

Øvelse 1. 400m fri, jenter - født 2000

1p	Kaja Anderssen Søreng	00	Vestkantsvømmerne	6.15,64	245
	39,83(39,83)	1.24,09(44,26)	2.11,78(47,69)	2.59,69(47,91)	
	3.48,89(49,20)	4.39,47(50,58)	5.28,81(49,34)	6.15,64(46,83)	
2p	Maria Storstein	00	Karmøy SK	6.18,36	239
	40,83(40,83)	1.27,83(47,00)	2.15,00(47,17)	3.03,77(48,77)	
	3.52,27(48,50)	4.41,93(49,66)	5.31,16(49,23)	6.18,36(47,20)	
3p	Maren Pedersen	00	Delfana	6.20,65	235
	41,06(41,06)	1.27,44(46,38)	2.16,00(48,56)	3.05,22(49,22)	
	3.55,86(50,64)	4.45,57(49,71)	5.33,56(47,99)	6.20,65(47,09)	
4	Emma Østenstad	00	Haugesund SK	6.20,70	235
	41,34(41,34)	1.27,84(46,50)	2.13,65(45,81)	3.03,68(50,03)	
	3.52,96(49,28)	4.41,44(48,48)	5.31,67(50,23)	6.20,70(49,03)	
5	Emily Lane	00	Stavanger SC	6.33,90	212
	41,71(41,71)	1.32,58(50,87)	2.23,46(50,88)	3.14,23(50,77)	
	4.05,83(51,60)	4.57,06(51,23)	5.47,09(50,03)	6.33,90(46,81)	
6	Johanne Folkedal Hole	00	Vestkantsvømmerne	6.35,89	209
	43,45(43,45)	1.33,56(50,11)	2.24,38(50,82)	3.15,73(51,35)	
	4.07,15(51,42)	4.58,01(50,86)	5.48,20(50,19)	6.35,89(47,69)	
7	Ulva Bray	00	Haugesund SK	6.39,03	204
	43,19(43,19)	1.33,62(50,43)	2.25,59(51,97)	3.18,61(53,02)	
	4.11,43(52,82)	5.03,41(51,98)	5.49,93(46,52)	6.39,03(49,10)	
8	Eline Nygaard	00	Vestkantsvømmerne	6.42,61	199
	42,01(42,01)	1.31,41(49,40)	2.23,64(52,23)	3.16,65(53,01)	
	4.09,13(52,48)	5.01,64(52,51)	5.54,00(52,36)	6.42,61(48,61)	
9	Herniette T Bruu	00	Delfana	6.43,60	197
	44,85(44,85)	1.34,36(49,51)	2.25,85(51,49)	3.18,26(52,41)	
	4.10,74(52,48)	5.03,49(52,75)	5.55,76(52,27)	6.43,60(47,84)	
10	Fanny Zahl Thorsen	00	Haugesund SK	6.47,64	191
	47,28(47,28)	1.40,65(53,37)	2.34,57(53,92)	3.25,44(50,87)	
	4.17,04(51,60)	5.09,01(51,97)	5.58,01(49,00)	6.47,64(49,63)	
11	Mona Kathrine Behzadi	00	Madla SK	6.48,77	190
	43,59(43,59)	1.33,67(50,08)	2.27,06(53,39)	3.20,05(52,99)	
	4.14,57(54,52)	5.08,57(54,00)	6.01,30(52,73)	6.48,77(47,47)	
12	Marita Aakre	00	Delfana	6.51,13	187
	44,20(44,20)	1.35,62(51,42)	2.30,59(54,97)	3.22,26(51,67)	
	4.16,34(54,08)	5.10,05(53,71)	6.01,73(51,68)	6.51,13(49,40)	
13	Silje Skjæveland	00	Åstveit SK	6.51,16	187
	46,01(46,01)	1.37,85(51,84)	2.30,68(52,83)	3.24,01(53,33)	
	4.17,65(53,64)	5.11,67(54,02)	6.01,73(50,06)	6.51,16(49,43)	
14	Martine Henneman	00	Åstveit SK	6.56,76	179
	45,46(45,46)	1.36,86(51,40)	2.31,16(54,30)	3.23,69(52,53)	
	4.17,87(54,18)	5.12,11(54,24)	6.06,55(54,44)	6.56,76(50,21)	
15	Kine Tangerås Johnsen	00	Delfana	7.02,85	171
	47,04(47,04)	1.41,81(54,77)	2.36,46(54,65)	3.31,02(54,56)	
	4.26,62(55,60)	5.19,74(53,12)	6.13,35(53,61)	7.02,85(49,50)	
16	Andrine Dalland	00	Delfana	7.26,83	145
	47,79(47,79)	1.44,28(56,49)	2.42,76(58,48)	3.40,34(57,58)	
	4.37,71(57,37)	5.37,60(59,89)	6.35,30(57,70)	7.26,83(51,53)	
17	Oda J Øvsthus	00	Delfana	7.35,11	138
	46,49(46,49)	1.42,32(55,83)	2.42,18(59,86)	3.40,61(58,43)	
	4.41,33(1.00,72)	5.40,63(59,30)	6.40,78(1.00,15)	7.35,11(54,33)	
18	Emma Rong	00	Delfana	7.40,22	133
	49,16(49,16)	1.45,96(56,80)	2.45,73(59,77)	3.44,56(58,83)	
	4.44,94(1.00,38)	5.44,30(59,36)	6.43,93(59,63)	7.40,22(56,29)	
19	Frida Hegg Mikkelsen	00	Bergen SLK	7.58,24	119
	52,31(52,31)	1.54,51(1.02,20)	2.57,00(1.02,49)	3.58,68(1.01,68)	
	5.00,62(1.01,94)	6.02,24(1.01,62)	7.03,33(1.01,09)	7.58,24(54,91)	
20	Thale Fink	00	Førde IL	8.21,51	103
	8.52,09(8.52,09)	1.52,46(-0,63)	2.54,30(1.01,84)	3.58,55(1.04,25)	
	5.03,70(1.05,15)	6.09,40(1.05,70)	7.16,52(1.07,12)	8.21,51(1.04,99)	

Øvelse 2. 400m fri, gutter - født 2000

1p	Omar Omarsson	00	Delfana	5.58,96	208
	39,33(39,33)	1.24,30(44,97)	2.10,90(46,60)	2.57,56(46,66)	
	3.43,20(45,64)	4.30,04(46,84)	5.15,54(45,50)	5.58,96(43,42)	
2p	Sindre Pleyrn Olsen	00	Delfana	6.11,16	188
	39,40(39,40)	1.25,21(45,81)	2.12,73(47,52)	3.00,90(48,17)	
	3.48,65(47,75)	4.37,26(48,61)	5.25,11(47,85)	6.11,16(46,05)	
3p	Snorre Skjæveland	00	Åstveit SK	6.29,00	164
	42,40(42,40)	1.31,37(48,97)	2.20,72(49,35)	3.11,47(50,75)	
	4.00,60(49,13)	4.48,28(47,68)	5.39,93(51,65)	6.29,00(49,07)	
4	August Malterud	00	Førde IL	6.30,50	162
	44,31(44,31)	1.33,27(48,96)	2.24,28(51,01)	3.15,12(50,84)	
	4.04,58(49,46)	4.54,19(49,61)	5.44,33(50,14)	6.30,50(46,17)	
5	Johs Seeberg	00	Karmøy SK	6.33,08	159
	44,90(44,90)	1.33,61(48,71)	2.23,33(49,72)	3.13,56(50,23)	
	4.03,41(49,85)	4.54,11(50,70)	5.43,80(49,69)	6.33,08(49,28)	
6	Trym Døssland Bjerkvik	00	Åstveit SK	6.39,51	151
	41,01(41,01)	1.30,14(49,13)	2.21,80(51,66)	3.14,52(52,72)	
	4.06,33(51,81)	4.59,78(53,45)	5.51,00(51,22)	6.39,51(48,51)	
7	Sigurd Løvik	00	Førde IL	6.42,96	147
	43,97(43,97)	1.33,00(49,03)	2.24,49(51,49)	3.16,50(52,01)	
	4.08,52(52,02)	5.00,50(51,98)	5.53,03(52,53)	6.42,96(49,93)	
8	Vermund Skogland Høgset	00	Karmøy SK	6.56,49	133
	44,47(44,47)	1.37,00(52,53)	2.30,32(53,32)	3.23,22(52,90)	
	4.17,40(54,18)	5.10,70(53,30)	6.05,84(55,14)	6.56,49(50,65)	
9	Heine Ottesen	00	Delfana	6.59,45	131
	43,32(43,32)	1.37,29(53,97)	2.31,66(54,37)	3.27,12(55,46)	
	4.21,60(54,48)	5.16,69(55,09)	6.11,75(55,06)	6.59,45(47,70)	
10	Andreas Sundstrøm	00	Delfana	7.24,51	110
	44,87(44,87)	1.39,36(54,49)	2.36,12(56,76)	3.34,70(58,58)	
	4.32,20(57,50)	5.31,40(59,20)	6.31,13(59,73)	7.24,51(53,38)	
11	Erling Flåm Krogsrud	00	Arna SLK	7.24,79	109
	45,88(45,88)	1.40,10(54,22)	2.37,10(57,00)	3.35,90(58,80)	
	4.34,08(58,18)	5.32,72(58,64)	6.27,90(55,18)	7.24,79(56,89)	

Øvelse 3. 400m fri, jenter - født 1999

1p	Heather Ann Fraser Mulvany	99	Madla SK	5.01,78	472
	35,22(35,22)	1.13,29(38,07)	1.51,57(38,28)	2.29,37(37,80)	
	3.06,98(37,61)	3.45,28(38,30)	4.24,37(39,09)	5.01,78(37,41)	
2p	Alina Hagen Bjelancic	99	Stavanger SC	5.06,06	452
	35,41(35,41)	1.13,22(37,81)	1.51,90(38,68)	2.30,74(38,84)	
	3.09,62(38,88)	3.48,67(39,05)	4.28,25(39,58)	5.06,06(37,81)	
3p	Benedikte Øverland	99	Vestkantsvømmerne	5.13,07	423
	33,80(33,80)	1.11,52(37,72)	1.50,51(38,99)	2.30,27(39,76)	
	3.10,52(40,25)	3.51,52(41,00)	4.32,90(41,38)	5.13,07(40,17)	
4	Johanne Heines Pettersen	99	Randaberg IL	5.19,30	398
	35,09(35,09)	1.14,58(39,49)	1.55,00(40,42)	2.35,92(40,92)	
	3.17,01(41,09)	3.58,61(41,60)	4.39,98(41,37)	5.19,30(39,32)	
5	Vilde Kristine Uthus Halse	99	Bergens SC	5.34,37	347

	36,96(36,96)	1.18,69(41,73)	2.01,39(42,70)	2.45,11(43,72)	
	3.28,37(43,26)	4.11,26(42,89)	4.53,87(42,61)	5.34,37(40,50)	
6	Stine Bertelsen	99	Bryne SK	5.35,19	344
	37,34(37,34)	1.18,56(41,22)	2.00,77(42,21)	2.43,94(43,17)	
	3.27,01(43,07)	4.09,99(42,98)	4.53,01(43,02)	5.35,19(42,18)	
7	Mie Kreybu	99	Arna SLK	5.40,57	328
	37,78(37,78)	1.19,63(41,85)	2.02,71(43,08)	2.46,49(43,78)	
	3.31,36(44,87)	4.15,77(44,41)	4.58,92(43,15)	5.40,57(41,65)	
8	Christina Vestre	99	Haugesund SK	5.40,85	327
	37,69(37,69)	1.20,82(43,13)	2.04,96(44,14)	2.48,30(43,34)	
	3.32,23(43,93)	4.16,04(43,81)	4.59,20(43,16)	5.40,85(41,65)	
9	Maria Bjerk Aarbu	99	Åstveit SK	5.41,09	327
	38,15(38,15)	1.19,64(41,49)	2.02,04(42,40)	2.45,03(42,99)	
	3.27,98(42,95)	4.10,91(42,93)	4.52,96(42,05)	5.41,09(48,13)	
10	Nora T. Hinna	99	Delfana	5.43,71	319
	36,42(36,42)	1.19,55(43,13)	2.03,63(44,08)	2.48,98(45,35)	
	3.33,39(44,41)	4.17,61(44,22)	5.01,95(44,34)	5.43,71(41,76)	
11	Helene Emmerhoff	99	Randaberg IL	5.45,20	315
	38,50(38,50)	1.22,53(44,03)	2.06,26(43,73)	2.50,13(43,87)	
	3.34,62(44,49)	4.18,36(43,74)	5.02,95(44,59)	5.45,20(42,25)	
12	Andrine F Tobiassen	99	Bryne SK	5.46,76	311
	37,83(37,83)	1.19,72(41,89)	2.03,56(43,84)	2.48,19(44,63)	
	3.32,99(44,80)	4.17,82(44,83)	5.02,98(45,16)	5.46,76(43,78)	
13	Oda Borgstrøm	99	Stavanger SC	5.47,03	310
	38,26(38,26)	1.21,84(43,58)	2.06,17(44,33)	2.51,58(45,41)	
	3.35,49(43,91)	4.20,83(45,34)	5.05,34(44,51)	5.47,03(41,69)	
14	Karianne Møkster	99	Frisinn SK	5.50,44	301
	36,37(36,37)	1.17,76(41,39)	2.01,33(43,57)	2.46,03(44,70)	
	3.32,14(46,11)	4.18,85(46,71)	5.05,19(46,34)	5.50,44(45,25)	
15	Andrea G. Skaaland	99	Delfana	6.06,68	263
	39,91(39,91)	1.25,95(46,04)	2.12,61(46,66)	2.59,80(47,19)	
	3.47,42(47,62)	4.34,52(47,10)	5.21,77(47,25)	6.06,68(44,91)	
16	Helene Dalland	99	Åstveit SK	6.07,61	261
	41,35(41,35)	1.26,27(44,92)	2.12,04(45,77)	2.59,32(47,28)	
	3.45,73(46,41)	4.34,24(48,51)		6.07,61(1.33,37)	
17	Vilde Lohmann	99	Delfana	6.08,00	260
	40,06(40,06)	1.26,63(46,57)	2.13,64(47,01)	3.01,80(48,16)	
	3.50,64(48,84)	4.37,73(47,09)	5.24,94(47,21)	6.08,00(43,06)	
18	Marie Jønsen	99	Delfana	6.09,19	258
	39,77(39,77)	1.25,14(45,37)	2.12,13(46,99)	3.00,09(47,96)	
	3.48,14(48,05)	4.36,18(48,04)	5.23,35(47,17)	6.09,19(45,84)	
19	Nora Sandvoll	99	Frisinn SK	6.15,49	245
	38,79(38,79)	1.25,27(46,48)	2.14,53(49,26)	3.03,75(49,22)	
	3.55,16(51,41)	4.45,38(50,22)	5.30,75(45,37)	6.15,49(44,74)	
20	Katrine Sauesund	99	Delfana	6.16,44	243
	40,38(40,38)	1.26,91(46,53)	2.15,30(48,39)	3.03,71(48,41)	
	3.52,40(48,69)	4.40,70(48,30)	5.29,92(49,22)	6.16,44(46,52)	
21	Natalie Hestdal	99	Åstveit SK	6.17,05	242
	40,38(40,38)	1.26,38(46,00)	2.14,85(48,47)	3.02,83(47,98)	
	3.52,51(49,68)	4.42,31(49,80)	5.31,41(49,10)	6.17,05(45,64)	
22	Amalie A Larsen	99	Delfana	6.18,90	238
	42,82(42,82)	1.31,66(48,84)	2.20,82(49,16)	3.10,58(49,76)	
	3.59,55(48,97)	4.48,50(48,95)	5.36,71(48,21)	6.18,90(42,19)	
23	Mariell Rivedal	99	Bergen SLK	6.26,56	224
	44,16(44,16)	1.32,46(48,30)	2.22,07(49,61)	3.12,10(50,03)	
	4.01,82(49,72)	4.51,76(49,94)	5.39,73(47,97)	6.26,56(46,83)	
24	Sofie Lindgren	99	Delfana	6.27,53	223
	40,53(40,53)	1.27,01(46,48)	2.18,17(51,16)	3.09,74(51,57)	
	4.00,71(50,97)	4.51,25(50,54)	5.40,31(49,06)	6.27,53(47,22)	
25	Tessa Francisca Janssen	99	Stavanger SC	6.28,96	220
	40,49(40,49)	1.29,02(48,53)	2.19,81(50,79)	3.11,53(51,72)	
	4.02,00(50,47)	4.52,30(50,30)	6.28,96(1.36,66)	6.28,96(-0,00)	
26	Kristine Johanne Tellefsen	99	Bergen SLK	6.31,01	217
	42,64(42,64)	1.30,68(48,04)	2.20,39(49,71)	3.10,94(50,55)	
	4.02,69(51,75)	4.53,59(50,90)	5.43,97(50,38)	6.31,01(47,04)	

27	Torill Thuestad Stokka	99	Madla SK	6.31,94	215
	56,02(56,02)	1.41,71(45,69)	2.29,17(47,46)	3.17,36(48,19)	
	4.06,14(48,78)	4.54,86(48,72)	5.44,39(49,53)	6.31,94(47,55)	
28	Ragnhild Kleppestrand	99	Vestkantsvømmerne	6.32,08	215
	42,68(42,68)	1.30,50(47,82)	2.21,52(51,02)	3.11,76(50,24)	
	4.02,73(50,97)	4.52,93(50,20)	5.43,76(50,83)	6.32,08(48,32)	
29	Marie Sveingard	99	Stavanger SC	6.39,85	203
	42,12(42,12)	1.30,73(48,61)	2.22,92(52,19)	3.15,22(52,30)	
	4.07,09(51,87)	4.59,89(52,80)	5.50,91(51,02)	6.39,85(48,94)	
30	Kristin Xin Øie	99	Stavanger SC	6.47,45	192
	43,85(43,85)	1.33,94(50,09)	2.26,46(52,52)	3.19,22(52,76)	
	4.12,51(53,29)	5.05,01(52,50)	6.46,45(1.41,44)	6.47,45(01,00)	
31	Kristin Solberg	99	Delfana	6.53,70	183
	42,25(42,25)	1.31,36(49,11)	2.24,15(52,79)	3.18,30(54,15)	
	4.12,34(54,04)	5.07,95(55,61)	6.01,62(53,67)	6.53,70(52,08)	
32	Aurora T Truyen	99	Delfana	6.54,53	182
	44,51(44,51)	1.37,70(53,19)	2.30,61(52,91)	3.25,45(54,84)	
	4.20,09(54,64)	5.14,28(54,19)	6.06,39(52,11)	6.54,53(48,14)	
33	Hui Li Yen Askvik	99	Delfana	6.59,95	175
		1.38,90(1.38,90)	2.33,89(54,99)	3.27,26(53,37)	
	4.23,33(56,07)	5.18,41(55,08)	6.10,42(52,01)	6.59,95(49,53)	
34	Emilie Rong	99	Delfana	7.01,33	173
		1.38,58(1.38,58)	2.32,46(53,88)	3.26,40(53,94)	
	4.21,67(55,27)	5.16,95(55,28)	6.11,00(54,05)	7.01,33(50,33)	
35	Nelly Gjellestad	99	Bergen SLK	7.26,44	146
	49,18(49,18)	1.46,41(57,23)	2.43,53(57,12)	3.40,16(56,63)	
	4.38,76(58,60)	5.36,65(57,89)	6.33,62(56,97)	7.26,44(52,82)	
36	Maren Rygg Brekke	99	Arna SLK	7.33,69	139
	50,49(50,49)	1.46,94(56,45)	2.45,09(58,15)	5.43,04(2.57,95)	
	6.40,65(57,61)			7.33,69(53,04)	
37	Sandra Kvamme	99	Arna SLK	8.03,53	115
		1.46,79(1.46,79)	2.49,25(1.02,46)	3.52,82(1.03,57)	
	4.56,40(1.03,58)	5.59,42(1.03,02)	7.04,08(1.04,66)	8.03,53(59,45)	

Øvelse 4. 400m fri, gutter - født 1999

1p	Marius Holm	99	Sandnes SLK	5.18,48	298
	35,85(35,85)	1.15,52(39,67)	1.55,75(40,23)	2.36,47(40,72)	
	3.18,48(42,01)	3.59,51(41,03)	4.39,48(39,97)	5.18,48(39,00)	
2p	Truls Wigdel	99	Madla SK	5.19,33	296
	36,26(36,26)	1.16,27(40,01)	1.57,08(40,81)	2.38,78(41,70)	
	3.19,84(41,06)	4.00,46(40,62)	4.41,40(40,94)	5.19,33(37,93)	
3p	Endre Mowatt Gruben	99	Bergens SC	5.26,40	277
	36,33(36,33)	1.16,88(40,55)	1.58,50(41,62)	2.40,35(41,85)	
	3.22,32(41,97)	4.04,09(41,77)	4.45,88(41,79)	5.26,40(40,52)	
4	Ole Andre Wigestrands	99	Sandnes SLK	5.33,79	259
	36,78(36,78)	1.17,96(41,18)	2.01,79(43,83)	2.45,20(43,41)	
	3.27,80(42,60)	4.10,66(42,86)	4.53,06(42,40)	5.33,79(40,73)	
5	Sondre Saltnes Urdal	99	Delfana	5.35,82	254
	36,97(36,97)	1.19,64(42,67)	2.02,90(43,26)	2.46,43(43,53)	
	3.29,94(43,51)	4.12,60(42,66)	4.54,51(41,91)	5.35,82(41,31)	
6	Jens Petter Turøy	99	Stavanger SC	5.38,04	249
	37,16(37,16)	1.19,64(42,48)	2.03,76(44,12)	2.48,28(44,52)	
	3.31,21(42,93)	4.16,10(44,89)	4.58,46(42,36)	5.38,04(39,58)	
7	Sindre Salte Dunseth	99	Madla SK	5.44,73	235
	39,16(39,16)	1.23,20(44,04)	2.07,34(44,14)	2.51,70(44,36)	
	3.35,75(44,05)	4.19,96(44,21)	5.03,15(43,19)	5.44,73(41,58)	
8	Olav Nevestveit Barøy	99	Klepp SSK	5.47,44	230
	37,85(37,85)	1.21,84(43,99)	2.06,79(44,95)	2.51,83(45,04)	

9	Andreas Heimnes	99	3.36,81(44,98) 40,54(40,54) 3.43,98(46,05)	4.21,44(44,63) 1.25,64(45,10) 4.28,49(44,51)	5.06,34(44,90) 2.11,86(46,22) 5.12,73(44,24)	5.47,44(41,10) 5.53,90 2.57,93(46,07) 5.53,90(41,17)	217
10	Kristian Nygård Solvik	99	37,66(37,66) 3.38,44(46,01)	1.21,13(43,47) 4.24,17(45,73)	Bryne SK 2.06,41(45,28) 5.10,47(46,30)	5.55,26 2.52,43(46,02) 5.55,26(44,79)	215
11	Mads Vestly	99	38,38(38,38) 3.40,89(46,60)	1.22,84(44,46) 4.27,36(46,47)	Sandnes SLK 2.07,93(45,09) 5.13,81(46,45)	5.56,34 2.54,29(46,36) 5.56,34(42,53)	213
12	Petter S Kolaas	99	41,06(41,06) 3.45,79(45,69)	1.28,28(47,22) 4.30,88(45,09)	Delfana 2.14,51(46,23) 5.16,31(45,43)	5.59,32 3.00,10(45,59) 5.59,32(43,01)	208
13	Heine Nilsen	99	39,34(39,34) 4.00,42(52,02)	1.27,25(47,91) 4.53,37(52,95)	Vestkantsvømmerne 2.16,86(49,61) 5.44,46(51,09)	6.33,34 3.08,40(51,54) 6.33,34(48,88)	158
14	Njord Fornes	99	42,53(42,53) 4.09,48(53,56)	1.31,88(49,35) 5.03,58(54,10)	Sola SK 2.23,08(51,20) 5.56,20(52,62)	6.44,61 3.15,92(52,84) 6.44,61(48,41)	145
15	Jimmy W. Skauge	99	51,62(51,62) 4.48,69(1.00,34)	1.50,53(58,91) 5.46,00(57,31)	Arna SLK 2.51,13(1.00,60) 6.43,82(57,82)	7.38,66 3.48,35(57,22) 7.38,66(54,84)	100

Øvelse 5. 400m fri, jenter - født 1998

1p	Maria Voldsund	98	31,83(31,83) 2.56,53(37,27)	1.06,33(34,50) 3.33,87(37,34)	Delfana 1.42,59(36,26) 4.11,29(37,42)	4.47,10 2.19,26(36,67) 4.47,10(35,81)	548
2p	Nina-Therese Storstein	98	32,57(32,57) 2.59,61(37,21)	1.08,20(35,63) 3.37,65(38,04)	Karmøy SK 1.44,98(36,78) 4.15,14(37,49)	4.51,39 2.22,40(37,42) 4.51,39(36,25)	524
3p	Ulrikke Rein	98	35,82(35,82) 3.08,13(38,08)	1.13,77(37,95) 3.47,08(38,95)	Madla SK 1.52,39(38,62) 4.25,35(38,27)	5.02,09 2.30,05(37,66) 5.02,09(36,74)	470
4	Hanne Reime	98	34,23(34,23) 3.07,22(39,37)	1.10,78(36,55) 3.46,55(39,33)	Bryne SK 1.49,37(38,59) 4.25,58(39,03)	5.03,01 2.27,85(38,48) 5.03,01(37,43)	466
5	Ingvild Gullaksen Vatshelle	98	34,57(34,57) 3.10,96(40,33)	1.12,14(37,57) 3.51,25(40,29)	Vestkantsvømmerne 1.51,03(38,89) 4.30,92(39,67)	5.09,02 2.30,63(39,60) 5.09,02(38,10)	439
6	Emilie Lie Mathisen	98	33,83(33,83) 3.11,19(40,54)	1.11,98(38,15) 3.51,69(40,50)	Vestkantsvømmerne 1.50,84(38,86) 4.32,04(40,35)	5.10,28 2.30,65(39,81) 5.10,28(38,24)	434
7	Karen Nygård Magnussen	98	35,05(35,05) 3.15,02(41,03)	1.13,28(38,23) 3.56,40(41,38)	Bryne SK 1.53,31(40,03) 4.38,02(41,62)	5.17,86 2.33,99(40,68) 5.17,86(39,84)	404
8	Hanne Erstad Larsen	98	35,70(35,70) 3.18,71(41,42)	1.15,77(40,07) 3.59,14(40,43)	Delfana 1.55,79(40,02) 4.40,94(41,80)	5.18,71 2.37,29(41,50) 5.18,71(37,77)	400
9	Christine Sekkesæter	98	35,08(35,08) 3.15,78(40,88)	1.13,53(38,45) 3.57,43(41,65)	Madla SK 1.53,75(40,22) 4.38,98(41,55)	5.20,00 2.34,90(41,15) 5.20,00(41,02)	396
10	Gina Alvestad	98	36,21(36,21) 3.19,15(41,90)	1.15,63(39,42) 4.00,86(41,71)	Karmøy SK 1.56,24(40,61) 4.42,54(41,68)	5.22,41 2.37,25(41,01) 5.22,41(39,87)	387
11	Stine Dale	98	36,51(36,51) 3.19,06(41,70)	1.15,93(39,42) 4.01,35(42,29)	Vestkantsvømmerne 1.56,04(40,11) 4.43,58(42,23)	5.22,42 2.37,36(41,32) 5.22,42(38,84)	387
12	Kristin Serck-Hanssen	98			Madla SK	5.24,03	381

	36,33(36,33)	1.16,52(40,19)	1.57,59(41,07)	2.38,32(40,73)	
	3.19,77(41,45)	4.01,55(41,78)	4.43,67(42,12)	5.24,03(40,36)	
13	Mari Dahl	98	Delfana	5.26,14	374
	36,36(36,36)	1.16,91(40,55)	1.59,51(42,60)	2.42,50(42,99)	
	3.23,30(40,80)	4.04,55(41,25)	4.46,35(41,80)	5.26,14(39,79)	
14	Solveig Aarland	98	Delfana	5.27,52	369
	34,39(34,39)	1.12,48(38,09)	1.52,50(40,02)	2.34,12(41,62)	
	3.16,76(42,64)	4.00,05(43,29)	4.44,09(44,04)	5.27,52(43,43)	
15	Andrea Skråmestø	98	Bergens SC	5.34,87	345
	36,75(36,75)	1.17,32(40,57)	1.59,39(42,07)	2.42,30(42,91)	
	3.25,44(43,14)	4.08,57(43,13)	4.52,50(43,93)	5.34,87(42,37)	
16	Ingrid Elise Berge Jenssen	98	Madla SK	5.37,41	338
	38,82(38,82)	1.21,66(42,84)	2.05,57(43,91)	2.48,76(43,19)	
	3.31,65(42,89)	4.14,38(42,73)	4.56,92(42,54)	5.37,41(40,49)	
17	Andrea Edland	98	Frisinn SK	5.42,56	323
	39,57(39,57)	1.21,52(41,95)	2.05,01(43,49)	2.48,29(43,28)	
	3.32,21(43,92)	4.15,98(43,77)	4.59,87(43,89)	5.42,56(42,69)	
18	Vilde Aas Løken	98	Stord IL	5.44,33	318
	39,42(39,42)	1.22,73(43,31)	2.07,23(44,50)	2.51,65(44,42)	
	3.36,13(44,48)	4.20,33(44,20)	5.04,42(44,09)	5.44,33(39,91)	
19	Emilie Nilo Nilssen	98	Madla SK	5.54,98	290
	40,09(40,09)	1.24,32(44,23)	2.09,73(45,41)	2.55,27(45,54)	
	3.41,06(45,79)	4.28,51(47,45)	5.14,12(45,61)	5.54,98(40,86)	
20	Henriette Kronstad Helland	98	Vestkantsvømmerne	5.56,29	287
	39,75(39,75)	1.23,96(44,21)	2.09,05(45,09)	2.55,33(46,28)	
	3.41,42(46,09)	4.28,35(46,93)	5.13,32(44,97)	5.56,29(42,97)	
21	Ingjerd Davøen	98	Delfana	5.56,50	286
	39,57(39,57)	1.23,68(44,11)	2.08,86(45,18)	2.55,05(46,19)	
	3.41,17(46,12)	4.27,53(46,36)	5.13,58(46,05)	5.56,50(42,92)	
22	Marte Vingsnes	98	Førde IL	5.59,51	279
	38,83(38,83)	1.22,76(43,93)	2.07,92(45,16)	2.54,27(46,35)	
	3.40,35(46,08)	4.26,97(46,62)	5.13,76(46,79)	5.59,51(45,75)	
23	Marte Nygaard	98	Vestkantsvømmerne	6.01,19	275
	38,40(38,40)	1.23,35(44,95)	2.09,40(46,05)	2.56,44(47,04)	
	3.43,92(47,48)	4.30,87(46,95)	5.16,25(45,38)	6.01,19(44,94)	
	Vilde E. Stokkenes	98	Haugesund SK	BRUTT	

Øvelse 6. 400m fri, gutter - født 1998

1p	Eivind Bjelland	98	Haugesund SK	4.43,02	425
	31,73(31,73)	1.07,38(35,65)	1.43,35(35,97)	2.19,58(36,23)	
	2.55,58(36,00)	3.31,39(35,81)	4.07,93(36,54)	4.43,02(35,09)	
2p	Urs Bludau	98	Arna SLK	4.53,09	383
	31,75(31,75)	1.08,11(36,36)	1.45,17(37,06)	2.22,90(37,73)	
	3.00,85(37,95)	3.39,11(38,26)	4.16,87(37,76)	4.53,09(36,22)	
3p	Axel Ravndal	98	Sandnes SLK	4.53,18	382
	32,57(32,57)	1.08,50(35,93)	1.45,68(37,18)	2.23,10(37,42)	
	3.01,36(38,26)	3.39,30(37,94)	4.17,14(37,84)	4.53,18(36,04)	
4	Simen Kreybu	98	Arna SLK	4.58,49	362
	32,53(32,53)	1.08,38(35,85)	1.46,19(37,81)	2.24,31(38,12)	
	3.02,96(38,65)	3.42,03(39,07)	4.20,93(38,90)	4.58,49(37,56)	
5	Teis Malterud	98	Førde IL	5.12,88	314
	33,23(33,23)	1.10,19(36,96)	1.49,28(39,09)	2.29,07(39,79)	
	3.09,93(40,86)	3.51,16(41,23)	4.32,58(41,42)	5.12,88(40,30)	
6	Halvor Alvestad Larsen	98	Karmøy SK	5.18,74	297
	35,59(35,59)	1.15,66(40,07)	1.55,68(40,02)	2.36,52(40,84)	
	3.17,66(41,14)	3.58,29(40,63)	4.39,41(41,12)	5.18,74(39,33)	
7	Jonas Østenstad	98	Haugesund SK	5.19,61	295

	34,19(34,19)	1.14,31(40,12)	1.56,33(42,02)	2.38,10(41,77)	
	3.20,11(42,01)	4.01,50(41,39)	4.42,73(41,23)	5.19,61(36,88)	
8	Kim Andre Grønstøl	98	Åstveit SK	5.20,13	294
	36,38(36,38)	1.16,53(40,15)	1.56,86(40,33)	2.37,58(40,72)	
	3.19,33(41,75)	4.01,06(41,73)	4.42,97(41,91)	5.20,13(37,16)	
9	Erling Belaska	98	Madla SK	5.29,58	269
	37,78(37,78)	1.20,35(42,57)	2.02,59(42,24)	2.45,20(42,61)	
	3.26,63(41,43)	4.08,07(41,44)	4.49,21(41,14)	5.29,58(40,37)	
10	Per Tinius Mowinckel	98	Bergens SC	5.37,81	250
	37,77(37,77)	1.19,89(42,12)	2.02,58(42,69)	2.46,27(43,69)	
	3.29,82(43,55)	4.13,85(44,03)	4.57,10(43,25)	5.37,81(40,71)	
11	Ignacy Pichler	98	Bergens SC	5.40,43	244
	37,13(37,13)	1.19,43(42,30)	2.02,80(43,37)	2.46,99(44,19)	
	3.30,60(43,61)	4.15,32(44,72)	5.00,20(44,88)	5.40,43(40,23)	
12	Benjamin Johnsen	98	Delfana	5.47,91	229
	38,72(38,72)	1.23,02(44,30)	2.08,60(45,58)	2.52,84(44,24)	
	3.37,54(44,70)	4.21,79(44,25)	5.05,94(44,15)	5.47,91(41,97)	
13	Ole Lohte Foseid	98	Stord IL	5.58,85	208
	37,80(37,80)	1.23,09(45,29)	2.09,62(46,53)	2.55,64(46,02)	
	3.43,09(47,45)	4.31,28(48,19)	5.18,09(46,81)	5.58,85(40,76)	
14	Sindre Vatnamot Amble	98	Madla SK	6.05,47	197
	40,64(40,64)	1.26,82(46,18)	2.13,40(46,58)	3.00,02(46,62)	
	3.46,92(46,90)	4.34,25(47,33)	5.21,31(47,06)	6.05,47(44,16)	
15	Vegard Straume	98	Vestkantsvømmerne	6.09,74	191
	40,45(40,45)	1.26,35(45,90)	2.14,24(47,89)	3.02,56(48,32)	
	3.50,20(47,64)	4.38,77(48,57)	5.27,06(48,29)	6.09,74(42,68)	
16	Ådne Undheim	98	Bryne SK	6.10,52	189
	39,96(39,96)	1.26,23(46,27)	2.14,64(48,41)	3.02,71(48,07)	
	3.50,97(48,26)	4.39,13(48,16)	5.26,63(47,50)	6.10,52(43,89)	
17	Kim W Skauge	98	Arna SLK	6.20,84	174
	40,89(40,89)	1.26,90(46,01)	2.15,48(48,58)	3.04,61(49,13)	
	3.53,72(49,11)	4.43,37(49,65)	5.33,35(49,98)	6.20,84(47,49)	
	Alec Karlsen	98	Madla SK	DISK	

Øvelse 7. 400m fri, jenter - født 1997

1p	Karianne Reinertsen	97	Delfana	4.42,84	573
	32,25(32,25)	1.05,75(33,50)	1.41,58(35,83)	2.17,98(36,40)	
	2.54,32(36,34)	3.31,54(37,22)	4.08,09(36,55)	4.42,84(34,75)	
2p	Marte Dale	97	Vestkantsvømmerne	4.43,07	572
	32,69(32,69)	1.07,63(34,94)	1.43,82(36,19)	2.20,57(36,75)	
	2.57,13(36,56)	3.33,68(36,55)	4.09,50(35,82)	4.43,07(33,57)	
3p	Ingeborg Liseth Pedersen	97	Åstveit SK	4.48,86	538
	32,42(32,42)	1.07,88(35,46)	1.43,56(35,68)	2.20,17(36,61)	
	2.57,07(36,90)	3.34,44(37,37)	4.12,06(37,62)	4.48,86(36,80)	
4	Stina Karlsen Heimnes	97	Åstveit SK	4.52,81	516
	34,13(34,13)	1.10,64(36,51)	1.47,89(37,25)	2.24,75(36,86)	
	3.01,94(37,19)	3.39,55(37,61)	4.16,96(37,41)	4.52,81(35,85)	
5	Julie Sundstrøm	97	Delfana	4.52,99	515
	32,93(32,93)	1.09,35(36,42)	1.46,30(36,95)	2.23,78(37,48)	
	3.01,35(37,57)	3.38,95(37,60)	4.16,61(37,66)	4.52,99(36,38)	
6	Ingrid Bergslid	97	Madla SK	4.54,09	510
	33,65(33,65)	1.10,47(36,82)	1.47,84(37,37)	2.24,76(36,92)	
	3.01,99(37,23)	3.39,51(37,52)	4.17,63(38,12)	4.54,09(36,46)	
7	Vanja Syversen	97	Delfana	4.56,10	499
	33,08(33,08)	1.09,33(36,25)	1.46,40(37,07)	2.24,31(37,91)	
	3.02,23(37,92)	3.40,47(38,24)	4.18,82(38,35)	4.56,10(37,28)	
8	Nina Staveland	97	Madla SK	4.56,48	497

	34,77(34,77)	1.11,90(37,13)	1.48,84(36,94)	2.26,00(37,16)	
	3.03,92(37,92)	3.41,95(38,03)	4.20,13(38,18)	4.56,48(36,35)	
9	Toni G. Coudray	97	Bergens SC	4.57,11	494
	33,99(33,99)	1.11,64(37,65)	1.49,88(38,24)	2.28,19(38,31)	
	3.05,86(37,67)	3.43,45(37,59)	4.20,81(37,36)	4.57,11(36,30)	
10	Susann Pleyrn Olsen	97	Delfana	5.03,93	462
	34,92(34,92)	1.12,73(37,81)	1.50,94(38,21)	2.29,56(38,62)	
	3.08,32(38,76)	3.47,55(39,23)	4.26,12(38,57)	5.03,93(37,81)	
11	Hanne Hana Voss	97	Randaberg IL	5.05,62	454
	34,79(34,79)	1.12,82(38,03)	1.51,62(38,80)	2.29,83(38,21)	
	3.08,07(38,24)	3.47,11(39,04)	4.26,44(39,33)	5.05,62(39,18)	
12	Sandra Sola	97	Madla SK	5.08,67	441
	34,19(34,19)	1.12,14(37,95)	1.50,97(38,83)	2.30,31(39,34)	
	3.10,23(39,92)	3.50,25(40,02)	4.29,75(39,50)	5.08,67(38,92)	
13	Ida Jenssen Lirhus	97	Madla SK	5.10,19	434
	34,86(34,86)	1.13,75(38,89)	1.53,01(39,26)	2.32,44(39,43)	
	3.12,07(39,63)	3.52,31(40,24)	4.32,14(39,83)	5.10,19(38,05)	
14	Siril Therese Bårtvedt	97	Sandnes SLK	5.10,90	431
	34,94(34,94)	1.13,61(38,67)	1.53,43(39,82)	2.33,29(39,86)	
	3.13,85(40,56)	3.54,12(40,27)	4.33,85(39,73)	5.10,90(37,05)	
15	Ida Tomine Glomsaker	97	Madla SK	5.13,33	421
	34,27(34,27)	1.11,90(37,63)	1.50,62(38,72)	2.31,03(40,41)	
	3.11,57(40,54)	3.52,12(40,55)	4.33,09(40,97)	5.13,33(40,24)	
16	Lise Eiane	97	Sola SK	5.16,57	409
	35,23(35,23)	1.14,17(38,94)	1.54,46(40,29)	2.35,23(40,77)	
	3.15,78(40,55)	3.56,87(41,09)	4.38,43(41,56)	5.16,57(38,14)	
17	Iselin Helløy	97	Åstveit SK	5.20,10	395
	35,84(35,84)	1.15,18(39,34)	1.55,16(39,98)	2.35,56(40,40)	
	3.16,11(40,55)	3.57,71(41,60)	4.39,51(41,80)	5.20,10(40,59)	
18	Aneeka Knapp	97	Sola SK	5.20,63	393
	36,29(36,29)	1.16,49(40,20)	1.56,80(40,31)	2.37,22(40,42)	
	3.17,80(40,58)	3.58,78(40,98)	4.40,82(42,04)	5.20,63(39,81)	
19	Mathilde Konstanse Rasmussen	97	Arna SLK	5.23,19	384
	35,48(35,48)	1.14,59(39,11)	1.54,92(40,33)	2.36,16(41,24)	
	3.17,78(41,62)	3.59,79(42,01)	4.41,90(42,11)	5.23,19(41,29)	
20	Brita Stang Aune	97	Stavanger SC	5.26,83	371
	36,82(36,82)	1.17,29(40,47)	1.58,81(41,52)	2.41,58(42,77)	
	3.23,80(42,22)	4.05,83(42,03)	4.47,51(41,68)	5.26,83(39,32)	
21	Sofie Johnsen	97	Bergen SLK	5.32,14	354
	36,80(36,80)	1.18,15(41,35)	2.01,35(43,20)	2.44,51(43,16)	
	3.27,58(43,07)	4.10,44(42,86)	4.52,93(42,49)	5.32,14(39,21)	
22	Thea Anderssen Sjøreng	97	Vestkantsvømmerne	5.34,45	347
	36,26(36,26)	1.17,06(40,80)	1.59,36(42,30)	2.42,38(43,02)	
	3.25,65(43,27)	4.09,13(43,48)	4.52,05(42,92)	5.34,45(42,40)	
23	Hanna Årsvoll Ryen	97	Sandnes SLK	5.37,39	338
	37,44(37,44)	1.18,37(40,93)	2.00,88(42,51)	2.44,86(43,98)	
	3.28,50(43,64)	4.12,24(43,74)	4.54,40(42,16)	5.37,39(42,99)	
24	Ingrid Dvergsdal	97	Førde IL	5.46,08	313
	36,75(36,75)	1.17,61(40,86)	2.01,24(43,63)	2.44,56(43,32)	
	3.29,86(45,30)	4.15,74(45,88)	5.02,11(46,37)	5.46,08(43,97)	

Øvelse 8. 400m fri, gutter - født 1997

1p	Erik Årslund Gidskehaug	97	Bryne SK	4.26,33	510
	31,16(31,16)	1.04,14(32,98)	1.37,48(33,34)	2.10,92(33,44)	
	2.44,65(33,73)	3.18,67(34,02)	3.52,95(34,28)	4.26,33(33,38)	
2p	Tim Samuelsen	97	Madla SK	4.38,91	444
	32,29(32,29)	1.07,51(35,22)	1.42,39(34,88)	2.17,21(34,82)	
	2.52,20(34,99)	3.27,80(35,60)	4.03,71(35,91)	4.38,91(35,20)	

3p	Maurice Sudkamp	97	Randaberg IL	4.40,97	434
	31,75(31,75)	1.06,84(35,09)	1.42,42(35,58)	2.18,52(36,10)	
	2.54,09(35,57)	3.29,71(35,62)	4.06,02(36,31)	4.40,97(34,95)	
4	Harald Goa Fagerheim	97	Karmøy SK	4.46,56	409
	31,32(31,32)	1.06,22(34,90)	1.42,32(36,10)	2.19,46(37,14)	
	2.56,44(36,98)	3.33,18(36,74)	4.09,44(36,26)	4.46,56(37,12)	
5	Lars-Kristian Gotaas Bjørkbom	97	Bergens SC	4.46,85	408
	30,65(30,65)	1.05,69(35,04)	1.41,97(36,28)	2.19,00(37,03)	
	2.56,09(37,09)	3.34,03(37,94)	4.11,35(37,32)	4.46,85(35,50)	
6	Vladimir Koynarev	97	Bergen SLK	4.47,14	407
	32,18(32,18)	1.07,75(35,57)	1.44,15(36,40)	2.20,60(36,45)	
	2.57,79(37,19)	3.35,20(37,41)	4.12,19(36,99)	4.47,14(34,95)	
7	Halvor Arne Borgstrøm	97	Stavanger SC	4.48,01	403
	31,76(31,76)	1.07,86(36,10)	1.44,00(36,14)	2.20,79(36,79)	
	2.57,77(36,98)	3.35,10(37,33)	4.12,25(37,15)	4.48,01(35,76)	
8	Matias Gulestøl	97	Svelgen TIF	4.49,20	398
	32,01(32,01)	1.07,93(35,92)	1.44,42(36,49)	2.21,19(36,77)	
	2.58,09(36,90)	3.36,29(38,20)	4.13,55(37,26)	4.49,20(35,65)	
9	Erlend Anfinsen	97	Sandnes SLK	4.56,03	371
	31,96(31,96)	1.08,85(36,89)	1.46,30(37,45)	2.24,64(38,34)	
	3.04,43(39,79)	3.42,55(38,12)	4.20,64(38,09)	4.56,03(35,39)	
10	Hans Fredrik Laache	97	Førde IL	4.57,14	367
	31,31(31,31)	1.06,57(35,26)	1.43,90(37,33)	2.22,45(38,55)	
	3.01,58(39,13)	3.40,87(39,29)	4.19,55(38,68)	4.57,14(37,59)	
11	Even Stubhaug	97	Førde IL	4.58,30	363
	33,88(33,88)	1.11,01(37,13)	1.49,50(38,49)	2.27,31(37,81)	
	3.05,83(38,52)	3.44,64(38,81)	4.23,35(38,71)	4.58,30(34,95)	
12	Sebastian H. Mikkelsen	97	Bergen SLK	5.00,60	355
	33,60(33,60)	1.10,64(37,04)	1.48,98(38,34)	2.27,57(38,59)	
	3.05,94(38,37)	3.44,86(38,92)	4.23,69(38,83)	5.00,60(36,91)	
13	Dennis Asbjørnsen	97	Madla SK	5.04,18	342
	33,59(33,59)	1.11,32(37,73)	1.49,77(38,45)	2.28,66(38,89)	
	3.07,29(38,63)	3.46,48(39,19)	4.25,80(39,32)	5.04,18(38,38)	
14	Gord Behzadi	97	Madla SK	5.05,17	339
	34,68(34,68)	1.12,86(38,18)	1.51,56(38,70)	2.30,27(38,71)	
	3.09,24(38,97)	3.48,28(39,04)	4.27,42(39,14)	5.05,17(37,75)	
15	Vegard Strandos	97	Svelgen TIF	5.06,47	335
	34,25(34,25)	1.11,46(37,21)	1.50,22(38,76)	2.29,38(39,16)	
	3.09,13(39,75)	3.48,88(39,75)	4.28,58(39,70)	5.06,47(37,89)	
16	Marius Solaat Røddland	97	Vestkantsvømmerne	5.07,74	331
	33,40(33,40)	1.11,57(38,17)	1.51,22(39,65)	2.31,72(40,50)	
	3.11,58(39,86)	3.52,25(40,67)	4.32,02(39,77)	5.07,74(35,72)	
17	Magnus Dale Johnsen	97	Delfana	5.08,89	327
	34,75(34,75)	1.12,27(37,52)	1.51,41(39,14)	2.30,78(39,37)	
	3.10,82(40,04)	3.50,80(39,98)	4.31,33(40,53)	5.08,89(37,56)	
18	Petter Aarbø Thorsen	97	Stord IL	5.21,98	289
	34,09(34,09)	1.14,74(40,65)	1.55,60(40,86)	2.37,83(42,23)	
	3.19,43(41,60)	4.01,39(41,96)	4.43,34(41,95)	5.21,98(38,64)	
19	Christoffer Gurvin Skaaland	97	Delfana	5.24,18	283
	35,59(35,59)	1.16,26(40,67)	1.57,83(41,57)	2.40,13(42,30)	
	3.21,54(41,41)	4.03,94(42,40)	4.45,68(41,74)	5.24,18(38,50)	
20	Torbjørn Visnes	97	Stord IL	5.24,80	281
	36,17(36,17)	1.15,45(39,28)	1.57,21(41,76)	2.39,47(42,26)	
	3.21,82(42,35)	4.03,99(42,17)	4.46,32(42,33)	5.24,80(38,48)	
21	Håkon Skogen	97	Randaberg IL	5.35,20	256
	37,23(37,23)	1.18,88(41,65)	2.00,97(42,09)	2.44,31(43,34)	
	3.27,40(43,09)	4.10,44(43,04)	4.53,98(43,54)	5.35,20(41,22)	
22	Asbjørn Framnes	97	Stord IL	5.40,53	244
	38,06(38,06)	1.19,49(41,43)	2.02,82(43,33)	2.47,31(44,49)	
	3.30,60(43,29)	4.16,13(45,53)	5.01,67(45,54)	5.40,53(38,86)	
23	Anders Nilsson	97	Madla SK	5.42,55	240
	38,49(38,49)	1.22,35(43,86)	2.06,08(43,73)	2.51,52(45,44)	
	3.35,32(43,80)	4.19,97(44,65)	5.02,46(42,49)	5.42,55(40,09)	
24	Erik Hystad	97	Stord IL	5.44,10	236
	36,75(36,75)	1.18,19(41,44)	2.01,83(43,64)	2.45,46(43,63)	

3.30,59(45,13)

4.16,02(45,43)

5.01,43(45,41)

5.44,10(42,67)

Øvelse 9. 400m fri, jenter - født 1996

1p	Elin Haugland	96	Delfana	4.25,28	694
	30,12(30,12)	1.02,77(32,65)	1.35,80(33,03)	2.09,63(33,83)	
	2.43,65(34,02)	3.17,87(34,22)	3.52,14(34,27)	4.25,28(33,14)	
2p	Lisa Skogeng	96	Delfana	4.29,98	659
	31,11(31,11)	1.04,43(33,32)	1.38,01(33,58)	2.12,06(34,05)	
	2.46,41(34,35)	3.21,01(34,60)	3.55,69(34,68)	4.29,98(34,29)	
3p	Maria Thompson Clausen	96	Madla SK	4.33,74	632
	31,16(31,16)	1.05,02(33,86)	1.39,52(34,50)	2.14,47(34,95)	
	2.49,50(35,03)	3.24,52(35,02)	3.59,42(34,90)	4.33,74(34,32)	
4	Vilde Tengesdal	96	Bryne SK	4.34,23	629
	31,41(31,41)	1.05,66(34,25)	1.39,97(34,31)	2.14,93(34,96)	
	2.49,55(34,62)	3.24,62(35,07)	3.59,82(35,20)	4.34,23(34,41)	
5	Tina Schutz	96	Vestkantsvømmerne	4.35,67	619
	31,97(31,97)	1.06,45(34,48)	1.41,00(34,55)	2.16,08(35,08)	
	2.51,24(35,16)	3.26,39(35,15)	4.01,70(35,31)	4.35,67(33,97)	
6	Tone-Lill Evanger	96	Delfana	4.35,82	618
	31,53(31,53)	1.05,67(34,14)	1.40,06(34,39)	2.15,01(34,95)	
	2.50,11(35,10)	3.25,72(35,61)	4.01,32(35,60)	4.35,82(34,50)	
7	Ingeborg Jørmeland	96	Stavanger SC	4.40,66	586
	31,33(31,33)	1.05,92(34,59)	1.40,59(34,67)	2.16,37(35,78)	
	2.52,58(36,21)	3.29,16(36,58)	4.05,48(36,32)	4.40,66(35,18)	
8	Elida Marie Folkedal Hole	96	Vestkantsvømmerne	4.42,80	573
	31,26(31,26)	1.06,03(34,77)	1.41,11(35,08)	2.16,43(35,32)	
	2.52,61(36,18)	3.29,11(36,50)	4.06,39(37,28)	4.42,80(36,41)	
9	Frida Hinna	96	Delfana	4.45,69	556
	32,52(32,52)	1.07,51(34,99)	1.43,56(36,05)	2.19,95(36,39)	
	2.56,61(36,66)	3.33,47(36,86)	4.09,73(36,26)	4.45,69(35,96)	
10	Emilie Knutsen Hegdal	96	Stavanger SC	4.47,41	546
	32,02(32,02)	1.07,22(35,20)	1.43,63(36,41)	2.20,18(36,55)	
	2.57,06(36,88)	3.34,44(37,38)	4.11,42(36,98)	4.47,41(35,99)	
11	Lotte Miller	96	Madla SK	4.50,86	527
	32,48(32,48)	1.07,84(35,36)	1.44,56(36,72)	2.21,08(36,52)	
	2.57,78(36,71)	3.35,42(37,63)	4.13,64(38,22)	4.50,86(37,22)	
12	Stina Dahl	96	Delfana	4.52,10	520
	31,85(31,85)	1.07,17(35,32)	1.44,50(37,33)	2.22,36(37,86)	
	3.00,05(37,69)	3.38,12(38,07)	4.15,83(37,71)	4.52,10(36,27)	
13	Christine Akselberg	96	Arna SLK	5.00,52	478
	32,72(32,72)	1.09,30(36,58)	1.47,63(38,33)	2.26,32(38,69)	
	3.05,80(39,48)	3.44,82(39,02)	4.23,43(38,61)	5.00,52(37,09)	
14	Camilla Birkeland	96	Haugesund SK	5.01,94	471
	32,80(32,80)	1.10,05(37,25)	1.47,96(37,91)	2.26,99(39,03)	
	3.06,07(39,08)	3.45,85(39,78)	4.24,85(39,00)	5.01,94(37,09)	
15	Ingrid Marie Thorsen	96	Haugesund SK	5.03,07	466
	32,40(32,40)	1.08,88(36,48)	1.47,80(38,92)	2.26,61(38,81)	
	3.06,37(39,76)	3.45,66(39,29)	4.24,84(39,18)	5.03,07(38,23)	
16	Karine Johannessen	96	Bergen SLK	5.15,37	413
	34,91(34,91)	1.13,18(38,27)	1.52,78(39,60)	2.33,21(40,43)	
	3.14,07(40,86)	3.55,49(41,42)	4.36,86(41,37)	5.15,37(38,51)	
17	Susan Ultee	96	Frisinn SK	5.16,17	410
	34,64(34,64)	1.13,40(38,76)	1.53,37(39,97)	2.33,58(40,21)	
	3.14,82(41,24)	3.56,14(41,32)	4.37,08(40,94)	5.16,17(39,09)	
18	Lisa Aaslestad	96	Sandnes SLK	5.16,68	408
	34,21(34,21)	1.13,02(38,81)	1.53,10(40,08)	2.33,72(40,62)	
	3.14,54(40,82)	3.55,44(40,90)	4.36,65(41,21)	5.16,68(40,03)	
19	Lotte Aune	96	Stavanger SC	5.18,67	401

	36,01(36,01)	1.16,46(40,45)	1.56,56(40,10)	2.37,13(40,57)	
	3.17,73(40,60)	3.58,85(41,12)	4.39,86(41,01)	5.18,67(38,81)	
20	Emily Bådsvik	96	Frisinn SK	5.21,62	390
	36,42(36,42)	1.17,75(41,33)	1.59,40(41,65)	2.41,75(42,35)	
	3.23,15(41,40)	4.05,15(42,00)	4.46,01(40,86)	5.21,62(35,61)	
21	Elin Alette Fossheim	96	Vestkantsvømmerne	5.26,12	374
	35,44(35,44)	1.14,99(39,55)	1.56,03(41,04)	2.37,69(41,66)	
	3.20,55(42,86)	4.03,08(42,53)	4.45,93(42,85)	5.26,12(40,19)	
22	Regine Sjørdal Lindanger	96	Frisinn SK	5.26,22	373
	33,89(33,89)	1.13,59(39,70)	1.54,25(40,66)	2.36,27(42,02)	
	3.18,85(42,58)	4.01,68(42,83)	4.44,28(42,60)	5.26,22(41,94)	
23	Maria Teige	96	Vestkantsvømmerne	5.26,53	372
	34,76(34,76)	1.14,43(39,67)	1.56,06(41,63)	2.38,63(42,57)	
	3.21,22(42,59)	4.04,67(43,45)	4.47,94(43,27)	5.26,53(38,59)	
24	Thea Støle	96	Frisinn SK	5.42,75	322
	37,15(37,15)	1.18,80(41,65)	2.02,47(43,67)	2.46,69(44,22)	
	3.31,00(44,31)	4.15,55(44,55)	4.59,87(44,32)	5.42,75(42,88)	

Øvelse 10. 400m fri, gutter - født 1996

1p	Morten Wee Hollund	96	Karmøy SK	4.16,69	570
	28,75(28,75)	1.00,24(31,49)	1.33,16(32,92)	2.06,18(33,02)	
	2.39,78(33,60)	3.12,83(33,05)	3.46,45(33,62)	4.16,69(30,24)	
2p	Sander Nilsen Sivertsen	96	Vestkantsvømmerne	4.18,78	556
	29,39(29,39)	1.01,31(31,92)	1.33,95(32,64)	2.06,88(32,93)	
	2.39,73(32,85)	3.12,91(33,18)	3.46,29(33,38)	4.18,78(32,49)	
3p	Kacper Domanski	96	Madla SK	4.23,11	529
	31,32(31,32)	1.02,86(31,54)	1.35,75(32,89)	2.08,84(33,09)	
	2.42,64(33,80)	3.16,88(34,24)	3.50,83(33,95)	4.23,11(32,28)	
4	Sindre Aasland Ranaweera	96	Madla SK	4.23,32	528
	29,87(29,87)	1.02,07(32,20)	1.35,30(33,23)	2.08,50(33,20)	
	2.42,11(33,61)	3.16,53(34,42)	3.50,45(33,92)	4.23,32(32,87)	
5	Håkon P. Ludvigsen	96	Randaberg IL	4.24,46	521
	29,72(29,72)	1.02,49(32,77)	1.35,73(33,24)	2.09,31(33,58)	
	2.43,35(34,04)	3.17,98(34,63)	3.52,23(34,25)	4.24,46(32,23)	
6	Eirik Johnsen	96	Bergens SC	4.33,17	473
	30,23(30,23)	1.04,29(34,06)	1.38,87(34,58)	2.13,54(34,67)	
	2.48,34(34,80)	3.23,73(35,39)	3.58,72(34,99)	4.33,17(34,45)	
7	Martin Langeland-Knutsen	96	Sola SK	4.39,58	441
	30,82(30,82)	1.04,88(34,06)	1.40,74(35,86)	2.17,12(36,38)	
	2.53,33(36,21)	3.29,29(35,96)	4.05,27(35,98)	4.39,58(34,31)	
8	Sigve Innselset	96	Vestkantsvømmerne	4.39,90	439
	32,16(32,16)	1.07,88(35,72)	1.43,93(36,05)	2.20,46(36,53)	
	2.55,98(35,52)	3.31,57(35,59)	4.07,06(35,49)	4.39,90(32,84)	
9	Håkon Wulf Haugen	96	Bergens SC	4.40,50	436
	30,88(30,88)	1.05,96(35,08)	1.41,19(35,23)	2.16,86(35,67)	
	2.52,58(35,72)	3.28,76(36,18)	4.05,56(36,80)	4.40,50(34,94)	
10	Alexander Johnsgaard	96	Delfana	4.40,63	436
	31,64(31,64)	1.06,87(35,23)	1.42,87(36,00)	2.18,65(35,78)	
	2.55,08(36,43)	3.31,10(36,02)	4.06,66(35,56)	4.40,63(33,97)	
11	Sondre Møll	96	Stavanger SC	4.41,97	430
	31,66(31,66)	1.06,91(35,25)	1.42,12(35,21)	2.18,18(36,06)	
	2.54,81(36,63)	3.30,70(35,89)	4.07,55(36,85)	4.41,97(34,42)	
12	Lars Berg	96	Bergens SLK	4.43,79	421
	31,88(31,88)	1.06,15(34,27)	1.41,83(35,68)	2.18,33(36,50)	
	2.55,12(36,79)	3.31,98(36,86)	4.09,01(37,03)	4.43,79(34,78)	
13	Bendik Aarbu	96	Åstveit SK	4.47,32	406
	31,81(31,81)	1.06,59(34,78)	1.42,42(35,83)	2.18,81(36,39)	
	2.56,06(37,25)	3.33,20(37,14)	4.10,71(37,51)	4.47,32(36,61)	

14	Benjamin Alic	96	Haugesund SK	4.47,71	404
	32,64(32,64)	1.08,67(36,03)	1.45,13(36,46)	2.21,39(36,26)	
	2.58,43(37,04)	3.35,40(36,97)	4.12,16(36,76)	4.47,71(35,55)	
15	Marius Berg	96	Delfana	4.47,89	404
	32,06(32,06)	1.07,20(35,14)	1.43,47(36,27)	2.20,14(36,67)	
	2.56,87(36,73)	3.33,90(37,03)	4.11,23(37,33)	4.47,89(36,66)	
16	Are Mowatt Gruben	96	Bergens SC	4.50,88	391
	31,67(31,67)	1.07,07(35,40)	1.43,98(36,91)	2.21,15(37,17)	
	2.58,61(37,46)	3.36,60(37,99)	4.14,32(37,72)	4.50,88(36,56)	
17	Erik Andre Klepp Vik	96	Sandnes SLK	4.54,04	379
	31,15(31,15)	1.05,97(34,82)	1.43,37(37,40)	2.21,64(38,27)	
	2.59,67(38,03)	3.38,11(38,44)	4.17,35(39,24)	4.54,04(36,69)	
18	Lars Ole Taule Fjørtoft	96	Arna SLK	4.57,32	366
	33,27(33,27)	1.10,61(37,34)	1.48,88(38,27)	2.27,64(38,76)	
	3.06,64(39,00)	3.44,85(38,21)	4.21,82(36,97)	4.57,32(35,50)	
19	Aksel Johannesen	96	Bergens SC	4.57,92	364
	31,58(31,58)	1.06,24(34,66)	1.43,07(36,83)	2.21,20(38,13)	
	3.00,87(39,67)	3.40,20(39,33)	4.19,70(39,50)	4.57,92(38,22)	
20	Johannes Hauge	96	Førde IL	5.03,43	345
	32,94(32,94)	1.10,12(37,18)	1.48,77(38,65)	2.27,92(39,15)	
	3.07,47(39,55)	3.46,70(39,23)	4.26,51(39,81)	5.03,43(36,92)	
21	Bjørn Stian Vuillioenenet	96	Klepp SSK	5.03,62	344
	32,94(32,94)	1.09,64(36,70)	1.47,83(38,19)	2.26,59(38,76)	
	3.06,25(39,66)	3.45,90(39,65)	4.25,38(39,48)	5.03,62(38,24)	
22	Torstein Myklebust	96	Frisinn SK	5.11,29	319
	33,19(33,19)	1.11,28(38,09)	1.50,78(39,50)	2.30,68(39,90)	
	3.10,93(40,25)	3.51,32(40,39)	4.32,77(41,45)	5.11,29(38,52)	
23	Knut André Sande	96	Sandnes SLK	5.12,09	317
	32,82(32,82)	1.09,68(36,86)	1.48,85(39,17)	2.28,99(40,14)	
	3.09,14(40,15)	3.50,80(41,66)	4.32,67(41,87)	5.12,09(39,42)	
24	Malik Knapp	96	Sola SK	5.17,69	300
	34,84(34,84)	1.13,03(38,19)	1.52,79(39,76)	2.33,14(40,35)	
	3.13,86(40,72)	3.55,14(41,28)	4.36,80(41,66)	5.17,69(40,89)	

Øvelse 11. 100m rygg, jenter - født 2000

1p	Fanny Zahl Thorsen	00	Haugesund SK	1.34,41	200
	47,85(47,85)	1.34,41(46,56)			
2p	Maren Pedersen	00	Delfana	1.34,68	198
	46,30(46,30)	1.34,68(48,38)			
3p	Emily Lane	00	Stavanger SC	1.35,26	195
	46,15(46,15)	1.35,26(49,11)			
4	Ulva Bray	00	Haugesund SK	1.36,33	188
	46,62(46,62)	1.36,33(49,71)			
5	Maria Storstein	00	Karmøy SK	1.37,35	183
	49,15(49,15)	1.37,35(48,20)			
6	Kaja Anderssen Søreng	00	Vestkantsvømmerne	1.37,81	180
	47,64(47,64)	1.37,81(50,17)			
7	Emma Østenstad	00	Haugesund SK	1.38,75	175
	48,93(48,93)	1.38,75(49,82)			
8	Eline Nygaard	00	Vestkantsvømmerne	1.39,02	174
	48,28(48,28)	1.39,02(50,74)			
9	Marita Aakre	00	Delfana	1.39,33	172
	48,46(48,46)	1.39,33(50,87)			
10	Martine Henneman	00	Åstveit SK	1.42,41	157
	49,96(49,96)	1.42,41(52,45)			
11	Johanne Folkedal Hole	00	Vestkantsvømmerne	1.43,55	152
	50,41(50,41)	1.43,55(53,14)			

12	Herniette T Bruu	00	Delfana	1.43,69	151
	50,01(50,01)	1.43,69(53,68)			
13	Mona Kathrine Behzadi	00	Madla SK	1.43,71	151
	51,54(51,54)	1.43,71(52,17)			
14	Silje Skjæveland	00	Åstveit SK	1.44,26	149
	50,70(50,70)	1.44,26(53,56)			
15	Andrine Dalland	00	Delfana	1.44,99	146
	51,75(51,75)	1.44,99(53,24)			
16	Oda J Øvsthus	00	Delfana	1.45,78	142
	51,73(51,73)	1.45,78(54,05)			
17	Emma Rong	00	Delfana	1.48,94	130
	49,96(49,96)	1.48,94(58,98)			
18	Kine Tangerås Johnsen	00	Delfana	1.54,12	113
	55,27(55,27)	1.54,12(58,85)			
19	Frida Hegg Mikkelsen	00	Bergen SLK	1.55,05	111
	56,33(56,33)	1.55,05(58,72)			
	Thale Fink	00	Førde IL	DISK	
	Synneva Aarekol Johannessen	00	Karmøy SK	DISK	

Øvelse 12. 100m rygg, gutter - født 2000

1p	Omar Omarsson	00	Delfana	1.29,53	163
	44,14(44,14)	1.29,53(45,39)			
2p	Sindre Pleym Olsen	00	Delfana	1.32,28	149
	44,59(44,59)	1.32,28(47,69)			
3p	Johs Seeberg	00	Karmøy SK	1.36,79	129
	48,23(48,23)	1.36,79(48,56)			
4	Snorre Skjæveland	00	Åstveit SK	1.42,03	110
	50,22(50,22)	1.42,03(51,81)			
5	Heine Ottesen	00	Delfana	1.42,91	108
	48,38(48,38)	1.42,91(54,53)			
6	Trym Døssland Bjerkvik	00	Åstveit SK	1.44,79	102
	50,64(50,64)	1.44,79(54,15)			
7	Andreas Sundstrøm	00	Delfana	1.45,58	100
		1.45,58(1.45,58)			
8	Vermund Skogland Høgset	00	Karmøy SK	2.00,09	68
	58,67(58,67)	2.00,09(1.01,42)			
	Erling Flåm Krogsrud	00	Arna SLK	DISK	
	Sigurd Løvik	00	Førde IL	DISK	
	August Malterud	00	Førde IL	DISK	

Øvelse 13. 200m rygg, jenter - født 1999

1p	Heather Ann Fraser Mulvany	99	Madla SK	2.40,87	417
	37,85(37,85)	1.17,82(39,97)	1.59,20(41,38)	2.40,87(41,67)	
2p	Alina Hagen Bjelancic	99	Stavanger SC	2.46,03	379

	40,15(40,15)	1.21,40(41,25)	2.04,05(42,65)	2.46,03(41,98)	
3p	Benedikte Øverland	99	Vestkantsvømmerne	2.47,14	372
	38,94(38,94)	1.21,01(42,07)	2.04,19(43,18)	2.47,14(42,95)	
4	Johanne Heines Pettersen	99	Randaberg IL	2.51,92	342
	40,56(40,56)	1.24,30(43,74)	2.08,86(44,56)	2.51,92(43,06)	
5	Stine Bertelsen	99	Bryne SK	2.59,60	300
	42,17(42,17)	1.27,14(44,97)	2.13,64(46,50)	2.59,60(45,96)	
6	Andrine F Tobiassen	99	Bryne SK	2.59,83	298
	41,92(41,92)	1.27,13(45,21)	2.13,60(46,47)	2.59,83(46,23)	
7	Oda Borgstrøm	99	Stavanger SC	3.01,73	289
	42,87(42,87)	1.29,04(46,17)	2.15,55(46,51)	3.01,73(46,18)	
8	Nora T. Hinna	99	Delfana	3.02,70	285
	41,40(41,40)	1.28,30(46,90)	2.16,60(48,30)	3.02,70(46,10)	
9	Vilde Kristine Uthus Halse	99	Bergens SC	3.05,00	274
	44,40(44,40)	1.30,91(46,51)	2.19,12(48,21)	3.05,00(45,88)	
10	Mie Kreybu	99	Arna SLK	3.05,25	273
	41,59(41,59)	1.28,33(46,74)	2.17,68(49,35)	3.05,25(47,57)	
11	Helene Emmerhoff	99	Randaberg IL	3.10,18	252
	46,32(46,32)	1.34,68(48,36)	2.23,30(48,62)	3.10,18(46,88)	
12	Marie Jenssen	99	Delfana	3.10,30	252
	45,54(45,54)	1.33,35(47,81)	2.22,34(48,99)	3.10,30(47,96)	
13	Karianne Møkster	99	Frisinn SK	3.15,63	232
	47,54(47,54)	1.37,85(50,31)	2.28,67(50,82)	3.15,63(46,96)	
14	Helene Dalland	99	Åstveit SK	3.17,75	224
	47,03(47,03)	1.37,88(50,85)	2.29,25(51,37)	3.17,75(48,50)	
15	Andrea G. Skaaland	99	Delfana	3.17,92	224
	46,83(46,83)	1.37,40(50,57)	2.29,12(51,72)	3.17,92(48,80)	
16	Sofie Lindgren	99	Delfana	3.18,47	222
	47,34(47,34)		2.29,80(1.42,46)	3.18,47(48,67)	
17	Katrine Sauesund	99	Delfana	3.20,21	216
	48,54(48,54)	1.40,18(51,64)	2.31,60(51,42)	3.20,21(48,61)	
18	Christina Vestre	99	Haugesund SK	3.20,52	215
	44,94(44,94)	1.36,61(51,67)	2.29,00(52,39)	3.20,52(51,52)	
19	Marie Sveingard	99	Stavanger SC	3.20,68	215
	47,79(47,79)		2.33,36(1.45,57)	3.20,68(47,32)	
20	Amalie A Larsen	99	Delfana	3.20,99	214
	49,80(49,80)	1.41,97(52,17)	2.33,31(51,34)	3.20,99(47,68)	
21	Torill Thuestad Stokka	99	Madla SK	3.21,65	212
	45,15(45,15)	1.36,46(51,31)	2.29,36(52,90)	3.21,65(52,29)	
22	Natalie Hestdal	99	Åstveit SK	3.23,87	205
	47,22(47,22)	1.39,12(51,90)	2.31,03(51,91)	3.23,87(52,84)	
23	Kristine Johanne Tellefsen	99	Bergen SLK	3.27,78	194
	48,03(48,03)	1.42,97(54,94)	2.38,50(55,53)	3.27,78(49,28)	
24	Tessa Francisca Janssen	99	Stavanger SC	3.28,39	192
	48,69(48,69)			3.28,39(2.39,70)	
25	Mariell Rivedal	99	Bergen SLK	3.30,73	185
	49,78(49,78)	1.44,11(54,33)	2.38,89(54,78)	3.30,73(51,84)	
26	Nora Sandvoll	99	Frisinn SK	3.32,99	180
	47,04(47,04)	1.41,54(54,50)	2.39,32(57,78)	3.32,99(53,67)	
27	Ragnhild Kleppestrand	99	Vestkantsvømmerne	3.33,90	177
	49,91(49,91)	1.45,54(55,63)	2.40,97(55,43)	3.33,90(52,93)	
28	Aurora T Truyen	99	Delfana	3.36,08	172
	50,73(50,73)		2.45,00(1.54,27)	3.36,08(51,08)	
29	Emilie Rong	99	Delfana	3.42,36	158
	52,80(52,80)	1.49,68(56,88)	2.47,38(57,70)	3.42,36(54,98)	
30	Nelly Gjellestad	99	Bergen SLK	3.57,53	130
	54,99(54,99)	1.55,52(1.00,53)	2.58,18(1.02,66)	3.57,53(59,35)	
31	Maren Rygg Brekke	99	Arna SLK	3.58,69	128
	55,49(55,49)			3.58,69(3.03,20)	
32	Sandra Kvamme	99	Arna SLK	4.05,98	117
	56,17(56,17)	1.59,80(1.03,63)	3.04,75(1.04,95)	4.05,98(1.01,23)	
	Vilde Lohmann	99	Delfana	BRUTT	

Maria Bjerk Aarbu	99	Åstveit SK	DISK
Hui Li Yen Askvik	99	Delfana	DISK
Kristin Solberg	99	Delfana	DISK
Kristin Xin Øie	99	Stavanger SC	DISK

Øvelse 14. 200m rygg, gutter - født 1999

1p	Marius Holm	99	Sandnes SLK	2.47,93	252
	39,16(39,16)	1.22,03(42,87)	2.06,61(44,58)	2.47,93(41,32)	
2p	Truls Wigdel	99	Madla SK	2.48,70	249
	40,62(40,62)	1.23,61(42,99)	2.07,37(43,76)	2.48,70(41,33)	
3p	Sondre Saltnes Urdal	99	Delfana	2.52,69	232
	41,22(41,22)	1.26,09(44,87)	2.11,00(44,91)	2.52,69(41,69)	
4	Ole Andre Wigestrånd	99	Sandnes SLK	2.53,34	229
	40,96(40,96)	1.25,06(44,10)	2.10,80(45,74)	2.53,34(42,54)	
5	Olav Nevestveit Barøy	99	Klepp SSK	3.00,94	202
	43,26(43,26)	1.29,60(46,34)	2.16,77(47,17)	3.00,94(44,17)	
6	Endre Mowatt Gruben	99	Bergens SC	3.02,25	197
	43,92(43,92)	1.30,37(46,45)	2.16,78(46,41)	3.02,25(45,47)	
7	Sindre Salte Dunseth	99	Madla SK	3.07,15	182
	44,39(44,39)		2.20,49(1.36,10)	3.07,15(46,66)	
8	Petter S Kolaas	99	Delfana	3.11,80	169
	48,19(48,19)	1.37,60(49,41)	2.26,71(49,11)	3.11,80(45,09)	
9	Jens Petter Turøy	99	Stavanger SC	3.13,61	165
	45,85(45,85)	1.37,39(51,54)	2.27,35(49,96)	3.13,61(46,26)	
10	Mads Vestly	99	Sandnes SLK	3.17,37	155
	46,77(46,77)	1.38,18(51,41)	2.29,12(50,94)	3.17,37(48,25)	
11	Andreas Heimnes	99	Åstveit SK	3.19,34	151
	48,59(48,59)	1.39,19(50,60)		3.19,34(1.40,15)	
12	Njord Fornes	99	Sola SK	3.27,39	134
	48,54(48,54)	1.41,38(52,84)	2.36,17(54,79)	3.27,39(51,22)	
13	Heine Nilsen	99	Vestkant svømmerne	3.35,47	119
	50,23(50,23)	1.47,30(57,07)		3.35,47(1.48,17)	
14	Jimmy W. Skauge	99	Arna SLK	4.29,96	61
	1.06,75(1.06,75)	2.15,64(1.08,89)		4.29,96(2.14,32)	

Øvelse 15. 200m rygg, jenter - født 1998

1p	Maria Voldsund	98	Delfana	2.38,37	437
	36,52(36,52)	1.16,55(40,03)	1.57,74(41,19)	2.38,37(40,63)	
2p	Emilie Lie Mathisen	98	Vestkant svømmerne	2.42,72	403
	38,27(38,27)	1.19,14(40,87)	2.01,64(42,50)	2.42,72(41,08)	
3p	Ulrikke Rein	98	Madla SK	2.45,36	384
	39,82(39,82)	1.22,28(42,46)	2.04,48(42,20)	2.45,36(40,88)	
4	Gina Alvestad	98	Karmøy SK	2.45,46	383
	39,21(39,21)	1.21,28(42,07)	2.04,10(42,82)	2.45,46(41,36)	

5	Christine Sekkesæter	98	Madla SK	2.45,56	382
	38,80(38,80)	1.20,83(42,03)	2.03,38(42,55)	2.45,56(42,18)	
6	Hanne Reime	98	Bryne SK	2.46,85	374
	39,46(39,46)	1.22,07(42,61)	2.05,22(43,15)	2.46,85(41,63)	
7	Karen Nygård Magnussen	98	Bryne SK	2.48,22	365
	39,28(39,28)	1.22,32(43,04)	2.06,07(43,75)	2.48,22(42,15)	
8	Solveig Aarland	98	Delfana	2.48,86	361
	38,77(38,77)	1.21,23(42,46)	2.05,52(44,29)	2.48,86(43,34)	
9	Ingvild Gullaksen Vatsnelle	98	Vestkantsvømmerne	2.49,91	354
	38,96(38,96)	1.21,99(43,03)	2.06,41(44,42)	2.49,91(43,50)	
10	Kristin Serck-Hanssen	98	Madla SK	2.49,96	354
	39,34(39,34)	1.22,20(42,86)	2.06,42(44,22)	2.49,96(43,54)	
11	Nina-Therese Storstein	98	Karmøy SK	2.51,72	343
	41,98(41,98)	1.25,32(43,34)	2.08,92(43,60)	2.51,72(42,80)	
12	Hanne Erstad Larsen	98	Delfana	2.52,48	338
	41,42(41,42)	1.26,33(44,91)	2.11,72(45,39)	2.52,48(40,76)	
13	Ingrid Elise Berge Jenssen	98	Madla SK	2.53,88	330
	41,87(41,87)	1.25,95(44,08)	2.10,08(44,13)	2.53,88(43,80)	
14	Andrea Skråmestø	98	Bergens SC	2.56,72	315
	40,98(40,98)	1.26,24(45,26)	2.12,12(45,88)	2.56,72(44,60)	
15	Vilde E. Stokkenes	98	Haugesund SK	2.59,72	299
	42,69(42,69)	1.29,22(46,53)	2.16,32(47,10)	2.59,72(43,40)	
16	Stine Dale	98	Vestkantsvømmerne	3.00,76	294
	42,53(42,53)	1.28,94(46,41)	2.15,99(47,05)	3.00,76(44,77)	
17	Andrea Edland	98	Frisinn SK	3.01,37	291
	42,37(42,37)	1.28,08(45,71)	2.15,55(47,47)	3.01,37(45,82)	
18	Mari Dahl	98	Delfana	3.02,26	287
	43,37(43,37)	1.29,99(46,62)	2.16,05(46,06)	3.02,26(46,21)	
19	Emilie Nilo Nilssen	98	Madla SK	3.03,17	282
	42,48(42,48)	1.29,22(46,74)	2.18,17(48,95)	3.03,17(45,00)	
20	Marte Vingsnes	98	Førde IL	3.03,63	280
	43,11(43,11)	1.29,62(46,51)	2.17,35(47,73)	3.03,63(46,28)	
21	Ingjerd Davøen	98	Delfana	3.05,53	272
	44,39(44,39)	1.31,61(47,22)	2.19,36(47,75)	3.05,53(46,17)	
22	Vilde Aas Løken	98	Stord IL	3.09,05	257
	44,75(44,75)	1.32,01(47,26)	2.20,19(48,18)	3.09,05(48,86)	
23	Henriette Kronstad Helland	98	Vestkantsvømmerne	3.12,48	243
	44,42(44,42)	1.33,51(49,09)	2.24,89(51,38)	3.12,48(47,59)	
24	Marte Nygaard	98	Vestkantsvømmerne	3.14,81	235
	43,97(43,97)	1.34,69(50,72)	2.26,24(51,55)	3.14,81(48,57)	

Øvelse 16. 200m rygg, gutter - født 1998

1p	Eivind Bjelland	98	Haugesund SK	2.33,58	330
	36,43(36,43)	1.15,39(38,96)	1.54,79(39,40)	2.33,58(38,79)	
2p	Urs Bludau	98	Arna SLK	2.38,63	299
	37,55(37,55)	1.18,43(40,88)	1.58,35(39,92)	2.38,63(40,28)	
3p	Halvor Alvestad Larsen	98	Karmøy SK	2.41,23	285
	39,09(39,09)	1.20,47(41,38)	2.01,76(41,29)	2.41,23(39,47)	
4	Simen Kreybu	98	Arna SLK	2.41,78	282
	37,93(37,93)	1.18,92(40,99)	2.01,13(42,21)	2.41,78(40,65)	
5	Alec Karlsen	98	Madla SK	2.44,04	271
	38,40(38,40)	1.20,36(41,96)	2.02,87(42,51)	2.44,04(41,17)	
6	Axel Ravndal	98	Sandnes SLK	2.48,75	249
	40,54(40,54)	1.23,00(42,46)	2.06,04(43,04)	2.48,75(42,71)	
7	Teis Malterud	98	Førde IL	2.48,97	248
	40,22(40,22)	1.21,84(41,62)	2.05,35(43,51)	2.48,97(43,62)	

8	Jonas Østenstad	98	Haugesund SK	2.55,05	223
	41,93(41,93)	1.27,83(45,90)	2.13,25(45,42)	2.55,05(41,80)	
9	Per Tinius Mowinckel	98	Bergens SC	2.58,81	209
	42,52(42,52)	1.28,11(45,59)	2.15,26(47,15)	2.58,81(43,55)	
10	Erling Belaska	98	Madla SK	2.59,80	206
	42,50(42,50)	1.28,62(46,12)	2.15,26(46,64)	2.59,80(44,54)	
11	Kim Andre Grønstøl	98	Åstveit SK	3.04,62	190
	44,34(44,34)	1.30,82(46,48)	2.19,12(48,30)	3.04,62(45,50)	
12	Ignacy Pichler	98	Bergens SC	3.07,10	182
	44,08(44,08)	1.31,87(47,79)	2.20,69(48,82)	3.07,10(46,41)	
13	Ole Lohte Foseid	98	Stord IL	3.11,12	171
	45,51(45,51)	1.35,19(49,68)	2.24,34(49,15)	3.11,12(46,78)	
14	Vegard Straume	98	Vestkantsvømmerne	3.11,65	170
	46,63(46,63)	1.36,33(49,70)	2.25,76(49,43)	3.11,65(45,89)	
15	Ådne Undheim	98	Bryne SK	3.15,85	159
	46,77(46,77)	1.37,27(50,50)	2.27,74(50,47)	3.15,85(48,11)	
16	Sindre Vatnamot Amble	98	Madla SK	3.19,62	150
	48,38(48,38)	1.39,96(51,58)	2.30,98(51,02)	3.19,62(48,64)	
17	Benjamin Johnsen	98	Delfana	3.23,41	142
	48,98(48,98)	1.40,13(51,15)	2.31,88(51,75)	3.23,41(51,53)	
18	Kim W Skauge	98	Arna SLK	3.29,48	130
	48,88(48,88)	1.41,98(53,10)	2.36,90(54,92)	3.29,48(52,58)	

Øvelse 17. 200m rygg, jenter - født 1997

1p	Karianne Reinertsen	97	Delfana	2.26,04	557
	34,61(34,61)	1.11,79(37,18)	1.49,18(37,39)	2.26,04(36,86)	
2p	Marte Dale	97	Vestkantsvømmerne	2.33,14	483
	35,91(35,91)	1.14,58(38,67)	1.54,07(39,49)	2.33,14(39,07)	
3p	Toni G. Coudray	97	Bergens SC	2.33,26	482
	36,50(36,50)	1.16,04(39,54)	1.55,32(39,28)	2.33,26(37,94)	
4	Nina Staveland	97	Madla SK	2.34,83	468
	36,95(36,95)	1.15,31(38,36)	1.54,88(39,57)	2.34,83(39,95)	
5	Ingrid Bergslid	97	Madla SK	2.37,91	441
	38,02(38,02)	1.18,57(40,55)	1.58,68(40,11)	2.37,91(39,23)	
6	Vanja Syversen	97	Delfana	2.40,05	423
	37,64(37,64)	1.18,38(40,74)	1.59,61(41,23)	2.40,05(40,44)	
7	Ida Tomine Glomsaker	97	Madla SK	2.40,99	416
	39,32(39,32)	1.20,25(40,93)	2.00,91(40,66)	2.40,99(40,08)	
8	Ida Jenssen Lirhus	97	Madla SK	2.42,12	407
	38,43(38,43)	1.19,31(40,88)	2.01,05(41,74)	2.42,12(41,07)	
9	Brita Stang Aune	97	Stavanger SC	2.42,26	406
	36,84(36,84)	1.17,94(41,10)	2.00,32(42,38)	2.42,26(41,94)	
10	Sandra Sola	97	Madla SK	2.43,09	400
	39,45(39,45)	1.20,06(40,61)	2.02,01(41,95)	2.43,09(41,08)	
11	Ingeborg Liseth Pedersen	97	Åstveit SK	2.44,38	391
	39,39(39,39)	1.20,69(41,30)	2.02,59(41,90)	2.44,38(41,79)	
12	Susann Pleym Olsen	97	Delfana	2.45,69	382
	39,60(39,60)	1.21,42(41,82)	2.04,17(42,75)	2.45,69(41,52)	
13	Siril Therese Bårtvedt	97	Sandnes SLK	2.46,17	378
	39,71(39,71)	1.22,29(42,58)	2.05,10(42,81)	2.46,17(41,07)	
14	Stina Karlsen Heimnes	97	Åstveit SK	2.46,61	375
	40,22(40,22)	1.22,41(42,19)	2.04,68(42,27)	2.46,61(41,93)	
15	Aneeka Knapp	97	Sola SK	2.47,65	368
	39,80(39,80)	1.22,07(42,27)	2.05,42(43,35)	2.47,65(42,23)	
16	Julie Sundstrøm	97	Delfana	2.48,76	361
	39,77(39,77)	1.22,35(42,58)	2.06,25(43,90)	2.48,76(42,51)	

17	Thea Anderssen Søreng	97	Vestkantsvømmerne	2.49,10	359
	39,26(39,26)	1.22,41(43,15)	2.06,23(43,82)	2.49,10(42,87)	
18	Mathilde Konstanse Rasmussen	97	Arna SLK	2.50,26	352
	39,99(39,99)	1.22,88(42,89)	2.06,65(43,77)	2.50,26(43,61)	
19	Hanne Hana Voss	97	Randaberg IL	2.52,70	337
	42,01(42,01)	1.25,56(43,55)	2.09,04(43,48)	2.52,70(43,66)	
20	Ingrid Dvergsdal	97	Førde IL	2.56,95	313
	41,39(41,39)	1.26,37(44,98)	2.12,72(46,35)	2.56,95(44,23)	
21	Sofie Johnsen	97	Bergen SLK	2.57,05	313
	42,61(42,61)	1.28,13(45,52)	2.14,64(46,51)	2.57,05(42,41)	
22	Hanna Årsvoll Ryen	97	Sandnes SLK	2.57,63	310
	41,80(41,80)	1.26,47(44,67)	2.13,25(46,78)	2.57,63(44,38)	
23	Iselin Helløy	97	Åstveit SK	3.08,09	261
	43,86(43,86)	1.31,27(47,41)	2.19,85(48,58)	3.08,09(48,24)	
	Lise Eiane	97	Sola SK	DISK	

Øvelse 18. 200m rygg, gutter - født 1997

1p	Erik Årsland Gidskehaug	97	Bryne SK	2.21,98	417
	34,23(34,23)	1.09,76(35,53)	1.46,07(36,31)	2.21,98(35,91)	
2p	Maurice Sudkamp	97	Randaberg IL	2.24,83	393
	34,07(34,07)	1.09,84(35,77)	1.47,38(37,54)	2.24,83(37,45)	
3p	Halvor Arne Borgstrøm	97	Stavanger SC	2.30,70	349
	34,94(34,94)	1.13,68(38,74)	1.53,05(39,37)	2.30,70(37,65)	
4	Harald Goa Fagerheim	97	Karmøy SK	2.33,38	331
	35,51(35,51)	1.14,22(38,71)	1.54,00(39,78)	2.33,38(39,38)	
5	Matias Gulestøl	97	Svelgen TIF	2.37,10	308
	36,22(36,22)	1.16,18(39,96)	1.57,31(41,13)	2.37,10(39,79)	
6	Vladimir Koynarev	97	Bergen SLK	2.37,11	308
	36,18(36,18)	1.16,59(40,41)	1.56,81(40,22)	2.37,11(40,30)	
7	Erlend Anfinsen	97	Sandnes SLK	2.37,37	307
	36,63(36,63)	1.16,70(40,07)	1.57,62(40,92)	2.37,37(39,75)	
8	Tim Samuelsen	97	Madla SK	2.40,75	288
	37,98(37,98)	1.18,70(40,72)	1.59,49(40,79)	2.40,75(41,26)	
9	Lars-Kristian Gotaas Bjørkbom	97	Bergens SC	2.41,05	286
	37,09(37,09)	1.18,43(41,34)	2.00,51(42,08)	2.41,05(40,54)	
10	Dennis Asbjørnsen	97	Madla SK	2.46,09	261
	39,39(39,39)	1.21,30(41,91)	2.04,02(42,72)	2.46,09(42,07)	
11	Even Stubhaug	97	Førde IL	2.46,36	259
	39,38(39,38)	1.22,43(43,05)	2.05,71(43,28)	2.46,36(40,65)	
12	Marius Solaat Røddland	97	Vestkantsvømmerne	2.46,98	257
	39,45(39,45)	1.22,73(43,28)	2.06,20(43,47)	2.46,98(40,78)	
13	Hans Fredrik Laache	97	Førde IL	2.47,77	253
	37,83(37,83)	1.19,71(41,88)	2.03,96(44,25)	2.47,77(43,81)	
14	Magnus Dale Johnsen	97	Delfana	2.49,02	247
	39,36(39,36)	1.22,42(43,06)	2.06,12(43,70)	2.49,02(42,90)	
15	Anders Nilsson	97	Madla SK	2.50,94	239
	40,52(40,52)	1.24,02(43,50)	2.09,22(45,20)	2.50,94(41,72)	
16	Gord Behzadi	97	Madla SK	2.51,06	239
	41,01(41,01)	1.24,47(43,46)	2.08,33(43,86)	2.51,06(42,73)	
17	Petter Aarbø Thorsen	97	Stord IL	2.52,66	232
	40,03(40,03)	1.23,27(43,24)	2.07,81(44,54)	2.52,66(44,85)	
18	Sebastian H. Mikkelsen	97	Bergen SLK	2.53,13	230
	40,71(40,71)	1.24,25(43,54)	2.09,50(45,25)	2.53,13(43,63)	
19	Torbjørn Visnes	97	Stord IL	2.53,98	227
	41,56(41,56)	1.26,05(44,49)	2.11,76(45,71)	2.53,98(42,22)	

20	Erik Hystad	97	Stord IL	2.54,41	225
	41,92(41,92)	1.26,33(44,41)	2.11,52(45,19)	2.54,41(42,89)	
21	Christoffer Gurvin Skaaland	97	Delfana	2.56,06	219
	41,53(41,53)	1.26,82(45,29)	2.12,16(45,34)	2.56,06(43,90)	
22	Håkon Skogen	97	Randaberg IL	3.04,77	189
	43,54(43,54)	1.29,79(46,25)	2.18,20(48,41)	3.04,77(46,57)	
23	Vegard Strandos	97	Svelgen TIF	3.11,20	171
	45,74(45,74)	1.34,51(48,77)	2.23,46(48,95)	3.11,20(47,74)	
24	Asbjørn Framnes	97	Stord IL	3.14,94	161
	47,90(47,90)	1.36,80(48,90)	2.26,90(50,10)	3.14,94(48,04)	

Øvelse 19. 200m rygg, jenter - født 1996

1p	Elin Haugland	96	Delfana	2.22,09	605
	33,83(33,83)	1.09,23(35,40)	1.45,96(36,73)	2.22,09(36,13)	
2p	Vilde Tengesdal	96	Bryne SK	2.26,80	549
	34,21(34,21)	1.11,43(37,22)	1.49,32(37,89)	2.26,80(37,48)	
3p	Tone-Lill Evanger	96	Delfana	2.26,94	547
	35,80(35,80)	1.13,35(37,55)	1.50,35(37,00)	2.26,94(36,59)	
4	Lisa Skogeng	96	Delfana	2.27,16	545
	35,63(35,63)	1.11,97(36,34)	1.49,54(37,57)	2.27,16(37,62)	
5	Maria Thompson Clausen	96	Madla SK	2.28,59	529
	35,31(35,31)	1.13,10(37,79)	1.50,90(37,80)	2.28,59(37,69)	
6	Tina Schutz	96	Vestkantsvømmerne	2.31,26	502
	35,75(35,75)	1.13,95(38,20)	1.52,86(38,91)	2.31,26(38,40)	
7	Stina Dahl	96	Delfana	2.31,53	499
	35,14(35,14)	1.13,39(38,25)	1.52,66(39,27)	2.31,53(38,87)	
8	Ingeborg Jørmeland	96	Stavanger SC	2.35,40	463
	36,50(36,50)	1.16,21(39,71)	1.56,63(40,42)	2.35,40(38,77)	
9	Emilie Knutsen Hegdal	96	Stavanger SC	2.37,39	445
	35,65(35,65)	1.14,67(39,02)	1.55,92(41,25)	2.37,39(41,47)	
10	Frida Hinna	96	Delfana	2.37,95	440
	37,87(37,87)	1.17,17(39,30)	1.58,03(40,86)	2.37,95(39,92)	
11	Elida Marie Folkedal Hole	96	Vestkantsvømmerne	2.38,04	440
	35,87(35,87)	1.15,21(39,34)	1.57,04(41,83)	2.38,04(41,00)	
12	Christine Akselberg	96	Arna SLK	2.39,14	431
	37,21(37,21)	1.17,77(40,56)	1.58,92(41,15)	2.39,14(40,22)	
13	Susan Ultee	96	Frisinn SK	2.40,19	422
	38,25(38,25)	1.18,66(40,41)	1.59,75(41,09)	2.40,19(40,44)	
14	Lotte Aune	96	Stavanger SC	2.41,07	415
	37,97(37,97)	1.19,15(41,18)	2.00,86(41,71)	2.41,07(40,21)	
15	Camilla Birkeland	96	Haugesund SK	2.43,64	396
	38,06(38,06)	1.19,38(41,32)	2.01,79(42,41)	2.43,64(41,85)	
16	Karine Johannessen	96	Bergen SLK	2.44,81	388
	39,46(39,46)	1.20,95(41,49)	2.03,21(42,26)	2.44,81(41,60)	
17	Ingrid Marie Thorsen	96	Haugesund SK	2.47,10	372
	38,39(38,39)	1.21,37(42,98)	2.05,32(43,95)	2.47,10(41,78)	
18	Maria Teige	96	Vestkantsvømmerne	2.47,12	372
	38,10(38,10)	1.20,10(42,00)	2.04,45(44,35)	2.47,12(42,67)	
19	Emily Bådsvik	96	Frisinn SK	2.49,04	359
	39,65(39,65)	1.22,09(42,44)	2.06,77(44,68)	2.49,04(42,27)	
20	Regine Sjørdal Lindanger	96	Frisinn SK	2.55,04	324
	40,89(40,89)	1.26,47(45,58)	2.11,29(44,82)	2.55,04(43,75)	
21	Elin Alette Fossheim	96	Vestkantsvømmerne	2.57,80	309
	41,59(41,59)	1.26,17(44,58)	2.12,31(46,14)	2.57,80(45,49)	
22	Lisa Aaslestad	96	Sandnes SLK	2.58,16	307
	41,05(41,05)	1.25,86(44,81)	2.12,47(46,61)	2.58,16(45,69)	

23	Thea Støle	96	Frisinn SK	3.02,64	285
	42,07(42,07)	1.28,25(46,18)		3.02,64(1.34,39)	
	Lotte Miller	96	Madla SK	DISK	

Øvelse 20. 200m rygg, gutter - født 1996

1p	Håkon P. Ludvigsen	96	Randaberg IL	2.14,59	490
	32,02(32,02)	1.06,20(34,18)	1.40,60(34,40)	2.14,59(33,99)	
2p	Sander Nilsen Sivertsen	96	Vestkantsvømmerne	2.18,30	452
	31,73(31,73)	1.06,82(35,09)	1.42,28(35,46)	2.18,30(36,02)	
3p	Sindre Aasland Ranaweera	96	Madla SK	2.19,80	437
	33,31(33,31)	1.08,48(35,17)	1.44,31(35,83)	2.19,80(35,49)	
4	Morten Wee Hollund	96	Karmøy SK	2.21,62	421
	33,27(33,27)	1.09,90(36,63)	1.46,85(36,95)	2.21,62(34,77)	
5	Kacper Domanski	96	Madla SK	2.25,22	390
	34,22(34,22)	1.10,44(36,22)	1.47,98(37,54)	2.25,22(37,24)	
6	Martin Langeland-Knutsen	96	Sola SK	2.26,45	380
	33,05(33,05)	1.10,79(37,74)	1.49,78(38,99)	2.26,45(36,67)	
7	Eirik Johnsen	96	Bergens SC	2.27,32	374
	35,55(35,55)	1.12,55(37,00)	1.50,32(37,77)	2.27,32(37,00)	
8	Håkon Wulf Haugen	96	Bergens SC	2.33,88	328
	36,05(36,05)	1.14,44(38,39)	1.54,32(39,88)	2.33,88(39,56)	
9	Alexander Johnsgaard	96	Delfana	2.34,38	325
	36,60(36,60)	1.15,96(39,36)	1.55,74(39,78)	2.34,38(38,64)	
10	Bendik Aarbu	96	Åstveit SK	2.35,97	315
	35,67(35,67)	1.14,90(39,23)	1.55,69(40,79)	2.35,97(40,28)	
11	Sigve Innselset	96	Vestkantsvømmerne	2.37,63	305
	37,70(37,70)	1.19,03(41,33)	1.59,81(40,78)	2.37,63(37,82)	
12	Erik Andre Klepp Vik	96	Sandnes SLK	2.38,69	299
	37,12(37,12)	1.17,03(39,91)	1.57,94(40,91)	2.38,69(40,75)	
13	Aksel Johannesen	96	Bergens SC	2.40,92	287
	37,19(37,19)	1.18,34(41,15)	1.59,67(41,33)	2.40,92(41,25)	
14	Are Mowatt Gruben	96	Bergens SC	2.41,37	284
	36,96(36,96)	1.18,40(41,44)	2.01,00(42,60)	2.41,37(40,37)	
15	Knut André Sande	96	Sandnes SLK	2.43,40	274
	37,68(37,68)	1.19,19(41,51)	2.01,84(42,65)	2.43,40(41,56)	
16	Torstein Myklebust	96	Frisinn SK	2.43,52	273
	38,98(38,98)	1.20,91(41,93)	2.03,16(42,25)	2.43,52(40,36)	
17	Lars Ole Taule Fjørtoft	96	Arna SLK	2.43,71	272
	38,38(38,38)	1.20,01(41,63)	2.02,50(42,49)	2.43,71(41,21)	
18	Sondre Møll	96	Stavanger SC	2.44,00	271
	38,30(38,30)	1.19,67(41,37)	2.02,20(42,53)	2.44,00(41,80)	
19	Malik Knapp	96	Sola SK	2.44,74	267
	38,71(38,71)	1.20,19(41,48)	2.02,68(42,49)	2.44,74(42,06)	
20	Lars Berg	96	Bergen SLK	2.46,82	257
	39,49(39,49)	1.20,89(41,40)	2.04,45(43,56)	2.46,82(42,37)	
21	Marius Berg	96	Delfana	2.49,21	247
	39,55(39,55)	1.21,77(42,22)	2.05,76(43,99)	2.49,21(43,45)	
22	Johannes Hauge	96	Førde IL	2.51,43	237
	40,67(40,67)	1.24,72(44,05)	2.09,43(44,71)	2.51,43(42,00)	
23	Bjørn Stian Vuillienet	96	Klepp SSK	3.00,44	203
	41,94(41,94)	1.27,39(45,45)	2.14,07(46,68)	3.00,44(46,37)	
	Benjamin Alic	96	Haugesund SK	BRUTT	

Øvelse 21. 100m bryst, jenter - født 2000

1p	Fanny Zahl Thorsen	00	Haugesund SK	1.43,96	219
	51,27(51,27)	1.43,96(52,69)			
2p	Johanne Folkedal Hole	00	Vestkantsvømmerne	1.44,94	213
	49,66(49,66)	1.44,94(55,28)			
3p	Marita Aakre	00	Delfana	1.46,80	202
	50,42(50,42)	1.46,80(56,38)			
4	Maria Storstein	00	Karmøy SK	1.47,35	199
	51,95(51,95)	1.47,35(55,40)			
5	Eline Nygaard	00	Vestkantsvømmerne	1.47,38	199
	51,76(51,76)	1.47,38(55,62)			
6	Synneva Aarekol Johannessen	00	Karmøy SK	1.48,74	192
	54,14(54,14)	1.48,74(54,60)			
7	Emma Østenstad	00	Haugesund SK	1.50,65	182
	53,52(53,52)	1.50,65(57,13)			
8	Maren Pedersen	00	Delfana	1.52,31	174
	54,27(54,27)	1.52,31(58,04)			
9	Oda J Øvsthus	00	Delfana	1.52,58	173
	55,59(55,59)	1.52,58(56,99)			
10	Mona Kathrine Behzadi	00	Madla SK	1.52,98	171
	55,17(55,17)	1.52,98(57,81)			
11	Emma Rong	00	Delfana	1.53,88	167
	54,74(54,74)	1.53,88(59,14)			
12	Emily Lane	00	Stavanger SC	1.54,95	162
	55,34(55,34)	1.54,95(59,61)			
13	Ulva Bray	00	Haugesund SK	1.55,38	160
	55,28(55,28)	1.55,38(1.00,10)			
14	Kine Tangerås Johnsen	00	Delfana	1.55,66	159
	56,96(56,96)	1.55,66(58,70)			
15	Herniette T Bruu	00	Delfana	1.57,61	152
	55,86(55,86)	1.57,61(1.01,75)			
16	Kaja Anderssen Søreng	00	Vestkantsvømmerne	1.58,69	147
	57,20(57,20)	1.58,69(1.01,49)			
17	Martine Henneman	00	Åstveit SK	1.59,92	143
	58,12(58,12)	1.59,92(1.01,80)			
18	Thale Fink	00	Førde IL	2.00,48	141
	57,41(57,41)	2.00,48(1.03,07)			
19	Andrine Dalland	00	Delfana	2.01,09	139
	58,68(58,68)	2.01,09(1.02,41)			
20	Silje Skjæveland	00	Åstveit SK	2.03,15	132
	1.00,86(1.00,86)	2.03,15(1.02,29)			
21	Frida Hegg Mikkelsen	00	Bergen SLK	2.06,15	123
	59,12(59,12)	2.06,15(1.07,03)			

Øvelse 22. 100m bryst, gutter - født 2000

1p	Omar Omarsson	00	Delfana	1.39,81	173
	49,54(49,54)	1.39,81(50,27)			
2p	Vermund Skogland Høgset	00	Karmøy SK	1.40,16	171
	48,38(48,38)	1.40,16(51,78)			
3p	Sindre Pleym Olsen	00	Delfana	1.47,22	140
	50,87(50,87)	1.47,22(56,35)			

4	Andreas Sundstrøm	00	Delfana	1.47,88	137
	52,43(52,43)	1.47,88(55,45)			
5	August Malterud	00	Førde IL	1.48,61	134
	53,00(53,00)	1.48,61(55,61)			
6	Johs Seeberg	00	Karmøy SK	1.50,31	128
	53,64(53,64)	1.50,31(56,67)			
7	Heine Ottesen	00	Delfana	1.57,43	106
	54,64(54,64)	1.57,43(1.02,79)			
8	Sigurd Løvik	00	Førde IL	1.58,67	103
	58,16(58,16)	1.58,67(1.00,51)			
9	Erling Flåm Krogsrud	00	Arna SLK	1.59,10	102
	59,12(59,12)	1.59,10(59,98)			
10	Snorre Skjæveland	00	Åstveit SK	2.02,38	94
	58,46(58,46)	2.02,38(1.03,92)			
	Trym Døssland Bjerkvik	00	Åstveit SK	DISK	

Øvelse 23. 200m bryst, jenter - født 1999

1p	Johanne Heines Pettersen	99	Randaberg IL	3.03,05	397
	41,51(41,51)	1.29,43(47,92)	2.17,30(47,87)	3.03,05(45,75)	
2p	Benedikte Øverland	99	Vestkantsvømmerne	3.04,80	386
	42,16(42,16)	1.30,21(48,05)	2.17,90(47,69)	3.04,80(46,90)	
3p	Alina Hagen Bjelancic	99	Stavanger SC	3.14,81	330
	45,26(45,26)	1.34,96(49,70)	2.25,54(50,58)	3.14,81(49,27)	
4	Heather Ann Fraser Mulvany	99	Madla SK	3.17,01	319
	46,50(46,50)	1.36,42(49,92)	2.27,34(50,92)	3.17,01(49,67)	
5	Torill Thuestad Stokka	99	Madla SK	3.21,33	299
	48,18(48,18)	1.39,78(51,60)	2.30,75(50,97)	3.21,33(50,58)	
6	Helene Dalland	99	Åstveit SK	3.25,66	280
	48,48(48,48)	1.40,74(52,26)	2.34,41(53,67)	3.25,66(51,25)	
7	Nora T. Hinna	99	Delfana	3.25,90	279
	47,79(47,79)	1.40,75(52,96)	2.35,67(54,92)	3.25,90(50,23)	
8	Andrine F Tobiassen	99	Bryne SK	3.26,30	278
	47,96(47,96)	1.39,40(51,44)	2.33,66(54,26)	3.26,30(52,64)	
9	Karianne Møkster	99	Frisinn SK	3.26,48	277
	47,00(47,00)	1.39,40(52,40)	2.33,51(54,11)	3.26,48(52,97)	
10	Vilde Kristine Uthus Halse	99	Bergens SC	3.27,14	274
	46,99(46,99)	1.40,78(53,79)	2.35,58(54,80)	3.27,14(51,56)	
11	Oda Borgstrøm	99	Stavanger SC	3.28,91	267
	48,66(48,66)	1.41,92(53,26)	2.36,03(54,11)	3.28,91(52,88)	
12	Ragnhild Kleppestrand	99	Vestkantsvømmerne	3.30,92	260
	49,94(49,94)	1.45,76(55,82)	2.39,37(53,61)	3.30,92(51,55)	
13	Maria Bjerk Aarbu	99	Åstveit SK	3.34,71	246
	50,83(50,83)	1.45,70(54,87)	2.41,44(55,74)	3.34,71(53,27)	
14	Natalie Hestdal	99	Åstveit SK	3.36,31	241
	51,34(51,34)	1.46,07(54,73)	2.42,15(56,08)	3.36,31(54,16)	
15	Andrea G. Skaaland	99	Delfana	3.37,10	238
	50,64(50,64)	1.45,96(55,32)	2.42,13(56,17)	3.37,10(54,97)	
16	Tessa Francisca Janssen	99	Stavanger SC	3.37,97	235
	50,30(50,30)	1.46,08(55,78)	2.44,66(58,58)	3.37,97(53,31)	
17	Katrine Sauesund	99	Delfana	3.38,27	234
	51,99(51,99)	1.47,55(55,56)	2.44,20(56,65)	3.38,27(54,07)	
18	Stine Bertelsen	99	Bryne SK	3.39,37	231
	50,46(50,46)	1.46,11(55,65)	2.43,47(57,36)	3.39,37(55,90)	
19	Marie Sveingard	99	Stavanger SC	3.39,42	231
	50,21(50,21)	1.46,39(56,18)	2.43,83(57,44)	3.39,42(55,59)	

20	Kristin Xin Øie	99	Stavanger SC	3.41,76	223
	52,02(52,02)	1.48,08(56,06)	2.46,42(58,34)	3.41,76(55,34)	
21	Vilde Lohmann	99	Delfana	3.47,20	208
	52,67(52,67)	1.50,09(57,42)	2.47,73(57,64)	3.47,20(59,47)	
22	Kristine Johanne Tellefsen	99	Bergen SLK	3.48,86	203
	53,25(53,25)	1.51,80(58,55)	2.51,52(59,72)	3.48,86(57,34)	
23	Sofie Lindgren	99	Delfana	3.49,84	201
	53,09(53,09)	1.52,47(59,38)	2.52,23(59,76)	3.49,84(57,61)	
24	Nora Sandvoll	99	Frisinn SK	3.50,67	199
	51,62(51,62)	1.52,38(1.00,76)	2.52,54(1.00,16)	3.50,67(58,13)	
25	Mie Kreybu	99	Arna SLK	3.51,57	196
	52,39(52,39)	1.52,57(1.00,18)	2.52,46(59,89)	3.51,57(59,11)	
26	Marie Jenssen	99	Delfana	3.51,91	195
	54,68(54,68)	1.53,86(59,18)	2.53,20(59,34)	3.51,91(58,71)	
27	Hui Li Yen Askvik	99	Delfana	3.56,24	185
	56,02(56,02)	1.56,78(1.00,76)	2.57,39(1.00,61)	3.56,24(58,85)	
28	Emilie Rong	99	Delfana	3.57,27	182
	57,75(57,75)	1.59,99(1.02,24)	3.01,72(1.01,73)	3.57,27(55,55)	
29	Amalie A Larsen	99	Delfana	3.57,90	181
	56,32(56,32)	1.58,13(1.01,81)	2.59,13(1.01,00)	3.57,90(58,77)	
30	Kristin Solberg	99	Delfana	3.59,80	177
	54,20(54,20)	1.56,58(1.02,38)	2.59,49(1.02,91)	3.59,80(1.00,31)	
31	Mariell Rivedal	99	Bergen SLK	4.00,34	176
	56,56(56,56)	1.56,85(1.00,29)	2.59,78(1.02,93)	4.00,34(1.00,56)	
32	Aurora T Truyen	99	Delfana	4.01,12	174
	55,34(55,34)	1.58,00(1.02,66)	3.00,42(1.02,42)	4.01,12(1.00,70)	
33	Nelly Gjellestad	99	Bergen SLK	4.12,45	151
	56,93(56,93)	2.02,34(1.05,41)	3.07,87(1.05,53)	4.12,45(1.04,58)	
34	Maren Rygg Brekke	99	Arna SLK	4.20,37	138
			3.16,18(3.16,18)	4.20,37(1.04,19)	
35	Sandra Kvamme	99	Arna SLK	4.21,41	136
	59,49(59,49)	2.06,78(1.07,29)	3.15,74(1.08,96)	4.21,41(1.05,67)	
	Christina Vestre	99	Haugesund SK	DISK	
	Helene Emmerhoff	99	Randaberg IL	DISK	

Øvelse 24. 200m bryst, gutter - født 1999

1p	Marius Holm	99	Sandnes SLK	3.17,90	227
	44,19(44,19)	1.35,17(50,98)	2.27,98(52,81)	3.17,90(49,92)	
2p	Sondre Saltnes Urdal	99	Delfana	3.22,80	211
	48,46(48,46)	1.39,77(51,31)	2.31,30(51,53)	3.22,80(51,50)	
3p	Mads Vestly	99	Sandnes SLK	3.23,86	207
	46,79(46,79)	1.39,74(52,95)	2.32,74(53,00)	3.23,86(51,12)	
4	Sindre Salte Dunseth	99	Madla SK	3.24,06	207
	47,84(47,84)	1.40,36(52,52)	2.32,46(52,10)	3.24,06(51,60)	
5	Olav Nevestveit Barøy	99	Klepp SSK	3.27,96	195
	47,86(47,86)	1.41,55(53,69)	2.36,05(54,50)	3.27,96(51,91)	
6	Truls Wigdel	99	Madla SK	3.30,53	188
	48,47(48,47)	1.42,09(53,62)	2.36,42(54,33)	3.30,53(54,11)	
7	Jens Petter Turøy	99	Stavanger SC	3.31,63	185
	49,28(49,28)	1.45,20(55,92)	2.40,26(55,06)	3.31,63(51,37)	
8	Heine Nilsen	99	Vestkantsvømmerne	3.31,87	185
	49,51(49,51)	1.44,14(54,63)	2.39,61(55,47)	3.31,87(52,26)	
9	Andreas Heimnes	99	Åstveit SK	3.42,11	160
	52,97(52,97)	1.50,94(57,97)	2.47,95(57,01)	3.42,11(54,16)	

10	Endre Mowatt Gruben	99	Bergens SC	3.47,53	149
	52,82(52,82)	1.51,77(58,95)	2.50,36(58,59)	3.47,53(57,17)	
11	Njord Fornes	99	Sola SK	3.48,66	147
	53,94(53,94)	1.52,66(58,72)	2.50,42(57,76)	3.48,66(58,24)	
12	Petter S Kolaas	99	Delfana	3.49,01	146
	53,01(53,01)	1.51,95(58,94)	2.52,63(1.00,68)	3.49,01(56,38)	
13	Ole Andre Wigestr�nd	99	Sandnes SLK	3.57,37	131
	57,02(57,02)	1.57,22(1.00,20)	2.57,87(1.00,65)	3.57,37(59,50)	
14	Jimmy W. Skauge	99	Arna SLK	4.40,28	80
	1.09,99(1.09,99)	2.20,97(1.10,98)	3.33,45(1.12,48)	4.40,28(1.06,83)	

 velse 25. 200m bryst, jenter - f dt 1998

1p	Ulrikke Rein	98	Madla SK	2.50,64	490
	41,87(41,87)	1.25,54(43,67)	2.09,29(43,75)	2.50,64(41,35)	
2p	Nina-Therese Storstein	98	Karm�y SK	2.55,11	454
	41,01(41,01)	1.25,17(44,16)	2.10,68(45,51)	2.55,11(44,43)	
3p	Ingvild Gullaksen Vatselle	98	Vestkantsv�mmerne	2.56,77	441
	41,88(41,88)	1.25,93(44,05)	2.12,15(46,22)	2.56,77(44,62)	
4	Stine Dale	98	Vestkantsv�mmerne	2.59,75	420
	41,78(41,78)	1.27,33(45,55)	2.13,59(46,26)	2.59,75(46,16)	
5	Maria Voldsund	98	Delfana	3.01,12	410
	41,72(41,72)	1.27,53(45,81)	2.14,16(46,63)	3.01,12(46,96)	
6	Solveig Aarland	98	Delfana	3.04,74	387
	41,63(41,63)	1.28,32(46,69)	2.16,53(48,21)	3.04,74(48,21)	
7	Emilie Lie Mathisen	98	Vestkantsv�mmerne	3.09,41	359
	42,05(42,05)	1.30,74(48,69)	2.21,19(50,45)	3.09,41(48,22)	
8	Ingrid Elise Berge Jenssen	98	Madla SK	3.13,38	337
	45,72(45,72)	1.36,26(50,54)	2.24,51(48,25)	3.13,38(48,87)	
9	Emilie Nilo Nilssen	98	Madla SK	3.13,67	335
	45,54(45,54)	1.34,99(49,45)	2.25,00(50,01)	3.13,67(48,67)	
10	Christine Sekkes�ter	98	Madla SK	3.13,97	334
	45,48(45,48)	1.34,91(49,43)	2.24,61(49,70)	3.13,97(49,36)	
11	Marte Nygaard	98	Vestkantsv�mmerne	3.15,82	325
	45,30(45,30)	1.34,11(48,81)	2.27,13(53,02)	3.15,82(48,69)	
12	Kristin Serck-Hanssen	98	Madla SK	3.15,92	324
	45,13(45,13)	1.35,15(50,02)	2.26,13(50,98)	3.15,92(49,79)	
13	Henriette Kronstad Helland	98	Vestkantsv�mmerne	3.17,01	319
	43,45(43,45)	1.33,96(50,51)	2.26,22(52,26)	3.17,01(50,79)	
14	Karen Nyg�rd Magnussen	98	Bryne SK	3.18,44	312
	45,80(45,80)	1.36,60(50,80)	2.28,98(52,38)	3.18,44(49,46)	
15	Vilde E. Stokkenes	98	Haugesund SK	3.19,91	305
	46,10(46,10)	1.36,16(50,06)	2.28,98(52,82)	3.19,91(50,93)	
16	Hanne Reime	98	Bryne SK	3.20,12	304
	45,56(45,56)	1.37,67(52,11)	2.29,70(52,03)	3.20,12(50,42)	
17	Hanne Erstad Larsen	98	Delfana	3.20,59	302
	47,52(47,52)	1.39,19(51,67)	2.30,72(51,53)	3.20,59(49,87)	
18	Mari Dahl	98	Delfana	3.22,83	292
	46,59(46,59)	1.37,52(50,93)	2.31,26(53,74)	3.22,83(51,57)	
19	Vilde Aas L�ken	98	Stord IL	3.26,35	277
	47,87(47,87)	1.40,21(52,34)	2.34,11(53,90)	3.26,35(52,24)	
20	Gina Alvestad	98	Karm�y SK	3.27,59	272
	48,54(48,54)	1.41,33(52,79)	2.35,39(54,06)	3.27,59(52,20)	
21	Andrea Skr�mest�	98	Bergens SC	3.29,97	263
	49,64(49,64)	1.43,34(53,70)	2.37,79(54,45)	3.29,97(52,18)	
22	Andrea Edland	98	Frisinn SK	3.30,22	262
	48,62(48,62)	1.41,65(53,03)	2.35,88(54,23)	3.30,22(54,34)	

23	Marte Vingsnes	98	Førde IL	3.30,60	261
	50,08(50,08)	1.43,54(53,46)	2.37,92(54,38)	3.30,60(52,68)	
24	Ingjerd Davøen	98	Delfana	3.43,76	218
	53,54(53,54)	1.50,30(56,76)	2.48,07(57,77)	3.43,76(55,69)	

Øvelse 26. 200m bryst, gutter - født 1998

1p	Urs Bludau	98	Arna SLK	2.49,45	361
	39,00(39,00)	1.20,30(41,30)	2.05,87(45,57)	2.49,45(43,58)	
2p	Teis Malterud	98	Førde IL	3.01,94	292
	42,30(42,30)	1.28,68(46,38)	2.15,70(47,02)	3.01,94(46,24)	
3p	Simen Kreybu	98	Arna SLK	3.06,12	273
	42,77(42,77)	1.29,83(47,06)	2.18,38(48,55)	3.06,12(47,74)	
4	Axel Ravndal	98	Sandnes SLK	3.06,62	270
	40,97(40,97)	1.29,00(48,03)	2.17,87(48,87)	3.06,62(48,75)	
5	Eivind Bjelland	98	Haugesund SK	3.09,84	257
	42,57(42,57)	1.30,89(48,32)	2.20,31(49,42)	3.09,84(49,53)	
6	Erling Belaska	98	Madla SK	3.13,93	241
	44,84(44,84)	1.34,20(49,36)	2.25,59(51,39)	3.13,93(48,34)	
7	Alec Karlsen	98	Madla SK	3.16,19	233
	46,55(46,55)	1.37,47(50,92)	2.28,34(50,87)	3.16,19(47,85)	
8	Halvor Alvestad Larsen	98	Karmøy SK	3.18,52	225
	47,10(47,10)	1.38,26(51,16)	2.29,47(51,21)	3.18,52(49,05)	
9	Jonas Østenstad	98	Haugesund SK	3.19,61	221
	47,21(47,21)	1.38,87(51,66)	2.31,00(52,13)	3.19,61(48,61)	
10	Ådne Undheim	98	Bryne SK	3.22,56	211
	45,86(45,86)	1.37,42(51,56)	2.30,73(53,31)	3.22,56(51,83)	
11	Ignacy Pichler	98	Bergens SC	3.31,97	184
	48,36(48,36)	1.43,21(54,85)	2.39,21(56,00)	3.31,97(52,76)	
12	Per Tinius Mowinckel	98	Bergens SC	3.36,33	174
	50,02(50,02)	1.45,08(55,06)	2.41,15(56,07)	3.36,33(55,18)	
13	Kim W Skauge	98	Arna SLK	3.36,61	173
	48,90(48,90)	1.46,20(57,30)	2.42,63(56,43)	3.36,61(53,98)	
14	Vegard Straume	98	Vestkantsvømmerne	3.36,68	173
	50,03(50,03)	1.46,46(56,43)	2.41,16(54,70)	3.36,68(55,52)	
15	Ole Lohte Foseid	98	Stord IL	3.38,02	170
	50,73(50,73)	1.46,42(55,69)	2.44,57(58,15)	3.38,02(53,45)	
16	Kim Andre Grønstøl	98	Åstveit SK	3.52,20	140
	53,33(53,33)	1.52,36(59,03)	2.53,27(1.00,91)	3.52,20(58,93)	
17	Sindre Vatnamot Amble	98	Madla SK	3.54,93	136
	55,54(55,54)	1.55,65(1.00,11)	2.57,56(1.01,91)	3.54,93(57,37)	
18	Benjamin Johnsen	98	Delfana	4.08,70	114
	57,98(57,98)	2.01,13(1.03,15)	3.04,21(1.03,08)	4.08,70(1.04,49)	

Øvelse 27. 200m bryst, jenter - født 1997

1p	Stina Karlsen Heimnes	97	Åstveit SK	2.48,02	514
	39,60(39,60)	1.22,17(42,57)	2.05,36(43,19)	2.48,02(42,66)	
2p	Julie Sundstrøm	97	Delfana	2.52,15	478
	40,66(40,66)	1.24,92(44,26)	2.09,78(44,86)	2.52,15(42,37)	
3p	Karianne Reinertsen	97	Delfana	2.52,24	477
	39,82(39,82)	1.23,50(43,68)	2.08,01(44,51)	2.52,24(44,23)	

4	Ida Tomine Glomsaker	97	Madla SK	2.55,00	455
	41,22(41,22)	1.24,75(43,53)	2.10,05(45,30)	2.55,00(44,95)	
5	Vanja Syversen	97	Delfana	2.56,54	443
	40,96(40,96)	1.25,03(44,07)	2.11,98(46,95)	2.56,54(44,56)	
6	Marte Dale	97	Vestkantsvømmerne	2.58,46	429
	42,38(42,38)	1.28,12(45,74)	2.14,24(46,12)	2.58,46(44,22)	
7	Susann Pleyrn Olsen	97	Delfana	2.58,94	425
	40,97(40,97)	1.27,09(46,12)	2.12,77(45,68)	2.58,94(46,17)	
8	Ingeborg Liseth Pedersen	97	Åstveit SK	2.59,72	420
	41,47(41,47)	1.26,30(44,83)	2.13,04(46,74)	2.59,72(46,68)	
9	Ingrid Bergslid	97	Madla SK	3.00,92	412
	42,20(42,20)	1.28,68(46,48)	2.14,92(46,24)	3.00,92(46,00)	
10	Mathilde Konstanse Rasmussen	97	Arna SLK	3.02,78	399
	41,04(41,04)	1.27,04(46,00)	2.14,70(47,66)	3.02,78(48,08)	
11	Ida Jenssen Lirhus	97	Madla SK	3.03,64	393
	43,36(43,36)	1.29,92(46,56)	2.17,08(47,16)	3.03,64(46,56)	
12	Nina Staveland	97	Madla SK	3.04,10	391
	43,60(43,60)	1.30,10(46,50)	2.16,99(46,89)	3.04,10(47,11)	
13	Toni G. Coudray	97	Bergens SC	3.04,62	387
	43,13(43,13)	1.29,96(46,83)	2.18,13(48,17)	3.04,62(46,49)	
14	Sandra Sola	97	Madla SK	3.06,39	376
	44,58(44,58)	1.31,78(47,20)	2.19,56(47,78)	3.06,39(46,83)	
15	Thea Anderssen Sjøreng	97	Vestkantsvømmerne	3.08,09	366
	42,32(42,32)	1.30,31(47,99)	2.19,03(48,72)	3.08,09(49,06)	
16	Iselin Helløy	97	Åstveit SK	3.15,43	326
	45,02(45,02)	1.34,16(49,14)	2.24,81(50,65)	3.15,43(50,62)	
17	Brita Stang Aune	97	Stavanger SC	3.16,49	321
	45,19(45,19)	1.36,24(51,05)	2.27,58(51,34)	3.16,49(48,91)	
18	Sofie Johnsen	97	Bergen SLK	3.17,48	316
	43,36(43,36)	1.34,11(50,75)	2.26,72(52,61)	3.17,48(50,76)	
19	Hanna Årsvoll Ryen	97	Sandnes SLK	3.17,55	316
	47,02(47,02)	1.35,96(48,94)	2.26,99(51,03)	3.17,55(50,56)	
20	Ingrid Dvergsdal	97	Førde IL	3.23,46	289
	46,72(46,72)	1.38,70(51,98)	2.31,73(53,03)	3.23,46(51,73)	
21	Aneeka Knapp	97	Sola SK	3.25,22	282
	46,70(46,70)	1.38,18(51,48)	2.32,18(54,00)	3.25,22(53,04)	
22	Hanne Hana Voss	97	Randaberg IL	3.27,21	274
	48,70(48,70)	1.40,23(51,53)	2.34,43(54,20)	3.27,21(52,78)	
23	Siril Therese Bårtvedt	97	Sandnes SLK	3.27,90	271
	47,27(47,27)	1.40,25(52,98)	2.36,38(56,13)	3.27,90(51,52)	
24	Lise Eiane	97	Sola SK	3.30,91	260
	47,87(47,87)	1.41,88(54,01)	2.36,48(54,60)	3.30,91(54,43)	

Øvelse 28. 200m bryst, gutter - født 1997

1p	Erik Årslund Gidskehaug	97	Bryne SK	2.47,95	371
	39,46(39,46)	1.22,06(42,60)	2.05,44(43,38)	2.47,95(42,51)	
2p	Halvor Arne Borgstrøm	97	Stavanger SC	2.56,18	321
	41,39(41,39)	1.26,17(44,78)	2.12,27(46,10)	2.56,18(43,91)	
3p	Even Stubhaug	97	Førde IL	2.56,56	319
	39,85(39,85)	1.26,19(46,34)	2.13,39(47,20)	2.56,56(43,17)	
4	Matias Gulestøl	97	Svelgen TIF	2.57,84	312
	41,91(41,91)	1.26,61(44,70)	2.13,79(47,18)	2.57,84(44,05)	
5	Hans Fredrik Laache	97	Førde IL	2.57,97	312
	42,17(42,17)	1.28,25(46,08)	2.12,67(44,42)	2.57,97(45,30)	
6	Erlend Anfinsen	97	Sandnes SLK	3.00,57	298
	41,02(41,02)	1.29,68(48,66)	2.15,54(45,86)	3.00,57(45,03)	

7	Maurice Sudkamp	97	Randaberg IL	3.01,13	296
	42,13(42,13)	1.27,52(45,39)	2.15,20(47,68)	3.01,13(45,93)	
8	Dennis Asbjørnsen	97	Madla SK	3.01,49	294
	43,76(43,76)	1.30,58(46,82)	2.17,01(46,43)	3.01,49(44,48)	
9	Harald Goa Fagerheim	97	Karmøy SK	3.04,54	280
	40,87(40,87)	1.27,51(46,64)	2.16,19(48,68)	3.04,54(48,35)	
10	Magnus Dale Johnsen	97	Delfana	3.06,56	271
	42,82(42,82)	1.30,35(47,53)	2.18,67(48,32)	3.06,56(47,89)	
11	Tim Samuelsen	97	Madla SK	3.11,70	249
	44,96(44,96)	1.34,45(49,49)	2.23,22(48,77)	3.11,70(48,48)	
12	Petter Aarbø Thorsen	97	Stord IL	3.13,93	241
	43,42(43,42)	1.32,88(49,46)	2.25,20(52,32)	3.13,93(48,73)	
13	Marius Solaat Røddland	97	Vestkantsvømmerne	3.14,16	240
	44,45(44,45)	1.34,65(50,20)	2.26,10(51,45)	3.14,16(48,06)	
14	Erik Hystad	97	Stord IL	3.15,12	237
	43,27(43,27)	1.32,88(49,61)	2.25,32(52,44)	3.15,12(49,80)	
15	Lars-Kristian Gotaas Bjørkbom	97	Bergens SC	3.16,53	231
	43,67(43,67)	1.33,22(49,55)	2.26,30(53,08)	3.16,53(50,23)	
16	Christoffer Gurvin Skaaland	97	Delfana	3.16,92	230
	45,35(45,35)	1.35,63(50,28)	2.27,56(51,93)	3.16,92(49,36)	
17	Gord Behzadi	97	Madla SK	3.17,47	228
	46,04(46,04)	1.36,67(50,63)	2.26,96(50,29)	3.17,47(50,51)	
18	Vladimir Koynarev	97	Bergen SLK	3.18,05	226
	44,79(44,79)	1.35,04(50,25)	2.27,59(52,55)	3.18,05(50,46)	
19	Vegard Strandos	97	Svelgen TIF	3.19,47	221
	46,58(46,58)	1.37,39(50,81)	2.28,41(51,02)	3.19,47(51,06)	
20	Håkon Skogen	97	Randaberg IL	3.21,84	214
	46,33(46,33)	1.37,40(51,07)	2.30,56(53,16)	3.21,84(51,28)	
21	Sebastian H. Mikkelsen	97	Bergen SLK	3.29,55	191
	47,25(47,25)	1.40,70(53,45)	2.36,31(55,61)	3.29,55(53,24)	
22	Torbjørn Visnes	97	Stord IL	3.34,76	177
	50,22(50,22)	1.45,85(55,63)	2.42,67(56,82)	3.34,76(52,09)	
23	Anders Nilsson	97	Madla SK	3.34,79	177
	48,09(48,09)	1.45,68(57,59)	2.40,10(54,42)	3.34,79(54,69)	
	Asbjørn Framnes	97	Stord IL	DISK	

Øvelse 29. 200m bryst, jenter - født 1996

1p	Tone-Lill Evanger	96	Delfana	2.44,94	543
	36,59(36,59)	1.17,00(40,41)	1.59,78(42,78)	2.44,94(45,16)	
2p	Maria Thompson Clausen	96	Madla SK	2.45,08	542
	38,82(38,82)	1.20,31(41,49)	2.03,18(42,87)	2.45,08(41,90)	
3p	Elin Haugland	96	Delfana	2.46,80	525
	39,26(39,26)	1.21,01(41,75)	2.03,96(42,95)	2.46,80(42,84)	
4	Elida Marie Folkedal Hole	96	Vestkantsvømmerne	2.52,96	471
	38,02(38,02)	1.22,05(44,03)	2.06,99(44,94)	2.52,96(45,97)	
5	Tina Schutz	96	Vestkantsvømmerne	2.53,71	465
	39,95(39,95)	1.24,36(44,41)	2.09,84(45,48)	2.53,71(43,87)	
6	Ingeborg Jørmeland	96	Stavanger SC	2.53,96	463
	39,58(39,58)	1.23,42(43,84)	2.08,55(45,13)	2.53,96(45,41)	
7	Lotte Miller	96	Madla SK	2.54,75	457
	40,96(40,96)	1.25,46(44,50)	2.10,31(44,85)	2.54,75(44,44)	
8	Christine Akselberg	96	Arna SLK	2.59,91	418
	41,62(41,62)	1.27,19(45,57)	2.13,63(46,44)	2.59,91(46,28)	
9	Lisa Skogeng	96	Delfana	3.00,96	411
	40,41(40,41)	1.25,96(45,55)	2.13,36(47,40)	3.00,96(47,60)	

10	Lisa Aaslestad	96	Sandnes SLK	3.02,77	399
	42,14(42,14)	1.28,99(46,85)	2.14,89(45,90)	3.02,77(47,88)	
11	Emilie Knutsen Hegdal	96	Stavanger SC	3.05,98	379
	42,08(42,08)	1.28,67(46,59)	2.17,74(49,07)	3.05,98(48,24)	
12	Ingrid Marie Thorsen	96	Haugesund SK	3.06,09	378
	41,72(41,72)	1.30,51(48,79)	2.19,29(48,78)	3.06,09(46,80)	
13	Regine Sjørdal Lindanger	96	Frisinn SK	3.07,16	372
	42,52(42,52)	1.30,06(47,54)	2.18,99(48,93)	3.07,16(48,17)	
14	Lotte Aune	96	Stavanger SC	3.12,81	340
	44,27(44,27)	1.33,95(49,68)	2.24,36(50,41)	3.12,81(48,45)	
15	Stina Dahl	96	Delfana	3.13,17	338
	45,04(45,04)	1.34,00(48,96)	2.24,25(50,25)	3.13,17(48,92)	
16	Frida Hinna	96	Delfana	3.16,08	323
	45,31(45,31)	1.35,29(49,98)	2.25,67(50,38)	3.16,08(50,41)	
17	Emily Bådsvik	96	Frisinn SK	3.16,82	320
	44,82(44,82)	1.36,18(51,36)	2.27,87(51,69)	3.16,82(48,95)	
18	Susan Ultee	96	Frisinn SK	3.17,04	319
	44,70(44,70)	1.34,60(49,90)	2.25,57(50,97)	3.17,04(51,47)	
19	Maria Teige	96	Vestkantsvømmerne	3.18,79	310
	44,61(44,61)	1.34,57(49,96)	2.27,31(52,74)	3.18,79(51,48)	
20	Camilla Birkeland	96	Haugesund SK	3.19,92	305
	47,59(47,59)	1.39,78(52,19)	3.19,92(1.40,14)	3.19,92(-0,00)	
21	Elin Alette Fossheim	96	Vestkantsvømmerne	3.20,69	301
	44,70(44,70)	1.34,89(50,19)	3.20,69(1.45,80)	3.20,69(-0,00)	
22	Karine Johannessen	96	Bergen SLK	3.28,18	270
	46,68(46,68)	1.39,14(52,46)	2.33,62(54,48)	3.28,18(54,56)	
	Thea Støle	96	Frisinn SK	DISK	
	Vilde Tengesdal	96	Bryne SK	DISK	

Øvelse 30. 200m bryst, gutter - født 1996

1p	Sindre Aasland Ranaweera	96	Madla SK	2.31,34	507
	34,58(34,58)	1.13,03(38,45)	1.52,32(39,29)	2.31,34(39,02)	
2p	Sander Nilsen Sivertsen	96	Vestkantsvømmerne	2.38,94	438
	35,02(35,02)	1.15,52(40,50)	1.57,68(42,16)	2.38,94(41,26)	
3p	Alexander Johnsgaard	96	Delfana	2.42,95	406
	36,63(36,63)	1.18,12(41,49)	2.00,82(42,70)	2.42,95(42,13)	
4	Håkon P. Ludvigsen	96	Randaberg IL	2.46,78	379
	38,11(38,11)	1.20,94(42,83)	2.03,79(42,85)	2.46,78(42,99)	
5	Eirik Johnsen	96	Bergens SC	2.47,71	372
	37,66(37,66)	1.20,52(42,86)	2.04,61(44,09)	2.47,71(43,10)	
6	Håkon Wulf Haugen	96	Bergens SC	2.51,35	349
	36,66(36,66)	1.21,61(44,95)	2.07,14(45,53)	2.51,35(44,21)	
7	Martin Langeland-Knutsen	96	Sola SK	2.53,50	336
	39,12(39,12)	1.23,47(44,35)	2.10,16(46,69)	2.53,50(43,34)	
8	Erik Andre Klepp Vik	96	Sandnes SLK	2.54,95	328
	39,43(39,43)	1.24,34(44,91)	2.09,96(45,62)	2.54,95(44,99)	
9	Marius Berg	96	Delfana	2.54,97	328
	41,09(41,09)	1.25,37(44,28)	2.09,91(44,54)	2.54,97(45,06)	
10	Malik Knapp	96	Sola SK	2.55,48	325
	38,64(38,64)	1.24,40(45,76)	2.09,54(45,14)	2.55,48(45,94)	
11	Sondre Møll	96	Stavanger SC	2.55,98	322
	40,56(40,56)	1.26,02(45,46)	2.11,87(45,85)	2.55,98(44,11)	
12	Johannes Hauge	96	Førde IL	2.57,15	316
	40,13(40,13)	1.25,82(45,69)	2.12,63(46,81)	2.57,15(44,52)	

13	Sigve Innselset	96	Vestkantsvømmerne	2.59,66	303
	41,00(41,00)	1.27,17(46,17)	2.14,43(47,26)	2.59,66(45,23)	
14	Benjamin Alic	96	Haugesund SK	3.04,28	281
	42,34(42,34)	1.29,59(47,25)	2.16,82(47,23)	3.04,28(47,46)	
15	Torstein Myklebust	96	Frisinn SK	3.04,50	280
	40,84(40,84)	1.27,70(46,86)	2.17,07(49,37)	3.04,50(47,43)	
16	Bjørn Stian Vuilliomenet	96	Klepp SSK	3.04,75	279
	42,35(42,35)	1.30,07(47,72)	2.18,43(48,36)	3.04,75(46,32)	
17	Bendik Aarbu	96	Åstveit SK	3.05,08	277
	42,74(42,74)	1.28,88(46,14)	2.17,96(49,08)	3.05,08(47,12)	
18	Lars Berg	96	Bergen SLK	3.06,01	273
	41,87(41,87)	1.29,20(47,33)	2.18,40(49,20)	3.06,01(47,61)	
19	Lars Ole Taule Fjørtoft	96	Arna SLK	3.06,60	270
	42,86(42,86)	1.31,32(48,46)	2.20,10(48,78)	3.06,60(46,50)	
20	Kacper Domanski	96	Madla SK	3.06,73	270
	42,97(42,97)	1.30,77(47,80)	2.19,61(48,84)	3.06,73(47,12)	
21	Knut André Sande	96	Sandnes SLK	3.07,30	267
	42,81(42,81)	1.30,63(47,82)	2.19,07(48,44)	3.07,30(48,23)	
22	Aksel Johannesen	96	Bergens SC	3.09,72	257
	42,31(42,31)	1.31,19(48,88)	2.21,60(50,41)	3.09,72(48,12)	
23	Are Mowatt Gruben	96	Bergens SC	3.17,34	229
	46,14(46,14)	1.36,48(50,34)	2.27,75(51,27)	3.17,34(49,59)	
	Morten Wee Hollund	96	Karmøy SK	BRUTT	

Øvelse 31. 50m butterfly, jenter - født 2000

1p	Maria Storstein	00	Karmøy SK	43,00	182
2p	Synneva Aarekol Johannessen	00	Karmøy SK	44,57	164
3p	Emma Østenstad	00	Haugesund SK	44,84	161
4	Eline Nygaard	00	Vestkantsvømmerne	45,08	158
5	Ulva Bray	00	Haugesund SK	46,08	148
6	Marita Aakre	00	Delfana	46,68	142
7	Kaja Anderssen Søreng	00	Vestkantsvømmerne	47,04	139
8	Emily Lane	00	Stavanger SC	47,10	139
9	Martine Henneman	00	Åstveit SK	48,29	129
10	Andrine Dalland	00	Delfana	49,27	121
11	Johanne Folkedal Hole	00	Vestkantsvømmerne	49,32	121
12	Fanny Zahl Thorsen	00	Haugesund SK	49,63	119
13	Oda J Øvsthus	00	Delfana	50,40	113
14	Emma Rong	00	Delfana	52,18	102
15	Kine Tangerås Johnsen	00	Delfana	52,89	98
16	Silje Skjæveland	00	Åstveit SK	54,35	90
17	Mona Kathrine Behzadi	00	Madla SK	57,28	77
18	Thale Fink	00	Førde IL	1.00,07	67
	Frida Hegg Mikkelsen	00	Bergen SLK	DISK	
	Maren Pedersen	00	Delfana	DISK	
	Herniette T Bruu	00	Delfana	DISK	

Øvelse 32. 50m butterfly, gutter - født 2000

1p	Omar Omarsson	00	Delfana	38,20	186
2p	August Malterud	00	Førde IL	48,18	93
3p	Heine Ottesen	00	Delfana	49,10	88
4	Erling Flåm Krogsrud	00	Arna SLK	49,79	84
5	Vermund Skogland Høgset	00	Karmøy SK	50,32	81
6	Trym Døssland Bjerkvik	00	Åstveit SK	51,06	78
7	Sigurd Løvik	00	Førde IL	53,13	69
8	Andreas Sundstrøm	00	Delfana	53,38	68
9	Johs Seeberg	00	Karmøy SK	55,10	62
10	Snorre Skjæveland	00	Åstveit SK	56,34	58
	Sindre Pleym Olsen	00	Delfana	DISK	

Øvelse 33. 100m butterfly, jenter - født 1999

1p	Benedikte Øverland	99	Vestkantsvømmerne	1.14,69	400
	35,39(35,39)	1.14,69(39,30)			
2p	Heather Ann Fraser Mulvany	99	Madla SK	1.24,25	279
	39,36(39,36)	1.24,25(44,89)			
3p	Nora T. Hinna	99	Delfana	1.27,91	246
	41,59(41,59)	1.27,91(46,32)			
4	Andrea G. Skaaland	99	Delfana	1.28,04	244
	40,07(40,07)	1.28,04(47,97)			
5	Mie Kreybu	99	Arna SLK	1.28,36	242
	38,85(38,85)	1.28,36(49,51)			
6	Alina Hagen Bjelancic	99	Stavanger SC	1.29,85	230
	40,85(40,85)	1.29,85(49,00)			
7	Christina Vestre	99	Haugesund SK	1.30,30	227
	40,37(40,37)	1.30,30(49,93)			
8	Andrine F Tobiassen	99	Bryne SK	1.31,61	217
	41,24(41,24)	1.31,61(50,37)			
9	Karianne Møkster	99	Frisinn SK	1.35,50	192
	44,08(44,08)	1.35,50(51,42)			
10	Vilde Kristine Uthus Halse	99	Bergens SC	1.35,66	191
	45,06(45,06)	1.35,66(50,60)			
11	Johanne Heines Pettersen	99	Randaberg IL	1.36,71	184
	41,28(41,28)	1.36,71(55,43)			
12	Torill Thuestad Stokka	99	Madla SK	1.38,20	176
	46,80(46,80)	1.38,20(51,40)			
13	Maria Bjerk Aarbu	99	Åstveit SK	1.39,87	167
	46,34(46,34)	1.39,87(53,53)			
14	Stine Bertelsen	99	Bryne SK	1.40,01	167
	44,92(44,92)	1.40,01(55,09)			
15	Vilde Lohmann	99	Delfana	1.40,20	166
	47,19(47,19)	1.40,20(53,01)			
16	Tessa Francisca Janssen	99	Stavanger SC	1.40,31	165
	47,14(47,14)	1.40,31(53,17)			
17	Sofie Lindgren	99	Delfana	1.40,97	162
	45,85(45,85)	1.40,97(55,12)			
18	Helene Dalland	99	Åstveit SK	1.41,38	160
	48,16(48,16)	1.41,38(53,22)			
19	Marie Jensen	99	Delfana	1.42,26	156
	48,16(48,16)	1.42,26(54,10)			
20	Amalie A Larsen	99	Delfana	1.42,67	154
	51,19(51,19)	1.42,67(51,48)			
21	Kristine Johanne Tellefsen	99	Bergen SLK	1.43,50	150

	47,81(47,81)	1.43,50(55,69)			
22	Oda Borgstrøm	99	Stavanger SC	1.45,22	143
	47,07(47,07)	1.45,22(58,15)			
23	Natalie Hestdal	99	Åstveit SK	1.45,54	142
	50,09(50,09)	1.45,54(55,45)			
24	Nora Sandvoll	99	Frisinn SK	1.45,80	141
	47,13(47,13)	1.45,80(58,67)			
25	Ragnhild Kleppestrand	99	Vestkantsvømmerne	1.46,00	140
	48,66(48,66)	1.46,00(57,34)			
26	Mariell Rivedal	99	Bergen SLK	1.46,33	139
	48,04(48,04)	1.46,33(58,29)			
27	Katrine Sauesund	99	Delfana	1.46,82	137
	49,51(49,51)	1.46,82(57,31)			
28	Helene Emmerhoff	99	Randaberg IL	1.48,11	132
	50,19(50,19)	1.48,11(57,92)			
29	Marie Sveingard	99	Stavanger SC	1.56,13	107
	53,24(53,24)	1.56,13(1.02,89)			
30	Hui Li Yen Askvik	99	Delfana	1.58,08	101
	56,24(56,24)	1.58,08(1.01,84)			
31	Emilie Rong	99	Delfana	1.58,16	101
	53,74(53,74)	1.58,16(1.04,42)			
32	Aurora T Truyen	99	Delfana	2.01,38	93
	49,08(49,08)	2.01,38(1.12,30)			
33	Kristin Xin Øie	99	Stavanger SC	2.04,12	87
	58,86(58,86)	2.04,12(1.05,26)			
34	Maren Rygg Brekke	99	Arna SLK	2.10,03	76
	1.00,16(1.00,16)	2.10,03(1.09,87)			
35	Nelly Gjellestad	99	Bergen SLK	2.11,97	73
	58,57(58,57)	2.11,97(1.13,40)			
36	Sandra Kvamme	99	Arna SLK	2.35,34	45
	1.10,12(1.10,12)	2.35,34(1.25,22)			
	Kristin Solberg	99	Delfana	BRUTT	

Øvelse 34. 100m butterfly, gutter - født 1999

1p	Truls Wigdel	99	Madla SK	1.22,56	202
	38,38(38,38)	1.22,56(44,18)			
2p	Marius Holm	99	Sandnes SLK	1.24,81	187
	37,56(37,56)	1.24,81(47,25)			
3p	Sondre Saltnes Urdal	99	Delfana	1.27,22	172
	39,87(39,87)	1.27,22(47,35)			
4	Heine Nilsen	99	Vestkantsvømmerne	1.33,05	141
	41,34(41,34)	1.33,05(51,71)			
5	Sindre Salte Dunseth	99	Madla SK	1.33,29	140
	43,07(43,07)	1.33,29(50,22)			
6	Jens Petter Turøy	99	Stavanger SC	1.33,43	140
	41,02(41,02)	1.33,43(52,41)			
7	Endre Mowatt Gruben	99	Bergens SC	1.33,92	138
	42,38(42,38)	1.33,92(51,54)			
8	Mads Vestly	99	Sandnes SLK	1.34,41	135
	43,81(43,81)	1.34,41(50,60)			
9	Olav Nevestveit Barøy	99	Klepp SSK	1.35,05	133
	44,93(44,93)	1.35,05(50,12)			
10	Ole Andre Wigestrands	99	Sandnes SLK	1.36,53	127
	44,16(44,16)	1.36,53(52,37)			
11	Andreas Heimnes	99	Åstveit SK	1.41,33	110

	47,66(47,66)	1.41,33(53,67)			
12	Petter S Kolaas	99	Delfana	1.45,41	97
	47,36(47,36)	1.45,41(58,05)			
13	Njord Fornes	99	Sola SK	2.05,47	58
	57,04(57,04)	2.05,47(1.08,43)			
	Jimmy W. Skauge	99	Arna SLK	DISK	

Øvelse 35. 100m butterfly, jenter - født 1998

1p	Emilie Lie Mathisen	98	Vestkantsvømmerne	1.11,98	447
	34,66(34,66)	1.11,98(37,32)			
2p	Maria Voldsund	98	Delfana	1.12,97	429
	33,66(33,66)	1.12,97(39,31)			
3p	Solveig Aarland	98	Delfana	1.19,93	327
	36,76(36,76)	1.19,93(43,17)			
4	Nina-Therese Storstein	98	Karmøy SK	1.19,99	326
	37,24(37,24)	1.19,99(42,75)			
5	Hanne Reime	98	Bryne SK	1.20,07	325
	37,43(37,43)	1.20,07(42,64)			
6	Ulrikke Rein	98	Madla SK	1.20,31	322
	37,97(37,97)	1.20,31(42,34)			
7	Ingrid Elise Berge Jenssen	98	Madla SK	1.21,04	313
	38,55(38,55)	1.21,04(42,49)			
8	Christine Sekkesæter	98	Madla SK	1.21,59	307
	39,40(39,40)	1.21,59(42,19)			
9	Hanne Erstad Larsen	98	Delfana	1.21,66	306
	37,99(37,99)	1.21,66(43,67)			
10	Gina Alvestad	98	Karmøy SK	1.23,10	291
	38,06(38,06)	1.23,10(45,04)			
11	Ingvild Gullaksen Vatshelle	98	Vestkantsvømmerne	1.23,19	290
	38,25(38,25)	1.23,19(44,94)			
12	Kristin Serck-Hanssen	98	Madla SK	1.24,22	279
	38,99(38,99)	1.24,22(45,23)			
13	Stine Dale	98	Vestkantsvømmerne	1.26,22	260
	41,27(41,27)	1.26,22(44,95)			
14	Emilie Nilo Nilssen	98	Madla SK	1.27,92	245
	41,21(41,21)	1.27,92(46,71)			
15	Mari Dahl	98	Delfana	1.28,36	242
	41,23(41,23)	1.28,36(47,13)			
16	Vilde E. Stokkenes	98	Haugesund SK	1.29,51	233
	41,18(41,18)	1.29,51(48,33)			
17	Andrea Edland	98	Frisinn SK	1.29,68	231
	41,29(41,29)	1.29,68(48,39)			
18	Vilde Aas Løken	98	Stord IL	1.29,88	230
	41,28(41,28)	1.29,88(48,60)			
19	Karen Nygård Magnussen	98	Bryne SK	1.31,15	220
	41,00(41,00)	1.31,15(50,15)			
20	Ingjerd Davøen	98	Delfana	1.31,22	220
	43,29(43,29)	1.31,22(47,93)			
21	Marte Vingsnes	98	Førde IL	1.33,17	206
	43,62(43,62)	1.33,17(49,55)			
22	Henriette Kronstad Helland	98	Vestkantsvømmerne	1.34,43	198
	43,31(43,31)	1.34,43(51,12)			
23	Marte Nygaard	98	Vestkantsvømmerne	1.36,07	188
	44,53(44,53)	1.36,07(51,54)			
24	Andrea Skråmestø	98	Bergens SC	1.40,27	165

45,79(45,79)

1.40,27(54,48)

Øvelse 36. 100m butterfly, gutter - født 1998

1p	Urs Bludau	98	Arna SLK	1.10,03	332
	32,59(32,59)	1.10,03(37,44)			
2p	Axel Ravndal	98	Sandnes SLK	1.14,88	271
	35,61(35,61)	1.14,88(39,27)			
3p	Eivind Bjelland	98	Haugesund SK	1.15,22	268
	33,43(33,43)	1.15,22(41,79)			
4	Simen Kreybu	98	Arna SLK	1.19,42	227
	37,19(37,19)	1.19,42(42,23)			
5	Alec Karlsen	98	Madla SK	1.19,49	227
	38,46(38,46)	1.19,49(41,03)			
6	Halvor Alvestad Larsen	98	Karmøy SK	1.20,87	215
	38,65(38,65)	1.20,87(42,22)			
7	Teis Malterud	98	Førde IL	1.23,62	195
	38,56(38,56)	1.23,62(45,06)			
8	Vegard Straume	98	Vestkantsvømmerne	1.27,83	168
	42,91(42,91)	1.27,83(44,92)			
9	Kim Andre Grønstøl	98	Åstveit SK	1.28,07	167
	41,14(41,14)	1.28,07(46,93)			
10	Ignacy Pichler	98	Bergens SC	1.29,77	158
	43,19(43,19)	1.29,77(46,58)			
11	Erling Belaska	98	Madla SK	1.32,18	145
	43,32(43,32)	1.32,18(48,86)			
12	Jonas Østenstad	98	Haugesund SK	1.34,55	135
	42,66(42,66)	1.34,55(51,89)			
13	Ole Lohte Foseid	98	Stord IL	1.36,36	127
	43,22(43,22)	1.36,36(53,14)			
14	Sindre Vatnamot Amble	98	Madla SK	1.40,51	112
	46,19(46,19)	1.40,51(54,32)			
15	Ådne Undheim	98	Bryne SK	1.44,91	99
	50,25(50,25)	1.44,91(54,66)			
	Kim W Skauge	98	Arna SLK		DISK
	Per Tinius Mowinckel	98	Bergens SC		DISK

Øvelse 37. 100m butterfly, jenter - født 1997

1p	Karianne Reinertsen	97	Delfana	1.11,81	451
	34,66(34,66)	1.11,81(37,15)			
2p	Vanja Syversen	97	Delfana	1.12,04	446
	34,55(34,55)	1.12,04(37,49)			
3p	Ingrid Bergslid	97	Madla SK	1.12,16	444
	33,89(33,89)	1.12,16(38,27)			
4	Nina Staveland	97	Madla SK	1.13,67	417
	35,77(35,77)	1.13,67(37,90)			
5	Ida Jenssen Lirhus	97	Madla SK	1.16,49	373
	37,32(37,32)	1.16,49(39,17)			
6	Julie Sundstrøm	97	Delfana	1.16,82	368

7	Susann Pleym Olsen	36,74(36,74) 35,96(35,96)	1.16,82(40,08) 97	Delfana	1.17,22	362
8	Toni G. Coudray	36,60(36,60)	1.17,22(41,26) 97	Bergens SC	1.17,34	361
9	Marte Dale	36,51(36,51)	1.17,34(40,74) 97	Vestkantsvømmerne	1.18,03	351
10	Stina Karlsen Heimnes	37,80(37,80)	1.18,03(41,52) 97	Åstveit SK	1.19,20	336
11	Sandra Sola	37,59(37,59)	1.19,20(41,40) 97	Madla SK	1.19,21	336
12	Ingeborg Liseth Pedersen	37,08(37,08)	1.19,21(41,62) 97	Åstveit SK	1.20,69	318
13	Siril Therese Bårtvedt	38,11(38,11)	1.20,69(43,61) 97	Sandnes SLK	1.22,73	295
14	Brita Stang Aune	38,16(38,16)	1.22,73(44,62) 97	Stavanger SC	1.22,82	294
15	Mathilde Konstanse Rasmussen	38,72(38,72)	1.22,82(44,66) 97	Arna SLK	1.25,75	265
16	Iselin Helløy	40,00(40,00)	1.25,75(47,03) 97	Åstveit SK	1.27,29	251
17	Ida Tomine Glomsaker	39,46(39,46)	1.27,29(47,29) 97	Madla SK	1.28,25	243
18	Thea Anderssen Sjøreng	38,56(38,56)	1.28,25(48,79) 97	Vestkantsvømmerne	1.28,34	242
19	Lise Eiane	42,16(42,16)	1.28,34(49,78) 97	Sola SK	1.30,10	228
20	Hanne Hana Voss	42,99(42,99)	1.30,10(47,94) 97	Randaberg IL	1.30,59	224
21	Ingrid Dvergsdal	40,77(40,77)	1.30,59(47,60) 97	Førde IL	1.30,88	222
22	Aneeka Knapp	42,39(42,39)	1.30,88(50,11) 97	Sola SK	1.31,49	218
23	Sofie Johnsen	42,04(42,04)	1.31,49(49,10) 97	Bergen SLK	1.34,78	196
24	Hanna Årsvoll Ryen	43,29(43,29)	1.34,78(52,74) 97	Sandnes SLK	1.35,26	193
			1.35,26(51,97)			

Øvelse 38. 100m butterfly, gutter - født 1997

1p	Harald Goa Fagerheim	30,13(30,13)	1.07,25(37,12) 97	Karmøy SK	1.07,25	375
2p	Erik Årslund Gidskehaug	33,72(33,72)	1.07,25(37,12) 97	Bryne SK	1.09,33	342
3p	Marius Solaat Rødland	34,64(34,64)	1.09,33(35,61) 97	Vestkantsvømmerne	1.10,41	326
4	Vladimir Koynarev	32,76(32,76)	1.10,41(35,77) 97	Bergen SLK	1.10,54	325
5	Maurice Sudkamp	33,35(33,35)	1.10,54(37,78) 97	Randaberg IL	1.10,79	321
6	Erlend Anfinsen	36,29(36,29)	1.10,79(37,44) 97	Sandnes SLK	1.14,10	280
7	Petter Aarbø Thorsen	33,64(33,64)	1.14,10(37,81) 97	Stord IL	1.14,30	278
8	Lars-Kristian Gotaas Bjørkbom	34,96(34,96)	1.14,30(40,66) 97	Bergens SC	1.16,42	255
9	Erik Hystad		1.16,42(41,46) 97	Stord IL	1.16,52	254

	35,61(35,61)	1.16,52(40,91)			
10	Tim Samuelsen 38,21(38,21)	97 1.17,92(39,71)	Madla SK	1.17,92	241
11	Matias Gulestøl 35,12(35,12)	97 1.19,19(44,07)	Svelgen TIF	1.19,19	229
12	Magnus Dale Johnsen 36,83(36,83)	97 1.19,80(42,97)	Delfana	1.19,80	224
13	Even Stubhaug 37,76(37,76)	97 1.20,51(42,75)	Førde IL	1.20,51	218
14	Dennis Asbjørnsen 37,82(37,82)	97 1.20,99(43,17)	Madla SK	1.20,99	214
15	Hans Fredrik Laache 37,46(37,46)	97 1.23,64(46,18)	Førde IL	1.23,64	195
16	Håkon Skogen 39,90(39,90)	97 1.25,20(45,30)	Randaberg IL	1.25,20	184
17	Anders Nilsson 37,90(37,90)	97 1.25,76(47,86)	Madla SK	1.25,76	181
18	Torbjørn Visnes 42,08(42,08)	97 1.26,55(44,47)	Stord IL	1.26,55	176
19	Asbjørn Framnes 39,05(39,05)	97 1.26,75(47,70)	Stord IL	1.26,75	175
20	Gord Behzadi 41,62(41,62)	97 1.27,29(45,67)	Madla SK	1.27,29	171
21	Christoffer Gurvin Skaaland 41,51(41,51)	97 1.31,39(49,88)	Delfana	1.31,39	149
22	Sebastian H. Mikkelsen 41,90(41,90)	97 1.35,93(54,03)	Bergen SLK	1.35,93	129
23	Vegard Strandos 47,46(47,46)	97 1.39,91(52,45)	Svelgen TIF	1.39,91	114
	Halvor Arne Borgstrøm	97	Stavanger SC		DISK

Øvelse 39. 100m butterfly, jenter - født 1996

1p	Elin Haugland 32,04(32,04)	96 1.05,96(33,92)	Delfana	1.05,96	581
2p	Maria Thompson Clausen 32,09(32,09)	96 1.05,98(33,89)	Madla SK	1.05,98	581
3p	Vilde Tengesdal 31,99(31,99)	96 1.06,78(34,79)	Bryne SK	1.06,78	560
4	Emilie Knutsen Hegdal 31,91(31,91)	96 1.08,31(36,40)	Stavanger SC	1.08,31	523
5	Ingeborg Jørmeland 33,41(33,41)	96 1.09,72(36,31)	Stavanger SC	1.09,72	492
6	Lisa Skogeng 32,28(32,28)	96 1.10,29(38,01)	Delfana	1.10,29	480
7	Tone-Lill Evanger 33,23(33,23)	96 1.11,35(38,12)	Delfana	1.11,35	459
8	Elida Marie Folkedal Hole 32,75(32,75)	96 1.11,98(39,23)	Vestkantsvømmerne	1.11,98	447
9	Lotte Miller 33,27(33,27)	96 1.12,07(38,80)	Madla SK	1.12,07	446
10	Tina Schutz 33,91(33,91)	96 1.13,20(39,29)	Vestkantsvømmerne	1.13,20	425
11	Christine Akselberg 34,13(34,13)	96 1.13,89(39,76)	Arna SLK	1.13,89	414
12	Stina Dahl	96	Delfana	1.14,70	400

	35,83(35,83)	1.14,70(38,87)			
13	Frida Hinna	96	Delfana	1.16,23	377
	35,88(35,88)	1.16,23(40,35)			
14	Ingrid Marie Thorsen	96	Haugesund SK	1.20,71	317
	36,57(36,57)	1.20,71(44,14)			
15	Camilla Birkeland	96	Haugesund SK	1.21,12	313
	35,94(35,94)	1.21,12(45,18)			
16	Lotte Aune	96	Stavanger SC	1.21,64	307
	38,55(38,55)	1.21,64(43,09)			
17	Lisa Aaslestad	96	Sandnes SLK	1.22,70	295
	37,16(37,16)	1.22,70(45,54)			
18	Regine Sjørdal Lindanger	96	Frisinn SK	1.23,22	289
	38,39(38,39)	1.23,22(44,83)			
19	Susan Ultee	96	Frisinn SK	1.24,34	278
	37,40(37,40)	1.24,34(46,94)			
20	Maria Teige	96	Vestkantsvømmerne	1.25,09	271
	39,26(39,26)	1.25,09(45,83)			
21	Emily Bådsvik	96	Frisinn SK	1.26,02	262
	40,35(40,35)	1.26,02(45,67)			
22	Karine Johannessen	96	Bergen SLK	1.30,42	226
	40,75(40,75)	1.30,42(49,67)			

Øvelse 40. 100m butterfly, gutter - født 1996

1p	Morten Wee Hollund	96	Karmøy SK	59,87	531
	28,63(28,63)	59,87(31,24)			
2p	Sander Nilsen Sivertsen	96	Vestkantsvømmerne	59,94	529
	28,35(28,35)	59,94(31,59)			
3p	Håkon P. Ludvigsen	96	Randaberg IL	1.02,16	474
	28,96(28,96)	1.02,16(33,20)			
4	Kacper Domanski	96	Madla SK	1.04,07	433
	30,79(30,79)	1.04,07(33,28)			
5	Sindre Aasland Ranaweera	96	Madla SK	1.05,63	403
	31,04(31,04)	1.05,63(34,59)			
6	Benjamin Alic	96	Haugesund SK	1.08,34	357
	31,42(31,42)	1.08,34(36,92)			
7	Erik Andre Klepp Vik	96	Sandnes SLK	1.08,54	354
	31,82(31,82)	1.08,54(36,72)			
8	Martin Langeland-Knutsen	96	Sola SK	1.09,19	344
	32,06(32,06)	1.09,19(37,13)			
9	Sigve Innselset	96	Vestkantsvømmerne	1.09,49	340
	32,74(32,74)	1.09,49(36,75)			
10	Lars Berg	96	Bergen SLK	1.10,92	319
	32,90(32,90)	1.10,92(38,02)			
11	Bendik Aarbu	96	Åstveit SK	1.11,55	311
	34,79(34,79)	1.11,55(36,76)			
12	Eirik Johnsen	96	Bergens SC	1.12,93	294
	32,76(32,76)	1.12,93(40,17)			
13	Marius Berg	96	Delfana	1.13,33	289
	34,91(34,91)	1.13,33(38,42)			
14	Alexander Johnsgaard	96	Delfana	1.14,33	277
	34,63(34,63)	1.14,33(39,70)			
15	Sondre Møll	96	Stavanger SC	1.14,42	276
	33,84(33,84)	1.14,42(40,58)			
16	Lars Ole Taule Fjørtoft	96	Arna SLK	1.15,19	268
	34,54(34,54)	1.15,19(40,65)			
17	Are Mowatt Gruben	96	Bergens SC	1.16,32	256

	35,47(35,47)	1.16,32(40,85)			
18	Bjørn Stian Vuillioinenet	96	Klepp SSK	1.16,84	251
	34,85(34,85)	1.16,84(41,99)			
19	Knut André Sande	96	Sandnes SLK	1.19,01	231
	36,15(36,15)	1.19,01(42,86)			
20	Håkon Wulf Haugen	96	Bergens SC	1.22,56	202
	38,29(38,29)	1.22,56(44,27)			
21	Torstein Myklebust	96	Frisinn SK	1.22,79	201
	37,26(37,26)	1.22,79(45,53)			
22	Aksel Johannesen	96	Bergens SC	1.23,12	198
	37,78(37,78)	1.23,12(45,34)			
23	Malik Knapp	96	Sola SK	1.25,04	185
	38,32(38,32)	1.25,04(46,72)			
	Johannes Hauge	96	Førde IL	DISK	

Øvelse 41. 200m individuell medley, jenter - født 2000

1p	Maria Storstein	00	Karmøy SK	3.19,22	245
	45,07(45,07)	1.36,65(51,58)	2.34,71(58,06)	3.19,22(44,51)	
2p	Synneva Aarekol Johannessen	00	Karmøy SK	3.25,16	224
	48,49(48,49)	1.42,74(54,25)	2.41,32(58,58)	3.25,16(43,84)	
3p	Emma Østenstad	00	Haugesund SK	3.25,58	223
	50,53(50,53)	1.43,81(53,28)	2.43,50(59,69)	3.25,58(42,08)	
4	Eline Nygaard	00	Vestkantsvømmerne	3.25,92	222
	49,65(49,65)	1.42,44(52,79)	2.41,36(58,92)	3.25,92(44,56)	
5	Johanne Folkedal Hole	00	Vestkantsvømmerne	3.28,09	215
	51,07(51,07)	1.45,47(54,40)	2.41,84(56,37)	3.28,09(46,25)	
6	Marita Aakre	00	Delfana	3.30,82	206
	51,37(51,37)	1.44,80(53,43)	2.43,85(59,05)	3.30,82(46,97)	
7	Maren Pedersen	00	Delfana	3.32,97	200
	50,34(50,34)	1.43,47(53,13)	2.45,50(1.02,03)	3.32,97(47,47)	
8	Emily Lane	00	Stavanger SC	3.33,90	198
	53,23(53,23)	1.43,63(50,40)	2.47,27(1.03,64)	3.33,90(46,63)	
9	Kaja Anderssen Søreng	00	Vestkantsvømmerne	3.35,07	194
	51,42(51,42)	1.45,69(54,27)	2.50,23(1.04,54)	3.35,07(44,84)	
10	Ulva Bray	00	Haugesund SK	3.37,53	188
	51,68(51,68)	1.44,55(52,87)	2.46,67(1.02,12)	3.37,53(50,86)	
11	Herniette T Bruu	00	Delfana	3.42,29	176
	55,52(55,52)	1.53,34(57,82)	2.56,12(1.02,78)	3.42,29(46,17)	
12	Martine Henneman	00	Åstveit SK	3.43,55	173
	55,44(55,44)	1.52,93(57,49)	2.55,99(1.03,06)	3.43,55(47,56)	
13	Mona Kathrine Behzadi	00	Madla SK	3.49,01	161
	58,00(58,00)	1.52,92(54,92)	2.57,92(1.05,00)	3.49,01(51,09)	
14	Oda J Øvsthus	00	Delfana	3.49,90	159
	56,62(56,62)	1.57,00(1.00,38)	2.56,34(59,34)	3.49,90(53,56)	
15	Kine Tangerås Johnsen	00	Delfana	3.52,06	155
	57,01(57,01)	2.02,11(1.05,10)	3.02,12(1.00,01)	3.52,06(49,94)	
16	Emma Rong	00	Delfana	3.53,43	152
		1.56,48(1.56,48)	2.58,64(1.02,16)	3.53,43(54,79)	
17	Andrine Dalland	00	Delfana	3.54,36	150
	55,18(55,18)	1.53,64(58,46)	2.58,94(1.05,30)	3.54,36(55,42)	
18	Thale Fink	00	Førde IL	4.06,07	130
	1.01,10(1.01,10)	2.03,30(1.02,20)	3.11,17(1.07,87)	4.06,07(54,90)	
19	Frida Hegg Mikkelsen	00	Bergen SLK	4.15,60	116
	1.10,52(1.10,52)	2.11,38(1.00,86)	3.19,43(1.08,05)	4.15,60(56,17)	
	Fanny Zahl Thorsen	00	Haugesund SK	BRUTT	

Øvelse 42. 200m individuell medley, gutter - født 2000

1p	Omar Omarsson	00	Delfana	3.12,95	193
	43,67(43,67)	1.34,56(50,89)	2.30,84(56,28)	3.12,95(42,11)	
2p	Sindre Pleym Olsen	00	Delfana	3.15,85	185
	42,02(42,02)	1.32,34(50,32)	2.32,03(59,69)	3.15,85(43,82)	
3p	Johs Seeberg	00	Karmøy SK	3.32,02	146
	54,64(54,64)	1.46,89(52,25)	2.44,89(58,00)	3.32,02(47,13)	
4	August Malterud	00	Førde IL	3.36,10	138
	51,18(51,18)	1.48,80(57,62)	2.49,17(1.00,37)	3.36,10(46,93)	
5	Trym Døssland Bjerkvik	00	Åstveit SK	3.39,17	132
	58,18(58,18)	1.58,90(1.00,72)	2.55,73(56,83)	3.39,17(43,44)	
6	Andreas Sundstrøm	00	Delfana	3.40,97	129
	55,70(55,70)	1.52,52(56,82)	2.52,53(1.00,01)	3.40,97(48,44)	
7	Heine Ottesen	00	Delfana	3.43,45	124
	49,75(49,75)	1.47,66(57,91)	2.54,64(1.06,98)	3.43,45(48,81)	
8	Snorre Skjæveland	00	Åstveit SK	3.47,64	118
	55,62(55,62)	1.51,28(55,66)	2.59,63(1.08,35)	3.47,64(48,01)	
9	Erling Flåm Krogsrud	00	Arna SLK	3.49,01	116
	55,70(55,70)	1.49,93(54,23)	2.53,44(1.03,51)	3.49,01(55,57)	
10	Sigurd Løvik	00	Førde IL	3.49,81	114
	58,72(58,72)	1.55,94(57,22)	3.01,28(1.05,34)	3.49,81(48,53)	
	Vermund Skogland Høgset	00	Karmøy SK	DISK	

Øvelse 43. 200m individuell medley, jenter - født 1999

1p	Benedikte Øverland	99	Vestkantsvømmerne	2.41,90	456
	35,39(35,39)	1.17,35(41,96)	2.05,10(47,75)	2.41,90(36,80)	
2p	Heather Ann Fraser Mulvany	99	Madla SK	2.49,63	396
	39,39(39,39)	1.21,66(42,27)	2.12,31(50,65)	2.49,63(37,32)	
3p	Alina Hagen Bjelancic	99	Stavanger SC	2.51,00	387
	41,92(41,92)	1.24,74(42,82)	2.15,44(50,70)	2.51,00(35,56)	
4	Johanne Heines Pettersen	99	Randaberg IL	2.55,02	361
	42,88(42,88)	1.29,06(46,18)	2.15,20(46,14)	2.55,02(39,82)	
5	Vilde Kristine Uthus Halse	99	Bergens SC	3.00,33	330
	41,33(41,33)	1.28,69(47,36)	2.21,55(52,86)	3.00,33(38,78)	
6	Andrine F Tobiassen	99	Bryne SK	3.02,28	319
	40,66(40,66)	1.26,55(45,89)	2.20,09(53,54)	3.02,28(42,19)	
7	Nora T. Hinna	99	Delfana	3.02,68	317
	40,27(40,27)	1.29,02(48,75)	2.22,66(53,64)	3.02,68(40,02)	
8	Oda Borgstrøm	99	Stavanger SC	3.09,39	285
	47,17(47,17)	1.32,34(45,17)	2.26,43(54,09)	3.09,39(42,96)	
9	Helene Dalland	99	Åstveit SK	3.10,53	280
		1.36,53(1.36,53)	2.28,20(51,67)	3.10,53(42,33)	
10	Maria Bjerk Aarbu	99	Åstveit SK	3.10,98	278
	48,16(48,16)	1.35,57(47,41)	2.31,17(55,60)	3.10,98(39,81)	
11	Christina Vestre	99	Haugesund SK	3.12,05	273

	42,53(42,53)	1.35,42(52,89)	2.29,29(53,87)	3.12,05(42,76)	
12	Andrea G. Skaaland 40,95(40,95)	99 1.31,27(50,32)	Delfana 2.29,04(57,77)	3.12,07 3.12,07(43,03)	273
13	Stine Bertelsen 46,21(46,21)	99 1.33,06(46,85)	Bryne SK 2.30,05(56,99)	3.12,29 3.12,29(42,24)	272
14	Karianne Møkster 46,82(46,82)	99 1.43,07(56,25)	Frisinn SK 2.35,79(52,72)	3.14,14 3.14,14(38,35)	264
15	Torill Thuestad Stokka 48,28(48,28)	99 1.39,43(51,15)	Madla SK 2.31,78(52,35)	3.15,31 3.15,31(43,53)	260
16	Mie Kreybu 42,56(42,56)	99 1.33,00(50,44)	Arna SLK 2.34,34(1.01,34)	3.15,98 3.15,98(41,64)	257
17	Ragnhild Kleppestrand 48,47(48,47)	99 1.41,41(52,94)	Vestkantsvømmerne 2.36,18(54,77)	3.19,47 3.19,47(43,29)	244
18	Natalie Hestdal 49,59(49,59)	99 1.40,61(51,02)	Åstveit SK 2.36,69(56,08)	3.20,49 3.20,49(43,80)	240
19	Sofie Lindgren 49,06(49,06)	99 1.40,13(51,07)	Delfana 2.38,74(58,61)	3.21,24 3.21,24(42,50)	237
20	Katrine Sauesund	99 1.41,70(1.41,70)	Delfana 2.38,45(56,75)	3.21,44 3.21,44(42,99)	237
21	Marie Jenssen 49,65(49,65)	99 1.39,29(49,64)	Delfana 2.38,14(58,85)	3.21,49 3.21,49(43,35)	236
22	Amalie A Larsen 49,57(49,57)	99 1.38,96(49,39)	Delfana 2.39,97(1.01,01)	3.22,38 3.22,38(42,41)	233
23	Tessa Francisca Janssen 46,80(46,80)	99 1.42,90(56,10)	Stavanger SC 2.38,90(56,00)	3.23,68 3.23,68(44,78)	229
24	Helene Emmerhoff 49,80(49,80)	99 1.39,27(49,47)	Randaberg IL 2.40,21(1.00,94)	3.24,39 3.24,39(44,18)	227
25	Kristine Johanne Tellefsen 48,09(48,09)	99 1.43,33(55,24)	Bergen SLK 2.41,86(58,53)	3.24,62 3.24,62(42,76)	226
26	Vilde Lohmann 50,53(50,53)	99 1.42,78(52,25)	Delfana 2.44,38(1.01,60)	3.26,19 3.26,19(41,81)	221
27	Nora Sandvoll 47,93(47,93)	99 1.40,46(52,53)	Frisinn SK 2.43,25(1.02,79)	3.29,23 3.29,23(45,98)	211
28	Mariell Rivedal 48,70(48,70)	99 1.43,09(54,39)	Bergen SLK 2.45,78(1.02,69)	3.31,18 3.31,18(45,40)	205
29	Marie Sveingard 52,59(52,59)	99 1.43,73(51,14)	Stavanger SC 2.42,79(59,06)	3.31,70 3.31,70(48,91)	204
30	Aurora T Truyen 49,16(49,16)	99 1.47,68(58,52)	Delfana 2.51,76(1.04,08)	3.37,44 3.37,44(45,68)	188
31	Emilie Rong 53,83(53,83)	99 1.49,98(56,15)	Delfana 2.51,14(1.01,16)	3.41,26 3.41,26(50,12)	179
32	Kristin Solberg 51,26(51,26)	99 1.51,17(59,91)	Delfana 2.52,61(1.01,44)	3.45,35 3.45,35(52,74)	169
33	Maren Rygg Brekke	99 2.06,86(2.06,86)	Arna SLK 3.11,61(1.04,75)	4.03,49 4.03,49(51,88)	134
34	Sandra Kvamme 1.09,32(1.09,32)	99 2.09,17(59,85)	Arna SLK 3.16,47(1.07,30)	4.18,63 4.18,63(1.02,16)	112
	Nelly Gjellestad	99	Bergen SLK	DISK	
	Hui Li Yen Askvik	99	Delfana	DISK	
	Kristin Xin Øie	99	Stavanger SC	DISK	

Øvelse 44. 200m individuell medley, gutter - født 1999

1p	Marius Holm	99	Sandnes SLK	2.50,92	278
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	37,27(37,27)	1.21,06(43,79)	2.12,48(51,42)	2.50,92(38,44)	
2p	Truls Wigdel 38,60(38,60)	99 1.23,62(45,02)	Madla SK 2.15,17(51,55)	2.55,30(40,13)	258
3p	Sondre Saltnes Urdal 40,92(40,92)	99 1.23,93(43,01)	Delfana 2.17,04(53,11)	2.57,22(40,18)	249
4	Sindre Salte Dunseth 43,41(43,41)	99 1.30,05(46,64)	Madla SK 2.21,03(50,98)	3.03,48(42,45)	225
5	Endre Mowatt Gruben 42,91(42,91)	99 1.28,32(45,41)	Bergens SC 2.26,53(58,21)	3.04,75(38,22)	220
6	Jens Petter Turøy 40,65(40,65)	99 1.31,44(50,79)	Stavanger SC 2.26,28(54,84)	3.05,54(39,26)	217
7	Mads Vestly 40,20(40,20)	99 1.29,05(48,85)	Sandnes SLK 2.24,09(55,04)	3.06,22(42,13)	215
8	Olav Nevestveit Barøy 43,84(43,84)	99 1.29,74(45,90)	Klepp SSK 2.24,64(54,90)	3.06,79(42,15)	213
9	Heine Nilsen 42,44(42,44)	99 1.37,97(55,53)	Vestkantsvømmerne 2.33,04(55,07)	3.17,95(44,91)	179
10	Petter S Kolaas 48,33(48,33)	99 1.36,29(47,96)	Delfana 2.34,05(57,76)	3.19,65(45,60)	174
11	Andreas Heimnes 48,75(48,75)	99 1.41,55(52,80)	Åstveit SK 2.39,23(57,68)	3.21,05(41,82)	171
12	Njord Fornes 58,45(58,45)	99 1.52,24(53,79)	Sola SK 2.54,68(1.02,44)	3.42,75(48,07)	126
	Jimmy W. Skauge	99	Arna SLK	DISK	
	Ole Andre Wigestrånd	99	Sandnes SLK	DISK	

Øvelse 45. 200m individuell medley, jenter - født 1998

1p	Maria Voldsund 35,33(35,33)	98 1.14,71(39,38)	Delfana 2.01,81(47,10)	2.36,60(34,79)	504
2p	Ulrikke Rein 37,99(37,99)	98 1.19,01(41,02)	Madla SK 2.04,09(45,08)	2.38,35(34,26)	487
3p	Ingvild Gullaksen Vatselle 37,35(37,35)	98 1.20,53(43,18)	Vestkantsvømmerne 2.06,95(46,42)	2.43,14(36,19)	446
4	Emilie Lie Mathisen 34,60(34,60)	98 1.16,88(42,28)	Vestkantsvømmerne 2.07,29(50,41)	2.43,20(35,91)	445
5	Nina-Therese Storstein 37,76(37,76)	98 1.20,41(42,65)	Karmøy SK 2.08,49(48,08)	2.44,60(36,11)	434
6	Christine Sekkesæter 38,62(38,62)	98 1.19,08(40,46)	Madla SK 2.09,88(50,80)	2.48,09(38,21)	407
7	Hanne Reime 38,23(38,23)	98 1.22,05(43,82)	Bryne SK 2.12,30(50,25)	2.48,15(35,85)	407
8	Hanne Erstad Larsen 39,19(39,19)	98 1.21,33(42,14)	Delfana 2.13,10(51,77)	2.49,39(36,29)	398
9	Solveig Aarland 37,32(37,32)	98 1.20,39(43,07)	Delfana 2.09,14(48,75)	2.50,05(40,91)	393
10	Ingrid Elise Berge Jenssen 38,35(38,35)	98 1.22,59(44,24)	Madla SK 2.13,30(50,71)	2.53,45(40,15)	371
11	Mari Dahl 41,28(41,28)	98 1.25,98(44,70)	Delfana 2.16,89(50,91)	2.54,40(37,51)	365
12	Stine Dale 41,99(41,99)	98 1.30,07(48,08)	Vestkantsvømmerne 2.16,90(46,83)	2.54,52(37,62)	364
13	Karen Nygård Magnussen 41,76(41,76)	98 1.25,23(43,47)	Bryne SK 2.17,55(52,32)	2.54,99(37,44)	361
14	Kristin Serck-Hanssen	98	Madla SK	2.55,32	359

	39,23(39,23)	1.22,39(43,16)	2.15,54(53,15)	2.55,32(39,78)	
15	Gina Alvestad	98	Karmøy SK	2.56,03	355
	37,96(37,96)	1.22,26(44,30)	2.17,23(54,97)	2.56,03(38,80)	
16	Vilde E. Stokkenes	98	Haugesund SK	3.00,85	327
	43,42(43,42)	1.31,45(48,03)	2.22,07(50,62)	3.00,85(38,78)	
17	Emilie Nilo Nilssen	98	Madla SK	3.01,15	325
	41,59(41,59)	1.30,64(49,05)	2.19,86(49,22)	3.01,15(41,29)	
18	Marte Nygaard	98	Vestkantsvømmerne	3.02,10	320
	43,35(43,35)	1.33,77(50,42)	2.22,52(48,75)	3.02,10(39,58)	
19	Andrea Skråmestø	98	Bergens SC	3.04,56	308
	44,05(44,05)	1.29,86(45,81)	2.24,83(54,97)	3.04,56(39,73)	
20	Andrea Edland	98	Frisinn SK	3.04,97	306
	41,83(41,83)	1.27,59(45,76)	2.22,60(55,01)	3.04,97(42,37)	
21	Marte Vingsnes	98	Førde IL	3.05,47	303
	43,66(43,66)	1.28,78(45,12)	2.24,07(55,29)	3.05,47(41,40)	
22	Vilde Aas Løken	98	Stord IL	3.06,75	297
	41,91(41,91)	1.31,04(49,13)	2.25,09(54,05)	3.06,75(41,66)	
23	Henriette Kronstad Helland	98	Vestkantsvømmerne	3.08,23	290
	43,65(43,65)	1.33,23(49,58)	2.23,92(50,69)	3.08,23(44,31)	
24	Ingjerd Davøen	98	Delfana	3.11,17	277
	44,18(44,18)	1.31,20(47,02)	2.29,44(58,24)	3.11,17(41,73)	

Øvelse 46. 200m individuell medley, gutter - født 1998

1p	Urs Bludau	98	Arna SLK	2.34,68	375
	33,31(33,31)	1.13,72(40,41)	1.57,83(44,11)	2.34,68(36,85)	
2p	Eivind Bjelland	98	Haugesund SK	2.38,21	351
	35,72(35,72)	1.14,23(38,51)	2.02,68(48,45)	2.38,21(35,53)	
3p	Axel Ravndal	98	Sandnes SLK	2.40,31	337
	35,59(35,59)	1.17,94(42,35)	2.03,84(45,90)	2.40,31(36,47)	
4	Simen Kreybu	98	Arna SLK	2.43,14	320
	36,82(36,82)	1.17,60(40,78)	2.06,50(48,90)	2.43,14(36,64)	
5	Teis Malterud	98	Førde IL	2.46,05	303
	37,25(37,25)	1.20,13(42,88)	2.07,59(47,46)	2.46,05(38,46)	
6	Halvor Alvestad Larsen	98	Karmøy SK	2.50,88	278
	36,45(36,45)	1.18,84(42,39)	2.11,25(52,41)	2.50,88(39,63)	
7	Jonas Østenstad	98	Haugesund SK	2.57,86	247
	41,55(41,55)	1.26,75(45,20)	2.19,22(52,47)	2.57,86(38,64)	
8	Erling Belaska	98	Madla SK	3.00,67	235
	44,75(44,75)	1.30,44(45,69)	2.20,69(50,25)	3.00,67(39,98)	
9	Ignacy Pichler	98	Bergens SC	3.07,17	212
	42,43(42,43)	1.32,18(49,75)	2.28,62(56,44)	3.07,17(38,55)	
10	Vegard Straume	98	Vestkantsvømmerne	3.07,56	210
	43,85(43,85)	1.29,10(45,25)	2.25,29(56,19)	3.07,56(42,27)	
11	Kim Andre Grønstøl	98	Åstveit SK	3.07,67	210
	40,13(40,13)	1.29,16(49,03)	2.30,06(1.00,90)	3.07,67(37,61)	
12	Per Tinius Mowinckel	98	Bergens SC	3.11,41	198
	49,12(49,12)	1.34,59(45,47)	2.30,75(56,16)	3.11,41(40,66)	
13	Ådne Undheim	98	Bryne SK	3.14,06	190
	47,82(47,82)	1.36,58(48,76)	2.31,44(54,86)	3.14,06(42,62)	
14	Ole Lohte Foseid	98	Stord IL	3.14,76	188
	44,02(44,02)	1.34,49(50,47)	2.30,47(55,98)	3.14,76(44,29)	
15	Sindre Vatnamot Amble	98	Madla SK	3.23,92	164
	47,57(47,57)	1.38,25(50,68)	2.38,95(1.00,70)	3.23,92(44,97)	
	Alec Karlsen	98	Madla SK	BRUTT	
	Kim W Skauge	98	Arna SLK	DISK	

Øvelse 47. 200m individuell medley, jenter - født 1997

1p	Karianne Reinertsen	97	Delfana	2.31,42	557
	34,17(34,17)	1.10,91(36,74)	1.57,19(46,28)	2.31,42(34,23)	
2p	Ingrid Bergslid	97	Madla SK	2.34,92	520
	34,26(34,26)	1.13,11(38,85)	2.00,24(47,13)	2.34,92(34,68)	
3p	Marte Dale	97	Vestkantsvømmerne	2.36,65	503
	36,56(36,56)	1.15,09(38,53)	2.02,47(47,38)	2.36,65(34,18)	
4	Nina Staveland	97	Madla SK	2.37,11	499
	35,27(35,27)	1.14,53(39,26)	2.00,86(46,33)	2.37,11(36,25)	
5	Stina Karlsen Heimnes	97	Åstveit SK	2.37,93	491
	36,57(36,57)	1.18,48(41,91)	2.02,02(43,54)	2.37,93(35,91)	
6	Vanja Syversen	97	Delfana	2.39,54	476
	35,47(35,47)	1.15,77(40,30)	2.02,58(46,81)	2.39,54(36,96)	
7	Ingeborg Liseth Pedersen	97	Åstveit SK	2.40,10	471
	36,64(36,64)	1.18,98(42,34)	2.04,70(45,72)	2.40,10(35,40)	
8	Toni G. Coudray	97	Bergens SC	2.40,18	471
	37,40(37,40)	1.15,76(38,36)	2.03,53(47,77)	2.40,18(36,65)	
9	Ida Jenssen Lirhus	97	Madla SK	2.40,62	467
	37,12(37,12)	1.17,37(40,25)	2.04,99(47,62)	2.40,62(35,63)	
10	Julie Sundstrøm	97	Delfana	2.41,99	455
	35,78(35,78)	1.18,94(43,16)	2.06,44(47,50)	2.41,99(35,55)	
11	Sandra Sola	97	Madla SK	2.43,72	441
	37,31(37,31)	1.18,32(41,01)	2.07,62(49,30)	2.43,72(36,10)	
12	Susann Pleyrn Olsen	97	Delfana	2.44,61	434
	36,99(36,99)	1.18,47(41,48)	2.05,72(47,25)	2.44,61(38,89)	
13	Ida Tomine Glomsaker	97	Madla SK	2.46,44	420
	40,54(40,54)	1.22,50(41,96)	2.07,24(44,74)	2.46,44(39,20)	
14	Mathilde Konstanse Rasmussen	97	Arna SLK	2.48,88	402
	37,88(37,88)	1.22,37(44,49)	2.08,76(46,39)	2.48,88(40,12)	
15	Brita Stang Aune	97	Stavanger SC	2.51,52	383
	39,47(39,47)	1.21,39(41,92)	2.12,75(51,36)	2.51,52(38,77)	
16	Siril Therese Bårtvedt	97	Sandnes SLK	2.52,27	378
	38,90(38,90)	1.21,86(42,96)	2.16,08(54,22)	2.52,27(36,19)	
17	Thea Anderssen Sjøreng	97	Vestkantsvømmerne	2.53,18	372
	40,02(40,02)	1.22,99(42,97)	2.12,15(49,16)	2.53,18(41,03)	
18	Aneeka Knapp	97	Sola SK	2.54,88	362
	41,16(41,16)	1.23,93(42,77)	2.16,34(52,41)	2.54,88(38,54)	
19	Hanne Hana Voss	97	Randaberg IL	2.55,48	358
	41,43(41,43)	1.25,24(43,81)	2.18,45(53,21)	2.55,48(37,03)	
20	Lise Eiane	97	Sola SK	2.57,23	347
	41,05(41,05)	1.25,93(44,88)	2.18,92(52,99)	2.57,23(38,31)	
21	Hanna Årsvoll Ryen	97	Sandnes SLK	2.57,85	344
	43,43(43,43)	1.29,51(46,08)	2.17,89(48,38)	2.57,85(39,96)	
22	Iselin Helløy	97	Åstveit SK	2.58,39	341
	39,62(39,62)	1.26,76(47,14)	2.19,39(52,63)	2.58,39(39,00)	
23	Sofie Johnsen	97	Bergen SLK	3.00,55	329
	42,32(42,32)	1.28,55(46,23)	2.21,73(53,18)	3.00,55(38,82)	
24	Ingrid Dvergsdal	97	Førde IL	3.00,81	327
	40,49(40,49)	1.26,03(45,54)	2.19,89(53,86)	3.00,81(40,92)	

Øvelse 48. 200m individuell medley, gutter - født 1997

1p	Erik Årsland Gidskehaug	97	Bryne SK	2.26,73	439
	32,61(32,61)	1.09,10(36,49)	1.53,53(44,43)	2.26,73(33,20)	
2p	Maurice Sudkamp	97	Randaberg IL	2.33,04	387
	33,81(33,81)	1.10,43(36,62)	1.57,17(46,74)	2.33,04(35,87)	
3p	Halvor Arne Borgstrøm	97	Stavanger SC	2.37,44	356
	35,43(35,43)	1.14,08(38,65)	2.03,02(48,94)	2.37,44(34,42)	
4	Vladimir Koynarev	97	Bergen SLK	2.39,24	344
	33,99(33,99)	1.13,13(39,14)	2.04,15(51,02)	2.39,24(35,09)	
5	Matias Gulestøl	97	Svelgen TIF	2.39,62	341
	37,60(37,60)	1.17,18(39,58)	2.05,93(48,75)	2.39,62(33,69)	
6	Hans Fredrik Laache	97	Førde IL	2.40,79	334
	37,64(37,64)	1.19,71(42,07)	2.05,00(45,29)	2.40,79(35,79)	
7	Tim Samuelson	97	Madla SK	2.41,05	332
	36,37(36,37)	1.17,69(41,32)	2.06,00(48,31)	2.41,05(35,05)	
8	Lars-Kristian Gotaas Bjørkbom	97	Bergens SC	2.42,65	323
	35,69(35,69)	1.17,04(41,35)	2.06,76(49,72)	2.42,65(35,89)	
9	Marius Solaat Rødland	97	Vestkantsvømmerne	2.42,68	322
	35,17(35,17)	1.19,91(44,74)	2.08,23(48,32)	2.42,68(34,45)	
10	Even Stubhaug	97	Førde IL	2.42,98	321
	37,83(37,83)	1.21,25(43,42)	2.08,56(47,31)	2.42,98(34,42)	
11	Magnus Dale Johnsen	97	Delfana	2.47,39	296
	37,30(37,30)	1.20,82(43,52)	2.09,31(48,49)	2.47,39(38,08)	
12	Petter Aarbø Thorsen	97	Stord IL	2.47,46	296
	34,52(34,52)	1.18,09(43,57)	2.10,27(52,18)	2.47,46(37,19)	
13	Dennis Asbjørnsen	97	Madla SK	2.47,58	295
	38,07(38,07)	1.21,21(43,14)	2.09,97(48,76)	2.47,58(37,61)	
14	Gord Behzadi	97	Madla SK	2.53,53	266
	39,83(39,83)	1.25,24(45,41)	2.15,77(50,53)	2.53,53(37,76)	
15	Erik Hystad	97	Stord IL	2.55,12	258
	35,53(35,53)	1.21,31(45,78)	2.13,40(52,09)	2.55,12(41,72)	
16	Christoffer Gurvin Skaaland	97	Delfana	2.58,53	244
	41,20(41,20)	1.27,94(46,74)	2.19,53(51,59)	2.58,53(39,00)	
17	Sebastian H. Mikkelsen	97	Bergen SLK	2.59,11	242
	43,15(43,15)	1.29,75(46,60)	2.22,72(52,97)	2.59,11(36,39)	
18	Håkon Skogen	97	Randaberg IL	2.59,28	241
	40,01(40,01)	1.26,90(46,89)	2.19,81(52,91)	2.59,28(39,47)	
19	Torbjørn Visnes	97	Stord IL	2.59,70	239
	42,32(42,32)	1.26,33(44,01)	2.21,13(54,80)	2.59,70(38,57)	
20	Anders Nilsson	97	Madla SK	3.01,30	233
	41,49(41,49)	1.27,59(46,10)	2.21,79(54,20)	3.01,30(39,51)	
21	Asbjørn Framnes	97	Stord IL	3.03,89	223
	40,80(40,80)	1.33,06(52,26)	2.24,13(51,07)	3.03,89(39,76)	
22	Vegard Strandos	97	Svelgen TIF	3.09,31	205
	46,17(46,17)	1.39,01(52,84)	2.30,68(51,67)	3.09,31(38,63)	
	Harald Goa Fagerheim	97	Karmøy SK	BRUTT	
	Erlend Anfinsen	97	Sandnes SLK	DISK	

Øvelse 49. 200m individuell medley, jenter - født 1996

1p	Maria Thompson Clausen	96	Madla SK	2.23,22	658
	32,03(32,03)	1.08,19(36,16)	1.50,46(42,27)	2.23,22(32,76)	

2p	Elin Haugland	96	Delfana	2.23,64	653
	31,07(31,07)	1.08,21(37,14)	1.52,01(43,80)	2.23,64(31,63)	
3p	Tone-Lill Evanger	96	Delfana	2.26,25	618
	33,26(33,26)	1.11,81(38,55)	1.52,10(40,29)	2.26,25(34,15)	
4	Vilde Tengedal	96	Bryne SK	2.29,71	577
	32,85(32,85)	1.09,69(36,84)	1.54,90(45,21)	2.29,71(34,81)	
5	Lisa Skogeng	96	Delfana	2.31,18	560
	32,84(32,84)	1.11,40(38,56)	1.57,74(46,34)	2.31,18(33,44)	
6	Ingeborg Jørmeland	96	Stavanger SC	2.32,30	548
	33,28(33,28)	1.11,89(38,61)	1.57,24(45,35)	2.32,30(35,06)	
7	Lotte Miller	96	Madla SK	2.33,38	536
	34,64(34,64)	1.11,52(36,88)	1.58,60(47,08)	2.33,38(34,78)	
8	Tina Schutz	96	Vestkantsvømmerne	2.33,74	532
	33,42(33,42)	1.12,79(39,37)	1.58,21(45,42)	2.33,74(35,53)	
9	Elida Marie Folkedal Hole	96	Vestkantsvømmerne	2.34,84	521
	33,84(33,84)	1.14,85(41,01)	2.00,47(45,62)	2.34,84(34,37)	
10	Stina Dahl	96	Delfana	2.40,17	471
	35,61(35,61)	1.13,68(38,07)	2.03,67(49,99)	2.40,17(36,50)	
11	Emilie Knutsen Hegdal	96	Stavanger SC	2.40,86	465
	33,42(33,42)	1.13,77(40,35)	2.02,98(49,21)	2.40,86(37,88)	
12	Christine Akselberg	96	Arna SLK	2.42,22	453
	34,34(34,34)	1.17,11(42,77)	2.05,39(48,28)	2.42,22(36,83)	
13	Frida Hinna	96	Delfana	2.42,89	448
	35,99(35,99)	1.16,26(40,27)	2.06,59(50,33)	2.42,89(36,30)	
14	Ingrid Marie Thorsen	96	Haugesund SK	2.43,49	443
	36,76(36,76)	1.19,19(42,43)	2.07,27(48,08)	2.43,49(36,22)	
15	Lotte Aune	96	Stavanger SC	2.48,40	405
	38,74(38,74)	1.19,95(41,21)	2.09,38(49,43)	2.48,40(39,02)	
16	Lisa Aaslestad	96	Sandnes SLK	2.49,12	400
	37,57(37,57)	1.23,40(45,83)	2.11,60(48,20)	2.49,12(37,52)	
17	Camilla Birkeland	96	Haugesund SK	2.49,31	399
	34,37(34,37)	1.16,66(42,29)	2.11,35(54,69)	2.49,31(37,96)	
18	Regine Sjørdal Lindanger	96	Frisinn SK	2.50,36	391
	38,94(38,94)	1.22,52(43,58)	2.12,28(49,76)	2.50,36(38,08)	
19	Emily Bådsvik	96	Frisinn SK	2.52,37	378
	37,81(37,81)	1.20,70(42,89)	2.13,36(52,66)	2.52,37(39,01)	
20	Maria Teige	96	Vestkantsvømmerne	2.53,57	370
	39,31(39,31)	1.19,94(40,63)	2.14,31(54,37)	2.53,57(39,26)	
21	Susan Ultee	96	Frisinn SK	2.54,23	366
	38,50(38,50)	1.20,12(41,62)	2.13,02(52,90)	2.54,23(41,21)	
22	Karine Johannessen	96	Bergen SLK	2.57,77	344
	41,55(41,55)	1.23,84(42,29)	2.18,10(54,26)	2.57,77(39,67)	

Øvelse 50. 200m individuell medley, gutter - født 1996

1p	Sindre Aasland Ranaweera	96	Madla SK	2.17,91	529
	30,32(30,32)	1.05,76(35,44)	1.45,72(39,96)	2.17,91(32,19)	
2p	Sander Nilsen Sivertsen	96	Vestkantsvømmerne	2.18,56	522
	29,03(29,03)	1.04,92(35,89)	1.46,23(41,31)	2.18,56(32,33)	
3p	Håkon P. Ludvigsen	96	Randaberg IL	2.18,97	517
	29,47(29,47)	1.05,48(36,01)	1.47,05(41,57)	2.18,97(31,92)	
4	Morten Wee Hollund	96	Karmøy SK	2.20,73	498
	29,13(29,13)	1.05,93(36,80)	1.48,55(42,62)	2.20,73(32,18)	
5	Alexander Johnsgaard	96	Delfana	2.30,02	411
	33,45(33,45)	1.13,55(40,10)	1.54,24(40,69)	2.30,02(35,78)	
6	Eirik Johnsen	96	Bergens SC	2.30,21	410
	33,58(33,58)	1.12,47(38,89)	1.56,69(44,22)	2.30,21(33,52)	

7	Kacper Domanski 30,76(30,76)	96	1.08,75(37,99)	Madla SK 1.59,19(50,44)	2.32,12 2.32,12(32,93)	394
8	Håkon Wulf Haugen 35,78(35,78)	96	1.12,93(37,15)	Bergens SC 2.00,38(47,45)	2.33,21 2.33,21(32,83)	386
9	Erik Andre Klepp Vik 32,60(32,60)	96	1.14,34(41,74)	Sandnes SLK 2.00,02(45,68)	2.35,27 2.35,27(35,25)	371
10	Lars Berg 33,02(33,02)	96	1.14,73(41,71)	Bergen SLK 2.02,00(47,27)	2.37,09 2.37,09(35,09)	358
11	Sondre Møll 34,01(34,01)	96	1.16,21(42,20)	Stavanger SC 2.02,67(46,46)	2.37,13 2.37,13(34,46)	358
12	Benjamin Alic 35,12(35,12)	96	1.14,91(39,79)	Haugesund SK 2.02,72(47,81)	2.37,32 2.37,32(34,60)	356
13	Sigve Innselset 34,94(34,94)	96	1.16,67(41,73)	Vestkantsvømmerne 2.05,34(48,67)	2.38,67 2.38,67(33,33)	347
14	Marius Berg 35,20(35,20)	96	1.17,85(42,65)	Delfana 2.02,24(44,39)	2.38,82 2.38,82(36,58)	346
15	Torstein Myklebust 35,90(35,90)	96	1.17,08(41,18)	Frisinn SK 2.05,99(48,91)	2.41,17 2.41,17(35,18)	332
16	Aksel Johannesen 36,42(36,42)	96	1.17,53(41,11)	Bergens SC 2.06,77(49,24)	2.41,40 2.41,40(34,63)	330
17	Lars Ole Taule Fjørtoft 34,73(34,73)	96	1.16,29(41,56)	Arna SLK 2.05,33(49,04)	2.41,67 2.41,67(36,34)	328
18	Knut André Sande 35,98(35,98)	96	1.17,30(41,32)	Sandnes SLK 2.05,95(48,65)	2.43,03 2.43,03(37,08)	320
19	Are Mowatt Gruben 35,67(35,67)	96	1.16,41(40,74)	Bergens SC 2.11,52(55,11)	2.46,73 2.46,73(35,21)	299
20	Bjørn Stian Vuilliomenet 36,66(36,66)	96	1.21,87(45,21)	Klepp SSK 2.11,84(49,97)	2.47,35 2.47,35(35,51)	296
21	Malik Knapp 37,73(37,73)	96	1.23,59(45,86)	Sola SK 2.11,70(48,11)	2.49,97 2.49,97(38,27)	283
22	Johannes Hauge 39,59(39,59)	96	1.26,96(47,37)	Førde IL 2.13,99(47,03)	2.54,12 2.54,12(40,13)	263
	Bendik Aarbu	96		Åstveit SK		DISK
	Martin Langeland-Knutsen	96		Sola SK		DISK