 5 | Maren Øie | 97 | Stavanger SC | (0,82) | 3.06,86 | 266 |
| | | | | | 3.06,86(3.06,86) | |

Siril Therese Follo Bårtvedt 97 Sandnes SLK (0,66) DISK

Klasse født 98

| | | | | | | |
|----|----------------------------|----------------|------------------|--------|------------------|-----|
| 1p | Ingrid Elise Berge Jenssen | 98 | Madla SK | (0,81) | 2.55,80 | 319 |
| | 41,81(41,81) | 1.26,39(44,58) | 2.11,68(45,29) | | 2.55,80(44,12) | |
| 2p | Gina Alvestad | 98 | Karmøy SK | (0,85) | 2.56,87 | 314 |
| | 42,31(42,31) | 1.27,48(45,17) | 2.12,91(45,43) | | 2.56,87(43,96) | |
| 3p | Nina-Therese Storstein | 98 | Karmøy SK | (0,88) | 2.58,38 | 306 |
| | 43,21(43,21) | 1.29,20(45,99) | 2.14,43(45,23) | | 2.58,38(43,95) | |
| 4 | Andrea Edland | 98 | Frisinn SK | | 3.08,66 | 258 |
| | 45,58(45,58) | | 2.21,89(1.36,31) | | 3.08,66(46,77) | |
| 5 | Karoline Auestad Petterson | 98 | Madla SK | (0,70) | 3.22,43 | 209 |
| | 47,27(47,27) | 1.39,58(52,31) | 2.32,77(53,19) | | 3.22,43(49,66) | |
| 6 | May Idun Konow Grønseth | 98 | Frisinn SK | (0,73) | 3.23,35 | 206 |
| | 50,02(50,02) | 1.42,36(52,34) | 2.34,11(51,75) | | 3.23,35(49,24) | |
| 7 | Vilde Aas Løken | 98 | Stord IL | (0,79) | 3.24,16 | 204 |
| | 48,61(48,61) | 1.40,52(51,91) | 2.33,61(53,09) | | 3.24,16(50,55) | |
| 8 | Elena Bergfjord | 98 | Stavanger SC | | 3.36,73 | 171 |
| | 53,07(53,07) | 1.49,11(56,04) | | | 3.36,73(1.47,62) | |

Klasse født 99

| | | | | | | |
|----|--------------------------|----------------|-----------------------------|--------|------------------|-----|
| 1p | Alina H Bjelancic | 99 | Randaberg IL Svømming(1,78) | | 2.50,79 | 348 |
| | 40,89(40,89) | 1.24,37(43,48) | 2.08,47(44,10) | | 2.50,79(42,32) | |
| 2p | Johanne Heines Pettersen | 99 | Randaberg IL Svømming(0,91) | | 2.50,82 | 348 |
| | 41,31(41,31) | 1.24,88(43,57) | 2.08,86(43,98) | | 2.50,82(41,96) | |
| 3 | Oda Kristine Borgstrøm | 99 | Stavanger SC | (0,86) | 3.05,10 | 274 |
| | 44,13(44,13) | 1.32,43(48,30) | 2.19,84(47,41) | | 3.05,10(45,26) | |
| 4 | Kristin Xin Øie | 99 | Stavanger SC | (0,80) | 3.39,40 | 164 |
| | 51,74(51,74) | 1.48,82(57,08) | | | 3.39,40(1.50,58) | |
| 5 | Sarah Parsberg Støle | 99 | Frisinn SK | (0,65) | 3.46,22 | 150 |
| | | | | | 3.46,22(3.46,22) | |

Øvelse 10. 200m rygg, herrer**Klasse født 93**

| | | | | | | |
|----|------------------|----------------|----------------|--------|----------------|-----|
| 1p | Thomas Brustveit | 93 | Sandnes SLK | (0,72) | 2.12,90 | 509 |
| | 30,95(30,95) | 1.04,78(33,83) | 1.39,04(34,26) | | 2.12,90(33,86) | |

Klasse født 94

| | | | | | | |
|----|------------------------|----------------|----------------|--------|----------------|-----|
| 1p | Fredrik Knutsen Hegdal | 94 | Stavanger SC | (0,68) | 2.17,90 | 456 |
| | 31,40(31,40) | 1.06,69(35,29) | 1.42,47(35,78) | | 2.17,90(35,43) | |

Klasse født 95

| | | | | | | |
|----|-------------------|----------------|----------------|--------|----------------|-----|
| 1p | Daniel Sandhåland | 95 | Karmøy SK | (0,85) | 2.18,87 | 446 |
| | 33,13(33,13) | 1.08,09(34,96) | 1.43,79(35,70) | | 2.18,87(35,08) | |
| 2 | Anders Lindanger | 95 | Stavanger SC | (0,81) | 2.33,60 | 330 |
| | 35,45(35,45) | 1.13,62(38,17) | 1.53,74(40,12) | | 2.33,60(39,86) | |

Klasse født 96

| | | | | | | |
|----|--------------------------------|----------------|----------------|--------|----------------|-----|
| 1p | Sondre Møll | 96 | Stavanger SC | (0,95) | 2.42,45 | 279 |
| | 38,80(38,80) | 1.20,42(41,62) | 2.01,16(40,74) | | 2.42,45(41,29) | |
| 2p | Torstein Myklebust | 96 | Frisinn SK | (0,74) | 2.50,80 | 240 |
| | 40,71(40,71) | 1.23,00(42,29) | 2.07,94(44,94) | | 2.50,80(42,86) | |
| 3 | Aleksander Stangeland Pedersen | 96 | Sandnes SLK | (0,76) | 2.56,69 | 217 |
| | 42,49(42,49) | 1.28,32(45,83) | 2.14,21(45,89) | | 2.56,69(42,48) | |

| | | | | | | |
|---|--------------------------------|----|------------------------------|--------|----------------|-----|
| 4 | Tobias Gellein 45,01(45,01) | 96 | Frisinn SK 2.22,62(50,46) | (0,88) | 3.09,34 | 176 |
| | | | | | 3.09,34(46,72) | |

Klasse født 97

| | | | | | | |
|----|---------------------------------|----|---|--------|------------------|-----|
| 1p | Erlend Anfinen 38,87(38,87) | 97 | Sandnes SLK 2.04,08(1.25,21) | (0,83) | 2.43,87 | 272 |
| | | | | | 2.43,87(39,79) | |
| 2p | Gord Behzadi 41,23(41,23) | 97 | Madla SK 2.07,61(43,45) | (0,69) | 2.50,46 | 241 |
| | | | | | 2.50,46(42,85) | |
| 3 | Ben Davison 1.29,63(1.29,63) | 97 | Stavanger SC | (0,70) | 3.04,18 | 191 |
| | | | | | 3.04,18(1.34,55) | |
| 4 | Anders Nilsson 41,86(41,86) | 97 | Madla SK 2.19,69(49,29) | (0,55) | 3.04,77 | 189 |
| | | | | | 3.04,77(45,08) | |
| 5 | Håkon Skogen 46,13(46,13) | 97 | Randaberg IL Svømming 2.22,63(1.36,50) | (0,85) | 3.08,71 | 178 |
| | | | | | 3.08,71(46,08) | |

Klasse født 98

| | | | | | | |
|----|---|----|--------------------------------|--------|------------------|-----|
| 1p | Halvor Alvestad Larsen 38,94(38,94) | 98 | Karmøy SK 2.02,57(42,11) | (0,56) | 2.44,05 | 271 |
| | | | | | 2.44,05(41,48) | |
| 2p | Jonas Østenstad 42,54(42,54) | 98 | Haugesund SK 2.16,32(46,97) | (0,50) | 3.00,75 | 202 |
| | | | | | 3.00,75(44,43) | |
| 3 | Eirik Rønneberg Bustnes 45,92(45,92) | 98 | Sandnes SLK 2.28,22(51,28) | (0,95) | 3.16,52 | 157 |
| | | | | | 3.16,52(48,30) | |
| 4 | Sean Elias Buckland 1.51,43(1.51,43) | 98 | Haugesund SK | (0,89) | 3.40,81 | 111 |
| | | | | | 3.40,81(1.49,38) | |

Klasse født 99

| | | | | | | |
|----|--|----|---------------------------------|--------|------------------|-----|
| 1p | Truls Wigdel 42,34(42,34) | 99 | Madla SK 2.09,86(43,34) | (0,75) | 2.51,93 | 235 |
| | | | | | 2.51,93(42,07) | |
| 2p | Ole André Wigestrånd 3.00,61(42,88) | 99 | Sandnes SLK 2.17,73(2.17,73) | (0,67) | 3.00,61 | 203 |
| | | | | | 3.00,61(42,88) | |
| 3 | Sindre Salte Dunseth 1.34,39(1.34,39) | 99 | Madla SK 2.21,92(47,53) | (0,71) | 3.07,61 | 181 |
| | | | | | 3.07,61(45,69) | |
| 4 | Magnus Ravndal 46,97(46,97) | 99 | Sola SK 2.27,36(49,98) | (0,75) | 3.15,58 | 160 |
| | | | | | 3.15,58(48,22) | |
| 5 | Jens Petter Turøy 47,44(47,44) | 99 | Stavanger SC 2.30,60(51,36) | (0,78) | 3.20,22 | 149 |
| | | | | | 3.20,22(49,62) | |
| 6 | Mads Vestly 1.41,67(1.41,67) | 99 | Sandnes SLK | (0,75) | 3.24,37 | 140 |
| | | | | | 3.24,37(1.42,70) | |

Øvelse 11. 100m bryst, damer**Klasse født 94**

| | | | | | | |
|----|-----------------------------------|----|------------|--|----------------|-----|
| 1p | Signe Birch Moltu 45,75(45,75) | 94 | Frisinn SK | | 1.37,44 | 266 |
| | | | | | 1.37,44(51,69) | |

Klasse født 95

| | | | | | | |
|----|--|----|--------------|--|----------------|-----|
| 1p | Maren Lootz Aarthun 41,10(41,10) | 95 | Stavanger SC | | 1.24,90 | 403 |
| | | | | | 1.24,90(43,80) | |
| 2p | Amalie Kristiansen 39,84(39,84) | 95 | Haugesund SK | | 1.24,92 | 403 |
| | | | | | 1.24,92(45,08) | |
| 3p | Stine Marie Anderssen 41,08(41,08) | 95 | Sandnes SLK | | 1.25,89 | 389 |
| | | | | | 1.25,89(44,81) | |
| 4 | Mari Mjølhus Kristoffersen 41,23(41,23) | 95 | Madla SK | | 1.26,29 | 384 |
| | | | | | 1.26,29(45,06) | |
| 5 | Malin Haga 41,59(41,59) | 95 | Stavanger SC | | 1.27,26 | 371 |
| | | | | | 1.27,26(45,67) | |
| 6 | Vibeke Todnem | 95 | Sandnes SLK | | 1.31,95 | 317 |

| | | | | | | |
|---|-----------------------|------------------------------|--|------------|---------|-----|
| 7 | Silje Chirico Indrebø | 44,05(44,05) 46,12(46,12) | 1.31,95(47,90) 95 1.38,02(51,90) | Frisinn SK | 1.38,02 | 262 |
|---|-----------------------|------------------------------|--|------------|---------|-----|

Klasse født 96

| | | | | | | |
|----|-------------------------|--------------|----------------------|------------------|---------|-----|
| 1p | Ingrid Marie Thorsen | 39,60(39,60) | 96 1.25,94(46,34) | Haugesund SK | 1.25,94 | 388 |
| 2p | Marthe Gjøsæther | 45,56(45,56) | 96 1.36,18(50,62) | Stord IL | 1.36,18 | 277 |
| 3 | Karoline Folgerø Dale | 47,89(47,89) | 96 1.41,33(53,44) | Stord IL | 1.41,33 | 237 |
| 4 | Liliana Håland | 47,09(47,09) | 96 1.42,33(55,24) | Karmøy SK | 1.42,33 | 230 |
| 5 | Karoline Bergfjord | 50,77(50,77) | 96 1.45,96(55,19) | Stavanger SC | 1.45,96 | 207 |
| | Cathrine Fosso Sortland | | 96 | Etne svømmeklubb | DISK | |

Klasse født 97

| | | | | | | |
|----|-------------------------|------------------|------------------------|------------------|---------|-----|
| 1p | Hanna Årsvoll Ryen | 46,00(46,00) | 97 1.34,42(48,42) | Sandnes SLK | 1.34,42 | 293 |
| 2p | Lene Gjøsæther | 48,78(48,78) | 97 1.41,54(52,76) | Stord IL | 1.41,54 | 235 |
| 3p | Amalie Nortvedt | 47,89(47,89) | 97 1.43,20(55,31) | Frisinn SK | 1.43,20 | 224 |
| 4 | Johanna Norheim Knutson | 49,34(49,34) | 97 1.46,18(56,84) | Etne svømmeklubb | 1.46,18 | 206 |
| 5 | Lilly Lilledal | 1.02,73(1.02,73) | 97 2.11,78(1.09,05) | Etne svømmeklubb | 2.11,78 | 108 |
| 6 | Martine Myklebust | 1.08,44(1.08,44) | 97 2.29,26(1.20,82) | Etne svømmeklubb | 2.29,26 | 74 |
| | Anne Lien | | 97 | Etne svømmeklubb | DISK | |

Klasse født 98

| | | | | | | |
|----|----------------------------|--------------|----------------------|--------------|---------|-----|
| 1p | Ulrikke Rein | 40,48(40,48) | 98 1.24,71(44,23) | Madla SK | 1.24,71 | 406 |
| 2p | Nina-Therese Storstein | 41,69(41,69) | 98 1.27,60(45,91) | Karmøy SK | 1.27,60 | 367 |
| 3 | Ingrid Elise Berge Jenssen | 45,06(45,06) | 98 1.33,58(48,52) | Madla SK | 1.33,58 | 301 |
| 4 | Vilde E. Stokkenes | 44,74(44,74) | 98 1.34,21(49,47) | Haugesund SK | 1.34,21 | 295 |
| 5 | Victoria Birkelid Langaker | 50,03(50,03) | 98 1.44,81(54,78) | Karmøy SK | 1.44,81 | 214 |

Klasse født 99

| | | | | | | |
|----|--------------------------|--------------|------------------------|-----------------------|---------|-----|
| 1p | Johanne Heines Pettersen | 42,52(42,52) | 99 1.29,12(46,60) | Randaberg IL Svømming | 1.29,12 | 348 |
| 2 | Marie Sveingaard | 49,54(49,54) | 99 1.45,60(56,06) | Stavanger SC | 1.45,60 | 209 |
| 3 | Nora Sandvoll | 52,93(52,93) | 99 1.57,15(1.04,22) | Frisinn SK | 1.57,15 | 153 |

Klasse født 00

| | | | | | | |
|----|-----------------|--------------|----------------------|--------------|---------|-----|
| 1p | Fanny Thorsen | 53,25(53,25) | 00 1.45,74(52,49) | Haugesund SK | 1.45,74 | 208 |
| 2p | Maria Storstein | 53,03(53,03) | 00 1.50,93(57,90) | Karmøy SK | 1.50,93 | 181 |

| | | | | | |
|---|-----------------------------|------------------|--------------|---------|-----|
| 3 | Emma Østenstad | 00 | Haugesund SK | 1.51,21 | 179 |
| | 53,41(53,41) | 1.51,21(57,80) | | | |
| 4 | Mona Kathrine Behzadi | 00 | Madla SK | 1.57,42 | 152 |
| | 56,29(56,29) | 1.57,42(1.01,13) | | | |
| 5 | Helene Baxter | 00 | Stavanger SC | 2.01,75 | 137 |
| | 56,64(56,64) | 2.01,75(1.05,11) | | | |
| | Synneva Aarekol Johannessen | 00 | Karmøy SK | DISK | |

Klasse født 01 - Alfabetisk

| | | | | | |
|--|--------------------|------------------|-----------------------|---------|-----|
| | Emilia H Bjelancic | 01 | Randaberg IL Svømming | 1.57,94 | 150 |
| | 56,43(56,43) | 1.57,94(1.01,51) | | | |
| | Lena Bloch | 01 | Stord IL | 2.22,81 | 85 |
| | 1.07,49(1.07,49) | 2.22,81(1.15,32) | | | |

Øvelse 12. 100m bryst, herrer**Klasse født 92**

| | | | | | |
|----|-------------------|----------------|--------------|---------|-----|
| 1p | Per Øystein Turøy | 92 | Stavanger SC | 1.12,88 | 444 |
| | 34,48(34,48) | 1.12,88(38,40) | | | |
| 2 | Sindre Lilledahl | 92 | Haugesund SK | 1.13,66 | 430 |
| | 34,86(34,86) | 1.13,66(38,80) | | | |

Klasse født 93

| | | | | | |
|----|---------------------|----------------|-----------------------|---------|-----|
| 1p | Øystein Fjeldberg | 93 | Randaberg IL Svømming | 1.13,67 | 430 |
| | 34,55(34,55) | 1.13,67(39,12) | | | |
| 2 | Thorbjørn Birkeland | 93 | Haugesund SK | 1.18,21 | 359 |
| | 36,38(36,38) | 1.18,21(41,83) | | | |
| 3 | Henry Ravndal | 93 | Sandnes SLK | 1.21,16 | 322 |
| | 37,85(37,85) | 1.21,16(43,31) | | | |

Klasse født 94

| | | | | | |
|----|---------------|----------------|--------------|---------|-----|
| 1p | Trond Vasslag | 94 | Stavanger SC | 1.12,22 | 457 |
| | 34,28(34,28) | 1.12,22(37,94) | | | |

Klasse født 95

| | | | | | |
|----|---------------------------|----------------|--------------|---------|-----|
| 1p | Ivan Aleksander Larsen | 95 | Karmøy SK | 1.12,09 | 459 |
| | 34,11(34,11) | 1.12,09(37,98) | | | |
| 2p | Ole Martin Turøy | 95 | Stavanger SC | 1.20,17 | 334 |
| | 37,77(37,77) | 1.20,17(42,40) | | | |
| 3 | Olav Ravndal Skjølingstad | 95 | Stavanger SC | 1.23,23 | 298 |
| | 38,03(38,03) | 1.23,23(45,20) | | | |
| 4 | Jørgen Tufteskog Spanne | 95 | Sandnes SLK | 1.27,03 | 261 |
| | 40,16(40,16) | 1.27,03(46,87) | | | |
| 5 | Anders Lothe Losnegård | 95 | Stord IL | 1.30,81 | 230 |
| | 42,13(42,13) | 1.30,81(48,68) | | | |
| 6 | Ørjan Aase | 95 | Karmøy SK | 1.41,37 | 165 |
| | 47,74(47,74) | 1.41,37(53,63) | | | |

Klasse født 96

| | | | | | |
|----|----------------------|----------------|--------------|---------|-----|
| 1p | Kristian Gunnarshaug | 96 | Haugesund SK | 1.40,12 | 171 |
| | 46,48(46,48) | 1.40,12(53,64) | | | |

Klasse født 97

| | | | | | |
|----|---|----------------|------------|---------|-----|
| 1p | Harald Goa Fagerheim 38,53(38,53) | 97 | Karmøy SK | 1.21,43 | 318 |
| | | 1.21,43(42,90) | | | |
| 2 | Johannes Kahlbom Wathne 53,02(53,02) | 97 | Frisinn SK | 1.52,01 | 122 |
| | | 1.52,01(58,99) | | | |

Klasse født 98

| | | | | | |
|----|-------------------------------------|------------------|--------------|---------|-----|
| 1p | Axel Ravndal 42,15(42,15) | 98 | Sandnes SLK | 1.28,49 | 248 |
| | | 1.28,49(46,34) | | | |
| 2p | Kristian Endresen 47,28(47,28) | 98 | Haugesund SK | 1.40,67 | 169 |
| | | 1.40,67(53,39) | | | |
| 3 | Even Bergfjord 50,13(50,13) | 98 | Stavanger SC | 1.49,89 | 130 |
| | | 1.49,89(59,76) | | | |
| 4 | Ole Jørmeland 57,28(57,28) | 98 | Stavanger SC | 1.57,97 | 105 |
| | | 1.57,97(1.00,69) | | | |
| 5 | Jonas Birkeland 1.11,95(1.11,95) | 98 | Stavanger SC | 2.35,64 | 46 |
| | | 2.35,64(1.23,69) | | | |

Klasse født 99

| | | | | | |
|----|--------------------------------------|------------------|--------------|---------|-----|
| 1p | Mads Vestly 48,81(48,81) | 99 | Sandnes SLK | 1.45,51 | 146 |
| | | 1.45,51(56,70) | | | |
| 2p | Tord Østenstad Fjell 55,66(55,66) | 99 | Karmøy SK | 1.56,61 | 108 |
| | | 1.56,61(1.00,95) | | | |
| 3 | Johannes Kallevik 55,90(55,90) | 99 | Haugesund SK | 1.58,78 | 103 |
| | | 1.58,78(1.02,88) | | | |
| 4 | Sander Michael Haga 59,38(59,38) | 99 | Stavanger SC | 2.01,15 | 97 |
| | | 2.01,15(1.01,77) | | | |

Klasse født 00

| | | | | | |
|----|---|------------------|------------------|---------|-----|
| 1p | Vermund Skogland Høgset 52,41(52,41) | 00 | Karmøy SK | 1.48,31 | 135 |
| | | 1.48,31(55,90) | | | |
| 2 | Andrè Klippenberg Grindheim 56,92(56,92) | 00 | Etne svømmeklubb | 1.58,73 | 103 |
| | | 1.58,73(1.01,81) | | | |
| 3 | Johs Seeberg 57,42(57,42) | 00 | Karmøy SK | 1.58,78 | 103 |
| | | 1.58,78(1.01,36) | | | |

Øvelse 13. 200m butterfly, damer**Klasse født 92**

| | | | | | |
|----|---------------------------------------|----------------|----------------|----------------|-----|
| 1p | Elisabeth Kristiansen 33,27(33,27) | 92 | Haugesund SK | 2.37,39 | 452 |
| | | 1.12,33(39,06) | 1.54,80(42,47) | 2.37,39(42,59) | |

Klasse født 95

| | | | | | |
|----|--|----------------|----------------|----------------|-----|
| 1p | Ingalill Urrang Naustvik 32,71(32,71) | 95 | Karmøy SK | 2.32,10 | 501 |
| | | 1.10,92(38,21) | 1.51,53(40,61) | 2.32,10(40,57) | |
| 2 | Ane Nygård 35,04(35,04) | 95 | Stavanger SC | 2.46,51 | 382 |
| | | 1.16,66(41,62) | 2.02,05(45,39) | 2.46,51(44,46) | |

Øvelse 14. 200m butterfly, herrer**Klasse født 93**

| | | | | | |
|----|------------------------------|----------------|-----------------------|----------------|-----|
| 1p | Sander Rødje 31,30(31,30) | 93 | Haugesund SK | 2.19,18 | 482 |
| | | 1.07,26(35,96) | 1.43,75(36,49) | 2.19,18(35,43) | |
| 2 | Øystein Fjeldberg | 93 | Randaberg IL Svømming | 2.22,03 | 453 |

32,30(32,30) 1.07,99(35,69) 1.44,74(36,75) 2.22,03(37,29)

Klasse født 94

1p Fredrik Knutsen Hegdal 94 Stavanger SC 2.20,30 470
31,30(31,30) 1.08,74(37,44) 1.44,57(35,83) 2.20,30(35,73)

Klasse født 95

1p Daniel Sandhåland 95 Karmøy SK 2.25,75 420
31,19(31,19) 1.08,24(37,05) 1.47,37(39,13) 2.25,75(38,38)
2 Alexander Marki Mork 95 Stavanger SC 2.28,24 399
32,88(32,88) 1.11,16(38,28) 1.50,18(39,02) 2.28,24(38,06)

Klasse født 96

1p Morten Wee Hollund 96 Karmøy SK 2.12,31 561
29,74(29,74) 1.03,21(33,47) 1.38,04(34,83) 2.12,31(34,27)
2 Erik Andre Klepp Vik 96 Sandnes SLK 2.40,58 314
33,07(33,07) 1.11,46(38,39) 1.54,66(43,20) 2.40,58(45,92)
3 Benjamin Alic 96 Haugesund SK 2.44,75 290
34,13(34,13) 1.17,00(42,87) 2.01,23(44,23) 2.44,75(43,52)

Klasse født 98

1p Eivind Bjelland 98 Haugesund SK 2.53,27 250
38,50(38,50) 1.22,31(43,81) 2.07,28(44,97) 2.53,27(45,99)
2 Halvor Alvestad Larsen 98 Karmøy SK 2.57,62 232
37,25(37,25) 1.21,75(44,50) 2.09,68(47,93) 2.57,62(47,94)
3 Aleksander Petter Olsen 98 Sandnes SLK 3.09,60 191
39,03(39,03) 1.27,47(48,44) 2.19,00(51,53) 3.09,60(50,60)

Øvelse 15. 1500m fri, damer**Klasse født 95**

1p Ane Nygård 95 Stavanger SC 18.47,00 559
32,07(32,07) 1.07,74(35,67) 1.44,15(36,41) 2.20,80(36,65)
2.57,61(36,81) 3.34,71(37,10) 4.11,71(37,00) 4.48,95(37,24)
5.26,45(37,50) 6.03,67(37,22) 6.41,00(37,33) 7.18,47(37,47)
7.56,29(37,82) 8.34,12(37,83) 9.12,17(38,05) 9.49,92(37,75)
10.28,26(38,34) 11.06,77(38,51) 11.45,25(38,48) 12.23,75(38,50)
13.02,82(39,07) 13.41,29(38,47) 14.19,65(38,36) 14.58,10(38,45)
15.37,03(38,93) 16.16,06(39,03) 16.54,71(38,65) 17.33,20(38,49)
18.11,10(37,90) 18.47,00(35,90)
2 Amalie Kristiansen 95 Haugesund SK 19.05,33 533
1.11,44(1.11,44) 4.24,67(3.13,23)
5.41,79(1.17,12) 6.20,31(38,52)
10.48,57(4.28,26) 12.05,62(1.17,05) 12.45,45(39,83)
13.22,43(36,98) 14.00,90(38,47) 14.39,18(38,28) 15.17,95(38,77)
15.56,53(38,58) 16.35,01(38,48) 17.13,11(38,10) 17.51,08(37,97)
18.29,35(38,27) 19.05,33(35,98)

Klasse født 96

1p Ingeborg Jørmeland 96 Stavanger SC 18.47,64 559
33,07(33,07) 1.09,95(36,88) 1.47,29(37,34) 2.25,47(38,18)
3.02,95(37,48) 3.40,19(37,24) 4.18,10(37,91) 4.55,50(37,40)
5.33,40(37,90) 6.10,92(37,52)
8.04,93(1.54,01) 8.42,90(37,97) 9.59,36(1.16,46)
12.31,80(2.32,44)
13.10,25(38,45) 13.48,80(38,55) 14.26,91(38,11)

| | | | | | |
|---|--------------------------|-----------------|-----------------|------------------|-----|
| | 15.43,51(1.16,60) | 16.24,28(40,77) | 16.58,95(34,67) | 17.35,72(36,77) | |
| | 18.12,94(37,22) | 18.47,64(34,70) | | | |
| 2 | Camilla Birkeland | 96 | Haugesund SK | 21.04,67 | 396 |
| | 36,14(36,14) | 1.17,91(41,77) | | 2.42,13(1.24,22) | |
| | 3.25,06(42,93) | 4.06,70(41,64) | 4.48,27(41,57) | 5.30,78(42,51) | |
| | 6.13,22(42,44) | 6.55,20(41,98) | | 8.20,62(1.25,42) | |
| | 9.03,69(43,07) | 9.46,42(42,73) | 10.28,87(42,45) | 11.11,43(42,56) | |
| | 11.53,77(42,34) | 12.36,52(42,75) | 13.19,06(42,54) | | |
| | 14.48,94(1.29,88) | 15.27,69(38,75) | 16.10,07(42,38) | 16.53,33(43,26) | |
| | 17.36,11(42,78) | 18.19,23(43,12) | 19.01,53(42,30) | 19.42,81(41,28) | |
| | 20.24,35(41,54) | 21.04,67(40,32) | | | |
| | Regine Sjørdal Lindanger | 96 | Frisinn SK | BRUTT | |

Klasse født 98

| | | | | | |
|----|-----------------|-----------------|-----------------|-----------------|-----|
| 1p | Vilde Aas Løken | 98 | Stord IL | 24.59,73 | 237 |
| | 45,49(45,49) | 1.34,25(48,76) | 2.24,84(50,59) | 3.16,44(51,60) | |
| | 4.07,17(50,73) | 4.57,62(50,45) | 5.49,00(51,38) | 6.40,58(51,58) | |
| | 7.31,89(51,31) | 8.22,63(50,74) | 9.14,66(52,03) | 10.06,56(51,90) | |
| | 10.58,42(51,86) | 11.49,87(51,45) | 12.41,20(51,33) | 13.32,76(51,56) | |
| | 14.23,93(51,17) | 15.13,58(49,65) | 16.03,03(49,45) | 16.52,62(49,59) | |
| | 17.42,18(49,56) | 18.32,75(50,57) | 19.22,04(49,29) | 20.11,78(49,74) | |
| | 21.01,15(49,37) | 21.50,02(48,87) | 22.38,35(48,33) | 23.26,99(48,64) | |
| | 24.13,97(46,98) | 24.59,73(45,76) | | | |

Klasse født 99

| | | | | | |
|----|--------------------------|-----------------|-----------------------|-----------------|-----|
| 1p | Johanne Heines Pettersen | 99 | Randaberg IL Svømming | 21.08,83 | 392 |
| | 36,62(36,62) | 1.17,66(41,04) | 1.59,57(41,91) | 2.42,46(42,89) | |
| | 3.24,58(42,12) | 4.07,82(43,24) | 4.49,70(41,88) | 5.32,01(42,31) | |
| | 6.14,66(42,65) | 6.57,34(42,68) | 7.39,26(41,92) | 8.22,06(42,80) | |
| | 9.05,00(42,94) | 9.47,39(42,39) | 10.31,29(43,90) | 11.12,61(41,32) | |
| | 11.56,54(43,93) | 12.39,44(42,90) | 13.23,23(43,79) | 14.06,27(43,04) | |
| | 14.49,50(43,23) | 15.32,23(42,73) | 16.15,48(43,25) | 16.58,60(43,12) | |
| | 17.41,30(42,70) | 18.23,56(42,26) | 19.06,44(42,88) | 19.48,57(42,13) | |
| | 20.30,29(41,72) | 21.08,83(38,54) | | | |

Øvelse 16. 1500m fri, herrer

Klasse født 93

| | | | | | |
|----|-------------------|-----------------|-----------------------|-----------------|-----|
| 1p | Øystein Fjeldberg | 93 | Randaberg IL Svømming | 16.33,99 | 626 |
| | 30,59(30,59) | 1.03,75(33,16) | 1.36,06(32,31) | 2.08,52(32,46) | |
| | 2.41,47(32,95) | 3.14,44(32,97) | 3.47,22(32,78) | 4.20,51(33,29) | |
| | 4.53,42(32,91) | 5.26,75(33,33) | 6.00,17(33,42) | 6.34,09(33,92) | |
| | 7.07,39(33,30) | 7.40,99(33,60) | 8.14,56(33,57) | 8.47,98(33,42) | |
| | 9.21,43(33,45) | 9.55,10(33,67) | 10.28,47(33,37) | 11.02,03(33,56) | |
| | 11.35,91(33,88) | 12.09,40(33,49) | 12.42,69(33,29) | 13.16,46(33,77) | |
| | 13.50,39(33,93) | 14.23,36(32,97) | 14.56,49(33,13) | 15.30,04(33,55) | |
| | 16.02,71(32,67) | 16.33,99(31,28) | | | |
| 2 | Henry Ravndal | 93 | Sandnes SLK | 17.32,62 | 527 |
| | 31,68(31,68) | 1.06,45(34,77) | 1.41,47(35,02) | 2.16,59(35,12) | |
| | 2.51,45(34,86) | 3.26,97(35,52) | 4.02,71(35,74) | 4.37,18(34,47) | |
| | 5.12,71(35,53) | 5.48,28(35,57) | 6.23,84(35,56) | 6.59,74(35,90) | |
| | 7.34,86(35,12) | 8.09,98(35,12) | 8.45,27(35,29) | 9.21,06(35,79) | |
| | 9.56,23(35,17) | 10.31,58(35,35) | 11.07,34(35,76) | 11.42,61(35,27) | |
| | 12.18,20(35,59) | 12.53,87(35,67) | 13.29,10(35,23) | 14.04,46(35,36) | |
| | 14.39,82(35,36) | 15.14,98(35,16) | 15.50,72(35,74) | 16.25,56(34,84) | |
| | 17.00,47(34,91) | 17.32,62(32,15) | | | |

Klasse født 94

| | | | | | |
|----|------------------------|----------------|----------------|----------------|-----|
| 1p | Fredrik Knutsen Hegdal | 94 | Stavanger SC | 16.55,13 | 587 |
| | 30,22(30,22) | 1.03,62(33,40) | 1.37,82(34,20) | 2.11,85(34,03) | |
| | 2.45,71(33,86) | 3.19,67(33,96) | 3.53,50(33,83) | 4.27,53(34,03) | |
| | 5.02,17(34,64) | 5.36,50(34,33) | 6.10,99(34,49) | 6.45,35(34,36) | |

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|---|-----------------|-----------------|-----------------|-----------------|-----|
| | 7.19,91(34,56) | 7.54,20(34,29) | 8.28,19(33,99) | 9.02,55(34,36) | |
| | 9.37,34(34,79) | 10.11,44(34,10) | 10.45,47(34,03) | 11.20,08(34,61) | |
| | 11.53,83(33,75) | 12.27,44(33,61) | 13.01,81(34,37) | 13.35,73(33,92) | |
| | 14.09,66(33,93) | 14.43,35(33,69) | 15.16,67(33,32) | 15.50,39(33,72) | |
| | 16.23,08(32,69) | 16.55,13(32,05) | | | |
| 2 | Trond Vasslag | 94 | Stavanger SC | 17.45,58 | 508 |
| | 30,74(30,74) | 1.04,75(34,01) | 1.39,58(34,83) | 2.14,79(35,21) | |
| | 2.49,91(35,12) | 3.25,41(35,50) | 4.00,91(35,50) | 4.36,45(35,54) | |
| | 5.12,03(35,58) | 5.48,20(36,17) | 6.24,33(36,13) | 7.00,25(35,92) | |
| | 7.37,11(36,86) | 8.12,99(35,88) | 8.48,85(35,86) | 9.25,09(36,24) | |
| | 10.00,92(35,83) | 10.36,71(35,79) | 11.13,52(36,81) | 11.49,66(36,14) | |
| | 12.25,33(35,67) | 13.01,06(35,73) | 13.36,89(35,83) | 14.12,88(35,99) | |
| | 14.48,13(35,25) | 15.24,10(35,97) | 16.00,17(36,07) | 16.35,75(35,58) | |
| | 17.11,64(35,89) | 17.45,58(33,94) | | | |

Klasse født 95

| | | | | | |
|----|------------------------|-------------------|-----------------|-------------------|-----|
| 1p | Ivan Aleksander Larsen | 95 | Karmøy SK | 17.10,60 | 561 |
| | 30,40(30,40) | 1.03,52(33,12) | 1.36,64(33,12) | 2.09,45(32,81) | |
| | 2.42,27(32,82) | 3.15,46(33,19) | 3.49,04(33,58) | 4.22,13(33,09) | |
| | 4.55,58(33,45) | 5.29,52(33,94) | 6.03,50(33,98) | 6.38,01(34,51) | |
| | 7.12,83(34,82) | 7.46,68(33,85) | 8.20,53(33,85) | 8.55,25(34,72) | |
| | 9.30,54(35,29) | 10.05,27(34,73) | 10.39,66(34,39) | 11.14,91(35,25) | |
| | 11.50,13(35,22) | 12.25,47(35,34) | 13.00,66(35,19) | 13.35,94(35,28) | |
| | 14.11,83(35,89) | 14.47,34(35,51) | 15.23,11(35,77) | 15.58,31(35,20) | |
| | 16.34,07(35,76) | 17.10,60(36,53) | | | |
| 2p | Alexander Marki Mork | 95 | Stavanger SC | 17.35,47 | 522 |
| | 31,01(31,01) | 1.05,13(34,12) | 1.39,78(34,65) | 2.15,10(35,32) | |
| | 2.50,27(35,17) | 3.25,27(35,00) | 4.00,39(35,12) | 4.35,83(35,44) | |
| | 5.10,79(34,96) | 5.46,34(35,55) | 6.21,72(35,38) | 6.57,52(35,80) | |
| | 7.33,19(35,67) | 8.08,67(35,48) | 8.44,38(35,71) | 9.19,89(35,51) | |
| | 9.55,49(35,60) | 10.30,93(35,44) | 11.06,82(35,89) | 11.42,81(35,99) | |
| | 12.18,10(35,29) | 12.54,00(35,90) | 13.29,52(35,52) | 14.05,39(35,87) | |
| | 14.40,94(35,55) | 15.16,61(35,67) | 15.52,02(35,41) | 16.27,55(35,53) | |
| | 17.02,03(34,48) | 17.35,47(33,44) | | | |
| 3 | Ole Martin Turøy | 95 | Stavanger SC | 17.41,94 | 513 |
| | 31,92(31,92) | 1.06,33(34,41) | 1.41,23(34,90) | 2.16,24(35,01) | |
| | 2.50,99(34,75) | 3.26,41(35,42) | 4.01,57(35,16) | 4.36,51(34,94) | |
| | 5.12,19(35,68) | 5.48,03(35,84) | 6.23,74(35,71) | 6.59,80(36,06) | |
| | 7.35,50(35,70) | 8.11,36(35,86) | 8.47,38(36,02) | 9.23,40(36,02) | |
| | | | | 11.48,11(2.24,71) | |
| | 12.24,16(36,05) | 13.00,40(36,24) | 13.36,42(36,02) | 14.12,49(36,07) | |
| | | 15.23,86(1.11,37) | | 16.34,07(1.10,21) | |
| | 17.09,71(35,64) | 17.41,94(32,23) | | | |
| 4 | Anders Lindanger | 95 | Stavanger SC | 20.13,00 | 344 |
| | 35,37(35,37) | 1.14,29(38,92) | 1.54,15(39,86) | 2.34,41(40,26) | |
| | 3.15,47(41,06) | | | 5.18,32(2.02,85) | |
| | 6.00,09(41,77) | 6.41,64(41,55) | | 8.03,48(1.21,84) | |
| | 8.44,27(40,79) | 9.25,17(40,90) | 10.05,90(40,73) | | |
| | | | | | |
| | | 14.52,84(4.46,94) | | 16.14,67(1.21,83) | |
| | 16.56,53(41,86) | 17.36,84(40,31) | 18.17,51(40,67) | 18.57,78(40,27) | |
| | 19.37,22(39,44) | 20.13,00(35,78) | | | |

Klasse født 96

| | | | | | |
|----|--------------------|-------------------|-----------------|-----------------|-----|
| 1p | Morten Wee Hollund | 96 | Karmøy SK | 18.05,04 | 481 |
| | 30,29(30,29) | 1.03,21(32,92) | 1.36,86(33,65) | 2.09,51(32,65) | |
| | 2.42,80(33,29) | 3.16,26(33,46) | 3.49,92(33,66) | 4.24,29(34,37) | |
| | 4.58,13(33,84) | 5.32,24(34,11) | 6.06,69(34,45) | 6.41,13(34,44) | |
| | 7.15,79(34,66) | 7.50,49(34,70) | 8.24,82(34,33) | 8.56,41(31,59) | |
| | 9.46,86(50,45) | 10.28,17(41,31) | 11.07,18(39,01) | 11.45,61(38,43) | |
| | 12.25,01(39,40) | 13.03,97(38,96) | 13.42,39(38,42) | 14.20,76(38,37) | |
| | 14.58,33(37,57) | 15.37,40(39,07) | 16.14,98(37,58) | 16.52,07(37,09) | |
| | 17.28,94(36,87) | 18.05,04(36,10) | | | |
| 2p | Sondre Møll | 96 | Stavanger SC | 18.47,20 | 429 |
| | 33,20(33,20) | 1.10,92(37,72) | 1.49,50(38,58) | 2.27,23(37,73) | |
| | 3.05,00(37,77) | 3.42,66(37,66) | 4.21,15(38,49) | 4.57,71(36,56) | |
| | 5.35,62(37,91) | 6.12,24(36,62) | 6.50,27(38,03) | 7.27,94(37,67) | |
| | 8.05,46(37,52) | 8.43,01(37,55) | 9.20,33(37,32) | 9.58,19(37,86) | |
| | 10.36,66(38,47) | 11.14,83(38,17) | 11.51,95(37,12) | 12.29,65(37,70) | |
| | | 13.45,52(1.15,87) | 14.23,73(38,21) | 15.01,71(37,98) | |

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|---|----------------------|-----------------|-----------------|-----------------|-----|
| | 15.40,65(38,94) | 16.19,13(38,48) | 16.56,85(37,72) | 17.35,37(38,52) | |
| | 18.12,33(36,96) | 18.47,20(34,87) | | | |
| 3 | Benjamin Alic | 96 | Haugesund SK | 19.50,13 | 364 |
| | 32,62(32,62) | 1.10,06(37,44) | 1.49,34(39,28) | 2.28,71(39,37) | |
| | 3.07,56(38,85) | 3.46,73(39,17) | 4.25,84(39,11) | 5.04,95(39,11) | |
| | 5.44,58(39,63) | 6.24,29(39,71) | 7.04,19(39,90) | 7.44,72(40,53) | |
| | 8.24,12(39,40) | 9.04,40(40,28) | 9.44,58(40,18) | 10.24,86(40,28) | |
| | 11.05,01(40,15) | 11.45,38(40,37) | 12.26,20(40,82) | 13.06,49(40,29) | |
| | 13.47,10(40,61) | 14.27,86(40,76) | 15.08,41(40,55) | 15.49,00(40,59) | |
| | 16.29,66(40,66) | 17.10,14(40,48) | 17.50,43(40,29) | 18.30,86(40,43) | |
| | 19.11,52(40,66) | 19.50,13(38,61) | | | |
| 4 | Erik Andre Klepp Vik | 96 | Sandnes SLK | 20.07,11 | 349 |
| | 33,16(33,16) | 1.11,47(38,31) | 1.49,99(38,52) | 2.29,18(39,19) | |
| | 3.08,40(39,22) | 3.48,18(39,78) | 4.28,20(40,02) | 5.08,43(40,23) | |
| | 5.48,49(40,06) | 6.29,57(41,08) | 7.10,08(40,51) | 7.50,56(40,48) | |
| | 8.32,31(41,75) | 9.14,06(41,75) | 9.54,99(40,93) | 10.36,46(41,47) | |
| | 11.16,84(40,38) | 11.58,49(41,65) | 12.39,07(40,58) | 13.20,08(41,01) | |
| | 14.01,59(41,51) | 14.42,79(41,20) | 15.23,50(40,71) | 16.05,27(41,77) | |
| | 16.46,65(41,38) | 17.27,87(41,22) | 18.08,53(40,66) | 18.49,41(40,88) | |
| | 19.29,94(40,53) | 20.07,11(37,17) | | | |

Klasse født 97

| | | | | | |
|----|----------------------|-----------------|-----------------|-----------------|-----|
| 1p | Harald Goa Fagerheim | 97 | Karmøy SK | 20.31,52 | 329 |
| | 33,24(33,24) | 1.11,88(38,64) | 1.50,35(38,47) | 2.28,61(38,26) | |
| | 3.07,28(38,67) | 3.46,21(38,93) | 4.25,34(39,13) | 5.04,38(39,04) | |
| | 5.43,88(39,50) | 6.23,30(39,42) | 7.02,58(39,28) | 7.42,20(39,62) | |
| | 8.20,64(38,44) | 9.00,06(39,42) | 9.38,91(38,85) | 10.15,38(36,47) | |
| | 11.05,10(49,72) | 11.49,07(43,97) | 12.33,69(44,62) | 13.17,47(43,78) | |
| | 14.01,38(43,91) | 14.45,68(44,30) | 15.30,06(44,38) | 16.13,36(43,30) | |
| | 16.56,71(43,35) | 17.40,41(43,70) | 18.24,07(43,66) | 19.07,58(43,51) | |
| | 19.50,98(43,40) | 20.31,52(40,54) | | | |

Klasse født 98

| | | | | | |
|----|-----------------|-----------------|-----------------|-----------------|-----|
| 1p | Alec Karlsen | 98 | Madla SK | 18.45,06 | 431 |
| | 33,80(33,80) | 1.11,09(37,29) | 1.48,98(37,89) | 2.26,69(37,71) | |
| | 3.04,39(37,70) | 3.42,15(37,76) | 4.19,99(37,84) | 4.57,73(37,74) | |
| | 5.35,35(37,62) | 6.12,96(37,61) | 6.50,78(37,82) | 7.28,55(37,77) | |
| | 8.06,26(37,71) | 8.44,02(37,76) | 9.21,92(37,90) | 9.59,62(37,70) | |
| | 10.36,99(37,37) | 11.14,57(37,58) | 11.52,25(37,68) | 12.29,75(37,50) | |
| | 13.07,27(37,52) | 13.44,72(37,45) | 14.22,32(37,60) | 14.59,90(37,58) | |
| | 15.37,15(37,25) | 16.14,75(37,60) | 16.52,24(37,49) | 17.30,09(37,85) | |
| | 18.07,88(37,79) | 18.45,06(37,18) | | | |
| 2 | Eivind Bjelland | 98 | Haugesund SK | 19.01,37 | 413 |
| | 33,37(33,37) | 1.10,34(36,97) | 1.48,46(38,12) | 2.26,83(38,37) | |
| | 3.04,87(38,04) | 3.43,42(38,55) | 4.21,15(37,73) | 4.58,61(37,46) | |
| | 5.36,55(37,94) | 6.14,49(37,94) | 6.52,31(37,82) | 7.30,10(37,79) | |
| | 8.08,40(38,30) | 8.46,86(38,46) | 9.25,52(38,66) | 10.03,40(37,88) | |
| | 10.41,47(38,07) | 11.19,47(38,00) | 11.58,05(38,58) | 12.36,45(38,40) | |
| | 13.15,13(38,68) | 13.53,79(38,66) | 14.32,04(38,25) | 15.10,64(38,60) | |
| | 15.49,72(39,08) | 16.28,23(38,51) | 17.06,98(38,75) | 17.46,03(39,05) | |
| | 18.24,36(38,33) | 19.01,37(37,01) | | | |

Øvelse 17. 100m butterfly, damer

Klasse født 93

| | | | | | |
|----|----------------|----------------|--------------|---------|-----|
| 1p | Vanja Brunsvik | 93 | Haugesund SK | 1.17,46 | 359 |
| | 34,53(34,53) | 1.17,46(42,93) | | | |

Klasse født 94

| | | | | | |
|----|-----------------|----------------|--------------|---------|-----|
| 1p | Silje Lilledahl | 94 | Haugesund SK | 1.25,15 | 270 |
| | 38,98(38,98) | 1.25,15(46,17) | | | |

Klasse født 96

| | | | | | |
|----|--------------------------------------|----|--------------|---------|-----|
| 1p | Ingrid Marie Thorsen 35,77(35,77) | 96 | Haugesund SK | 1.20,57 | 319 |
| 2p | Lotte Stang Aune 39,33(39,33) | 96 | Stavanger SC | 1.24,70 | 275 |
| 3 | Emily Bådsvik 39,20(39,20) | 96 | Frisinn SK | 1.25,91 | 263 |
| 4 | Sunniva Volden 45,47(45,47) | 96 | Sandnes SLK | 1.43,85 | 149 |
| | Elise Sandvoll | 96 | Frisinn SK | BRUTT | |
| | Emilie Knutsen Hegdal | 96 | Stavanger SC | BRUTT | |

Klasse født 97

| | | | | | |
|----|------------------------------------|----|-----------------------|---------|-----|
| 1p | Brita Stang Aune 38,15(38,15) | 97 | Stavanger SC | 1.22,62 | 296 |
| 2p | Hanne Hana Voss 40,57(40,57) | 97 | Randaberg IL Svømming | 1.27,72 | 247 |
| 3 | Aneeka Knapp 41,82(41,82) | 97 | Sola SK | 1.30,66 | 224 |
| 4 | Lise S Eiane 41,74(41,74) | 97 | Sola SK | 1.31,11 | 221 |
| 5 | Hanna Årsvoll Ryen 45,99(45,99) | 97 | Sandnes SLK | 1.37,74 | 179 |

Klasse født 98

| | | | | | |
|----|--|----|--------------|---------|-----|
| 1p | Gina Alvestad 37,99(37,99) | 98 | Karmøy SK | 1.23,09 | 291 |
| 2p | Nina-Therese Storstein 40,05(40,05) | 98 | Karmøy SK | 1.26,79 | 255 |
| 3p | Vilde E. Stokkenes 39,75(39,75) | 98 | Haugesund SK | 1.27,60 | 248 |
| 4 | Andrea Edland 43,43(43,43) | 98 | Frisinn SK | 1.33,89 | 202 |
| 5 | Vilde Aas Løken 46,16(46,16) | 98 | Stord IL | 1.36,93 | 183 |
| 6 | May Idun Konow Grønseth 46,44(46,44) | 98 | Frisinn SK | 1.37,22 | 182 |
| 7 | Karoline Auestad Petterson 50,11(50,11) | 98 | Madla SK | 1.49,91 | 126 |
| 8 | Elena Bergfjord 54,79(54,79) | 98 | Stavanger SC | 1.58,45 | 100 |

Klasse født 99

| | | | | | |
|----|-----------------------------------|----|-----------------------|---------|-----|
| 1p | Alina H Bjelancic 42,89(42,89) | 99 | Randaberg IL Svømming | 1.34,57 | 197 |
| 2 | Kristin Xin Øie 54,34(54,34) | 99 | Stavanger SC | 2.01,07 | 94 |

Øvelse 18. 100m butterfly, herrer

Klasse født 92

| | | | | | |
|----|-----------------------------------|----|--------------|---------|-----|
| 1p | Per Øystein Turøy 29,40(29,40) | 92 | Stavanger SC | 1.01,98 | 479 |
| 2 | Sindre Lilledahl 29,25(29,25) | 92 | Haugesund SK | 1.02,10 | 476 |

| | | | | | |
|---|----------------------------------|----|-------------|----------------|-----|
| 3 | Glenn Skjøveland 29,73(29,73) | 92 | Sandnes SLK | 1.04,88 | 417 |
| | | | | 1.04,88(35,15) | |

Klasse født 93

| | | | | | |
|----|-------------------------------------|----|--------------|----------------|-----|
| 1p | Thorbjørn Birkeland 30,43(30,43) | 93 | Haugesund SK | 1.06,14 | 394 |
| | | | | 1.06,14(35,71) | |

Klasse født 95

| | | | | | |
|----|---|----|--------------|----------------|-----|
| 1p | Olav Ravndal Skjølingstad 31,89(31,89) | 95 | Stavanger SC | 1.11,78 | 308 |
| 2 | Håvard Lapin 41,48(41,48) | 95 | Sandnes SLK | 1.26,22 | 178 |
| | | | | 1.26,22(44,74) | |

Klasse født 96

| | | | | | |
|----|--|----|-------------|----------------|-----|
| 1p | Torstein Myklebust 35,23(35,23) | 96 | Frisinn SK | 1.18,25 | 238 |
| 2 | Aleksander Stangeland Pedersen 38,29(38,29) | 96 | Sandnes SLK | 1.24,12 | 191 |
| | Tobias Gellein | 96 | Frisinn SK | DISK | |
| | | | | 1.18,25(43,02) | |
| | | | | 1.24,12(45,83) | |

Klasse født 97

| | | | | | |
|----|--------------------------------------|----|-----------------------|----------------|-----|
| 1p | Harald Goa Fagerheim 29,87(29,87) | 97 | Karmøy SK | 1.06,34 | 390 |
| 2p | Erlend Anfinen 36,27(36,27) | 97 | Sandnes SLK | 1.17,37 | 246 |
| 3 | Anders Nilsson 36,95(36,95) | 97 | Madla SK | 1.24,47 | 189 |
| 4 | Gord Behzadi 39,78(39,78) | 97 | Madla SK | 1.27,73 | 169 |
| 5 | Håkon Skogen 40,47(40,47) | 97 | Randaberg IL Svømming | 1.28,92 | 162 |
| 6 | Ben Davison 42,02(42,02) | 97 | Stavanger SC | 1.33,86 | 138 |
| | | | | 1.06,34(36,47) | |
| | | | | 1.17,37(41,10) | |
| | | | | 1.24,47(47,52) | |
| | | | | 1.27,73(47,95) | |
| | | | | 1.28,92(48,45) | |
| | | | | 1.33,86(51,84) | |

Klasse født 98

| | | | | | |
|----|--|----|--------------|----------------|-----|
| 1p | Axel Ravndal 36,51(36,51) | 98 | Sandnes SLK | 1.17,53 | 244 |
| 2 | Halvor Alvestad Larsen 37,20(37,20) | 98 | Karmøy SK | 1.21,01 | 214 |
| 3 | Sean Elias Buckland 47,64(47,64) | 98 | Haugesund SK | 1.45,18 | 98 |
| | | | | 1.17,53(41,02) | |
| | | | | 1.21,01(43,81) | |
| | | | | 1.45,18(57,54) | |

Klasse født 99

| | | | | | |
|----|---------------------------------------|----|-------------|------------------|-----|
| 1p | Truls Wigdel 42,69(42,69) | 99 | Madla SK | 1.31,05 | 151 |
| 2p | Ole André Wigestrands 46,14(46,14) | 99 | Sandnes SLK | 1.41,34 | 109 |
| 3 | Tord Østenstad Fjell 47,18(47,18) | 99 | Karmøy SK | 1.44,69 | 99 |
| 4 | Mads Vestly 47,77(47,77) | 99 | Sandnes SLK | 1.48,65 | 89 |
| 5 | Magnus Ravndal 51,29(51,29) | 99 | Sola SK | 1.49,44 | 87 |
| | | | | 1.31,05(48,36) | |
| | | | | 1.41,34(55,20) | |
| | | | | 1.44,69(57,51) | |
| | | | | 1.48,65(1.00,88) | |
| | | | | 1.49,44(58,15) | |

Øvelse 19. 100m rygg, damer

Klasse født 94

| | | | | | | |
|----|-----------------------------------|----|------------|--------|----------------|-----|
| 1p | Signe Birch Moltu 39,56(39,56) | 94 | Frisinn SK | (1,10) | 1.22,83 | 296 |
| | | | | | 1.22,83(43,27) | |

Klasse født 95

| | | | | | | |
|----|--|----|--------------|--------|----------------|-----|
| 1p | Ingalill Urrang Naustvik 35,86(35,86) | 95 | Karmøy SK | (0,79) | 1.13,68 | 421 |
| 2p | Stine Marie Anderssen 38,16(38,16) | 95 | Sandnes SLK | (0,93) | 1.17,99 | 355 |
| 3 | Anna Teetzmann 38,31(38,31) | 95 | Stord IL | (1,61) | 1.18,36 | 350 |
| 4 | Malin Haga 37,55(37,55) | 95 | Stavanger SC | (0,76) | 1.20,36 | 325 |
| | | | | | 1.20,36(42,81) | |

Klasse født 96

| | | | | | | |
|----|--|----|------------------|--------|----------------|-----|
| 1p | Thea Bowitz Nedregaard 35,48(35,48) | 96 | Sandnes SLK | (0,72) | 1.13,47 | 425 |
| 2p | Susan Ultee 36,21(36,21) | 96 | Frisinn SK | (0,74) | 1.15,27 | 395 |
| 3 | Thea Støle 41,20(41,20) | 96 | Frisinn SK | (0,88) | 1.24,64 | 278 |
| 4 | Ida Oftedal Bjøntegård 40,57(40,57) | 96 | Haugesund SK | (0,82) | 1.25,68 | 268 |
| 5 | Runa Vatna Sandmoen 42,00(42,00) | 96 | Frisinn SK | (0,87) | 1.28,40 | 244 |
| | Cathrine Fosso Sortland | 96 | Etne svømmeklubb | (0,92) | DISK | |
| | | | | | 1.28,40(46,40) | |

Klasse født 97

| | | | | | | |
|----|--|----|-----------------------|--------|----------------|-----|
| 1p | Siril Therese Follo Bårtvedt 37,57(37,57) | 97 | Sandnes SLK | (1,06) | 1.17,07 | 368 |
| 2 | Johanne Sørbo Larsen 48,73(48,73) | 97 | Randaberg IL Svømming | | 1.40,77 | 165 |
| | | | | | 1.40,77(52,04) | |

Klasse født 98

| | | | | | | |
|----|--|----|-----------|--------|----------------|-----|
| 1p | Victoria Birkelid Langaker 49,24(49,24) | 98 | Karmøy SK | (0,74) | 1.39,37 | 172 |
| | | | | | 1.39,37(50,13) | |

Klasse født 99

| | | | | | | |
|----|-------------------------------|----|--------------|--------|------------------|-----|
| 1p | Marie Sveingaard | 99 | Stavanger SC | (0,78) | 1.38,11 | 178 |
| 2 | Nora Sandvoll 54,67(54,67) | 99 | Frisinn SK | (1,00) | 1.55,02 | 111 |
| | | | | | 1.38,11(1.38,11) | |
| | | | | | 1.55,02(1.00,35) | |

Klasse født 00

| | | | | | | |
|----|---------------------------------------|----|--------------|--------|------------------|-----|
| 1p | Maria Storstein 48,42(48,42) | 00 | Karmøy SK | (0,76) | 1.36,74 | 186 |
| 2p | Emma Østenstad 47,87(47,87) | 00 | Haugesund SK | (0,79) | 1.37,10 | 184 |
| 3 | Ulva Kristine Bray | 00 | Haugesund SK | (0,75) | 1.37,74 | 180 |
| 4 | Fanny Thorsen 51,28(51,28) | 00 | Haugesund SK | (0,81) | 1.40,71 | 165 |
| 5 | Mona Kathrine Behzadi 49,63(49,63) | 00 | Madla SK | (0,76) | 1.44,48 | 148 |
| | | | | | 1.37,10(49,23) | |
| | | | | | 1.37,74(1.37,74) | |
| | | | | | 1.40,71(49,43) | |
| | | | | | 1.44,48(54,85) | |

Klasse født 01 - Alfabetisk

| | | | | | |
|--|--------------------|----|-----------------------------|----------------|-----|
| | Emilia H Bjelancic | 01 | Randaberg IL Svømming(0,70) | 1.41,60 | 161 |
| | 49,33(49,33) | | | 1.41,60(52,27) | |

Øvelse 20. 100m rygg, herrer**Klasse født 93**

| | | | | | | |
|----|------------------|----|--------------|--------|----------------|-----|
| 1p | Sander Rødje | 93 | Haugesund SK | (0,65) | 1.00,00 | 543 |
| | 29,18(29,18) | | | | 1.00,00(30,82) | |
| 2 | Thomas Brustveit | 93 | Sandnes SLK | (0,77) | 1.01,39 | 507 |
| | 29,71(29,71) | | | | 1.01,39(31,68) | |

Klasse født 95

| | | | | | | |
|----|------------------------|----|----------|--------|----------------|-----|
| 1p | Anders Lothe Losnegård | 95 | Stord IL | (1,34) | 1.21,41 | 217 |
| | 38,60(38,60) | | | | 1.21,41(42,81) | |

Klasse født 96

| | | | | | | |
|----|------------------|----|--------------|--------|----------------|-----|
| 1p | Knut Andre Sande | 96 | Sandnes SLK | (0,68) | 1.20,15 | 228 |
| | 38,31(38,31) | | | | 1.20,15(41,84) | |
| 2 | Haakon Buckland | 96 | Haugesund SK | (0,83) | 1.26,22 | 183 |
| | 41,49(41,49) | | | | 1.26,22(44,73) | |

Klasse født 98

| | | | | | | |
|----|-------------------------|----|--------------|--------|----------------|-----|
| 1p | Eirik Rønneberg Bustnes | 98 | Sandnes SLK | (0,72) | 1.29,51 | 163 |
| | 43,43(43,43) | | | | 1.29,51(46,08) | |
| | Ole Jørmeland | 98 | Stavanger SC | (0,80) | DISK | |

Klasse født 99

| | | | | | | |
|--|--------------------------|----|--------------|--------|------|--|
| | Vigar Opedal Fyllingsnes | 99 | Stavanger SC | (0,74) | DISK | |
|--|--------------------------|----|--------------|--------|------|--|

Klasse født 00

| | | | | | | |
|----|-------------------------|----|-----------|--------|----------------|-----|
| 1p | Johs Seeberg | 00 | Karmøy SK | (1,03) | 1.42,93 | 107 |
| | 50,44(50,44) | | | | 1.42,93(52,49) | |
| 2 | Vermund Skogland Høgset | 00 | Karmøy SK | (0,74) | 1.50,28 | 87 |
| | 53,62(53,62) | | | | 1.50,28(56,66) | |

Øvelse 21. 200m bryst, damer**Klasse født 92**

| | | | | | | |
|----|-----------------------|----|--------------|--|----------------|-----|
| 1p | Elisabeth Kristiansen | 92 | Haugesund SK | | 2.50,41 | 492 |
| | 38,30(38,30) | | | | 2.50,41(43,88) | |
| | | | | | 2.06,53(44,43) | |

Klasse født 95

| | | | | | | |
|----|---------------------|----|--------------|--|----------------|-----|
| 1p | Maren Lootz Aarthun | 95 | Stavanger SC | | 3.02,70 | 400 |
| | 40,62(40,62) | | | | 3.02,70(48,77) | |
| | | | | | 2.13,93(48,22) | |
| 2 | Vibeke Todnem | 95 | Sandnes SLK | | 3.16,12 | 323 |
| | 45,71(45,71) | | | | 3.16,12(48,03) | |
| | | | | | 2.28,09(51,87) | |

| | | | | | |
|---|---------------------------------------|----|------------------------------|---------------------------|-----|
| 3 | Silje Chirico Indrebø 45,34(45,34) | 95 | Frisinn SK 2.28,15(52,38) | 3.21,11 3.21,11(52,96) | 300 |
|---|---------------------------------------|----|------------------------------|---------------------------|-----|

Klasse født 96

| | | | | | |
|----|--------------------------------------|----|----------------------------------|---------------------------|-----|
| 1p | Lisa Aaslestad 41,23(41,23) | 96 | Sandnes SLK 2.14,62(47,57) | 3.03,38 3.03,38(48,76) | 395 |
| 2p | Ingrid Marie Thorsen 42,30(42,30) | 96 | Haugesund SK 2.19,11(48,21) | 3.05,52 3.05,52(46,41) | 382 |
| 3p | Lotte Stang Aune 45,08(45,08) | 96 | Stavanger SC 2.27,16(51,63) | 3.18,48 3.18,48(51,32) | 312 |
| 4 | Sunniva Volden 45,78(45,78) | 96 | Sandnes SLK 2.28,18(51,62) | 3.19,00 3.19,00(50,82) | 309 |
| 5 | Emily Bådsvik 47,25(47,25) | 96 | Frisinn SK 2.31,46(52,44) | 3.21,59 3.21,59(50,13) | 297 |
| 6 | Marthe Gjøsæther 48,92(48,92) | 96 | Stord IL 2.37,65(54,60) | 3.28,49 3.28,49(50,84) | 269 |
| 7 | Elise Sandvoll 47,49(47,49) | 96 | Frisinn SK 2.39,68(57,64) | 3.34,69 3.34,69(55,01) | 246 |
| 8 | Liliana Håland 48,71(48,71) | 96 | Karmøy SK 2.42,27(57,64) | 3.39,26 3.39,26(56,99) | 231 |
| 9 | Karoline Bergfjord 51,26(51,26) | 96 | Stavanger SC 2.50,36(1.00,34) | 3.49,73 3.49,73(59,37) | 201 |

Klasse født 97

| | | | | | |
|----|------------------------------------|----|---|---------------------------|-----|
| 1p | Hanna Årsvoll Ryen 45,93(45,93) | 97 | Sandnes SLK 2.27,80(51,08) | 3.16,34 3.16,34(48,54) | 322 |
| 2p | Maren Øie 44,51(44,51) | 97 | Stavanger SC 2.29,17(53,06) | 3.21,54 3.21,54(52,37) | 298 |
| 3 | Hanne Hana Voss 48,45(48,45) | 97 | Randaberg IL Svømming 2.34,60(53,68) | 3.28,28 3.28,28(53,68) | 270 |
| 4 | Aneeka Knapp 48,53(48,53) | 97 | Sola SK 2.35,30(53,49) | 3.28,53 3.28,53(53,23) | 269 |
| 5 | Lise S Eiane 49,87(49,87) | 97 | Sola SK 2.38,28(54,58) | 3.31,57 3.31,57(53,29) | 257 |

Klasse født 98

| | | | | | |
|----|---|----|----------------------------------|-----------------------------|-----|
| 1p | Ulrikke Rein 42,99(42,99) | 98 | Madla SK 2.15,61(46,58) | 2.58,94 2.58,94(43,33) | 425 |
| 2p | Nina-Therese Storstein 42,92(42,92) | 98 | Karmøy SK 2.15,74(46,83) | 3.01,35 3.01,35(45,61) | 409 |
| 3p | Gina Alvestad 49,93(49,93) | 98 | Karmøy SK 2.40,01(54,93) | 3.33,74 3.33,74(53,73) | 250 |
| 4 | Vilde Aas Løken 49,41(49,41) | 98 | Stord IL 2.39,53(55,62) | 3.35,14 3.35,14(55,61) | 245 |
| 5 | May Idun Konow Grønseth 51,56(51,56) | 98 | Frisinn SK 2.44,56(56,72) | 3.36,29 3.36,29(51,73) | 241 |
| 6 | Andrea Edland 52,27(52,27) | 98 | Frisinn SK 2.45,27(56,36) | 3.40,33 3.40,33(55,06) | 228 |
| 7 | Elena Bergfjord 54,32(54,32) | 98 | Stavanger SC 2.59,73(1.02,56) | 4.00,33 4.00,33(1.00,60) | 176 |
| | Karoline Auestad Petterson | 98 | Madla SK | DISK | |

Klasse født 99

| | | | | | |
|----|-----------------------------------|----|---|-----------------------------|-----|
| 1p | Alina H Bjelancic 47,95(47,95) | 99 | Randaberg IL Svømming 2.34,25(53,19) | 3.25,92 3.25,92(51,67) | 279 |
| 2 | Sarah Parsberg Støle | 99 | Frisinn SK | 4.03,38 4.03,38(2.06,10) | 169 |

Øvelse 22. 200m bryst, herrer

Klasse født 93

| | | | | | |
|----|-------------------|----------------|-----------------------|----------------|-----|
| 1p | Øystein Fjeldberg | 93 | Randaberg IL Svømming | 2.35,25 | 470 |
| | 34,86(34,86) | 1.13,96(39,10) | 1.54,49(40,53) | 2.35,25(40,76) | |

Klasse født 94

| | | | | | |
|----|------------------------|----------------|----------------|----------------|-----|
| 1p | Fredrik Knutsen Hegdal | 94 | Stavanger SC | 2.40,65 | 424 |
| | 36,93(36,93) | 1.18,40(41,47) | 1.59,78(41,38) | 2.40,65(40,87) | |

Klasse født 95

| | | | | | |
|----|------------------------|----------------|----------------|----------------|-----|
| 1p | Alexander Marki Mork | 95 | Stavanger SC | 2.37,86 | 447 |
| | 35,21(35,21) | 1.15,69(40,48) | 1.57,17(41,48) | 2.37,86(40,69) | |
| 2 | Ivan Aleksander Larsen | 95 | Karmøy SK | 2.38,30 | 443 |
| | 36,80(36,80) | 1.17,98(41,18) | 1.58,46(40,48) | 2.38,30(39,84) | |

Klasse født 96

| | | | | | |
|----|--------------------------------|----------------|------------------|----------------|-----|
| 1p | Martin Langeland-Knutsen | 96 | Sola SK | 2.52,91 | 340 |
| | 38,77(38,77) | 1.23,38(44,61) | 2.08,47(45,09) | 2.52,91(44,44) | |
| 2p | Sondre Møll | 96 | Stavanger SC | 3.01,58 | 293 |
| | 41,05(41,05) | 1.28,02(46,97) | 2.15,11(47,09) | 3.01,58(46,47) | |
| 3 | Tobias Gellein | 96 | Frisinn SK | 3.22,85 | 211 |
| | 44,68(44,68) | 1.36,39(51,71) | 2.29,78(53,39) | 3.22,85(53,07) | |
| 4 | Kristian Gunnarshaug | 96 | Haugesund SK | 3.31,47 | 186 |
| | 47,86(47,86) | 1.42,34(54,48) | 2.37,08(54,74) | 3.31,47(54,39) | |
| 5 | Aleksander Stangeland Pedersen | 96 | Sandnes SLK | 3.49,77 | 145 |
| | 51,63(51,63) | 1.51,23(59,60) | 2.52,53(1.01,30) | 3.49,77(57,24) | |

Klasse født 97

| | | | | | |
|----|-------------------------|----------------|-----------------------|----------------|-----|
| 1p | Harald Goa Fagerheim | 97 | Karmøy SK | 3.00,00 | 301 |
| | 40,34(40,34) | 1.26,31(45,97) | 2.13,27(46,96) | 3.00,00(46,73) | |
| 2p | Gord Behzadi | 97 | Madla SK | 3.17,53 | 228 |
| | 45,73(45,73) | 1.36,05(50,32) | 2.27,48(51,43) | 3.17,53(50,05) | |
| 3 | Håkon Skogen | 97 | Randaberg IL Svømming | 3.36,11 | 174 |
| | 49,66(49,66) | 1.45,13(55,47) | 2.41,64(56,51) | 3.36,11(54,47) | |
| 4 | Anders Nilsson | 97 | Madla SK | 3.38,56 | 168 |
| | 48,41(48,41) | 1.46,51(58,10) | 2.42,57(56,06) | 3.38,56(55,99) | |
| 5 | Johannes Kahlbom Wathne | 97 | Frisinn SK | 3.51,41 | 142 |
| | 52,66(52,66) | 1.51,81(59,15) | 2.51,64(59,83) | 3.51,41(59,77) | |

Klasse født 98

| | | | | | |
|----|-------------------------|----------------|----------------|----------------|-----|
| 1p | Aleksander Petter Olsen | 98 | Sandnes SLK | 3.18,40 | 225 |
| | 46,44(46,44) | 1.37,78(51,34) | 2.29,35(51,57) | 3.18,40(49,05) | |
| 2p | Halvor Alvestad Larsen | 98 | Karmøy SK | 3.23,42 | 209 |
| | 45,72(45,72) | 1.38,25(52,53) | 2.31,50(53,25) | 3.23,42(51,92) | |
| 3 | Jonas Østenstad | 98 | Haugesund SK | 3.27,37 | 197 |
| | 46,95(46,95) | 1.40,60(53,65) | 2.34,32(53,72) | 3.27,37(53,05) | |
| 4 | Eirik Rønneberg Bustnes | 98 | Sandnes SLK | 3.46,58 | 151 |
| | 52,23(52,23) | 1.50,69(58,46) | 2.49,90(59,21) | 3.46,58(56,68) | |
| | Even Bergfjord | 98 | Stavanger SC | DISK | |

Klasse født 99

| | | | | | |
|----|-------------------|----------------|----------------|----------------|-----|
| 1p | Truls Wigdel | 99 | Madla SK | 3.27,45 | 197 |
| | 47,80(47,80) | 1.41,44(53,64) | 2.35,07(53,63) | 3.27,45(52,38) | |
| 2p | Jens Petter Turøy | 99 | Stavanger SC | 3.45,04 | 154 |
| | 51,04(51,04) | 1.48,83(57,79) | 2.48,10(59,27) | 3.45,04(56,94) | |

| | | | | | |
|---|---------------------------------------|----|---------------------------------|-----------------------------|-----|
| 3 | Ole André Wigestrands 56,29(56,29) | 99 | Sandnes SLK 3.00,66(1.02,17) | 4.00,61 4.00,61(59,95) | 126 |
| 4 | Tord Østenstad Fjell 57,75(57,75) | 99 | Karmøy SK 3.05,37(1.02,87) | 4.05,76 4.05,76(1.00,39) | 118 |
| | | | | | |

Øvelse 23. 50m bryst, damer**Klasse født 95**

| | | | | | |
|----|--------------------------|----|-------------|-------|-----|
| 1p | Ingalill Urrang Naustvik | 95 | Karmøy SK | 34,62 | 576 |
| 2p | Stine Marie Anderssen | 95 | Sandnes SLK | 40,06 | 372 |
| 3 | Anna Teetzmann | 95 | Stord IL | 41,96 | 323 |
| 4 | Vibeke Todnem | 95 | Sandnes SLK | 42,57 | 310 |
| 5 | Silje Chirico Indrebø | 95 | Frisinn SK | 45,26 | 258 |

Klasse født 96

| | | | | | |
|----|-----------------------|----|--------------|-------|-----|
| 1p | Runa Vatna Sandmoen | 96 | Frisinn SK | 44,87 | 264 |
| 2 | Karoline Folgerø Dale | 96 | Stord IL | 45,35 | 256 |
| 3 | Karoline Bergfjord | 96 | Stavanger SC | 47,60 | 221 |

Klasse født 97

| | | | | | |
|----|-------------------------|----|------------------|---------|-----|
| 1p | Lene Gjøsaether | 97 | Stord IL | 46,00 | 245 |
| 2p | Johanna Norheim Knutson | 97 | Etne svømmeklubb | 49,27 | 200 |
| 3 | Anne Lien | 97 | Etne svømmeklubb | 52,46 | 165 |
| 4 | Lilly Lilledal | 97 | Etne svømmeklubb | 1.00,21 | 109 |
| 5 | Martine Myklebust | 97 | Etne svømmeklubb | 1.07,80 | 77 |

Klasse født 98

| | | | | | |
|----|--------------------|----|--------------|-------|-----|
| 1p | Vilde E. Stokkenes | 98 | Haugesund SK | 43,13 | 298 |
|----|--------------------|----|--------------|-------|-----|

Klasse født 99

| | | | | | |
|----|--------------------------|----|-----------------------|-------|-----|
| 1p | Johanne Heines Pettersen | 99 | Randaberg IL Svømming | 40,28 | 366 |
| 2 | Marie Sveingard | 99 | Stavanger SC | 47,44 | 224 |

Klasse født 00

| | | | | | |
|----|-----------------------------|----|--------------|-------|-----|
| 1p | Fanny Thorsen | 00 | Haugesund SK | 48,36 | 211 |
| 2p | Maria Storstein | 00 | Karmøy SK | 50,74 | 183 |
| 3 | Synneva Aarekol Johannessen | 00 | Karmøy SK | 53,30 | 158 |
| | Helene Baxter | 00 | Stavanger SC | DISK | |

Klasse født 01 - Alfabetisk

| | | | | | |
|--|--------------------|----|-----------------------|-------|-----|
| | Emilia H Bjelancic | 01 | Randaberg IL Svømming | 55,63 | 139 |
|--|--------------------|----|-----------------------|-------|-----|

Øvelse 24. 50m bryst, herrer**Klasse født 92**

| | | | | | |
|----|------------------|----|-------------|-------|-----|
| 1p | Glenn Skjæveland | 92 | Sandnes SLK | 33,13 | 443 |
|----|------------------|----|-------------|-------|-----|

Klasse født 95

| | | | | | |
|----|-------------------------|----|-------------|-------|-----|
| 1p | Jørgen Tufteskog Spanne | 95 | Sandnes SLK | 40,53 | 242 |
| 2 | Ørjan Aase | 95 | Karmøy SK | 45,59 | 170 |

Klasse født 96

| | | | | | |
|----|---------------|----|--------------|-------|-----|
| 1p | Benjamin Alic | 96 | Haugesund SK | 39,04 | 271 |
|----|---------------|----|--------------|-------|-----|

Klasse født 98

| | | | | | |
|----|-------------------|----|--------------|---------|-----|
| 1p | Eivind Bjelland | 98 | Haugesund SK | 42,16 | 215 |
| 2p | Kristian Endresen | 98 | Haugesund SK | 43,78 | 192 |
| 3 | Even Bergfjord | 98 | Stavanger SC | 48,56 | 141 |
| 4 | Jonas Birkeland | 98 | Stavanger SC | 1.14,08 | 40 |

Klasse født 99

| | | | | | |
|----|--------------------------|----|--------------|-------|-----|
| 1p | Mads Vestly | 99 | Sandnes SLK | 46,66 | 158 |
| 2p | Magnus Ravndal | 99 | Sola SK | 47,92 | 146 |
| 3 | Johannes Kallevik | 99 | Haugesund SK | 53,66 | 104 |
| 4 | Ådne Møll | 99 | Stavanger SC | 54,55 | 99 |
| 5 | Sander Michael Haga | 99 | Stavanger SC | 55,77 | 93 |
| 6 | Vigar Opedal Fyllingsnes | 99 | Stavanger SC | 56,11 | 91 |

Klasse født 00

| | | | | | |
|----|-----------------------------|----|------------------|-------|-----|
| 1p | Vermund Skogland Høgset | 00 | Karmøy SK | 48,24 | 143 |
| 2 | Andrè Klippenberg Grindheim | 00 | Etne svømmeklubb | 52,30 | 113 |

Klasse født 01 - Alfabetisk

| | | | | | |
|--|----------------|----|--------------|--|------|
| | Sebastian Ajmi | 01 | Stavanger SC | | DISK |
|--|----------------|----|--------------|--|------|

Øvelse 25. 100m fri, damer**Klasse født 93**

| | | | | | |
|----|--------------------------------|----|--------------|----------------|-----|
| 1p | Vanja Brunsvik 33,73(33,73) | 93 | Haugesund SK | 1.11,49 | 363 |
| | | | | 1.11,49(37,76) | |

Klasse født 94

| | | | | | |
|----|-----------------------------------|----|--------------|----------------|-----|
| 1p | Silje Lilledahl 32,78(32,78) | 94 | Haugesund SK | 1.08,94 | 405 |
| | | | | 1.08,94(36,16) | |
| 2 | Signe Birch Moltu 34,15(34,15) | 94 | Frisinn SK | 1.11,44 | 364 |
| | | | | 1.11,44(37,29) | |

Klasse født 95

| | | | | | |
|----|----------------------------|----|--------------|----------------|-----|
| 1p | Ane Nygård 29,01(29,01) | 95 | Stavanger SC | 1.01,24 | 578 |
| | | | | 1.01,24(32,23) | |

Klasse født 96

| | | | | | |
|----|---------------------------------------|----|--------------|----------------|-----|
| 1p | Emilie Knutsen Hegdal 31,57(31,57) | 96 | Stavanger SC | 1.05,39 | 475 |
| | | | | 1.05,39(33,82) | |
| 2p | Ingeborg Jørmeland 31,70(31,70) | 96 | Stavanger SC | 1.05,73 | 467 |
| | | | | 1.05,73(34,03) | |
| 3p | Camilla Birkeland | 96 | Haugesund SK | 1.07,11 | 439 |

| | | | | |
|----|--|----------------------|------------------|-------------|
| | 31,05(31,05) | 1.07,11(36,06) | | |
| 4p | Thea Bowitz Nedregaard 32,61(32,61) | 96 1.07,82(35,21) | Sandnes SLK | 1.07,82 425 |
| 5 | Regine Sjørdal Lindanger 32,94(32,94) | 96 1.08,55(35,61) | Frisinn SK | 1.08,55 412 |
| 6 | Sunniva Volden 33,86(33,86) | 96 1.11,39(37,53) | Sandnes SLK | 1.11,39 365 |
| 7 | Marthe Gjøsæther 33,52(33,52) | 96 1.11,79(38,27) | Stord IL | 1.11,79 359 |
| 8 | Ida Oftedal Bjøntegård 35,75(35,75) | 96 1.14,24(38,49) | Haugesund SK | 1.14,24 324 |
| 9 | Karoline Folgerø Dale 36,92(36,92) | 96 1.17,00(40,08) | Stord IL | 1.17,00 291 |
| 10 | Karoline Bergfjord 40,56(40,56) | 96 1.27,26(46,70) | Stavanger SC | 1.27,26 200 |
| 11 | Liliana Håland 41,16(41,16) | 96 1.32,53(51,37) | Karmøy SK | 1.32,53 168 |
| 12 | Cathrine Fosso Sortland 45,98(45,98) | 96 1.39,67(53,69) | Etne svømmeklubb | 1.39,67 134 |

Klasse født 97

| | | | | |
|----|--|------------------------|-----------------------|-------------|
| 1p | Siril Therese Follo Bårtvedt 33,51(33,51) | 97 1.08,71(35,20) | Sandnes SLK | 1.08,71 409 |
| 2p | Lene Gjøsæther 37,63(37,63) | 97 1.19,21(41,58) | Stord IL | 1.19,21 267 |
| 3p | Johanne Sørbo Larsen 41,58(41,58) | 97 1.29,07(47,49) | Randaberg IL Svømming | 1.29,07 188 |
| 4 | Martine Myklebust 45,32(45,32) | 97 1.37,18(51,86) | Etne svømmeklubb | 1.37,18 145 |
| 5 | Anne Lien 45,62(45,62) | 97 1.44,11(58,49) | Etne svømmeklubb | 1.44,11 118 |
| 6 | Johanna Norheim Knutson 50,71(50,71) | 97 1.48,70(57,99) | Etne svømmeklubb | 1.48,70 103 |
| 7 | Lilly Lilledal 54,65(54,65) | 97 1.59,20(1.04,55) | Etne svømmeklubb | 1.59,20 78 |

Klasse født 98

| | | | | |
|----|--|----------------------|-----------|-------------|
| 1p | Victoria Birkelid Langaker 35,74(35,74) | 98 1.15,14(39,40) | Karmøy SK | 1.15,14 313 |
|----|--|----------------------|-----------|-------------|

Klasse født 99

| | | | | |
|----|--|----------------------|-----------------------|-------------|
| 1p | Alina H Bjelancic 34,21(34,21) | 99 1.10,35(36,14) | Randaberg IL Svømming | 1.10,35 381 |
| 2 | Johanne Heines Pettersen 33,84(33,84) | 99 1.11,05(37,21) | Randaberg IL Svømming | 1.11,05 370 |
| 3 | Sarah Parsberg Støle 42,84(42,84) | 99 1.32,67(49,83) | Frisinn SK | 1.32,67 167 |

Klasse født 00

| | | | | |
|----|---|----------------------|--------------|-------------|
| 1p | Synneva Aarekol Johannessen 40,92(40,92) | 00 1.25,60(44,68) | Karmøy SK | 1.25,60 212 |
| 2 | Ulva Kristine Bray 44,44(44,44) | 00 1.31,21(46,77) | Haugesund SK | 1.31,21 175 |
| 3 | Helene Baxter 50,45(50,45) | 00 1.48,96(58,51) | Stavanger SC | 1.48,96 103 |

Klasse født 01 - Alfabetisk

| | | | | |
|--|------------------------------------|----------------------|-----------------------|-------------|
| | Emilia H Bjelancic 42,22(42,22) | 01 1.28,84(46,62) | Randaberg IL Svømming | 1.28,84 189 |
|--|------------------------------------|----------------------|-----------------------|-------------|

Øvelse 26. 100m fri, herrer**Klasse født 92**

| | | | | | |
|----|------------------|----------------|--------------|---------|-----|
| 1p | Sindre Lilledahl | 92 | Haugesund SK | 57,22 | 484 |
| | 27,91(27,91) | 57,22(29,31) | | | |
| 2 | Glenn Skjæveland | 92 | Sandnes SLK | 58,02 | 465 |
| | 27,91(27,91) | 58,02(30,11) | | | |
| 3 | Jan-Ove Lytomt | 92 | Sandnes SLK | 1.03,27 | 358 |
| | 30,05(30,05) | 1.03,27(33,22) | | | |

Klasse født 93

| | | | | | |
|----|---------------------|--------------|-----------------------|-------|-----|
| 1p | Sander Rødje | 93 | Haugesund SK | 54,10 | 573 |
| | 26,32(26,32) | 54,10(27,78) | | | |
| 2p | Øystein Fjeldberg | 93 | Randaberg IL Svømming | 56,27 | 509 |
| | 27,45(27,45) | 56,27(28,82) | | | |
| 3 | Henry Ravndal | 93 | Sandnes SLK | 56,41 | 506 |
| | 27,18(27,18) | 56,41(29,23) | | | |
| 4 | Thorbjørn Birkeland | 93 | Haugesund SK | 56,59 | 501 |
| | 27,37(27,37) | 56,59(29,22) | | | |
| 5 | Thomas Brustveit | 93 | Sandnes SLK | 57,94 | 467 |
| | 28,59(28,59) | 57,94(29,35) | | | |

Klasse født 94

| | | | | | |
|----|---------------|--------------|--------------|-------|-----|
| 1p | Trond Vasslag | 94 | Stavanger SC | 59,54 | 430 |
| | 28,76(28,76) | 59,54(30,78) | | | |

Klasse født 95

| | | | | | |
|----|--------------------------|----------------|--------------|---------|-----|
| 1p | Ole Martin Turøy | 95 | Stavanger SC | 58,41 | 455 |
| | 28,19(28,19) | 58,41(30,22) | | | |
| 2p | Ivan Aleksander Larsen | 95 | Karmøy SK | 58,46 | 454 |
| | 28,05(28,05) | 58,46(30,41) | | | |
| 3p | Anders Lindanger | 95 | Stavanger SC | 1.02,50 | 372 |
| | 29,12(29,12) | 1.02,50(33,38) | | | |
| 4 | Jørgen Tufte Skog Spanne | 95 | Sandnes SLK | 1.07,49 | 295 |
| | 32,14(32,14) | 1.07,49(35,35) | | | |
| 5 | Anders Lothe Losnegård | 95 | Stord IL | 1.07,62 | 294 |
| | 30,97(30,97) | 1.07,62(36,65) | | | |
| 6 | Håvard Lapin | 95 | Sandnes SLK | 1.09,06 | 276 |
| | 34,33(34,33) | 1.09,06(34,73) | | | |
| 7 | Ørjan Aase | 95 | Karmøy SK | 1.16,18 | 205 |
| | 36,29(36,29) | 1.16,18(39,89) | | | |

Klasse født 96

| | | | | | |
|----|----------------------|------------------|--------------|---------|-----|
| 1p | Erik Andre Klepp Vik | 96 | Sandnes SLK | 1.05,10 | 329 |
| | 30,68(30,68) | 1.05,10(34,42) | | | |
| 2p | Torstein Myklebust | 96 | Frisinn SK | 1.06,66 | 306 |
| | | 1.06,66(1.06,66) | | | |
| 3 | Knut Andre Sande | 96 | Sandnes SLK | 1.08,68 | 280 |
| | 32,83(32,83) | 1.08,68(35,85) | | | |
| 4 | Haakon Buckland | 96 | Haugesund SK | 1.10,86 | 255 |
| | 34,31(34,31) | 1.10,86(36,55) | | | |
| 5 | Kristian Gunnarshaug | 96 | Haugesund SK | 1.24,85 | 149 |
| | 40,64(40,64) | 1.24,85(44,21) | | | |

Klasse født 98

| | | | | | |
|----|--------------|----|-------------|---------|-----|
| 1p | Axel Ravndal | 98 | Sandnes SLK | 1.07,84 | 291 |
|----|--------------|----|-------------|---------|-----|

| | | | | | |
|---|-------------------|----------------|--------------|---------|-----|
| | 32,67(32,67) | 1.07,84(35,17) | | | |
| 2 | Kristian Endresen | 98 | Haugesund SK | 1.13,87 | 225 |
| | 35,32(35,32) | 1.13,87(38,55) | | | |
| 3 | Ole Jørmeland | 98 | Stavanger SC | 1.28,95 | 129 |
| | 43,55(43,55) | 1.28,95(45,40) | | | |

Klasse født 99

| | | | | | |
|----|--------------------------|----------------|--------------|---------|-----|
| 1p | Truls Wigdel | 99 | Madla SK | 1.14,39 | 220 |
| | 36,02(36,02) | 1.14,39(38,37) | | | |
| 2p | Tord Østenstad Fjell | 99 | Karmøy SK | 1.22,84 | 160 |
| | 39,47(39,47) | 1.22,84(43,37) | | | |
| 3 | Vigar Opedal Fyllingsnes | 99 | Stavanger SC | 1.38,20 | 96 |
| | 44,62(44,62) | 1.38,20(53,58) | | | |
| 4 | Sander Michael Haga | 99 | Stavanger SC | 1.53,41 | 62 |
| | 53,92(53,92) | 1.53,41(59,49) | | | |
| | Ådne Møll | 99 | Stavanger SC | DISK | |

Klasse født 00

| | | | | | |
|----|-----------------------------|----------------|------------------|---------|----|
| 1p | Johs Seeberg | 00 | Karmøy SK | 1.37,06 | 99 |
| | 46,88(46,88) | 1.37,06(50,18) | | | |
| 2 | Andrè Klippenberg Grindheim | 00 | Etne svømmeklubb | 1.38,20 | 96 |
| | 47,30(47,30) | 1.38,20(50,90) | | | |

Øvelse 27. 200m individuell medley, damer**Klasse født 92**

| | | | | | |
|----|-----------------------|----------------|----------------|----------------|-----|
| 1p | Elisabeth Kristiansen | 92 | Haugesund SK | 2.27,26 | 606 |
| | 30,99(30,99) | 1.07,43(36,44) | 1.52,01(44,58) | 2.27,26(35,25) | |

Klasse født 95

| | | | | | |
|----|--------------------------|----------------|----------------|----------------|-----|
| 1p | Ingalill Urrang Naustvik | 95 | Karmøy SK | 2.31,44 | 557 |
| | 31,73(31,73) | 1.11,86(40,13) | 1.55,11(43,25) | 2.31,44(36,33) | |
| 2p | Amalie Kristiansen | 95 | Haugesund SK | 2.34,48 | 525 |
| | 32,79(32,79) | 1.12,56(39,77) | 1.58,73(46,17) | 2.34,48(35,75) | |
| 3 | Maren Lootz Aarthun | 95 | Stavanger SC | 2.55,49 | 358 |
| | 39,46(39,46) | 1.25,58(46,12) | 2.11,24(45,66) | 2.55,49(44,25) | |
| 4 | Anna Teetzmann | 95 | Stord IL | 2.58,12 | 342 |
| | 40,74(40,74) | 1.25,82(45,08) | 2.16,80(50,98) | 2.58,12(41,32) | |

Klasse født 96

| | | | | | |
|----|----------------------|------------------|----------------|----------------|-----|
| 1p | Ingrid Marie Thorsen | 96 | Haugesund SK | 2.49,46 | 398 |
| | 38,33(38,33) | 1.22,09(43,76) | 2.12,27(50,18) | 2.49,46(37,19) | |
| 2p | Susan Ultee | 96 | Frisinn SK | 2.49,82 | 395 |
| | 37,91(37,91) | 1.20,15(42,24) | 2.10,61(50,46) | 2.49,82(39,21) | |
| 3p | Lisa Aaslestad | 96 | Sandnes SLK | 2.50,47 | 390 |
| | 37,30(37,30) | 1.23,18(45,88) | 2.10,72(47,54) | 2.50,47(39,75) | |
| 4 | Emily Bådsvik | 96 | Frisinn SK | 2.54,15 | 366 |
| | 40,23(40,23) | 1.24,39(44,16) | 2.17,17(52,78) | 2.54,15(36,98) | |
| 5 | Elise Sandvoll | 96 | Frisinn SK | 3.07,33 | 294 |
| | 40,68(40,68) | 1.27,43(46,75) | 2.24,02(56,59) | 3.07,33(43,31) | |
| 6 | Runa Vatna Sandmoen | 96 | Frisinn SK | 3.07,97 | 291 |
| | 41,19(41,19) | 1.31,44(50,25) | 2.23,89(52,45) | 3.07,97(44,08) | |
| 7 | Liliana Håland | 96 | Karmøy SK | 3.48,20 | 163 |
| | 54,80(54,80) | 1.57,59(1.02,79) | 2.56,95(59,36) | 3.48,20(51,25) | |
| | Thea Støle | 96 | Frisinn SK | DISK | |

Klasse født 97

| | | | | | |
|----|--------------------|----------------|-----------------------|----------------|-----|
| 1p | Brita Stang Aune | 97 | Stavanger SC | 2.54,36 | 365 |
| | 38,68(38,68) | 1.23,43(44,75) | 2.15,11(51,68) | 2.54,36(39,25) | |
| 2p | Hanne Hana Voss | 97 | Randaberg IL Svømming | 2.56,33 | 353 |
| | 41,72(41,72) | 1.27,07(45,35) | 2.18,18(51,11) | 2.56,33(38,15) | |
| 3 | Hanna Årsvoll Ryen | 97 | Sandnes SLK | 3.00,42 | 329 |
| | 43,29(43,29) | 1.28,94(45,65) | 2.18,91(49,97) | 3.00,42(41,51) | |
| 4 | Aneeka Knapp | 97 | Sola SK | 3.03,12 | 315 |
| | 42,90(42,90) | 1.30,30(47,40) | 2.23,02(52,72) | 3.03,12(40,10) | |
| 5 | Maren Øie | 97 | Stavanger SC | 3.03,78 | 312 |
| | 39,90(39,90) | 1.27,84(47,94) | 2.20,75(52,91) | 3.03,78(43,03) | |
| 6 | Lise S Eiane | 97 | Sola SK | 3.04,30 | 309 |
| | 42,44(42,44) | 1.29,36(46,92) | 2.25,35(55,99) | 3.04,30(38,95) | |

Klasse født 98

| | | | | | |
|----|----------------------------|----------------|------------------|----------------|-----|
| 1p | Ulrikke Rein | 98 | Madla SK | 2.43,14 | 446 |
| | 37,00(37,00) | 1.20,85(43,85) | 2.06,77(45,92) | 2.43,14(36,37) | |
| 2p | Gina Alvestad | 98 | Karmøy SK | 3.01,93 | 321 |
| | 38,35(38,35) | 1.23,98(45,63) | 2.18,62(54,64) | 3.01,93(43,31) | |
| 3p | Andrea Edland | 98 | Frisinn SK | 3.10,02 | 282 |
| | 42,10(42,10) | 1.29,56(47,46) | 2.25,38(55,82) | 3.10,02(44,64) | |
| 4 | Victoria Birkelid Langaker | 98 | Karmøy SK | 3.16,88 | 253 |
| | 45,50(45,50) | 1.37,22(51,72) | 2.36,43(59,21) | 3.16,88(40,45) | |
| 5 | May Idun Konow Grønseth | 98 | Frisinn SK | 3.17,02 | 253 |
| | 45,23(45,23) | 1.35,90(50,67) | 2.30,89(54,99) | 3.17,02(46,13) | |
| 6 | Vilde Aas Løken | 98 | Stord IL | 3.18,19 | 248 |
| | 45,15(45,15) | 1.37,92(52,77) | 2.33,25(55,33) | 3.18,19(44,94) | |
| 7 | Karoline Auestad Petterson | 98 | Madla SK | 3.32,25 | 202 |
| | 52,04(52,04) | 1.44,51(52,47) | 2.43,99(59,48) | 3.32,25(48,26) | |
| 8 | Elena Bergfjord | 98 | Stavanger SC | 3.39,41 | 183 |
| | 54,25(54,25) | 1.50,10(55,85) | 2.50,93(1.00,83) | 3.39,41(48,48) | |
| | Nina-Therese Storstein | 98 | Karmøy SK | DISK | |

Klasse født 99

| | | | | | |
|----|---------------|----------------|------------------|----------------|-----|
| 1p | Nora Sandvoll | 99 | Frisinn SK | 3.34,95 | 195 |
| | 50,14(50,14) | 1.45,21(55,07) | 2.47,47(1.02,26) | 3.34,95(47,48) | |

Klasse født 00

| | | | | | |
|----|-----------------------------|------------------|------------------|----------------|-----|
| 1p | Maria Storstein | 00 | Karmøy SK | 3.25,81 | 222 |
| | 46,42(46,42) | 1.40,73(54,31) | 2.38,85(58,12) | 3.25,81(46,96) | |
| 2p | Emma Østenstad | 00 | Haugesund SK | 3.34,20 | 197 |
| | 1.47,74(1.47,74) | 2.49,26(1.01,52) | | 3.34,20(44,94) | |
| 3 | Synneva Aarekol Johannessen | 00 | Karmøy SK | 3.36,17 | 191 |
| | | 1.47,50(1.47,50) | 2.48,89(1.01,39) | 3.36,17(47,28) | |
| 4 | Ulva Kristine Bray | 00 | Haugesund SK | 3.41,40 | 178 |
| | 50,57(50,57) | 1.44,64(54,07) | 2.51,03(1.06,39) | 3.41,40(50,37) | |
| 5 | Mona Kathrine Behzadi | 00 | Madla SK | 3.50,01 | 159 |
| | 55,02(55,02) | 1.53,29(58,27) | 2.59,76(1.06,47) | 3.50,01(50,25) | |

Øvelse 28. 200m individuell medley, herrer

Klasse født 92

| | | | | | |
|----|-------------------|----------------|----------------|----------------|-----|
| 1p | Per Øystein Turøy | 92 | Stavanger SC | 2.18,95 | 517 |
| | 29,93(29,93) | 1.05,22(35,29) | 1.47,88(42,66) | 2.18,95(31,07) | |

Klasse født 94

| | | | | | |
|----|--|----|--------------------------------|---------------------------|-----|
| 1p | Fredrik Knutsen Hegdal 28,17(28,17) | 94 | Stavanger SC 1.42,50(40,70) | 2.12,73 2.12,73(30,23) | 594 |
|----|--|----|--------------------------------|---------------------------|-----|

Klasse født 95

| | | | | | |
|----|---|----|--------------------------------|---------------------------|-----|
| 1p | Olav Ravndal Skjølingstad 32,14(32,14) | 95 | Stavanger SC 2.00,30(46,09) | 2.41,10 2.41,10(40,80) | 332 |
|----|---|----|--------------------------------|---------------------------|-----|

Klasse født 96

| | | | | | |
|----|--|----|---------------------------------|---------------------------|-----|
| 1p | Morten Wee Hollund 28,84(28,84) | 96 | Karmøy SK 1.48,51(42,39) | 2.21,59 2.21,59(33,08) | 489 |
| 2p | Martin Langeland-Knutsen 33,35(33,35) | 96 | Sola SK 2.00,35(47,58) | 2.34,75 2.34,75(34,40) | 375 |
| 3 | Sondre Møll 33,41(33,41) | 96 | Stavanger SC 2.05,25(49,04) | 2.41,89 2.41,89(36,64) | 327 |
| 4 | Knut Andre Sande 37,64(37,64) | 96 | Sandnes SLK 2.11,55(49,88) | 2.49,48 2.49,48(37,93) | 285 |
| 5 | Tobias Gellein 42,51(42,51) | 96 | Frisinn SK 2.23,19(52,23) | 3.04,38 3.04,38(41,19) | 221 |
| 6 | Aleksander Stangeland Pedersen 39,76(39,76) | 96 | Sandnes SLK 2.28,81(1.00,00) | 3.05,89 3.05,89(37,08) | 216 |

Klasse født 97

| | | | | | |
|----|---|----|---|---------------------------|-----|
| 1p | Gord Behzadi 41,01(41,01) | 97 | Madla SK 2.15,18(49,95) | 2.53,32 2.53,32(38,14) | 267 |
| 2p | Anders Nilsson 39,29(39,29) | 97 | Madla SK 2.20,75(53,45) | 3.00,25 3.00,25(39,50) | 237 |
| 3 | Håkon Skogen 41,93(41,93) | 97 | Randaberg IL Svømming 2.26,89(54,95) | 3.06,76 3.06,76(39,87) | 213 |
| 4 | Ben Davison 42,00(42,00) | 97 | Stavanger SC 2.27,81(57,77) | 3.09,59 3.09,59(41,78) | 204 |
| 5 | Johannes Kahlbom Wathne 47,57(47,57) | 97 | Frisinn SK 2.39,73(59,32) | 3.18,79 3.18,79(39,06) | 177 |
| | Erlend Anfinsen | 97 | Sandnes SLK | DISK | |

Klasse født 98

| | | | | | |
|----|---|----|----------------------------------|---------------------------|-----|
| 1p | Axel Ravndal 36,86(36,86) | 98 | Sandnes SLK 2.10,32(48,34) | 2.48,04 2.48,04(37,72) | 293 |
| 2p | Halvor Alvestad Larsen 37,55(37,55) | 98 | Karmøy SK 2.15,38(54,08) | 2.56,61 2.56,61(41,23) | 252 |
| 3 | Jonas Østenstad 44,46(44,46) | 98 | Haugesund SK 2.23,52(54,84) | 3.02,89 3.02,89(39,37) | 227 |
| 4 | Eirik Rønneberg Bustnes 54,62(54,62) | 98 | Sandnes SLK 2.48,71(1.01,97) | 3.31,67 3.31,67(42,96) | 146 |
| 5 | Sean Elias Buckland | 98 | Haugesund SK 2.46,12(2.46,12) | 3.34,06 3.34,06(47,94) | 142 |

Klasse født 99

| | | | | | |
|----|---------------------------------------|----|--------------------------------|---------------------------|-----|
| 1p | Ole André Wigestrands 47,84(47,84) | 99 | Sandnes SLK 2.36,94(59,59) | 3.17,50 3.17,50(40,56) | 180 |
| 2p | Jens Petter Turøy 43,66(43,66) | 99 | Stavanger SC 2.37,46(59,50) | 3.18,20 3.18,20(40,74) | 178 |
| 3 | Mads Vestly 51,30(51,30) | 99 | Sandnes SLK 2.41,39(56,77) | 3.24,63 3.24,63(43,24) | 162 |
| | Magnus Ravndal | 99 | Sola SK | DISK | |

Klasse født 00

| | | | | | |
|----|-------------------------|----------------|------------------|----------------|-----|
| 1p | Johs Seeberg | 00 | Karmøy SK | 3.56,22 | 105 |
| | 1.02,87(1.02,87) | 1.58,66(55,79) | 3.01,83(1.03,17) | 3.56,22(54,39) | |
| | Vermund Skogland Høgset | 00 | Karmøy SK | DISK | |